

Shopper's Guide

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YOUR FREE HOMETOWN NEWSPAPER

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Virtual farm tour features Pearl City operation

Hunter Haven focuses on humane treatment for its herd

By Christopher Heimerman
FOR ILLINOIS PRESS
ASSOCIATION

It's good to be a dairy cow at Hunter Haven Farms near Pearl City.

That was made abundantly clear during a virtual tour hosted July 1 by the Illinois Milk Producers Association and University of Illinois Dairy Extension.

The emphasis of the tour, given by farmer Scott Brenner, was technology. In a moment we'll get to the methane biodigester that puts the 2,000-acre operation on the cutting edge.

But humane treatment of the herd is a key factor in the nearly 100 pounds of milk per day the farm gets from each of its 900-plus cows. Participant Mike Hutjens, a professor emeritus at U of I who was raised on a 313-acre dairy farm near Green Bay, Wisconsin, asked Brenner what, exactly, he monitors on his farm. "You can tell a lot about how a cow is feeling by just looking at her," Brenner said. "Are her ears up? How do her eyes look? Is her udder full?"

He said the simple act of keeping heifers, animals who have never given birth before, and cows, animals who have already given birth, separate reaps big dividends.

"Cows are very social ani-



ILLINOIS FARM BUREAU PHOTO Shopper's Guide

Scott Brenner, farmer at Hunter Haven Farms in Pearl City, is shown in front of the dairy farm's biodigester during a July 1 virtual tour hosted by the Illinois Milk Producers Association and the University of Illinois Dairy Extension.

mals," he said. "They have a pecking order, just like people."

Brenner said it's crucial to consistently crunch the numbers to know exactly how many heifers you need to maximize the operation, and to leverage the data and control the size of the herd and minimize the number of animals that get sold into feedlot operations.

"We're trying to get the numbers right, so there aren't many animals who don't make the team," Brenner said.

On the subject of efficiency, the farm uses an elaborate, anaerobic digester that digests methane from manure and turns it into energy used on the farm.

Brenner spends all of 10 minutes a day with the biodigester. He compared its digesting process to that of a cow, and said its performance hinges on what the cows are eating.

"It's a flow system like a cow, and the digester has to be treated like a cow," he said. "If cows slug (down) feed and

get a gut ache, that thing will get a gut ache. If you treat it as a piece of equipment, you're going to be frustrated with it."

See FARM TOUR, Page 6

Ag stats: State farmers plant fewer corn acres this year

Illinois growers planted fewer corn acres and more soybean acres in 2021 than last spring, according to the latest acreage report from the USDA National Agricultural Statistics Service.

The NASS reported the following about Illinois crops:

- Corn: Planted area, at 11.2 million acres, is down 1 percent from 2020. Harvested area for grain, at 11 million acres, is down 1 percent from last year.

- Soybeans: Planted area, at 10.7 million acres, is up 4 percent from 2020. Harvested area, forecast at 10.65 million acres, is up 4 percent from the previous year.

- Winter wheat: Planted area for 2021, estimated at 700,000 acres, is up 23 percent from the previous year. Area harvested for grain is forecast at 650,000 acres, up 25 percent from the previous year.

- Hay: Harvested area of all hay is expected to total 420,000 acres, down 14 per-

cent from 2020. This total includes 180,000 acres of alfalfa and 240,000 acres of all other hay.

Nationally, corn planted area for all purposes in 2021 is estimated at 92.7 million acres, up 2 percent or 1.87 million acres from last year. Compared with last year, planted acreage is expected to be up or unchanged in 28 states. Area harvested for grain, at 84.5 million acres, is up 2 percent from last year.

U.S. soybean planted area for 2021 is estimated at 87.6

million acres, up 5 percent from last year. Compared with last year, planted acreage is up or unchanged in 28 of the 29 states for which there are estimates.

The 2021 winter wheat planted area in the U.S., at 33.7 million acres, is up 11 percent from last year and up 2 percent from the previous estimate. Of this total, about 23.6 million acres are hard red winter, 6.59 million acres are soft red winter and 3.50 million acres are white winter.



FILE PHOTO Shopper's Guide

Illinois farmers planted 11.2 million acres of corn this year, down slightly from the amount planted in 2020, according to the USDA National Agricultural Statistics Service.



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State senator's staff makes local office stops

District staff members from the office of state Sen. Brian Stewart are holding traveling office hours at three area locations today, Wednesday, July 7.

Staffers can help with state services as well as answering questions and addressing concerns from constituents. No appointments are necessary and the sessions are open to all area residents.

- The local stops include:
- 9:30 a.m. to 10:30 a.m. at Warren Village Hall, 516 Anson St.
 - 1:30 p.m. to 2:30 p.m. at Town Hall, 802 Main St., Scales Mound
 - 3:30 p.m. to 4:30 p.m. at Apple Canyon Lake Association Office/Club House, 14A157 Canyon Club Drive, Apple River

Kepner to celebrate 97 years

Vivian Kepner of Lena will celebrate her 97th birthday on July 20. A card shower and small family gathering are planned in her honor. Cards may be sent to her at 14179 E. Chelsea Road, Lena, IL 61048.

Vivian was born July 20, 1924, in the town of Garden Valley on the Fieldstad farm in Jackson County, Wisconsin, and is the daughter of Sever and Hulda Fieldstad.

Vivian married Hubert J. Kepner on Nov. 29, 1948; he died on Jan. 23, 2013. Vivian



has four children, Robert (Theresa) Kepner of Lena, George (Rogene) Kepner of Lena, Dr. Barbara Kepner of Lena and Charles (Martha) Kepner of Chicago. She has nine grandchildren and five great-grandchildren.

Vivian and Hubert lived on the Kepner farm in Nora Township for their married life.



PHOTOS SUBMITTED The Scoop Today/Shopper's Guide

Dittmars celebrate 60 years together

Cleland and Joanne (Huftill) Dittmar of Stockton celebrated their 60th anniversary with a family celebration in June. The couple were married July 9, 1961, at Christ Lutheran Church in Stockton. They have four children: Laura (Curt) Steffes, Craig (Terri) Dittmar, Brian (Nancy) Dittmar and Danial (B'Ann) Dittmar. Their 10 grandchildren are Jacob, Zachary, Isaac and Rebecca Steffes; Kili Bons; Brian, Nicholas and Joseph Dittmar; and Chase and Brooke Dittmar. The Dittmars have seven great-grandchildren, with another one due in November.

College uses Handshake to connect students with employers

Highland Community College is now using Handshake to help guide students for career and job opportunities with local employers. Handshake is an online platform that connects students with job opportunities. Students can search for internships and

jobs and gain additional information about their desired career path.

Highland's Career Services helps students activate their accounts and build their profiles.

"Whether students are decided or undecided on their

career path, they need to establish a solid connection with employers to positively shape their future and demonstrate career readiness," Anthony Musso, Highland career services coordinator, said in a news release. "Handshake can bridge that connection between students and employers."

Similar to other job search websites, students can build a personal profile, listing their academic interests and desired job type. Employers review these profiles to post jobs and available internships. Musso said this allows employers to connect to qualified students, which ensures they continue to have engagement with Highland students be-

yond a typical list of schools.

"I want our students to connect with employers to obtain knowledge for their career path and know the local opportunities, should they choose to stay or come back to this area," Musso said.

Highland has 75 employers on the Handshake platform within a 50-mile radius of Highland's district. The goal for Career Services is to increase the number by 60 percent. Any company is welcome to use the free service to market to Highland students.

For more information on being part of Handshake, email Musso at anthony.musso@highland.edu. The link to sign up is highland.edu/career-services.

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Northwestern Illinois Community Action Agency Housing Stability/ Homeless Prevention Program/Mortgage/Water Assistance

Northwestern Illinois Community Action Agency has funding through DCEO CSBG Program and DHS Homeless Prevention Program to assist families in Stephenson and Jo Daviess Counties who are past due on their rent, mortgage, and/or water payments and are in danger of becoming homeless or are homeless due to a recent financial crisis affecting their ability to pay housing costs including COVID-19 related conditions.

Have you experienced one of the following crisis conditions:

- COVID-19 related loss of employment or reduction in work hours
- Loss of Employment or substantial reduction in work hours
- Current Medical Disability or Emergency
- Loss or Delay of some form of Public Benefit
- Natural Disaster
- Substantial Change in Household Composition
- Illegal Action by a Landlord
- Displacement by a Government or Private Action
- Some other condition beyond your control which constitutes a financial hardship

You may be eligible for assistance if you:

- Can provide documentation of your financial crisis condition

Documents that are required to apply:

- Proof of Social Security numbers for all members of the household
- Proof of all income for all members of the household for the 30 days prior to the application date
- 2020 income tax return
- Current Benefit letter for household members receiving SSA, SSI or SSD income
- Copies of your current utility bills
- Medical Card
- Current Lease or Mortgage with contact information
- Eviction Notice or Past Due Letter from landlord, mortgage, and/or water company
- Third Party Documentation of Crisis

Please call our office at 815-232-3141 or 800-883-1111 between the hours of 8 a.m. and 3:30 p.m. Monday through Friday for information on how to apply.

Due to the COVID-19 Pandemic, Northwestern Illinois Community Action Agency Main Office is closed to the public and appointments at outreach locations have been suspended until further notice. We are in the office and taking applications for NICA programs by phone, mail, email, and fax.

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In Loving Memory of
Lyle P. Miller
May 19, 1985 to June 30, 2007

The Broken Chain

We knew little that morning, that God Was going to call your name. In life we loved you dearly, In death we do the same.

It broke our hearts to lose you, You did not go alone; For part of us went with you, The day God called you home.

You left us peaceful memories, Your love is still our guide; And though we cannot see you, You are always at our side.

Our family chain is broken, And nothing seems the same; But as God calls us one by one, The chain will link again.

-author unknown

YOU ARE LOVED AND MISSED ALWAYS!

Love: Mom, Janet, Laurie, Lisa, Kristi & families



GALENA COUNTRY TOURISM PHOTO *The Scoop Today/Shopper's Guide*

A July 21 webinar will give area residents a chance to explore the new nature trails on the grounds of the Witkowsky State Wildlife Area. Above, trail designer Brad Petersburg is shown at the Prairie Point Outlook.

Webinar helps people explore new nature trails

This summer, 10 miles of new nature trails officially opened to the public. The trail system is on the 1,100-acre Witkowsky State Wildlife Area, off of Blackjack Road and seven miles north of Hanover.

"The trails mark a major transition for Witkowsky, which for decades has been seen as a hunting preserve only," according to a news release from the Jo Daviess Conservation Foundation. "Now, pedestrians, and maybe one day soon equestrians, will also be able to enjoy this preserve, during the many months throughout the year when hunting is not permitted."

The foundation is offering a webinar at 7 p.m. Wednesday, July 21, to help people learn about the preserve and what to expect when visiting the new trails.

JDCF executive director Steve Barg will moderate a discussion with Iris Witkowsky and her daughters, Anne and Kathy, about their experiences on the land and the circumstances that led Witkowsky and her late husband, Jack, to donate the original 400 acres back in 1986.

Brad Petersburg, who designed the trails, and Jeff Horn, a wildlife biologist with the Illinois Department of Natural Resources, will also be featured during the webinar.

JDCF and IDNR co-manage the preserve.

The new trail system offers "an opportunity to hike deep into a mature forest of dense, towering trees which create a wilderness, back-in-time feeling," the release said. "From spring flowers to summer picnics to fall colors to snow

Slices of life

Words to live by, part 2 — compassion

Merriam-Webster defines compassion as, "sympathetic consciousness of others' distress together with a desire to alleviate it."

Previously, I've postulated an idea related to the vastness of life's purpose — an idea so wide-reaching it can be summed up in seven words. Can a mere seven words help us establish a focus on the meaning of life? Perhaps.

In fact, I'm willing to bet on it. Because I've come to believe that life is much more simple than it is complicated.

Seven words might actually be superfluous. We could probably do with less. But let's stick with them anyway; seven is a nice round number.

The first word (the subject of last week's column) was kindness. This week, I focus on compassion — the act of understanding and identifying with the sorrows of other people, while at the same time wanting to ease them. It's a desire to help those who are suffering. It's needing to help someone who needs help.

The world today could benefit from more compassion.

We live in a me-focused society. What do I have? What more do I want? Why am I happy or (more importantly) unhappy? What more can the universe deliver to me?

If not the universe, how about Amazon?

It's too often all about me, instead of you or them or, more importantly, we.

Our decidedly inward focus causes us to tune out the needs of others. This disregards the innate connection we do and should have with people standing behind us in line at the



By **JILL PERTLER**
Columnist

grocery store, with people on our block, in our country and on the planet.

Because here's a fact that's easy to forget in our me-focused, what-kind-of-car-is-parked-in-my garage culture: We are all connected.

This may have been more obvious when we lived in a world that was, on the surface, less connected — one lacking social media, cell phones, the Internet and technology in general. Remember when calling "long distance" used to cost money? It's almost contradictory to think the inventions created to connect us may be serving the very opposite purpose.

Now more than ever before, we live disconnected lives. It

may be weeks, or months or longer since we've chatted over the fence with neighbors or even extended family. Often our conversations aren't face-to-face or even voice-to-voice. People meet, date and break up without ever actually talking to one another in person.

Whether we realize it or not, we are living much of life alone and disconnected. If we are distanced from one other — physically, psychologically or emotionally — we lack a connection and that leads to a lack of understanding, caring and compassion. For each other. From each other. Now more than ever before. Did 2020 teach us nothing?

To believe we are on this journey on our own is missing more than half the point. We aren't in this alone; we are in this together. To make that work takes caring for one another. It takes compassion.

Life is hard, I get that. But that's the point. Identifying with others — empathizing with their pain or their

passion — is key to the connectivity we are all supposed to share.

What if you could count on others to look out for you just as much as you look out for yourself? Wouldn't that lead to empowerment and freedom? What if we were all in this together, for real?

Life is hard. But it is so much harder alone. Without compassion, we have nothing but ourselves, and that is not anything near what it is like — what it can be like and should be like — to be part of something much bigger and grander and better than just me, to be a part of we. Compassion makes that possible.

No, compassion makes that a reality.

Jill Pertler is an award-winning syndicated columnist, published playwright, author and member of the National Society of Newspaper Columnists. Don't miss a slice; follow the Slices of Life page on Facebook.



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Obituaries

LINDA A. ORR

Linda Ann Orr age 72, passed away peacefully in her home on July 1, 2021. She was born on April 12, 1949, in Monroe, Wisconsin, to Jacob and Barbara (Eells) Youtzy. She was united in marriage on June 26, 1976, to Leland Orr in Winslow, Illinois, and they made their home in Lena.

She was a dedicated teacher and taught second grade at Lena-Winslow for 30-plus years. She was known as a loving, kind and caring person. She attended the Lena Evangelical Free Church and was a former member of Winslow Methodist Church. Linda was a member of the Red Hat Society and Winslow Women's Club, as well as many other social groups. She took great pride in maintaining the Paradise Cove in Winslow. She enjoyed gardening, taking family snowmobile trips and loved spending quality time with her family and friends.

She is survived by her son, Derek (Josie) Orr of Lena and grandson, Tanner, of Lena; sisters, Betty (James) Wright of Champaign, Illinois, and Deb Gartner of Scales



Mound, Illinois, and Mary (Kevin) Lingle of Monroe; brother, Gregory (Cindy) Youtzy of

Kentwood, Michigan; and many nieces and nephews.

She was preceded in death by her parents; her husband, Leland, in 2004; brother-in-law, Russ Gartner; and nephew, Daylon Gartner.

Memorial services will be held at 9 a.m. Saturday, July 10, 2021, at the Leamon Funeral Home in Lena.

Visitation will be from 4 p.m. to 7 p.m. Friday, July 9, 2021, at the Leamon Funeral Home in Lena.

The Rev. Jim Erb will officiate.

Burial will be in Rock Lily Cemetery in Winslow.

A celebration of life will be held at Cory's Pub and Grub in Winslow immediately following the burial.

A memorial has been established in her memory.

Condolences may be sent to the family at www.leamonfh.com.

EULA 'JEAN' MEIER

Eula "Jean" (Lindon) Meier, 93, of Madison, Wisconsin, formerly of Apple River, Illinois, passed away peacefully surrounded by family on June 26, 2021, at Agrace Hospice Center in Fitchburg, Wisconsin.

Jean was born on July 18, 1927, in Wolfe County, Kentucky, the daughter of Morton and Rella (Rice) Lindon. She grew up in Gillmore, Kentucky, graduating from Hazel Green Academy. She continued her education at Berea College, graduating in 1952 with a bachelor's degree in home economics. While at Berea, she drew great enjoyment from participating in country dancing and various arts from the Appalachian region. Upon graduation, Jean began teaching home economics in the Scales Mound, Illinois, school district and then in the Rochelle, Illinois, school district. During this time, she met her future husband, Marvin E. Meier. They were married June 29, 1957, at the United Methodist Church in Rochelle. After their marriage, they moved to Apple River, Illinois, for two years, then to the family farm, where they raised their children and lived throughout the rest of their married life.

Jean resumed her teaching at Lena-Winslow School District, where she retired in 1988. Jean was a leader in the Future Homemaker Association, served on the Illinois Vocational Home Economics Teacher Association Advisory Council and was a member of the Delta Kappa Gamma Re-



tired Teachers Association. Jean was an active member of St. Paul's Lutheran Church in Warren, Illinois, where she served as the church librarian for many years. Jean enjoyed sewing, quilting, gardening and travel. She also enjoyed hosting multiple international students over the years, leading to many enduring friendships.

Surviving are her children, Ruthann (Ken) Meier Johns of Gainesville, Virginia, and James (Allison) Meier of Middleton, Wisconsin; grandchildren, Jacob Glenn Johns and David James Meier; sisters, Wanda (Gerald) Mayberry of Kingsport, Tennessee, and Carolyn Roten of Beavercreek, Ohio; as well as many other family and lifelong friends.

Jean was preceded in death by her parents; husband, Marv; brothers, Ralph, Joe and JC Lindon; and her sister, Alta Kay (Lindon) Hurt.

A funeral service will be held at 1 p.m. Wednesday June 30, 2021, at St. Paul's Lutheran Church in Warren.

Visitation will be from 11 a.m. until the time of service at the church.

The Rev. Michelle Knight will officiate the services.

Burial will be at the Elmwood Cemetery in Warren.

A memorial has been established in her memory.

Condolences may be sent to the family at www.leamonfh.com.

MERALYN I. BUFORD

Meralyn Ione (Schubert) Buford left her earthly home on Nov. 20, 2020. She was born April 14, 1921, to Ora R. Schubert and Grace Eaton Schubert in Kent, Illinois.

Meralyn graduated from Stockton High School and attended Brown's Business College in Freeport, Illinois. She was secretary at the Jo Daviess County Farm Bureau until her marriage. She and her husband, John, farmed for 15 years in Woodbine Illinois, raising four children and retiring from farming to open the Orangeville Community Bank in 1957. During the early years of her marriage, she was a 4-H leader, Sunday school teacher, church choir director and member. Meralyn was also employed by the Jo Daviess County National Farm Loan Association and the Freeport Chamber of Commerce, as personnel director at J.C. Penney Co. and as office secretary of the Kaney Insurance Agency.



Florida, for their remaining years.

She is survived by her children, Virginia Elizabeth (Ordean) Johnson, Louise Marie (Donald) Brown, John Charles (Caryl) Buford and Timothy Nelson (Debi) Buford; nine grandchildren; 19 great-grandchildren; and four great-great grandchildren.

She was preceded in death by her parents; her husband, John; her brother, Gailen Earl (Mary) Schubert; and her sister, Chloe Yvonne (Richard) DeStefano.

A memorial service will be held at 11 a.m. Saturday, July 17, at Oakland Cemetery, 2619 W. Pearl City Road Freeport.

DEBORAH L. ARNOLD

Deborah L. Arnold, age 66, of Stockton, Illinois, passed away peacefully at home on June 27, 2021. Deb was born Dec. 6, 1954, the daughter of Bruce and Donna (Schmidt) Williams. She married James Arnold on June 24, 1977, in Freeport, Illinois.

Deb worked at the Elizabeth Nursing Home from 1974 to 1979. Except for a period of time when she worked and volunteered at the Stockton Grade School, she spent the rest of her life as a mother, homemaker and child care provider.

Deb loved the Green Bay Packers, panda bears, reading and children — the smaller, the better; but most important to her was her family.

She is survived by her husband, James Arnold of



Stockton; her son, B Travis DeSpain of Fort Worth, Texas; her daughter, Aimee Pieper of Fort Pierce, Florida; her

son, Dylan (Brittney) Arnold of Stockton; her son, Trent (Cassidy Simpson) Arnold of South Lake Tahoe, California; and her 10 grandchildren. She was preceded in death by her parents and her son-in-law, Jody Pieper.

A visitation was held Monday, July 5, 2021, at Hermann Funeral Home in Stockton. A memorial fund has been established. Condolences may be shared at www.hermannfuneralhome.com.

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Special: July 18 services at Mill Pond, PC

EVANGELICAL FREE CHURCH OF LENA

720 N. Freedom Street, Lena, IL 61048
Dr. Jim Erb, Pastor (815) 369-5591
Rev. Scott Wilson Associate Pastor of Youth
 • *Sunday Morning Worship – 8:30 & 10:30 a.m.*
 • Awana Wednesdays at 6 p.m.
 • Listen to Pastor's weekly sermon at www.lenafreechurch.org

FIRST UNITED METHODIST CHURCH

411 S. Main Street, PO Box 236, Pearl City, IL 61062
 email: pearlcityumc@gmail.com
 Website: pearlcityumc.org
 Find us on facebook at www.facebook.com/pcumcil
Pastor Donna Hoffman (815) 443-2177
 • *Sunday Worship – 8:30 a.m.*
 • *Sunday School – during worship after the children's message*

FIRST UNITED METHODIST CHURCH

309 S. Main Street, Elizabeth, IL 61028
 email: firstumcofelizabeth@gmail.com
Pastor Roger Bronkema 815-291-6261
 email: rbronkema18@gmail.com
 • *Sunday Worship - 8:30 a.m.*
 • Women's Faith Group - 1st Tuesday monthly - 9:30 a.m.
We are handicapped accessible
Find us on Facebook at
www.facebook.com/fumcelizabeth

GOOD SHEPHERD LUTHERAN CHURCH

118 East Mason Street, Lena, IL 61048
Pastor Miho Yasukawa (815) 369-5552
 • *Sunday Worship – 9:30 a.m.*
 • *Sunday School – 10:45 a.m. (Sept. - May)*
 • Piece Corps Quilters – Wednesdays at 8:00 a.m. – 11:30 a.m.

GRACE BIBLE CHURCH OF WOODBINE

1904 S. Vel Tera Road, Elizabeth, IL 61028
Pastor Michael Burdett (815) 858-3843
 • *Sunday Worship – 10:30 a.m. & 7:00 p.m.*
 • *Sunday School – 9:30 a.m.*
 • Prayer meeting – Wednesdays at 7:00 p.m.
 Sunday services broadcasted at 11:30 a.m. on Radio WCCI 100.3 FM

HOLY CROSS CATHOLIC CHURCH

223 E. Front Avenue, Stockton, IL 61085
Father Mike Morrissey (815) 947-2545
 • *Saturday Evening Mass – 4:30 p.m.*
 • *Sunday Mass – 8:00 a.m., 10:00 a.m. and 5:00 p.m.*
 • Reconciliation Saturday – 3:30 - 4:15 p.m.
 • Parish Hall for Rent – Seats 200

LENA UNITED METHODIST CHURCH

118 West Mason Street, Lena, IL 61048
Pastor Keri Rainsberger (815) 369-5291
 • *Sunday Worship – 9:00 a.m.*
 • *Sunday School – 10:30 a.m.*
 • *Daily Dial-A-Devotion 815-369-4411*

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211 Hulbert Rd. P.O. Box 97, McConnell, IL 61050
<http://www.gbmg-umc.org/mcconnellumc>
 Email: info@McConnellUMC.org
 "Like" us on Facebook
Pastor Donna Hoffman (608) 293-0194
 • *Sunday Worship – 10:30 a.m.*
 • *KidZone: 5:30 - 7:30 p.m.*
 1st & 3rd Thursday - monthly
 * *We are handicapped accessible*

SALEM UNITED CHURCH OF CHRIST

8491 West Salem Road, Lena, IL 61048
 (Turn on Salem Road at Eleroy Rest Stop)
Rev. Randy Nicholas (815) 369-4511
 • *Sunday Worship – 10:00 a.m.*

SCHAPVILLE ZION PRESBYTERIAN CHURCH

635 East Schapville Road, Elizabeth, IL 61028
Pastor Dottie Morizzo (815) 845-2272
 Cell (815) 238-0670
www.schapvillezion.org
 • *Sunday Worship Service – 10:00 a.m.*
 • *Sunday School – 10:00 a.m.*
 • Bible Study Classes Available



SHEPHERD OF THE HILLS LUTHERAN CHURCH

536 E. Schapville Road, Scales Mound, IL 61054
Church number (815) 845-2061
Rev. James Mehlretter
 Website: www.shepherdofhill.com
 • *Sunday Worship – 8:00 a.m. & 10:00 a.m.*
 • *Sunday School (Sept. – May) – 8:45 a.m.*
 • Holy Communion is celebrated weekly.

ST. ANN CATHOLIC CHURCH

608 East Railroad, Warren, IL 61087
Father Skrobitt (815) 745-2312
 • *Sunday Mass – 8:00 a.m.*
 • Reconciliation Sunday – 7:30 - 7:50 a.m.

ST. JOHN'S LUTHERAN CHURCH

The Lutheran Church Missouri Synod
 625 Country Lane Drive, Lena, IL 61048
Rev. Rick Bader (815) 369-4035
 • *Saturday Evening Worship – 5:30 p.m.*
 • *Sunday Worship – 8:00 a.m. & 10:30 a.m.*
 • Blast Program at 9:00 a.m.
 • High School & Adult Sunday School at 9:15 a.m.

ST. JOHN'S LUTHERAN CHURCH Evangelical Lutheran Church of America

229 S. First St., Pearl City, IL 61062
www.stjohnspearlcity.org
 815-443-2215
 • *Sunday Morning Worship – 9:00 a.m.*
 • Christian Education for all Ages - 10:15 a.m.
 Handicapped Accessible

ST. JOHN EVANGELICAL LUTHERAN CHURCH

8315 S. Massbach Road, Elizabeth, IL 61028
Pastor Susan Davenport Church: 815-589-3367
 • *Sunday Worship – 9:00 a.m.*
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ST. JOSEPH CATHOLIC CHURCH

105 West Webster, Apple River, IL 61001
Father Skrobitt (815) 745-2312
 • *Saturday Mass – 6:00 p.m.*
 • Reconciliation Saturday – 5:30 – 5:50 p.m.

ST. JOSEPH CATHOLIC CHURCH

410 West Lena Street, Lena, IL 61048
Father Skrobitt (815) 369-2810
 • *Saturday Mass – 4:00 p.m.*
 • *Sunday Mass – 10:00 a.m.*
 • Reconciliation Saturday – 3:30 – 3:50 p.m.

ST. PAUL'S LUTHERAN CHURCH - KENT

The Little Church with a Big Heart
 1334 Sunnyside Road, Kent, IL 61044
 1/2 mile north on Kent Road
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 • *Holy Communion every Sunday*
 • Women Meet at 9 a.m. on the 2nd Sunday
 • Chair Lift to Sanctuary

ST. PAUL LUTHERAN CHURCH ELCA

209 Clinton St., P.O. Box 445, Warren, IL 61087
Vicar Michelle Knight (815)745-3444
www.stpaulswarren.org
 • *Saturday Worship – 5:00 p.m.*
 • *Sunday Worship – 10:00 a.m.*
 • *Sunday School – 10:00 a.m.*

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 email: rbronkema18@gmail.com
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 • Adult Sunday School before Worship
 • Children Sunday School - During the service
 Communion Every First Sunday
 * *Handicapped Accessible*

WESLEY UNITED METHODIST CHURCH

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Pastor Doug Carroll (815) 541-3159
 • *Sunday Worship – 11 a.m.*
 • Adult Bible Studies Available
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 • First Sunday potluck following church services.
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197 Carver Street, Winslow, IL 61089
Pastor Robert Patin (815) 230-1862 608-669-5770
 • *Sunday Worship – 10:45 a.m.*
 • *Sunday School – 9:45 a.m.*
 • Prayer and Bible Study – Wednesdays at 6:30 p.m. in Home

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12602 W. Dublin Road, Pearl City, IL
Pastor Ellis Boughton • 815-864-2049
 Email: ellis.boughton@live.com
 • *Sunday Services – 10:00 a.m.*
 • *Sunday School – 9:15 a.m. (when available)*

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10100 W. Sabin Church Rd., Pearl City, IL 61062
Pastor Wayne Fischer • 815-266-6260
Pastor Chip Sohl • 815-541-1425
 • *Sunday Worship Service – 9:00 a.m.*
 • *Children's Church - during church service*
 • *Prayer Shawl Knitting Tuesday at 6:30 p.m.*
 • *Bible Study Wednesdays at 6:30 p.m.*



Farm tour

(Continued from front page)

To really drive home the comparison, the digester uses a boiler and heat coils to heat water to 101 degrees – the same temperature of a healthy cow.

In addition to producing natural gas, the digester produces biodegradable, comfortable bedding for the cows, which is added every morning to the stalls. The farm sells tons of additional bedding to a neighboring dairy farm.

Exploring new solutions

The farm could explore integrating solar panels into the operation someday, but Brenner said a project proposed would cost nearly a million dollars. The farm is instead investing its resources in airflow to keep the cows comfortable and, in turn, productive. It's invested in massive tunnel fans on the end of the dairy barn, and more fans are being installed inside, with the goal of getting steady airflow up to between 7 mph and 9 mph.

"For us, airflow, and the animals' comfort, that's what it's all about," Brenner said. "We don't have an endless supply of money. Everybody's looking at solar, but we made this system fit us. We'll let the solar thing work its way out for

us. It might be something we can get involved with, but I don't know."

The farm finds plenty of other ways to be a good steward. Brenner and the team are constantly tinkering with their cover crops, although seeding rye in the fall, right after the harvest, is a standby.

The farm's soil contains a lot of clay, and its rolling topography means a great deal of erosion.

"We've learned a lot in the past three or four years about what cover crops work, and what won't. What works one year might not work the next. It's a very fickle thing," Brenner said. "Anything we can do to help with soil replacement is very important to us."

Being agile with decision-making and being willing to scrap aspects of the operation are crucial to a farm's longevity.

"Maybe you just need to tear the whole thing down and build it again. We've done that here," Brenner said, citing the farm's overhaul of its breeding program, which included shipping excess heifers to a farm in southwest Kansas.

"If you'd told me I'd have cows in Johnson City, Kansas, I would have told you

you're crazy," he said.

The Kansas farm features a dirt lot and a concrete feed pad, which conditions in northwest Illinois don't accommodate.

"Just because it's the way things have been done the past 25 years doesn't mean it's right," Brenner said. "You just need to take a holistic approach. There's never anything that's off the table."

Whether determining economic benchmarks or discussing succession plans,

open, honest, and proactive conversations are vital.

"There are some hard questions that need to be asked and answered, and some of those conversations aren't very fun," Brenner said. "There's give and take, just like anything, but if everybody has the same goal in the end, you can make it work."

This story was distributed through a cooperative project between Illinois Farm Bureau and the Illinois Press Association.



ILLINOIS FARM BUREAU PHOTO Shopper's Guide
An aerial shot from the virtual tour shows the 2,000-acre Hunter Haven Farms in Pearl City.

Lena students notch semester honors

Officials at Lena-Winslow High School recently released the honor roll for the second semester.

Students with a 4.0 or higher GPA with no actual grade below an "A" are listed on the principal's honor roll. Students with a 3.99 to 3.67 GPA with no actual grade below an A-minus are listed on the high honors list. Students with a 3.67 to 2.67 GPA and no actual grade below a B-minus are listed on the honors list.

Principal's honor roll

• Seniors: Max Amendt, Ashlyn Brinker, Hanna Brinker, Carter Burke, Tavor Buss,

Maya Curtis, Taylor Dawson, Griffin Durham, Kaytelyn Gable, Marguerite Johnson, Sarah Madigan, Caleb Matz, Allyson Milder, Jennifer Swedlund, Sidney Weegens, Alyssa Williams

• Juniors: Conor DeZell, Sarah Foley, Grace Fox, Leah Goebel, Kamron Klever, Payton Scace, Mikhail Schoonhoven-Hussain

• Sophomores: Henry Engel, Owen Gilbertson, Emma Kempel, Wesley Offermann, Ayden Packard, Drew Streckwald, Madison Young, Jacob Zeal

• Freshmen: Molly Amendt, Ava Fiedler, Sarah Geiseman, Natalie McNutt, Jacob Schum-

acher

High honors honor roll

• Seniors: Alexander Daughenbaugh, Evan England, Marissa Jones, Pacey Martin, Kristin Molitor, Mercedes Mowery, Alysse Potter, Addison Roberts, Noah White

• Juniors: Tyler Croatt, Sarah Edler, Isabella Flaminio, Ava Randecker, Caroline Reed, Nicholas Swedlund

• Sophomores: Tianna Esser, Olivia Parker, Jenna Ransom

• Freshmen: Camden Burke, Abbie Cameron, Blayr Davis, Janessa Esser, Grace Groezinger, Casey Klever, Weston Lartz, Kaidynce Lynch, Chloe Mader,

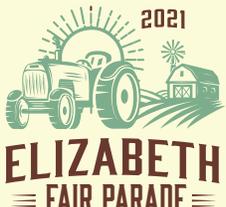
Deaken Randecker, Nick Tippett

Honors honor roll

• Seniors: Ashlyn Almasy, Braden Baldauf, Jensen Block, Rodney Brookman, Casey Crain, Gennings Dunker, Connor Edge, Kolton Heun, Kassandra Humphrey, Sage Huneke, Douglas Jordan, Owen Kempel, Daniel Oxley, Lucas Scholaf, James Schubert, Jack Setterstrom, Ella Wolfstrom

• Juniors: Zoe Bardell, Paige Bennett, Luke Benson, Ellie Bower, Kamryn Cain, Michael Decker, Brady Eilders, Ethan

See HONORS, Page 7



2021
ELIZABETH FAIR PARADE

Celebrating 100 Years

OF MEMORIES & TRADITIONS

SATURDAY, JULY 17 // Line up: 10 am // Parade: 11 am

Parade Categories

	PRIZES AWARDED		
	1 ST	2 ND	3 RD
General Small Floats	\$35	\$25	\$15
Decorated Side by Side	\$20	\$10	\$5
Decorated Wagons	\$20	\$10	\$5
Children w/ Wagons or Bicycles	\$20	\$10	\$5

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Gerald Speer
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- Midwest Medical Center
- Rocky Waters Winery
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- Simply Be Massage & Wellness
- Small Town Saloon
- The View Motel
- Three Elizabeth' Guest House
- Three Sisters Sweet Shoppe
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- Vel Terra Campground
- Village Treasures
- Woodbine Bend Gold Course

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THE ELIZABETH COMMUNITY FAIR

CELEBRATING 100 YEARS OF MEMORIES AND TRADITIONS

July 16, 17, 18, 2021



— Friday, July 16 —

- 7 am Steer Weigh-in
- 9 am Dairy and Sheep Show
- 10 am Crafts and Gardening Judging
- 1 pm Dairy Goat Show
- 5-10 pm Kid Zone
- Open-Inflatable Rides
- 7 pm Fantasy Truck Pullers (weigh-in beginning at 5 pm)
- 9 pm-Midnight The SUNSHINE Band

— Saturday, July 17 —

- 8 am Beef Show beginning with heifers and steers to follow
- 11 am Parade "Celebrating 100 Years Of Memories And Traditions", sponsored by the Elizabeth Chamber of Commerce
- Noon- Free Lunch for first 500 people. Lunch prepared by The Jo
- Davies County Beef Association and sponsored by Illinois Bank & Trust
- Noon-10 pm Kid Zone is Open
- Noon-3 pm Music by County Linemen
- 12:30 pm Bingo
- 1 pm Kiddie Tractor Pull by the Jo Daviess County Young Leaders with sign up at 12:30 pm
- 1 pm Ag Games by River Ridge FFA
- 2 pm Ice cream Eating Contest, sponsored by Three Sisters Sweet Shoppe
- 3-5 pm Home Grown Wrestling
- 6 pm Elizabeth Fair Queen, Junior Miss & Little Miss Pageant
- 8-11 pm Zac Matthews Band

— Sunday, July 18 —

- 9 am Community Church Service at the St. Paul Lutheran Church
- 11 am Bean Bag Tournament for all ages sponsored by G.E.A.R
- Noon Bingo
- Noon-6 pm Kids Zone Open
- 1 pm Fantasy Truck Pullers (with weigh-in beginning at 11 am)
- 1-4 pm Ky & Ty Acoustic Duo
- 3 pm Elizabeth's Best BBQ Competition Public Tasting
- 6 pm Hypnotist Jim Wand
- Stick around for the Pie and Cake Auction!



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399503

Fair season gets rolling with 4-H project judging

4-H participants in Stephenson County will be showing their skills through their fair projects this month.

Judging events are underway at the Stephenson County Fairgrounds and continue with general projects today; dogs, cats, rabbits and cavies on July 10; crops, foods, horticulture and Cloverbuds on July 19; livestock on July 26 and horses on Aug. 1, according to a news release from the University of Illinois Extension.

"Each 4-H member has the opportunity to present their project to the selected judge and participate in a face-to-face evaluation experience," Brenda Heimann, 4-H program coordinator, said in the release. "This is really great because members can explain their project and describe the work involved to create it. Face-to-face judging helps build self-confidence as the judge evaluates, educates and then encourages the 4-H member."

The majority of 4-H projects will be showcased in the Foresight Building, (also known as Commercial Building #2) during the Stephenson County Fair, which is set for July 27 through July 31.

"Numbers are up across the board for 4-H membership and project involvement, especially in livestock," Heimann said. "Kids just want to get out and show —and we'll be ready for them."

For more information about Stephenson County 4-H, go online to extension.illinois.edu/js/4-h-stephenson-county or contact Heimann at 815-235-4125 or bheimann@illinois.edu.



PHOTOS COURTESY UNIVERSITY OF ILLINOIS EXTENSION *Shopper's Guide*

Members of the Country Clubs 4-H Club got off to a good start during judging for their Stephenson County Fair projects. Above, Emily Graybill won grand champion in Cupcake Decorating 1. At top, Hope Brinkmeier won grand champion in Floriculture A-Fresh Flowers. At bottom left, Jasmine Brinkmeier was a grand champion and trophy winner in Floriculture D-Themed Centerpiece.



Baseball (Continued from front page)

"We will miss his leadership and skills behind the plate next year," the coach said.

Graduating with Kuberski were Jase Sheffey, Dylan Hoyer, Logan Krell and Dean Polizzi, all of whom started every game in 2021.

Despite losing a number of starters, Plager has two key returning players in Second Team All-Conference Outfielder Riley Schauer and First Team All-Conference Pitcher Nathan Brinkmeier. Before the season, Plager noted pitching as one of the team's biggest question marks.

"I knew pitching would be a concern," he said.

Brinkmeier put a lot of those worries to rest during his sophomore season, however.

"Brinkmeier came in as our ace and pitched like it every time he was on the mound," Plager said. "He beat every team in the conference besides Aquin, who he did not get to pitch against with games rescheduled and regionals the next day." Brinkmeier was electric from the mound all season, and the numbers reflect that. He finished the year with an impressive .73 earned run average and 75 strikeouts to go along with just three walks. If Brinkmeier can even just maintain his 2021 success, he will come back as one of the best pitchers in the area. If Brinkmeier can improve and continue to develop his game, which can be expected from someone who still has two years of high school ball left to play, it would be a scary thought for opposing teams.

Plager said that Brinkmeier's impact went beyond being a good pitcher. "Our defense struggled at times this season, but when

he was on the mound, every player elevated their game and knew we had a chance to win," Plager said.

Schauer, who will be returning for his senior campaign in 2022, will look to hold things down in the outfield again. As a junior, Schauer started every game in center field and finished as one of the team's best offensive players. With a .340 batting average, Schauer led the team in hits, runs batted in and doubles. His numbers are even more impressive when you consider that he got off to a slow start.

Many players suffered setbacks or slow starts due to the lack of practices and playing a football season just before switching to baseball. "He (Schauer) started off the year struggling at the plate, but really turned it around halfway through the season and had numerous big hits for us," the coach said.

Plager hopes that Brinkmeier and Schauer will continue to grow in their roles as team leaders next season. Those two will have to set a strong example for a large class of freshman who will be coming in 2022.

"Next year, we have a large freshman class coming in and I am looking forward to having some competition for starting roles," Plager said.

Next season should be different for the Wolves, as they will return a number of players with varsity experience, including junior James Freytag and sophomore Tanner Perdue.

With more varsity

experience on the roster, it should not take as long for Pearl City to find their identity on the field. Throw in the fact that they should be back on a

normal practice routine and a balanced sports schedule, and the Wolves could return as one of the top teams in the conference in 2022.

Honors (Continued from Page 6)

Fye, Benjamin Gardner, Emma Gobeli, Kalli Humphrey, Zakary Kraemer, Brody Mahon, Nate Noller, Rahmareon Roby, Lila Rudisill, Maddex Sargent, Ross Stabenow, Marissa Strominger, Kaitlyn Sweeney, Kylie Wagner

• Sophomores: Nyiona Davis, Jace Flynn, Levi Gable, Nicholas Inden, Braden Jacobs, Samantha Johnson, Andrew Kempel, Kieran Madigan, Emma Marvin, Samuel Pecoraro, Chloe Renter, Hailee

Schiess, Rowen Schulz, Zavier Sheppard, Hailey Smith, Elizabeth Westergaard, Kansas White

• Freshmen: Maia Benson, Eva DeVoe, Gage Dunker, Aleeyah Erving, Cierra Hatelak, Faith Jordan, Daely Kluck, Mikaela Nieman, Faith Offermann, Alex Packard, Isabelle Paulsen, Quinn Rodebaugh, Odin Stabenow, Trenton Swedlund, David Tasej-Sorcia, Brianna Taylor, Kyah White, Cadie Wolfrom

Vacation Bible School starts July 18

Pearl City First United Methodist Church will host Vacation Bible School with a "Workshop of Wonders" theme from Sunday, July 18, through Thursday, July 22.

VBS will be held from 6 p.m. to 8 p.m. A program is planned

for 8:30 a.m. Sunday, July 25.

Registration is requested by July 10 by going online to pearlcityumc.org.

For more information, call Melissa Voegeli at 815-541-4075 or Kathy Sleezer at 815-275-7452.

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GLENN RICHARD (DICK) BROGE

Glenn Richard (Dick) Broge, 93, of Freeport, Illinois, passed away on July 1, 2021. He was born Sept. 29, 1927, in Waddams Grove, Illinois, to Lester and Margaret (Tieman) Broge. He married Nancy Crouse on Jan. 22, 1950. Glenn and Nancy farmed in the Winslow and Freeport area.

Survivors include his wife, Nancy; children, Diane (George) Walz, Douglas (Jeri) Broge and Donna Mellen, all of Freeport; grandchildren, Tim (Nicole) Broge, Kristine (Anthony) Coon, Jerome Broge, Kevin (Kristi) Walz, Lisa (Nick) Thompson, Ross (Ashley) Mellen, Paige



(Kamer-on) Mellen and Brooke Mellen; 13 great-grandchildren; and a sister, Ruth Kleckner. He was preceded in death by his parents; son, Dennis; grandson, Daniel; brother, Donald Broge; and sister, Glenda Yeager.

A visitation and funeral service were held Tuesday, July 6, 2021, at Cedarville United Methodist Church in Cedarville.

A memorial has been established in his name. Online condolences may be shared at www.schwarzfh.com.

LORRAINE M. BONEBRIGHT

Lorraine M. Bonebright, 98, of Lena, Illinois, passed away on Sunday, Sept. 6, 2020, at Pearl Pavilion in Freeport, Illinois. She was born on May 12, 1922, in Hot Springs Arkansas, to Raymon and Lenore (Howe) Harrell. Lorraine spent her childhood in Arkansas, Tampa, Florida, and Chicago before moving to Lena, where she graduated high school in 1940. Lorraine married Allen Bonebright on May 30, 1941, in Lena and together they had four children.

She and Allen were prominent dairy farmers in the Freeport area until retiring to Lena. She was an excellent seamstress, knitter and crafter. She loved crocheting



coverlets for her grandchildren. She also made beautiful cards to send to friends and relatives. She was a longtime member of Lena United Methodist Church, where she served on numerous committees and as district secretary. She was a member of Lena United Methodist Women, Lena Legion Auxiliary, Home Extension and Beta Sigma Phi. Lorraine was a Gold Star Mother.

Lorraine is survived by her children, Nancy (David) Etnyre of Blue Ridge, Georgia, Janet (Cal) Cummins of Lynn

Haven, Florida, and Betty (Mark) Krueger of Eagan Minnesota; grandchildren, Jeff (Michalene) Etnyre, Michelle (Scott) Mueller, Nathan (Kim) Cummins, Major Bradon (Kenna) Cummins, Whitney (Kyle) Eberle, Dr. Evan (Kala) Krueger and Britta (Kirby) Murra; 14 great-grandchildren, and a special nephew, Richard (Eleanor) Holmes.

She was preceded in death by her parents; her husband, Allen; son, Robert; grandson, Jon Etnyre; brother, Dr. Richard Rogers; and sisters Jean Williams and Alice Holmes.

Lorraine was loved by all,

and will be deeply missed. Memorial services will be held at 11 a.m. Wednesday, July 14, 2021, at the Lena United Methodist Church. A visitation will be from 10 a.m. until the time of services at the church.

Burial will take place at Lena Burial Park in Lena, Illinois.

The Rev. Keri Rainsberger will officiate the services.

Cremation rites have been accorded.

A memorial has been established in her name.

Condolences may be sent to the family at www.leanonfh.com.

LEE K. FREEDLUND

Lee K. Freedlund, 82, of Stockton, Illinois, passed away with his family by his side after a brief illness on Wednesday, June 30, 2021. He was born March 14, 1939, to Iver and Helen (Falk) Freedlund in Beloit, Wisconsin. He was a 1957 graduate of Byron High School and a 1962 graduate of University of Illinois. He married Donna Troutman on Sept. 12, 1965, in Dixon, Illinois.

Lee served his country as an officer in the U.S. Army. He worked for the University of Illinois Extension Office before moving to the Farm Business and Farm Management Department (FBFM) within the University of Illinois, where he spent more than 30 years. After his retirement from FBFM, he worked at E-File in Lena, Illinois.

Lee was a part of the American Legion in Stockton, Stockton Park Board and the Northwestern Illinois Forestry Association. He was a supervisor for the Township of Stockton and a treasurer for 25 years for the Calvary United Methodist Church in Stockton. Lee enjoyed woodworking, vegetable and flower gardening, golfing, making apple pies, jigsaw puzzles, forestry work, looking for antiques, vacationing in Northern Wisconsin and attending his grandchildren's school and sporting events.



He is survived by his wife, Donna Freedlund, of Stockton; three sons, Steve (Loanne) Freedlund of Snellville, Georgia, Eric Freedlund of Rockford, Illinois, and Jay (Brianna) Freedlund of Pearl City, Illinois; four grandchildren, Julia and Justyn Freedlund of Snellville and Myles and Porter Freedlund of Pearl City; three brothers, Warren (Judy) Freedlund, Dennis (Sandy) Freedlund and Michael (Loretta) Freedlund, all of Winnebago, Illinois; and many nieces and nephews.

He was preceded in death by his parents. Memorial services will be held at noon on Friday, July 9, 2021, at Calvary United Methodist Church in Stockton. A visitation will be from 10 a.m. until the time of services at the church.

The Rev. Jeff Baer will officiate the services.

Cremation rites have been accorded.

Burial will be at Townsend Cemetery in Stockton.

A memorial has been established in his name.

Condolences may be sent to the family at www.leanonfh.com.

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FROM LENA'S KITCHEN



The not so skinny cook

I hope everyone had a great Fourth of July celebration. It was typical July weather, and lots of people were looking forward to getting to do something they had to forgo last year. The weather continues to be just what summer is supposed to be. This week the recipes are again for summer eating and summer get-togethers.

Crab Topped Deviled Eggs

Deviled eggs are a picnic treat that most people like. This recipe jazzes them up a bit to give some zip and a different taste with the crab mixture accent.

- 6 hard-boiled eggs
- 1 green onion
- 3 T. plain whole milk yogurt
- 1 1/2 t. whole grain mustard
- 2 T. horseradish
- 1 t. minced fresh dill
- 1/4 t. Old Bay season
- 1/2 C. imitation crab meat, chopped
- 1 T. chopped celery
- 1 t. fresh squeezed lemon juice
- Pinch of salt

Cut eggs in two and separate yolks and whites. Separate green from white part of green onion and finely chop both. Set aside. In a medium bowl, stir together egg yolks, white part of onion, yogurt, mustard, horseradish, dill and Old Bay seasoning until well combined. In another small bowl, gently stir together green part of onion, crab, celery, lemon juice and salt. Pipe or spoon yolk mixture into egg white halves. Top with a very small amount of crab mixture. Place on serving plate and refrigerate at least one hour before serving.

Pesto Chicken and Spinach Salad

I usually buy pesto from the dairy case; however, this pesto sauce is easy to make, and there seems to be a lot of basil around this summer in the garden and in patio pots. You can keep pesto in the refrigerator to use as a sauce on hot pasta, stir into chicken salad, or use as a sandwich spread.

- 1/2 C. small shell or elbow macaroni
- 1 1/2 C. fresh basil leaves
- 1/4 C. olive oil
- 2 T. fresh lemon juice
- 2 T. chopped walnuts

- 2 T. grated Parmesan cheese
- 1 clove garlic
- 1/4 t. pepper
- 1 lb. chicken tenders
- 1/4 t. salt
- 8 C. baby spinach (3 oz.)
- 1 C. cherry tomatoes, halved

Cook pasta according to package directions; drain; rinse under cold water until cool, about one minute. Drain well and place in large bowl. In a food processor work bowl, process basil, oil, lemon juice, walnuts, Parmesan cheese, garlic and 1/8 t. pepper until smooth; reserve.

Sprinkle chicken with salt and remaining 1/8 t. of pepper. Add 1 teaspoon of oil to a fry pan set on medium heat. Add chicken to pan and cook five minutes on each side; then cook until no longer pink in centers, seven to eight minutes. Transfer to cutting board and let cool slightly.

When chicken is cool enough to handle, cut into pieces. Add to the bowl of pasta. Add spinach and toss chicken, pasta and spinach together. Add tomatoes and toss. Serve with the pesto sauce.

Grilled Kielbasa Sandwiches

If you are looking for a different summer sandwich, this sausage sandwich would be a

good one to try. I think you could substitute a brat for the Kielbasa if you wanted. I also think you can make this on the stove using the broiler and a fry pan. Enjoy this summer sandwich.

- 1/2 C. cider vinegar
- 1/2 C. packed brown sugar
- 1 T. hot sauce
- 2 cloves garlic, minced
- 1/2 t. salt
- 2 slices pineapple (1 inch thick)
- 1/2 C. diced red onion
- 1 T. minced cilantro
- 2 t. grated ginger
- 1 t. minced jalapeno (optional)
- Juice of 1/2 lime
- Salt and pepper to taste
- 2 brat buns, cut lengthwise
- 8 oz. smoked kielbasa

Heat grill on medium high. Brush grate with oil. In a saucepan, heat vinegar, brown sugar, hot sauce, garlic and 1/2 t. salt. Bring to a boil on the stove, and cook until the sugar and salt are dissolved. Reduce heat to medium and simmer sauce until it starts to get syrupy, eight to 10 minutes.

Grill pineapple slices on both sides until grill marks appear, three to five minutes. Transfer to a cutting board and when cool enough to handle, chop into pieces. On the stove, combine the pineapple, onion, cilantro, ginger, jalapeno, and lime juice; season this

relish with salt and pepper. Set aside.

Grill cut sides of buns until toasted, one to two minutes. Cut kielbasa crosswise into two long pieces, then halve each piece lengthwise. Grill kielbasa until grill marks appear, three to four minutes per side. Arrange two pieces of kielbasa on bottom halves of buns, top with 1 T. sauce, 1/4 C. relish and bun tops.

Ginger Ale Glazed Chicken

I love chicken wings, and I am always looking for a way to make them that is different than barbeque wings. This recipe is easy and has a really different flavor. Enjoy these as an appetizer or as a meal main dish.

- 3 lbs. chicken wing flats and drumettes

See KITCHEN, Page 12

Classic lessons come to life in 'Schoolhouse Rock Live'

TimeBeck2 Productions will present "Schoolhouse Rock Live" at 7 p.m. Friday and Saturday, July 16 and July 17, at the Krape Park Bandshell in Freeport.

The series of entertaining and educational cartoons originally aired on ABC from 1973 to 1984, and then aired again from 1993 to 1996.

Tim and Becky Connors are co-directors and performers in "Schoolhouse Rock Live." They, along with most of the cast, teach in Freeport School District 145.

"I teach high school English, and whenever I say the word "interjections" in class, I have to sing that 'Schoolhouse Rock' song," Becky Connors said in a news release.

The cast features FSD145 teachers and recent FSD 145 alumni: LaFrancine Baker, Jody Brubaker, Becky Con-

nors, Tim Connors, Craig Downing, Kya Eckert, Julia Jansen, Derek Simons and Laura Stocker. The live band includes three local musicians — Gary Brubaker (piano), Brian Nissen (bass), and Jon Watson (percussion).

"Schoolhouse Rock Live" has a simple storyline: A new teacher (played by Craig Downing) nervously prepares for his first day of school. Eight facets of his personality (played by the other eight cast members) help boost his confidence while performing 'Verb: That's What's Happening,' 'Sufferin' Until Suffrage,' 'Figure Eight,' 'Lolly, Lolly, Lolly,' and other great songs," the release said.

Tickets for "Schoolhouse Rock Live" may be purchased by going online to www.fsd145.org/tickets. For more information, call 815-275-1784. July 22 is the rain date.

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to those readers who have sent a donation to help underwrite The Scoop Today and Shopper's Guide. For those of you who haven't done so in the past year, but enjoy this newspaper and would like to help us pay for its operation, please send a donation in any amount to:

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682863

Corner the causes of this common infection

By Dr. Stephen Petras
CONTRIBUTOR

While you may not be familiar with the term "angular cheilitis," it is likely that you or someone you know has experienced this condition, which is characterized by red, scaly and cracked inflammation in the corners of your mouth where your lips meet. The causes are usually localized to the lips and oral cavity, but the etiology may lie in a systemic disease.

It can occur at any age, from excessive drooling in young infants and toddlers to children and adolescents initially adapting to braces or other oral appliances. It is often seen in adults with poor fitting dentures or teeth that have been lost and not replaced. Both these conditions may lead to excessive wrinkling or folds at the corners of the mouth, where saliva can pool.

Angular cheilitis can range from a slight irritation to inflamed, scaly, deeply cracked and itchy patches of painful lesions that can make it difficult to open your mouth, eat or speak.

Whatever the cause, when excess saliva pools in the corners of your mouth, it irritates the skin. This constantly moist environment, combined with the tendency to lick the irritated skin, is the perfect storm for fungal and bacterial infections. In fact, it is exceedingly rare for angular cheilitis lesions to not become infected. The infection then leads to further inflammation, damage and pain.

In order to effectively treat angular cheilitis, your dentist

will need a complete and updated medical history. It is not enough to just treat the symptoms of the infection. It is essential to identify the underlying cause.

For instance, certain medications are associated with fungal infections and medications to treat fungal infections can cause subsequent bacterial infections. Systemic conditions such as diabetes are often associated with fungal infections.

If you do not know that you have developed diabetes or you have poorly controlled diabetes, you are much more likely to experience fungal infections. Fungi feed on glucose and thrive in blood with high glucose levels.

Contact dermatitis, often caused by allergies to ingredients in lip balms, lipsticks and toothpaste, can initiate angular cheilitis. Other causes include eczema and other skin conditions, sun and wind exposure, mouth breathing, xerostomia (decreased and/or thick sticky saliva), anemia, vitamin and other nutrition deficiencies and being immunocompromised (autoimmune diseases, cancer and chemotherapy). In addition,

habits such as constantly licking your lips, biting your nails or chewing on pens, etc. all bring bacteria into the picture.

Your dentist will refer you to your physician if his findings suggest additional diagnostic evaluation is necessary to rule out underlying cancers or other systemic conditions.

Treatment will include addressing any dental issues, treating the exterior infection with topical ointments or combination ointments, treating any concurrent intraoral infection and providing dental education to avoid further infections. (Rinsing the mouth after using corticoid steroid inhalers and the proper way to clean dentures and dental appliances, etc.)

It is important to keep in mind that these infections can be passed on through kissing, drinking out of the same glass or sharing cutlery. You will also want to discard your current, contaminated toothbrush for a new one.

Dr. Stephen Petras is an Illinois-licensed general dentist at the Stockton Dental Center.

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Bids are being accepted for providing bread and dairy products for the Lena-Winslow School District for the 2021-2022 school year. Bid specifications may be picked up at the Superintendent's Office at 401 Fremont St., Lena, IL. from 8:00 a.m. to 3:00 p.m. or you may call 815-668-0802 to request the forms. Bids are due at the Superintendent's Office no later than 12:00 p.m. on Thursday, July 22, 2021. Lena-Winslow School District reserves the right to refuse any and all bids.

(Published in The Shopper's Guide June 30 & July 7, 2021)

398963

ANNUAL TREASURER'S REPORT NORA-RUSH-WARREN MULTI-TOWNSHIP ASSESSMENT DISTRICT FISCAL YEAR ENDING MARCH 31ST, 2021

REVENUE SUMMARY: PROPERTY TAXES - \$14,098, Interest Income - \$140.61, Total Revenues: \$14,238.61

COMPENSATION SUMMARY: Compensation under \$15,000 - Laura Busch, Donna Ernst, Diane Rogers, Renee VanRaalte, Ben Wooden, Steve Wulfekuhle. \$950. Assessor: \$11,955.29.

EXPENDITURE SUMMARY: TOTAL VENDORS: \$863.20.

SUMMARY STATEMENT OF CONDITION

Beginning Fund Balance,
Retained Earnings, April 1st, 2020 \$19,479.33
Revenues \$14,238.61
Expenditures \$13,768.49
Ending Fund Balance, Retained Earnings, March 31st, 2021 \$19,949.45

I, Garrett J Toay, Clerk-Treasurer of the Nora-Rush-Warren Multi-Township Assessment District, Jo Daviess County, IL, do hereby certify that the above is a true copy of the Annual Treasurer's Report for the fiscal year ending March 31st, 2021.

Subscribed and sworn this 12th day of May, 2021.

Garrett J Toay, Clerk-Treasurer

(Published in The Scoop Today July 7, 2021)

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•Kitchen (Continued from page 9)

2 T. oil
2 t. salt
½ t. pepper
¼ C. unsalted butter
2 cloves garlic, minced
1 t. minced fresh ginger
2 (12 oz.) cans ginger ale
¼ C. honey
2 T. fresh lime juice
2 T. soy sauce
Garnish with sliced green onions

Preheat the oven to 400. Line a large rimmed baking pan, toss together chicken, oil, salt and pepper; arrange chicken, skin side up, in a single layer. Bake until golden brown and crisp, about 45 minutes.

In a small saucepan, cook butter, garlic and ginger over high heat, stirring occasionally, until fragrant, about three minutes. Stir in ginger ale, honey, lime juice and soy sauce; bring to a boil. Reduce heat and simmer, stirring frequently, until thickened, about 30 minutes. Pour sauce all over wings on

pan; stir to coat. Garnish with green onions.

Strawberry Streusel Loaf Cake

Using seasonal fruit is a great way to enjoy different kinds of desserts. This loaf cake is a different sized cake because of using the loaf pan. You could use it for a luncheon with chicken salad sandwiches or for a dessert after the main meal. It calls for self-rising flour. You can find it in most grocery stores. You can also make your own. Just take 1 C. all-purpose flour, 1½ t. baking powder, and ¼ t. salt. Measure all the ingredients and whisk to combine. This recipe will make one cup of self-rising flour.

Topping:

2 T. butter
3 T. flour
1½ t. brown sugar
1½ t. white sugar
1 T. chopped pecans or walnuts

Cake:
¾ C. unsalted butter, softened
3 T. sugar
2 eggs
2 C. plus 3 t. self-rising flour
¾ t. salt
Lemon zest from 1 lemon
3 T. milk
8 oz. strawberries, stemmed and quartered

Preheat oven to 350. Lightly coat an 8½-by-4-inch loaf pan with nonstick spray and line with parchment paper, leaving an overhang on two long sides. Make topping in bowl using fingertips to mix the butter and flour; press flour mixture into sugar and nuts to form large clumps. Set aside.

Cake: Using mixer, beat butter and sugar until light and fluffy, three minutes. Beat in eggs, one egg at a time; be sure first is fully incorporated before adding the next. Reduce mixer speed and beat in flour, salt and lemon zest until just combined (do not over mix.) Beat in milk,

(batter will be thick.) Evenly spread one-third of batter into the bottom of the prepared pan; scatter one third of the strawberries over batter. Repeat twice more, then scatter streusel on top. Bake until wooden pick inserted into the center comes out clean. (About 60 to 70 minutes.) Cool in pan for 10 minutes, then using parchment overhangs, transfer loaf to wire rack to cool completely. Cake can be stored in an airtight container at room temperature up to three days.

Five-Minute Blueberry Pie

Blueberries are one of the super foods. They are said to fight signs of aging, lower your risk of cancer, aid in digestion, improve eye health, and nurture glowing skin. Just think, this simple five-minute pie can do all those things. I would eat the pie because it is just plain good!

½ C. sugar
2 T. cornstarch
¾ C. water
4 C. fresh or frozen thawed blueberries
Graham cracker crust
Whipped cream
In a large saucepan, combine sugar and cornstarch. Stir in water until smooth. Bring to a boil over medium heat; cook and stir for two minutes. Add blueberries. Cook for three minutes, stirring occasionally. Pour into a graham cracker crust. Chill and garnish with whipping cream.

Final Thoughts

We begin the downward count for summer; the high point is the Fourth. I have already noticed the light fading earlier. On a positive note, we have been able to do a lot during the month of June!

These past few weeks have been sad for me. I lost two teaching colleagues and an old neighbor. I got to see old

friends and reminisce about times gone by. That was the not-so-sad part. Two of my friends were elderly and suffered from memory loss; the other friend had cancer. I know I am getting older, but I really would like to have a week of no visitations or funerals.

On a lighter note, coming up are some really good concerts at the park, and that is something to look forward to. I had my first wilted garden lettuce thanks to my gardening friends. The bacon from A.J.'s gave me just enough bacon grease for the sweet and sour dressing. I had three messes, and boy was it good. I feel that summer foods have officially started.

I hope you have a good cooking week. Keep cool! If you have any summer recipes, contact us in person, by mail at From Lena's Kitchens, Shopper's Guide, 240 W. Main St., Lena, IL 61048 or email us at scoopshopper@rvpublishing.com.

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