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VOL. 85 • NO. 5

YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, JAN. 30, 2019

Problem solving skills bring cross-country skiing to Stockton

By John Day
REPORTER

The Valley of Eden Bird Sanctuary is a one of the preserves protected by the Jo Daviess Conservation Foundation (JDCF). The preserve is a 409 acre site situated in the gently rolling hills near Stockton. The land has become an oasis for native plants and birds. The property is open to the public year round allowing those with an interest in birding the opportunity to hike the trails and view avian life in its most natural setting. This year, the sanctuary will also be open for those who enjoy cross country skiing.

This past Autumn, Tom Saccomanno and Julie Bruser, both long time members of JDCF, were hiking in the Valley of Eden Sanctuary. Julie is no stranger to conservation having served on the JDCF Board and currently operating Wild Birds Unlimited in Galena. The two began talking about what a great place the location would be for those who enjoy cross country skiing. An idea was hatched and they contacted JDCF.

Deb Kelly, JDCF Communications Director said, "Tom and Julie called and I arranged a meeting between them and Steve Barg, our Executive Director. Steve thought it was a great idea and gave it the green light."

With an opportunity to bring a new cross country ski trail to Jo Daviess County Saccomanno had to get to work in a hurry. Saccomanno said, "Cross country skiing is one thing. Building a course and constructing trails is something very different, so I began reaching out to friends. The first was Bill Perrin, my partner at Exact Pest Solutions. We were in this together. In the first snow fall of the year our snowmobile got stuck in a drift and we couldn't figure out how to layout trails. We realized we were going to need help."

Sacomanno began gathering information about cross country trails and found a couple of men who had answers. Saccomanno said, "Perrin

and I reached out to Aaron Birkett and Chris Jackson both of whom are with Chris Jackson Landscaping. Birkett and Jackson both are avid snowmobilers and members of The Winter Warriors Snowmobile Club. Birkett explained the difference between different types of snowmobiles. The utility type, which is more of a work horse variety, is what we needed. The utility type has the width and power to pull itself through deep drifts and enough power to pull a lot of weight which is needed for the grooming of trails. We would need trail grooming equipment as well."

Sacomanno asked Birkett to try and find a suitable vehicle. Birkett located an older utility snowmobile that he reconditioned and put in working order. Birkett then sold the machine to Saccomanno at a bargain price. The last piece of the puzzle was the grooming equipment needed to form and maintain the trails. Jackson who had developed a keen interest in this project told Saccomanno, "I can build those myself, as good as anything we might purchase."

Sacomanno had learned that there are two types of trails. Saccomanno said, "The traditional ski tail utilizes two parallel grooves and the skate skiing trail, which is a much faster track and has narrow, shallow grooves."

"Using his experience and ingenuity Jackson created one groomer for traditional trails by welding together several pieces of flat steel and for a skate skiing trail, he used a plastic culvert attached to a tow bar.

"The project has been completed. Valley of Eden is open to the public daily from dawn to dusk. We're all very happy with this project. It's the kind that couldn't have been done without the help and generosity of so many.

Valley of Eden is located at 5559 East Ruch Creek Rd. Stockton. JDCF can be contacted at 815-858-9100 or through Facebook.



SONYA WILLIAMSON PHOTO *The Scoop Today*

Stockton/Warren Speech Team

The WarHawk Speech Team earned a second place finish at the Rockford Jefferson Speech Meet on Saturday, Jan. 26, with only half of the team competing. A great way to bring their regular season to a close. Next week will begin regionals, sectionals, and finally state.

Front row L-R: Jake VenHuizen, Kendall Schulz, Trace Williamson
Back row L-R: Casey Moore, Emily Raab, Maria Bender, Adriana Curtiss, Jenna Haas

On-The-Road Seminar for Illinois farmers

Trucking regulations can be complicated, and farm exemptions compound that problem. Seems everyone has a different answer to your question. Come join the Jo Daviess and Stephenson County Farm Bureau's at 1 p.m. on Feb. 8, at the Stephenson County Farm Bureau Building, 210 W. Spring St., Freeport to find out what you need to know.

We're hosting a two-hour seminar that focuses on trucking laws—old and new—specifically for farmers. We'll introduce you to new rules, remind you of the old ones that still ap-

ply and help you to figure out whether exemptions are available.

Throughout it all, you'll have the chance to ask those farm trucking questions that everyone seems to have an opinion about, but no one can agree on an answer.

Trucking laws have been reshaped in recent years with more changes yet to come. Rules recently affected include: farmer exemptions, Harvest Season permit, Electronic Logging Devices (ELDs), waivers for insulin-related diabetic drivers, a new class "C" license plate, Cov-

ered Farm Vehicle options for small trucks, and the UCR payment schedule and fees for 2019.

Presenting the seminar will be Kevin Rund and Kirby Wagner who specialize in farm transportation issues for the Illinois Farm Bureau®. And they'll provide take-home materials covering these topics.

The seminar is free courtesy of your county and state Farm Bureaus®, but advance registration is requested. Please call 815-858-2235 by Noon on Feb. 1, to reserve your place at the On-the-Road Seminar.



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River Ridge Giving Tree

The River Ridge Servant Leadership fall project was a "Giving Tree". They asked for the donation of hats, scarves, and mittens/gloves. Donations were added to the Christmas Tree that had been set up in the lobby. The final count for the three week collection period was 132 winter wear items. The Servant Leaders would like to thank everyone who donated.



JUDY TIPPET PHOTO *The Scoop Today*

River Ridge Geography Bee

River Ridge Geography Bee contestants are pictured above with the two school principals. Left to right: Mike Foltz (MS High and High School Principal), Evan Tracey, Lucas Holland, Marley McSwain, Beau Buchs (Elementary School Principal)

January CTE Academy Vitality

Open House: Please join us @ our Open House on Wednesday, Jan. 23, 2:30 – 7 p.m.. Students, families, and community welcome! Meet our Instructors and experience our programs! Prizes and drawings! Appetizers prepared by our Culinary Arts students!

- Auto Body
- Culinary Arts
- Automotive Technology
- Early Childhood Education
- Computer Networking & Security
- Graphic Communications
- Construction Trades Technology
- Health Occupations
- Cooperative Education
- Law Enforcement & Criminal Justice

Dual Credit: CTE Academy students can earn dual credit from Highland Community College (HCC). Students earn high school and post-secondary credit. The HCC post-secondary credit is FREE. Students can also receive certifications (CNA; EMT; 1st AID; Food Handlers;

Mandatory Reporter; Computer Networking & Security, OSHA, etc.).

Please e-mail, telephone, and/or stop by if you have any questions. TX!

3D Printing – Computer Networking & Security (Shane Grissinger) and Graphic Communications (Irene Thraen-Borowski): 3D Printing, a collaboration with Highland Community College, Graphic Communications, Computer Networking & Security, as well as interested students from other CTE Academy programs will begin later this month. This will be a brand, new offering taking place

on Fridays, and lasting for nine (9) weeks.

Graphic Communications (Continued): Students are starting Adobe Illustrator and will be creating logos for multiple local businesses as they progress through this software. Professional Designers & Artists continue to present to Graphics students, this month will include Savanna's Marketing Director and an Illustrator from Dubuque. Previous presenters included: Southwest Tech Graphic Design Program, 3 Photographers, and 2 Graphic Designers. Former CTE Academy Graphics students that are now professionals in the field will also be presenting in the Spring.

Sophomore Tours: We're attempting a NEW FORMAT for Sophomore Tours this year. The NEW FORMAT begins with five (5), five-minute presentations by our CTE Academy (CTEA) Instructors in our Student Union. Sophomores are divided up into small groups and tour each of the programs led by our Student Ambassadors. Sophomores return to the Student Union to hear five (5) more, five-minute presentations by our CTEA Instructors. Our guests have an opportunity to interact with our Ambassadors, CTEA students, and CTEA Instructors during presentations and on the tour. Four (4) school districts have completed their Sophomore Tours (Galena, River Ridge, Warren, and West Carroll). Scales Mound and Stockton school districts are scheduled for Jan. 16th. Thank you!

NEW addition to the CTEA: 1986 Pierce Dash Custom Pumper Open Cab:

The Pumper was donated by the Lake County TECH Campus in Grayslake, IL.

We picked-up the Pumper on Dec. 18th. Lake County TECH received a NEWER fire rescue vehicle this fall making the 1986 Pumper available. No charge!

Only 52,216 miles; 3,260 engine hours. We submitted our name & the Pumper is ours!

Active Shooter Drill: Our Active Shooter Drill was Wednesday, November 28, 2018 @ 9:20 a.m. The drill was observed by Sheriff Kevin Turner and Chief Deputy Craig Ketselsen, Jo Daviess County Sheriff's Department; Chief Scott Toot, Elizabeth Police Department; Charles Pedersen, Jo Daviess County Emergency Management Director; and Adam Krug, Elizabeth Ambulance Services. The drill was followed by a debriefing session with our observers. Our thanks to our observers and Nate Tyler (Criminal Justice/Law Enforcement Instructor) and his students from River Ridge, Stockton, and Warren for facilitating the assembly demonstration, expectations, and drill! "Run, hide, fight!"

Nate Tyler (CJ): The Jo Daviess County Sheriff's Department K-9 Unit visited the CTE Academy on Monday, Dec. 10, (Sgt. Klaus Kretschmer and Bosco; Deputy Nate Furlong and Sam).

"Under the Sea Exhibit:" Artists from the National Arts Honor Society (NAHS) "Under the Sea" Exhibit showing this month @ the Freeport Art Museum. The Exhibit opened Dec. 6.

Calendar:

Wednesday, Jan. 9, 8 a.m.-5 p.m., Galena Rotary Club Roundtable

Wednesday, Jan. 16, Stockton Sophomore Tour (AM)

Wednesday, Jan. 16, Scales Mound Sophomore Tour (PM)

Tuesday, Jan. 22, Toddler Tuesday

Wednesday, Jan. 23, 1-2:30 p.m., Counselors' Meeting

Wednesday, Jan. 23, 2:30-7 p.m., CTE Academy Open House

THE SCOOP TODAY

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Stockton tops Pearl City

By Trent Scheiddeger
REPORTER

Last Friday, despite the abysmal weather and even a school cancellation, the teams decided to tough it out and compete anyways.

The Pearl City Lady Wolves hosted the Stockton Blackhawks for an inner conference matchup and the Wolves knew it would be a fight. Coming into the game with a 5-15 overall record, and sitting near the bottom of the conference, it was David vs. Goliath in this one. Stockton came in holding a 20-3 overall record and sat in second place in the Northwest Upstate Illini-West Conference at 6-1.

The Blackhawks got off to a hot start in the first quarter as they doubled up the Wolves, outscoring them 20-10. Elizabeth Eisfeller had her shot falling early as she dropped 10 points in the first.

Savanah Brandt provided nearly all of the Wolves first quarter points as she totaled nine for the quarter.

Stockton would extend their lead in the second quarter as they more than doubled up the Wolves, this time outscoring them 18-8. Tiana Timpe hit a pair of three-pointers in the quarter and helped the Blackhawks go into halftime up 38-18.

Timpe stayed hot in the third quarter as she hit another pair of three-pointers coming out of the break. Eisfeller added six points of her own as they worked their way towards putting this game out of reach.

Pearl City's Cheyenne Handsaker provided a pair of third quarter three-pointers of her own. The Wolves would go into the fourth quarter facing a large deficit, down 55-28.

The Blackhawks began to work and focus on keeping the ball moving in the fourth quarter as they were well on their way to another victory.

Handsaker wasn't quite ready to give up as she hit her fourth three-pointer of the evening, and Audra Lartz provided a three of her own in the final quarter.

The Stockton girls came in and showed off their chemistry in this one as nearly every one of their players got on the scoreboard. Eisfeller led the way with 19 while going three of four from the free throw line and scoring the rest of her points from underneath the basket. Timpe was incredible from beyond the arc as she dropped five three-pointers and would finish the evening with 17.

Brandt led the way for Pearl City as she totaled 16 points on the evening. Handsaker was right behind as she showed off her three-point ability as well, nailing four of them and finishing with 14 total.

The victory was Stockton's third win in a row as they now sit at 21-3 on the season.

Special Board Meeting of the Pearl City CUSD 200 BOE

The Pearl City BOE will meet Thursday, Jan. 31 at 4:30 p.m. in the High School Library-100 S. Summit, Pearl City, for Superintendent search action.



COURTESY PHOTO The Scoop Today/Shopper's Guide

Good weekend for the PantherHawk wrestlers. The varsity won the Litchfield Wrestling tournament and the F/S competed at Oregon.

Litchfield results: Champions - Jaden Rice (113), Jason Hermann (145), Case Harmston (160); 2nd place - Zach White (106), Simon Rillie (120), Colin Dvorak (170), Gavin Keeffer (182), Ian Kuehl (285); 3rd place - Marey Roby (126), Andrew Haas (152); 6th place - Gennings Dunker (220)

Oregon F/S results: Champions - Nate Noller (113), Drew Mensendike (145), Connor Edge (220); 2nd place - Jack Setterstrom (182); 3rd place - Connor Reynolds (120); 4th place - Connor Vincent (132), Wyatt Raab (152), Owen Kempel (160); 6th place - Jackson Spinhirne (220)

PantherHawks win border battle

By Trent Scheiddeger
REPORTER

The LeWin-Stockton wrestling squad crossed state lines last Thursday, Jan. 17, when they traveled to Clinton, Iowa for a battle of the borders. The PantherHawks have had an incredibly successful season so far, and they looked to continue that as they brought an undefeated team record into Thursday's match.

The PantherHawks squad dominated this border battle from top to bottom as the team collected six pins and a major decision on the evening.

Zach White (106), Simon Rillie (120), Andrew Haas (145), Case Harmston (160), Colin Dvorak (170), and Ian Kuehl (285) each collected pins for the PantherHawks and led the way for the teams victory.

Winston McPeek (132) won by a

major decision with a score of 16-5.

Clinton only collected three wins on the day, two of which came by pin fall, as they finished the day with 15 points overall.

Of the 14 matches on the day the PantherHawks won 11, with only one coming by forfeit to Jaden Rice (113), the LeWin-Stockton squad went into Iowa and brought a 58-15 victory back to Illinois.



COURTESY PHOTO The Scoop Today/Shopper's Guide

Pearl City student selected

The National Society of High School Scholars (NSHSS) today announced student Kyla Glendenning from Pearl City, IL, has been selected to become a member of the esteemed organization.

The Society recognizes top scholars who have demonstrated outstanding leadership, scholarship and community commitment

Stockton wins Warkins Cardinal Classic

By Trent Scheiddeger
REPORTER

The Stockton girls competed in the Warkins Cardinal Classic during the holiday season and came out champions. The tournament took place on Dec. 22 -29. The returning Warkins Cardinal Classic Champion Blackhawks came into the tournament holding an 11-2 record and running with a four game win streak.

Thanks to a 52-41 victory over Rockridge, and a convincing 66-28 victory over Morrison, the Blackhawks were able to put them in a position to come home with the championship following Christmas.

On Dec. 27, the Stockton girls continued with their winning ways as they completed a 53-46 victory over Bureau Valley.

After going 3-0 in pool play, the Blackhawks would have one final pool game in order to return to the championship game for a consecutive season. Opponent Monmouth-Roseville would look to make it as challenging as possible for the Blackhawks to return.

Monmouth held a slight 32-30 lead over Stockton heading into halftime. Late in the fourth quarter one of Stockton's leading scorers, Tiana Timpe, found herself in foul trouble as she picked up her fourth while the Blackhawks held a two point lead, up 51-49. Timpe was careful enough to remain in the game for the remaining minutes, and managed to score nine fourth quarter points while doing so. Timpe finished the final pool game

with 28 points, while Elizabeth Eisfeller followed up with 17 of her own. The offensive tandem combined for 45 points as they led the Blackhawks towards a 63-58 victory, and set them up for a rematch of last year's Cardinal Classic Championship, against Knoxville.

Knoxville, who also went 4-0 in pool play, would prove to be a tough opponent for the Blackhawks.

Knoxville held a slim two point lead at the end of the first, as Stockton went into the second quarter trailing 12-10. The Blackhawks would take the second quarter, however, outscoring the Blue Bullets 13-9. The teams went into halftime with Stockton holding a slim 23-21 lead.

Stockton came out of the break looking to expand on their lead as they outscored the Blue Bullets once again in the third quarter. The Blackhawks went into the fourth with a 39-33 lead, as they inched closer to

consecutive championships.

Knoxville did everything they could to complete the late comeback, but the Blackhawks were able to hold them off in a 52-48 victory. Despite an off night offensively from Tiana Timpe, she still finished with a double-double going 10-10. Elizabeth Eisfeller went off in the championship as she shot 90% from the field on her way to a 27 point game. Eisfeller played a huge role in holding off Knoxville as she also shot 75% from the free throw line going 9 of 12.

Stockton defended their championship from last year as they are now consecutive Warkins Cardinal Classic champs.

The championship pushed the Blackhawks win streak to eight as they bumped their overall record up to 15-2. They remain just behind Eastland in the Northwest Upstate Illini-West Conference.



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FDA update on heart med recalls including valsartan, losartan and irbesartan

Compiled by Tony Carton
EDITOR

Federal regulators say they've identified the source of the cancer-causing impurities that have tainted millions of bottles of commonly used generic blood pressure and heart failure medications recalled by drugmakers over the last seven months.

The carcinogens are a chemical byproduct of the process used to synthesize the active ingredient in the drugs, which include valsartan, losartan and irbesartan. People who take those drugs may have been exposed to trace amounts of impurities for at least four years, after a switch in how companies manufactured the active ingredient, according to the Food and Drug Administration.

Torrent expands its voluntary recall of losartan

Update [1/23/2019] Torrent Pharmaceuticals is further expanding its voluntary recall to include six additional lots of losartan potassium and hydrochlorothiazide combination tablets, for a total of 16 lots of losartan-containing medicines. This recall is due to unacceptable amounts of N-Nitrosodiethylamine (NDEA) in the losartan active pharmaceutical ingredient manufactured by Hetero Labs Limited.

Torrent is only recalling lots of losartan-containing medication containing NDEA above the interim ac-

ceptable intake limits of 0.27 parts per million (ppm).

Irbesartan distributed by Solco Healthcare voluntarily recalled

Update [1/18/2019] FDA is alerting patients and health care professionals to a voluntary recall of one lot of irbesartan and seven lots of irbesartan and hydrochlorothiazide (HCTZ) combination tablets distributed by Solco Healthcare LLC, a Princeton Pharmaceutical Inc. subsidiary. The recall is due to unacceptable amounts of N-Nitrosodiethylamine (NDEA) in the irbesartan active pharmaceutical ingredient manufactured by Zhejiang Huahai Pharmaceuticals (ZHP).

Solco is only recalling lots of irbesartan-containing medication where NDEA has been detected above the interim limit of 0.088 parts per million. FDA is working with manufacturers to reduce and remove nitrosamines from angiotensin receptor II blockers (ARBs).

FDA alerts patients and health care professionals to Aurobindo's recall of valsartan medication due to NDEA

Update [1/2/2019] FDA is alerting patients and health care professionals to Aurobindo Pharma USA's voluntary recall of two lots of valsartan tablets, 26 lots of amlodipine and valsartan combination tablets, and 52 lots of valsartan and hydrochloro-

thiazide (HCTZ) combination tablets due to the amount of N-Nitrosodiethylamine (NDEA) in the valsartan active pharmaceutical ingredient. Aurobindo is recalling amlodipine and HCTZ only in combination medications containing valsartan. Neither amlodipine nor HCTZ is currently under recall by itself.

Aurobindo is recalling lots of valsartan-containing medication that tested positive for NDEA above the interim acceptable daily intake level

Gift cards: don't save them, spend them

By Michael W. Frerichs
ILLINOIS STATE TREASURER

Odds are that you or someone you know received a gift card during the holiday season.

It is easy to see why. The cards are easy to purchase and (typically) easy to use. They can be the perfect primary gift for that difficult-to-buy-for friend or a great stocking stuffer for a college student.

However, too many times I have heard stories about a gift card that was saved for a rainy day only to find out that there was no money on the card because too much time had elapsed.

One of the lesser-known roles of the Illinois State Treasurer's Office involves gift cards. That is why I hear the stories. Here is what you can do to protect yourself:

Know that retail gift cards and bank

of 0.083 parts per million.

The agency continues to investigate and test all angiotensin II receptor blockers (ARBs) for the presence of NDEA and N-Nitrosodimethylamine (NDMA) and is taking swift action when it identifies these impurities that are above interim acceptable daily intake levels.

FDA reminds patients taking any recalled ARB to continue taking their current medicine until their pharmacist provides a replacement or their

doctor prescribes a different medication that treats the same condition. Some ARBs contain no NDMA or NDEA.

IMPORTANT: Medications containing only amlodipine or hydrochlorothiazide (HCTZ) are not being recalled. Manufacturers are recalling medications containing amlodipine in combination with valsartan or losartan, and medications containing hydrochlorothiazide HCTZ in combination with valsartan or losartan.

gift cards are the two most common types of cards. Retail gift cards only are redeemable at the specific retailer or restaurant that issued the card. Bank gift cards, which carry a payment network such as American Express or Visa, can be used at any location that accepts that specific brand.

Resist the urge to save the card for a rainy day. Doing so may increase the likelihood that some of the card's value will be consumed by fees. Instead, use the card and set aside an equal amount of cash for a rainy day.

Remember that while money on a typical bank gift card cannot expire for at least five years, depending upon the circumstances, inactivity fees can begin in as little as 12 months. Therefore, it is possible that inactivity fees could consume the cash value of a card before the five-year window has expired.

Businesses that close likely will not honor an outstanding gift card.

Treat a gift card like cash. If lost or stolen, report it to law enforcement. Contact the card's issuer to determine if a replacement card is possible and at what cost.

Today, the state treasurer's office holds more than \$3 billion in unclaimed property. Because our records are updated twice each year,

we encourage residents to frequently check our I-Cash database, which can be found here or at www.illinoistreasurer.gov

Our office never charges a fee to search for, or return, unclaimed property.

May you find prosperity and generosity in 2019

Pearl City FFA Pork Chop Dinner

The Pearl City FFA will hold a Pork Chop Dinner on Friday, Feb. 1, from 5 p.m. to 8 p.m. The dinner will be held at the Pearl City High School Cafeteria. Tickets can be purchased from members of the Pearl City FFA or at the door. The dinner will include a pork chop sandwich, chips, cookie and drink for \$7.

The Pearl City FFA & FFA Alumni host this dinner annually to raise funds to benefit the Pearl City FFA. The funds will be used to help students attend leadership trainings, camps, state and national conventions as well as judging competitions and contests. A silent auction will also be held during the dinner. Please join us in supporting the Pearl City FFA.

Jo Daviess County establishes Veterans Assistance Program

By Arthur V. Ricker
ADMINISTRATOR, VETERANS ASSISTANCE PROGRAM

In November of 2018 the Jo Daviess County Board adopted a resolution to establish the Jo Daviess County Veteran Assistance Program Fund and appropriated funds in their fiscal year 2018 Annual Budget for a "Veterans Assistance Program". The purpose of this program is "To alleviate financial burdens that menace the well-being of veterans and their families".

Within the State of Illinois Public Acts is the Military Veterans Assistance Act. Its provisions include that sums of money as may be just and necessary to financially assist veterans and their families be made available by counties within the state. These funds are to be managed and distributed by members of local vet-

eran service organizations and supervised by county officials.

In Jo Daviess County, there are nine Veterans Service organizations that have been approved by the United States Congress. Five are American Legion Posts, three are Veterans of Foreign Wars Posts, and one Vietnam Veterans of America. Initially, the program will be administered by a representative of each group.

The amount budgeted was determined by comparing existing similar surrounding county programs. The Jo Daviess County budgeted amount is far less as it will be administered by volunteers rather than paid employees.

A veteran in need of financial assistance will be required to show proof of an honorable military discharge, proof of Jo Daviess County residency, and complete an application.

Great care will be given to assure the privacy of applicants. When it has been determined that a valid need exists, payment will be made directly to the providing vendor no funds will be paid directly to the veteran. The goal of the program is to provide these funds as a path for the veteran and his or her family to regain financial independence, thus, limits will be placed on amount and duration.

Veterans or their families in need are urged to contact any of the three program administrators: George Pettigout, Tom Lobacz, or Art Ricker at 563-580-3733.

The State of Illinois Department of Veteran Affairs representative, Tina Paggi 815-233-5092, will continue to be available the fourth Wednesday of each month at the West Galena Township Building for administrative assistance.

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Understanding how diet and lifestyle influences the inflammation process

Inflammation is the body's natural response to stressors. Understanding what causes inflammation and how you can better manage it is the first step to improving your overall health. Many lifestyle choices contribute to the inflammation response. However, by making small changes in our everyday lives, we are able to decrease the risk of inflammation and better manage it. Join Diane Reinhold, Nutrition and Wellness Educator from University of Illinois Extension, to learn what steps you can take to fight inflammation. During

this workshop, we will discuss the impact of diet, physical activity and stress management on the inflammation process.

Understanding Inflammation and How Diet Influences the Inflammation Process, will be held Thursday, Feb. 7, from 1 to 3 p.m., at 204 Vine Street in Elizabeth, IL. There is no cost to attend this program, however seating is limited and pre-registration is required. The deadline for registration is Monday, Feb. 4. For more information or to register, call our office at 815-858-2273 or visit go.illinois.edu/jsw.

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ON THE RECORD

Obituaries

LAURENCE J. "LARRY" LOETE

Laurence J. "Larry" Loete, 78, of Apple River, Ill., formerly of Moline, peacefully passed away Sunday, Jan. 20, 2019 at his home surrounded by family. Per his wishes, cremation rites were accorded. A celebration of life gathering was January 26, at Wheelan-Pressly Funeral Home and Crematory, Rock Island. In the Spring of 2019, a tribute to Larry will be celebrated in the place he called home, Apple Canyon Lake, Apple River, Ill. Memorials may be made in care of Karen Loete who will establish a memorial to the Bass Club at Apple Canyon Lake.

Larry was born in Moline on Dec. 21, 1940, a son of Albert and Lois Suiter Loete. He married Karen Eleopulos on Dec. 22, 1974 in Moline. Together they raised five children.

Larry worked various positions over his 32 years at Deere and Company, retiring as a supervisor in 1998.

Together, Larry and Karen built a cozy home at Apple Canyon Lake where they enjoyed spending their weekends before making it their permanent residence upon retirement. As their family grew, so did their home. Over the years, Larry and Karen built a long lasting legacy of love and memories. Family was most important to Larry and his memory will live on forever.

Larry was an avid fisherman who took pride in teaching his children and grandchildren his secrets. He also enjoyed hunting, playing darts, watching football and having a nice glass of cold olive soup "martini."

Those left to cherish his memory include his wife of 45 years, Karen Loete, Apple River; children (and spouses), Jeffrey (Brenda) Loete, Moline, James (Geri) Loete, Milan, Jenna (Alex) Wolfert, Coralville, Iowa, Jill (Kevin) Pritchard, Antioch, Ill. and Janelle Loete-Brown, Rock Island; grandchildren, Brittney (Joe) Perez, Rock Island, Sara Loete, Evansville, Ind., Lars and Alex Pritchard, Antioch, Ill., Andrew (Jessica) Witte, Rock Island and Jeremy and Keri Witte, both of Milan; great-grandson, Collin Perez; siblings, William (Sharon) Loete, Laura (Elmer) Rummans and Mary (Craig) Meier, all of Lawrenceburg, Tenn.; sister-in-law, Joann Loete, Moline; and several nieces, nephews, extended family and great friends.

He was preceded in death by his parents, brother, Albert, and grandson, Brandon Witte.



Online condolences and memories may be shared with the family at wheelanpressly.com

LOIS M. (MITCHELL) TUCKER

Lois M. (Mitchell) Tucker age 87 of Stockton, IL, died peacefully Sunday Morning, January 20, 2019 at FHN Hospital in Freeport. Born July 10, 1931 in Freeport, IL, she was the daughter of Beulah Endress and Fred Mitchell. She married Harold E. Tucker on July 27, 1949.

She worked at the Telephone Company, McNess, Carl Sandburg School Kitchen and assisted her husband in window treatments and farming. She was also a stay at home mother and loving wife. She loved her dogs and Elvis music. She had a strong belief in God and the power of prayer.

Surviving are her two sons, Kenneth R. (Brenda) Tucker and Hal O. (Cindy Tucker) both of Stockton; two sisters, Nola Hopkins of Stockton and Sandra Plowman of Freeport; 9 grandchildren; 14 great grandchildren; 2 great great grandchildren; and she was loved by all of her nieces and nephews. She was preceded in death by her parents Beulah Lantz and Fred Mitchell; step-mother, Lois Sandine; husband, Harold; son, Thomas; and brother, Earl Goodman.

The funeral service was held on Saturday, Jan. 26, at Holy Cross Catholic Church in Stockton; Father Michael Morrissey presiding. There was a visitation before the service. A memorial fund has been established in her name. Hermann Funeral Home of Stockton and Walker Mortuary of Freeport are assisting her family. Condolences may be shared with her family at www.walkermortuary.com or www.hermannfuneralhome.com.



Senior Center initiates tax program sign up

As a new year begins, the Senior Resource Center is focusing on one of its most popular programs: the AARP Tax-Aide Program. From February to April, trained volunteers will prepare 1040 federal and state tax returns for low-and middle-income taxpayers focusing on seniors in Stephenson and Jo Daviess counties. This free program serves about 1,000 people each year.

The 2019 tax season officially begins at the Senior Resource Center on Monday, Jan. 21, when we begin taking Tax-Aide appointments. Call 815-235-9777, ext. 221, to make an appointment. Because the Senior Resource Center is closed that day, leave a message and we will return your call the following day in the order received. Or call on Tuesday, Jan. 22. Schedule your appointment for a time after you believe you will have all your documents; you can schedule before you have actually received all your documents.

Appointments in the Freeport office will be available from Friday, Feb. 1, to Friday, April 12. Hours are 8:30 a.m. to 4 p.m. Mondays through Thursdays with half-days on Fridays. No service is available on weekends.

Tentative dates for service in the Hanover office are from 9 a.m. to 3 p.m. on Feb. 20, March 6, March 20 and April 3. All are Wednesdays. To make appointments at one of these sessions, call 815-235-9777, ext. 221, and request an appointment in Hanover. If you are a Jo Daviess County resident and cannot attend one of these Hanover dates, appointments are available in the

Freeport office.

All tax preparers undergo training and are certified by the Internal Revenue Service. The same number of preparers are available this year as were last year. There is still time for volunteers to join and be certified for this year's program. Additional preparers are especially needed in Jo Daviess County. Contact Betsy Vittinghoff, AARP Tax-Aide supervisor, for more information on volunteering at 815-235-9777, ext. 234.

The Tax-Aide Program's certification does not allow it to prepare tax returns that include farm income (except if only land rental), military returns, ministerial income, cancellation of mortgage debt, business income that involves depreciation, rental income, and K-1 forms with ANY other entries than interest, dividends, capital gains or royalties.

Vittinghoff's biggest tip to all those who are using the Tax-Aide Program is simple: Come organized. Make sure you bring everything that is asked.

The Senior Resource Center offers programs, education and activities for people 50 and beyond, their families and caregivers in Stephenson and Jo Daviess counties. The programs include Adult Protective Services, AARP Tax-Aide, Information & Assistance, Money Management Program, Community Care Program, Transit and Ed-

ucation & Activities.

AARP Tax-Aide Details

Items to Bring to Appointments

- A photo ID.
- A Social Security card for each person on the return. (New Medicare cards do not have Social Security numbers.)
- Proof of all income (including Social Security benefits).
- Proof of medical insurance coverage for each person on the return.
- For joint returns — both persons must be present.
- Your previous year's return.
- Before You Come
- Ensure you have all the required documents (see above). If not, reschedule your appointment.
- If you are on Medicare, you are considered to have coverage for the Affordable Care Act (ACA). If you have received a Premium Tax Credit for 2018, that requires us to fill out additional forms with your return. If you do not have a 1095-A, B, or C form, you can obtain one from your employer or from healthcare.gov before your appointment.
- We ask that you arrive at least 15 minutes before your appointment to fill out required IRS intake information forms. If you have itemized deductions, we ask that you summarize and list all deductions before you come, in order to optimize the 45- to 60-minute appointment schedules.

Birth

Natalie Sophia Wilkerson

Kyle and Emily Wilkerson of Mt. Juliet TN are parents of a daughter, Natalie Sophia Wilkerson born January 5, 2019, at Tristar Summit Hospital.

Grandparents are William and Dixie Zueger of Stockton IL and Allen and Cathy Wilkerson of Lebanon TN.

Great-Grandparents are Heinz and Irma Zueger and Judy VenHuizen of Stockton IL and Della Wilkerson of Westchester OH.



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Julie Willson
Cell: 815-690-2792

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337531

FROM LENA'S KITCHEN



The not so skinny cook

Trying to stay warm! We have been thinking about winter weather and knowing we have had several near misses, but we got hammered this week. The people who are happy about this are snowmobilers and skiers. I got my column done early because I was housebound for three days. Enjoy the soups and desserts this week.

This refreshing fruit salad would

be good any time of the year. There have been some great specials on berries the last couple of weeks in the supermarkets. This salad will help you think of warmer weather! You can substitute mint extract for the fresh mint. Remember that mint extract goes a long way; I would start with 1 teaspoon and add more as you taste.

Minty Berry and Grape Salad

- 1 t. orange zest
- 3 T. fresh orange juice
- 2 T. minced fresh mint
- 1 T. honey
- 3 C. quartered fresh strawberries
- 2 T. fresh blackberries
- ½ C. seedless red grapes, halved
- ½ C. green grapes, halved

In a large bowl., whisk together the zest, juice, mint and honey until smooth. Place the fruit in a large glass bowl. Stir in the dressing until

the fruit is well coated. Refrigerate for 1 hour before serving.

This soup is a great one that combines ham, cheese, potatoes, and carrots. You will like how easy it is. It will be a quick one to serve on a cold winter night.

Ham Cheddar Chowder

- 3 C. cubed peeled potatoes, 1 inch pieces
 - 2 medium carrots, chopped
 - 2 t. salt
 - 3 C. water
 - 6 T. butter,
 - 1 medium onion, chopped
 - 2 celery ribs, chopped
 - 6 T. flour
 - 1 t. pepper
 - 4 C. whole milk
 - 3 C. shredded cheddar cheese
 - 1 C. cubed fully cooked ham
- Place the first four ingredients in a saucepan and bring to a boil. Reduce

heat; cook, uncovered, until vegetables are tender. Stir in flour and pepper; slowly stir in milk. Bring to a boil, stirring occasionally; cook and stir until thickened. Remove from heat; stir in cheese. Stir in ham and potato mixture; heat through over low heat.

My friend, Karen, had sent me two soup recipes before Christmas. I put the black bean one in earlier, and this second one is a good potato soup that is as easy as her black bean soup. You will enjoy the flavor of the bacon in this hearty winter soup.

Loaded Baked Potato Soup

- 4 potatoes, peeled and diced into ½ inch pieces
- 1 onion, diced
- 4 T. flour
- 4 T. unsalted butter
- 8 slices of bacon
- 3 C. chicken stock
- 3 C. whole milk
- ½ C. sour cream
- 1½ C. shredded sharp cheddar
- Chopped green onions
- Salt and pepper to taste

In a large Dutch oven or soup pot, cook the bacon until it becomes nice and crispy, about 4 minutes. Remove to a paper towel lined plate using a slotted spoon and set aside.

Discard any fat that the bacon rendered and add the butter and onion and sauté until the onion becomes translucent and develops a bit of color, about 4 to 5 minutes. Add the flour and stir constantly for 1 minute, add the milk, stock and potatoes and bring to a simmer and cook for about 20 minutes or until the potatoes are tender. Add the sour cream, cooked bacon and cheese and stir everything together and cook for 5 more minutes. Adjust the seasoning to taste and serve. Garnish with green onions and extra sprinkle of cheese.

You have to have a chicken noodle soup in a winter soup column. This one has a little bit of depth to it due

to the cream in it. It will be great to serve if you have any colds in the house. My grandmother used to always say that chicken noodle soup was good for whatever ailed you. Here is to you Grandma B.; I still remember all of your great sayings after all of these years.

Creamy Chicken Noodle Soup

- 2 T. butter
- 1 medium onion, finely chopped
- 1 C. chopped celery
- 1 C. copped carrot
- 4 cloves, garlic, minced
- 6 boneless skinless chicken thighs
- 4 C. chicken broth
- 3 C. half and half
- 1 t. poultry seasoning
- 1 t. salt
- ½ t. pepper
- 6 oz. egg noodles
- Fresh parsley for garnish

In a large Dutch oven, melt butter over medium heat. Add onion, celery, and carrot; cook until softened, 5 to 7 minutes. Add garlic; cook for 30 seconds. Push vegetables to sides of pot and add chicken; cook until browned, about 3 minutes per side. Add broth, half and half, poultry seasoning, salt, and pepper. Add egg noodles; bring to a boil. Reduce heat; cover and simmer for 15 minutes. Remove chicken, and transfer to a cutting board. Chop chicken and return to soup. Garnish each serving with chopped parsley.

You all know how much I love bar cookies; I really like these because they use a cake mix base. Enjoy these yummy chocolate treats after you have eaten some soup.

Chocolate Chip Cream Cheese Bars

- 1 pkg. German Chocolate Cake Mix
- 1/3 C. oil
- 1 egg

See KITCHEN, Page 8

ESTATE PLANNING BASICS

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- Do I really need a will?
- What is a trust?
- What is probate?
- Do I need power of attorney?
- What makes up my estate?
- How will I pay for nursing home care?
- How will the federal estate tax affect me? In Illinois?

Experienced attorneys from Plager, Krug, Bauer & Rudolph, Ltd. will discuss these questions and more, as well as review current trends and new developments in estate planning.

Please join us for this timely and informative FREE seminar at one of the following locations:

- Wednesday, February 6, 2:30 pm** Co-sponsor Lena Living Center at Lena Mercantile, 101 W. Railroad St., Lena
- Wednesday, February 13, 6:00 pm** Co-sponsor Citizens State Bank at Country Inn & Suites 200 Dillon Ave., Stockton
- Tuesday, March 5, 1:00 pm** Co-sponsor Forrester State Bank at Forrester Public Library 204 S. 1st Ave., Forrester
- Wednesday, March 6, 6:30 pm** Co-sponsor Community Bank, 401 S. Church St., Orangeville
- Monday, March 11, 1:30 pm** Co-sponsor Apple River State Bank & First Community Bank of Galena at Apple River Stagecoach Event Center, 446 E. Hickory St., Apple River
- Tuesday, March 12, 2:00 pm** Co-sponsor Edward Jones Investments at Freeport Public Library, 100 E. Douglas St., Freeport
- Wednesday, March 13, 6:00 pm** Co-sponsor Citizens State Bank, 102 W. Main St. Lena
- Tuesday, March 19, 6:00 pm** Co-sponsor Citizens State Bank, 1525 S. Forest Rd., Freeport
- Thursday, March 21, 6:30 pm** Co-sponsor Country Financial-Freeport at St. John's Lutheran Church, 229 S. First St., Pearl City
- Tuesday, March 26, 6:30 pm** Co-sponsor Forrester State Bank-Freeport, 996 W. Fairview Rd., Freeport
- Tuesday, April 9, 12:00 pm** Oakley Courts, 3117 Kunkle Blvd., Freeport
- Tuesday, April 16 at 10:00 am** WinnPrairie, 1545 S. Forest Rd., Freeport

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SOUTHERN LAKES NEWSPAPERS

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Monroe Clinic offers patients 'A Clinical Approach to Weight Loss'

A new program at Monroe Clinic aims to tear down the barriers standing between people's good intentions and permanent weight loss. "HealthSmart: A Clinical Approach to Weight Loss" bypasses the diet trends and product tie-ins to focus on evidence-based practices and accountability.

"There's no fad diet. No food group elimination or pricey supplements to buy. It's an approach based on the American Heart Association's guidelines, focused on permanent behavioral change," said Laura Holverson, clinical dietitian.

She explained that the year-long program is intensive, especially in the early stages. Holverson meets with patients once weekly for four weeks, then every other week for the following five months, decreasing to one meeting per month in the final six months. All meetings are currently one-on-one. They focus on:

- developing a personalized plan based on individual capabilities
- learning what healthy eating looks like in the perimeters of real life
- setting realistic and measurable

goals

- identifying tools and resources that support those goals
- finding ways to tap into personal strengths and motivation

Launched in July 2018, over 50 patients are currently enrolled. Holverson said she's already witnessed some amazing success stories.

"It's really up to the patient. One of my most successful patients has mobility issues, but this individual is willing to try new things with food, use the tools we discuss in our meetings and is committed to putting in the effort," said Holverson.

The program does require a referral by a primary care provider, and coverage varies by insurance plan. While the commitment to regular meetings is a key component of the program, she said she can customize the program to work with each participant's schedule. To achieve results, however, the person must be committed to the program.

"This is not a quick fix. The program is about the long haul, and if a person is willing to give up old habits and be open to new ones, he or she can achieve change," said Holverson.

United Way of Northwest Illinois, Inc. receives grant from Community Foundation of Northern Illinois

The United Way of Northwest Illinois, Inc. is proud to announce that it has received a \$9,324 grant for the It Takes a Village Reading Mentor Program from the Community Grants Program of the Community Foundation of Northern Illinois with support from the Eunice Wishop Stromberg Fund.

Project Details:

United Way's It Takes a Village program (ITAV) matches volunteer reading mentors with kindergarten-3rd grade students to assist them in reading proficiently by 4th grade. A volunteer mentor meets with students that are behind grade level each week during the school day for 30 minutes, based on the support the

student needs. Youth need support during the early years to ensure success throughout school and beyond. The ITAV mentors also provide patience and encouragement, which helps the students gain valuable reading skills and increased confidence in reading and other areas.

Millie's Quote of the Week

"When I was bleeding to death in my Black Hawk helicopter on that dusty field in Iraq, I didn't care if the American troops risking their lives to help save me were gay, straight, transgender, black, white, male or female. All that mattered was they didn't leave me behind."

U.S. Senator Tammy Duckworth

In-Person Girl Scout Cookie Season kicks off

Girl Scouts of Northern Illinois today launched the in-person start of the 2019 Girl Scout Cookie season, celebrating the largest financial investment in girls annually in the United States and a powerful entrepreneurship incubator for the next generation of leaders.

This year, Toffee-tastics, our delicious gluten-free cookie, turns 5 years old. Each cookie boasts sweet, crunchy toffee bits in every bit and Yes. - it's all gluten-free. Be sure to celebrate this fantastic flavor with us by purchasing this tasty treat from your local Girl Scout starting today. Don't worry...all the favorites are back too.

Good Shepherd Lutheran Church

Good Shepherd Lutheran Church will gather for worship on Feb. 3, at 118 E. Mason St. Lena, IL, at 9:30 a.m. All are invited to worship on this Fourth Sunday after Epiphany with Holy Communion. There will be time for coffee, juice, treats, and fellowship after the service.

Our youth are having Souper Bowl of Caring on Feb. 3. Souper Bowl of Caring is a nationwide event to raise money and awareness of hunger issues. Our collection will go to Le-Win Food Pantry and ELCA World Hunger. We appreciate your support.

On Wednesday Feb. 6, at 8 a.m. the Piece Corps Quilters will work together to craft quilts for Lutheran World Relief. They are always looking for more people to help tie quilts and sew. No previous quilting experience is necessary. Come join the fun and make a difference in the world.

If you have any questions, please call the church at 815-369-5552.

Kent/Willow United Methodist Churches

The Kent/Willow United Methodist Churches will worship together Sunday, Feb. 3, at Kent UMC at 9am. Pastor Chuck Wolbers will bring the message. All are invited and welcome to stay for fellowship. Sunday School is at 10:30 am, studying from the Upper Room. All are invited and welcome to this time too.

Kent Church is located in beautiful downtown Kent, IL. For more information, please call Pastor Chuck at 815-947-2541.

Salem United Church of Christ

Open communion will be offered at the worship service of Salem United Church of Christ at 8491 West Salem Road, Lena, on Sunday, Feb. 3, at 10:30 a.m. "Fake News and Fake Pews," the sermon by Rev. Randal Nicholas, will be based on scripture from Luke 4:21-30. Breakfast for the Wednesday Morning Group will be at Big Apple Restaurant, 1427 W. Galena Avenue, in Freeport at 8 a.m. on Wednesday, Feb. 6.

St. John's Lutheran Church (Pearl City)

You're invited to join us at St. John's for worship on Sunday, Feb. 3, for the Fourth Sunday of Epiphany. The Prayer Shawl Ministry will meet after worship. Sunday School and Confirmation classes will also meet after worship. Fifth Quarter Youth Group (6 p.m.) and Genesis Youth (7:30 p.m.) groups will gather in the evening.

Congratulations to Sherry Klotz, Roscoe, IL, for winning the the \$200 Calendar Raffle drawing on Jan. 13, and to Conor Flanagan for winning the \$200 drawing on Jan. 20.

Get out of the cold and enjoy playing Mexican Train Dominoes in Luther Hall on Tuesday, Feb. 5. The Men's Breakfast will be held at Brother's Inn, Lanark, at 7:30 a.m. on Wednesday, Feb. 6.

The Women's Gathering will meet on Feb. 19, at 9:45 for fellowship, bible study and meeting. A Sit n' Sew and lunch will be held following the meeting.

Need a place to hold an event in Pearl City? The main hall at St. John's is available for rent. Call the church for more information and availability. St. John's Lutheran Church is at 229 S. First Street, Pearl City, Illinois. The office phone number is 815-443-2215 (mornings). All are invited to our weekly worship services and youth to our Sunday School and youth ministries. You may also email at prshadmin@gmail.com.



Event Date: Friday, Feb. 22 & Saturday, Feb. 23
 Event Location: Evangelical Free Church of Lena
 720 N. Freedom Street • Lena, IL
 Event Time: Fri. 6 - 8 p.m. • Sat 9 a.m. - 4 p.m.
 Cost: \$25 per couple

To Register or for more info: call 815-369-5591 or email office@lenafreechurch.org

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 Rev. Scott Wilson
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 Sunday School/ABF 8:45 a.m.
 AWANA-Wednesdays 5:30 p.m.
 Youth Group Wednesdays
 Jr. High - 5:30 - 7:00 p.m.
 Sr. High - 7:00 - 8:30 p.m.

Listen to pastor's weekly sermon at www.lenafreechurch.org

•Kitchen (Continued from page 6)

Northwestern Illinois Community Action Agency 2019 LIHEAP, PIPP and Weatherization Assistance Programs

Northwestern Illinois Community Action Agency has funding from the Department of Commerce & Economic Opportunity (DCEO) to assist residents of Jo Daviess and Stephenson Counties with home heating utility costs through the Low Income Home Energy Assistance Program (LIHEAP), Percentage of Income Payment Plan (PIPP) and Weatherization Programs.

Effective January 1, 2019, LIHEAP clients may only apply for the traditional Direct Vendor (DVP) one-time payment assistance. **No new PIPP applications may be taken after December 31, 2018.**

Starting December 3, 2018 all low-income eligible households may call to schedule an appointment to apply for assistance with their heating utility bills. LIHEAP applications will be taken until May 31, 2019 or until funding is exhausted.

Eligible households may call 800-883-1111 or 815-232-3141 from 8:00 a.m. to 3:30 p.m. to schedule an appointment to apply for assistance at one of the following locations.

NICAA Main Office- Freeport • Stockton Banking Center
Warren Township Library • Hanover Village Hall
Citizens State Bank of Lena • East Dubuque Library
Illinois Bank & Trust - Galena Downtown
German-American State Bank - German Valley

Income Guidelines: To qualify, a household must have a 30 day gross income at or below 150% of the federal poverty level shown below for 30 days prior to and including the application date.

1 person household - \$1,518 2 person household - \$2,058
3 person household - \$2,598 4 person household - \$3,138
Add \$540 for each additional person in the household

**** The following documents will be required to apply for assistance ****

- Social Security Cards for all members of the household.
- Proof of all gross income for all household members for 30 days including the application date including pay check stubs, SSA/SSI/SSD current benefit letters, pension/retirement statements, child support, unemployment reports, TANF/AABD/Township GA assistance notices, self employment reports, and proof of zero income.
- Current complete heat and electric bills **and** disconnect notices you have received.
- Medical Card from Illinois Department of Human Services.
- Copy of current lease or rent receipt.
- Proof of homeownership, tax bill or title (for mobile home), is required for weatherization assistance.

PY 19 LIHEAP Emergency Furnace Program

An Emergency Furnace Assistance Program is available for LIHEAP households of Stephenson and Jo Daviess Counties who are **homeowners** and whose **existing** heating systems are not functioning or have been red-tagged by their utility.

The purpose of the LIHEAP Furnace program is to restore heat to the household and is available from October 1, 2018 through March 31, 2019 or until funds have been exhausted.

Effective December 1, 2018 all income eligible households may apply.

To qualify for the LIHEAP Emergency Furnace Program, the household must first apply for and be approved for LIHEAP assistance.

The household must have active service with both primary and secondary heating utilities. Households with disconnected utilities are not eligible for this assistance.

In addition to LIHEAP documents, the following homeownership documentation must be provided:

1. Copy of real estate tax bill

AND

2. One or more of the following:

- Copy of warranty deed, contract for deed, or quit claim deed (all of these must be stamped and registered with the county clerk)
- Copy of current mortgage statement
- Copy of the original Mobile Home title

Please call 815-232-3141 or 800-883-1111 to make an appointment for assistance.

Northwestern Illinois Community Action Agency
27 S. State Ave., Suite 102, Freeport, IL 61032
Phone: 815-232-3141 or 800-883-1111 • Website: www.nicaa.org

Filling:

1 pkg. (8 oz.) cream cheese
½ C. sugar
1 egg, lightly beaten
1 C. miniature semisweet chocolate chips

Mix cake mix, oil and egg until blended. Reserve 1 cup of cake mixture for topping. Press remaining mixture into a 9 x 13 baking pan coated with cooking spray. Bake at 350 for 10-12 minutes or until set.

Filling: beat cream cheese and sugar until smooth. Beat in egg. Spread over crust. Sprinkle with chocolate chips and reserved topping. Bake until set, 18 to 20 minutes. Cool on a wire rack. Cut into bars and store any leftovers in the refrigerator.

I have made chocolate sheet cake, white sheet cake, lemon sheet cake, and probably many more sheet cakes. I have never had a recipe for peanut butter sheet cake. What is better than peanut butter in a cake? Try this one and find out.

Peanut Butter Sheet Cake

Cake:

2 C. flour
2 C. sugar
½ t. baking soda

¼ t. salt
1 C. water
½ C. butter, softened
½ C. chunky peanut butter
2 eggs
½ C. buttermilk
1 t. vanilla

Frosting:

2/3 C. sugar
1/3 C. evaporated milk
1 T. butter
1/3 C. miniature marshmallows
1/3 C. chunky peanut butter
½ t. vanilla

Chopped peanuts for garnish
Preheat the oven to 350. Grease a 10 x 15 jelly roll pan. In a large bowl, stir together flour, sugar, baking soda, and salt. In a saucepan, add water, softened butter, and peanut butter; bring to a boil. Stir peanut butter mixture into dry ingredients.

In a small bowl, stir together the eggs, buttermilk, and vanilla; stir into peanut butter mixture until well blended. Spread batter evenly to prepared pan. Bake until a toothpick inserted into the center comes out clean, about 25 minutes.

Frosting: Stir together the sugar, evaporated milk, and butter in a saucepan. Bring to a boil, stirring constantly. Cook, continuing to stir for 2 minutes; remove from heat.

Stir in remaining ingredients until marshmallows are melted and mixture is smooth. Evenly spread frosting over warm cake. Let cool about 1 hour before garnishing with peanuts and cutting into 20 pieces. Chill in refrigerator any leftover cake.

I said earlier that I have been homebound for three days; it actually was more like five. I did get out a couple of hours on Saturday and Monday, but otherwise I have been trying to organize things for taxes and for the New Year. I also did some cooking and baking. What better way to make the house warm without cranking up the temperature on the furnace. I will repeat what I said last week—don't forget to put on your warmest clothes this weekend because it is supposed to be really frigid. Have a great week. Super Bowl is coming up, so if you have any party recipes to share, send them our way.

We continue to look for winter recipes—some appetizers, soups, and sandwiches. If you would like to share, please send them in. You can contact us in person, by mail, or email us at From Lena's Kitchens, Shopper's Guide at 213 S. Center St. or email scoopshopper@rvpublishing.com.

Northwest Illinois Daily Drawing lists January winners

Recent winners in the Northwest Illinois Daily Drawing include:

1st . Tuesday . \$150 – Brenden Dauphin, Elizabeth
2nd . Wednesday . \$50 – Max Wurster, Onalaska, WI
3rd . Thursday . \$50 – Whitney & Aubrey Laity, Elizabeth
4th . Friday . \$50 – Donna Hoffman, South Wayne, WI
5th . Saturday . \$50 – Christy Pittenger, Athens, AL
6th . Sunday . \$50 – Mike & Becky Hilby, Galena
7th . Monday . \$50 – Diane Wilson, Freeport
8th . Tuesday . \$50 – Jodi Block, Lena
9th . Wednesday . \$50 – Katie Hoff, Elizabeth
10th . Thursday . \$50 – Kris Boyer, Stockton
11th . Friday . \$50 – Lois Petsche, Stockton
12th . Saturday . \$50 – Joe Hunter, Monroe, WI
13th . Sunday . \$50 – Michael Dittmar, Elizabeth
14th . Monday . \$50 – Terry Haggerty, Glenview
15th . Tuesday . \$50 – Brock Turner, Elizabeth
16th . Wednesday . \$50 – Stewart VanRaalte, Scales Mound
17th . Thursday . \$50 – Marla Quinn, East Dubuque
18th . Friday . \$50 – Seth Dunlavey, Browntown, WI
19th . Saturday . \$50 – Katie Hoff, Elizabeth
20th . Sunday . \$50 – Don & Carolyn Crawford, Hanover
21st . Monday . \$150 – Janet Englund, Lena
22nd . Tuesday . \$50 – Alice Kurtz, Freeport
23rd . Wednesday . \$50 – Jerry Oppold, Stockton
24th . Thursday . \$50 – Lena State

Bank
25th . Friday . \$50 – Max Wurster, Onalaska, WI
26th . Saturday . \$50 – Ross Vehmeier, Lena
27th . Sunday . \$50 – Amy Mahon, Winslow
28th . Monday . \$50 – Kayla Winter, Freeport
29th . Tuesday . \$50 – Megan Bauer, Elizabeth
30th . Wednesday . \$50 – Tom Jones, Stockton
31st . Thursday . \$50 – Sue Grommes, Hanover

The Daily Drawing is an on-going drawing for specified cash prizes between \$50 and \$250 awarded to a ticket owner every single day (365 days) from Oct. 1, 2018 – Sept. 30, 2019 to those donating for a ticket. A ticket can win multiple times throughout the year.

College news

Highland Community College announces fall 2018 graduates

Highland Community College announces its fall 2018 graduates. Upon the conclusion of the fall semester, 55 students completed degrees and certificates in more than 23 academic areas. All graduates from the 2018-19 academic year will be honored at the College's commencement ceremony on May 18.

Apple River: Autumn Stiefel — Associate of Science

Elizabeth: Haley Breuning — Information Systems- Associate of the Applied Science, Info Word Processing-Certificate, Clerk Typist-Certificate, Clerical Business-Certificate

Lena: Sondra Winters — Associ-

Eighteen organizations from Jo Daviess, Carroll & Stephenson County sponsor the Northwest Illinois Daily Drawing, a cooperative fundraiser.

Sponsoring organizations include: Caring Community of Elizabeth, East Dubuque Music Boosters, Freeport Dance Team, Galena Music Boosters, Hanover Alumni Association, Lena-Winslow Education Foundation, Pearl City Athletic Boosters, River Ridge Education Association, Stewards of the Upper Mississippi River Refuge, Stockton Strong, Warren Athletic Boosters and West Carroll Sports Boosters. Sub-contracting organizations include: Elizabeth Food Basket, Elizabeth Historical Society, Galena Elks Scholarship Committee, Hanover Chamber of Commerce, Scales Mound Travelers and Volunteer Visitors of Northwest Illinois.

ate of Arts

Orangeville: Brooks Scherer — Associate of General Studies

Scales Mound: Brittini Busch — Associate of General Studies

Stockton: Amanda Hare — Associate of General Studies; Courtney Randecker — Early Childhood Education- Associate of the Applied Science, Level 3 ECE Credential-Certificate, Level 2 ECE Credential – Certificate, Infant/Toddler Level 3 Credential, ECE Infant/Toddler Certificate

Warren: Bradley Bartell — Industrial Maintenance –Certificate, Basic Welding – Certificate, Mechatronics – Associate of the Applied Science; Kimberly Broshous — Associate of Arts

Winslow: Wanona Well-spring-Ceisel — Associate of Arts

Stockton Middle School 2018-19 Second Quarter Honor Roll

5th Grade High Honors

Gunnar Stich
Tegan Arnold
Emma Aurand
Adrienne Baker
Anna Blair
Hailey Broshous
Kaylynn Brunner
Paige Chumbler
Reece Demeter
Mark Detwiler
Wesley Drane
Ian Eisfeller
Olivia Ernst
Mauricio Glass
Drue Guerrero
Allyson Haas
Ayden Hullinger
Kiegan Jones
Aiden Kurek
Eli Larson
Noah Larson
Jeremiah Luke
Spencer Luke
Oliver McPeek
Hunter Mulholland
Cody Noller
Gavin Offenheiser
Chelsea Olson
Jon Randecker
Robert Rillie
Gynelle Rowe
Arya Scott
Sadie Vanderheyden
Jace Vincent
Avery Wackerlin

Hailey Weipert
Ari Zink
Blake Zink
Isabella Zuck

6th Grade High Honors

Masyn Cahill
Kyle Haas
Jacob Harbach
Veyah Luke
Madalyn Mammoser
Kendra Robledo
Landon Warner
Kacy Wright
Kyla Arnold
Dylann Broshous
Emily Broshous
Kinzie Bruketta
Jackson Coffey
Shirley Cook
Emma Demeter
Bryce Grube
Amber Haas
Elijah Haas
William Hart Jr
Ava Hess
Samuel Hille
Molly James
Leighton Krueger
Javier Montalvo
Jessica Rood
Daniel Schmoll
Lillian Sikora
Keagan Steen
Ethan Steien
Keagen Westphal
Katelyn Winters

7th Grade High Honors

Aydyn Young
Dominick Bilich
Abby Chumbler
Addison Ernst
Bennett Graves
Nevaeh Peterson
Gracie Raab
Ashlyn Schubert
Camerin Vincent
Leah Warner
Kristian Adleman
Lily Baker
Anthony Bilich
Rebecca Dreyer
Jared Dvorak
Izabella Ertmer
Braden Freese
Tanner Gile
Michael Haas
Karl Hubb
Gracie Keleher
DeeDee Larson
Lincoln Legel
Carson McPeek
Hope Mulholland
Drake Offenheiser
Maecee Rice
Lydia Schuldt
Colby Tucker
William Westaby
Mavrick Winters

8th Grade High Honors

Olivia Harnish

Olivia Keeffer
Kylah Kurek
Garrett Luke
Dustin Oppold
Ryley Schultz
Jady Steen
Whitney Sullivan

Honors

Alex Altfillisch
Morgan Blair
Dawson Broshous
Lily Broshous
Katherine Crome
Jackson Curtiss
Skylar Davis
Madeline Harbach

Noah Hess
Dayton Julius
Lauren Kehl
David Lancaster
Griffin Luke
Parker Luke
Nathaniel McPhillips
Emily Paul

Dillon Raab
Kyleigh Reusch
Haylen Scott
Bailey Thornton
Ella Wackerlin
Ivan Wickler
Abigail Wilkinson
Tyler Williams

LEGALS

IN THE CIRCUIT COURT OF THE 15TH JUDICIAL DISTRICT

JO DAVIESS COUNTY - GALENA, ILLINOIS
DUBUQUE BANK AND TRUST

Plaintiff,
-v.-
KATHLEEN B. SPEAKER, et al
Defendant

2018 CH 21

NOTICE OF SALE

PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on November 8, 2018, an agent for The Judicial Sales Corporation, will at 1:30 PM on February 11, 2019, at the office of Vincent Roth Toepfer & Leinen PC, 122 1/2 N Main St, Galena, IL, 61036, sell at public auction to the highest bidder, as set forth below, the following described real estate:

LOT NUMBER ONE (1) AND TWO (2) IN BLOCK TWO (2) IN FRANKLIN STREET ADDITION TO THE CITY OF GALENA, ON THE WEST SIDE OF GALENA RIVER ACCORDING TO THE RECORDED PLAT OF SAID ADDITION, IN THE CITY OF GALENA, IN THE COUNTY OF JO DAVIESS, IN THE STATE OF ILLINOIS.

Commonly known as 450 N. HICKORY ST. A/K/A 805 FRANKLIN ST., GALENA, IL 61036

Property Index No. 22-101-204-00.

The real estate is improved with a single family residence.

Sale terms: 25% down of the highest bid by certified funds at the close of the sale payable to The Judicial Sales Corporation. No third party checks will be accepted. The balance, including the Judicial Sale fee for the Abandoned Residential Property Municipality Relief Fund, which is calculated on residential real estate at the rate of \$1 for each \$1,000 or fraction thereof of the amount paid by the purchaser not to exceed \$300, in certified funds/ or wire transfer, is due within twenty-four (24) hours. No fee

shall be paid by the mortgagee acquiring the residential real estate pursuant to its credit bid at the sale or by any mortgagee, judgment creditor, or other lienor acquiring the residential real estate whose rights in and to the residential real estate arose prior to the sale.

The subject property is subject to general real estate taxes, special assessments, or special taxes levied against said real estate and is offered for sale without any representation as to quality or quantity of title and without recourse to Plaintiff and in "AS IS" condition. The sale is further subject to confirmation by the court.

Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale.

The property will NOT be open for inspection and plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the court file to verify all information.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4). If this property is a condominium unit which is part of a common interest community, the purchaser of the unit at the foreclosure sale other than a mortgagee shall pay the assessments required by The Condominium Property Act, 765 ILCS 605/18.5(g-1).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

You will need a photo identification issued by a government agency (driver's license, passport, etc.) in order to gain entry into our building and the foreclosure sale room in Cook

County and the same identification for sales held at other county venues where The Judicial Sales Corporation conducts foreclosure sales.

For information, examine the court file or contact Plaintiff's attorney: CODILIS & ASSOCIATES, P.C., 15W030 NORTH FRONTAGE ROAD, SUITE 100, BURR RIDGE, IL 60527, (630) 794-9876 Please refer to file number 14-18-08339.

THE JUDICIAL SALES CORPORATION
One South Wacker Drive, 24th Floor, Chicago, IL 60606-4650 (312) 236-SALE

You can also visit The Judicial Sales Corporation at www.tjsc.com for a 7 day status report of pending sales.

CODILIS & ASSOCIATES, P.C.
15W030 NORTH FRONTAGE ROAD, SUITE 100
BURR RIDGE, IL 60527
(630) 794-5300
E-Mail:

pleadings@il.cslegal.com
Attorney File No. 14-18-08339
Attorney ARDC No. 00468002
Case Number: 2018 CH 21
TJSC#: 39-68

NOTE: Pursuant to the Fair Debt Collection Practices Act, you are advised that Plaintiff's attorney is deemed to be a debt collector attempting to collect a debt and any information obtained will be used for that purpose.

I3109557
(Published in The Scoop Today Jan. 16, 23 & 30, 2019)

336605

NOTICE

In compliance with The Open Meetings Act, the Nora-Rush-Warren Multi-Township Assessment Board will meet at the Warren Township Office, 719—5th Street, Warren, Illinois 61087, on the following dates for the current fiscal year:

Tuesday, April 9, 2019 @ 6:30 p.m. (Close of fiscal year)
Tuesday, June 4, 2019 @ 6:30 p.m. (Budget hearing)
Tuesday, September 3, 2019 @ 6:30 p.m. (Levy hearing)
Diane Rogers, Clerk-Treasurer
(Published in The Scoop Today Jan. 30, 2019)

337703

FHN Healthcare Career Scholarship winners announced

Six Freeport area students have been awarded scholarships to help cover the cost of healthcare education. More than 41 outstanding students applied for the 2018 FHN Healthcare Career Scholarship.

Students applying for the scholarship write an essay about their career path along with their strengths and personal goals to support the healthcare needs of FHN's service area. The scholarship committee invited the top candidates for in-person in-

terviews.

After the interviews, five winners were chosen to receive a \$1,000 Healthcare Scholarship and one winner was chosen to receive a \$1,000 Diversity Scholarship to help cover education expenses for the winter 2019 term. Included in the 2018 FHN Healthcare Career Scholarship winners list is: Emily Offenheiser of Elizabeth, who is pursuing a speech pathology degree at the University of Missouri in Columbia, Missouri.

VOLUNTEERS NEEDED!

The Stockton Ambulance is looking for caring, compassionate and energetic people to help provide Emergency Medical Services to the community members.

EMT-Basic Class being held at
Galena EMS 217 Summit St. Galena IL
Tuesday/Thursday evenings 6 p.m. - 10 p.m.
with some Saturdays
February 5th, 2019 till June 18, 2019

If interested or have further questions, please contact Stockton Ambulance Service at 113 E. Queen Ave., Stockton, IL 61085.
Email: stocktonems@frontier.com
Phone: 815-947-3500 (leave a message)

Look us up on Facebook.

What is the Mediterranean Eating Plan?

Mediterranean Eating Plan, will be held Thursday, March 7 from 1 to 3 p.m., at 204 Vine Street in Elizabeth, IL. There is no cost to attend this program, however seating is limited and pre-registration is required. The deadline for registration is Monday, March 4. For more information or to register, call our office at 815-858-2273 or visit web.extension.illinois.edu/jsw.

The Mediterranean diet, or eating plan is influenced by the cultures,

lifestyles and typical dietary patterns of those living within the Mediterranean region in the early 1960s. The Mediterranean eating plan, gained notoriety when Ancel Keys, a researcher from the University of Minnesota, noted a correlation between cardiovascular disease and diet. During Keys research, he noted a phenomenon in which poorer communities around the Mediterranean region had healthier individuals, compared to wealthier individuals

living in the United States. This led to the Seven Countries Study and from this study the concept of the Mediterranean eating plan was developed.

The Mediterranean eating plan or pattern, varies greatly. And which foods should be included within the plan is controversial, given the variation between the counties within the region. However, there are common foods and health behaviors that we can all agree on. Join University of

Illinois Extension, Nutrition and Wellness Educator, Diane Reinhold to learn what those foods are and more as we explore the Mediterranean Eating Plan.

During this workshop, we will look at the foods include in the eating plan, compare the eating plan to the dietary guidelines for Americans and look at the science behind it, as well as the health benefits. It is important to note, the Mediterranean eating plan is not just about what we eat,

but also about how we live. Thus we will also look at lifestyles and health behaviors and the impact they have on our overall health.

Diane Reinhold is a University of Illinois Extension, Nutrition and Wellness Educator and registered dietitian. For more about upcoming programming on nutrition and wellness, visit <http://web.extension.illinois.edu/jsw> or call 815-235-4125.

Heart Healthy Living workshop

Almost half of all Americans (47%) have at least one major risk factor for developing heart disease. Risk factors for heart disease are behaviors or conditions that increase your chance of developing heart disease, such as having high blood pressure, high LDL cholesterol and smoking.

Although some risk factors cannot be controlled, many can. In fact, each choice we make will have some degree of impact on our risk factor for developing any variety of health conditions. Those daily choices, otherwise known as our lifestyle can help to decrease our risk of developing a health condition such as heart disease.

Join us and learn how you can make changes to your current lifestyle, and decrease your risk of developing heart disease. Planning, shopping and cooking for someone with heart disease can be a challenge. To help meet this challenge, University of Illinois Extension will offer a two-part workshop designed for anyone interested in preventing or managing heart disease. During each session, participants will receive recipes, watch cooking demonstrations, as well as learn about proper diet and exercise to better care for their health.

Meals for a Healthy Heart aims to improve your overall wellbeing. This program will complement the recommendations from your healthcare provider and help you and/or your loved one manage or prevent heart disease.

Meals for a Healthy Heart will be held on Thursday, Feb. 14 and 21, from 1 - 3:30 p.m. at the Senior Activity Center, 216 E. Stephenson St., Freeport. To register, call the U of I Extension at 815-235-4125 or visit us online at go.illinois.edu/jsw. There is a \$20 registration fee, which covers participation in both sessions.

Le-Win Annual Spelling Bee

The Lena-Winslow Annual Spelling Bee will take place Thursday, Feb. 7. The Spelling Bee competition will take place at 9:15 a.m. in the Lena-Winslow Elementary Cafeteria for grades four-eight. The two winners of this event will advance to the Regional Spelling Bee to be held on Feb. 19, in Pearl City. Winners from the Regional Spelling Bee will be advancing to the Scripps National Spelling Bee competition in Washington DC.

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www.applecanyonlake.org

Orangeville community theater announces 2019 season

The Mighty Richland Players Dessert Theater (MRPDT) has announced their 2019 season. The season will include a comedy, a children's production, a Broadway review, and the annual Christmas show.

March 15 – 17, the Orangeville theater will be performing the play, "A Night at the Theater," by Lawrence Casler. This comedy will feature four MRPDT favorites, including Ron Pallek of McHenry, Terrie Miller of Savannah, Sandy Sweitzer of Pearl City, and Reynold Noland of Hanover. In the synopsis, Margaret and Stanley Locker and their friends, Donna and Walter Pace, are at the theatre for their weekly dose of culture. This week's play is Hamlet. After they seat themselves,

they incessantly chatter about themselves, their children, a dead friend, and even occasionally Shakespeare's play. Secrets emerge and friendships unravel amid the audiences' laughter.

May 31, June 1 and 2, the theater will be performing a children's show; "Junie B. Jones is not a Crook." In the play's synopsis, something terrible happened to Junie B. Jones at school. Someone stole her new furry mittens! So when Junie B. finds a wonderful pen of many colors, she should be allowed to keep it, right? Because finders keepers, losers weepers? And guess what? There's a new boy in kindergarten and he is the handsomest. The only thing is both Grace and Lucille want him to be their boyfriend. Maybe he

will love Junie B. when he sees her wonderful pen! It is okay to keep it, right? Junie B. Jones is not a crook . . . or is she? A hilarious and heartfelt tale based on the best-selling book series by Barbara Park. Auditions for this show will be held in the spring, and children will be cast.

Sept. 20, 21, and 22 are the dates of our Broadway Review. Music, dance, history, and scenes from Broadway musicals from 1940 to the present will be featured in the revue.

Dec. 6, 7, and 8 will be our annual Christmas show, sure to bring the audience into the holiday spirit.

A dessert will be served at all performance intermissions by the cast and crew, and MRPDT's famous apple cider will also be available.

Friday and Saturday night shows

begin at 7:30 p.m., and Sunday shows begin at 2 p.m. For the children's production of, "Junie B. Jones is not a Crook," performances will start at 7 p.m. on Friday and Saturday night.

For more information on the

shows or for ticket information, please call 815-819-1310 or log onto www.mightyrichlandplayers.org. Also, check out the Mighty Richland Players Facebook page. Reservations are required for all shows, and season tickets are now on sale.

Timber Lake Playhouse announces auditions for 2019 season

Timber Lake Playhouse (TLP), the premier professional summer theatre of northwest Illinois, announces Local Auditions for the 2019 Summer Season productions of Disney's The Little Mermaid, Noises Off, Into the Woods, Mamma Mia, Man of LaMancha, Steel Magnolias and Newsies to be held upstairs at Henry's Double K in Mt. Carroll. Auditions will be Sunday, Feb. 3 from 2 until 6.

TLP's Artistic Director, Paul Stancato, will be on hand to audition actors interested in positions in our 2019 Resident Company, guest artists, and ensemble. There are no youth roles being cast for the 2019 season.

If you are interested in auditioning, email Timber Lake Playhouse at info@timberlakeplayhouse.org with the subject line: "Local Auditions" or call the Administrative Office at 815-244-2048 on Tuesdays through Fridays from 10 until 3 for an audition appointment. Please include the full name of the person auditioning, time frame that you are available to audition on Feb. 3, and WHICH

PRODUCTIONS AND ROLES YOU WILL BE AUDITIONING FOR. You will receive a reply with an appointment time to come in on Feb. 3.

Performers must prepare a song to sing with an accompanist (no more than 32 bars). Songs from the show or in the style of the show are encouraged. Bring sheet music for the accompanist as no one will be allowed to sing without accompaniment. You may be asked to read from a script of the show or attend a dance call as a part of your audition. Visit our website at www.timberlakeplayhouse.org for specific audition requirements for each role.

"Timber Lake Playhouse is committed to bringing more opportunity for our local artists to become involved in the work at the playhouse," said Executive Director, Dan Danielowski. "We have a great program that should be shared locally as much as possible."

For more information, visit our website at www.timberlakeplayhouse.org or call the office at 815-244-2048.

Calling all artists and authors

Broad Ideas is coming back in March 2019. This inclusive, month-long Arts show, held at the Galena Center for the Arts, focuses on giving women (and those that support women) a space to tell their stories. Creating a place filled with support, solidarity, honesty, and humor, Broad Ideas uses the Arts to create a community. Purposely taking place during Women's History Month, multiple special events have already been scheduled. See www.broadideas.org for details. Artist & Author submission forms are now live and can also be accessed through the website. All artistic abilities are

encouraged to be a part of this show. Last year, artists ranged from ages 5 to 95 with over 100 individuals contributing work. Over seven hundred guests attended the different events. From the Opening to a special Table Reading to an all-woman Songwriter's Showcase to a Spoken Word Closing, March 2019 is going to be exciting. Free childcare will be offered at all events. Put Broad Ideas 2019 on your calendar today.

Learn how to stay on good footing at free FHN event

FHN podiatrists Roland Tolliver, DPM, and Richard Bell, DPM, will talk about keeping your feet in top condition and avoiding slips and falls for the January FHN Speaker Series event, rescheduled for 5:30 p.m. Wednesday, Jan. 30 at the FHN Family Healthcare Center – Burchard Hills, 1010 W. Fairway Drive in Freeport.

Drs. Tolliver and Bell will talk about when – and where – to seek professional help for problems with your feet, or if you do happen to fall, and what types of treatments FHN offers to help the healing process.

The event is free to attend, and refreshments will be served. Reservations are requested: Register online.

It's time for The Mighty Richland Players Trivia Night

The Mighty Richland Players Dessert Theater in Orangeville will be holding a fundraiser to help with the outside upkeep of their building. A wonderful night of trivia will be held on Feb. 2, at Route 20 Bar and Grill, 2051 North AYP Road in Freeport. Registration begins at 5:30 p.m., with trivia beginning at 6:30 p.m. Teams will need to be 4-6 people, and the cost is \$10/person. If you register in advance, you will get one free answer the night of the event.

Food and drinks will be available for purchase, so come early and have some supper.

For more information or to register, please call the theater at 815-819-1310.



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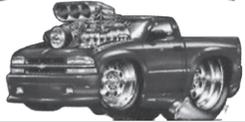
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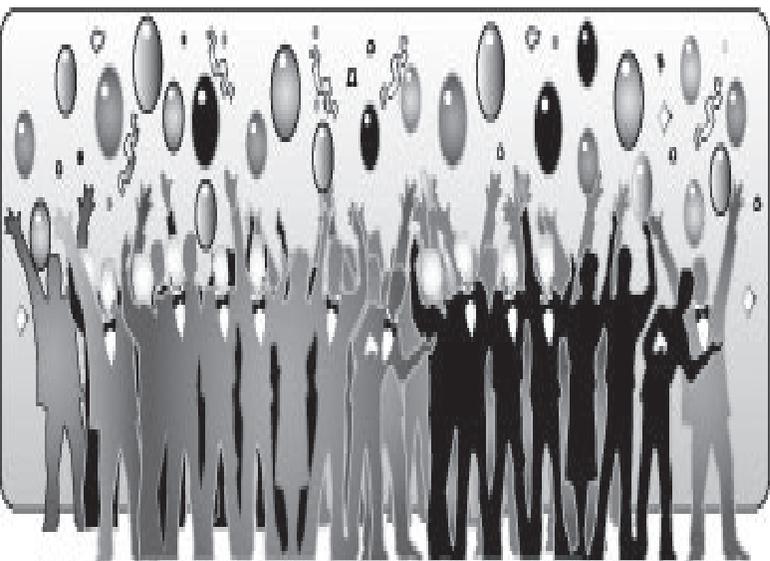
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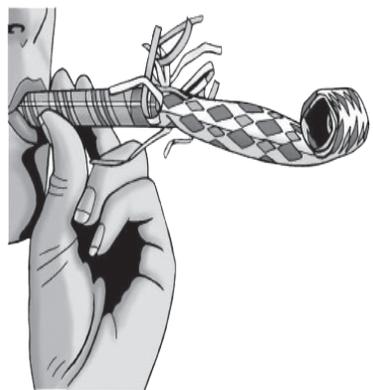
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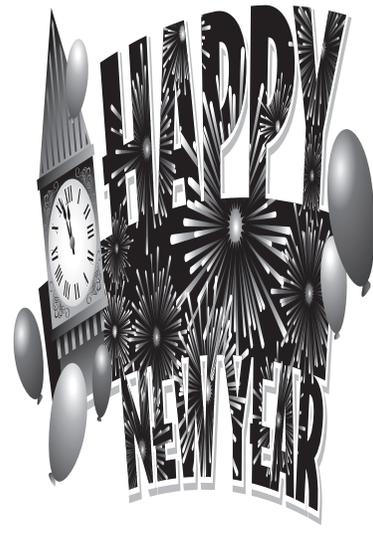
T is for **Tax Preparation Services**

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- Tax Planning • Tax Preparation

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232265



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336602

W is for **Welcome to Worship**

Jesus first in the New Year!
Because He first loved us!

WORSHIP TIMES
Saturday at 5:30 p.m.
Sunday at 8 a.m. & 10:30 a.m.



St. John's Lutheran Church
625 Country Lane Drive
Lena, IL 61048 • 815-369-4035

337019



Scholarship applications available at U of I Extension office

The University of Illinois Extension Office in Elizabeth announces the availability of several scholarships: Ralph & Katherine Norris Scholarship, Floyd & Alice Bale Scholarship, Dairy Herd Improvement Scholarship, Home & Community Education Scholarship and the Dalgarn Family Scholarship

Ralph & Katherine Norris donated funds to provide scholarships for Jo Daviess County residents studying agriculture or related fields. Scholarships will be awarded to

people pursuing a two or four year degree program as full-time students. Current high school students, college students, and others continuing their education can apply. Applicants must be accepted at a chosen school, college, or university. Past applicants must submit a new application each year. Recipients cannot receive the scholarship for more than four years.

Floyd & Alice Bale established the funds to provide scholarships for Jo Daviess County residents study-

ing agriculture or related fields. Scholarships are awarded for two or four year degree programs to full time students. Recipients cannot receive the scholarship for more than four years.

The Jo Daviess County Dairy Herd Improvement Association has established a scholarship to provide financial assistance to Jo Daviess County Residents studying agriculture or agricultural related fields. An annual scholarship will be given as funds permit.

The Jo Daviess County Association for Home & Community Education is offering three scholarships of \$250 each to Jo Daviess County high school graduates pursuing a degree.

Mindy and Missy Dalgarn are

pleased to announce their affiliation with the Jo Daviess County Extension and 4-H Foundation to offer the Dalgarn Family Scholarship. The Dalgarns' belief is that advanced education strengthens not only the individual, but the family and community as well by providing life changing exposure to a diversity of experiences, cultures and perspectives. The \$2,000 Dalgarn Family Scholarship will be awarded to a deserving graduating senior and active 4-H member seeking to further his/her education at a four-year institution. The scholarship is open to all fields of study. Selection criteria will be based upon active, productive membership in a Jo Daviess County 4-H Club (minimum of five years), demonstrated leadership and

tenacity as demonstrated by school and community activities, hard-work and compassion as evidenced by experiences and letters of recommendation, scholarship as demonstrated by grades and test scores, as well as financial need. Completed application material is due no later than March 15, 2019. Only fully complete submissions will be considered.

Application deadline for MOST scholarships is March 29, 2019. All applications are available at go.illinois.edu/jsw or may be picked up at 204 Vine St., Elizabeth. For more information about any of these scholarships call the Jo Daviess County Extension Office at 815-858-2273 or write to PO Box 600, Elizabeth, IL 61028.

CTE Academy to host open house

The CTE Academy in Elizabeth, Illinois will be having an Open House on Wednesday, Jan. 31, 2:30-7 p.m. Students, families, and community members welcome! Open to the public!

Meet our Instructors and sample our programs. Each of our 10 programs will be spotlighted in our Student Union twice during the Open House. Our guests are welcome to browse the CTE Academy and enjoy appetizers prepared by our Culinary Arts' students. Each program will have a prize drawing along with a grand prize drawn from your completed "bingo cards." More details will be provided at our Reception Table.

Our programs include: Auto Body; Auto Technology; Computer Networking and Security; Construction Trades; Cooperative Education; Culinary Arts; Early Childhood Educa-

tion; Graphic Communication; Health Occupations, and Criminal Justice/Law Enforcement.

Our Graphic Communications' students would like your input on our logo design as we integrate a compass into the design. Please welcome us as the CTE Academy "Seekers." We're also seeking input on offering adult education classes between 3-7 p.m. Our Student Ambassadors will be available to answer questions and lead tours.

Ron Morago Caricatures (he did our staff caricatures) will be available for black & white caricatures from 3:30-6:30 for ONLY \$10. Please sign-up in advance (to avoid the rush) by calling our office: 815-858-2203 X110. There are a limited number of spaces available.

Please join us on Wednesday, Jan. 31, 2:30-7 p.m.

Cornerstone Credit Union announces 2019 Founders Scholarship

Cornerstone Credit Union is now accepting applications for their 2019 Founders Scholarship Program. Cornerstone will be awarding six (6) \$1,000 Founders Scholarships, for a total of \$6,000, to deserving high school seniors. The deadline for submission is February 28, 2019.

Since the program's inception in 1998, Cornerstone has awarded thousands of dollars in scholarships to youth in the areas they serve. This one-time scholarship will be awarded to recipients who have exemplified leadership and dedication throughout their high school scholastic career and who plan to attend

an accredited college, university, community college, or technical/trade school. "Education is a key element of the credit union's mission and is vital to the success of our community and economy," said Gail Clore, President of Cornerstone Credit Union.

Visit cornerstonecu.org for an ap-

plication and full details. Applicants must be a current member or join the credit union as part of the application process. Membership is open to people who live or work in Boone, Bureau, Carroll, Jo Daviess, Lee, Ogle, Stephenson, Whiteside or Winnebago Counties in Illinois, or Green and Rock Counties in Wisconsin.

Warren Spelling and Geography Bees

The Warren District Spelling Bee will be held in the High School Gymnasium on the following dates:
* Spelling Bee on Feb. 4, at 9 a.m.

ABC's of the New Year

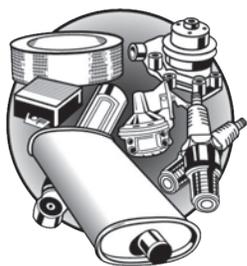


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to schedule an interview

327803

Help Wanted

Help Wanted

The Village of Warren is currently looking for a **Part Time Public Works employee**. The candidate will be performing multiple duties in the Street Department, Sewer Department, and the Water Department. Construction, maintenance, repairing of the streets and alleys, sanitation, storm water systems, snowplowing, and grounds keeping are some of the duties. Must have knowledge of operating and maintaining equipment and have good public relations. Minimum of a high school diploma or GED required. CDL with air brake endorsement is a plus but not required.

Send resume with references to the Village of Warren, P.O. Box 581, Warren, IL 61087 or drop off at the Village Hall, 113 Cole Street, Warren, IL 61087. Applications are also available at the Village Hall between the hours of 7 a.m. - Noon and 12:30 p.m. - 3:30 p.m., Monday-Friday. Deadline to apply is February 15th, 2019. Resumes or applications will not be accepted through Facebook or by email. The Village of Warren is an E/O/E.

337047

To place an ad in our Help Wanted Section
Call Laurie at
(815) 369-4112

Sales/Marketing

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Rock Valley Publishing, your hometown newspapers serving the stateline has an opening for an experienced Media Sales Representative to call on current and new accounts in a protected sales territory.

Growing area with many new businesses, this is a great opportunity for the right applicant.

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For immediate consideration send resume/job history to:
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Email: vicki@southernlakesnewspapers.com
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316524

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65534

FOR SALE

Announcements

DISCLAIMER NOTICE This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

Notice

CLASSIFIED IN-COLUMN ADS cannot be credited or refunded after the ad has been placed. Ads canceled before deadline will be removed from the paper as a service to our customers, but no credit or refund will be issued to your account.

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AUTOMOTIVE

Automobiles

2004 CADILLAC SRX AWD, 45k, \$60,000 new, loaded. Needs brake work. 847-987-7669

2005 E500 MERCEDES BENZ FWD sedan, 153,000 m., blue, excellent condition, \$6,000 OBO. Text or call 704-502-8439.

Boats

18FT. LUND DEEP V on 18 ft. Easy Loader Trailer, newer tires & bearings. Convertible top, mooring cover, all set up for Lake Michigan. Very clean. Many amenities. \$4,900. 847-922-6341.

2005 BENTLEY 240 CRUISE 60 HP, Bigfoot Mercury Outboard, with 2006 Trailmaster tandem axle trailer. \$11,000 OBO. 4500 lbs. shore station lift with canopy and electric motor. New in 2015. \$7,500 OBO. 630-209-9415.

Snowmobiles

03 ARCTIC CAT F-7 Original owner, garage kept, 6000k, VG cond. \$1850 262-843-3501

(2) 1994 YAMAHA VMAX 600 snowbikes, w/enclosed trailer, great shape, \$2,400. 262-662-5050.

Sports/Classic Cars

SWAP MEET 54th Annual Greater Milwaukee Area indoor winter automotive & vintage bi-

cycle swap meet. Sunday February 24th 2019 held 8am-2pm at Washington County Fair Grounds. 3000 Cty Hwy PV West Bend, WI 53095. Admission \$7.00 under 12 free. This is Wisconsin's oldest and largest indoor swap meet. Questions call Vicki at 262-337-0426. www.wichaptermasca.com Hosts Wi Chapter Model A Ford Club of America.

Sport Utilities

2006 CHEVY TRAILBLAZER 157K, tow pkg, roof rack. Sun roof, no rust. \$2,850. 262-758-4685.

Trucks & Trailers

1500 DODGE RAM 1996 half ton pick up. 318 magnum. Engine and transmission good. New water and fuel pump. Drivable but anti-sway bar rusted off. \$500. White-water 920-650-4885.

FORD 2011 F-150 FX4 5.0L V8 "Coyote" engine with 80,150 miles. Newer all terrain tires, 20" aluminum wheels, 36-gallon fuel tank, Sony navigation radio w/ Sync, FX Luxury Package. Excellent Condition. \$19,500 OBO (312) 720-3759.

FORD 2017 SUPER DUTY 6.7L, power stroke turbo diesel, 14,000 m, too much to list. 224-518-6491.

WELLSARGO 22' AUTOWAGON Trailer. \$6,000 OBO. 224-518-6491.

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Kimberlyn Raab and Jake VanHuizen finished fourth in Dramatic Duet Acting. VanHuizen walked away with a second place in Humorous Interpretation.



WarHawk speaker Linzy Friedlein finished sixth in Original Poetry at the Rockford Jefferson Speech meet.



SONYA WILLIAMSON PHOTOS *The Scoop Today*

• REAL ESTATE •

IN THE CIRCUIT COURT OF THE 15TH JUDICIAL DISTRICT JO DAVIESS COUNTY - GALENA, ILLINOIS DUBUQUE BANK AND TRUST Plaintiff, -v.- KATHLEEN B. SPEAKER, et al Defendant

2018 CH 21

NOTICE OF SALE

PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on November 8, 2018, an agent for The Judicial Sales Corporation, will at 1:30 PM on February 11, 2019, at the office of Vincent Roth Toepfer & Leinen PC, 122 1/2 N Main St, Galena, IL, 61036, sell at public auction to the highest bidder, as set forth below, the following described real estate:

Commonly known as 450 N. HICKORY ST. A/K/A 805 FRANKLIN ST., GALENA, IL 61036

Property Index No. 22-101-204-00.

The real estate is improved with a single family residence.

Sale terms: 25% down of the highest bid by certified funds at the close of the sale payable to The Judicial Sales Corporation. No third party checks will be accepted. The balance, including the Judicial Sale fee for the Abandoned Residential Property Municipality Relief Fund, which is calculated on residential real estate at the rate of \$1 for each \$1,000 or fraction thereof of the amount paid by the purchaser not to exceed \$300, in certified funds/wire transfer, is due within twenty-four (24) hours. No fee shall be paid by the mortgagee acquiring the residential real estate pursuant to its credit bid at the sale or by any mortgagee, judgment creditor, or other lienor acquiring the residential real estate whose rights in and to the residential real estate arose prior to the sale.

The subject property is subject to general real estate taxes, special assessments, or special taxes levied against said real estate and is offered for sale without any representation as to quality or quantity of title and without recourse to Plaintiff and in "AS IS" condition. The sale is further subject to confirmation by the court. Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale.

The property will NOT be open for inspection and plaintiff makes no representation as to the condition of the property.

Prospective bidders are admonished to check the court file to verify all information.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4). If this property is a condominium unit which is part of a common interest community, the purchaser of the unit at the foreclosure sale other than a mortgagee shall pay the assessments required by The Condominium Property Act, 765 ILCS 605/18.5(g-1).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

You will need a photo identification issued by a government agency (driver's license, passport, etc.) in order to gain entry into our building and the foreclosure sale room in Cook County and the same identification for sales held at other county venues where The Judicial Sales Corporation conducts foreclosure sales.

For information, examine the court file or contact Plaintiff's attorney: CODILIS & ASSOCIATES, P.C., 15W030 NORTH FRONTAGE ROAD, SUITE 100, BURR RIDGE, IL 60527, (630) 794-9876 Please refer to file number 14-18-08339.

THE JUDICIAL SALES CORPORATION One South Wacker Drive, 24th Floor, Chicago, IL 60606-4650 (312) 236-SALE

You can also visit The Judicial Sales Corporation at www.tjsc.com for a 7 day status report of pending sales. CODILIS & ASSOCIATES, P.C. 15W030 NORTH FRONTAGE ROAD, SUITE 100 BURR RIDGE, IL 60527 (630) 794-5300 E-Mail: pleadings@il.cslegal.com Attorney File No. 14-18-08339 Attorney ARDC No. 00468002 Case Number: 2018 CH 21 TJSC#: 39-68

NOTE: Pursuant to the Fair Debt Collection Practices Act, you are advised that Plaintiff's attorney is deemed to be a debt collector attempting to collect a debt and any information obtained will be used for that purpose.

l3109557

(Published in The Scoop Today Jan. 16, 23 & 30, 2019)

336606



WarHawk speaker Adriana Curtiss finished sixth in Prose competition.

College news

UW-Stevens Point area undergraduate honored for scholastic achievement

The University of Wisconsin-Stevens Point honored more than 2,275 undergraduate students for attaining high grade point averages during the fall semester of the 2018-2019 academic year including Daniel Bellich of Hanover, Junior, High Honors.

Stockton/Warren Speech Team

WarHawks Jenna Haas and Trace Williamson did a great job at Impromptu Humorous Acting.

Illinois Extension and Jo Daviess County Master Gardeners present Spring Break Gardening

The Jo Daviess County Extension Staff along with the Jo Daviess County Master Gardeners are busy planning their annual Spring Break Gardening Day. This year the event is being held on Saturday, March 16, from 9 a.m. to 2 p.m. with registration beginning at 8:30 a.m. The event is being held at the CTE Academy, 950 US HWY 20 W. Elizabeth, IL. There will be a \$20 registration fee that will include refreshments, lunch and handouts. Also, please be aware that if you choose to participate in the Hypertufa Pot or Rain Barrel breakout sessions there will be an additional fee associated with each of them to cover materials that you will go home with. For more information or to register for this program please visit us online at go.illinois.edu/jsw or call us at 815-858-2273.

This year the keynote address

will be given by Peggy Doty, University of Illinois Extension Energy and Environmental Stewardship Educator on The People and Nature Perspective. Peggy Doty specializes in environmental education as a means to relate wildlife related issues and water quality to all ages. She holds a B.S. in Zoology with a specialization in wildlife management. She also holds a M.S. in Education with a specialization in Outdoor Teacher Education in Curriculum and Instruction. Peggy is especially interested in human reactions and relationships to wildlife who have adapted to urban environments. Peggy has been teaching environmental education for over 20 years and is passionate in regards to teaching children about their environment and helping people understand wildlife as it relates to their lives.

Following the keynote address there will be several breakout sessions on topics that include: Construction and Maintenance of Rain Barrels, Composting in the Home Garden, Hypertufa Pots, The Backyard Orchard, Seed Saving and Seed Starting, and Holistic Approach to Healthy Soils. The Jo Daviess County Master Gardeners and Master Naturalists will have a table set up where you can ask them questions you may have and learn more about what the groups do or can do for you. For more specific details on what the breakout sessions will cover please visit our website at go.illinois.edu/jsw or call us at 815-858-2273.

There will also be a silent auction taking place. Bidding will open at 8:30 and will close at 2:05. Silent auction items will include a monarch house, a bat house, plant stands, handmade duck and turtle decoys, a hypertufa pot and much more.

We look forward to seeing you there!

ANTIQUES & HOUSEHOLD ITEMS AUCTION
 507 E. MAIN ST. • LENA
SATURDAY, Feb. 2, 2019 - 10:00 A.M.
(Severe weather date: Sunday, Feb. 3)

ANTIQUES & COLLECTIBLES: blonde bedroom set; oak banjo seat chair; blanket chest; blonde piano bench; Art-Deco chairs; Cosco kt stool; wood little red wagon; table fan; Keystone film projector; cast/brass floor music stand; fur coat; pictures incl. canvas & fly fishing; sheet music; records; Barbie, Midge & Skipper carrying cases; cardboard Barbie Dream House; Sterling Silver salts; glassware.
HOUSEHOLD & MISC. ITEMS: modern oak lighted curio stand; sofa; Lay-Z-Boy recliner; glider/rocker; sm dropleaf table & chairs; cast/glass coffee & end tables; entryway bench w/storage; (2) single beds; chests; wood storage cabinets; wood book shelves; file cabinets; round card table set; dehumidifier; Kenmore & Dirt Devil vacuums; White sewing machine; usual kt & household items; Crosman BB/pellet gun; patio loveseat/glider & (2) swivel chairs; shop vacs; lawn/garden tools; power & hand tools; rock garden/lawn ornaments; fishing poles & tackle.

TERMS: CASH or GOOD CHECK

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Emergency Vehicle Operators wanted

Location: Green County Emergency Medical Services, Inc. – Monroe, WI

General Description:

To provide pre-hospital care as part of the pre-hospital emergency medical system according to the mission statement, By-laws, policies, and guidelines of Green County Emergency Medical Services, Inc. and regulations set by the State of Wisconsin Department of Health.

Job Duties:

Answer ambulance calls, calmly, efficiently, and promptly and comply with State regulations and Green County Emergency Medical Services Inc. guidelines and policies.

Drive ambulance from Green County Emergency Medical Services, Inc station in Monroe, WI to the location of ambulance call in a safe manner.

Follow all State of Wisconsin Department of Transportation driving regulations.

Operate ambulance with due regard for the ambulance crew and other drivers on the road.

Perform appropriate clean up and disposal of contaminated items when necessary.

Perform filling technique of oxygen canisters as needed.

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Communicate as needed to any of the following:

Emergency Medical Technicians.

Law Enforcement Personnel.
Fire Personnel.

Family Members of Patients.
Patients.

Hospital Personnel.

Job Requirements:

Must be at least 25 years old.

Possesses a current State of Wisconsin Driver's License

Possesses a clean driving record (pending approval from GCEMS insurance carrier).

Ability to speak and understand English

Ability to read, write, and follow oral and written directions.

Ability to handle, and perform in, stressful situations.

Possesses a working knowledge of radio procedures and etiquette.

Ability to transfer events to GCEMS approved forms.

Possesses ability to work together as a team.

Completion of available Emergency Vehicle Operator Certification course every two years.

Completion of American Heart Association Healthcare Provider CPR certification with refresher every year.

Ability to read city and county maps to locate addresses quickly and efficiently.

Maintain on-call requirements of 96 hours per quarter (excluding Associate members).

Attend monthly membership and training meetings (First and Third

Mondays of the Month unless otherwise noted).

To apply for a position you can:
Call 608 329 4367

Stop in the office M-F 1800 12th Street, Monroe WI 53566

email mail@greencountyems.org
Visit our website greencountyems.org for more information.

JDSWCD offers Lester A. Johnson Memorial Scholarship

The Jo Daviess County Soil and Water Conservation District (SWCD) is taking applications for a \$1,000 Scholarship in the memory of Lester A. Johnson. This will be awarded to a Jo Daviess County youth who is or has graduated from a Jo Daviess County school to further his or her education beyond high school in agriculture, soil, fisheries, or a wildlife field. All completed forms must be received by March 29, 2019 to the SWCD office at 227 North Main Street, Elizabeth, IL 61028. Applications may be obtained from any of the high school guidance counselors, by calling the SWCD office at 815-858-3418, extension 3, or emailing mindy.pratt@il.nacdnet.net.

We are proud to welcome



Dr. Caitlin Pullara

Stockton Dental Center
Dr. Stephen Petras
120 West Front Avenue
Stockton, IL 61085
www.stocktontental.com
815-947-3700

A licensed Illinois General Dentist

Dr. Caitlin Pullara (Finnane) to our community to join Dr. Petras at Stockton Dental Center. Dr. Caitlin grew up in Janesville, Wisconsin. She completed her undergraduate studies at University of Wisconsin-Madison and Wisconsin Lutheran College before attending dental school at Midwestern University in Downers Grove, Illinois. Prior to moving to the Stockton area, she served the area of Shorewood, Illinois as a general dentist.

Dr. Caitlin has established herself as a skillful and compassionate clinician early in her career. Her dedication to giving back to her community has been evident from an early age, and combining that drive with her commitment to providing quality dentistry is something that is very important to her. She is devoted to building trust with patients and remains active in post-graduate learning. Dr. Caitlin is looking forward to the opportunity to establish herself as a healthcare professional and community leader in northwest Illinois.

Dr. Caitlin and her husband are excited to relocate to the Stockton area. Outside of the office, Dr. Caitlin enjoys watching her Wisconsin sports teams, being outdoors, and spending time with friends and family.

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WOODBINE BEND



GOLF COURSE & RESTAURANT

MEMBERSHIPS

All membership prices include a cart and all fees for the year

- Junior (under 18, cart not included) \$110
- Driving Range \$100
- College (I.D. current, cart not included) \$220
- Weekday (Sunday afternoon - Thursday) \$720
- Single \$1,150
- Couple \$1,750
- Family (2 parents, 4 kids living at home) \$1,760
- Social (Bring guests for cart fee) \$2,640
- Corporate All-inclusive \$3,300



Receive 10% OFF
memberships if purchased
before March 15.

We will be serving
Valentine's Day Dinner
by reservation only.



We will be open for dinner
Fridays & Saturdays
starting March 15.

