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VOL. 78 • NO. 34

YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, AUGUST 24, 2016

Sugar Bowl Boutique officially opens its doors in downtown Lena with a celebratory ribbon cutting

By Tony Carton
EDITOR

Angie Bauer started The Sugar Bowl Boutique in downtown Lena out of her love to create unique pieces to help create a personality for anyone's home, and because she specializes in interior design, she brings a professional approach to designing spaces that reflect each individual customer.

"The Sugar Bowl Boutique is several things in one," said Bauer. "I repurpose furniture, I have a full line of chalk-type paint that is made here in the U.S., I have home décor and gifts, I carry a purse line and we do classes."

While discussing how she chooses a piece of furniture to "rescue" Bauer pointed out a bed frame with headboard and footboard painted to appear as faux cheetah.

"That was a bed frame that someone dropped off, so I decided to play with it," she said. "I was tired of just doing plain colors one day and had decided to do something fun with it when my seven-year-old, who just happens to absolutely love cheetahs, suggested I do a cheetah bed."

The rest is fun furniture history and today the frame sits on boutique display room floor trimmed in forest green with cheetah spot design filling the open areas.

"Sometimes I find pieces through garage sales or auctions or on the side of the road or in dumpsters," Bauer said. "I like to work with real wood. I like to work with dove tails and I like to work with a good quality, but ugly piece."

She describes a good quality, but ugly piece as furniture that no one wants anymore, but she sees as having real potential for repurposing.

Chalk type paints

The Sugar Bowl carries the full line of Heirloom Traditions chalk type paints.

Chalk type paint is primarily used for painting furniture, although it can also be used for many other surfaces.

It has amazing adhesion qualities, and can be applied to pretty much any furniture in pretty much any condition. That means no prep. No sanding, no need to remove the shiny varnish and chalk-painted pieces are easy to distress because the paint can be easily removed just where you want it.

"These paints are an all natural product. They are self-leveling and Heirloom Traditions is a fabulous company," Bauer said. "It is a really good quality and I like that it is U.S. made and I love those ladies that run it."

The Sugar Bowl stocks some 58 colors of the Heirloom Traditions line and all the furniture repurposed there and all the items produced in Sugar Bowl classes are done with Heirloom products.

"There are no chemicals, so there are no smells and you can paint in the house and there are no issues with health or safety," said Bauer.

All natural "Farm to Shower" soaps

The French soap line carried at The Sugar Bowl is made with quad milk and cold milled making the soaps more homogenous, with less air and moisture in the bar.

"The process eliminates that familiar slimy yucky feel in soap," said Bauer. "I also carry all natural Shea Butters and a full line of the Poo Purri, Before You Go products."

Poo~Pourri's secret formula works by creating a barrier on the water's surface-trapping odor before it begins! Liberate yourself from bathroom odor, from inhibiting worries and from harmful ingredients. Contains no harsh chemicals, no parabens, no phthalates, no aerosols and no formaldehyde-ALL stink-fightin' good stuff! Spritz the Bowl Before You Go and No One Else Will Ever Know!

"It's a lot of fun," she said. "I also have a line of candles made in Sand-



TRACY SIEGNER PHOTO The Shopper's Guide

The Sugar Bowl Boutique owner Angie Bauer and her design team can help you create your vintage home that will reflect your unique tastes.

See SUGAR BOWL, Page 2

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Lena Library News

By Dixie Althoff
DIRECTOR

The weather continues to be on the "hot" side. School starts this Friday, so I am sure the heat will hang around for at least the first few days of the new school year. Speaking of school starting, Ms. Kathy is gearing up for the upcoming after school and story hour programs. Sign up is Aug. 22 thru Sept. 12. Story hour programs will begin Tuesday Sept. 13. The after school program will begin on Sept. 19. Parents remember to get to the library and sign up your children. Ms. Kathy has lots of fun things planned to this upcoming year. Your children won't want to miss out on any of the fun!

Weekly drawing winners for the adult summer reading program this past two weeks were: Marcia Durling, and Cindy Hintz. Congratulations! The program will run until Aug. 31. There will be two grand prize winners, so keep on reading!

If you are feeling stressed and would like to get out of the house for a bit, you will be able to come to the library for a relaxing hour of coloring and socializing.

We will be doing a coloring hour for those who would like to attend. We do have a few books and colored pencils and such, but if you would like to bring your own, you may do so. There will be refreshments served also. Watch the Shopper's Guide for when we begin and plan to join us.

New summer fiction: Family Tree by Susan Wiggs, Insidious by Catherine Coulter, and Where Hope Pre-

vails by Janette Oke. We had a very generous patron who donated lots of fiction books. We appreciate all of our patrons who donate books and movies to us. Thank you!

New DVDS: Mother's Day, Keanu, The Boss, Batman v. Superman, Traded, My

Best Friend, The 5th Wave, Eye in the Sky, Hello, My Name is Doris, The Boy, God's Not Dead 2, Angry Birds, and The Reckoning.

Book discussion will be held Aug. 24, at 9:30 a.m. Plan to come and join us for a good time and some good refreshments too!

Stop in and check out some of the new items. There is something new each week!

It doesn't cost you a thing to take out a new movie or a bestseller, just a current library card.

Enjoy the rest of your summer!

A little levity to lighten your day

Q: What do cannibals have for after dinner mints?

A: Tic Tac Toes.

2016 Lincoln-Douglas Debate commemoration announced

Lincoln and Douglas are back! Freeport's nationally known portrayals of Abraham Lincoln and Stephen A. Douglas will perform at Debate Square on Saturday, Aug. 27, at 5 p.m. as part of the annual ceremony commemorating the 1858 debate in Freeport. Tim Connors, who portrays Douglas, and George Buss, who por-

Spahn and Rose Lumber Company to hold blood drive in Stockton

The Spahn and Rose Lumber Company will hold a blood drive on Thursday, Aug. 25, 2 - 5 p.m. at the Spahn & Rose Lumber Company 116 W. Queen Ave. Stockton, IL

By hosting a blood drive, Spahn & Rose Lumber Company is helping save lives in our community. For more information or to schedule a time-saving appointment to donate, please call (815) 947-3214 or call RRVBC toll-free at 1-877-RRVBC-99. Or self-schedule

at www.rrvbc.org. Appointments will be honored. The number of appointment slots is limited.

If you are at least 17 years old (16 years old with parental consent), weigh at least 110 pounds and are in general good health, you should be eligible to donate blood. One in three people will need blood. You never know when it might be you or someone you love who will need blood.

The Rock River Valley Blood

Center, a National Marrow Donor Program Center, is the sole supplier of blood and related services to FHN, OSF Saint Anthony Medical Center, Rockford Memorial Hospital, SwedishAmerican Hospital, SwedishAmerican Medical Center-Belvidere, Beloit Health System, Edgerton Hospital and Health Services, and Rochelle Community Hospital. Community-minded volunteers donate virtually all of this country's supply of blood for transfusion.

• Sugar Bowl (Continued from front page)

wich, IL that are soy and hand poured with essential oils for the scents and my other candle line is also hand poured and soy and is from Tennessee."

Classes

The Sugar Bowl typically offers four or five classes monthly and the curriculum is listed on their web

site.

"I usually do a sign classes and furniture painting classes," Bauer said. "Folks interested in signing up for a class should either go to our Facebook page by searching for The Sugar Bowl Boutique or our web site at www.sugarbowlboutique.com There is a sign up page on the web site or folks can come in

the store to sign up."

Home décor

Bauer said she will come to your home and help with something as simple as assist you with color choices or do a re-design where she goes into a room and uses all your things, but with a new look.

"Or, I can help with complex or rebuilding projects where you might want full interior design services," Bauer said.

She sees controlled growth as the future for The Sugar Bowl Boutique.

"I would love to see us bringing in more lines," Bauer said. "I see us expanding into bedding and draperies and things like that. I would also like to see us expanding our range of classes and of course, I have some secret plans as well."

The Sugar Bowl Boutique can help you create your vintage home that will serve as your retreat away from the stresses of the world.

Learn more about the goods and services available at The Sugar Bowl Boutique by visiting the shop at 130 West Main Street, Lena or on Facebook by searching the-sugarbowlboutique or on the web at <http://sugarbowlboutique.com/> Please call (815) 369-4043 for times and other information.

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Classifieds: scoopshopper@rvpublishing.com
Billing Office: businessoffice@rvpublishing.com
Available online at: rvpnews.com

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The Shopper's Guide
213 S. Center, Lena, IL 61048

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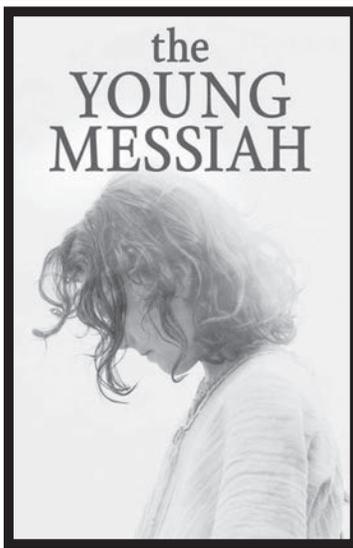


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254832

Panthers season opener Friday night

By Chris Johnson
REPORTER

The Lena-Winslow Panthers are the defending NUIC Northwest champions.

Outside of possibly Polo in the NUIC Upstate and Dakota in the NUIC Northwest, few teams boasted a defense tougher than Lena-Winslow's, in 2015

The Panthers open 2016 with a game at Eastland-Pearl City, this Friday night, Aug. 26, kick-off scheduled for around 7:30 p.m.

Where EPC is this season, should be of concern to the Lena-Winslow Panthers. Things have got to change.

In 2014, EPC moved up to the Class 2A ranks and won the State Title, they were 14-0. A year before that, the co-op was knocked out of the State Tournament in the third round, closing with a 10-1 mark.

One season before, EPC was 9-1.

2015 was not a good year for Randy Asche as Head Coach.

The Wolves were 2-7 last season, an uncharacteristically odd number, nearly a decade in the making.

The last time the Wolves had a season sub-500 was in 2005, as they closed with a 1-8 record.

Prior to that, 1999 marks the last time an above 500 mark wasn't reached. EPC was 4-5 under head Coach Bill Johnson's first year as chief signal-caller

A rebound season is expected for

EPC, back-to-back losing seasons just don't happen.

The Lena-Winslow Panthers, according to many, are the picture of success.

In 2015, the Panthers won the NUIC Northwest, with an undefeated 9-0 record. Lena-Winslow advanced to the second round of the Class 1A Tournament, where they fell.

Prior to the 2015 NUIC Title, Lena-Winslow filled their trophy cases, with Class 1A Titles from the 2010 and 2013 seasons. The Panthers have visited the post-season consistently since 1999, a streak few can challenge.

Twice during the past 17 seasons, the Panthers got into the post-season with a 5-4 mark, but fell in their opening round games.

Since their 1999 season, the Panthers carry a 143-52 record under the leadership of Head Coach Ric Arand

If EPC did not find ways to improve during the off-season, or during summer practice and "two-a-days" training, it will be a long night.

Lena-Winslow is favored to win their season opener.

If EPC intends to challenge for the NUIC Northwest Crown this season, they will have to knock off the defending champion first.

Kick-off for the Panthers is scheduled for 7:30 p.m., this Friday night, Aug. 26. .



COURTESY PHOTO Shopper's Guide

Let's hear it for Lena Winslow

The 2016 Lena Winslow Cheer squad coached by Abby Bland is ready to go. Mazy McGinniss, Channing Vorwald, Alyssa Brown, Rachel Young, Lillian Rowley, Madison Meador, Jade Gabel, Amanda Woodruff, Abby Strominger, Rebecca Edler, Nevaeh Roberts, Olivia Oscepinski, Christina Schubert, Kelsie Flynn, Rebecca Stiner, Zoe Johnson

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Wish Gerry Hastings a Happy 93rd Birthday this week!

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OPEN HOUSE CELEBRATION!

Marjorie Lott's 90th Birthday at the Pearl City United Methodist Church
411 S. Main Street
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on Sun., Aug. 28th from 2-5 p.m.
Please omit presents.

254704

Lena Library

Sign up for Story Hour at the Lena Library August 22nd thru September 12th

After School Program
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Mondays 3:30 - 4:30

Story Hour Times
Preschool Ages 3-5
Tuesdays 10:30 - 11:30
Preschool Ages 3-5
Wednesdays 10:30 - 11:30

Story Hour will begin Tuesday September 13th
Hope to see you there!
Any questions, call 815-369-3180

254780

VIEWPOINT

From the desk of State Representative Brian W. Stewart

Is Illinois growing or shrinking? Are more people coming into the state, or are more people leaving the state? At present, the numbers don't look good for Illinois. The 2015 census estimate for Illinois calculates that the state saw a 0.2% population growth over the past five years. That growth is more than seven times slower than Wisconsin's, ten times slower than Indiana's, and twelve times slower than Iowa's population growth over the same period.

In 2014, Illinois lost a net population of nearly 95,000 people in net state to state migration. That's like losing all of Freeport and half of Rockford in one year. This is a crisis that only serves to worsen the budget situation. Many of those who leave the state are those with the skills that Illinois needs to get back on track. Those who are leaving take with them a portion of the state's GDP that could have been used to create jobs and, yes, provide more tax revenue. But in 2015, as reported by Reboot Illinois, the state's economy actually shrank.

We know we have people leaving our state en masse, but is there anything we are doing about it? Well, yes... we are trying to raise taxes.

As if we haven't learned our lesson, we continually oppress those who create wealth for our state. There are those who say we have a revenue problem in Illinois. Those people would be technically correct. We have a revenue problem because those who were paying Illinois' high overall tax burden are fleeing to states with a less oppressive tax burden. Therefore, we have less overall revenue. But how is raising taxes on those who haven't evacuated yet going to increase revenue for Illinois?

Some also say that Illinois has a relatively low flat tax compared to surrounding states. While technically true, that is only part of the overall tax burden equation. When combining the state income tax with the highest property taxes in the country along with one of the highest corporate tax rates in the country, you see a completely different story.

WalletHub conducted a comprehensive analysis of all 50 states and the District of Columbia for 2016. Not surprisingly, the study found that Illinois ranked worst (51st) in overall tax burden. Illinois is officially the most over-taxed state in the union. So unless part of the solution is to have the Illinois Na-

tional Guard set up roadblocks at the border to stop anyone from leaving the state, raising taxes will only see more residents fleeing Illinois.

I say all this not to alarm you, but to give you an idea as to why I am so adamantly opposed to raising taxes in Illinois. Come November, after the elections are over, Speaker Madigan will have one priority for the "Lame-duck" session - raising taxes. As your Representative I will do everything within my power to keep that from happening, but it is up to the rest of Illinois to demand that their elected representatives and senators not drive away anymore Illinois residents.

One of my biggest pet peeves is when someone complains about a problem but has no ideas as to a solution. My solution is simple, really - firstly, don't chase taxpayers away by raising taxes. Secondly, we absolutely need to address our state's spending problem. If we return to literally following the state constitution, we will not spend our way into oblivion. Every potential budget must meet the criteria of spending only as much revenue as the state is projected to take in.

Prospective businesses don't want to move to the most fiscally mis-

managed state in the country; business leaders want to move to a place where they know their business will be safe. They need to know that we will no longer punish those who are successful. If this is the case, we will have economic growth - and even net positive migration - once again. Cutting spending will be difficult, because we must learn to use the rule of thumb, "Is this budget line item necessary to achieve economic growth in Illinois?"

Illinois has too much potential to be driven into the ground. Chicago is the Midwest's economic center, and though I don't agree with the city's politics, I recognize the city's contribution to our state's economy. Illinois is the largest rail hub in the country, and our farmers produce the best crops and livestock in the world. We are connected to the St. Lawrence Seaway via the Great Lakes and the Gulf of Mexico through the Mississippi River. Rockford is increasingly growing as an aviation hub, and O'Hare is in the running every year to be the busiest airport in the country. We are the home of John Deere, Boeing, Caterpillar, and even Jimmy John's. Illinois has all the tools available to be one of the most successful states

in the country.

In closing, I'll say this: please don't mistake my candor for partisan rhetoric. I care too deeply about this region and this state to stand idly by as our state is mismanaged into disrepair. As many of you know, I am a small business owner, so I know how many other business owners and taxpayers in general feel about our state's current situation. Some would have you believe that none of these problems existed until our new Governor took office; this is simply not true. The fact is, career politicians have kicked the can down the road for far too long. We are past the point where we can pass any more debt onto future generations. Now is the time to take responsibility for our future and our children's future. Now is the time to take action.

Benjamin Franklin once said "In this world nothing can be said to be certain, except death and taxes." Taxes and death are certain, but in Illinois we must remember not to tax our state into death.

As always, you can reach me or Sally at (815) 232-0774 or e-mail us at repstewart@gmail.com. You can also visit my website at www.repbrianstewart.com or on Facebook.

Senate Week in Review

August 15-19

Recently-signed laws create sepsis protocols that will save lives, assist veterans and their families, and allow police officers to adopt retiring K-9 police dogs.

In other state news, Gov. Bruce Rauner announced the creation of a charitable foundation to provide additional financial support for Illinois' two state fairgrounds, and the Illinois School Funding Reform

Commission met for a second time. **Gabby's Law aims to save lives of those with sepsis**

The tragic death of a five-year-old girl led to a new law that requires Illinois hospitals to be better prepared to recognize and treat patients with sepsis or septic shock. Gov. Rauner signed Senate Bill 2403 at a press conference Aug. 18 at the Presence Covenant Medical Center in Urbana.

Gabby Galbo of Monticello passed away in 2012 due to untreat-

ed sepsis. Since then, her parents worked to pass this legislation in honor of her memory.

According to the Centers for Disease Control, sepsis is a progressive shutdown of the body's organs and systems caused by systemic inflammation following infection that enters the blood or soft tissue. More than one million cases of sepsis occur each year, killing more than 258,000.

The new law went into effect immediately.

Recognizing Illinois veterans and their families

Legislation to assist and honor Illinois veterans and their families was signed into law during the Veterans Day program Aug. 14 at the Illinois State Fair.

Every public state university will now be required to establish an admissions process in which honorably discharged veterans who were on active duty during the fall semester will be allowed to submit an application for admission to the university to enroll as a freshman student for the spring semester. House Bill 4627 was introduced in response to a request from an Illinois veteran who was unable to enroll for the spring semester because the school mandated that all entering freshman must first enroll for the fall semester. Now public universities in Illinois must accommodate those veterans and first-time college freshmen who want to begin their college career immediately.

House Bill 5938 renames and

expands the eligibility pool for a program now known as the "Veterans' Home Medical Providers Loan Repayment Program." The eligibility pool for the program will now include physicians and certified nursing assistants, rather than just registered professional nurses. The goal of the legislation is to encourage greater numbers of more highly qualified professionals to apply for jobs at the state's veterans' home, which would hopefully translate into better care for Illinois' veterans.

Also signed was legislation that will allow the family of veterans who were killed in action while on active duty to apply for a designation that would allow the placement of an honorary sign on roadways (HB 4344). The idea was brought forth by Denise Meehan, the mother of PFC Andrew Meari, who lost his life while serving in Afghanistan. Ms. Meehan said the new "Heroes Way Designation Act" is a way to ensure the names and service of Illinois' fallen will be acknowledged and honored forever in their communities.

Another new law (HB 4389) will establish an annual Gold Star Family Day, while an additional proposal (HB 5003) mandates establishment of a veterans court program in each judicial circuit to provide veterans and service members with court programs better suited to serve their specific needs. In that same vein, SB 3401 includes veteran assistance commissions as an alternative court-ordered assessment and treatment

option.

Two other new laws make changes relating to military license plates (HB 5402) to state that individuals who qualify for the military specialty plates may reclassify their standard plate registration without paying replacement fees or the registration sticker cost, and to allow the surviving spouse of a deceased military service member to retain the special license plates if he/she is a resident of Illinois and if the transfer takes place within 180 days of the death of the service member (HB 4433).

New law allows retired police dogs to be adopted by their handlers

Retiring police dogs will be able to be adopted by their handlers, thanks to a new law creating the Police Dog Retirement Act.

Gov. Rauner signed Senate Bill 3129 during a ceremony at the State Fair on Aug. 13, which was First Responders Day. The new law will allow all K-9 police dogs that are used by a county, municipal or state law enforcement agency and are deemed no longer fit for public service to be offered first to the handler on the force. If the officer does not want the dog, it will then be offered to another officer or employee of the agency, a non-profit agency, or a no-kill animal shelter that may facilitate an appropriate adoption for the dog.

The new law takes effect Jan. 1, 2017.

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ON THE RECORD

Obituaries

CID E. LIBBERTON

Cid E. Libberton, age 90 of Stockton, IL, passed away Friday, Aug. 19, 2016 at Manor Court in Freeport, IL. He was born March 17, 1926 in Mt. Carroll, IL to the late Will and Florence (Hicks) Libberton. He married Norma Bucher on Feb. 14, 1952 in Pleasant Valley.

Cid was a lifelong dairy farmer. He farmed with his wife Norma in Pleasant Valley. After retiring from the farm he worked nights for Pinkerton Security in Freeport and worked at Wild Berry Farms in Hanover, IL. He later worked at Lena Cheese Factory making boxes. Cid and Norma attended the Community Reform Church of Freeport where he served on different church boards. He had a passion for woodworking and could fix just about anything. He loved spending time with his family and grandkids and playing with his dog. He was easy going and took life as it came. Cid was well loved by everyone and was always willing to lend a helping hand.

He is survived by his wife, Norma of Stockton; sons, Thomas (Theresa) Libberton of Stockton, Gary (Penny) Libberton of South Wayne, WI, and Dan Libberton of Pueblo West, CO; daughter, Sue (Rich) Mansfield of Peoria, IL; 12 grandchildren; several great grandchildren; and brothers, Neil Libberton of Mt. Carroll and Russell Libberton of Savanna, IL. He is preceded in death by his parents; sisters, Alicia Wirthart, Luella Skiles, Sarah Schmidt; grandson, James; brothers, Peter, Clarence, LaVelle, Richard, Alvin, and Charles; and daughter-in-law, Diana.

A visitation will be held Thursday, Aug. 25, from 5 to 7 p.m. at the Hermann Funeral Home in Stockton. The funeral service will be Friday, Aug. 26, at 11 a.m. also at the funeral home; the Rev. Herb Bollman presiding. There will be a visitation before the service beginning at 10 a.m.. Interment will take place at Ladies Union Cemetery in Stockton. In lieu of flowers a memorial fund has been established for World Vision International and the Peoria Christian School. Condolences may



be shared at www.hermannfuneralhome.com.

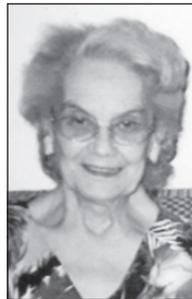
LUCILE M. GILLE

Lucile M. Gille, age 99 of Mineral Point, WI formerly of Darlington, WI passed away Monday, Aug. 15, 2016 at Atrium Care Center in Mineral Point. She was born Aug. 5, 1917 in Darlington, WI the daughter of Clell and Ella (Nevels) Miller. Lucile grew up at a time when there was no electricity, back when horses were used for farm work. She had fond memories of her grandfather's fancy horse drawn carriage, as well as memories of attending a one room country school house. She was united in marriage to Lloyd R. Gille on Aug. 1, 1938. Lucile was married to her dancing partner, Lloyd for 70 years. They were such beautiful dancers that they were once written up in the local Republican Journal newspaper as "Darlington's own Fred Astaire and Ginger Rogers."

Lucile was the matriarch of her family and was always very supportive of her loved ones. She is survived by one daughter: Sonja (Ron) McDonald of Mineral Point; three granddaughters: Susan (Jim) Wolf of Madison, WI, Cyndee Stiefel of Warren, IL, and Sherry (Al) Krmptoch of Gordon, WI; three great-grandchildren: Michelle (Drew) Glowacki, Collin and Brady Krmptoch; and two great great-grandchildren: Clayton and Ellie Glowacki, with another on the way; and nephews Paul Jo White, and Clell White; and nieces Gail Roberts, Leean White, and Brenda Ray. She was preceded in death by her parents; husband; three sisters: Zelma Kleinman, Ila White, and Betty Doersam; and one grandson-in-law: Edwin Bendik.

Lucile was a delightful conversationalist. She loved music, dance, travel, storytelling, and laughing. She will be sadly missed and fondly remembered by family and friends.

A visitation was held, Aug. 20, at



Erickson Funeral Home (508 Main Street, Darlington.) A Celebration of Life service was held with Rev. Angela Steinhauer of Darlington United Methodist Church officiating. Interment will be private at a later date. Online condolences may be expressed to the family at www.ericksonfuneralhome.com

For those who prefer, a memorial fund has been established in Lucile's name.

NORMAN ANTHONY "MOOSE" CREIGHTON

Norman Anthony "Moose" Creighton, 80 of Stockton IL, passed away peacefully Thursday, Aug. 18, 2016 at his home surrounded by his family.



The family of Norm would like to invite all friends and family to a gathering at Holy Cross Catholic Church, Stockton from 9 to 11 a.m., Saturday, Aug. 27. It will be immediately followed by a funeral mass and military honors. Cremation rites have been accorded

The Furlong Funeral Chapel, Galena is assisting the family.

Norman was born Sept. 21, 1935 in Stockton, the youngest son of Walter and Mary Ellen (O'Halloran) Creighton. Norman attended Stockton Center Country School for first through fourth grade, Holy Cross Catholic School for fifth through eighth grade and graduated from Stockton High School with the class of 1954. He married Patricia Bennett, of Galena on July 5, 1969 and she preceded him in death. He was a member of the Stockton American Legion and the Knights of Columbus.

Norm served his country as an aviation metal smith, in the United States Navy. He worked at Kraft Cheese and managed Ron's Amoco in Apple River, IL. Farming was Norm's passion and life-long dream. He loved his many Farmall tractors and his little 8N Ford tractor. He loved his Hereford cows and Duroc

hogs.

Norm is survived by his four daughters: Angela (Mark) Rein of St Paul, MN., Amy (Chris) Fields of Scales Mound, IL, Ann (Jim) Harnish of Stockton, IL, and Amanda Creighton of Stockton, IL; 10 grandchildren: Maureen, Eloise, Nicholas, Steven and Lucille Rein; Jessica, Emily and Kimberly Fields; Hannah Downing and Olivia Harnish; his brother Cecil Creighton of Lena, IL, his sister Marita Moore of Freeport, IL; two step sisters, Sister Agnes Marie Lynch of the Sisters of the Presentation of the Blessed Virgin Mary of Dubuque, IA and Jerry Weiss of San Jose, California and his forever loyal dog companions Jack and Eddie.

Norm is preceded in death by his loving wife, his parents, his siblings Regis Creighton and Wilma Groom, his step-siblings. Raymond Lynch, Harold "Bud" Lynch, Elaine Klen-ske and Mary Roth.

In lieu of flowers, please consider donations to FHN Hospice. Online condolences may be left at www.furlongfuneralchapel.com

JEANNE JOYCE YADDOF

Jeanne Joyce Yaddof, age 79, of Preston, Iowa, passed away Thursday, Aug. 18, 2016 at home surrounded by her loving family. A funeral service will be held at 10:30 a.m., Wednesday, Aug. 24, at St. John's Evangelical Lutheran Church, Preston. Burial will take place in Preston Cemetery. Visitation will be held from 4 to 7 p.m., Tuesday, Aug. 23 at the church. Friends and family are invited to share in Jeanne's life at www.law-jonesfuneralhome.com.

Jeanne was born April 30, 1937, the daughter of Harold and Reva (Clothier) Ready in Savanna, Illinois. She attended Gooselake High School, and graduated with the

Class of 1955. Jeanne married Norman Yaddof on Aug. 23, 1958 in Andrew, Iowa.

Jeanne was a homemaker who cherished taking care of her family. She liked to play bingo, and cards with her sisters. She would also spend time teaching her grandchildren how to play 500 Rummy and Kings Corners. Most of all, she loved visiting and spending time with her children, grandchildren and great-grandchildren.

Jeanne will be dearly missed by her husband of 57 years, Norman; her four sons, Dennis Yaddof of Preston, David (Janell) Yaddof of Bellevue, Iowa, Danny (Nancy) Yaddof of Preston, and Doug Yaddof of Preston; eight grandchildren; five great-great grandchildren; four sisters, Cindy (Dale) Rathje of Charlotte, Iowa, Sandy (Dennis) Hosette of Clinton, Iowa, Rose Eggers of Preston, Pat Miller of Preston; and three brothers, Harold (Sue) Ready, Jr., Richard (Judy) Ready, and Mike (Terri) Ready, all of Clinton, Iowa.

Jeanne is preceded in death by her parents, Reva and Harold; two sisters, June Reader and Linda Appleman; her mother-in-law, Norma Yaddof; father-in-law, Elmer Yaddof, Sr., and several brothers-and sisters-in-law.

CLARICE E. PERRY

Clarice E. Perry passed away peacefully at the Elizabeth Nursing Home on Friday, Aug. 5, 2016.

Clarice was born on Jan. 20, 1929 in Freeport, IL, daughter of Melvin and Ethel (Schroeder) Bere. Clarice married Stanley G. Perry on April 3, 1951 in Granite City, IL. Clarice attended Stockton High Schools. Before her illness she enjoyed walking, cooking, sewing, reading, playing cards and jig saw puzzles.

See OBITS, Page 6

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 Your Hostess: MEL HEIDENREICH

Obits

(Continued from page 5)

Those left to cherish her memories are her son Douglas (Irene) Offenheiser of Morgan Hills California, daughter Deborah (Michael) Hintz of Stockton and son Geoffrey (Rhonda) Perry also of Stockton. She is survived by seven grandchildren, 13 great grandchildren, 1 step grandson, and 1 step great-granddaughter.

Clarice was preceded in death by her husband Stanley; her parents and step-father Albert Baker and one sister Abbie Taylor.

Cremation rights have been accorded. According to her wishes, there will be no service. Memorials should be sent to FHN Hospice or charity of choice in her name.

The family would like to thank the Elizabeth Nursing Home and FHN Hospice for the exceptional care they gave Clarice.

ROBERT L. FRANSEN

Robert L. Fransen, 83, of Freeport, IL passed away on Wednesday, Aug. 17, 2016 at his home. He was born on Jan. 1, 1933 to Hiram and Gladys (Stumbaugh) Fransen in Silver Creek Township. He married Doris Roe on Aug. 7, 1953 at the Lena United Methodist Church. Robert served his country in the

United States Navy during the Korean War. He retired from Honeywell, and after his retirement he sold real estate in North Carolina. He was a member of the Lena American Legion and St. John's Lutheran Church in Lena.

Robert is survived by his wife Doris of Freeport, IL; two sons Tom (Brock) Fransen of Cary, NC, Paul (Lois) Fransen of Truman, MN; grandchildren Katie (Jon) Cioni, Susie (Dan) Meloro, Chris Fransen, Corey Fransen, and Callie Fransen; brothers Ivan (Beverly) Fransen of Freeport, IL, Dave (Jeannette) Fransen of Springfield, OR; sister Marge Ockerman of Freeport, IL; sister-in-law Cel Fransen of Cedarville, IL.; brother-in-law Eugene (Helen) Roe of Rockford, IL.

He was preceded in death by his parents, brother Don Fransen, and brother-in-law Ed Ockerman.

Funeral services will be at 11 a.m. on Monday, Aug. 22, at St. John's Lutheran Church in Lena, IL.

A visitation will be from 9:30-11 a.m. on Monday, Aug. 22, at St. John's Lutheran Church in Lena, IL.

Inurnment will be at Lena Burial Park in Lena, IL.

Rev. Rick Bader will solemnize the services.

A memorial may be made to the Monroe Clinic Hospice Foundation Fund or to the Michael J. Fox Foundation for Parkinson's Research.

Condolences may be sent to the family at www.leamonfh.com.

ROGER K. HUBB

Roger K. Hubb, age 76 of Stockton, IL, passed away Thursday, Aug. 18, 2016 while doing what he loved, working on the family farm. He was born March 13, 1940 in Independence, IA to the late B.L. and Doris (Kaufman) Hubb. He graduated from Stockton High School in 1958. Roger had served in the United States National Guard.

On June 12, 1960 He married Eileen Croffoot in Pearl City, IL. Roger was a lifelong farmer, starting 9 years old. He especially loved dairy farming. He also worked once



a week at the Sunshine Center in Schapville. He enjoyed working puzzles and had a passion for polka dancing with his wife, Eileen. Roger loved working with and teaching his grandsons. Of all the lessons he taught them, having a strong work ethic was the most important.

He is survived by his wife, Eileen Hubb of Stockton; sons, Alan (Debra) Hubb of South Beloit, IL and Larry (Leisa) Hubb of Stockton; grandsons, Adam, Kyle, & Karl; brother, Dale (Margaret) Hubb of Stockton; and sisters-in-law, Marian Taber and Thelma Entmeier. He is preceded in death by his parents and grandson, Tyler.

A visitation will be held Monday, Aug. 22, from 4 to 8 p.m. at the Hermann Funeral Home in Stockton. The funeral service will be Tuesday, Aug. 23, at 10:30 a.m. also at the funeral home; the Rev. Bruce Burbank presiding. Interment will take place at Ladies Union Cemetery in Stockton. A memorial fund has been established for the Stockton Fire Department. Condolences may be shared with his family at www.hermannfuneralhome.com.

Reunions

Lena Winslow Class of 1971 to hold reunion

The LeWin class of 1971 will hold their class reunion at the Rafters restaurant in Lena on Saturday Aug. 27, starting at 8:30. We invite you to join us for karaoke, 50-50 raffle, cash bar and catching up with classmates and friends. Call (815) 275-6826 for more information.

Heidenreich reunion

The Heidenreich Reunion will be held on Saturday, Sept. 3, at 12:30 at the Stockton Park House in Stockton, IL. Please bring two dishes to pass, your own table service and your own beverages. Any family updates may be sent to Faye Heidenreich (815) 858-3735.

Senior Resource Center to host informational session at Apple Canyon Lake

Representatives from the Senior Resource Center of Jo Daviess and Stephenson Counties will be at Apple Canyon Lake Club House on Wednesday, Sept. 7, at 10:30 a.m. This is open to anyone who is a senior, knows someone who is a senior or will be a senior in the near future.

She will be explaining the eight pillars of the Senior Resource Cen-

Wedding



Kevin Halderman and Paige Campbell

Campbell and Haldeman celebrate nuptials in Cabo San Lucas

Paige Campbell and Kevin (KC) Haldeman were married in Cabo San Lucas, Mexico in June 2016. Paige is the daughter of Pete and Judi Campbell of Apple Canyon Lake. The wedding was performed in the gazebo at RIU Palace followed by a reception on a catamaran in the Sea of Cortez with family and a few close friends. Paige and KC reside in Madison Wisconsin.

COUNTRY MARKET

Labor Day Weekend
Sept. 3, 4, 5
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cookies.

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Judy 815-594-2388²⁵⁵⁰²⁵



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Thursday 8:30 a.m. - 5 p.m.
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Births Published FREE

The Shopper's Guide & Scoop Today publishes baby's birth announcement information for free. The only requirement is that the parents or grandparents be in the home delivery area.

A picture may also be included.

For information, call Laurie at 815-369-4112 or 815-947-3353

158945

Adult Protective Services (APS) – Investigates and assists victims of neglect, and/or financial, sexual or physical abuse

Money Management Program (MMP) – Develops monthly budgets and pay bills for those unable to do so themselves

Tax Aide – Assists seniors with AARP Tax Counseling and 1040 preparation

Transit – Provides seniors with access to services with low-cost rides throughout Stephenson County

Education & Activities – Facilitates health seminars, screenings, healthy living presentations and fun social events

Volunteerism – Community members lending their time and talents

Please join us and let us explain how the Senior Resource Center can be of service to you or your loved ones.

Does 'knuckle cracking' cause arthritis in your hands?

There are many interesting points to take away from this 2011 article;

1) Characteristics of hand osteoarthritis:

- It increases in prevalence and severity with age.
- 22% of those aged between 71 to 100 years have symptomatic hand osteoarthritis.

• Risk factors include prior joint trauma, family history of hand osteoarthritis, and history of heavy labor involving the hands.

• Those with hand osteoarthritis have reduced grip strength, difficulty writing, difficulty handling small objects, and difficulty carrying objects.

• "Given this burden of suffering from hand OA and the lack of curative or disease-modifying treatments, factors that potentially protect against osteoarthritis warrant further investigation. One such factor is knuckle cracking."

2) Knuckle cracking is a behavior that involves manipulation of the finger joints resulting in an audible crack, and it is often done habitually. It is estimated that

25% to 54% of people habitually crack their knuckles.

3) In this study, 20% of subjects habitually cracked their knuckles. The prevalence of habitual knuckle cracking in other studies includes:

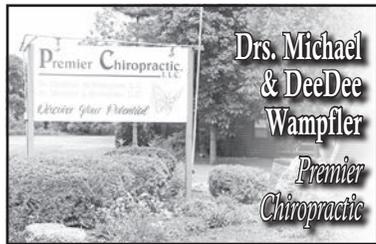
- 25% in adults older than 45 years
- 34% in 11-year-old children
- 54% among nursing home residents with a mean age of 78 years.

4) "Some people may crack knuckles because of the sense of relief it can bring, some because of habit, and some from both."

5) "Common urban legend suggests that KC will lead to arthritis of the hand joints," but this is not "supported in the medical literature."

6) "Previous studies have not shown a correlation between knuckle cracking and hand osteoarthritis."

7) In a 1975 study of 28 nursing home residents (average age 78



years), knuckle cracking was associated with a lower prevalence of osteoarthritis.

8) After knuckle cracking, there is an "immediate joint tension release and increased joint range of motion."

9) "During an attempt to crack a knuckle, the joint is manipulated by axial distraction, hyper flexion, hyperextension, or lateral deviation. This lengthens part or all of the joint space and greatly decreases intra-articular pressure, causing gases that have dissolved in the synovial fluid to form microscopic bubbles, which coalesce. When the joint space reaches its maximum distraction (up to 3 times its resting joint space distance), joint fluid rushes into the areas of negative pressure.

The larger bubbles suddenly collapse into numerous microscopic bubbles, leading to the characteristic cracking sound. The maneuver leaves the joint space wider than it had been and synovial fluid more widely distributed. The stretching of joint ligaments required to produce the widened joint space also leaves the joint with greater range of motion. It typically takes at least 15 minutes for the joint to be able to be cracked again because of the time required for the microscopic bubbles to fully dissolve into solution and for the joint space to retract back to its resting position."

10) This study assessed 215 individuals, which is important because they "would need approximately 200 participants to reach statistical significance":

135 with osteoarthritis; 80 controls:

- Their mean age was 62 years (50 to 89 years).
- 43 (20%) habitually cracked their knuckles.

• Participant's hands were reviewed radio-graphically.

11) Participants were asked to quantify the frequency of their daily knuckle cracking:

- None
- 1-5 times/day
- 6-10 times/day
- 10-20 times/day
- >20 times/day

12) This "is the first study to correlate the duration and the total volume of previous knuckle cracking with osteoarthritis, in addition to the presence or absence of knuckle cracking."

• Participants described how frequently each day they crack each knuckle and for how many years they have been doing it.

13) "The prevalence of any knuckle cracking among the controls was not significantly different from prevalence in persons with osteoarthritis."

14) "This study represents the most comprehensive evaluation to date of habitual knuckle cracking and any association with hand osteoarthritis. Our findings support the conclusions of 2 previous studies that the presence of knuckle cracking is not associated with hand osteoarthritis."

15) "The duration of knuckle cracking has no correlation to the presence of osteoarthritis."

• There was "no significant correlation of knuckle cracking 'crack-years' with osteoarthritis in the respective joint."

16) These authors conclude, "a history of habitual knuckle cracking—including the total duration and total cumulative exposure to knuckle cracking—does not seem to be a risk

factor for hand osteoarthritis."

17) "Knuckle cracking was not a risk for osteoarthritis in that joint." "A history of habitual knuckle cracking—including the total duration and total cumulative exposure—does not seem to be a risk factor for hand osteoarthritis."

A lay argument against regular chiropractic care is that the cavitation of the joints increases the risk of osteoarthritis. This article assessed a clinically relevant number of individuals who cavitated their knuckle joints multiple times daily for years and suffered no increased risk of joint osteoarthritis. Other studies have suggested that regular cavitation of joints may in fact reduce the risk of joint osteoarthritis. This study further notes that joint cavitation improves the joint range of motion and reduces articular symptomatology.

Source: *Knuckle Cracking and Hand Osteoarthritis*

American Board of Family Medicine

March-April 2011; Vol. 24; No. 2; pp. 169-174

Monroe Clinic Board of Directors welcomes three new members

Monroe Clinic's Board of Directors is pleased to welcome three new members: Wendy Baumann, Dr. Joshua Morrison and Larry Williams.

Wendy Baumann, of Monroe, Wis., owns and operates Exhale Therapeutic Massage. An active community volunteer, Baumann also serves on Monroe Clinic & Hospital Foundation's Hospice House Capital Campaign Cabinet, which is raising funds to build a new Hospice facility.

Joshua Morrison, MD, of New Glarus, Wis., is a board-certified neurologist. He joined Monroe Clinic's medical staff in July 2010 and also serves on the Medical Executive Committee.

Larry Williams, of Freeport, Ill., is the Freeport Housing Authority CEO. In his role, he launched the Workforce Development Institute (WDI), a hands-on curriculum designed to address employment barriers, focusing on soft skills of positive attitude and behavior, adaptability, responsibility, communication, problem-solving, professionalism, and teamwork.

Monroe Clinic's Board of Directors includes community leaders, medical experts and representatives from the Congregation of Sisters of St. Agnes (CSA).

"Our board represents a vast array of perspectives, which is important as each member's input guides

strategic plans that impact the future of local healthcare," said Mike Sanders, Monroe Clinic President & CEO.

Sanders explained that as Monroe Clinic's sponsor, CSA places a high value on building relationships within the community and staying connected to the patients and families served through their healthcare ministries. Board meetings provide CSA, Monroe Clinic staff and community representatives with consistent opportunities for interaction and communication.

"This collaboration helps Monroe Clinic continue our commitment to community health," said Sanders.

McConnell United Methodist Church to host free movie night

McConnell United Methodist Church, 211 N. Hulbert Rd. McConnell, invites everyone to a free movie night on Sunday, Aug. 28, at 7 p.m. at the church.

The film "The Young Messiah" will be shown. This movie tells the story of Jesus Christ at age seven as he and his family departs Egypt to return home to Nazareth.

Popcorn and drinks will be furnished for your viewing pleasure! Come out and enjoy a nice evening with us!

New View Bereavement Program

Volunteer Hospice of Northwest Illinois is offering their free bereavement support program on the last Monday of each month from 6 to 7:30 p.m. at Horseshoe Mound Preserve in Galena. The next meeting of the New View Bereavement Support program is on Monday, Aug. 29. Horseshoe Mound Preserve is 1 1/2 miles south of Route 20 on Blackjack Road, Galena.

This is the second year of Volunteer Hospice of Northwest Illinois supplying continual support for residents in the surrounding area. The purpose of this program is to help

heal those wounded by grief and loss and with such beautiful scenery, peaceful setting and relaxing atmosphere; Horseshoe Mound is a wonderful place to visit.

Please call the hospice office at (815) 947-3260 to attend. The New View Bereavement Program providing compassion, healing and hope is facilitated by Rev. Brent Riemer, non-denominational. All services are free of charge however donations to Volunteer Hospice of NW IL, Inc., PO Box 185, Stockton, IL 61085 will be accepted and appreciated.

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Saturday, August 27th, 2016

Serving from 4:30 - 7:30 p.m.

Carryouts are available

You may call after 4:00 p.m. to place an order
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Downtown Warren, IL**

Proceeds to help with the purchase of new equipment and training materials.

249439

CHURCH NEWS

Church Notes

Good Shepherd Lutheran Church

Good Shepherd Lutheran Church will celebrate Rally Day this Sunday at 118 E. Mason St. Lena IL. The morning will begin by gathering for worship on this Sixteenth Sunday of Pentecost at 9:30 a.m. with Holy Communion, the blessing of the backpacks, and Installation of Sunday School Teachers.

Following the service the congregation will gather for fellowship and Rally Day festivities. Sunday School children will gather in the sanctuary at 10:45 a.m. for the large group opening and for meeting new teachers. At 11:15 there will be a family carnival with games. Children, youth, volunteers and families will gather for a meal together at 11:45 a.m. Parents and loving adults are also invited to join in on the fun. At 11:45 there will be a great kid-friendly meal for families and volunteers. Good Shepherd Choir will meet for practice at 11 p.m. and the Chime Choir will practice at 5 p.m.

On Wednesday, Aug. 31 at 8 a.m. the Piece Corps Quilters will work together to craft quilts for Lutheran World Relief. They are always looking for more people to help tie quilts and sew. No previous quilting experience is necessary. Come

join the fun and make a difference in the world!

The congregation of Good Shepherd Lutheran Church in Lena will head out into the community for "God's Work. Our Hands" Sunday on Sept. 25. Brothers and sisters in Christ of all ages from Good Shepherd and any interested community members will join hands to serve together following worship on Sept. 25. The serving teams will spread out at project sites throughout Lena. There will be serving opportunities for all ages and abilities. If you are interested in joining in this day of service as a volunteer, contact the Good Shepherd church office at (815) 369-5552 so that you can be assigned to a project team.

People serve throughout their families, workplaces, community organizations, neighborhoods, and more every day. "God's Work. Our Hands" Sunday is a fun opportunity to join hands and serve shoulder to shoulder together.

St. John's Lutheran Church

St. John's Lutheran Church of Pearl City will hold their worship service on Sunday, Aug. 28. Pastor Thomas Ekstrand will lead the worship service beginning at 9 a.m. The service will be followed

by fellowship. The SPOTS Youth Group (fifth and sixth grades) will meet at 11 a.m. in the Youth and Family Center. All youth and parents of seventh and eighth grade students entering the Confirmation program or finishing their second year of confirmation are to attend an information meeting with Pastor Ekstrand at 10:15 a.m. in Luther Hall.

The Fifth Quarter youth group (seventh and eighth grades) will meet at 6 p.m. on Sunday, Aug. 28 followed by the Genesis (high school) youth group at 7:30 p.m. Both groups will meet upstairs in the Youth and Family Center.

Ladies Night Out is planned for Wednesday Aug. 31, at 6:30 p.m. at St. John's. All those interested in attending, should RSVP to Kris Eden or Lynda Palmer. The cost is \$11 and that includes a meal and entertainment.

This summer's final Pearl City Brat and Hot Dog stand will be open on Saturday, Aug. 27, 11 a.m. to 2 p.m. A brat or hot dog meal with chips and drink will be \$4.50. Brat sandwich only will be \$3 and a hot dog only will be \$2.50. The Pearl City Brat and Hot Dog stand is held adjacent to the Pearl City Post Office. See you there!

St. John's is hosting a community wide Luminary Walk on Sept. 11, at 7:30 p.m. at the Homecoming Boulevard (by the American Legion) to remember the events of 9/11, as well as, to honor Veterans, Members of the Armed Forces and all First Responders: firefight-

ers, police and EMTs. Interested in volunteering for this special event? Contact St. John's at (815) 443-2215.

Planning ahead for fall, Rally Day will be held on Sunday, Sept. 11, immediately following worship. All Sunday School youth, parents and anyone interested may attend! Sunday School and Confirmation classes will begin on Sept. 18.

St. John's will begin a Saturday evening worship service at 5:30 p.m. beginning Sept. 10. Also, bible studies will resume on Monday, Sept. 12, at 7 p.m. and on Thursday, Sept. 15, at 9:30 a.m. Members and non-members alike are welcome to attend. Bible Studies are held in the Conference Room and the lower level East entrance will be open.

Willow/Kent United Methodist Churches

Willow/Kent UMC will worship together at Willow UMC at 9 a.m. Sunday Aug 28. All are invited and welcome; this Sunday is the "Blessings of the backpacks" so bring your backpacks to be blessed, many of you have already started school, but please bring them anyway.

Also stay for the fellowship following.

Sunday School is at 10:30 a.m. studying from the Holy Bible, all are invited and welcome to share in the learning of what the scriptures mean to us.

Willow UMC is located about 7 miles SE of Stockton, IL on Willow Rd. For more information, please call (815) 601-6742

ELCA congregations work to improve communities

St. John's Evangelical Lutheran Church is one of nearly 10,000 congregations of the Evangelical Lutheran Church in America (ELCA) participating in "God's Work. Our Hands." Sunday, Sept. 11. Across the country, thousands of ELCA members are engaging in service work to make a positive change in their communities, build and deepen relationships and share God's love. "God's Work. Our Hands." Sunday is an opportunity to celebrate who we are as the Evangelical Lutheran Church in America — one church, freed in Christ to serve and love our neighbor.

On Sunday, Sept. 11, St. John's Church will unite together at the Pearl City Homecoming Boulevard to remember the terrorist attack on

America 15 years ago, by honoring first responders, including veterans, members of the armed forces, firefighters, police and EMTs with a Remembrance Luminary Walk. A service of remembrance will begin at 7:30 p.m. at the stage. Limited bleacher seating will be available; lawn chairs may be needed.

The Remembrance Luminary Walk will be extinguished at 9:11 p.m. Everyone is welcome to attend, and any veterans or first responders are encouraged.

Come out in the darkness, unite by the light together.

For more information, please visit St. John's Church website at www.stjohnspearlcity.org or call Leann at (815) 443-2191.



Attention All Ladies

*We have great power within our grasp!
God has given us the power of prayer.*

*Please join together with other women in our community
watch the movie War Room together
and study five lessons on prayer.*

*Scripture says that if we have the faith the size
of a mustard seed we can move mountains*

*We have "mountains" in our lives, marriages, families,
communities, country and world that are bigger than us.*

God is at work in the world.

*Let's come together and learn
how we can band together and pray.*

Starting Date: Tuesday, September 6, 2016

Time: 7:00 p.m.

Meeting Tuesdays through October 11, 2016

Where: Evangelical Free Church of Lena

720 Freedom Street

Lena, IL

Call 815-369-5591 to let us know you are coming

Please call Suzy at 815-541-9788 with any questions

*So many of our battles
can be fought through prayer!*

EVANGELICAL FREE CHURCH OF LENA

720 N. Freedom Street

Lena, IL

815-369-5591

Dr. Jim Erb, Senior Pastor
Rev. Scott Wilson
Assoc. Pastor of Youth

Sunday Worship

10:00 a.m.

Sunday School/ABF 8:45 a.m.

AWANA-Wednesdays 5:30 p.m.

Junior and Senior High

Youth Wednesdays 7:00 p.m.

220097

ST. PAUL EV. LUTHERAN CHURCH-LCMS

411 West Catlin Street,

Elizabeth, IL 61028

815-858-3334

Pastor Mike Nesbit

www.stpauelizabeta.org

Memorial Day to Labor Day

Sunday Worship at 9 a.m.

Summer Bible Study at

10:15 a.m.

Wednesday Evening

Worship at 7 p.m. 245245

St. Joseph Catholic Church
Apple River

FISH BOIL and QUILT RAFFLE

Friday, September 2

Labor Day Weekend

Apple River Event Center on Stagecoach Trail

Serving 4:30 - 7:00 p.m.

Prepared by Vern & Bill from the Gratiot Fire Dept.



Advance Tickets	\$10.00
Purchased at the Door	\$11.00
Children under 12	\$5.00

Carryouts Available

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LEGALS

IN THE CIRCUIT COURT FOR THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY - FREEPORT, ILLINOIS
 Wells Fargo Bank, NA
PLAINTIFF
 Vs.
 Chad Coleman; et. al.
DEFENDANTS

16 CH 00014

NOTICE OF SHERIFF'S SALE OF REAL ESTATE PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on 5/3/2016, the Sheriff of Stephenson County, Illinois will on 9/12/16 at the hour of 9:30AM at Stephenson County Courthouse 15 North Galena Avenue 1st Floor, West door of courthouse Freeport, IL 61032, or in a place otherwise designated at the time of sale, County of Stephenson and State of Illinois, sell at public auction to the highest bidder for cash, as set forth below, the following described real estate:
LOT 10 IN BLOCK 5 IN KNOWLTON'S SECOND ADDITION TO THE TOWN (NOW CITY) OF FREEPORT; SITUATED IN THE CITY OF FREEPORT, STEPHENSON COUNTY IN THE STATE OF ILLINOIS.

SPIN 18-14-31-308-001
 Improved with Residential
COMMONLY KNOWN AS:
 655 W. Elk Street
 Freeport, IL 61032

Sale terms: 10% down of the highest bid by certified funds at the close of the auction; The balance, including the Judicial sale fee for Abandoned Residential Property Municipality Relief Fund, which is calculated at the rate of \$1 for each \$1,000 or fraction thereof of the amount paid by the purchaser not to exceed \$300, in certified funds, is due within twenty-four (24) hours. The subject property is subject to general real estate taxes, special assessments, or special taxes levied against said real estate and is offered for sale without any representation as to quality or quantity of title and without recourse to Plaintiff and in "AS IS" condition. The sale is further subject to confirmation by the court.

If the property is a condominium and the foreclosure takes place after 1/1/2007, purchasers other than the mortgagees will be required to pay any assessment and legal fees due under The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4).
 If the property is located in a

common interest community, purchasers other than mortgagees will be required to pay any assessment and legal fees due under the Condominium Property Act, 765 ILCS 605/18.5(g-1).

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

Upon payment in full of the amount bid, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after Confirmation of the sale. The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.

The property will NOT be open for inspection and Plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the Court file to verify all information.

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

For information: Examine the court file or contact Plaintiff's attorney: Codilis & Associates, P.C., 15W030 North Frontage Road, Suite 100, Burr Ridge, IL 60527, (630) 794-9876. Please refer to file number 14-16-01017.

1700673
 (Published in
 The Shopper's Guide
 Aug. 10, 17 & 24, 2016)
 253193

IN THE CIRCUIT COURT FOR THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY - FREEPORT, ILLINOIS
 Stillman BancCorp, N.A.
PLAINTIFF
 Vs.

Brad Thompson a/k/a Bradley J. Thompson; Unknown Heirs and Legatees of Curtis E. Richardson; Mike Richardson; Christine Richardson; Unknown Owners and Nonrecord Claimants; Kip Meyers, as Special Representative for Curtis E. Richardson (Deceased)
DEFENDANTS

16CH 00056

NOTICE BY PUBLICATION NOTICE IS GIVEN TO YOU:
 Unknown Heirs and Legatees of Curtis E. Richardson
 Unknown Owners and Nonrecord Claimants

That this case has been commenced in this Court against you and other defendants, praying for the foreclosure of a certain Mortgage conveying the premises described as follows, to-wit:

COMMONLY KNOWN AS:
 13006 N. Coon Road
 Orangeville, IL 61060
 and which said Mortgage was made by:

Curtis E. Richardson executed the mortgage, however this individual is deceased and is not named as a defendant in this lawsuit

the Mortgagor(s), to Stillman BancCorp, N.A., as Mortgagee, and recorded in the Office of the Recorder of Deeds of Stephenson County, Illinois, as Document No. 201000115700; and for other relief; that summons was duly issued out of said Court against you as provided by law and that the said suit is now pending.

NOW, THEREFORE, UNLESS YOU file your answer or otherwise file your appearance in this case in the Office of the Clerk of this Court,

Nathan A. Luy
 Clerk of the Circuit Court
 15 North Galena
 Freeport, IL 61032

on or before September 16, 2016, A DEFAULT MAY BE ENTERED AGAINST YOU AT ANY TIME AFTER THAT DAY AND A JUDGMENT MAY BE ENTERED IN ACCORDANCE WITH THE PRAYER OF SAID COMPLAINT.

CODILIS & ASSOCIATES, P.C.
 Attorneys for Plaintiff
 15W030 North Frontage Road, Suite 100
 Burr Ridge, IL 60527
 (630) 794-5300
 DuPage # 15170
 Winnebago # 531
 Our File No. 14-16-06860

NOTE: This law firm is a debt collector.
 I701267
 (Published in
 The Shopper's Guide
 Aug. 17, 24 & 31, 2016)
 253941

16-079565
IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY, FREEPORT, ILLINOIS

PHH MORTGAGE CORPORATION PLAINTIFF,
 -vs-
JANET L. YOUNG A/K/A JANET YOUNG A/K/A J. YOUNG A/K/A JANET L. HARMS; UNKNOWN OWNERS AND NON-RECORD CLAIMANTS; UNKNOWN OCCUPANTS
DEFENDANTS

16 CH 59

PUBLICATION NOTICE
 The requisite affidavit for publication having been filed, notice is hereby given you Janet L. Young a/k/a Janet Young a/k/a J. Young a/k/a Janet L. Harms and Unknown Owners and Non-Record Claimants; Unknown Occupants.

Defendants in the above entitled suit, that the said suit has been commenced in the Circuit Court of Stephenson County, by the said Plaintiff against you and other defendants, praying for the foreclosure of a certain Mortgage conveying the premises described as follows, to wit:

LOT 7 IN BLOCK 1 OF SCHMELTZER'S ADDITION TO THE TOWN (NOW VILLAGE) OF ROCK GROVE, SITUATED IN THE VILLAGE OF ROCK GROVE, STEPHENSON COUNTY, ILLINOIS; ACCORDING TO THE PLAT THEREOF RECORDED MARCH 2, 1857 IN BOOK Y OF DEEDS, PAGE 134.

Commonly known as 5048 East Rock Grove Road, Rock City, IL 61070

Permanent Index No.: 15-05-31-351-005

and which said Mortgage was made by Janet L. Young Mortgageors, to Mortgage Electronic Registration Systems, Inc., as Nominee for Century 21 (R) Mortgage Corporation (SM) as Mortgagee, and recorded in the office of the Recorder of Deeds of Stephenson County, Illinois, Document No. 200900101886,

Book No. 163, Page No. 1722.
 And for other relief; that summons was duly issued out of the said Court against you as provided by law, and that the suit is now pending.

Now therefore, unless you, the said above named defendants, file your answer to the Complaint in the said suit or otherwise make your appearance therein, the office of the Clerk of the Circuit Court of Stephenson County, in the City of Freeport, Illinois, on or before the 30th day after the first publication of this notice which is September 23, 2016. Default may be entered against you at any time after that day and a judgment entered in accordance with the prayer of said Complaint.

Clerk
 Shapiro Kreisman & Associates, LLC
 Attorney for Plaintiff
 2121 Waukegan Road, Suite 301
 Bannockburn, IL 60015
 (847) 291-1717
 ILNOTICES@logs.com

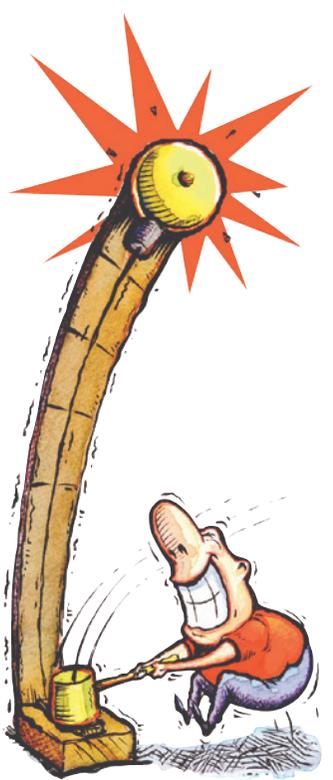
THIS IS AN ATTEMPT TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. PLEASE BE ADVISED THAT IF YOUR PERSONAL LIABILITY FOR THIS DEBT HAS BEEN EXTINGUISHED BY A DISCHARGE IN BANKRUPTCY OR BY AN ORDER GRANTING IN REM RELIEF FROM STAY, THIS NOTICE IS PROVIDED SOLELY TO FORECLOSE THE MORTGAGE REMAINING ON YOUR PROPERTY AND IS NOT AN ATTEMPT TO COLLECT THE DISCHARGED PERSONAL OBLIGATION.
 1701851

(Published in
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 Aug. 24, 31 & Sept. 7, 2016)
 254806

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Saturday, August 27, 2016

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PEARL CITY BEER August 27 Boulevard Bash Raffle
Band

Schedule of Events

All net proceeds go towards: Conservation & Agricultural Partners (CAP), Pearl City Food Pantry, Pearl City Schools Needy Children's Fund

8:00 A.M.	Pitmasters Check-In <i>(Pre-registration required—Contact Kristin Dinderman 815-291-9922)</i>
8:00 A.M.	5K race & 1 mile Family Fun Run (Sponsored by Pearl City Park District)
10:00 A.M.	Beer Garden Opens (open until Midnight)
11:00 A.M.	Parade (Contact Nathan Pickard at 815-821-2403—Registration at 9a.m.)
11:00 A.M.	Hog Roast Lunch/Dinner
12:30 P.M.	Kiddie Tractor Pull (Sponsored by Stephenson County Farm Bureau)
1:00 P.M.	Knockerball (Sponsored by Pearl City Park District)
2:45 P.M.	Ag Olympics (Sponsored by Stephenson County Farm Bureau) <i>Pre-registration required</i>
3:30 P.M.	Kiddie Water Fights (Sponsored by PC Fire Department)
4:45 P.M.	LIVE ENTERTAINMENT by Garrett Hillary
6:00 P.M.	PC Pitmaster BBQ Samples available <i>(while supplies last)</i>
6:45 P.M.	Gail "Johnny" Johnson Service Award
7:00 P.M.	Pitmaster Category Champions
7:30 P.M.	LIVE BAND Nathan Dean and the Damn Band
8:30 P.M.	Pitmaster Best in Show Award
9:30 P.M.	Raffle Drawing (Contact John Schroeder to purchase tickets 815-275-4301)

PEARL CITY ELEVATOR INC.
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Illinois Sheriffs' Association phone scam warning

The Illinois Sheriffs' Association is advising all Illinois county residents that there is currently underway a phone campaign fraudulently using the name of the Illinois Sheriffs' Association in their solicitation. The Illinois Sheriffs' Association never solicits by phone but does conduct a direct mail campaign throughout the state of Illinois endorsed by the individual Sheriffs across Illinois.

Telemarketing fraud costs billions of dollars each year. Phone solicitors who want you to "act immediately" or are offering a "too good to be true" opportunity are most likely fraudulent. Remember that if you have any doubts, or are highly pressured - Just Hang Up.

You have the right to ask for the following information:

- 1) The name, address and phone number of the organization for which they are soliciting.
- 2) The name, address and phone number of the telemarketing firm.
- 3) The percentage of every dollar paid to the telemarketing firm.
- 4) Insist on something in writing prior to making a pledge or commitment.

If you cannot get the answers to these questions do not hesitate to hang up the phone. After all, it is your money.

Although, there are some legitimate organizations that use telemarketers for their fundraising efforts the Sheriffs' of Illinois, through the Illinois Sheriffs' Association, are adamantly opposed to police groups and associations using telemarketers in their fundraising efforts. Again, the Illinois Sheriffs' Association never solicits by phone. Should you receive a call from someone saying they represent your local sheriff or the Illinois Sheriffs' Association and are asking for donations contact the Sheriff's Office immediately or gather as much information as you can from the caller and report it to the Illinois Sheriffs' Association at ISA@ilsheriff.org

Jo Daviess County Sheriff's Deputies end traffic chase with felony drug charges

On 08/19/16 at approximately 12:02 a.m., Jo Daviess County Sheriff's Deputy attempted to stop a vehicle for an equipment violation. The vehicle fled at a high rate of speed on US Rt. 20 towards Elizabeth. Near Elizabeth-Scales Mound Road a Deputy successfully deployed stop sticks on the fleeing vehicle. The vehicle continued through Elizabeth before becoming disabled near the intersection of Myrtle and N Ash Streets. The driver (Brandon L. Burdick) was apprehended immediately. The passenger (Dillon J. Potts) fled on foot and was taken into custody a short time later after a Sheriff's Office K-9 Unit located and apprehended him hiding near a residence in Elizabeth. Officers found methamphetamine and drug paraphernalia in the vehicle and on their persons. Potts was also served with an outstanding felony arrest warrant issued by the Wisconsin Department of Corrections. This incident remains under investigation.



TRACY SIEGNER PHOTOS
The Scoop Today / Shopper's Guide

Fall Into Stockton Festival

(Right) Dozens of volunteers felt the icy chill of the dunk tank when their "friends and family members" threw their best strikes at the dunk tank target during the Fall Into Stockton festival.

TRACY SIEGNER PHOTO
The Scoop Today/ Shopper's Guide

Queens hold court at Fall Into Stockton

(Left) Jo Daviess County Fair Queen Rebecca Raab and sister Kimberlyn Raab who serves as Jo Daviess County Fair Junior Miss visited downtown Stockton for the annual Fall Into Stockton festivities.



Folks seeking a little relief from the hot and humid weather kept the lemonade stand hosted by Stella's Café and Catering busy during the annual Fall Into Stockton festivities.



Brenda Pearson received French Braids from Neille Flaminio of Tamori Salon and Spa on Saturday afternoon during the Fall Into Stockton Festival



TONY CARTON PHOTOS The Scoop Today / Shopper's Guide

Smith family pride

Alvin R. Smith and sons were busy hosting the annual Smith family reunion and showing off their AC tractor collection on their family farm near Lena, IL.



Devan Schamberger couldn't pass up the opportunity to drive one of the AC machines during the Smith family reunion held over the weekend on the Alvin Smith family farm near Lena, IL.

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LOCATED AT

AJ's Lena Maid Meats
500 W. Main St. Lena, IL

Registration from 7 a.m. - 9 a.m.
BBQ Competition begins immediately after you are registered

Cost: **\$100**
includes:

**SPARE RIBS, PORK SHOULDER, CHICKEN LEGS,
TOP SIRLOIN BUTT**
Reg Deadline is Wednesday September 7th

Grand Prize \$500 for Best of Show
Cash Prize for other categories

Contact Marcia Pax or Devin Pax
Day 815-369-4522
Evening 815-369-4595 (Marcia) 815-291-2517 (Devin)

New phishing scheme mimics software providers; targets tax professionals

The Internal Revenue Service is alerting tax professionals to an emerging phishing email scam that pretends to be from tax software providers and tries to trick recipients into clicking on a bogus link.

The email scheme is the latest in a series of attempts by fraudsters to use the IRS or other tax issues as a cover to trick people into giving up sensitive information such as passwords, Social Security numbers or

credit card numbers or to make unnecessary payments.

In the new scheme identified as part of the IRS Security Summit process, tax professionals are receiving emails pretending to be from tax software companies. The email scheme requests the recipient to download and install an important software update via a link included in the e-mail.

Once recipients click on the embedded link, they are directed to a website prompting them to download a file appearing to be an update of their software package. The file has a naming convention that uses the actual name of their software followed by an ".exe extension."

Upon completion, tax professionals believe they have downloaded a software update when in fact they have loaded a program designed to track the tax professional's key strokes, which is a common tactic used by cyber thieves to steal login information, passwords and other

sensitive data.

Although the IRS knows of only a handful of cases to date, tax professionals are encouraged to be on the lookout for these scams and never to click on unexpected links in emails. Similar email schemes using tax software names have targeted individual taxpayers.

The IRS recently launched a new campaign to raise awareness among tax professionals about security threats posed by identity theft issues targeting their industry. The Protect Your Clients; Protect Yourself campaign features an ongoing effort to urge tax professionals to step up their security protections and be aware they increasingly are targets of cybercriminals.

The IRS urges all tax preparers to take the following steps:

Be alert for phishing scams: do not click on links or open attachments contained in e-mails and always utilize a software provider's main webpage for connecting to

them.

Run a security "deep scan" to search for viruses and malware;

Strengthen passwords for both computer access and software access; make sure your password is a minimum of 8 digits long (more is better) with a mix of numbers, letters and special characters;

Educate all staff members about the dangers of phishing scams in the form of emails, texts and calls;

Review any software that your employees use to remotely access your network and/or your IT support vendor uses to remotely troubleshoot technical problems and support your systems. Remote access software is a potential target for bad actors to gain entry and take control of a machine.

Tax professionals should review Publication 4557, Safeguarding Taxpayer Data, A Guide for Your Business, which provides a checklist to help safeguard taxpayer information and enhance office security.

OPEN HOUSES

Sunday, Aug. 28 • 1 - 3 p.m.



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2.15 ACRES, LE-WIN

SCHOOL DISTRICT, what more could you want? Home features 3 bedrooms, 1 1/2 baths, living room, dining room with sitting area, main floor laundry and season's room. 3+ stall garage, 1 stall garage, hobby barn, pool, deck, 2 grills, gardens, asparagus patches, mulberry trees and red raspberries. New Price \$141,900

NEW LISTING



DAVIS - LARGE ONE ACRE CITY LOT. Big kitchen with eat in dining area. Spacious living

room equipped with many windows to maximize natural lighting. All bedrooms on the main floor. Basement includes sizable family room, fireplace and laundry. Attached two stall garage as well as detached garage with electric and heat. Located in Dakota School District. Priced at \$129,900

PRICE REDUCED



1675 GLADEWOOD DR. FREEPORT
(Enter through Krape Park)
REDUCED \$5,000

- BEAUTIFUL SECLUDED AND WOODED LOT. 5 Bedrooms, 3 baths, 2 stall attached garage. Roof approx. 10 years old. Spacious living/dining area and a roomy den with wood burning fireplace. Laundry room on main floor. Newer kitchen floor and range. Master bedroom has a full bath and a large walk-in closet. Addition constructed between 1991-1992. Main floor equipped with one bedroom, a playroom/office and is accented with a wooded spiral staircase down to sizeable lower level family room. Electric water heater has been replaced in the last year. Priced below assessed value! New Price \$154,900



WARREN - REDUCED \$50,000 - RENOVATED TURN KEY BAR & GRILL in Beautiful Jo Daviess County. This building/business has

been gutted and completely renovated. Updates include roof, electrical, plumbing, air conditioning unit, exterior brick tuck pointed, wood flooring, drywall walls, ceiling fans, bathrooms, etc. Seating in the bar area, at the custom crafted bar and also in the dining room. There is a banquet/party room on the second floor as well as a full bathroom and storage areas. The kitchen is fully equipped ready for you to start cooking! The lower level has an office area, additional storage and a walk in freezer. List of equipment and rented items at the office. Call today for the opportunity to become your own boss. New Price \$235,000

PRICE REDUCED



LENA - REDUCED \$5,000 - STATELY 2 STORY IN BUTTERNUT WOODS.

Relax out on your front covered porch or on your back patio overlooking the park like backyard. Home features 4 bedrooms, living room with wood burning fireplace, updated eat in kitchen, LL family room with bar area, 1 full bath with whirlpool tub, double bowl vanity and a shower and 2 half baths. Have a home business? There is a room with its own entrance that would make a great office or beauty shop. Many newers! Furnace, roof, updated kitchen and full bath, water softener and heater, stainless appliances. Call for a complete list. New Price \$159,900



FREEPORT - REDUCED \$5,100 - THIS THREE BEDROOM, two bath all brick home has

a lot to offer. It has spacious rooms, a convenient floor plan, a stately wood burning fireplace, newer roof and seamless gutters, economical hot water heat with central air conditioning, and a two stall attached garage. This house won't be around for very long. New Price \$79,900



LENA - REDUCED \$5,000 - SPACIOUS 2 BEDROOM, 2 BATH BRICK HOME. Eat-in kitchen plus formal

dining room, large formal living room plus a family room with patio door to deck. The master bedroom and the 2nd bedroom are spacious in size. Main floor laundry. Full finished basement, 2 stall attached garage, covered front porch. Located at the edge of town and close to a park. Priced at \$147,500

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Good times

The Le-Win Class of 1976 celebrated their 40th class reunion at Coach's in Lena on Aug. 20. Pictured front row l.to r. Sally Jogerst Huber, Cheryl Smith Leopold, Coleen Shumaker Rakowska, Diane Owens Kempel, Cindy Dittmar Bonnet, Jackie Wilkening Koch, Sandy Kuehl Lakey, Ruby Johnson Schulz, Greg Shippee. Back row l.to r. Steve Gerbode, Gary Strong, Brad Kempel, Shervan Heid, Terry Scheider, Mr. Lannis Lenker (Math teacher), Jim Werkheiser, Todd Bussian, Tim Huber, Brian Smith.

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254763

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255049

FROM LENA'S KITCHEN



The not so skinny cook

Heat and humidity were again with us—and lots of rain. Somewhere along the way I had heard August was to be a very dry month. I guess predictions are often wrong. However, Sunday is supposed to be cooler. The next week could be cooler also. It would be nice for students and teachers to have some cooler temperatures as they return to classrooms. It is easier to harvest the garden produce when the humidity is down, and there is a breeze. This week we are using summer fruits and vegetables of the season. There is a little theme with watermelon and zucchini. Some of them are different, so give them a try and see what you can do with these two vegetables.

My grandmother used to make watermelon rind pickles. They were a treat because we didn't get watermelon as early as we do now nor was it as plentiful. These snappy crisp pickles are a treat. You can use the cinnamon sticks and fresh ginger or use the ground spices instead. Putting the pickling spice in a sachet makes it easier to remove. Enjoy this unique way to use every bit of the watermelon.

Watermelon Rind Pickles

5 lb. watermelon
4 qt. water
3 T. Kosher salt

2 C. water
2 C. sugar
1½ C. white vinegar
1 T. pickling spice, tied in a sachet
1 t. kosher salt
1 cinnamon stick (3 inches) or ½ t. ground cinnamon

1 knob of ginger, thinly sliced (1-inch) or ¼ t. ground ginger

Cut the watermelon rind from the flesh, leaving about 1/8 inch flesh intact. (Cube the rest of the watermelon and eat it!) Cut rind into ½ inch x 3½ inch spears. Peel tough green layer from spears. Bring 4 quarts water and 3 tablespoons of salt to a boil in a large pot. Add spears and cook until fork tender, about 15 minutes; drain the liquid from the spears.

Boil 2 cups water, sugar, vinegar, pickling spice, 1 teaspoon salt, cinnamon, and ginger in a pot for 5 minutes. Add spears and return to a boil; remove from heat. To keep spears submerged in pickling liquid, weigh down if necessary. Let spears come to room temperature, about 2 hours. Transfer spears and brine to a glass bowl; cover and chill and let spears pickle at least 12 hours. These refrigerator pickles will last, chilled, for up to two weeks. You may can for longer storage.

You can use the watermelon you had from the pickles for this unique salad. The combination of the two plus the addition of the lemon juice, zest, vinegar and oil makes for a great taste. The onions and basil with the addition of the mozzarella enhances the flavor more. If you use yellow cherry tomatoes, this salad is even prettier.

Watermelon-Tomato Salad

4 C. seedless watermelon, cut into 1-inch cubes
2 t. sugar
12 oz. yellow or red cherry tomatoes, halved

Salt and pepper
2 T. extra-virgin olive oil, plus extra for drizzling
1 T. cider vinegar
½ t. grated lemon zest
1 T. lemon juice
1 green onion, sliced into thin slices
¼ C. fresh basil leaves, torn
4 oz. mozzarella cheese

Gently combine the watermelon and sugar in a large bowl. Transfer watermelon to colander and set colander in an empty bowl. Cover the colander with plastic wrap and refrigerate for 30 minutes. Toss tomatoes, ¼ t. salt and ¼ t. pepper together in a small bowl and set aside.

Whisk oil, vinegar, lemon zest and juice, ½ t. salt and, ¼ t. pepper together in a large bowl. Add the green onions, basil, drained watermelon, and tomatoes and toss gently to combine. Transfer to a platter and evenly scatter mozzarella over the top. Drizzle with extra oil and season with salt and pepper to taste.

Barb Wire has had the best green beans this season. If you have had a lot of them, you are looking for new and different ways to use this delicious vegetable. This recipe reminds me of the barbeque beans I make in the winter. The tomato and bacon added to the beans are a great way to use a standard vegetable.

Stewed Green Beans

5 strips of thick-sliced bacon, diced

1 C. diced onions
1 T. minced fresh garlic
1½ lb. fresh green beans, trimmed
1 can (14.5 oz.) diced tomatoes in juice

½ C. water
Salt and black pepper to taste

Cook the bacon in a large saucepan until crisp; transfer to a paper-towel-lined plate. Heat the drippings over medium-high. Add onions and

cook until softened and brown, 3-5 minutes. Stir in garlic and cook until fragrant, about 1 minute.

Stir in green beans, tomatoes, water and bacon; season with salt and pepper. Cover and simmer beans over medium-low heat until very tender, 45 minutes, stirring occasionally and seasoning with more salt and pepper as desired.

The zucchini is the theme in the next two recipes. This first one combines fresh corn with zucchini. The zucchini part of the recipe can be made about 6 hours ahead of time; before serving add the corn and seasonings. Some of my friends really like hot sauce or peppers. You can add mild or hot green chili peppers when you add the corn to make for a spicier dish.

Fresh Corn and Zucchini Sauté

½ stick unsalted butter
½ C. finely diced white onion
2 C. chopped zucchini
3 ears of corn, kernels cut off cobs
½ t. salt
1/8 t. pepper

Heat the butter in a large skillet over medium heat until foamy and lightly browned, 1-2 minutes. Cook onion, stirring occasionally, until tender and translucent, about 5 minutes. Add zucchini and cook, stirring occasionally, until crisp-tender, about 5 minutes. Add the corn, salt, pepper and cook, stirring occasionally until the corn is tender, about 3 minutes.

Using zucchini with chicken and pasta is a great way to get rid of the ever growing crop of zucchini you might have in your garden. You can use the frozen spinach artichoke dip or the basil pesto to meld the chicken, pasta and zucchini together. Add more of either if you think the pasta needs it.

Chicken Alfredo with Zucchini

6 oz. fettuccine
Boiling water
2 (6 oz.) chicken breasts, boneless, skinless, cut into ½-inch strips
½ t. salt
½ t. pepper
½ t. Italian seasoning
1 T. olive oil
1 T. butter
½ C. chopped onion
2 small zucchini, cut into ½ inch planks
½ C. prepared pesto or 1 pkg. (8 oz.) frozen spinach and artichoke dip half thawed

Cook the fettuccine in boiling water according to the package directions. Drain and reserve ½ cup of the cooking water. Sprinkle the chicken strips with salt, pepper, and Italian seasoning. Heat the olive oil and butter in a large skillet over medium-high. Add the chicken and cook until browned, about 5 minutes. Remove chicken to a plate. Add the onion to the pan and cook 3 minutes. Add the zucchini and cook for 3 minutes. Add the half thawed spinach artichoke dip or the pesto and cook until melted and sauce coats vegetables. Return chicken and pasta to pan. Thin the sauce with the reserved cooking water if

needed.

I had this great strawberry bar recipe that I put away, and I just recently found it. It is really great because it mixes white chocolate into the crust to give it just a little different flavor. Be sure to use the bar chocolate rather than chocolate chips because the chips have paraffin in them and don't melt as well as the bar chocolate. Using the parchment paper makes for an easy clean up. The sauce is yummy—you can use it on ice cream if you want.

Strawberry Shortcake Bars

Bars:

2 C. flour
¼ C. sugar
1 T. baking powder
½ t. salt
1 stick cold unsalted butter, cubed
1 C. diced fresh strawberries
4 oz. white bar chocolate, chopped—do not use white chocolate chips
½ C. heavy cream
1 egg
½ t. vanilla
¾ C. strawberry jam

Topping:

4 C. fresh strawberries, hulled, halved or quartered if large, divided
1/3 C. sugar
1 T. cornstarch
¼ C. water
Pinch of table salt
1-2 drops red food color
Whipped cream
Preheat the oven to 375. Coat a 9-inch square baking pan with nonstick spray. Line the pan with a 2-inch overhang of parchment paper; coat the paper with nonstick spray.

Whisk together the flour, ¼ cup sugar, baking powder and salt in a mixing bowl; cut butter into the flour mixture using a pastry blender until the butter is pea-sized; stir in 1 cup diced strawberries and white chocolate. In a separate bowl, whisk together the cream, egg and vanilla, and then add to the flour mixture, blending with a fork just until the dough comes together. Press half the dough onto the bottom of the prepared pan. Spread the jam over the dough, then pat the remaining dough over the top, sprinkle with sugar if desired, and bake bars until lightly golden, 35-40 minutes. Cool to room temperature, then cut into 12 bars.

Topping: in a food processor, purée ¾ cup of the strawberries. Combine sugar and cornstarch in a saucepan. Stir in the puréed strawberries, water and a pinch of salt. Bring the mixture to a boil and cook until thick, stirring constantly, about 3 minutes. Stir in food color and then remove from heat. Let cool slightly and then pour over the remaining fresh strawberries which have been placed in a mixing bowl. Let the topping cool to room temperature or refrigerate until ready to serve. Serve the bars with topping and whipped cream

I am having my 50th Class Reunion—the Pearl City Class of

•Senate (Continued from page 4)

Gov. Rauner announces the creation of the Illinois Fairgrounds Foundation

On Aug. 16, Gov. Rauner announced a newly-formed, not-for-profit Illinois Fairgrounds Foundation that has been established by leaders in the agricultural community. The announcement was made on the state fair's Agricultural Day.

The goal of the charitable foundation is to promote, support, assist and sustain the Springfield and Du Quoin State Fairgrounds. The Foundation's activities will emphasize capital improvements at these sites, with a focus on the restoration of buildings.

Combined, the two fairgrounds have approximately 200 buildings—some as old as 124 years. Many of these buildings are in dire need of repair including paint, plumbing, roofing and structural repairs. The Foundation hopes to ease the burden put on the state to fund the nearly \$180 million in maintenance costs. In a time of uncertain budgets, the Foundation will provide additional

support to the fairgrounds.

The Foundation Board is comprised of nine unpaid members representing the agriculture industry. Board members will develop strategies to raise private funds, coordinate with the Department of Agriculture to plan projects and determine the fairgrounds' needs, and serve as ambassadors for the improvement of the fairgrounds.

The Illinois Fairgrounds Foundation will establish accounts that will be held outside the State Treasury so donors know their donations will go to the intended purpose.

School Funding Reform Commission meets for a second time

The Illinois School Funding Reform Commission created by Gov. Rauner to recommend a comprehensive solution to reform the school funding formula, had its second meeting on Aug. 16.

During the meeting, Richard Laine from the National Governors Association spoke on the relationship between school funding and

workforce readiness. Laine stressed that the challenge isn't just funding schools, but creating an educational system that prepares students to enter the workforce. He also emphasized that training the US workforce to be competitive in a global economy is becoming increasingly important.

The Commission also reviewed the "evidence-based" approach to funding education. This model draws from research and evidence-based best practices to help identify how much money per pupil is needed to educate students in Illinois according to its proficiency standards.

Chaired by Secretary of Education Beth Purvis, the 25-member Commission includes five designees from Gov. Rauner's Administration and five designees from each of the four legislative caucuses.

The Commission's report is to be presented to the Governor and General Assembly by Feb. 1, 2017. Lawmakers say the goal is to have the General Assembly take action on a proposal in 2017.



TRACY SIEGNER PHOTOS *The Scoop Today / Shopper's Guide*

Let the festivities begin

The Slurp and Burp in downtown Loran is the traditional center of activities for the annual Loran Festival.



10-month-old Alana Smith wore her best sunbonnet to ride in the Loran Fest Horse and Buggy parade with her Great Grandpa Leroy Whitten and her mom Alison.



Two and a half year old Delaney Byers put on her shades and headed to downtown Loran to ride in the Horse and Buggy Parade with her mom Catherine Byers.



The Farmer's Market was a busy place for picking the freshest produce on Saturday afternoon during the annual Loran Festival in downtown Loran.

Area emergency services respond to rural Stockton silo accident

At 17:41 on Aug. 18, Stockton Fire Department was dispatched to locate a subject in a silo at 1437 S Willow Rd. At approximately 22:45, Roger Hubb, 76, of Stockton was found deceased and removed from the silo. Further information will be withheld pending autopsy and investigation. No foul play is suspected. Extensive resources were required due to the high temperatures, the height of scene, and the workload of removal of the subject from the haylage. Stockton Fire was assisted by Stockton Ambulance, Warren Ambulance, Elizabeth Fire Department, Scales Mound Fire Department, Apple River Fire Department, Apple Canyon Lake Fire Department, Warren Fire Department, Lena Fire Department, Pearl City Fire Department, Mount Carroll Fire Department, Jo Daviess County Sheriff's Office, Stockton Police Department, Lifeline Helicopter, Jo Daviess County Coroner, and MABAS Division 17 Technical Rescue Team. No first responders were injured.

Legion Auxiliary to be stage voter registration

Stephenson County residents only voter's registration will be done at the Lena Fall Festival at the American Legion Auxiliary table in front of the Health Store. If you will be 18 by the November election or have moved, stop by and get the paperwork done so you can vote in this coming election

St. Paul Church of Epleyanna to host Autumn Fest

Mark your calendars and plan to attend the St. Paul "Autumn Fest"! This fun family event will take place at St Paul Church of Epleyanna, located at 8800 E. Eplyanna Rd, Davis, IL on Saturday, Sept. 10, from 4 to 7 p.m.

There will be free food, games, and prizes, bounce house with obstacle course, cake walk, petting zoo, and face painting. Also performing live

will be Christian singer, songwriter, and worship leader, Matt Hoffland. For more information please visit his website at: www.matthoffland.com

Be sure to bring your whole family for a refreshing evening of good old Christian fun.

For more information contact Pastor Scott at (815) 865-5314 or by email at: office@stpaulchurch-davis.org

•Kitchen (Continued from page 13)

1966. I can't believe I have been out of high school that long. Several of us have been having great times putting together a program book and catching up on most of our classmates. We will be having dinner and then a time of memories. My best high school friend is coming from near St. Louis, and she is staying for three days. I am planning on taking her to a lot of our old haunts. I will give you the low down next week on how everything went.

We are hoping that you have a good week of cooking with all the

great fruits and vegetables of the season. Don't forget to visit Barb at the Farmer's Market on Saturday mornings. If you don't have your own garden, she has just what you want and need. We continue to look for garden vegetable recipes. Any ideas on using egg plant, kohlrabi, tomatoes, squash, or zucchini?

Any ideas on cooking with peaches and apples? If you have any recipes to share, you can contact us in person, by mail, or email us at From Lena's Kitchens, Shopper's Guide at 213 S. Center St. or email scoopshopper@rvpublishing.com.

52nd Annual Apple River Legion & Fire Department Chicken Bar-B-Que and Park Days August 26, 27, 28

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Sunday, August 28, 2016

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Behind the Apple River School
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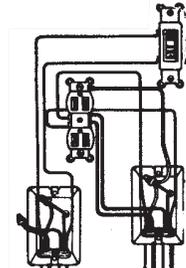
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Are you eating to enjoy retirement?

Information compiled by Tony Carton EDITOR

Aging is more than the passing of time. It is a subtle and quiet process that occurs each and every day, which often goes unnoticed. Those first few strands of gray hair are a sign of the inevitable; you're getting older and your body is changing. You may have noticed you're growing a little rounder around the waistline, or awaken more frequently during the night, or perhaps you simply awake with a few more aches and pains.

We all age. And while we slowly adapt to the new realities of aging, it is important to understand the daily choices you make play a role in determining just how you age. Intentionality is key when it comes to aging well.

Whether you are being intentional about staying connected to friends and family, being physically active, keeping your mind sharp or eating healthy, all are important. These health behaviors can make

a big difference in not only how you feel, but also in what you are able to accomplish. And understanding why we need to be intentional about these behaviors, can go a long way in helping us to see the need for change in our own lives.

Our nutritional needs change as we age. For example, we need to consume fewer calories due to decreased levels of activity and loss of muscle. However, at the same time we need to consume more nutrient rich foods. This is because as we age, our body's ability to absorb many key nutrients decreases, which creates a paradox. Because consuming fewer calories while consuming adequate nutrients can be a challenge.

What are nutrient rich foods? What nutrients do you need to be intentional about consuming as you age? Join University of Illinois Extension, Nutrition and Wellness Educator, Diane Reinhold to learn answers to these questions and more.

This 90-minute workshop, Are You Eating to Enjoy Retirement, will be held on Tuesday, Sept. 27, from 1 - 2:30 p.m. at the Freeport Public Library, 100 E Douglas Street, Freeport. Registration can be completed by calling the University of Illinois Extension at (815) 235-4125 or visit us online at <http://web.extension.illinois.edu/jsw>. There is a \$5 registration fee.

A little levity to lighten your day

A woman makes a really stupid mistake and her husband says, "I just don't understand how you can be so beautiful and still be so dumb." She says, "It's very simple: God made me beautiful so you would be attracted to me. God made me dumb so I would be attracted to you!"

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• REAL ESTATE •

IN THE CIRCUIT COURT FOR THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY - FREEPORT, ILLINOIS

Wells Fargo Bank, NA PLAINTIFF

Vs. Chad Coleman; et. al. DEFENDANTS

16 CH 00014

NOTICE OF SHERIFF'S SALE OF REAL ESTATE

PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on 5/3/2016, the Sheriff of Stephenson County, Illinois will on 9/12/16 at the hour of 9:30AM at Stephenson County Courthouse 15 North Galena Avenue 1st Floor, West door of courthouse Freeport, IL 61032, or in a place otherwise designated at the time of sale, County of Stephenson and State of Illinois, sell at public auction to the highest bidder for cash, as set forth below, the following described real estate: PIN 18-14-31-308-001

Improved with Residential COMMONLY KNOWN AS: 655 W. Elk Street Freeport, IL 61032

Sale terms: 10% down of the highest bid by certified funds at the close of the auction; The balance, including the Judicial sale fee for Abandoned Residential Property Municipality Relief Fund, which is calculated at the rate of \$1 for each \$1,000 or fraction thereof of the amount paid by the purchaser not to exceed \$300, in certified funds, is due within twenty-four (24) hours. The subject property is subject to general real estate taxes, special assessments, or special taxes levied against said real estate and is offered for sale without any representation as to quality or quantity of title and without recourse to Plaintiff and in "AS IS" condition. The sale is further subject to confirmation by the court.

If the property is a condominium and the foreclosure takes place after 1/1/2007,

purchasers other than the mortgagees will be required to pay any assessment and legal fees due under The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4).

If the property is located in a common interest community, purchasers other than mortgagees will be required to pay any assessment and legal fees due under the Condominium Property Act, 765 ILCS 605/18.5(g-1).

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

Upon payment in full of the amount bid, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after Confirmation of the sale. The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.

The property will NOT be open for inspection and Plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the Court file to verify all information.

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

For information: Examine the court file or contact Plaintiff's attorney: Codilis & Associates, P.C., 15W030 North Frontage Road, Suite 100, Burr Ridge, IL 60527, (630) 794-9876. Please refer to file number 14-16-01017.

1700673

(Published in The Shopper's Guide Aug. 10, 17 & 24, 2016)

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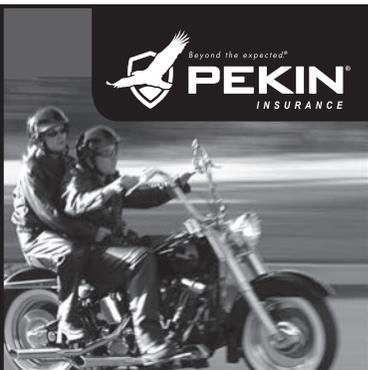


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Get ready now for Illinois to visually experience total solar eclipse

Information compiled by Tony Carton EDITOR

Millions of Americans will see the sight of a lifetime on Aug. 21, 2017 when a rare total solar eclipse sweeps the nation from Oregon to South Carolina. Day turns to night for more than two minutes and the sky's most beautiful spectacle, the Sun's corona, reveals itself in grandeur.

The majority of this total solar eclipse takes place over the con-

tinental USA yielding the name The Great American Eclipse, and Illinois is one of just 14 states through which the path of the eclipse will travel.

The Great American Eclipse will be the first total solar eclipse seen in the U.S. in 26 years and the first seen in the contiguous U.S. in 38 years. It will also be the first total eclipse to travel across the U.S. from coast-to-coast since 1918 and the first total eclipse seen only in the U.S. since the nation's found-

ing in 1776.

A total solar eclipse occurs when the Moon completely covers the solar disk. Places experiencing a total solar eclipse will be significantly dimmer than the otherwise bright sky.

The total phase of a solar eclipse is very brief. It rarely lasts more than several minutes. Nevertheless, it is considered to be one of the most awe inspiring spectacles in all of nature. The sky takes on an eerie twilight as the Sun's bright face is replaced by the black disk of the Moon. Surrounding the Moon is a beautiful gossamer halo. This is the Sun's spectacular solar corona, a super heated plasma two million degrees in temperature. The corona can only be seen during the few brief minutes of totality. To witness such an event is a singularly memorable experience.

A total solar eclipse is extremely rare - so rare that you may not have the opportunity to see it once in your lifetime if you don't travel.

A common question is: "Where is the best place to see the eclipse?" Truth be told, there are many great spots and one of the best on Earth is just hours away in Carbondale, Illinois.

Carbondale has the special distinction of being near the crossing centerlines of both the Aug. 21, 2017 total solar eclipse and the coming April 8, 2024 total solar eclipse. Also, the point of longest eclipse (just over 2 minutes and 41 seconds) for 2017 is just southeast of Carbondale near Hopkinsville, Kentucky.

Not only does The Great American Eclipse offer a once in a lifetime and close to home experience, but photographing an eclipse of the Sun is fun and easy. However, you will need to use a special Solar Filter to protect your eyes and your camera.

Permanent eye damage can result from looking at the disk of the Sun directly, or through a camera viewfinder, or with binoculars

or a telescope even when only a thin crescent of the Sun or Bailey's Beads remain. However, once the Sun is entirely eclipsed, and its bright surface is hidden from view and it is completely safe to look directly at the totally eclipsed Sun without any filters. In fact, it is one of the greatest sights in nature.

There are a number of ways to observe the entirety of a total solar eclipse including the pinhole projection method, solar filters, and welder's goggles. Standard or Polaroid sunglasses are not solar filters and should never be used to stare at the sun. Take time to investigate the most practical method for you before attempting to observe The Great American Eclipse from start through finish.

TeamIllinois Youth Police Camp chooses first female as Top Cop

Officials from the Illinois State Police (ISP) announce the first female Trooper has received the Top Cop award from the TeamIllinois Youth Police Camp (TYPC). Trooper Omoayena Williams was chosen by the camp cadets as the Top Cop.

The TYPC is an annual week-long residency camp for young men and women from the Metro East area. The camp is based on a military model of discipline and includes para-military drills, physical fitness, team building exercises, and other life enhancing skills. The primary purpose of the TYPC is to establish interpersonal relations between youth and law enforcement through mentoring and encouragement. The 2016 camp was the eleventh annual TYPC. It started on July 10, and graduation ceremonies were held on July 16.

Each year at the conclusion of the TYPC, cadets choose one counselor as the Top Cop. The Top Cop is chosen because the officer is devoted to duty, and their leadership abilities set a standard of excellence for others to emulate. Although it was only her first year volunteering as a counselor at the camp, Trooper Williams was this year's recipient of the Top Cop award.

"I wanted to volunteer as a counselor at the youth camp because I understand the importance of having mentors and positive role models for young men and women," stated Trooper Williams. "I also volunteered because I want to let today's youth know that if they set their minds to it, they can accomplish their goals," she continued.

Trooper Williams was born and raised in Nigeria. She attended the University of Chicago and received a Bachelor of Art's degree in Human Development in 2009. In Sept. of 2010 Trooper Williams reported to the ISP Academy as a member of Cadet Class 118. She graduated in March 2011 and was assigned to District Chicago patrol. Trooper Williams and her family still currently reside in Chicago.

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