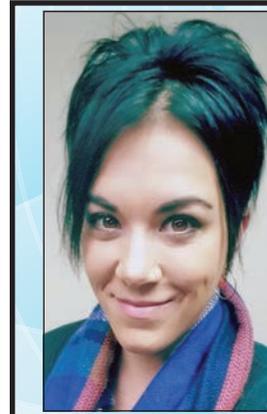


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# Shopper's Guide



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VOL. 81 • NO. 39

YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, SEPT. 25, 2019

## A look at Lena-Winslow Football with Ric Arand

By Trenten Scheidegger  
CORRESPONDENT

The Lena Winslow Panthers are off to yet another hot start for the 2019 season. After starting their year 3-0 they found themselves set up for an opportunity to make that 4-0 when they faced off with conference opponent Dakota. Dakota has struggled to start this season, as they came into Lena with a 1-2 overall record and carried a lot of pressure on their shoulders to win.

23 year head coach Ric Arand and the Lena-Winslow Panthers had

something else in mind, however. The Panther defense has been stout all season, and last Friday was no different as they kept the Indians in check all game long. The offense was their usual selves, as they pounded the rock over and over again as the Dakota defense had no answers for them.

A big part of the Panthers successful run game come from the play of two future Iowa Hawkeyes in Isaiah Bruce and Gennings Dunker. Dunker, a junior, is the leader on their offensive line. Standing around six

foot five, the offensive lineman has no problem opening up holes for the Panthers backs to run straight through. Coach Arand discussed have two future Hawkeyes on the team and complimented them saying "it doesn't seem any different for us, just because we've had them for three or four years, although Isaiah, it feels like he's been around for seven or eight but we'd like to keep him for a couple more if we could. Such a great kid, and on top of that great athlete, great football player, great person. Those are the kind of kids you

want to keep around your program." On Gennings, Arand had to say "He has developed so much in the last year even, it's just been incredible with him what has transpired. That makes that special and just to think we have him for another year and a half yet, and that's cool."

Arand still stresses the importance of the team as a whole, saying "I know they are going to be Big Ten football players and play the game at the highest level, but they are still high school kids and they act like high school kids so for us they are

really no different than anyone else on the team it's just that they are awfully talented."

Arand understands the high expectations around his team and has done a good job of keeping his guys focused on the task at hand. "We have had a pretty good start to the year. There's been times and at positions that we haven't played as well as we thought we might. And that's all across the board, it's every kid, where I think we could be playing better and there's a lot of things we could be doing better than we're doing. That's been our focus each week, obviously you have to prepare for Dakota, Amboy, and East Dubuque, but our real focus has been on preparing ourselves to just be better each week and then hopefully near the end of the regular season we are playing our best football."

Arand stressed the importance of not over-looking their week four opponent in Dakota saying "I know Dakota struggled early on but they came back last week against what I thought all along would be one of the top teams in our conference. I think Dakota played really well. They are big up front on both sides of the ball and it appears they have good speed. Especially the way the executed against Du-Pec, that's a concern of ours."

Well evidently Arand and his team did a great job of preparing for the Indians as they jumped out to an early lead in the first quarter when Mar-ey Roby took in a 14 yard touchdown run and Sean Ormiston capped it off with a two point conversion to put the Panthers up 8-0. They extended their lead in the second quarter when Roby ran for his second score, this time going 24 yards into the end-zone. Bruce scored the two point

See FOOTBALL, Page 15



COURTESY PHOTO Shopper's Guide

### An 'udderly' successful fundraiser

Members off the Pearl City United Methodist Church Sunday School raised \$490 for Heifer International.

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MANDY FIELDS PHOTOS Shopper's Guide

The Panther Den was full of celebration after the ladies take down undefeated Galena.

# Kills and digs frame 2019 Le-Win girls volleyball

By Trenten Scheidegger  
CORRESPONDENT

The Lena-Winslow Lady Panthers are off to a hot start for the 2019 season, and last week was no different. The Panthers kicked off their week last Tuesday when they traveled over to Eastland for what would be a conference matchup with the Cougars.

Tuesday featured two fierce battles until the very end but the Panthers were able to head home with a

victory as they took the three sets 2-1. Set one featured a 25-20 score and believe it or not, that was the Panthers easiest win of the night. The Cougars fought back in the second set as they tied the series 1-1 with a 29-27 victory over Le-Win. It all game down to the third set and the Panthers were determined to get the win in this one, and they did just that winning 25-22.

Jaden Julius and Madi Schultz led the way offensively as the pair com-

bined for thirteen kills on the night. Julius also had ten assists and four digs. Jenna Bidlingmaier, Jordan Streckwald, and Jenna Zeal were all impressive defensively. Bidlingmaier put up fourteen digs while Zeal and Streckwald each had ten digs a piece.

On Thursday the Panthers hosted another conference opponent in the Galena Lady Pirates. Le-Win came in looking to give Galena their first loss on the season as the Pirates

came in with an impressive 10-0 record. They would prove to be tough competition for the Panthers but these girls came through in the clutch once again. Le-Win took the first set with a tight score of 25-22. The second set featured another nail biter, but the Panthers were able to get the win with a 27-25 victory. The win pushed the Panthers to 14-3 overall on the season. They are at the top of the conference with a 5-0 in league record.

Julius and Schultz were impressive for the Panthers once again as Julius put up eleven kills, eight assists and five digs to go along with two aces. Schultz had a double-double with ten kills and ten digs. Izzy Flaminio had a tremendous game defensively as she put up sixteen digs. Streckwald had nine digs of her own.

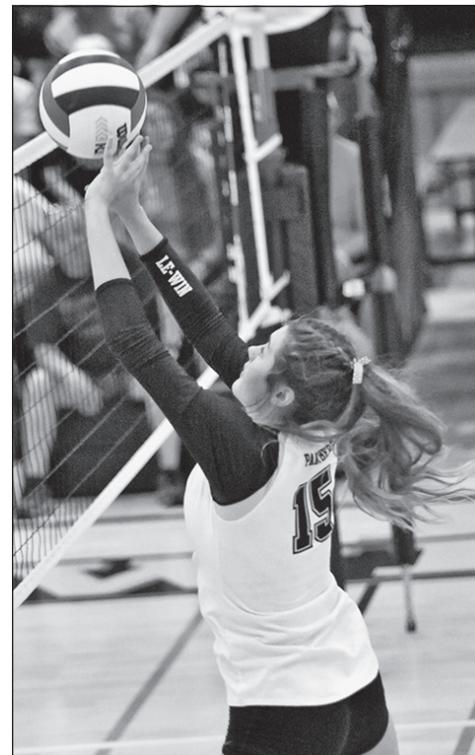
The Panthers hope to continue their success with more conference matchups coming this next week.



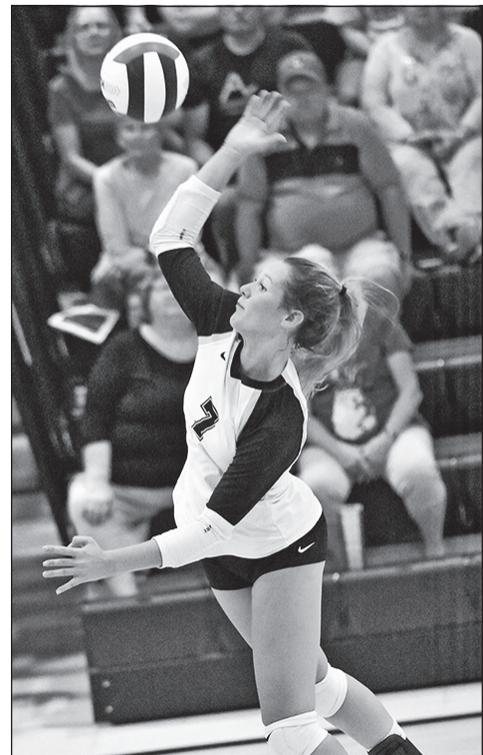
Jaden Julius locates the blockers location to place the set for the hitter.



Jenna Bidlingmaier chases the ball outside for the pass to bring it back in play.



Kassidy Humphrey delivers a push to mid court drawing the play away from the front.



Madi Schultz delivers a kill to the Pirates side.

# Plant your native garden this fall

If you missed the window for planting native plants in your garden this spring, don't worry, you still have time to get them in the ground in the fall.

"Growing native plants is a great way to benefit the environment, wildlife, and bring some interesting and beautiful plants to your garden," says Gemini Bhalsod, University of Illinois Extension horticulture educator. "Fall is a great time to plant and establish native gardens because the weed pressure is lower than in the spring."

Fall can also be a great time to plant native seeds, since many Illinois native plants require a cold, moist winter to germinate in the spring.

Before planting, Bhalsod says, it is important to scout for the right spot in your landscape. "Whether the area is sunny or shady, or the soil is moist or dry, there are so many options for native plants to put in your yard."

Gardeners should think about the sun/shade pattern in planting sites. Does the spot get morning or afternoon sun, full-day sun, or is it mostly in the shade? Also think about the sun during different times of the year; the area under a large tree might be full-sun in the spring, but shady after the tree gets its summer leaves. Also consider whether the area tends to retain water after a rain event or drains quickly. Finally, think about the view. Is the garden against a wall, where the tall plants will have to go in the back, or can the garden bed be viewed from all sides?

After you have asked yourself these questions and taken a good inventory of your site, now comes the fun part: picking plants for that area! Some of Bhalsod's favorites

for full sun are blue false indigo (*Baptisia australis*), purple prairie clover (*Dalea purpurea*), and bee balm (*Monarda fistulosa*). Be sure to include a mix of colors and bloom times so you can ensure blooms throughout the whole growing season. Visit your local Extension office for suggestions for and information about plants that work well for your area.

After choosing your plants and making a map of the garden bed, it's time to prep the site, Bhalsod says. First, you will need to kill off the existing vegetation before planting. "One of the best ways to kill off existing weeds or turf is to smother them," she says. You can do this by renting a sod cutter and removing grass completely or by layering wet cardboard or newspaper on the area

you want to clear. Be sure to weigh the cardboard down to prevent light from penetrating. A downside is that you have to wait a few months for the grass to die off. If you don't have the time, put soil and mulch directly on top of the cardboard or newspaper and plant. If you take this approach, be sure to plant small transplants and keep them well watered.

For any fall plantings, it is important to water regularly throughout the fall so plants develop the deep root system they need to survive the winter. Ideally, plant in September to allow enough time for root development. But don't expect blooms right away; it could take a year or two for flowers to form.

Follow these steps and you will be on your way to a well-thought-out and organized native garden this fall.



COURTESY PHOTO The Scoop Today/Shopper's Guide

## Lena Yard of the Month

The Lena Beautification Co. and LBPA are awarding the Yard of the Month for July to Tim and Sally Huber located at 214 West Lena St. Their corner lot features a huge variety of annuals and perennials in a variety of colors. Large pots of coleus are the main attraction on their patio. Sally enjoys decorating with family treasures like milk cans from their family farm, chairs painted in interesting bright colors and even an old wooden drawer filled with flowers. In a corner of their lot is a brick smoker featuring a spit for grilling built by Tim's father in the 1970's. Congratulations on your creative gardening!

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We would like to thank all of our friends and family for the cards, prayers, flowers and food. Also, thank you to Leamons Funeral Home, St. Paul's Lutheran Church and Vicar Michelle.

The family of Virginia Niemeier

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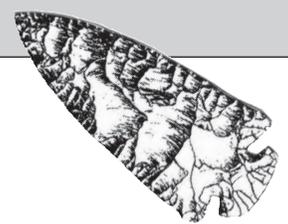
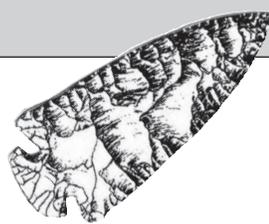
## 'Searching Through the Windows of Your Ancestor's Home'

Member Linda Schiesser will present "Searching Through the Windows of Your Ancestor's Home" at the Oct. 5, meeting of the Green County Genealogical Society. Have you ever wondered who built your ancestor's home - or your home? What existed on the land before? What can you learn about the property and the people who lived there? This talk will give you some tools and clues to start you on your way.

The Green County Genealogical Society meeting will be held in the second floor meeting room of the Monroe Public Library at 10 a.m. Saturday, Oct. 5. Refreshments are available for 15 minutes before the meeting. Visitors are always welcome and there is no cost to attend. You may call Sharon Mitchell (815-

868-2416) or Donna Kjendlie (608-921-1537) if you have questions. Please leave a message if we are not able to answer.

The GCGS Research Center (located in lower level of the Monroe Public Library) is available to the public for research. Normal Research Center hours are: Tuesdays and third Saturday 10 a.m. to 3 p.m. and first Saturday after the meeting from 1 to 3 p.m. or by appointment by calling 608-921-1537. Main holdings are on Green County. Both Rock and Lafayette Counties are well represented as well as several other counties, states, countries, and ethnic groups. A large clipping collection of births, marriages and obituaries is available. Volunteers are on staff to help with your research.



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# Social use of marijuana could be topic for follow-up legislation

By Jerry Nowicki  
CAPITOL NEWS ILLINOIS

Some of the lead negotiators of the law to legalize adult-use marijuana in Illinois are seeking to provide clarity on a provision that gives local municipalities control over which facilities, if any, would be authorized to allow cannabis consumption.

The topic is at the top of the discussion list for potential follow-up legislation, commonly referred to as a trailer bill, which could be heard when the General Assembly returns for veto session in late October, the original bill's Senate sponsor said.

That senator is Heather Steans, a Chicago Democrat who said it is "certainly not the intent" of House Bill 1438, the bill which legalized adult-use marijuana, to allow consumption at public places such as restaurants.

"If we need any clarification to make that crystal clear, we will do that," Steans said during a phone interview. "We know we'll be doing something along those lines, most likely."

While the bill prohibits "smoking cannabis in any place where smoking is prohibited under the Smoke Free Illinois Act," mitigating language appears in Section 55-25 of the more than 600-page bill.

It reads: "A unit of local government ... may regulate the on-premises consumption of cannabis at or in a cannabis business establishment within its jurisdiction in a manner consistent with this Act. A cannabis business establishment or other entity authorized or permitted by a unit of local government to allow on-site consumption shall not be deemed a public place within the meaning of the Smoke Free Illinois Act."

That language means local municipalities have the right to exempt certain facilities from the Smoke Free Illinois Act, which otherwise bans smoking in virtually all public places.

Deputy Gov. Christian Mitchell, who was one of the leading forces in Gov. J.B. Pritzker's administration

in negotiating the bill, said the local control over social use language was put in place to prevent "de facto prohibition" of cannabis consumption for apartment dwellers who, if their landlord banned consumption, would conceivably have no place to legally partake.

"We wanted to leave room in the bill for locals to deal with social consumption as they saw fit," Mitchell said in a phone interview. "I think the concern from a lot of folks was that, especially in poor areas, areas with more rental housing which are going to be disproportionately people of color, for example, if that housing, by the legal power of the landlord, bans the ability to consume cannabis on premises, you can end up with a de facto prohibition for some of those folks."

While the bill clearly defines a cannabis business establishment as any licensed "cultivation center, craft grower, processing organization, dispensing organization, or transporting organization," exactly which other entities a local government can exempt from the Smoke Free Illinois Act is not clearly defined.

Mitchell said discussions of public use generally revolved around the establishment of facilities similar to hookah bars or cigar lounges, which have legal exemptions in the Smoke Free Illinois Act to allow for tobacco consumption on their premises.

"That's the context in which I've seen it contemplated. The restaurant context isn't one that came up," he said. "But I imagine with the Smoke Free Illinois Act, that would probably be more problematic."

Sen. Jason Barickman, a Bloomington Republican who supported the bill, recalled discussions of allowing social consumption at private clubs or licensed cannabis facilities, but not public facilities such as restaurants.

"There's a separate prohibition that is blanketed throughout the law which says that use and consumption cannot occur in public or in public places," he said in a phone interview.



BLUEROOM STREAM PHOTO Shopper's Guide

**Sen. Heather Steans, D-Chicago, speaks on the Senate floor May 29, in Springfield urging passage of a bill to legalize adult-use recreational marijuana in Illinois. The bill passed and was signed into law by Gov. J.B. Pritzker. Now, there are unintended consequences of the legislation that are likely to be addressed in a trailer bill during the upcoming fall veto session.**

"So if you're operating a restaurant, that's a public place, and the law would prohibit that."

Steans said she remembered discussions of allowing cannabis use at certain licensed facilities as well, but trailer bill discussions could add some clarity to the matter.

"We want to make sure that everyone is on the same page and that the law reads exactly the way we want it to," she said.

Steans, Mitchell and Barickman

were in general agreement that "the law is the law," and any other language involved in a trailer bill would be mostly technical in nature. For Mitchell, that means "not relitigating" issues already decided in the initial passage of the bill.

The deputy governor added industry concerns regarding advanced licenses for some existing medicinal marijuana dispensaries were clearly addressed in existing legislation. Mitchell also said concerns raised

by municipalities regarding the enforcement of home-grown marijuana plants, which medicinal patients are legally allowed to possess, were also unlikely to be addressed in a trailer bill.

"What we have said to everyone is that the trailer bill for veto is going to be highly technical stuff that needs to change in order to ensure a smooth roll into January 1, (2020). It is not a forum to relitigate issues on which folks lost out negotiations," he said.

## Pritzker names 2020 census co-coordinators

By Jerry Nowicki  
CAPITOL NEWS ILLINOIS

Gov. J.B. Pritzker's office announced the appointment of two census co-coordinators Monday, a position created by an executive order he signed in June to maximize participation in the 2020 U.S. Census.

State officials say up to two congressional seats and more than \$1 billion in federal funding are at stake in Illinois if the complete population is not counted in 2020. That's why the General Assembly allocated \$29 million in state funding to an outreach effort that will be led by the newly created Census Office within the Illinois Department of Human Services.

Pritzker announced the co-coordinators of that office will be Mar-

ishonta Wilkerson, who has been serving in the role since August after more than two years as assistant counsel to Democratic Illinois House Speaker Michael Madigan, and Oswaldo Alvarez, who has more than 10 years of program implementation experience in the nonprofit sector.

"The 2020 census will determine if Illinois gets our fair share of federal resources and representation, and these outstanding leaders will be committed to ensuring a complete and accurate count," Pritzker, a Democrat, said in a news release Monday. "With a \$29 million investment and a new Census Office, the state of Illinois will fight against the fear tactics coming from the federal government and make known that we're proud to be home to vibrant, thriving commu-

nities of all backgrounds."

At the June signing of the Executive Order 10, which created the Census Office, Lt. Gov. Juliana Stratton said Illinois could lose \$120 million annually for each 1 percent of the population that is undercounted, about \$1.2 billion over the 10-year period between each census.

Illinois' outreach effort will center on partnerships with community groups that are already working to promote census turnout. The deadline for those groups to apply for grants was Friday, Sept. 13.

According to the Census Office's September report, \$20 million has been allocated for the initial grants, while \$9 million will be reserved for an additional round of grants to "address identified needs and communications and marketing efforts."

According to the report, the Census Office anticipates awarding a grant to at least one regional intermediary in each of 12 regions identified by the office. The intermediaries will coordinate outreach efforts and provide "subawards" to "subgrantees" that will conduct census outreach efforts in their communities.

The hardest-to-count communities will be prioritized for the grants. The

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# ON THE RECORD

## Obituary

### WILMA J. KEMPEL

Wilma J. Kempel, 83, passed away on Tuesday September 17, 2019 at FHN Memorial Hospital in Freeport. She was born on June 30, 1936 to William and Eva (Zettle) Busjahn. She married Alvin Kempel and he preceded her in death. Wilma farmed alongside her sister Sandy for 10 years, she also worked at Micro Switch, Swiss Colony, Structo, and a cheese factory. Wilma was a member of the Richland Free Methodist Church, Le-Aqua-Na Riders. She enjoyed painting with acrylics, reading her Bible faithfully and baking cookies for her church every week.

Wilma is survived by one sister; Sandy Leavens, of Bloomer, WI. Niece; Kelly Caleb, Nephew; Carl Braden, 2 great nieces, 2 great nephews, 1 great great niece, step-son; Tom (Gretchen) Kempel and their children, numerous cousins and special friend Marsha Tessenford.

She was preceded in death by her parents, husband and aunts and uncles.

Funeral services were held on Monday Sept. 23, at the Leamon Funeral Home in Lena.

Visitation was from 12 noon until time of service.

Pastor Tim Wauchope performed the service.

Burial will be in Staver Cemetery. A memorial has been established in her name.

Condolence may be sent to the family at [www.leamonfh.com](http://www.leamonfh.com).

## FHN's annual Walk to Remember

FHN's annual Walk to Remember, a special ceremony for parents and families who have lost a baby (through miscarriage, stillbirth or newborn loss) to share their grief and remember their loved one, will be held Sunday, Oct. 6.

Families will gather at 1 p.m. for a brief program in the Globe and Deaconess rooms on the lower level of FHN Memorial Hospital in Freeport. The group will then walk to Bidwell Park for a memorial ceremony and will gather again inside for a light snack.

A Walk to Remember, named for a poem by Kathie Mayo on the subject of losing a child, is an annual event held both to honor those lost and comfort those left behind.

There is no charge to attend, but RSVPs are requested by Sept. 30. To RSVP or for more information on the Walk to Remember, call 815-599-7626.



## Births

### Kinzley Ray Hartman

Tevan and Katherine Hartman of Savanna, IL are pleased to announce the birth of their daughter Kinzley Ray Hartman born on Sept. 15, 2019 at FHN Memorial Hospital in Freeport, IL. Grandparents are Jim and Peg Kohn of Lena, IL & Chris and Missy Hartman of Savanna, IL. Great Grandparents are Nancy Wildman of Savanna, IL & Paul and Marilyn Hartman of Savanna, IL. Kinzley joins sisters Suki Le and Amaiyah Michelle

### Claire Sharon Krogman

Nick and Kaytlyn Krogman of Lena, IL are pleased to announce the birth of their daughter Claire Sharon Krogman born on Sept. 15, 2019 at FHN Memorial Hospital in Freeport, IL.

Grandparents are Allan and Darla Krogman of Winslow, IL, Duan and Tina Reed of Kent, IL, & Fred and Tricia Cass of Mt. Carroll, IL.

Great Grandparents are Duane and Diane Lobdell of Len, IL & Gilbert and Darlene Hershey of Pearl City, IL.

### Tatum Marie Townsend

Corbin Townsend & Elizabeth Rowe of Stockton, IL are pleased to announce the birth of their daughter Tatum Marie Townsend born on Sept. 16, 2019 at FHN Memorial Hospital in Freeport, IL.

Grandparents are Dewey and Jodi Rowe & Shane and Jolene Townsend all of Stockton, IL. Great Grandparents are Mike and Bonnie Townsend also of Stockton, IL.

## Enjoy a Slice of Time – and pizza – just for you

The FHN Women's Care Team is celebrating Breast Cancer Awareness Month this October with two special events at Cannova's in Freeport.

A Slice of Time – Just For You! will be held on Monday, Oct. 7 and again Monday, Oct. 21, both evenings beginning at 5:30 p.m. at Cannova's, 1101 W. Empire Street in Freeport. Attendees will enjoy

## FHN's BLS Certification Class open to all healthcare professionals

Healthcare professionals interested in becoming BLS (Basic Life Support) certified are invited to attend a course at FHN Memorial Hospital in Freeport Oct. 12.

The course will cover high-quality CPR individually and as part of a team and will enable participants to recognize and deal with several life-threatening emergencies. It will be held from 8 a.m. – noon Saturday, Oct. 12 at FHN Memorial Hospital, 1045 W. Stephenson Street in Freeport.

The class is open to all healthcare professionals; employment at FHN is not a requirement. The \$40 registration fee includes the BLS Provider Manual and reference card and a BLS certification card which is valid for 2 years.

This course is for healthcare professionals only. A Heartsaver® First Aid course for the public is scheduled for Saturday, Nov. 9.

For more information or to register for any of FHN's community health education classes, visit [www.fhn.org/communityeducation](http://www.fhn.org/communityeducation).

Cannova's food and drinks and an evening of learning about what's new at FHN. This year's topics include:

Don't Fall! – Stephenson County has a much higher rate of death from falls than the rest of the country. Learn how to make your home safer and maintain bone density and strength to help prevent falls.

FHN Complex Care Manager Rachel Ahrens will talk about the Complex Care Management program, which helps patients navigate the medical and social services available at FHN and in the community.

FHN Otolaryngologist Terry Donat, MD, FACS, FICS will explain Balloon Sinuplasty, a less-invasive procedure that can provide relief

from chronic sinusitis and other sinus conditions.

Learn about the planned FHN Crisis Stabilization Center, which will provide care for patients experiencing psychiatric or substance abuse disorders.

There is no charge to attend, but registration is required and seating is limited. The content will be the same at both events, and all attendees will receive a goodie bag. Register online at [www.fhn.org/sliceoftime](http://www.fhn.org/sliceoftime) or call toll-free 1-877-6000-FHN (1-877-600-0346) ext. 901.



## Northwestern Illinois Community Action Agency PY20 LIHEAP, PIPP and Weatherization Assistance Programs

Northwestern Illinois Community Action Agency has funding from the Department of Commerce & Economic Opportunity (DCEO) to assist residents of Jo Daviess and Stephenson Counties with home heating utility costs (gas, propane, electric) through the Home Energy Assistance Program (LIHEAP), Percentage of Income Payment Plan (PIPP) and Weatherization Programs.

LIHEAP clients with ComEd and/or Nicor Gas as utility providers may have the option of choosing between the traditional Direct Vendor (DVP) one-time payment or the Percentage of Income Payment Plan (PIPP). The choices will be explained to clients during their application visit. PIPP applications will be taken until Dec. 31, 2019 or until funding is exhausted. LIHEAP applications will be taken until May 31, 2020 or until funding is exhausted.

**Beginning Monday, Oct. 1, 2019**, income eligible seniors (age 60 and older) and people receiving disability benefits may call to schedule an appointment to apply for assistance.

**Starting Nov. 1, 2019**, income eligible households without home energy service (**are disconnected or have a disconnect notice from their primary and/or secondary heating utility**) and families with **children age 5 and under** may also call to schedule an appointment to apply.

**Starting Dec. 2, 2019**, all other income eligible households may call to schedule an appointment to apply.

Eligible households may call 800-883-1111 or 815-232-3141 from 8:00 a.m. to 3:30 p.m. to schedule an appointment to apply for assistance at one of the following locations.

- NICAA Main Office- Freeport • Stockton Banking Center
- Warren Township Library • Hanover Village Hall
- Citizens State Bank of Lena • East Dubuque Library
- Illinois Bank & Trust - Galena Downtown
- German-American State Bank – German Valley

**Income Guidelines:** To qualify, a household must have a 30 day gross income at or below the level shown below for 30 days prior to and including the application date.

- 1 person household - \$1,561
  - 2 person household - \$2,114
  - 3 person household - \$2,666
  - 4 person household - \$3,219
- Add \$553 for each additional person in the household

**\*\* The following documents will be required to apply for assistance. \*\***

- Social Security Cards for all members of the household. **No other document can be accepted as proof of social security number.**
- Proof of all gross income for all household members for **30 days** including the application date including pay check stubs, SSA/SSI/SSD current benefit letters, pension/retirement statements, child support, unemployment reports, TANF/AABD/Township GA assistance notices, self employment reports, and proof of zero income
- Complete current heat and electric bills and disconnect notices you may have received.
- Medical Card from Illinois Department of Human Services
- Copy of current lease or rent receipt
- Proof of Homeownership (Title for Mobile Homes) and tax bill are required for weatherization assistance.

Northwestern Illinois Community Action Agency  
27 S. State Ave., Suite 102, Freeport, IL 61032  
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## Celebrating 150 years

St Paul's Lutheran Church, Kent, Illinois will be celebrating 150 years. Everyone is welcome to join us Oct. 6. The worship service is at 10 a.m. and a luncheon will be served following the service.

### Northwestern Illinois Community Action Agency (NICAA) Senior Citizens Services Golden Meals Program

NICAA Golden Meals Program serves senior citizens in Stephenson, JoDaviess, Carroll, and Whiteside Counties.

NICAA Golden Meals delivers hot mid-day meals to persons 60 years of age and older who are homebound and are unable to make their own meals or are unable to attend a congregate site. Hot meals are delivered Monday through Thursday with a cold tray for Friday and frozen meals for the weekend.

The Golden Meals menus provide one-third of the USDA recommended daily allowances for senior citizens and are approved by a registered dietitian. Each meal included 3 ounces of protein, two ½ cup servings of fruits or vegetables, bread, and milk.

Congregate meal sites are located at:

- 524 West Stephenson St. in Freeport,
- Mest Manor at 525 3rd St. in Savanna,
- Dew Drop Inn at 104 Main St. in Rock City.

Meals are served from 11:00 a.m. to 12:45 p.m. Monday through Friday.

A confidential donation of \$3.00 per meal is requested. No one will be denied service due to their inability to donate.

For more information or to begin home-delivered meal service, call the NICAA Golden Meals office at 815-232-8896.

The Northwestern Illinois Community Action Agency Senior Citizens' Services Golden Meals Program is funded in part with Title III-C Older Americans Act funds received through the Illinois Department on Aging and the Northwestern Illinois Area Agency on Aging.

NICAA golden Meals does not discriminate in admission to programs or treatment of employment in programs in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act and Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions.

### Good Shepherd Lutheran Church

All are invited on September 29, to Good Shepherd, 118 E. Mason St. Lena, IL for GRACE worship service with Holy Communion at 9:30 a.m. We will sing contemporary Christian songs, and hear experiences of the servant trip to Rocky Boy Indian Reservation in Montana this summer. After worship there will be a time for fellowship with juice, coffee, and treats. All Sunday School children and Confirmation class will gather for 5th Sunday special Sunday School. Opening at 10:45 a.m. with songs, and we will have fun activities. Choir rehearsal will be at 11 a.m. and Chimes/hand bell practice at 5 p.m. Anyone who would like to sing and play bells is always welcome to join.

On Wednesday Oct. 2, at 8 a.m. the Piece Corps Quilters will work together to craft quilts for Lutheran World Relief. They are always looking for more people to help tie quilts and sew. No previous quilting experience is necessary. Come join the fun and make a difference in the world!

September and October are food pantry months. We will collect donations for the local food pantry. Personal hygiene products are always appreciated. Just bring your donations to the church.

If you have any questions, please call the church at 815-369-5552.

### McConnell United Methodist Church

There will be a Free Family Movie Night at McConnell United Methodist Church Hall, 211 N Hulbert Rd, McConnell, on Thursday, Sept. 26 at 5:30 pm. Featured will be the Disney animated film "Aladdin".

Concessions (hot dogs with the works, chips, popcorn, drinks) will be offered.

All ages welcome! Children under age 10 must have an adult accompany them. Bring blankets and pillows or chairs will be provided. Air conditioned and mosquito free!

### Salem United Church of Christ (Lena)

Come join us at Salem United Church of Christ, 8491 W. Salem Road, Lena, on Harvest Home Sunday, September 29 for Sunday School at 9:30 a.m. and Worship at 10:30 a.m. Pastor Randal Nicholas will preach his sermon, "The Price of a Clean Life," from 1 Timothy 6:6-19.

At 8 a.m. on Wednesday, Oct. 1, the Wednesday Morning Breakfast Group will meet at Amigos Tex-Mex Restaurant, 306 N. Galena Ave., in Freeport.

### St. John's Lutheran Church (Pearl City)

You're welcome to join us for worship at St. John's on Sunday, Sept. 29 at 9 a.m. Sunday School and Confirmation will begin immediately following worship. The SPLAT Youth group will meet from 11 a.m. to 12:30 p.m. The Christian Education Committee will meet at 8:15 a.m.

Brad Roiland, Lake Carroll, was the winner of the \$200 Calendar Raffle drawing on Sept. 15, 2019.

The Women's Gathering currently has two excursions planned. On Oct. 10, they will be driving (carpooling available) to Oregon for a Riverboat cruise and lunch. On Dec. 2, they have planned a bus trip to Palace Theatre at Wisconsin Dells to see Blackwood Quartet and Elvis. Information and sign-up sheets are on the bulletin board in the Narthex. Must sign up by Sept. 29.

St. John's will host their Annual Craft and Vendor Fair on Sunday, Nov. 3 at 10 a.m. to 2 p.m. Contact the church office for an application if interested in being a vendor. Cost is \$30 for an 8' table and \$15 for a half table. The day will also include the Spaghetti Lunch serving 10:30 a.m. - 1:30 p.m. and an FHN Flu Shot Clinic at 10 a.m. til Noon.

Need a place to hold an event in Pearl City? The main hall at St. John's is available for rent. Call the church for more information and availability.

St. John's Lutheran Church is at 229 S. First Street, Pearl City, Illinois. The office phone number is 815-443-2215 (mornings). All are invited to our weekly worship services and youth to our Sunday School and youth ministries. You may also email at prshadmin@gmail.com.

## Apple River State Bank expands to Hazel Green, WI

Apple River State Bank announced today that it has reached an agreement with C&D Properties to open a banking facility in the Southwest Mart, 3515 Percival Street, Hazel Green, Wisconsin. C&D Properties is the corporation for the Saunders Oil convenience stores in Wisconsin. After a remodeling period, the new banking center is expected to open in December subject to regulatory approval.

"We are a Jo Daviess County bank and are thrilled to extend our convenience to southwest Wisconsin," said Joel Holland, the bank's Chief Executive Officer. The Hazel Green office will expand the number of banking

locations to seven, plus a network of 34 ATM locations.

Holland added, "We provide expert advice with lending, deposits, trust, and investment solutions to fit the financial needs of our customers. When you deal with Apple River State Bank, you have access to our decision-makers and that is something you don't often find in banking today. It's just the way we do business."

Apple River State Bank embraces a philosophy that places customer needs and service above everything else. The bank is the only locally owned, independent community bank chartered in Jo Daviess County.

"Our employees live in the communities we serve. We make every effort to know our customers on a first name basis and greet them when they walk in the door. Our customers are important to us and it is our mission to not only meet their financial needs but to provide exceptional service and products to help make their dreams come true," said Holland.

Apple River State Bank currently operates six banking facilities in Jo Daviess County - Apple River, Warren, Scales Mound, Elizabeth, Hanover and First Community Bank of Galena with total assets in excess of \$350 million.

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Sr. High - 7:00 - 8:30 p.m.

Listen to pastor's weekly sermon  
at [www.lenafreechurch.org](http://www.lenafreechurch.org)

## Elizabeth Historical Society to host Annual Dinner

The Elizabeth Historical Society will host its Annual Dinner on Thursday, Oct. 24, 6 p.m. at the Elizabeth Community Building with a dinner, program and silent auction. EHS members and the public are invited.

The catered dinner of roast beef, baked chicken, scalloped potatoes, corn, tossed salad, rolls, beverage and homemade pies will be followed by a program "Moonshot of 1869" presented by train enthusiast

and author, Jerry Pyfer. Copies of his book will be available for purchase. Don't miss this program.

Seven 20 year members will be recognized: Jeanette Biava, Janice Karstedt, Jeni Pearce, Nancy Schultdt, Kim Thorsen, Carl and Carol Schwerdtfeger joining 14 other 20 year members.

Reservations are required by Oct. 21 and can be made by emailing EHS at [elizabethhistoricalsociety@gmail.com](mailto:elizabethhistoricalsociety@gmail.com).



TONY CARTON PHOTOS Shopper's Guide

## Lena Lions Fall Festival

The Orangeville Lions came to participate in the Fall Festival parade in recognition of the Lions' Recycle for Sight program.



The Stockton Blackhawks marching band step to a lively tune in the Fall Festival parade.



The members of the Warren High School Marching Band put on quite a show during the Lena Lions Fall Festival parade.



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## Happy Halloween

Junior members of the Lena American Legion Auxiliary made door decorations for the Lena Living Center residents. Pictured are Riley Durling and Evelyn Karnatz.

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### Annual Hog Roast, Rummage Sale, Apple Cider Doughnuts September 28, 2019

Rummage Sale from 7 a.m. - 4 p.m.  
Apple Cider Doughnut sales start at 10 a.m. \$9/dozen  
Hog Roast Meal serving from 4 - 7 p.m.  
\$8/person • 5 years & under FREE with paying adult

Laurel St. Community Church • 1833 W. Laurel St., Freeport

# Don't Miss the Warren Pumpkin Fest

Friday, Sept. 27th to Sunday, Sept. 29th, 2019

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## College news

### Iowa State University College of Human Sciences announces 2019-20 scholarship awarded to area undergraduate student

Iowa State University announces scholarships awarded by the College of Human Sciences and affiliated academic units to undergraduate students for the 2019-20 academic year.

Madelyn Cocagne of Apple River, IL, who is studying Pre-Athletic Training, received the Naomi Wilkinson Scott Endowment Scholarship in Family and Consumer Sciences and the Walter and Hazel Hermanson Lawrence Scholarship.

More than \$1.3 million in student scholarships are offered each year by the College of Human Sciences and its academic units, in addition to monies awarded by Iowa State at the university level.

Programs in the College of Human Sciences focus on fields of study that expand human potential and improve people's lives. The college encompasses academic units that include the School of Education and four departments: Apparel, Events, and Hospitality Management; Food Science and Human Nutrition; Human Development and Family Studies; Kinesiology and Health.

Students in the Iowa State University College of Human Sciences prepare to work in fields that impact the health, well-being, and education of individuals throughout the lifespan to advance families, schools, and communities. Scholars and practitioners in these fields work together to expand human potential and improve people's lives.

### Be Sure To Attend The Pumpkin Fest

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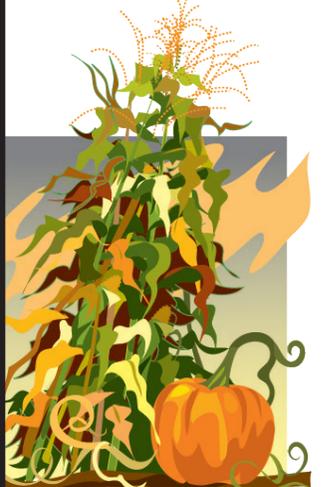
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## HAVE FUN AT THE PUMPKIN FEST!



## Warren Class of '57 reunion

Members of the 1957 Warren High School Class met for a reunion in Warren on Sept. 14.

Front row from left: Terrence Ingram, Marita Korte Orr, Lillian Tessmer Seffrood, Ron Piefer, Joann Westaby Sandlin

Back row from left: Robert Tyson, Kieth Sincox Bernard Saunders, Kay Hayes Schwenn

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# Don't Miss the Warren Pumpkin Fest

Friday, Sept. 27th to Sunday, Sept. 29th, 2019

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# 2019 Warren Pumpkin Festival

## September 27 - 29

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Saturday, Sept. 28th 1:00 p.m. Parade Starts

For more information call 815-541-3760

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# 'Eats and Beats' coming to Freeport

With so many worthwhile nonprofit organizations in the Freeport area trying to raise money, it can be hard to decide which events to support. On any given weekend, multiple nonprofit organizations compete with one another to gain the attention of the public.

If only there was a way these groups could coordinate and work together, instead of against each other. Enter "Eats and Beats," a two-day event being coordinated by over 20 Freeport area nonprofit organizations. The event will feature live music from local and regional bands, as well as a variety of foods prepared by various nonprofit groups.

The event will take place in downtown Freeport on Friday, Sept. 27 and Saturday Sept. 28. The location is the corner of Spring St. and Chicago Av.

Sixteen nonprofits will prepare one or two dishes each, which they will sell at the event. Food selections are coordinated in advance to ensure that a wide variety of food choices will be available. Proceeds from the sale of food, drinks and gate admission over the weekend will be divided among the participating nonprofit organizations.

Over 50 local companies have signed on to be sponsors of this event. The Stage sponsors are Malcolm Eaton Enterprises, The Wagner House, Hiester Construction, Inc., Baumgartner Automotive, 104.9 The X Radio Station, and Inertia Machine Corporation.

This year the headlining acts will be Pearl Jam Tribute Chicago on Friday, and Hello Weekend on Saturday. Other local acts will be performing, including Sean Huguenin, The Exiles, Carson Hartog, Kris Valkema, Mr. Ed and the Ryan and Joe Trio.

Admission to the event will cost \$3. Children five and under are free.

For more announcements about the participating nonprofit organizations and event sponsors, look up the Freeport Area Eats and Beats page on Facebook.

# Monroe Clinic announces Club Scrub dates

Hey Students – What is a respiratory therapist? What about a laboratory technician? What happens in the operating room? Who works there? You can get the answers to all these questions and others at Club Scrub, a Health Career Club.

Club Scrub is an after-school program located at the Monroe Clinic main campus, 515 22nd Ave. in Monroe. It is designed to spark interest in health-related careers among 8th grade students through informative, hands-on activities. Students have the opportunity to speak with healthcare providers and try things out in a variety of hospital departments, including: Respiratory, Lab, Radiology, Nursing areas, Surgery, Therapy departments and Cardiology.

This free program takes place on Tuesdays from Oct. 15 to Dec. 7, 4 – 5:30 p.m. At the end of the 10 sessions, students are honored at a graduation ceremony. Online applications opened Sept. 9 and close September 30. Interested students can complete the application at [www.monroeclinic.org/club\\_scrub](http://www.monroeclinic.org/club_scrub).

**A student learns about casts with Amy Hollis, Monroe Clinic Imaging Services Director, and Christine Nelson, Monroe Clinic Orthopedic & Joint Care Coach.**



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# FROM LENA'S KITCHEN



The not so skinny cook

We have been enjoying some sunshine; however, as I write this column, I heard the weather report say we could have some rain. Hopefully the prediction is wrong. We need the fields and gardens to dry up, so that we will be able to have some things to harvest. This week we continue to offer some good fall dishes.

I know that for some people tomatoes are coming to an end; if you still have some, this recipe is a good one. You can use it as a side, or you can use it as a meal with some crusty bread.

## BLT Pasta Salad

8 oz. rotini  
 5 T. balsamic vinaigrette dressing, divided  
 8 oz. bacon, cooked and crumbled  
 2 pints grape tomatoes, halved  
 8 oz. mozzarella cheese, cubed  
 1/2 head iceberg lettuce, chopped  
 Cook pasta according to package directions. Drain. Place in a large bowl and toss with 1 tablespoon of dressing. Add bacon, tomatoes, cheese and lettuce to the bowl. Toss with remaining 1/4 cup dressing. Chill an hour before serving.

This recipe is a good one to keep around for this winter when you need to have a meal put together ahead of time or quickly. If you brown the hamburger the night before, it is really easy to put together. McCormick makes a really good Montreal steak seasoning. I use it on most of my steaks that I broil. You can get it at most grocery stores. If you use the refrigerated pie crusts, you can put this dish together in just a little time. It uses only one of the pie crusts, so you can whip together a pumpkin pie for dessert!

## Cheeseburger Pot Pie

1 T. olive oil  
 1 lb. hamburger  
 1 small onion, thinly sliced  
 2 cloves garlic, minced  
 1 T. Montreal steak seasoning  
 1 can (8 oz.) tomato sauce  
 1/4 C. ketchup  
 1 T. Dijon mustard  
 1/2 C. shredded sharp Cheddar cheese  
 2 T. chopped fresh parsley  
 1/2 pkg. refrigerated piecrusts, room temperature

1 T. unsalted butter, melted  
 1 t. sesame seeds  
 Preheat the oven to 425. In a medium saucepan, heat oil over medium-high heat. Add hamburger, onion, garlic, and steak seasoning; cook, stirring occasionally, until browned and crumbly, about 8 minutes. Add tomato sauce, ketchup,

and mustard, stirring until combined. Bring to a simmer; cook until slightly thickened, about 5 minutes. Remove from heat; stir in cheese and parsley. Spoon mixture into a 9-inch pie plate. On a lightly floured surface, unroll piecrust. Carefully place on filling. Fold edges under, and crimp as desired. Brush with melted butter and sprinkle with sesame seeds. Make a slit in center as an air vent. Bake until crust is golden brown, 15 to 18 minutes. Let stand for 10 minutes before serving.

This casserole is also any easy one. You can use the rotisserie chicken for the cooked chicken. The ranch dressing gives it a little zip, and the cream cheese makes it nice and creamy. Sullivan's has the good Amish noodles that taste almost homemade.

## Creamy Ranch Chicken Noodle Casserole

2 oz. wide egg noodles  
 4 T. unsalted butter  
 1 C. diced onions  
 1 C. sliced carrots  
 1 C. sliced celery  
 1/4 C. flour  
 1 pkg. powdered ranch dressing  
 4 C. chicken broth  
 1 C. half and half  
 4 oz. cream cheese, cubed and softened

2 C. chopped cooked chicken  
 3 C. shredded sharp Cheddar  
 1/4 C. chopped fresh parsley  
**Topping:**  
 2 C. oyster crackers, crushed  
 1 C. shredded Parmesan  
 3 T. unsalted butter, melted  
 2 T. minced fresh parsley

Preheat oven to 350. Coat a 9 x 13 baking dish with nonstick spray. Blanch noodles in a pot of boiling salted water, 1 minute; drain, rinse with cold water and drain again. Melt butter in same pot over medium. Add onions, carrots, and celery; sweat, covered, until vegetables soften, 5 minutes. Add flour and ranch packet; cook for 2 minutes. Stir in broth, half and half, and cream cheese; bring to a boil, and reduce heat; simmer until thick, about 2 to 3 minutes. Stir in noodles, chicken, cheddar and parsley; season with salt and pepper. Transfer noodle mixture to prepared dish. **Topping:** Combine crackers, Parmesan, butter, and parsley; season with salt and pepper. Sprinkle topping over casserole and bake until bubbly, 25 to 30 minutes. Let casserole rest 5 to 10 minutes before serving.

We are getting into apple season, and I have a hankering for apple cake. This one is very moist because of the buttermilk, and what cake doesn't taste good with cream cheese frosting?

## Apple Sheet Cake

**Cake:**  
 3/4 C. unsalted butter, softened  
 2 C. sugar  
 3 large eggs; room temperature  
 1 t. vanilla  
 3 C. flour  
 2 t. baking powder  
 1 t. cinnamon  
 1/2 t. baking soda  
 1 C. whole buttermilk, room tem-

perature  
 2 C. chopped unpeeled Honeycrisp apples

## Frosting:

1 pkg. (8 oz.) cream cheese, softened  
 1/2 C. unsalted butter  
 1/2 t. orange zest  
 1/2 t. vanilla  
 1/4 t. salt  
 4 C. powdered sugar

Preheat the oven to 325. Lightly spray a 9 x 13 baking pan with cooking spray. Line the pan with parchment paper, letting excess extend over sides of pan. **Cake:** In a large mixing bowl, beat butter and sugar at a medium speed until fluffy, 3 to 4 minutes, stopping to scrape sides of bowl. Add eggs, one at a time, beating well after each addition. Beat in vanilla. In a medium bowl whisk together the flour, baking powder, salt, cinnamon and baking soda. With mixer on low speed, gradually add the flour mixture to butter mixture, alternating with buttermilk, beginning and ending with flour mixture, beating just until combined after each addition. Gently fold in apples. Spread batter into the prepared pan. Bake until a wooden pick inserted in the center, comes out clean, 40 to 45 minutes. Let cool completely in pan on a wire rack.

**Frosting:** In a large bowl, beat cream cheese, butter, zest, vanilla, and salt with a mixer at medium speed until smooth. Gradually add powdered sugar, beating until smooth. Increase mixer speed to high, and beat until fluffy, about 1 minute. Spread frosting onto cooled cake. Garnish with apple slices and cinnamon, if desired. Cover and re-

frigerate for up to 3 days.

I have started having requests for fruit and nut breads. This one is unusual because it adds nuts to pumpkin, and we are getting into pumpkin season. You can substitute almonds for hazelnuts if you don't like hazelnuts, and hazelnuts are hard to find. I guess the name would have to be changed to Almond Cake Pumpkin Bread. We wouldn't want anyone to feel confused with hazelnuts in the name and not a one in the recipe!

## Hazelnut Cake Pumpkin Bread

5 C. flour  
 2 1/2 C. sugar  
 4 t. baking soda  
 1 3/4 t. cinnamon  
 1 1/2 t. salt  
 3/4 t. ginger  
 3/4 t. cardamom  
 2 eggs, room temperature  
 1 can (29 oz.) solid-pack pumpkin  
 1 C. 2% milk  
 1 C. canola oil  
 1 t. vanilla  
 2 C. chopped hazelnuts  
 2 C. chopped dates

Preheat oven to 350; in a large bowl, whisk the first 7 ingredients. In a stand mixer; beat eggs, pumpkin, milk, oil, and vanilla until blended. Beat in flour mixture just until moistened. Fold in hazelnuts and dates.

Transfer to 3 greased loaf pans. Bake until a toothpick inserted in center comes out clean, 50 to 55 minutes. Cool in pans 10 minutes before removing to wire racks to cool. Freeze option: wrap loaves in foil and then freeze. To use: thaw at room temperature.

We are again racing through another month. I am still hoping we

have some fall weather. We continue to shop at the Farmer's Market. This week there was a wonderful array of baked goods, and some beautiful vegetables. I love the colors of the bell peppers, the egg plant, and the squash and zucchini. I bought another jam for my winter shelf. The Farmer's Market will continue on Wednesday evening between 4 and 7. We are still looking for some recipes that feature vegetables from the garden and peaches, raspberries, pumpkin, and apples. If you have any recipes you would like to share, send them our way. You can contact us in person, by mail at From Lena's Kitchens, *Shopper's Guide* at 213 S. Center St. or email us at scoopshopper@rvpublishing.com.

## Why is it important to eat grains?

Eating grains, especially whole grains, provides health benefits. People who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases. Grains provide many nutrients that are vital for the health and maintenance of our bodies.

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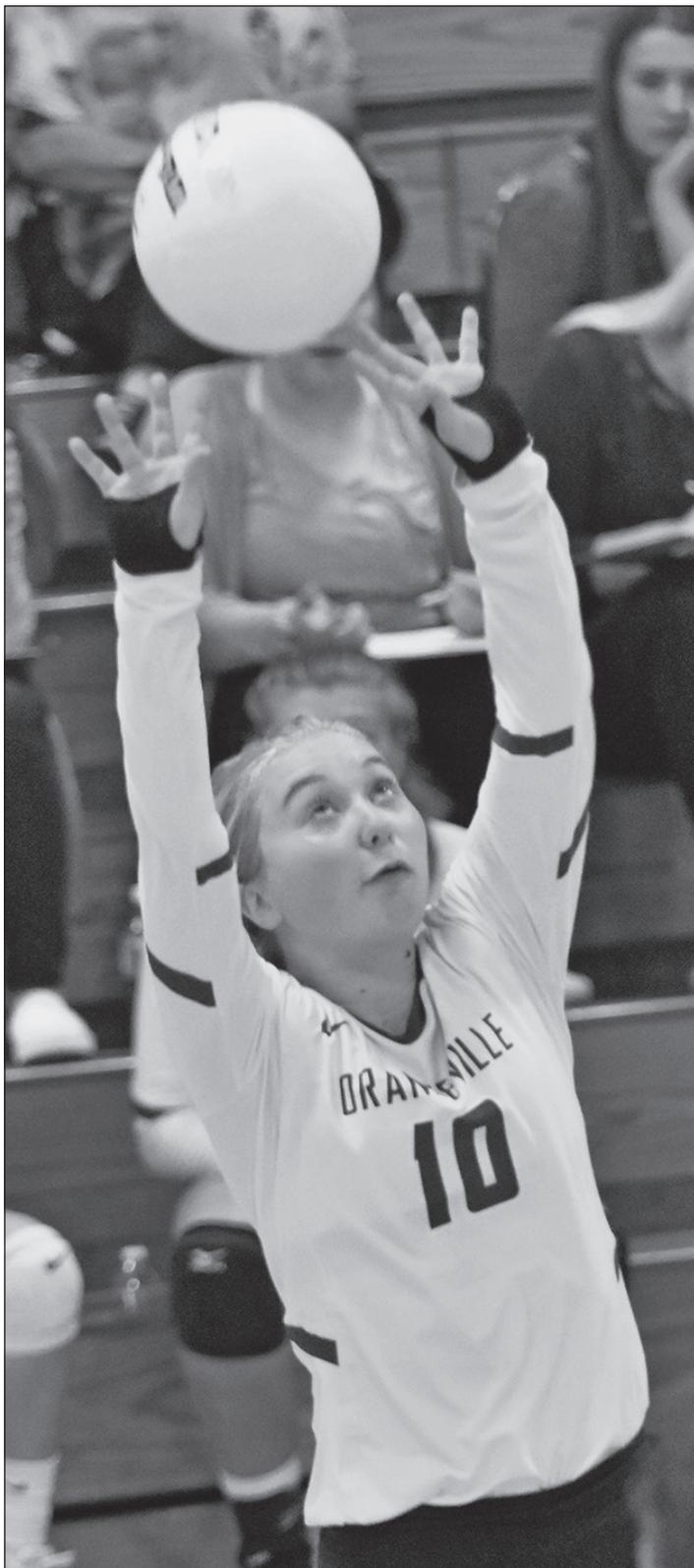
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MANDY FIELDS PHOTO Shopper's Guide

## Orangeville vs. South Beloit

McKayla Riemer gets the set up to the outside hitter.

# Mark your calendar for Senior Center Expo

Clear your calendar for Thursday, Oct. 10. That's the day of the Senior Resource Center's Rocking 50 and Beyond Expo Presented by State Bank. You will not want to miss the fun and facts you will find at this year's expo. The event will run from 8:30 a.m. to noon at the Freeport Eagles Club, 1200 W. Galena Ave.

This year's expo theme is "Back to Our Future," and the two rooms of events will focus on the future of attendees.

In the first room, the more than 50 vendors have been asked to consider providing information either on how they can help expogoes in the future or discuss their business' plans for the future. Fitness centers, technology businesses and civic organizations are among the vendors to date.

The second room is now themed

around Health & Wellness. It is sponsored by the Freeport Recycle Store, which promotes environmental wellness. The Health & Wellness Room will include many great features:

- Free healthy refreshments sponsored by Azura Memory Care. This promotes nutritional wellness.
- Entertainment from 9 a.m. to noon by Mr. Ed, an acoustic keyboard and guitar duo that plays well-known favorite pop and rock classics. Their performance is sponsored by Clear Captions. It promotes mental health.
- FHN glucose, cholesterol and blood pressure screenings. This promotes physical health.
- Stephenson County Health Department flu shots, promoting physical health.
- Glaucoma screenings from a

Monroe Clinic health professional, promoting physical health.

- University of Illinois Extension nutritional information, promoting nutritional wellness.
- Illinois Treasurer ICash table, where you may learn if you have money coming to you, promoting mental wellness.
- The Senior Resource Center, where you can make Open Enrollment appointments, and Pretzel City Area Transit tables. This promotes mental and physical health.

Early registration for the Rocking 50 and Beyond Expo is open. Just call 815-235-9777, ext. 233, to sign up for early registration. Signing up in advance registration streamlines the registration process for attendees. Those who sign up for early registration should have a shorter wait time at the door. Plus all paperwork will be prefilled, and your raffle ticket will be entered for you. If you have a My Senior Center keytag, please bring it to further expedite registration.

At registration, the first 300 guests to arrive will receive a complimentary promotional gift courtesy of Angela Damin of Jewell Insurance & Financial Services. Promotional gifts will not be in the early registration bag.

Don't forget that parking is available in the Eagles Club lot as well as the east end of the Lincoln Mall across the street. A Senior Resource Center vehicle will provide shuttle service between the mall and the expo, as well as outlying areas of the Eagle Club lots. If you need a ride, just wait for the vehicle to come to you.

The Rocking 50 and Beyond Expo is made possible by many generous sponsors. The 2019 sponsors to date are: State Bank, presenting sponsor; Freeport Recycle Store, Health & Wellness Room sponsor; Jewell Insurance & Financial Services, promotional gift sponsor; Hearing Life, gold sponsor; Clear Captions, entertainment sponsor; Azura Memory Care, refreshment sponsor; FHN, Humana, Monroe Clinic and Walker Mortuary, bronze sponsors; and Big Radio and the Journal-Standard, media sponsors.

The Senior Resource Center offers programs, education and activities for people 50 and beyond, their families and caregivers in Stephenson and Jo Daviess counties. The programs include Adult Protective Services, AARP Tax-Aide, Information & Assistance, Money Management Program, Community Care Program, Transit and Education & Activities.

## •Pritzker (Continued from page 4)

U.S. Census Bureau deems an area hard to count if the self-response rate in the 2010 decennial census was 73 percent or less.

Illinois is using 18 variables associated with low census response, including housing, income, household language and internet access, to determine where the millions in grant funding will be distributed.

The largest grant distributions will go to organizations operating in Chicago, with a minimum allotment of \$5 million and a maximum of \$8.9 million. The Suburban Cook County region will receive between \$2.1 million and \$3.5 million, and the collar county region will receive between \$1.8 million and \$2.2 million.

Other regions include: Central Illinois (\$400,000-\$600,000), Northeast Central (\$500,000-\$695,000), North Central (\$500,000-\$650,000), Northern (\$750,000-\$920,000) Northwest (\$350,000-\$475,000), Southeast Central (\$290,000-\$400,000), Southern (\$600,000-\$700,000), Southwest Central (\$530,000-\$660,000), and West Central (\$250,000-\$300,000).

Anita Banerji, director of the Democracy Initiative of the nonprofit organization Forefront, which participates in census outreach, said the key to ensuring an accurate count is building trust in hard-to-count communities. In a July interview with Capitol News Illinois, she stressed that any information a person puts on census forms is confidential.

"There will be a lot of misinformation and disinformation out there in the year ahead," she said. "The advocates will have to be working smarter and harder to ensure that all residents across the state have accurate information, they feel safe and protected, and understand why it's necessary to self-report."

One of the reasons self-reporting is necessary, Banerji said, is because census data helps determine a number of demographic figures that could affect business interest on top of federal and state government funding.

"You can't be that thoughtful or that intentional about where these new roads or new hospitals or these kinds of (English as a second language) classes need to go if you don't have accurate data," she said. "So it behooves all of us to participate in this national civic engagement, civic duty, so that we can be providing a better future."

In Monday's release, IDHS Secretary Grace Hou said Illinois is "well on its way to ensuring a complete and accurate count."

"We've never seen such a significant investment in the census until now, and we're seeing a lot of excitement from our partners and stakeholders in the community," she said. "We look forward to working with our grantees to continue our efforts and reach the communities and demographics that have previously been hard to count."

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# 40th Annual Juried Arts & Crafts Fair Lures 150 artists & artisans to historic Galena

Many artists apply, but only 150 are chosen. That's just one of the magic ingredients in the Galena Country Fair's recipe for success.

Pick a holiday weekend in October at the peak of autumn color. Hold it in a picturesque town known for its natural beauty, historic sites and modern amenities. Add local food, wine, music and voila! You get a fabulous annual fair that attracts fine artists and artisans from throughout the Midwest, along with thousands of fun-loving customers.

This year's 40th Annual Galena Country Fair is Columbus Day Weekend, Oct. 12 & 13, in Grant Park, from 10 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday.

This is a juried arts and crafts fair that selects artists and artisans based on quality, originality and variety. There are 150 booths displaying and selling paintings, drawings, sculptures, pottery, textiles, photographs, clothing, jewelry, toys, baskets, home decor and seasonal decorations.

The Vittle House and Fair food

booths, all run by area non-profits, offer caramel apples, fudge, hand-cut French fries, funnel cakes, pumpkin rolls, ice cream sundaes, bratwurst, chicken and pork chop sandwiches, chili, walking tacos, baked potatoes and popcorn.

The Gazebo Wine Garden serves Galena Cellars wines, sangria, hot spiced wine, and cheese/sausage plates.

The Country Bake Shop sells homemade breads, pies, cakes, pastries, bars and cookies made by some of Jo Dav-

viess County's best bakers.

Four farm stands offer local honey, maple syrup, apples, gourds, squash, onions, dried flowers, bittersweet, Indian corn and carrion berries.

Live entertainment includes area bands, folk music and Irish dancers.

A special children's section features games, face painting, crafts and playground.

Fair admission is a suggested donation of \$2 per person. Nearby parking is \$5 per day. Remote parking and shuttle service are free. Grant Park is

on the east side of the Galena River, within walking distance of historic sites and connected via footbridge to downtown shops and restaurants.

Galena is approximately a three-hour drive from Chicago and Milwaukee, four hours from Des Moines and five hours from Minneapolis/St. Paul and St. Louis. For more information about the Galena Country Fair, logon to [www.GalenaCountryFair.com](http://www.GalenaCountryFair.com). For visitor information about Galena and Jo Daviess County, logon to [www.VisitGalena.org](http://www.VisitGalena.org) or phone 888.9.Galena.

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### Employment Opportunities Stockton School District

**Position:** Middle School/High School  
Special Education Aide

**Hours:** 7.45 a.m. - 3:15 p.m.

**Start Date:** Monday, Sept. 30

**Send letter of application and credentials to:**  
Stockton Middle School  
Attn: Brad Fox, Middle School Principal  
500 N. Rush Street  
Stockton, Illinois 61085

**Position:** Kindergarten/Special Education Aide

**Hours:** 7.45 a.m. - 3:15 p.m.

**Start Date:** As soon as possible

**Send letter of application and credentials to:**  
Stockton Elementary School  
Attn: Colleen Fox, Elementary School Principal  
236 N. Pearl St.  
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chair, various lamps, end  
tables, native american statues/  
paintings, vintage coin collection  
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Vietnamese coins, dining table,  
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### Stockton Garage Sales

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### Announcements

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**1979 LINCOLN TOWN COUPE** good condition, low mi., \$3,200 OBO, 262-758-6370.

**1996 Camaro RS Convertible** 3.8, Auto, 93,000 mi, leather black, black top, good condition. \$4,400 OBO. 815-233-5088

**1997 CADILLAC SEDAN DEVILLE** Zero rust, stored winters, \$2,200. Cash only. 262-662-3096 John.

**2000 BUICK LeSABRE** Runs great, 150K miles, 1 owner. \$1500 OBO (262) 758-9027

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**2014 CHEVY EQUINOX AWD,** 39k , one owner, garage kept, asking \$15,200. 262-353-6029

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## AUTOMOTIVE

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**2004 Nomad 5th Wheel** 23 FT, One Slide Out. Call 815-233-2628

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## Hotel Del Coronado

The winner of the Lena Masonic Lodge "Hotel Del Coronado" raffle is Mr. and Mrs. H. Lingle, of Freeport, IL. They won the four-day, three-night stay, meals and travel money. Pictured are: Roy Grobe, Tom Edler, the Lingles, & Dana Rakowska.

## • Football

(Continued from front page)

conversion as they went up 16-0 in the second quarter. Roby was able to go for the hat trick in the first half as he rushed for his third touchdown, giving Le-Win a 24-0 lead with under a minute left in the half.

The third quarter was the team's biggest quarter of the night as they combined for three scores. Two on the ground by Ormiston, one of which was 78 yards, and one through the air for a 35 yard touchdown pass from Cade Benson to Kade Christman.

The Panther defense held a shutout through three quarters, but the Dakota Indians managed to get two scores late in the fourth quarter, bringing the final score to 46-14 in what would be another blowout win for the Panthers.

They now sit at 4-0 on the year and will face off with the 3-1 Stockton Blackhawks this Friday.

## LEGALS

### ASSUMED NAME PUBLICATION

Public Notice is hereby given that on **September 10, 2019**, a certificate was filed in the Office of the County Clerk of Stephenson County, Illinois, setting forth the names and post-office addresses of all persons owning, conducting and transacting the business **Lena Dance Company**, located at **141 W. Railroad St., Lena, IL 61048**.

Dated September 10, 2019

VIC I. OTTE

Stephenson County Clerk  
by **LISA BARKALOW**  
Deputy

(Published in

The Shopper's Guide  
Sept. 25, Oct. 2 & 9, 2019)

356578

# Around the Northern Hills with Jo Daviess County Farm Bureau Manager Annette Eggers

Don't forget that the Jo Daviess County Farm Bureau Foundation is part of the **Prairie Farms Our Caps, Your Cause** program and is looking for your support. For every cap entered, we receive 5-cents to go towards Ag in the Classroom programs and agricultural scholarships.

Locate the stickers located on the caps of Prairie Farms milk in gallon or half gallon sizes, as well. Reveal a unique, redeemable code by peeling of the Prairie Farms sticker and enter it at [www.prairiefarms.com/ourcapsyourcause](http://www.prairiefarms.com/ourcapsyourcause). When prompted

with the choice of which organization to give to, please choose Jo Daviess County Farm Bureau Foundation.

After 1,000 caps are entered, Prairie Farms Dairy will send a check to support our Foundation. You're going to be drinking milk anyway, so help our foundation sup-



Annette Eggers

port agriculture as well.

**Forage Insurance.** Forage is a very valuable crop, especially in Jo Daviess County as we are the number 1 producer of alfalfa in the state. Did you know that there is insurance available to help protect that commodity? The deadline to apply for coverage for the 2020 season is September 30, 2019. For more information, contact COUNTRY crop agent Robert Dittmar at 815.858.2236.

Jo Daviess County Farm Bureau offering \$250 towards R.O.P.S. Purchase. The Jo Daviess County Farm Bureau would like to offer funds to reimburse farmers for purchasing **ROPS (Rollover Protective Structures.)** Fifty-five percent of farm tractors in Illinois do not have a cab or ROPS (Rollover Protection Structure.) Only 1 in 5 victims will survive a tractor rollover accident. The leading cause of farm related deaths in Illinois is tractor rollover accidents. They account for more than 30% of farm related deaths. ROPS help protect farmers and family members from being crushed in the event of a tractor turnover or rollover. Safety Chairman, Dan Robbe, states that "Safety is a priority of the farm bureau, and we would like to encourage our members to install

ROPS on their tractors". Jo Daviess County Farm Bureau members who purchase a ROPS could receive a reimbursement of \$250 towards the purchase of a ROPS (Six rebates are available). To receive the \$250, members would need to bring in their paid invoice to the Farm Bureau office in Elizabeth. Customers would be responsible for the cost, freight, and installation which are available through the dealer. If you have been thinking about putting a ROPS on one of your tractors - now is the time! For more information about this program, or to become a member of our organization, contact the Jo Daviess County Farm Bureau office at 815-858-2235 or email [jd-cfbmgr@blkhawk.net](mailto:jd-cfbmgr@blkhawk.net).

**Farm Fun Fact:** September is National Honey Month.

## Friday night scoreboard

Lena-Winslow 46, Dakota 14  
DuPec 10, Orangeville 0  
Stockton 26, Galena 0  
E/PC 20, Milledgeville 12  
River Ridge 58 Alden-Hebron 0  
Benton/Scales Mound/Shullsburg 12 Black Hawk/Warren (IL) 36

## Monroe Clinic presents 'Navigating the Retirement World'

Retire? Continue to work? What do you need to know about Medicare? Learn more about options surrounding retirement during a free event hosted by Monroe Clinic partnering with the Aging and Disability Resource Center (ADRC). Each session covers the ins and outs of Medicare by an ADRC Benefits Specialist, Monroe Clinic patient accounts discusses healthcare billing followed by information on advance directives

and power of attorney. "Navigating the Retirement World" will be offered on Monday, Oct. 7, at 10:30am AND 5:30 p.m. in Monroe Clinic's St. Clare Conference Center and on Thursday, Oct. 10, at 5:30 p.m. at the Argyle EMS Building.

Reservations are appreciated by calling 608-328-9366 (Monroe event) or 608-776-4871 (Argyle event).



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# Timber Lake Playhouse to host a Fall Festival and BrewFest

Timber Lake Playhouse, the premier professional summer theatre of northwest Illinois, will host BrewFest on Saturday, Sept. 28 from 12 (noon) to 6 p.m. The fest will include tastings of popular craft beers and wines, food trucks, hay rides, and activities for the whole family and features the popular craft beers of Lena Brewery.

Tickets \$25 for adults and \$10 for 3 – 20 year olds. Included in the ticket price are tasting tickets for wine and craft beer, soda tickets, pumpkin carving, face painting, bag games, ladder hockey, hay rides, trail rides, and other games and activities. There will also be food trucks and other food options for purchase.

Heartache Tonight, the Eagles Tribute Band

will be in concert that day at the theatre at 2 and 7. From the powerful guitar duel in "Hotel California" to the shimmering harmonies of "Peaceful Easy Feeling" a Heartache Tonight show is a true Eagles concert experience featuring all the timeless classic songs from one of the greatest rock bands of all time.

A Heartache Tonight concert is filled with moments designed to thrill classic rock fans: the soaring a cappella harmonies of "Seven Bridges Road," the snarling guitars of "Life In The Fast Lane," the anthemic country rock of "Take It Easy," and Don Henley's beautifully evocative "Heart Of The Matter."

Close your eyes and you'll swear you're hearing the real thing.

Beginning on Oct. 5, Timber Lake Terror, The Haunted Experience at Timber Lake will run Saturday nights in October. The Experience includes the Trail of Terror, Fun House, Haunted House, and an Escape Room. TLP will close out October on the 26th with their annual offering of The Rocky Horror Picture Show. Nov. 16, brings The Blooze Brothers Revue and the TLP Christmas show – Christmas Kaleidoscope – runs Dec. 5 – 12.

Tickets for all Timber Lake events are available online at [www.timberlakeplayhouse.org](http://www.timberlakeplayhouse.org) or by calling the Box Office at 815-244-2035. Box Office hours are Monday through Friday from 10 – 3 and until intermission on show days.

## C-SPAN'S 16th Annual StudentCam video competition

Mediacom and C-SPAN announce the start of this year's annual student documentary competition and encourage middle school and high school students to participate in the video documentary competition known as "StudentCam." Students are asked to create a short video documentary, five to six minutes in length, and submit it online between Nov. 1, 2019 and Jan. 20, 2020.

This year marks the 16th Annual StudentCam competition, and the new topic for 2020 submissions is "What's Your Vision in 2020?" Entries will explore an issue that they most want presidential candidates to address during the campaign and, also analyze the current or historical significance of their chosen issue and include differing points of view.

Cash prizes of up to \$100,000 in total will be awarded to winning documentaries. Winners will be announced in March 2020 and the top-rated videos will be televised on C-SPAN in April 2020. Complete competition details and entry forms are available on the C-SPAN StudentCam website <http://www.studentcam.org>.

# Bunker's Bargains!!!



Stock #391073  
**2000 Lincoln LS**  
Silver frost cc met., 3.9L V8, auto, 77k miles.  
**\$4,900**



Stock #6690  
**2007 Chevy Impala**  
Amber bronze met., 3.5L V6, auto, 54k miles.  
**\$6,495**



Stock #391082  
**2002 Chevy Avalanche**  
Onyx black, 5.3L V8, auto, 210k miles.  
**\$6,500**



Stock #319531  
**2014 Chevy Equinox LTZ**  
Black, 2.4L 4 cyl., auto, 180k miles.  
**\$8,500**



Stock #6687  
**2012 Chevy Sonic LTZ**  
Silver ice met., Ecotec 1.8L I4 DOHC VVT, auto, 92k miles.  
**\$8,900**



Stock #66881  
**2008 Toyota RAV4 LTD**  
Blizzard pearl, 2.4L 4 cyl., auto, 136k miles.  
**\$8,995**



Stock #65781  
**2009 GMC Acadia SLE1**  
Quicksilver met., 3.6L V6, auto, 127k miles.  
**\$9,412**



Stock #6655  
**2013 Chevy Equinox LTZ**  
Atlantis blue met., 2.4L 4 cyl., auto, 143k miles.  
**\$9,987**



Stock #292481  
**2011 Chevy Equinox LT**  
Mocha steel met., 2.4L 4 cyl., auto, 90k miles.  
**\$9,995**



Stock #292771  
**2011 GMC Terrain SLE-1**  
Mocha steel met., 2.4L 4 cyl., auto, 95k miles.  
**\$10,159**



Stock #299461  
**2008 Lincoln MKX**  
Red, duratec 3.5L, V6, auto, 82k miles.  
**\$10,852**



Stock #290252  
**2013 Chevy Captiva Sport**  
Black granite met., 2.4L 4 cyl., auto, 59k miles.  
**\$11,900**



Stock #6672  
**2010 Buick LaCrosse CXL**  
White diamond tricoat, 3.0L V6, auto, 65k miles.  
**\$11,900**



Stock #291242  
**2014 Dodge Journey SE**  
White, 2.4L I4 16V, shifttable auto, 46k miles.  
**\$11,999**



Stock #390952  
**2014 Jeep Compass-Latitude**  
Deep cherry red crystal, 2.4L 14 DOHC 16V, auto, 103k miles.  
**\$12,411**



Stock #391321  
**2015 GMC Terrain SLE**  
Carbon black met., 2.4L 4 cyl., auto, 103k miles.  
**\$12,992**

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Tues./Wed./Fri. 8am - 6 pm; Sat. 8am - 5pm**

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