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YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, JUNE 12, 2019

IDNR announces planned improvement projects at Lake Le-Aqua-Na State Park

Lake Le-Aqua-Na State Park in Stephenson County will be closed in 2020 while a number of improvement projects to the park's main lake, boat access area, roadways and related facilities are underway, the Illinois Department of Natural Resources (IDNR) announced today.

The IDNR will host a public informational meeting on the projects in July at which project details will be presented and staff will be on hand to answer questions.

The slate of long-awaited projects for Lake Le-Aqua-Na State Park follows a study and consultants' report that included investigation of ongoing water loss from the park's lake system. The projects planned to be conducted in 2020 will include:

- * Draining the main lake, including the elimination of the present undesirable fish population, which has been in decline for many years;

- Repair of the water loss in the main lake, including repairs to the water level control structure and mechanisms;

- * De-watering will result in aeration of the lake bed, which will consolidate sediment and reduce nutrient levels which have degraded the lake.

- * Removal of silt from the west area of the lake which has collected over more than 60 years.

- * Enhancement of Waddams Creek within the park to include riffles and pools to potentially reduce sediment and nutrient loading to the lake from the watershed. The creek project will also have a positive impact on fish habitat and will result in improved angler access for the park's catchable rainbow trout fishing program.

- * Moving and re-constructing the

boat ramp and parking area.

- * Installation of improved fish habitat in the lake basin prior to re-watering.

- * Reconstructing the ADA/accessible fishing pier.

- Full reconstruction and realignment of the park road system.

- * Re-watering, restocking and restoration of the fishery.

"Draining of the lake will allow the IDNR Division of Fisheries to rehabilitate a very poor fishery and remove unwanted nuisance fish species at Le-Aqua-Na," said Rob Miller, regional administrator for the IDNR Division of Fisheries. "Sediment removal will help increase available habitat for future fisheries while helping to improve existing water quality issues within the lake."

To accomplish the ambitious project schedule, the IDNR plans to close Lake Le-Aqua-Na State Park beginning on Jan. 1, 2020, with the closure continuing through the entire year. Working toward the closure, the drawdown of the park's main lake will begin after the Labor Day holiday weekend this September and continue until complete. A measured de-watering schedule will ensure that aquatic conditions in Waddams Creek below the lake will not be adversely impacted by the lake water released downstream.

The date, time and location of the public informational meeting on the Lake Le-Aqua-Na State Park projects will be announced soon.

The IDNR appreciates the patience and understanding of park users as the projects to improve and enhance visitors' natural resource experience at Lake Le-Aqua-Na State Park will be underway in the coming months.



MANDY FIELDS PHOTO Shopper's Guide

Servin' 'em up hot

Members of the Lena Winslow Speech Team operate the brat stand at AJ's Lena Maid Meats.

100 Women Who Care recognize Freeport Pregnancy Center

Congratulations to the Freeport Pregnancy Center on being this quarter's recipient of donations. Earlier this week we presented checks and cash totaling \$13,800!

The Freeport Pregnancy Center (FPC) has been offering compassion, hope, and help to women facing an unplanned pregnancy in Stephenson County since June 1991, beginning as a satellite of the center in Rock-

ford. Since that time, FPC has been meeting the needs of families for whom a pregnancy may be a crisis. All services have always been free to women, teens and men. Their services have expanded to include pregnancy tests, limited ultrasounds, and presentations in area schools (Sexual Risk Avoidance). They also offer classes covering pregnancy, parenting, and various issues families

struggle with (including court-ordered parenting sessions, helping parents fulfill court orders).

The Safe Sleep Program that they are a partner in offers new Pack 'n' Plays to help prevent loss of infant lives. They provide new car seats with classes for proper and safe use. They also refer to area agencies and

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Monroe Balloon and Blues – heat wave forecast

Weatherman predicting a mid-June heat wave in Monroe, Wisconsin.

The long-term weather forecast for June fourteen and fifteen in Monroe, Wisconsin, is HOT. Hot air and hot blues are on tap for the 2019 Balloon and Blues Festival, with two days of color in the sky, fire on the ground, and a smokin' lineup on stage.

Color in the Sky

Hot air balloons go up on Friday and Saturday around 6 p.m. and Saturday morning at 6 a.m. Balloons float with the wind over the countryside of Southern Wisconsin's Green County. When the propane runs low, pilots look for open fields to land, providing a spectacle for "balloon chasers" and photographers, and on occasion some curious Holsteins or Brown Swiss. For evening balloon lift-off from the Green County Fairgrounds, keep your eye to the sky and your ear tuned to the stage. Bring lawn chairs or a blanket to stake out a spot near the music tent.

Fire on the Ground

Always a favorite crowd pleaser are the "balloon glows" at dusk on Friday and Saturday night. The pilots tether their balloons and fire up the propane. Hot colors run hotter, the dark sky gets brighter, and the stage starts smoking...

Smokin' Blues Lineup

Dave Potter gets the party started Friday evening at 6:30 p.m., with an assist from Madison Slim (aka Mark Koenig) on harp. Dave's been working the mojo on his own brand of the Chicago sound since he first picked up a guitar at age ten.

Friday evening showcases the grit, soul, and charm of Milwaukee-based band Altered Five at 8:30 p.m. The vocals of Jeff Taylor plus the guitar work of Jeff Schroedl are a force to be reckoned with; contemporary blues fused with vintage soul. Altered Five's single "Charmed and Dangerous" won Blues Song of the Year at the 2018 Wisconsin Area



COURTESY PHOTO Shopper's Guide

Vocalist and harmonica player Brandon Santini's inspiration is as much from legendary rockers The Rolling Stones, Tom Petty, and Creedence Clearwater Revival as it is from iconic blues artists Little Walter, Muddy Waters and Howlin' Wolf. Santini headlines this year's Monroe Balloon and Blues Festival on Saturday night.

Music Awards, and the band was also named Blues Artist of the Year.

Saturday afternoon the music starts at 2:30 p.m. with hometown favorite Birddog Blues Band featuring the vibe and the signature sounds of Ken "Bird Dog" Olufs on the harp.

Next up is Ivy Ford Band at 4:30 p.m. "Chicago's Blues Kitten" will let the good times roll for some sultry blues with an indigo attitude. On her latest album "Time to Shine" Ford doubles on vocals and guitar – a signature custom black and white polka dot Stratocaster. She's opened for Buddy Guy, and plays the Chicago Blues Festival earlier in June.

New York Blues Hall of Famer Dave Fields takes the stage at 6:30 p.m. with blues, rock, and beyond.

No one can bend the notes like Fields when he has a guitar in his hands. He's high energy, funky nerves, a fiery and soulful performer.

Saturday night headliner (8:30 p.m.) Brandon Santini hits all the right (sliding) notes: funk and jazz and blues tinged with the flair of country rock. His influences are as much the Rolling Stones and Tom Petty as they are Muddy Waters. Santini has played everywhere from Mumbai, India to Memphis, Tennessee, and now right here in Monroe, Wisconsin. This is one band you cannot miss.

Monroe Balloon and Blues Festival is sponsored by major "crown sponsor" Klondike Cheese in Monroe – home of Odyssey Brands feta cheese and Greek yogurt, along with artisan cheese crafted under the Buholzer Brothers label. In balloon lingo, the crown refers to the very top of the balloon, and Klondike represents the top of the game when it comes to award-winning cheese and Wisconsin Master Cheesemakers.

Balloon and Blues is presented by The Arc of Green County, an organization that assists individuals with disabilities to enhancing educational opportunities, independent living, social experiences and general enjoyment of life.

Plan Ahead

Admission to the Green County Fairgrounds (2600 – 10th Street in Monroe) is free, with parking onsite for a nominal fee. Street parking is available around the Fairgrounds. On site: beer, wine, and food vendors. Bring your own lawn chairs and blankets. Proceeds from the Beer and Wine Stand will go toward projects and causes of The Arc.

Book your room in Monroe and Green County by checking options at www.greencounty.org. Call 1-888-222-9111 for a Green County Visitor Guide and map. For the latest schedule of weekend events (including the Classic Cruise-In Car Show, craft show, helicopter rides, and pony rides) go to www.monroe-balloonrally.com, or follow the event on Facebook www.facebook.com/balloonrally/



COURTESY PHOTO Shopper's Guide

Representing some of the fourth generation members of the family-operated Klondike Cheese Company are Matt Erdley, Luke Buholzer, and Adam Buholzer. As one of Green County's leading cheese factories when it comes to awards, production and expansion, Klondike has again risen to the top as major "crown" sponsor of the 2019 Monroe Balloon and Blues Festival.

Balloon rally and concert keep area initiatives for disabilities aloft in Green County

By Tony Ends
CORRESPONDENT

It's hard to miss Monroe's Balloon Rally, which has for 33 years put from 15 to 60 of the colorful aircraft aloft in Green County on Father's Day weekends.

Not everyone knows how important the big event is, however, now 3 years running, to people with disabilities. ARC of Green County, one of 14 Wisconsin chapters affiliating with 700 of the groups nationwide is a key sponsor of the balloon rally and blues fest.

"It's our main fundraiser of the year," said ARC supporter and event coordinator Nick Faessler, who farms with his brother Pat in the towns of Spring Grove and Sylvester near Brodhead.

"About 20 volunteers help out with the show grounds during the 2-day event," Faessler said, "and you'll see people with disabilities taking active roles, too, during the rally and blues performances, Friday and Saturday,

June 14 and 15.

"A second set of volunteers sell concessions, a third group makes the blues concert happen, and a fourth are involved in the car show. Last year we had about 50 cars turn out despite the rain. Green County Tourism handles advertising and marketing – we'd be lost without them."

Rooted in efforts that began back in 1950, The Arc has grown nationally and adapted to changes people with disabilities face across life and ever-shifting trends in America. The Arc has seen at least three name changes, but its mission has remained the same.

"The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes," states the national organization's website.

For the Green County Chapter, people attending the annual balloon rally and blues music program at the fairgrounds in Monroe contribute mightily to activities and services in this mission.

"We have helicopter rides this year during the rally for 2 days," Faessler said. "There are games for kids, too, and a pancake breakfast Saturday. We've sometimes gotten 5,000 or more people to turn out for the balloon glow as the sun goes down."

It's an awesome image for an inspiring purpose. Take dads and granddads. Show respect and support for people of intellectual and developmental disabilities.

THE SHOPPER'S GUIDE

"Committed to the communities we serve"

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Celebrating 50 years of wedded bliss

The children of Gael & Nora (Werner) Brewbaker of Stockton, are pleased to announce the 50th Wedding Anniversary of their parents. Gael & Nora were High School sweethearts. They were married on June 14, 1969 at St. Nicholas Catholic Church in Aurora, Illinois. Gael & Nora have two daughters, Julie (Scott) Janssen of Shannon, Ill and Jennifer (Brian) Jordan of Stockton, IL. They are blessed with five amazing grandchildren: Meredith, Ashley & Trevor Janssen (Shannon, IL) and Adam (Beaufort, SC) & Aric (Gurnee, IL) Jordan. When Gael & Nora are not running to their grandkids events they enjoy traveling especially taking cruises to see places all over the globe. They will be celebrating with family & friends on an Alaskan Cruise later in the year.

Stockton Chamber Of Commerce to stage 5k/10k run

Chamber of Commerce is excited to be presenting this year's annual Stockton 5k/10k Run/Walk, taking place at the Stockton Park on Saturday, July 6. The Chamber is delighted to help continue this tradition in Stockton for the 12th year in a row. The run was started by three local brothers, Steve, Tom, and Andy Jordan. The first year they kicked off the event with 91 runners in attendance. That following quickly grew to over 150 runners and then to upwards of 250 as years went on.

Over these more recent years, that number has remained steady around 300 as it becomes a community tradition bringing people and families together from far and wide.

"As the race has grown over the last several years, it was necessary for me to find a partner to help manage it," said Steve Jordan. "I am excited to be transitioning the management of the event to the Chamber. I am looking forward to this partnership and enjoying this event as a participant with my family. Thanks to everyone who has volunteered over the years to make this event what it is today."

Perks you can expect from the Stockton run: On-course entertainment provided by the Stockton Band, A great spread of snacks and refreshments after the race, free access to the Stockton Pool following the event,

performance T-shirts provided to all runners, instant race results online, on your phone, and on touch screen kiosks at the race provided by J3 Timing, family discounts, and breathtaking scenery and views on a great community course.

Visit the race Facebook page for more details at facebook.com/Stockton5k10k/.

You can register online to take advantage of early registration discounts by visiting runsingup.com/Race/IL/Stockton/Stockton5k/. Registration

the day of the race will take place at the Stockton Park House.

Huge thanks to all of the great support this event has received thus far from sponsors in our community who make it such a success. The Stockton Chamber hopes to grow and continue this event for years to come!

For more information about this and other Chamber events, you can contact the Chamber's Marketing Assistant, Caitlynn Greve, at info@stocktonil.com or through Facebook at facebook.com/stocktonchamber/.



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Gary and Jean Amendt celebrate 50 years

Gary and Jean Amendt of Elroy, IL, will celebrate their 50th Wedding Anniversary. They were married at St. Victor's Catholic Church in Monroe, Wisconsin on June 14, 1969.

They have three sons; Derek (Julie Skaggs) in Union IL, Ryan (Sue), and Tim both of Elroy. They are blessed with five grandchildren: Christopher, Erin, Max, Molly, and Brody.



COURTESY PHOTO *he Scoop Today/Shopper's Guide*

Peter and Alice Brown celebrate 45 years

Pete grew up on the south side of Chicago and Allie in the rural town of Coal City, IL. Their paths crossed at Eastern Illinois University while pursuing their education. On June 15, 1974 in Coal City, IL Pete and Allie exchanged vows and were married at the United Methodist Church. Pete and Allie spent their early years in the suburbs of Chicago before moving to Lena in 1978. Pete started his career for the Lena-Winslow school district as a teacher and coach. He now enjoys "retirement." Allie also worked for many years at the school district. Pete and Allie have three grown and married children and eight grandchildren. They remain active in their church, volunteering, and community organizations and enjoy spending time with their family and friends. Throughout their marriage, they have continuously demonstrated a model of unconditional love. All who know them, recognize what special people they are. Please wish them a heart congratulations on their blessed marriage.

Airyonna Willson says:

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Pritzker pushes through far-reaching agenda

CAPITOL NEWS ILLINOIS

After four years of fiscal austerity and the pro-business, anti-union agenda of former Republican Gov. Bruce Rauner, Illinois lawmakers took a sharp turn to the left during the just-completed legislative session, passing a budget with more than \$1 billion in new spending and a host of new, more liberal social policies.

Those social policies include raising the minimum wage to \$15 an hour by 2025, legalizing recreational marijuana and sports gambling and declaring access to reproductive health services, including abortion, a “fundamental right.”

“This one has been unlike any I’ve ever served in,” Rep. Michael Zalewski, a Democrat from Riverside, said during an interview in the final days of the session. “Both in action and the substance of the issues, and the importance of the issues, this has been the craziest session I’ve ever been a part of.”

Although many of the initiatives enacted this session were debated for years in Illinois, most observers credit first-year Democratic Gov. J.B. Pritzker for pushing them through. But Pritzker also had help from Democratic supermajorities in both chambers of the General Assembly—majorities that resulted from a “wave” in the 2018 election that changed the course of Illinois politics.

Christopher Mooney, who teaches state politics at the University of Illinois at Chicago, said the Land of Lincoln was always something of an outlier among Midwestern states. They are traditionally known for being moderate-to-conservative in their policies and slow in making big, sweeping changes.

“We’re not Iowa. We’re not Wis-

consin. We’re not Michigan,” he said in a phone interview. “We have a different kind of economy. And we have Chicago as basically a third of the state, and if you count the metro area, it’s basically two-thirds of the state.”

Rauner’s election in 2012, Mooney said, was largely the result of the unpopularity of his predecessor, former Democratic Gov. Pat Quinn. He added that much of Rauner’s true conservative character was not revealed to voters until after he took office in 2013.

Because of that, Mooney said, the election of Pritzker and a supermajority of Democrats in 2018 and the sharp turn to the left that followed can really be seen as a kind of course correction for Illinois rather than a long-term reversal.

“After four years with a Republican governor, and under the crazy fiscal situation that we had, and the sort of self-inflicted wounds, problems don’t stop in situations like that,” Mooney said. “It’s like, if you have a bad infection on your foot. If you break your leg, you’ve got to fix that quick because it hurts. But that doesn’t stop the infection from growing.”

For Republicans in the General Assembly, though, the 2019 session was anything but a cause for celebration.

“The last four years under Gov. Rauner, we were able to stop some things because we had more seats,” said Rep. Tony McCombie, a Republican from Savanna. “And they had to have conversations with Republicans, and that’s the most important thing. I believe that that really upset them, that they lost a little bit of control, and they really are showing us and reminding us who they are, what their agenda is, and they’re really

giving it to us.”

McCombie is heading up the House Republicans’ 2020 election strategy.

Jason Gerwig, spokesman for Senate Republican Leader Bill Brady, said that while there was unanimous opposition in the party to a graduated income tax, legislative pay raises, minimum wage hike and the Reproductive Health Act, there were some bipartisan agreements.

“We did ... find common ground on investing in our children’s education, providing resources for senior care and persons with disabilities, achieving business reforms that will grow our economy, and investing in our state’s critical infrastructure needs,” Gerwig said in an email to Capitol News Illinois.

Following is a summary of the major legislation that passed during the 2019 spring session:

Budget

The rookie governor achieved bipartisan support for his first operating budget, accomplishing in six months what it took Rauner nearly two years to achieve. The budget spends just over \$40 billion, increases K-12 education funding by \$375 million, raises higher education funding by 5 percent and adds \$567 million to human service agencies decimated by Rauner’s cuts. The bill also makes the state’s full \$8.4 billion statutorily mandated pension payment, and increases funding for the beleaguered Department of Children and Family Services budget by \$100 million.

Graduated income tax

Pritzker’s marquee campaign proposal—changing Illinois’ constitution to allow the General Assembly to tax higher income earners at higher amounts—will be on the 2020 November election ballot. The governor also signed a rate structure proposal that would take effect upon the amendment’s approval by voters. That structure would bring in an estimated \$3.5 billion while lowering taxes on those earning less than \$250,000 and raising the rates on those making more than that amount. Sixty percent of those voting on the question or the majority of those voting in the election must support the change for it to become law.

Capital plan

Cranes will soon be in the air and construction crews on the roads after approval of the state’s first capital infrastructure plan in over a decade. The plan will invest \$45 billion in Illinois’ crumbling infrastructure, with

\$33.2 billion to transportation, \$3.5 billion to education infrastructure, \$4.3 billion to state facilities, \$1.2 billion for environment and conservation, \$420 million for broadband deployment, \$465 million for health care and human services, and \$1.9 billion for economic and community development. The plan is funded by a variety of new taxes and fees detailed below.

Gas tax, fees

Beginning July 1, the state’s gas tax will double to 38 cents and the diesel fuel tax will get bumped 5 cents to 45.5 cents total. The measure also shifts 1 percent of Illinois’ sales tax on motor fuel to the road fund every year beginning July 1, 2021. For cars and passenger trucks, registration fees will go from \$101 to \$151 beginning Jan. 1, 2020, while electric vehicles will be charged a \$248 registration annual fee, up from \$35 every two years. Other title fees will go from \$95 to \$150 under the plan, while motor home registrations will cost \$250. Other registration fees for certain buses, trucks and trailers will increase by \$100.

Sports gambling and casino expansion

Just about all gambling options will be expanded in the state and new ones added under a sweeping proposal to make Illinois the gambling capital of the Midwest. The bill adds six casinos, expands video gambling and allows sports betting. The state’s casinos, horse race tracks, and professional sports arenas—such as United Center and Wrigley Field—would be eligible to buy a sports betting license. Sports betting will also be allowed online or through mobile applications. Gambling expansion is expected to produce \$660 million in its first year due to licensing fees and taxes.

Other new taxes

The gambling expansion also included several new taxes, such as a \$1 per-pack cigarette tax increase, bringing the total tax to \$2.98. This will produce an estimated \$159 million in revenue. A 6 percent daily and 9 percent monthly tax on parking lots and garages will produce an estimated \$30 million. The bill would also subject electronic cigarettes, including e-cigs, vapes and hookahs, to taxation as tobacco products at 15 percent wholesale. The bill would also remove a sales tax exemption on traded-in vehicles valued above \$10,000, producing \$45 million in revenue. Sales tax would also be

collected on online purchases made through remote or out-of-state online retailers. All new money, along with all revenues from the gambling expansion bill, would fund a \$45 billion capital infrastructure program. These new taxes would begin to roll out from July 1, 2019, to Jan. 1, 2020, pending Pritzker’s approval.

Reproductive Health Act

Proponents and opponents agree a bill Pritzker vowed to sign will make Illinois the most liberal state in the nation for access to reproductive health care. The Reproductive Health Act, which repeals and replaces Illinois’ current abortion law, was a source of controversy this session, but it ultimately gained approval from both houses after remaining in legislative limbo for several months.

Legalized recreational marijuana

Those over the age of 21 will be able to purchase and smoke marijuana recreationally beginning Jan. 1, 2020. The measure includes expungement language for those affected by the war on drugs and allows for several new grow and retailer licenses over the life of the program, which could bring in \$500 million annually when fully matured.

Minimum wage

Wages for Illinoisans will rise to \$15 hourly by 2025, going up incrementally each year. The proposal was Pritzker’s first big legislative win in February and was achieved with only Democratic support.

Tobacco 21

Illinois became the first Midwestern state to change the age to buy cigarettes, e-cigarettes, vapes, chewing tobacco and other goods containing nicotine from 18 to 21. Pritzker signed the measure, and the law takes effect on July 1.

Bluebird houses for sale

The Eagle Nature Foundation (ENF) has been donated many new bluebird houses. They do no good to the bluebirds by sitting inside our office, so ENF is making them available to the general public at a special price of \$5 each. Please stop in the ENF office at 300 East Hickory Street, Apple River and purchase as many of them as you want.

They each have a bottom that can be easily removed to clean the houses out and then replaced. Put them up on fence posts or trees that are somewhat in the open. These houses may even be used by tree swallows, which have yet to come north for the year.

At this price you can put up five or six houses to create your own bluebird trail. First come-first served.

For more information contact, Terrence Ingram, Exec. Director, Eagle Nature Foundation, 300 East Hickory Street, Apple River, IL 61001.

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ON THE RECORD

Obituaries

CAROL PAYNE

Carol Payne, 92, of Freeport, died in her home on Sunday June 2, 2019. Carol was born Feb. 20, 1927 in Oelwein, Iowa, the daughter of Arthur and Muriel (Raymond)



Bell. She married Earl F. Payne Sept. 5, 1943 in Oelwein, Iowa. Mr. Payne died on Sept. 27, 2014. Carol attended Crossroads Community Church. Carol owned and operated Nummie Drive-In, (Stockton) for many years. She was a member of the Order of the Eastern Star.

Surviving is her son, Kris (Debi) Payne; special niece, Julieanne Brady and several other nieces and nephews; two grandchildren, Angela (Scott) Burnop and Seth Payne.

Carol was preceded in death by her parents, husband, sisters, Dorothy Clark and Sharon Offenheiser; and one brother, Donald Bell.

Funeral services were Thursday June 6, at Burke Tubbs Funeral Home with visitation until the time of service. Burial will be in Oakland Cemetery. A memorial has been established in Carol's memory please sign her guestbook and share a remembrance at www.burketubbs.com

RANDEL "RANDY" K. POWELL

Randel "Randy" K. Powell, 69, of Freeport died Tuesday June 3, 2019 at his home. He was born June 3, 1950 in Freeport, the son of L. Gilbert and Eulalah (Welt) Powell.



On April 17, 1982 he married Sally Albrecht in Freeport. Randy was employed at Highland Community College as a custodian for 40 years. He was a member of the Eagles Club. Randy enjoyed wood working, gardening, Highland Community College basketball, Chicago Cubs and Bears, and most importantly spending time with his family.

Surviving are his wife Sally of Freeport; daughter Vanessa (Scott) Mabel of Sycamore, IL; grandchildren Caden, Cooper, and Chloe Mabel; sister Lana Rae (Robert) Dagle of Freeport; and brothers and sister-in-laws Jean (William) Kammer of Round Rock, TX, Shirley Ege of Elizabeth, IL, Nelda (Roger) Beyer of Billings, MT, Don (Shelby) Albrecht of Weston, WI, Rose Albrecht of Freeport and Larry (Kristi) Albrecht of Huntley, MT.

Randy is preceded in death by his parents, father and mother-in-law Henry and Dorothy Albrecht, niece Rebecca Collison, brother-in-law

Walter Ege and brother and sister-in-law Dean and Ruth Richtemeyer.

A visitation was held Friday June 7, at Burke-Tubbs Funeral Home. A private family graveside service will be held at Ladies Union Cemetery in Stockton. In lieu of flowers a memorial has been established in Randy's memory. Please sign his guestbook and share a remembrance at www.burketubbs.com

ROGER C. SCHULTZ

Roger C. Schultz, 74, of Freeport passed away on Monday, June 3, 2019 at Generations at Neighbors in Byron, IL. Roger was born on June 2, 1945 in Freeport, IL to Clarence and Marian (Dunbar) Schultz. He served his country in the United States Army from 1965-1967. He loved Farmall tractors, farming in general, the country, and fishing.

Roger is survived by his son Lucas (Toni) Schultz of Freeport, grandchildren; Adella Rose and Delta Mae, and one on the way; children from his first wife Charlotte Euler; Blake, Wendell, and Monica Klosa, sisters Betty Jones of Rochelle, IL, Pat (Thomas) Williams of Utah, and Karen Adams of Madison, WI, and a special friend, Lorraine Williams.

He was preceded in death by his parents and a sister Yvonne Smith.

Per his wishes, no services will be held. Burial will be at Elmwood Cemetery in Warren, IL.

Condolences may be sent to the family at www.leamonfh.com.

Births

Collin Daniel Broshous

Sara Sleeman and Chris Broshous of Stockton, IL, are pleased to announce the birth of their son Collin Daniel Broshous born on May 24, 2019 at FHN Memorial Hospital Freeport, IL. Grandparents are Eugene Sleeman of Prophetstown, IL, Lavon Petsche, Doug Broshous, and Cathy Broshous all of Stockton, IL. Collin joins a sister, Rylee.

Ava Louise Ernst

Chelsea Davis and Daniel Ernst of Lena, IL, are pleased to announce the birth of their daughter Ava Louise Ernst born on May 23, 2019 at FHN Memorial Hospital in Freeport, IL.

Monroe Clinic & Hospital Foundation presents dinner and a 'Little Golf'

Since 1992, New Glarus businessman Hans Lenzlinger has hosted Dinner and a "Little Golf" at the Swissland Miniature Golf Course and New Glarus Hotel. With the efforts of decades of hospice volunteers, all the monies raised have gone to Monroe Clinic Hospice Services. Over the past 26 years, Dinner and a "Little Golf" has raised more than \$500,000 to support Monroe Clinic Hospice. Last year alone, the event raised \$66,000 with the outpouring community support from businesses and individuals.

To honor the commitment and community connections Lenzlinger has brought to Monroe Clinic Hospice, the event will be recognizing the Hans Lenzlinger Family as the Founding Sponsor this year. His daughter, Briana, joined her father's cause in 2018 and works with the committee and volunteers to promote this fun and beloved event.

"The event has been growing every year, with 2018 being the biggest year yet. It's successful because the community realizes the value of the Hospice services and rallies behind this great cause," said Jane Sybers, Monroe Clinic and Hospital Foundation Executive Director.

This year Dinner and a "Little Golf" Hospice Fundraiser will be Tuesday, June 25 at Swissland Miniature Golf, 700 Hwy 69 South, New Glarus, WI. Mini golf begins at 4 p.m. Mini golf is followed by a prime



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A special thank you goes out to Hans Lenzlinger and his daughter, Briana Lenzlinger, for generously sharing their time, talent and treasure to support Monroe Clinic Hospice.

rib dinner at the New Glarus Hotel, 100 6th Ave, with both silent and live auctions. There is a video featured to showcase the true and human impact of the gifts of sponsorship and donations that are given.

June 17-20, the raffle baskets can be viewed and bid upon in the Hos-

pital lobby. Raffle tickets are \$1. You need not be present at the event to win.

Tickets for the event are still available. To reserve your spot or for more information, contact the Foundation Office at 608-324-1264 or Jane Sybers at Jane.Sybers@ssmhealth.com.

Grandparents are Robert & Marsha Ernst of Apple River, IL, and Richard & Julie Davis of Warren, IL.

Great Grandparents are Paul Ernst of Warren, IL and Sheridan & Twyla Watson of Defuniak Springs, FL.

Ava joins big sisters Katerina Davis and Aislynn Downs.

Waylon Randall Meyers

Mark and Sara Meyers of Lena, IL, are pleased to announce the birth of their son Waylon Randall Meyers born on May 26, 2019 at FHN Memorial Hospital, Freeport, IL. Grandparents are Mark and Lori Meyers Lena, IL, & Karla Houzenga of Chadwick, IL. Great Grandparents are Anna Meyers of Lena, IL, Bob & Jan Kaiser of Lena, IL, and Sylvia Melby of Erie, IL.



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CHURCH NEWS

The proceeds from St John's Ice Cream Social in Massbach will be donated to the family of Paul Heller, who is fighting stage 4 Cancer.



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St John's Lutheran Ice Cream Social

By Sherry Sager

Isn't it wonderful to know that in this wild, crazy world, there are still warm, wonderful people who treasure friendship, good food and giving to others? St John's Lutheran Church of Massbach, IL is just such a place.

The annual Ice Cream Social at St John's will be held, rain or shine, at the church on Thursday, June 20, from 4 to 7:30 p.m. at 8315 S Massbach Rd. They will be serving cafeteria style. Offerings include Italian Beef and BBQ sandwiches, hot dogs, German and regular potato salad, seven layer salad, cottage cheese, Jello salads, Calico beans,

potato chips, ice cream, lemonade, coffee and a huge assortment of the best homemade pies and cakes. The church is air conditioned and handicapped accessible. Carry outs are available.

This beautiful church family began more than 160 years ago when local people began gathering under a tree in the Massbach area, out in the open, to practice their religion. It continues today under the leadership of Pastors Lisa and Bruce Burbank. Situated on the rolling hills of rural Jo Daviess County Southwest of Stockton, it is truly in peaceful, lovely surroundings.

Each year the church picks a cause to donate the proceeds of the ice cream social. This year is particularly close to their hearts, as they will do-

nate all proceeds to the family of Paul Heller, who has been fighting stage 4 Cancer. Little Paul is only 4 years old. His family is from the Stockton/Warren area. Because of a Wilms Tumor, his right kidney had to be removed. The cancer has spread to both lungs, Lymph nodes and Renal artery. He is undergoing 31 weeks of chemo and radiation therapy at UW Children's Hospital in Madison. Paul has 2 brothers, Tyler (14) and Johnathon (10). His parents are Brandon & Kaydra (McPeck) Heller. So, please join them on June 20th. You will be helping this little guy immensely and enjoying a terrific meal. They are fabulous cooks. Come join them!

For further information regarding the event or donations, contact Chairwoman Minnie Lieb at 815-947-2132.

Summer Vacation Bible School at Apple River United Methodist Church

Blast off with the first Vacation Bible School to land on the moon! Apple River's To Mars and Beyond VBS will help kids discover the wonders of God's universe. Your kids will become voyagers on a journey through space, exploring where God's power can take them. Along the way, they'll learn how God walked with heroes of the Bible, and that God is always with them, too. Bible stories, science projects, music, art and out-of-this-world snacks will inspire kids to give glory to God, who is able to do far beyond all that we could ask or imagine!

The program is sponsored by the Apple River United Methodist and Presbyterian churches and starts Monday, June 17 to Friday, June 21 from 6-8 p.m. at Apple River United Methodist Church, 102 E Baldwin, Apple River. Vacation Bible School is free. Please contact Pastor Libby Rutherford at rutherford.libby@gmail.com or 815-990-1428 if you have any questions.

Good Shepherd Lutheran Church

All are invited on June 16, to Good Shepherd, 118 E. Mason St. Lena, IL as we gather for Holy Trinity Sunday Worship Service with Holy Communion at 9:30 a.m. This is Fellowship Sunday. We will meet in Fellowship Hall and sing our favorite hymns. We will eat, drink, pray and sing together. There will be a time for treats and refreshment after the service.

On Wednesday June 19, at 8 a.m. the Piece Corps Quilters will work together to craft quilts for Lutheran World Relief. They are always looking for more people to help tie quilts and sew. No previous quilting experience is necessary. Come join the fun and make a difference in the world!

On Wednesday June 19, from 5-8 p.m., Good Shepherd will be in downtown Lena with free games for all ages. There will be basketball hoop, giant JENGA, hula hoops and more. Stop by and have fun evening

On Thursday, June 20, Good Shepherd will be at the Friendship Center for Devotions and Desserts.

We are holding a silent auction in the Fellowship Hall during the month of June. The proceeds help our youth activities. Come and stop by the church and check it out!

If you have any questions call the church at 815-369-5552.

Salem United Church of Christ

Worship at Salem United Church of Christ, 8491 W. Salem Road, Lena will begin at 9:30 a.m. on Sunday, June 16, which is Father's Day and Trinity Sunday. It is also the day to bring back the baby bottles filled with pocket change for the Freeport Pregnancy Center. Pastor Randal Nicholas' sermon titled "Real Peace" will be based on Romans 5:1-5. The Wednesday Morning Breakfast Group will meet at the Beltline Café, 325 W. South St. in Freeport at 8 a.m. on June 19.

St. John's Lutheran Church (Pearl City)

You're welcome to attend worship at St. John's on Sunday, June 16 at 9 a.m. The Memorial & Finance Committees and Young Adult Hour will all meet after worship. The High School youth group will meet at 11 a.m. on June 16, and begin by delivering Grace Meals. The June Grace Meal menu will be grilled brats, baked beans, chips and watermelon.

Interested in a brief morning prayer? Join Pastor Ekstrand in the sanctuary on Tuesday and Thursday mornings at 9 a.m. for a Morning Prayer.

The St. John's Brat Stand has resumed for the summer. Join us on June 22 and July 6 for a brat or Hot Dog in downtown Pearl City at the American Legion Parking Lot from 11 a.m. until 2 p.m.

Don Strohecker was the winner of the \$200 Calendar Raffle drawing on June 2.

Encounter will be held on Monday, June 17 at 6 p.m. Encounter is an open group to come together in God's loving presence. A Sit n' Sew is scheduled for 11 a.m. to 3 p.m. on Tuesday, June 18. Bring a project to work on or help the Prayer Shawl ministry with various tasks. Enjoy fellowship and fun with others!

Need a place to hold an event in Pearl City? The main hall at St. John's is available for rent. Call the church for more information and availability.

St. John's Lutheran Church is at 229 S. First Street, Pearl City, Illinois. The office phone number is 815-443-2215 (mornings). All are invited to our weekly worship services and youth to our Sunday School and youth ministries. You may also email at prshadmin@gmail.com.

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Senior Resource Center schedules Galena Medicare class

If you have wanted more information on Medicare, Medicaid, tax freezes, prescription drug savings or other benefit programs closer to your hometown, you may be in luck. The Senior Resource Center is offering satellite office appointments on Wednesday, June 12, and a Medicare Basics/Turning 65 class, on Wednesday, June 19. Both will be at the West Galena Township Office in Galena.

At the satellite office appointments, resource specialists will be available for questions and to accept applications for benefits from 9 a.m. to 3 p.m. June 12, at the West Galena Township Office, 607 Gear St., Galena. Staff will assist seniors with license plate sticker discounts (BAAs), property tax freezes and senior citizen homestead exemptions.

They also will provide general information regarding programs individuals may qualify for such as Medicare Extra Help, which helps pay for prescription drugs. Call (815) 235-9777, ext. 228, to make an appointment.

The Medicare Basics/Turning 65 Class is set for 10 a.m. June 19, at the West Galena Township Office. Please call 815-235-9777, ext. 258, to reserve your spot. The 1 1/2 hour class is designed to help people navigate the

complexities of Medicare. It is ideal for those who are within three years of going on Medicare, who are already receiving Medicare and need a refresher, or for children or caregivers of people who are planning to go on Medicare or are already on Medicare.

All classes are taught by Ralph Norman, who has more than 40 years of experience in insurance and financial services. He is also a licensed SHIP counselor.

Expect to learn basic Medicare information such as the parts of Medicare, about Medicare supplements, and Advantage plans plus senior tax exemptions with time for a Q&A. Norman encourages people to bring their burning Medicare questions.

The Senior Resource Center offers programs, education and activities for people 50 and beyond, their families and caregivers in Stephenson and Jo Daviess counties. The programs include Adult Protective Services, AARP Tax-Aide, Information & Assistance, Money Management Program, Case Management, Transit and Education & Activities.

For more information or other questions about the Senior Resource Center, call 815-235-9777, ext. 254, or go to the center's website, www.seniorresourcecenter.net.

Orangeville American Legion sponsors Boys State participants

Orangeville American Legion Post 720 is pleased to announce the sponsorship of four Orangeville High School juniors for the American Legion Premier Illinois Boys State 84th Annual Session at Eastern Illinois University in Charleston (June 8-14).

Orangeville students attending the weeklong event are Christian Mackenzie, Ty O'Connor, Drew Setterstrom, and Will Setterstrom.

"At Boys State participants learn the rights, privileges, and responsibilities of citizenship. Although fictional political parties are created and the citizens are randomly assigned to one, Boys State is nonpartisan in the sense of U. S. or Illinois political parties.

The hands-on political and governmental elements of the program center around creating and facilitating city, county and state governments. Boys State activities include various levels of legislative sessions, political party caucuses, four different election cycles, general assemblies, band concerts, law enforcement presentations, recreational programs, and so much more."

Boys State programs currently exist in every state.

Team slots still available for Panther Open

Each year, the Le-Win Athletic and Music Boosters team up to host a golf outing that is as lively as it is rewarding—for both the participants and the students who benefit from the cause.

"We still have team slots to fill for the Panther Open, which will take place on June 15 at Wolf Hollow," explained Michelle Weegens, Le-Win Athletic Boosters President. "We're crossing fingers some last minute teams will round out our roster by June 12, as this event is a vital source of support for our school's music and sports programs."

Weegens assures participants need not be golf pros to have a blast on the green. And through the generous support of many community sponsors, event organizers are able to offer an impressive line-up of prizes, including: a 55" LG Smart TV, coolers, canopies, other televisions and so much more.

Registration forms are available at Community Bank's Lena and Winslow locations, as well as online at Le-Win.net. Cost is \$85/person or \$65/member and includes: golf w/cart, food on course, drink ticket, dinner, entertainment, course games and more. Dinner & Band-only tickets are also available at \$20 per person.

For more information, contact Weegens at lwboosters@le-win.net or 815-291-9946.



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Julie Hilliger, left, Senior Resource Center marketing and fund development coordinator, accepts a check for spring grant funds from Michelle DeHaven, executive director of the Freeport Community Foundation. The check was presented at the foundation's Spring Grant Reception.

Freeport Community Foundation awards grant to Senior Resource Center

"Technology to Serve Seniors" is getting a boost at the Senior Resource Center. The Freeport Community Foundation awarded a \$2,705.43 grant to help the center acquire various computers and others items designed to help staff better assist seniors where they live and improve program delivery.

The Senior Resource Center's grant was one of 14 distributed in a May Spring Grant Reception. The Freeport Community Foundation awarded grants totaling \$70,109.64 to 13 regional non-profit organizations that provide a variety of programs and services benefiting residents in Stephenson, Jo Daviess and Carroll counties of Northwest Illinois. Grants were awarded from the organization's Community Needs/Marvin Fund and the Craig Wilson

Trust.

"This grant from the Freeport Community Foundation will provide efficient, effective technology to truly offer appropriate assistance to participants," said Sonja Shoemaker, Senior Resource Center executive director of Social Services and Outreach. "We are so grateful to the foundation for their continued support that enables us to make this change for our participants."

As part of the Senior Resource Center's grant, the organization will upgrade select laptops, monitors, headsets and accompanying software. Departments and the seniors they serve throughout the Senior Resource Center will benefit from the grant including Adult Protective Services, Case Management and Educa-

tion & Activities. In addition, Senior Resource Center callers should notice a difference because those who are answering calls are now wearing headsets.

Staff will use the new technology to serve seniors throughout Stephenson and Jo Daviess counties.

The Senior Resource Center provides eight different programs or Pillars of Service from three locations in Stephenson and Jo Daviess counties. In its 40-year history, the SRC has expanded and serves thousands annually. Its mission is to grow by enhancing and developing services and programs that inspire community involvement, offer support and resources, and advocate independence and well-being of all seniors and disabled adults.

Highland Farmers Market returns

The Highland Farmers Market will begin on Wednesday, June 5 for its eighth season. The market will be held every Wednesday from 3 to 6 p.m. at Highland Community College in parking lot c (near the YMCA).

The farmers at the market offer a variety of fresh, local produce. In addition to produce there will also be beef, lamb, pork, jams, jellies, bread and other baked goods. All products are locally grown or locally produced by local farmers. For more information about the Highland Farmers Market call the University of Illinois Extension call (815) 235-4125.



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Daddy, I Love You
By Peter Rudenka

Daddy, I love you
For all that you do.
I'll kiss you and hug you
'Cause you love me, too.

You feed me and need me
To teach you to play,
So smile 'cause I love you
On this Father's Day.



Father's Day is Not Meant Just for Fathers
By Jahzzar

Father's Day is not meant just for fathers.
An uncle, too, can claim his just reward.
The child has a need for loving men,
However they may be akin, and when
Each grows into adulthood, has a word
Required to describe a model other,
Singing just the name to hear the chord.

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Three great tech gift ideas for your dad or grad

By NewsUSA

It's a time-honored tradition -giving gifts to our grads and dads for all of their hard work and dedication. But when picking out that gift, you may want to skip the traditional standbys and think tech! Digital Lifestyle Expert Mario Armstrong partnered with TechGifts.tv (watch video here) and a few top brands for a look at the gadgets and technology trends perfect for gifting on Father's Day and Graduation this year.

If you have an entertainment buff or a cord cutter on your list, then the Fire TV Stick 4K with Alexa Voice Remote makes a perfect gift.

Launch and control content with the Alexa Voice Remote and watch favorites from Netflix, Prime Video, Hulu, STARZ, SHOWTIME, or CBS All Access, plus stream for free with Pluto TV, IMDb Freeview, and others. Choose from 500,000 movies and TV episodes. And Alexa on Fire TV provides the most comprehensive voice experience of any streaming media player - view live camera feeds, check the weather, dim the lights, and stream music. Amazon Prime members get unlimited access to thousands of movies and TV episodes, plus listening to millions of songs with Prime Mu-

sic. Find this at www.amazon.com/firetv.

This next gift, Trekz Air from AfterShokz, provides dads and grads with a comfortable and safe way of listening to music. Unlike conventional headphones and earbuds that sit in or on your ears and use the eardrum to transmit sound, Trekz Air sit outside the ears and transmit sound through the listener's cheekbone to the inner ear, leaving the ear canal open. Whether your dad or grad is commuting to work, at their desk or working out, they'll be able to remain alert and aware of ambient sounds whiling enjoy-

ing music or talking on the phone. Boasting Bluetooth 4.2 connectivity, PremiumPitch technology and dual noise-cancelling microphones, Trekz Air pack powerful features in a functional, flexible and featherweight design that's perfect for the dads and grads in your life. Check it out at www.aftershokz.com.

Another great gift idea would be for the dads and grads creating content, which is becoming huge. The MV88+ Video Kit has everything you need to get started making quality video content instantly with an included tripod, phone clamp and cables - just add your phone and

you'll be capturing professional quality content wherever you are. The MV88+ offers a whole host of creative set-up options. So, whether you want to record a vlog, capture some sounds on your safari trip, interview another creator, or even connect the MV88+ rig to your own tripod, it's got you covered. It is "Live Stream" ready, there are two great free apps allowing you to have control over your audio, and handy presets for different applications. You can find this at www.shure.com/mario.

To find out more on everything featured above, visit TechGifts.tv.



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Shopper's Guide



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Grandfathers Are Fathers Who Are Grand

By Turlough O'Carolan

Grandfathers are fathers who are grand, Restoring the sense that our most precious things Are those that do not change much over time. No love of childhood is more sublime, Demanding little, giving on demand, Far more inclined than most to grant the wings Allowing us to reach enchanted lands. Though grandfathers must serve as second fathers, Helping out with young and restless hearts, Each has all the patience wisdom brings, Remembering our passions more than others, Soothing us with old and well-honed arts.

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Lena Winslow Principal's second semester honor roll

A student that receives a 4.0 and above, with no actual grade below an A, will be listed on the "Principal's" List. A student who has a grade point of 3.99 to 3.67 and no actual grade below an A- will be listed on the "High Honors" list. A student who has a grade point of 3.67 to 2.67 and no actual grade below a B- will be listed on the "Honors" list.

- Freshman**
 Conor DeZell
 Sarah Edler
 Sarah Foley
 Grace Fox
 Payton Scace
 Mikhail Schoonhoven-Hussain
- Sophomores**
 Ashtyn Brinker
 Marguerite Johnson
 Allyson Milder
 Jennifer Swedlund
 Sidney Weegens
- Juniors**
 Alec Bennett
 Jenna Bidlingmaier
 Samantha Kempel
 Joseph Lenz
 Madison Meador
 Jordan Streckwald
- Seniors**
 Adriana Curran
 Darren Dameier
 Carson Diddens
 Boone Durham
 Kendall Lobdell
 Meagan Mader
 Olivia Matz
 Emily Pontnack
 Christina Schubert
 Sophie Tootelian
 Ana Zinke

- High Honors Honor Roll**
- Freshman**
 Isabella Flaminio
 Ethan Fye
 Benjamin Gardner
 Leah Goebel
 Kamron Klever
 Lila Rudisill
 Ross Stabenow
 Nicholas Swedlund
 Kaitlyn Sweeney
 Kylie Wagner
- Sophomores**
 Alexander Daughenbaugh
 Griffin Durham
 Sarah Madigan
 Noah White
- Juniors**
 Ashlyn Enck
 Jaden Julius
 Kaylee Meyer
 Kaidyn Sargent
 Kierra Lynn Schulz
- Seniors**
 Bradyn Almasy
 Rebecca Edler
 Jacquelyn Moest
 Megan Packard
 Iris Trimble

- Honors Honor Roll**
- Freshman**
 Paige Bennett
 Luke Benson
 Ellie Bower
 Kamryn Cain
 Jocelyn Comito
 Gina DeVoe
 Taylor Ditzler Amill
 Ashton Gabel-Rollinger
 Emma Gobel
 Belle Jordan
 Lily Karakas
 Bella Lawson
 Brody Mahon
 Ava Randecker
 Rahmreon Roby
 Diana Sanchez-Lagunas
 Maddex Sargent
 Jaydon Stouffer
 Marissa Strominger
 Saige Yount
- Sophomores**
 Ashlyn Almasy
 Max Amendt
 Austin Block
 Hanna Brinker
 Carter Burke



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 Sage Huneke
 Douglas Jordan
 Tanner Kalkbrenner
 Owen Kempel
 Caleb Matz
 Mercedes Mowery
 Alysse Potter
 Annaliese Quinn
 Griffen Roberts
 Lucas Schoaf
 Jack Setterstrom
 Ella Wolfrom
- Juniors**
 Gabrielle Brinkmeier

- Alyssa Brown
 Cailey Cahoon
 Zoe Johnson
 Krista Keene
 Makenzie Lawson
 Shannon Noller
 Sean Ormiston
 Alivea Peight
 Jaiden Rakowska
 Nevaeh Roberts
 Madilyn Schultz
 Channing Vorwald
 Jenna Zeal
- Seniors**
 Cade Benson
 Elizabeth Brunner
 Aidan Cruz
 Alaina Gardner
 Kelly Geyer
 Amber Heinrich

- Brooke Knoup
 Maleah Linden
 Sydney Lindquist
 Parker Magee
 Ashley Pennington
 Isabel Schoaf
 Kendra Setterstrom
 Matthew Stampfli
 Sean Tootelian

College news

University of Minnesota Duluth announces Spring semester Dean's List

The University of Minnesota Duluth (UMD) is announcing the inclusion of Colton C Brinker of Lena, a Sophomore studying Education & Human Service Pro, Social Work B S W its Dean's List for Spring Semester 2019. Students on the Dean's List have achieved a grade point average of 3.5 or higher.

Monmouth College 2019 Spring semester Dean's List

These students achieved at least a 3.5 GPA for the Spring 2019 semester at Monmouth College while taking at least three academic credits. Kenneth Broge, a sophomore history major from Lena, the son of Greg and Bonnie Broge of Lena, IL. Miranda Rodebaugh, a junior psychology major from Orangeville, the daughter of Matthew A. and Danielle S. Rodebaugh of Orangeville, IL.

Founded in 1853, Monmouth College is a nationally ranked liberal arts college. Affiliated with the Presbyterian Church (U.S.A.) and the birthplace of the women's fraternity movement, the college offers 38 majors, 42 minors, 17 pre-professional tracks, and two innovative Triads in Global Food Security and Global Public Health.

Stephenson County Fair discount tickets

The Stephenson County Fair is offering discounted tickets until June 22, for the Concert and Tractor/Truck/Semi Pull events happening during the Fair. Attendees who purchase a ticket to the concert on July 13, (featuring Tyler Rich with special guests Brown & Gray and Back Country Roads) for general, reserved, track, or pit area seating, will receive \$5 off each ticket. Those who want to purchase all tickets at the same time for the three pull events (July 11 evening, and July 12 afternoon and evening) will also receive a 20% discount. The Fair Office will also be open on June 22, during the Stephenson County Ag Breakfast for people to stop by purchase their discounted pull and concert tickets. You can find information on all event and admission prices by visiting our website at www.stephensoncounty-fair.org.

PCEF offers \$8,000 in upperclassman scholarships

Pearl City Education Foundation announces the availability of \$8000 to fund Pearl City Upperclassman Scholarships for College or Trade School students for the upcoming 2019-2020 school year. Applications are available at the Pearl City School office or the School website www.pcwolves.net and also at the Pearl City Public Library and the State Bank of Pearl City. The deadline for returning completed applications to the Pearl City School is July 01, 2019. Since its 2010 inception the Pearl City Upperclassman Scholarship program has awarded 80+ scholarships with over \$35,000 having been distributed. This program is designed to be perpetual. The Pearl City Education Foundation (PCEF) welcomes additional donations to help increase the number, size, and scope of scholarships as well as helping to provide funds for learning experiences for students beyond the regular academic programs. These donations are tax deductible as PCEF has a 501(c) (3) tax status.

•Center (Continued from front page)

churches that provide services they do not have. They offer layettes (gift box filled with items needed for newborns), clothing up to 2T, gently-used furnishings such as strollers, high chairs, etc., diapers & wipes, and maternity clothing. They also offer loving, caring counsel from FPC workers. So many area individuals and churches have generously donated to provide and meet these needs. As they have met the above needs for many years, they have seen an increased need to expand their medical services. Expanding their medical services will require proper professional and medical personnel on staff, while adding to and updating their medical equipment. Through

this expansion they will be able to offer support and hope to individuals within the community whom they have not been able to reach before. Since all services are free, this non-profit organization relies completely on the support of the community through donations and volunteers in order to meet the needs of the clients. The donations from 100 Women Who Care will allow them to reach those individuals within our community more effectively and efficiently through the above programs and expansions. Congratulations FPC and thank you to member Char Kaiser for nominating and speaking to our members on behalf of FPC.

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FROM LENA'S KITCHEN



The not so skinny cook

We had some sunshine this week, so a lot of people's dispositions are better. We just can't seem to put together a string of sunshines. Here is hoping we get some of those days this week. The recipes I have feature some asparagus and strawberries. The asparagus seems to be one of the few things that are growing. Someone said that there are strawberries that you can pick in Elizabeth. There is nothing like a home grown strawberry; I know they aren't as big as the ones in the store, but they are usually sweeter. Enjoy these recipes that use asparagus and strawberries.

Sometimes people have a lot of asparagus, and need some ideas on how to use it. It is great used in casseroles and stir fry recipes. This next recipe is considered a delicacy in a lot of gourmet shops. You can eat these like regular pickles, use them in bloody Mary drinks, or chop them up and add them to salads. These sell for a nice price, but this recipe is easy and economical. Enjoy yourself as a gourmet cook.

Pickled Asparagus

- 1 lb. thick asparagus
- 6 sprigs fresh dill
- 1 bay leaf
- 1½ C. cider vinegar
- 1½ C. water
- 1/3 C. sugar
- ¼ C. kosher salt
- ½ t. black peppercorns
- ½ t. yellow mustard seeds

Trim asparagus spears to fit in a wide-mouth 1 quart glass jar with tight-fitting lid. Place spears upright in the jar. Add dill sprigs and bay leaf. Combine vinegar, water, sugar, salt, peppercorns and mustard seeds in small saucepan and bring to a boil. Pour brine into the jar after bringing to a boil. Make sure the spears are fully submerged. Let cool completely, about 1 hour. Affix jar lid and refrigerate for at least 3 hours before serving. Pickles can be refrigerated for up to one week.

This tasty strawberry salad makes a great luncheon salad or a great side. You can substitute baby spinach for the arugula if you prefer the taste better. You can also use feta cheese instead of Gorgonzola.

Strawberry Arugula Salad

- 2 C. torn arugula or baby spinach
- ¾ C. quartered fresh strawberries
- ¼ C. slivered almonds
- ¼ C. crumbled Gorgonzola cheese
- 2 T. chopped red onion

- 2 T. olive oil
- 1 T. thawed orange juice concentrate
- 1 T. balsamic vinegar
- 1½ t. grated orange zest
- 1/8 t. ground ginger

In a salad bowl, combine the first five ingredients. In another bowl, whisk the oil, orange juice concentrate, vinegar, orange zest, and ginger. Pour over salad and toss gently to coat.

This easy stir fry recipe makes use of asparagus and home made teriyaki marinade. I always use low sodium anything when I cook stir fry. You can substitute a yellow or orange pepper for the red and green one. Enjoy this fast and easy main dish supper.

Asparagus Beef Teriyaki

- ½ C. teriyaki marinade
- 2 T. water
- 1 T. cornstarch
- ¼ t. pepper
- 2 T. sesame oil, divided
- 1 lb. beef sirloin tip steak, thinly sliced
- 1 large sweet onion, chopped
- 1 green pepper, thinly sliced
- 1 red pepper, thinly sliced
- ½ lb. fresh asparagus, trimmed and cut into 1-inch pieces
- 1 garlic clove, minced
- 3 C. hot cooked rice
- Teriyaki Marinade
- ¼ C. soy sauce
- ½ C. water
- 5 T. honey

In a bowl, mix the ingredients for the marinade. Add the water, cornstarch and pepper and mix until smooth. In a large skillet, heat 1 tablespoon of oil over medium-high heat. Add the beef; stir fry until no longer pink, 6 to 8 minutes. Stir fry onion, peppers and asparagus in remaining oil until crisp tender, about 4 to 5 minutes. Add garlic to pan and cook 1 minute longer.

Stir cornstarch mixture and add to pan. Cook and stir 1 minute. Add beef to pan. Serve with rice and extra soy sauce if desired.

This is an interesting skillet supper. You cook the chicken in the skillet and take it to the broiler for the ham, cheese, and mushroom finish.

Swiss Mushroom Chicken

- 4 boneless skinless chicken breast halves
- 1 egg
- 1 C. crushed Ritz crackers (about 25)
- ¾ t. salt
- ½ lb. fresh mushrooms, sliced
- 2 T. butter, divided
- 4 slices deli ham
- 4 slices Swiss cheese.

Preheat the broiler. Flatten the chicken to ¼ inch thickness. In a bowl, lightly beat the egg. In a shallow bowl, combine cracker crumbs and salt. Dip chicken in egg, then roll in crumbs; set aside.

In a large ovenproof skillet, sauté the mushrooms in 1 tablespoon butter until tender; remove and set aside. In the same skillet, cook chicken over medium heat in the remaining butter until no longer

pink, 3 to 4 minutes on each side. Top each chicken breast half with a ham slice, mushrooms and a cheese slice. Broil 4 to 6 inches from the heat until cheese is melted, 1 to 2 minutes.

I love chocolate chip cookies, and when I find a new one, I try it. These are great cookies, and they are big too! Try them and send me the verdict.

Big and Buttery Chocolate Cookies

- 1 C. butter, softened
- 1 C. packed brown sugar
- ¾ C. sugar
- 2 eggs, room temperature
- 1½ t. vanilla
- 2 2/3 C. flour
- 1¼ t. baking soda
- 1 t. salt
- 1 pkg. (12 oz.) semisweet chocolate chips
- 2 C. coarsely chopped pecans

In a bowl, beat butter and both sugars until blended. Beat in eggs and vanilla. In a small bowl, whisk the flour, baking soda and salt; gradually beat into butter mixture. Stir in chocolate chips and nuts.

Shape into ¼ cupfuls of dough into balls. Flatten each ball to ¾ inch thickness, smoothing edges as necessary. Place in an air tight container, separating the layers with waxed paper or parchment paper; refrigerate, covered, overnight.

To bake, place dough portions 2 inches apart on parchment lined baking sheets; let stand at room temperature for 30 minutes before baking. Preheat the oven to 400. Bake until edges are golden brown (centers will be light) 10 to 12 minutes. Cool on pans 2 minutes. Remove to wire racks to cool. Makes 2 dozen cookies.

If you are a meringue lover, this recipe is for you. There are three layers to this recipe. It isn't complicated; you just have to separate the eggs. This different version of a rhubarb dessert could become one of your favorites.

Rhubarb Torte

- 1¼ C. flour
- 1 t. baking powder
- 2 egg yolks, room temperature
- ½ C. shortening
- 2 T. sugar
- ½ C. chopped nuts
- Filling:
- 4 C. fresh or frozen rhubarb
- 2 C. sugar
- 2 egg yolks room temperature
- ¼ C. flour
- Meringue
- 4 egg whites, room temperature
- ½ C. sugar
- 1 t. vanilla

Combine the flour, baking powder 2 egg yolks, shortening, 2 T. sugar, and nuts with a fork until crumbly. Press into a greased 9 x 13 baking dish. Combine the filling ingredients; mix well. Pour over the crust. Bake at 350 for 50 to 60 minutes. In a small bowl, beat the egg whites until stiff. Gradually add the sugar and vanilla, beating well. Spread over hot filling. Return to oven un-

til lightly browned 10 to 15 minutes longer.

The Lobdells were at the Farmer's Market on Wednesday afternoon and evening. I bought some great Triple Berry jelly that will taste really great this winter. Mary said that they will be there next week weather permitting even though their produce is not coming very fast. Remember they are there from 4:00 and ending around 8:00. If they run out of things, they will pack up. I mentioned last week that Barb Wire will not be at Wednesday nights, but she will have baked goods available if you call her and order them at 815-757-4267. She also has some frozen rhubarb she is willing to sell. The only way we can keep a market going, is to support it. We look forward to having some things to buy.

I had delicious food from the strawberry festival this past week.

Hats off to the cooks at St. Joseph's for all their hard work in putting on this special event that is the first summertime ritual in Lena. I also want to remind you to go past the Lena Area Historical Society. They painted the caboose; it is really a bright orange and can be seen from the Lake Road as well as Grove Street. The museum is now open on Saturdays during the summer. Stop by and see what new things they are displaying. It is a great little museum for a town our size. We continue to look for some spring and summer recipes that include asparagus and rhubarb.

If you have any strawberry recipes you would like to share, send them our way. You can contact us in person, by mail, or email us at From Lena's Kitchens, *Shopper's Guide* at 213 S. Center St. or email scoopshopper@rvpublishing.com.

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The physicals are scheduled throughout the summer at a variety of locations throughout the area; no appointment is needed unless noted below.

June 18, 2 – 5 p.m. at FHN Family Healthcare Center – Stockton, 725 N. Pearl Street, Stockton – for Stockton – call 815-947-3211 for an appointment

June 24, 4 – 6 p.m. at FHN Family Healthcare Center – Lena, 160 W. Main Street, Lena – for Le-Win Schools – call 815-369-3300 for an appointment

July 10, 3 – 7 p.m. at FHN Family Healthcare Center – Stockton, 725 N. Pearl Street, Stockton – for Stockton – call 815-947-3211 for an appointment

July 12, 1 – 4 p.m. at FHN Family Healthcare Center – Warren, 606 Tisdell Avenue, Warren – for Warren – call 815-745-2644 for an appointment

July 15, noon – 4 p.m. at FHN Family Healthcare Center – Orangeville, 101 Main Street, Orangeville – for Orangeville – call 815-789-3100 for an appointment

July 29, 2 – 5 p.m. at FHN Family Healthcare Center – Warren, 606 Tisdell Avenue, Warren – for Warren – call 815-745-2644 for an appointment

August 8, 1 – 5 p.m. at FHN Family Healthcare Center – Orangeville, 101 Main Street, Orangeville – for Orangeville – call 815-789-3100 for an appointment

August 8, 2 – 5 p.m. at FHN Family Healthcare Center – Stockton, 725 N. Pearl Street, Stockton – for Stockton – call 815-947-3211 for an appointment

For more information or to download the necessary forms, visit www.fhn.org.

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College news

NIU announces Spring 2019 Dean's List

Northern Illinois University announces its Spring 2019 Dean's List students. To earn this distinction, students must meet a minimum semester grade point average of 3.5 on a 4.0 scale in the College of Engineering and Engineering Technology or a minimum of 3.75 on a 4.0 scale in the colleges of Business, Education, Health and Human Sciences, Liberal Arts and Sciences, and Visual and Performing Arts.

Students from your area who achieved this honor include:

Elizabeth IL-Jill Harmston, His-

tory - B.S., Political Sci-Public Law-B.S., Stockton High School

Lena, IL-Sophia Jurkovic, Rehabilitation & Disability Se, Lena-Winslow High School and Lindsey Parkinson, Accountancy, Lena-Winslow High School

Orangeville, IL-Caleb Owen, Electrical and Computer Engr, Home School

Pearl City, IL-Taylor Bastian, Family Social Services, Pearl City High School

Stockton, IL-Reese Vanderheyden, Business Administration - B.S., Stockton High School

Northern Illinois University is a student-centered, nationally recog-

nized public research university, with expertise that benefits its region and spans the globe in a wide variety of fields, including the sciences, humanities, arts, business, engineering, education, health and law.

Through its main campus in DeKalb, Illinois, and education centers for students and working professionals in Chicago, Hoffman Estates, Naperville, Oregon and Rockford, NIU offers more than 100 courses of study while serving a diverse and international student body of about 19,000. The 17 NIU Huskie athletic teams compete in the Mid-American Conference at the highest NCAA Division I level. For more information, visit www.niu.edu.

Northern Illinois University celebrates commencement

Northern Illinois University celebrated commencement weekend, May 11 and 12. Included among the more than 3,000 graduates were the following students:

Apple River, IL-Hiede Graves, Bachelor of Science, Accountancy, and Ryan Angell, Bachelor of Science, Business Administration

Elizabeth, IL-Ty Harmston, Master of Science, Biological Sciences - Human Anatomical Sciences

Lena, IL-Lindsey Parkinson, Bachelor of Science, Accountancy

Orangeville, IL-Caleb Owen, Bachelor of Science, Electrical Engineering
Pearl City, IL-Lisa Schmidt, Master

of Arts in Teaching, Elementary Education

Stockton, IL-Josiah Caswell, Bachelor of Science, Mechanical Engineering-Mechatronics and Robotics, and Mariah Thompson, Bachelor of Science, Psychology

Northern Illinois University is a student-centered, nationally recognized public research university, with expertise that benefits its region and spans the globe in a wide variety of fields, including the sciences, humanities, arts, business, engineering, education, health and law. Through its main campus in DeKalb, Illinois, and education centers for students and working professionals in Chicago, Hoffman Estates, Naperville, Oregon and Rockford. For more information, visit www.niu.edu.

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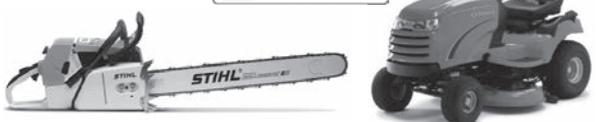
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- Candidates must be a U.S. Citizen.
- Candidates must have a High School Diploma or GED.
- Candidates must be currently employed as a full-time Police Officer or must have been employed as a full-time Police Officer within the last 2 years.
- Candidates must be willing to establish residency within 25 miles of the Village of Stockton.



Village provides a competitive salary along with health, dental and vision insurance. Officers work a 12 hour shift with every other weekend off. Must be available for weekend and holiday shifts.

Applications can be picked up at the Stockton Police Department at 105 W. North Ave., Stockton, Illinois. If you are long distance, you can call 815-947-3157 between 0730 and 1600 hours Monday thru Friday in order to reserve your application and arrange for delivery.

All Applications and accompanying documents must be postmarked or delivered to the Stockton Police Department, c/o Chief Thomas P. Sheehan, by June 30, 2019.

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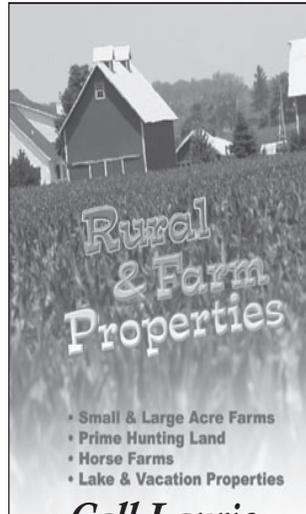
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Lena Garage Sales

12803 US HWY 20 W. June 13th-15th 8-5. clothes all sizes, antiques, rockers, dresser, commode, quilts, Fabric material, reed organ - great shape, bag sealers, 4 kitchen chairs, coolers. Lots of misc. items. 4 family garage sale.

Does my butt look too big?!?

By Kate Ziehm

MAG CLIPS COLUMNIST

"Give me your honest opinion ..."
Oh those dreaded words.

One spring day, awhile back, I went shopping for summer clothes with one of my best girl friends. We shop well together. It was a day filled with laughs and serious discussions, planning and world problem-solving, AND trying on clothes.

Just today, as I was looking in my mirror, twisting around to get a rear view of how my shorts looked from behind, I thought of my friend and that day that we shopped together. You see, we were both focused on the same thing that day.

The picture that came to my mind was of her twisting herself inside out to look in the mirror at her butt, as she asked me the age-old question, "Does this make my butt look too big?"

At the time, I didn't laugh because that was a serious question. Heck, I had just asked her the same thing about my own butt 2 minutes earlier when I tried on a pair of jeans in the same dressing room. Really, it was so funny when I thought about it. The spots we focus on ...

We all know this: our butts are key — they are big business when we go shopping for clothing, any article of clothing. It's how that certain body part looks that is the end-all be-all "bottom line" determiner of the purchase. No pun intended. At least in our minds, on that day.

This is how it goes: We try on clothing, we look in the tiny mirror, and then we hem and haw and deliberate. We ask that most pressing question to ourselves or anyone else around us while we turn and fidget at ourselves in the reflection looking back at us. It's our own magnifying glass. Will anyone else confirm what I think I know — what I am laser focused on? It's ridiculous, but I even ask the butt question to myself when I am trying on a shirt. In my mind, the way a shirt sets on my hips also affects the appearance of my derriere. I know, it's crazy.

(Is it just me who is sensitive to this part of my body? Tell me that I'm not alone!)

The color, the cut, the shirt style, the pocket-size, the belt that I put with it, the list goes on and on — it all plays an important role in determining how I perceive my butt to look, how I feel about myself.

(Is the rest of the world so critical of me — on this point?)

And maybe it is just that, my own perception, my own sticking point. Maybe that is why my friend and I are good shoppers together? We both focus on the same thing — our butts!

I mean, all the two of us did that day was twist from side to side, looking at it this way and that. I got a stiff neck trying to get a good look back there with every article of clothing that I tried.

Usually, in my mind, I play this voice recording over and over that fuels my doubts: if I really knew the truth about how my butt looked, maybe I would never buy another pair of pants or jeans again? I would just



COURTESY PHOTO The Scoop Today/Shopper's Guide

Coming out from underneath the cloak of winter... well, it can be a tough transition. I want you all to know I am here for you and definitely feel your pain ...remember, it always feels good to shed a new layer every spring.

cloak myself in loose fabric for the rest of my life?

(Oh voices go away ... I am tired. I don't want to deliberate on this anymore.)

If only I was a man. I would just try on a pair of something, surmise that it fits, decide that it does the job, and buy it...wishful thinking (sigh).

As a result of my momentary butt mania, I bring in the consultants; only my most trusted friends, my sisters, or my mother to weigh in on if the clothing in question really does make my butt look too big. I have to be thoughtful on who I ask — I want truth in the matter. Serious truth.

(Doesn't this just feed the monster in my head that focuses on my butt?)

Yes Kate! Yes it does!

The problem is, is that we all have in our mind what we are looking for on the outside of ourselves. The right shape, the right weight, the right hair. And then we stay laser focused on that area, especially in times of doubt... like when we haul the totes out with all of our summer clothing.

(Funny, do we ever hit that mark that we set for ourselves?)

For me, at least on that shopping day and many others, it's my butt that gets the focus. I'm not sure that mine has ever been good enough — the poor thing. How terrible to always be under a microscope. I seem to be very unforgiving. It's never about my ankles, or my arms, or my ears, or fingers — only the butt. No wonder it's so big, it has to protect itself from the wrath

of me!

I think that it is time to let go of this. Shed the layer of scrutiny that I put on myself.

When we look in the mirror at ourselves, shouldn't we focus on the positive and praise our gifts? Let's choose to focus on our smiles, bright eyes, open hearts.

So, I am going to make a pledge to be better to my butt (and the rest of me!) this season as I start going through the summer wardrobe.

The reality is, no matter how many hoops I jump through, handstands I do, or bends and twists I make I am not going to change a thing, butt included. I have been here, with me, for a very long time. And try as I may, to get a good, straight-on look at that one

thing that so desperately stares back at me, gnawing at me to do something about it, I just don't think it's possible for me to see it clearly if I am constantly analyzing and focusing in on it.

We all have our moments of hypersensitivity to an area of our body. We can drive ourselves crazy trying to filter in what we choose to justify at the moment. I think if we just step away from the mirror and focus on something different, we will appreciate that to which we have been so critical of a lot more.

After all, it's always going to be there. Simply. As is. In true perfect form, for you, for me.

Cheers to sunshine, fitting rooms, and friends! Now bring on the summer wardrobe!

University Of Illinois Extension and Illinois Milk Producers Association partner to showcase dairy technology

The Illinois Milk Producers Association and University of Illinois Extension will host the 8th annual Dairy Technology Showcase Friday, June 28. The tour will highlight dairy technology and dairy management at Lenkaitis Holsteins Dairy Farm in Kane County near St. Charles, Illinois.

"These tours provide an excellent opportunity for Illinois dairy farmers and industry representatives to get a look at the latest and greatest dairy technology and management," said Tasha Bunting, manager, Illinois Milk Producers Association. "The best part is, participants can really talk with dairy farmers who have implemented these systems and learn

from one another."

The farm tour will be held at Lenkaitis Holsteins Dairy Farm, owned and operated by Andy and Sarah Lenkaitis along with Albert and Mary Etta Lenkaitis, located at 6N509 Corron Rd., St. Charles, IL. The Lenkaitis family farm is home to 90 Holstein cows (mostly red and white) housed in a freestall facility. The freestall barn incorporates a modern manure handling system which includes a manure separator. The separated manure solids are then used as bedding with any extra sold to create an additional revenue stream.

Lenkaitis feed their calves a milk replacer diet which includes starter and hay, prior to weaning, in a re-

cently retrofitted tiestall barn with an automated ventilation system. The family raises their own replacement heifers.

Cows are milked in an automated milking system using two GEA Monobox robotic milkers with an average of more than three milkings per cow each day. The milking herd is currently producing an average of 80 pounds of milk per cow, per day. The modern free stall and GEA robotic milking facility was built in 2017 to maximize technology, milking management, cow comfort, and labor management.

The farm stop will include an organized tour conducted by the Lenkaitis family along with management

discussions and a research update session led by Dr. Phil Cardoso, University of Illinois.

The tentative tour agenda is as follows:

10 a.m. – 11 a.m. Guided farm tour

11 a.m. – 12:15 p.m. Data Management in Automated Systems Presentation by Andy Lenkaitis

12:15 p.m. – 1 p.m. Lunch at the farm

1 p.m. – 1:45 p.m. Dairy Research Update by Dr. Phil Cardoso and Dairy Focus Team

1:45 p.m. – 2:30 p.m. Self-guided farm visit

Contact Tasha Bunting, at 309-557-3703 or tbunting@ilfb.org, for more information on the tour.

A blueprint for men's health

June is a time to focus on men as we celebrate Father's Day and Men's Health Month. Even with all of the latest advances in healthcare, men still have specific health issues that need to be addressed. Here is a look at the blueprint of men's health.

Did you know?

- Heart disease is the #1 cause of death for men
- Men on average live 5 years less than women
- Men are less likely than women to see their doctor
- 36% of men aged 20 and over are obese
- Men died by suicide 3.5 times more often than women

Design a plan to stay in tip top shape for your health:

- Team up with your doc! Scheduled your annual physical with a healthcare provider. Get the check-up and vaccinations you need to

live longer and stronger.

- Know your numbers! Knowing a few key numbers, such as blood pressure, cholesterol, and blood glucose level can go a long way in protecting your health. Discuss your numbers with your healthcare provider.

- Don't ignore warning signs! Not every heart attack or other cardiac event comes with crushing chest pain or shortness of breath. Symptoms such as fatigue, pain in the jaw or neck, nausea, or lightheadedness can sneak up more stealthily. Contact 911 if you think you may be having a heart attack or stroke.

- Maintain a healthy weight. Being overweight or obese is a major risk factor for heart disease. Connect with a healthcare provider to find out what is a healthy weight for you and, if needed, the right weight loss program.

- Eat a healthy and balanced diet.

Try to make half your plate fruits and veggies. Be sure to watch your salt, sugar and alcohol intake.

- Make fitness a priority. Just 2 1/2 hours of exercise each week can improve overall health. Include both cardiovascular and strength training exercises and ease into workouts.

- Move more at work! If you sit down at a desk, get up and walk around every hour. Some ideas to move more are to take walking breaks, find a longer route to the copy machine, take the stairs instead of the elevator, stand up during long meetings or park further away from entrances.

- Don't smoke or quit today! Tobacco use, including smokeless tobacco and low-tar and low-nicotine cigarettes, are a major cause of heart disease. Talk to a healthcare provider on how to quit or contact the smoking quit line at 1-800-QUIT-NOW (1-800-784-8669).

Ag and natural resources scholarship availability announced

The R. C. Miller Agriculture Scholarship Fund is seeking individuals interested in applying for a scholarship for the 2019-2020 academic year. Funds are given to help college and university students who are, or will be, studying agriculture, natural resources, or related programs with an emphasis in conservation. Those chosen to receive the award will receive a \$1000 scholarship.

To be eligible to apply, individuals must be residents of Stephenson County and be enrolled in an agriculture or related degree program with an emphasis in conservation. Applicants must be accepted at their

chosen college or university and be a full-time student carrying a minimum of 12 hours per semester.

The Stephenson County 4-H and Extension Foundation Board is responsible for selection the scholarship winners, and past recipients may re-apply for consideration each year.

The R.C. Miller Scholarship was established by Miller, a life long Stephenson County resident and ardent supporter of agriculture, natural resources and conservation. Miller, who died in 2007, left a legacy in the community for his support of

a variety of programs and efforts, especially youth and conservation causes.

To receive an application, please call the U of I Extension-Stephenson County at 815-235-4125 or see this link for a list of this one and other scholarship opportunities:

<http://web.extension.illinois.edu/jsw/stephenson4h/3253.html>

Completed applications are due by June 21, 2019 to the U of I Extension Office-Stephenson County, 2998 W. Pearl City Rd, Freeport. If requested, the application can be emailed to applicants for completion.

Extension Workshop offers corn and soybeans market outlook

Join the University of Illinois Extension as they host Extension Agricultural Economist Todd Hubbs for a Commodity Market Outlook on Tuesday, June 25th, from 6 to 7 p.m. at the Highland Community College Student Conference Center, room H210 located at 2998 W. Pearl City Road, Freeport. There is no charge to attend but pre-registration is required by calling the University of Illinois Extension at 815-235-4125 or on-line at go.illinois.edu/jsw.

The Commodity Market Outlook presentation will focus on the corn and soybean market; provide analysis of supply and demand factors impacting market prices. A detailed discussion of fundamental market factors is used to forecast prices and outline uncertainties present in corn and soybean markets.

Todd Hubbs is an agricultural economist specializing in commodity market analysis and risk management. His research focuses on commodity price forecasting and risk analysis in the agricultural sector. He writes the Weekly Commodity Outlook for the Farmdoc website that can be found every Monday at <http://farmdocdaily.illinois.edu/>.

Learn to cope with the loss of a loved one

The journey through grief is difficult. Many people find comfort in facing grief with others experiencing similar challenges. To help through the journey, Monroe Clinic Hospice is holding a Hope Eternal After Loss (HEAL) grief education and support group. The support group provides encouragement and resources. The six-week HEAL group meets Wednesdays,

6-7:30 p.m., June 5 – July 10 at the St. Camillus Center, 2101 6th Street, Monroe, WI.

The HEAL support group is free and open to adults over 18 who have experienced the death of someone

special. In this sympathetic setting helpful discussion topics include:

- The importance of information and support as we grieve
- Understanding grief as a process
- Identifying and accepting normal feelings when grieving
- Past and present losses
- Factors which complicate grief
- Coping with the stress of grief
- Remembering: memorials and anniversaries

For more information, or to register, call Monroe Clinic Hospice at 608-324-1230 or 800-367-8406, Monday through Friday, 8 a.m. to 4:30 p.m.

Blackhawk Unit of SCAHCE scheduled June meeting

The June meeting of Blackhawk Unit of SCAHCE will meet on Thursday evening, June 20, at 7 pm at the home of Jo Wenzel, 13591 W Cemetery Road, Kent, Illinois. Paula Gerke will be her co-hostess. The major lesson "Saving Money on Food Costs" will be given by Sharon Schlachter with the minor lesson on "Practical Sewing Projects" to be given by Jo Wenzel. Just a reminder that those donating coffee cakes for the County Ag Breakfast can bring them to the meeting and they will be taken in on Friday.

Monroe Clinic Hospice Support Group

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FHN Community Forums

The June Community Health Forum from the Stephenson County Health Department and FHN is the first of three focusing on the importance of exercise to your health.

The series will continue through November with the following programs:

July 9: Get Moving II: Exercise and Your Brain

Aug. 13: Get Moving III: Everyday Exercise

Sept. 10: Chemicals' Effects on Your Health

Oct. 8: Addicted to Our Devices: Is Addiction Affecting You?

Nov. 12: The Pot Puzzle: Medical & Recreational Cannabis

For more information on any of the Community Health Forums, visit www.fhn.org.

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Friday, June 14 - Beer Cod - Whitefish - Tilapia (full menu)

Saturday, June 15 - Prime Rib (full menu)

Sunday, June 16 - Stuffed Pork Chops & Prime Rib

(limited menu)

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COURTESY PHOTO Shopper's Guide

Monroe Clinic Volunteers awarded \$9,500 in scholarships to area students. Pictured in the front row is Claire, Michaela Hughes, Musica Perez and Kirsten Oliver; back row is Linnea Tabaka, Lauren Hlubek, Emily Mauerman and Emma Peterson.

Monroe Clinic Volunteers award scholarships

Monroe Clinic Volunteers are proud to announce the 2019 recipients of the \$500 scholarship award for students seeking a career in a health-related field. Monroe recipients include Lauren Hlubek and Linnea Tabaka, and Monroe Clinic branch recipients are Haiden Zimmerman and Kirsten Oliver.

The Advanced Studies scholarship was awarded to five area college students who completed at least one year of advanced study (beyond high school) in a health-related field. A \$1,500 scholarship was awarded to Shong Chang, Claire Michaela Hughes, Emily Mauerman, Emma Peterson and Musica Perez.

Applicants are required to have

a GPA of 3.25 or higher and are evaluated on citizenship, need and pursuit of a degree or certificate in the healthcare field. Recipients of the scholarships must either live within an area serviced by a Monroe Clinic branch or have a parent who is employed by the organization. Each application is reviewed by a scholarship committee.



COURTESY PHOTO Shopper's Guide

The Little Mermaid

Anna Catherine Smith performs in the title role of Timber Lake Playhouse's *The Little Mermaid* playing now through June 16 at the playhouse at 8215 Black Oak Road south of Mount Carroll. Call the Box Office at 815-244-2048 for tickets.

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