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# Shopper's Guide

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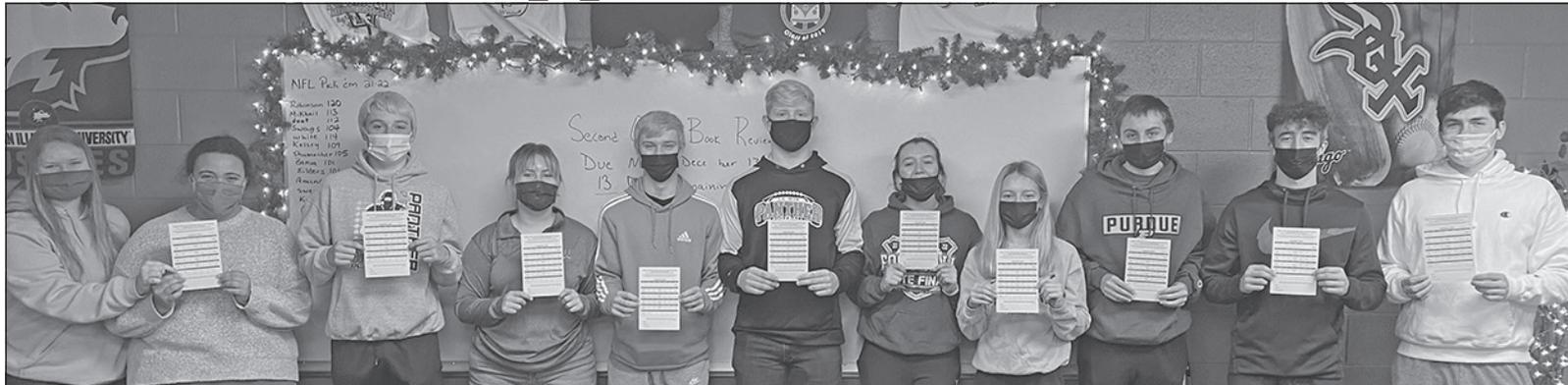
YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, DEC. 8, 2021

## Cash calendars in support of Le-Win Post Prom

Members of the Le-Win Junior Class are selling cash calendars to raise funds for the 2022 Post Prom. If all goes as planned, it will be the first post prom in three years.

Cash calendars are \$20 each with 26 drawing dates for cash prizes up to \$500. Only 500 calendars will be sold while supplies last or until Jan. 5. Because there is little overhead for this fundraiser, nearly all funds go back to post prom and the lucky winners. All members of the junior class have been challenged to sell 5-10 calendars. Calendars are also available at Main Street Treats & Eats and Community Bank in Lena.



Submitted photo Rock Valley Publishing. All members of the Junior Class are challenged with selling 5-10 cash calendars to raise funds for the 2022 Le-Win Post Prom. Pictured (left to right) are Jenna Ransom, Chloe Renter, Ayden Packard, Emma Kempel, Drew Streckwald, Henry Engel, Kieran Madigan, Madison Young, Andrew Kempel, Jake Zeal and Rowen Schulz.

## SSM Health Monroe Volunteer Services scholarship applications now available

SSM Health Monroe Volunteer Services is once again offering scholarships for students seeking a career in the healthcare field. The deadline for application submission is Feb. 28, 2022.

The first type of scholarship is for high school seniors where four \$500 scholarships are awarded to graduating high school seniors each year. Two scholarships will be awarded to Monroe High School seniors and two scholarships will be awarded to high school seniors from communities with SSM Health Monroe Clinic Medical Group sites - Albany, Blanchardville, Brodhead,

New Glarus, Durand, Freeport and Lena - or who live within an area serviced by a branch site or who have a parent that is employed by SSM Health.

The second type of scholarship is for continued education students. Applications for five \$1,500 scholarships are available for SSM Health Monroe's service area college students. Applicants must have completed at least one year of advanced study (beyond high school) in a health-related field and be a resident of a community with a SSM Health Monroe Clinic Medical Group location or a resident within SSM Health

Monroe's service area or an employee or child of a SSM Health employee.

Requirements for both types of scholarships are the individual must be pursuing a degree or certificate in a healthcare related field, have a GPA of 3.25 or higher with an emphasis on science and math, and all applications must be typed. In no specific order, recipients will be selected based on citizenship, need, school, and outside activities.

Students who have received a SSM Health Monroe Volunteer Services \$500 scholarship in the past are eligible to apply for the advance study

scholarship. However, an individual may only receive each scholarship once.

Applications are available at [www.monroeclinic.org/volunteers](http://www.monroeclinic.org/volunteers). For more information,

please call Dawn Meier, Volunteer Coordinator, at 608-324-1569.



Jessica Tessen Dorf photo Rock Valley Publishing

## Celebrating Christmas

The Downtown Lena Business and Professional Association held the annual Christmas Parade in the downtown on Friday, December 3. The event brightened the downtown complete with a visit from Santa and Mrs. Claus and a community tree lighting.

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# Dairy farmers could see \$20 milk in 2022

By Daniel Grant  
FARMWEEK

Dairy farmers who endured paper-thin margins in recent years have reason for optimism in the year ahead.

USDA's current price projections for 2022 surpass the \$20-mark (at \$20.25 per hundredweight) for all milk, with Class IV and Class III average price estimates close behind at \$18.70 and \$17.75, respectively.

If realized, the price increases for the three milk classifications would range between 80 cents and \$2.70 per hundredweight above USDA's November 2021 estimates.

"There's reasons to finally be upbeat in dairy," Dan Basse, president of AgResource Company in Chicago, said recently at the annual Agricultural Bankers Conference. "It's taken us eight years to get back to where we were in 2014 (if milk prices surpass \$20)."

Basse estimates Class III and IV milk prices could reach as high as \$21 to \$23 next year, driven by surging demand, a possible smaller supply and inflationary pressure.

Longer-term, a proposed shift in ag policy in the European Union could shift the EU market from a net import-

er to net importer of dairy. "World demand for dairy products remains strong," Basse said. "I believe exports are the bullish driver of the future."

The U.S. exported an all-time high of 16 percent of milk solids produced nationwide in 2020. And, exports so far this year, from January through September, bubbled a whopping 14 percent above last year's record pace.

"As we head into 2022, we'll have another record year for dairy exports," Basse said. "One of the bigger buyers is China. They use a lot of whey as a milk replacer for piglets."

U.S. dairy cow numbers increased 2 percent from 2020 to July 2021 to 9.5 million head. However, Basse believes the yearly total could decline due in part to strength in the beef market, with slaughter up 14 percent.

"U.S. dairy cow slaughter has been elevated. Cull prices have been strong," Basse said. "That's a big margin enhancer for dairies."

But what effect will price inflation have on demand for dairy products and beef?

"Inflation is not going to be leaving us any time soon. I think it will be around at least the next 12-18 months," the analyst said. "There's no

indication of protein switching. World demand for dairy products remains strong."

That includes surging demand for cheese and butter, with global butter demand growing at a 7 percent clip.

"U.S. butter supplies are ample. It's an export opportunity now," Basse said. "World butter prices have been rising."

Price inflation also represents one of the biggest risks for the dairy industry heading into 2022, as well, with feed costs near historic highs.

"We're bullish for the milk market. But my biggest concern is the price of feed. It could be the Achilles heel of the dairy industry," Basse said. "It's how you manage risk. Lock up profitable margins."

Potential growth in the dairy industry also could be squeezed by processing bottlenecks.

"We're almost at maximum (milk processing) capacity," Basse said. "We need more capital and investment."

Overall, Basse believes farmers are in the midst of a commodity supercycle that could last two to three years.

*This story was distributed through a cooperative project between Illinois Farm Bureau and the Illinois Press Association. For more food and farming news, visit FarmWeekNow.com.*



Milk (per hundredweight)	2021	2022
Class III	\$16.95	\$17.75
Class IV	\$16.00	\$18.70
All Milk	\$18.50	\$20.25
Products (per pound)	2021	2022
Butter	\$1.72	\$1.91
Cheese	\$1.67	\$1.76

Source: USDA November estimates

## Agriculture navigates 'stagflation' as Federal Reserve weighs options

By Daniel Grant  
FARMWEEK

Higher interest rates could be in the cards as the Federal Reserve considers options to deal with the highest inflation in the U.S. in 30 years.

In fact, inflation combined with economic stagnation—known as "stagflation"—likely will continue. However, the current situation is much different than the last major period of stagflation in the 1970s, according to Jason Henderson, senior associate dean and director of Extension at Purdue University.

Henderson, who previously served as vice president and Omaha branch executive for the Federal Reserve Bank of Kansas City, discussed the situation during the Agricultural Bankers Conference in Cincinnati hosted by the American Bankers Association.

"I don't think it's 1970s stagflation. It's a different demand scenario, different demographics," Henderson said. "Demographics will drive slower growth. But, the key is how do we spur productivity?"

In the 1970s, the coming of age of the baby-boom generation added about 2-3

million more people into the working age classification. But, the past three years, the amount of people in the working age classification has declined as boomers retire and fewer young people enter the workforce.

With a limited workforce, Henderson looks for U.S. gross domestic product to rise slowly, in the 1.7 to 2 percent range.

"Inflation is just too much money chasing too few goods," with both supply constraints (cost-push) and increased competition (demand-pull) occurring, he said. "Supply constraints can be remedied, but demand inflation tends to be persistent."

"There's a lot of money flowing into the U.S. (to the tune of \$15 trillion in foreign investments) and we wonder why stock prices are historically high and asset values are rising," he continued. "What will be the target of monetary and fiscal policy?"

Henderson believes the Federal Reserve will slowly raise interest rates and trim its balance sheet, which jumped from \$4.5 trillion in treasury purchases from 2016 to 2018 to \$8 trillion.

See AGRICULTURE, Page 11

### Happy Holidays

The Stockton Community Food Pantry would like to thank everyone for their generous outpouring of money and food for the upcoming holiday season. We now have an abundance of turkeys, fresh potatoes, canned goods and cereals for the needy.

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### The Family Of VIRGINIA SHUMAKER

would like to extend our sincere thanks for the condolences, kindness and support that we received. We also send our gratitude and appreciation to the staff of Provena St. Joseph and to Pastor Keri Rainsberger and Leamon's Funeral Home for their care and assistance.

The Family of Virginia Shumaker

409199

The Jo Daviess County Home and Community Education Organization would like to express our THANKS to the Teachers in our communities for their continued efforts in educating our children and grandchildren during these trying times while dealing with COVID. We want you to know we appreciate you and support you! We are aware of the extra lengths you go to keep our children safe and healthy.

Members of Jo Daviess County HCE  
Alice Davis, President

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409386

# Freeport Health Network letter to our communities

As we enter our second holiday season affected by COVID-19, I'd like to take a moment to express our gratitude for your support. From the early days of the pandemic, people in our communities have reached out to help each other in many ways. You have sewn and donated masks, volunteered to deliver meals, supported area charities, and churches, and even donated previously used walkers and crutches to make up for supply chain shortages. Last year at this time, the only protection we had against the spread of COVID-19 was to stay distanced and apart. Community events and traditions were canceled, and families weren't able to

gather for the holidays, all in hopes of keeping everyone safe and healthy. This holiday season, we have safe and effective vaccines available for free to everyone over the age of five. Our community events are modified a bit, and family celebrations might be different from past years, but we are able to gather, cautiously, with friends and loved ones. But our communities are not "out of the woods" yet. In fact, our team at FHN Memorial Hospital in Freeport is caring for more patients hospitalized with COVID-19 than ever before. More than 30 people daily spent their Thanksgiving holiday weekend as an

inpatient in the hospital being treated for COVID-19. All hospitals in our region, including FHN Memorial Hospital, are operating at or near peak census, which means our caregiving teams are working beyond what we are able to staff for due to the national healthcare workforce shortage. According to the latest Illinois Department of Public Health data, the state of Illinois is seeing more new COVID-19 cases per day than it has in nearly 10 months, with an average of 4,618 new cases per day over the past seven days – a 122 percent increase in daily cases. FHN's talented, dedicated, and caring team members have been working tirelessly for more than 21 months to

care for and keep our patients and community members safe from COVID-19. Many are working extra hours and taking on additional shifts. All of them are working hard, wearing personal protective equipment, and implementing enhanced cleaning measures to help keep patients, visitors, and staff safe. Now, we are asking for your help. Please get vaccinated against the COVID-19 virus. Science has clearly proven that the available vaccines are effective at mitigating the effects of the disease, and widespread vaccination can stop the spread of and mutation of the COVID-19 virus. As we celebrate this season

of gratitude, we ask that everyone please do their part to help stop the spread of COVID-19. Get vaccinated! Talk to your healthcare provider or visit [www.vaccines.gov](http://www.vaccines.gov) to find a convenient place where you and your children over the age of five can get vaccinated. Remember, COVID-19 vaccines are FREE. If you have been vaccinated, get your booster shot. Appointments are available for the Moderna booster on Mondays, Tuesdays, and Fridays in December. Make your appointment at [www.fhn.org/booster-registration](http://www.fhn.org/booster-registration). Even if you are fully vaccinated, take some very simple precautions to help stop the spread of germs. Wear a mask if you're indoors with people other than close family and friends. It's still safest to avoid big gatherings. Be mindful of social distancing when you're out and about, and respect people's decision to be "on the safe side." Keep washing and sanitizing your hands often, and don't touch your face. This will help stop the spread not only of COVID-19 but of

seasonal colds and flu. Get your flu shot. A healthy body is better able to fight off germs, so don't take any chances this year. Influenza is circulating in our communities, and while many COVID-19 precautions help to stop the spread of influenza, it's best to be safe. You can get your shot at your healthcare provider's office or pharmacy near you. Aside from COVID-19 concerns, it is also important to continue to tend to your regular and preventative healthcare needs. If you or a loved one is living with a chronic illness or condition, please continue to see your primary healthcare provider or specialist. All of our Family Healthcare Centers and Specialty Care offices remain open and are safe to visit. And finally, please thank healthcare workers when you can. They are doing everything possible to care for you, your friends, and your family. Let's work together to have a happy, HEALTHY holiday season and 2022. Best regards & health, Mark S. Gridley, MBA, FACHE, President & Chief Executive Officer FHN



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# Obituaries

## CURTIS BROGE

Curtis "Big Curt" Broge age 57, passed away on Friday, Nov. 26, 2021, in Winslow. He was born Oct. 26, 1964, to LaVerne and Linda (Hastings) Broge in Freeport, IL. He worked for 28 years at Schrenk Brothers Roofing Company in Monroe, WI. He spent the rest of his working career as a material handler at Jack-Links in New Glarus, WI. He was an avid Green Bay Packers Fan, loved deer hunting, and traveling up north to Castle Rock Lake. His family was very important to him, especially his nieces whom he treated like daughters.

He is survived by his parents; LaVerne and Linda Broge of Winslow, IL, Sister; Val (Mark) Rothschild of Freeport, IL; 3 Nieces Lindsey (Tom) Bruins of Waupun, WI, Kendra (Dan) Scherer of Fort Atkinson, WI and Marissa Rothschild of Oak



Creek, WI; 3 great nephews Knox, Tate, and Ellis Bruins; numerous aunts, uncles, special cousins, and friends.

He was preceded in death by his maternal and paternal grandparents, numerous aunts, and uncles.

Visitation was held on Saturday, Dec. 4, 2021, from 10 a.m. to 12 p.m. at Leamon Funeral Home in Lena. With funeral services to immediately follow at 12 p.m.

Officiating was Gary Rich. Burial will be in Rock Lily Cemetery, in Winslow.

A memorial has been established in his name.

Complete arrangements are pending

Condolences may be sent to the family at [www.leamonfh.com](http://www.leamonfh.com)

## SUZANNE C. SCHAAF

Suzanne C. Schaaf, age 68, of Dakota, IL passed away on Saturday Nov. 27, 2021. She was born on Mar. 27, 1953, to John and Juanita (Clarno) Arn in Freeport. She married Michael Schaaf forty-five years ago at St. Joseph Catholic Church in Freeport.

Sue worked in quality control at Micro Switch in Freeport for twenty-eight years. She enjoyed reading, baking, cooking, knitting, and especially spending time with her two grandsons. She was a quiet person until you got to know her. Sue was also organized, loving, caring, and a great listener.

She is survived by her husband Michael Schaaf; daughter, Sherri (Brian) Beatty; son, Shawn (Katie) Schaaf; grandchildren, Jackson, and William Schaaf; sister and brother-in-laws, Henry (Myrna) Schaaf, Martha (Dennis) Hoeger, Demetrius (Michele) Schaaf, Elaine (LaVaughn) Eisman, Lois Johnson, Anita Schaaf, Sam (Sandy) Schaaf, Vincent Jr. (Ellen) Schaaf, Frank (Amber) Schaaf, Lo-



retta Schaaf, Monica (Ron) Riege, Dorothy Arn, Connie Arn; and numerous nieces and nephews.

Sue was preceded in death by her parents; Father and Mother-in-law, Vincent, and Florence Schaaf; brothers, Stephan Arn and Michael Arn; brother and sisters-in-law, Karl Schaaf, Marita Schaaf, Bridgett Schaaf; and four nephews.

Private family services will be held.

Burial will take place at Orangeville Cemetery in Orangeville.

The family would like to thank the staff and caregivers at FHN and Lena Living Center for the excellent care provided to Sue.

In lieu of flowers a memorial has been established for FHN Hospice.

Condolences may be sent to the family at [www.leamonfh.com](http://www.leamonfh.com).

## JAMES ALLEN LOWE

James Allen Lowe, 83, of Lena, was called to his heavenly home on Nov. 29, 2021. He was born on Jul. 17, 1938, in Freeport to the late Clarence and Hazel Lowe. On Sept. 30, 1961, he married Lorraine (Hammer) Lowe and they were blessed with 59 years together.

In 1957, he graduated from Lanark High School and began his work as a farmer on the family-owned dairy farm in Lanark. In the early 1970's, he bought a farm outside of Nora where he continued his dairy operation. Later in life, he transitioned his farm to beef cattle and eventually to crop farming. James was relentless and selfless man who worked tirelessly on the farm to provide for his family.

In retirement, he enjoyed fishing, gardening, going to auctions and collecting antiques. For more than 20 years, James and Lorraine traveled to Port St Joe in the winter to escape the cold where he fished off the Gulf Shore and took long walks on the beach. During the summers, he enjoyed visiting his cottage at Potato Lake where he fished for crappies and muskies.

James will be remembered as a hard-working farmer whose mechanical skills could fix almost anything with



just a little bit of wire and grease. James was a quiet, honest, kindhearted man who dedicated his life to farming. He

enjoyed teaching his grandchildren how to fish and eating birthday ice cream cakes with his great grandchildren.

He is survived by his two children, Phillip Lowe, and Christine Herziger (Steven); four grandchildren, Scott Lowe (Kendra), Juston Lowe (Brittney), Mitchel Herziger and Calla Herziger (Richard). He was blessed with four great grandchildren Jaxon, Connor, Kason, and Lily. He was preceded in death by his wife, Lorraine, his parents and two brothers Robert Lowe and William Lowe.

A service celebrating his life was held on Saturday, Dec. 4, with visitation from 9:30 a.m. to 10:30 a.m., followed by a service. The funeral will be held at Bartell Leamons Funeral Home 519 Tisdell Ave in Warren. Pastor Dayna Weltzin from St Paul's Lutheran Church will officiate. Burial will be immediately following the services at Lena Burial Park.

## HELEN E. EDLER

Helen E. Edler, age 74, of Lena passed away surrounded by her family on Monday, Nov. 29, 2021, at Lena Living Center in Lena. She was born on Jan. 9, 1947, in Freeport, to Earl and Edith (Buticofer) Eggermeier.

She Married Douglas Edler on Jan. 18, 1967. When her and Doug got married, she helped him on the farm with chores, housework, tending to the livestock and crops. She was also a part of the FHN Family for 20 years.

Helen had a passion for shopping, garage sales, and traveling to Minnesota to antique shops. She collected salt and pepper shakers and glass wear. She enjoyed spending time with her grandchildren, playing cards, and watching baseball specifically the White Sox and the Chicago Bears.

She is survived by her four children; Lisa (Tom) Lawson, Dave Edler, Danny (Kelly) Edler, Scott (Aunn) Edler; Grandchildren Eric, Cassie, Luke, Hope, Hunter, Grace, Evan, Bella, and Jessie; Five greatgrandchildren; two sisters Elaine (Larry) Edler, Darlene Eggermeier; numerous nieces and nephews.

She is preceded in death by her parents, husband Douglas, and sister Carol.

Visitation was held from 9 a.m. to 10 a.m. on Saturday, Dec. 4, 2021, at the chapel at Chapel Hill Memorial Gardens in Freeport.

Funeral Service followed, at 10 a.m. at Chapel Hill. Officiating will be Pastor Parker. Interment will take place at Chapel Hill.

A memorial has been established in her name. Condolences may be sent to the family at [www.leamonfh.com](http://www.leamonfh.com).

## JOAN LEONE PLUMMER

Joan Leone Plummer, 82, of Leaf River, passed away Tuesday, Nov. 30, 2021, at Amberwood Care Centre in Rockford. She was born Feb. 11, 1939, in Freeport, the daughter of Edmond Casper and Mary Margaret Grace (Breed) Bonjour. She graduated from Aquin High School in Freeport in 1957. Joan married Robert Eaton Plummer on Oct. 16, 1965, at Holy Cross Catholic Church in Stockton. Together they farmed in rural Leaf River for 35 years.

Joan enjoyed sewing, cooking, gardening and was passionate about birds and flowers. She was Amberwood Care Centre's Alzheimer's ambassador and participated in their annual Alzheimer's Walks.

Joan is survived by her twin sister Jeneane Marie Fluegel, Kenosha, WI, nieces Veta Fluegel, Rockford, IL, Tina

Fluegel, Roscoe, IL, Teresa Fluegel, Kenosha, WI, cousins Donna Curtis, Stockton, IL, Wayne Noller, Stockton, IL, Thomas Noller, Stockton, IL, and nephew Dennis Webb, Winter Garden, FL, and several nieces, nephews, and cousins.

Joan is predeceased by her husband, Bob and her parents.

Joan's family would like to give a special thanks to Amberwood Care Centre and Mercyhealth at Home Hospice in Rockford for their loving care.

Cremation rites accorded by Genandt Funeral Home, 602 N. Elida St., Winnebago. A private family celebration of life will be held at a later date. In lieu of flowers a memorial in Joan's name may be made to the Rockford Rescue Mission, 715 West State Street, Rockford, IL 61102. For an online obituary and tributes go to [www.genandtfuneralhome.com](http://www.genandtfuneralhome.com).

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## Stockton Park House

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# FROM LENA'S KITCHEN



The not so skinny cook

Christmas has officially arrived in Lena. The downtown parade kicked off the shopping in our little town with lights and all kinds of action. Children can look forward to Breakfast with Santa on Saturday. We turn to holiday cooking in this week's column to celebrate the beginning of the season also. Enjoy a good dip, a festive salad, and some cookies.

Combine the cream cheese, sour cream, hot sauce, garlic powder and onion powder in a food processor and process until smooth. Add the milk, pulsing until you reach the right consistency for dipping. Add the cheddar and pulse until chunky. Add the pepper, chives and bacon, reserving a little of each for a topping. Serve with potato chips.

## Christmas Green Salad

My mother used to make a salad much like this one, and I always found it refreshing. I know that we Jell-O salad lovers are in the minority, but I still love Jell-O for holidays.

- 1 lg. box lime Jell-O
- 1 pkg. (8 oz.) cream cheese, softened
- 2 C. hot water
- 1 C. crushed pineapple, drained
- 1 carton (8 oz.) Cool Whip topping, unthawed
- 1 C. pecans, chopped

Mix Jell-O and cream cheese together; dissolve mixture in hot water and stir until smooth. Add the pineapple. Let thicken until the consistency of whipped cream, stirring occasionally. Add whipped topping and nuts. Pour into a 9 x13 glass dish. Refrigerate until set.

## Braised Chicken with Bacon and Mushrooms

So many chicken recipes use chicken breasts. This one uses legs and thighs. I think the dark meat on chicken is moist and flavorful. You can use different kinds of mushrooms instead of the plain button ones. You have the vegetables already made for

this dinner meal. If you don't have the dry red wine, you can use more chicken broth. Be sure you use it separately like the wine in the recipe and don't use it all at once.

- 1 T. unsalted butter
- 1 T. canola oil
- 4 chicken legs
- 4 chicken thighs
- 1 t. salt
- ½ t. pepper
- ½ lb. bacon, chopped
- 4 C. chopped carrots
- 2 pkgs. (4 oz. each) mushrooms, sliced
- 3 garlic cloves, minced
- 2 C. dry red wine
- 2 C. chicken broth
- 2 T. cornstarch
- 1 T. water

Preheat the oven to 300. In a large Dutch oven, melt butter with oil over medium-high heat. Sprinkle chicken with salt and pepper. Add chicken to pot and cook until browned on both sides. Remove from pot. Add bacon to pot and cook over medium-high heat, stirring frequently, until crisp, about 10 minutes. Add carrots and cook, stirring frequently, until just soft, about 4 minutes. Add mushrooms and garlic, and cook while stirring frequently, until tender, about 5 minutes. Add wine and bring to a low boil. Cook, stirring occasionally, for 10 minutes. Return chicken to pot. Add broth and bring to a boil.

Remove from heat, and cover with a lid. Bake until meat is tender and falls off the bone, about 1½ hours. Remove chicken from pot. In a small bowl, whisk together cornstarch and 1 T. water until cornstarch is dissolved. Stir cornstarch mixture into cooking liquid in pot. Bring to a boil over medium heat, stirring occasionally, until thickened, about 15 minutes. Re-

turn chicken to pot and cook until heated through. Serve immediately on large platter with vegetables surrounding and on top. You can pour gravy on top or serve in a separate bowl. I think this meat dish would be great served with mashed potatoes.

## Skillet Lasagna

This is a relatively new recipe, making lasagna in a skillet rather than the oven. I have said before that I like Prego Pasta sauce, but if you are a Newman or Ragu lover, they work well also. You can use the 2% cottage cheese if you want. Enjoy this dinner on the stove.

- 1 lb. lean ground beef
- 1 jar (24 oz.) red pasta sauce
- 2 C. water
- 1 large red pepper, chopped
- ¼ C. Italian salad dressing
- 1 t. garlic powder
- 10 uncooked lasagna noodles, broken into 2-inch pieces
- 1½ C. cottage cheese
- 1 C. shredded mozzarella cheese

In a skillet, cook the beef until no longer pink. Stir frequently until browned. Drain and add the pasta sauce, water, red pepper, salad dressing, and garlic powder. Cook over medium heat and bring to a boil; stir in noodles and

reduce heat to medium-low. Cook, covered, until noodles are tender, 10 to 15 minutes, stirring occasionally. Stir in cottage cheese and cook until cottage cheese is heated through. Take the skillet off the heat; sprinkle with the mozzarella and let stand until cheese is melted.

## White Chocolate Cranberry Cookies

Someone asked for a good Christmas cranberry cookie. I got this recipe from a church friend a long time ago, and I think it was in an earlier column, however, it is a good cookie that looks great on a cookie plate.

- ¾ C. butter, softened
- ¾ C. packed brown sugar
- ½ C. sugar
- 2 t. vanilla
- 1 t. almond extract
- 1 egg
- 1¾ C. flour
- ½ t. baking soda
- ¼ t. salt
- 1 C. white chocolate chips
- 1 C. dried cranberries

Preheat the oven to 350. In a large mixing bowl, beat the butter, brown sugar, white sugar, vanilla, almond extract and egg until well mixed. In a separate small bowl, mix the flour, baking soda, and salt. Stir in the dry mixture to the sugar and butter mixture.

Gently stir in the white chocolate and cranberries.

On an ungreased baking sheet, drop dough by tablespoonfuls two inches apart. Bake 10-15 minutes or until light brown. Cool 2-3 minutes on the baking sheet; remove from cookie sheet to cooling rack.

## Donna's Fudge

Donna Otte gave me this recipe over the phone. I hope I got it right. I know Donna will let us know if I couldn't read my writing. She says this makes the best fudge ever. It makes a large pan, is made in the microwave, and only uses one measuring cup. How much easier can you get than that?

- 1 stick margarine
- 2 bags semi-sweet chocolate chips

Butter a jelly roll pan on bottom and sides. In a 2 qt. microwave measuring cup, place margarine and both kinds of chocolate chips. Place in microwave at 40% power for 3 minutes, stopping to stir after 2 minutes. Remove from microwave and stir until smooth. Spread in prepared pan and sprinkle with chopped pecans.

See KITCHEN, Page 11

## Loaded Potato Dip

The name is a bit confusing because there are no potatoes involved; however, I think you could use this dip as a topping for baked potatoes. The potato part comes from the potato chips used for dipping. This recipe is a great appetizer during the holidays and will do double duty as a topping for potatoes.

- 6 slices bacon
- 8 oz. cream cheese, softened
- 1 C. sour cream
- 1 t. hot sauce
- ¼ t. onion powder
- 1 to 2 T. milk
- 1 C. grated mild cheddar cheese (4 oz.)
- ½ C. finely chopped red pepper
- ¼ C. finely chopped chives

Potato chips for serving  
Cook the bacon in a large skillet over medium heat, turning until crisp, about 8 minutes. Remove and drain on paper towels, crumble into pieces.



# Happy Holidays

All of us at Citizens State Bank wish you and your loved ones a very **Merry Christmas** and a **Happy New Year!**  
*May your holidays be filled with peace, joy, and prosperity!*

### Our holiday hours will be as listed:

- Dec. 24th** - Christmas Eve: *Closing at Noon*
- Dec. 25th** - Christmas Day: *Closed All Day*
- Dec. 31st** - New Year's Eve: *Closing at Noon*
- Jan. 1st** - New Year's Day: *Closed All Day*

## You ought to be in pictures!

**THIS IS AN OPEN CALL FOR SUBMITTED PHOTOS TO BE USED IN YOUR COMMUNITY NEWSPAPER**

▼ Community events, car washes, festivals, lemonade stands, school projects – people at work and at play.

**We are interested!**

▼ Show the community what your group has been doing!

▼ **NO EXPERIENCE NEEDED!**

▼ Just shoot and e-mail!

▼ We need you to ID everyone in the photo *first* and *last* names required

▼ Tell us what's happening in the photo

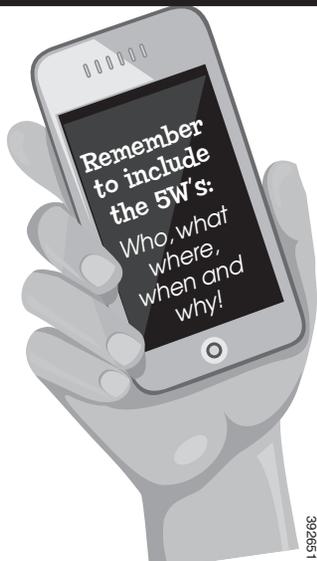
▼ **Please do NOT crop your photos.**

▼ Tell us who took the photo and we will give them a photo credit

**E-mail your photos at the highest possible resolution to:**  
**scoopshopper@rvpublishing.com**  
**BY NOON ON FRIDAY**

PHOTOS MAY ALSO APPEAR ON OUR WEB SITE, **rvpnews.com**

*This is your chance to promote your organization or special event!*





SUBMITTED PHOTO Rock Valley Publishing

## Students getting in the holiday spirit

Mrs. Schultz's 8th grade Science Lab students have been creatively preparing for the holidays by building cardboard chairs and designing gumdrop Christmas trees.



# Church news

## Good Shepherd Church

All are invited to Dec. 12 to Good Shepherd, 118 E. Mason St. in Lena, for Sunday worship service at 9:30 a.m. This will be the Third Sunday of Advent. Services can be joined in-person or via Facebook Live. The reading will be from Luke 3:7-18. Choir practice will be at 11 a.m. and chime choir practice will be at 5 p.m.

The state and CDC guidelines will be followed for gathering. For the safety for everyone it is encouraged to wear masks and practice social distancing inside the building.

On Tuesday, Dec. 14, Bible Study group will meet at 10 a.m. The reading is from Genesis. Everyone is welcome to join.

On Wednesday, Dec. 15, Piece Corps Quilting group will meet from 8 a.m. to 11:30 a.m. No quilting experience necessary.

The Christmas Eve Candle-light Service will be at 7 p.m. on Dec. 24, and Christmas Day Service is at 9:30 a.m. on Dec. 25.

All the services will be recorded and available on the church's Facebook page and website. Please visit <http://goodshepherdlena.org/> or <https://www.facebook.com/GSLCLenaIL> for more information. If you have any questions, please contact the church office at 815-369-5552.

## Salem United Church of Christ

Rev. Paul Uzel will present the message at the Dec. 12, 10 a.m. worship service at Salem United Church of Christ, 8491 W. Salem Road, Lena. Salem's Breakfast Bunch meets at 8 a.m. on Wednesday, Dec. 15, at the Beltline Café in Freeport. The Wednesday night Bible Study on Revelation continues and will be held at the home of David and Joy Gerbode in Lena at 6:30 p.m. on Dec. 15.

## St John's Lutheran Church

Join St. John's Lutheran Church in Pearl City on Sunday, Dec. 12 at 9 a.m. for worship for the Third Sunday of

Advent. The worship service will be led by Pastor Shellie Knight. The Joy Choir will sing Christmas songs and play the bells. Advent Blessing Bags are available in the Narthex for members and non-members alike to enjoy and celebrate the Advent Season. After worship, Sunday School and Confirmation will meet. The Stewardship & Outreach and the Memorial & Finance committees will all meet.

There are several "giving" opportunities through St. John's for the holidays. The Giving Tree will have ornaments available with sizes of sweatpants and underwear that are needed at the Pearl City Schools. Pick up an ornament and bring back the needed items for the school. St. John's is also collecting monetary donations for eighteen families in need in the Pearl City School District. The goal is to collect \$900 in order to give a \$50 gift card to each family to assist with their holiday needs. All monetary donations may be left in the secure drop box by the

See NEWS, Page 12

# Shop Local for the Holidays

**Personal Service** - Local merchants save you time, get to know what you like and the service is free, right in your backyard.

**Support Your Children** - Local merchants put their hard-earned money back into the community.

**Advise on Gifts** - Local merchants might know the person for whom you are seeking a gift.

**One-of-a-Kind Items** - Discover hand-made and unique items with your local flavor.

**This is Your Local Economy** - Money you send today in your community helps build for tomorrow by providing tax dollars, jobs and many other luxuries. Before you go out of town, check out your own hometown business to see what they can offer you.

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# Local basketball wrap up

By Trenten Scheidegger  
CORRESPONDENT

It has been a back and forth start to the 2021-2022 boys' basketball season for the Orangeville Broncos. Orangeville Head Coach, Josh Fahs, has his team off to a 2-2 start after the first four games. Kyle Benson and the Lena-Winslow Panthers have experienced a bit of the same as they are off to a 1-1 start with their campaign.

The Broncos tipped off their season with an impressive showing against the Stockton Blackhawks, on November 29. Orangeville got off to a hot start with a seventeen point first quarter and would only extend their lead in the second. With a 32-18 lead over the Blackhawks at halftime, Orangeville was well on their way to their first victory.

Nate Anderson led the way with an electric debut as he compiled twenty-nine points. Anderson found production all over the court as he drilled four three-pointers and put up sixteen points from inside the arc. Brayden Cahoon was the next leading scorer with fourteen as the duo helped to secure a 57-35 victory over Stockton.

The next day, Fahs and the Broncos were set up with a tough opponent in the Scales Mound Hornets. Despite a thirteen point performance from Anderson, the Broncos were not able to muster much on the offensive side of the ball. It was an early learning moment for Orangeville as they fell to the Hornets 84-35. The loss would set the Broncos up for an early season test as Fahs looked to see how his team would respond to such a disheartening loss.

Orangeville had little trouble bouncing back, however. On Thursday, December 2, the Broncos made the trip to face off with the Polo Marcos on their home court. Polo, lacking depth, spent the entire night trying to keep up with the Broncos. Orangeville would extend their lead in each and every quarter as they slowly put the game further out of reach.

It was an early season-high performance from Gunnar Lobdell, who put up twenty points with a pair of three-pointers. The Broncos had three players reach double digits as Anderson finished with fifteen and Cahoon had twelve. It was the first game where Fahs had all three focal points of his offense on page as the trio combined for forty-seven points on the evening. The Broncos would beat the Marcos 56-44, improving their record to 2-1.

Looking to get an early season winning streak established, the Broncos were squared up with another tough opponent in the Benton Zephyrs. It was another game that slipped through the Broncos' grip as

they fell by a score of 63-42 as their record dropped back to 2-2.

The Lena-Winslow Panthers have gotten off to a similar, bumpy start. Both the Broncos and Panthers had extremely short breaks between their fall football seasons and the beginning of winter basketball. Lena-Winslow coach, Kyle Benson, shared his thoughts on the short break and its impact, saying "The short break between football and basketball presents some challenges, both mentally and physically. We won't ask our kids to participate in basketball until they are ready to do so. That time is not the same for everyone." Still, Benson is focused on the positives as the last couple years have taught us to be grateful for any opportunity. "Having said that, the time kids have to play high school sports is short, so we should be excited for every opportunity we have to represent Lena-Winslow. The past twenty months have reminded us to never take our time together for granted. I am very excited to work with this group of kids and see fans in the stands again." Kyle explained.

This year's Panthers are led by a strong group of seniors in Luke Benson, Brody Mahon, Kam Klever, and Maddex Sargent. With a solid group of juniors under them, Kyle has a talented group with plenty of depth for this campaign.

Lena-Winslow tipped off their season with a home matchup against the Durand Bulldogs. The conference matchup on December 2 featured a tight race up until the very end. It was an exciting return to basketball for the Panthers, as they managed to come out on top.

It was an incredible start to the season for Luke, Coach Benson's son, who dropped twenty-five points in the season opener. He did so by way of the deep ball as he connected on seven three-pointers, six of which came in the first half. Jake Zeal was the next leading scorer for the Panthers as he tallied fifteen points, including a trio of three pointers himself. On the night, the Panthers combined for eleven three-pointers as the Panthers pulled out a 60-52 win over the Bulldogs.

On Saturday, December 4, the Panthers faced off with the Belleville Wildcats. Belleville had to make the trip from Wisconsin to Illinois, but that did not hinder their play as the Panthers fell 64-27 and saw their record drop to 1-1.

In terms of the short break between fall and winter sports and bumpy starts to the season, the Panthers and Broncos are off to extremely similar starts in 2021. It will be interesting to see where each team ends up in a couple of months.

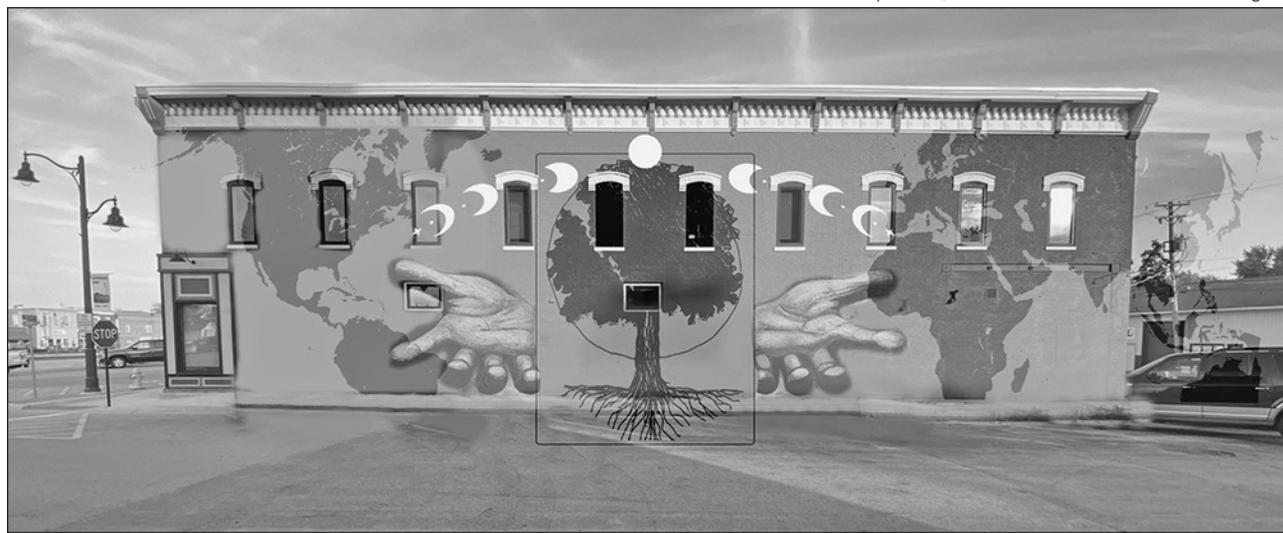


PHOTO COURTESY CARL LINGLE Rock Valley Publishing

Artist Mario Gonzales painted the mural in downtown Lena to remember and honor Craig Brinkmeir and Josh Cocagne and their battle with cancer.

## Downtown Lena mural honors Lingle Design Group employees

Graffiti Artist Mario Gonzalez recently completed the large mural that now decorates the west side of the Lingle Design Group building at 158 W Main in downtown Lena. The mural was created to honor two employees of Lingle Design Group

who both passed away at young ages after battling cancer. Craig Brinkmeier was a Lena resident and Drafter for Lingle Design Group who passed in 2018. He initially designed the center of the mural which he called "The Tree of Life." This was the

base of the design concept for the mural. Josh Cocagne was a resident of Scales Mound and also a Lingle Design Group employee who passed in 2019. The artist based his design on the story of Craig and Josh and their battles with cancer as well as how

our world and lives can be changed in such a short period of time. Looking at the big picture of the mural is the intent of the artist with hopes that it represents everyone's "Tree of Life" and events that have special meaning to each of us.



JESSICA TESSENDORF PHOTO Rock Valley Publishing

This F-4 Phantom Fighter jet will honor our veterans and serve as an educational tool.

## Northwest Illinois F-4 Jet Memorial Project

Oppold Excavating from Stockton started digging the hole for the base that will hold the Northwest Illinois Jet Memorial which will be located in Lena. This project will display an F-4 Phantom Fighter jet in Lena to honor our veterans and to serve as an educational tool.

Project members were able to pay the initial cost of bringing the aircraft to Lena due to the generosity of the northwestern Illinois communities. The jet was delivered to its temporary position

at Rafters Restaurant just outside of Lena and will remain there until it has been restored and painted. Future plans include lifting the jet onto the pylon.

Officers and directors on the project include President Terry Yount, Vice President Robert Wells, Treasurer Dennis Bergman, Secretary Julia Moore and directors Gary Buss, Dick Gambrel, Dennis Luke and Henry Saavedra. For information or to donate contact jamcps54@yahoo.com.



SUBMITTED PHOTO Rock Valley Publishing

## In the holiday spirit

Judy Oellerich, Evie Karnatz, Riley Durling and Marsha Tessendorf stand in front of the Christmas tree that the Lena American Legion Auxiliary members decorated at the American Legion Home.

## Ad Space for Sale!!!!

If you would like your ad in this space, Please contact

Cyndee Stiefel  
lenaads@rvpublishing.com

Bring a SMILE to someone's face. Share with us a photo and details of your recent engagement, wedding or anniversary at no charge.

Stop in at the Shopper's Guide/The Scoop Today newspaper office 240 W. Main St., Suite B, Lena with your info or email us at scoopshopper@rvpublishing.com

404764

# Incidentally; Oral health issues with Celiac Disease

By Dr. Stephen Petras  
ILLINOIS LICENSED GENERAL  
DENTIST

Celiac disease (CD) is a chronic, hereditary autoimmune disease of the small intestine. The small intestine is a critical part of the digestive system, as it is lined with microscopic finger-like pro-

jections, called villi, which absorb nutrients into the body. CD is activated by a severe immune system reaction to gluten. Gluten is a protein that is found in many of the foods we eat every day. While your immune system usually protects you from getting sick, when someone with CD eats

gluten, their immune system responds by attacking, damaging or destroying the villi in the small intestine. The result is difficulty or the inability to absorb nutrients and vitamins from food necessary to develop properly and stay healthy. CD is often misdiagnosed or diagnosed

late. This is because the disease can appear at any age. While some people who have inherited the predisposition to CD may present with sudden severe problems, others may have symptoms that wax and wane. Sometimes it manifests as soon as a child ingests gluten and sometimes it does not

manifest itself until the person undergoes a major stress event, such as an injury, severe viral infection or severe emotional trauma. Adding to this, CD is often mistaken for other digestive issues such as lactose intolerance and irritable bowel syndrome.

The clinical signs of CD

differ between children and adults. Symptoms will depend on how early the disease manifested, how severely the intestinal villi are damaged and how early a gluten-free diet is established. In children, malabsorption can affect growth and development. Common oral and dental issues include delayed eruption and enamel defects of the teeth. This is because the decreased absorption of nutrients includes those that play a key role in tooth development, such as calcium and fluoride. Children may also present with a reduction in saliva production and recurrent aphthous ulcers. Aphthous ulcers are small shallow lesions that develop on the soft tissues in your mouth or at the base of the gums. While they are not contagious, they can be quite painful and make eating and speaking difficult.

This points to the critical need of keeping your child's health history complete and up to date. If your dentist suspects CD is the cause of these oral manifestations, your child's health history will help confirm the need for a consult with a gastroenterologist. These include a child that is pale or has been previously diagnosed with anemia, frequently fatigued, short for their age and/or is experiencing delayed puberty, weight loss with frequent bouts of diarrhea, nausea, vomiting, constipation and/or a swollen belly. They may not be experiencing digestive symptoms, but report episodes of an itchy blistering rash on the elbows, knees, torso, scalp and buttocks. Other red flags include a family member that has CD, type 1 diabetes, learning disabilities, a diagnosis of ADHD and/or lack of muscle coordination.

If CD does not manifest itself until after permanent tooth formation has occurred, your dentist may not see these characteristic enamel defects in adults. However, they may be alerted by other oral problems that indicate CD. These include a condition called atrophic glossitis, which is characterized by red, smooth, shiny tongue, reduced saliva and recurrent aphthous stomatitis. These findings, along with your health history will indicate the need for a consult and testing for CD.

CD is not an allergy to gluten. It is a genetic autoimmune disease that runs in families. There is no cure, but the earlier it is diagnosed, and gluten is eliminated from the diet, the less permanent damage will occur. CD puts you at risk for anemia, osteoporosis, reduced functioning

## LEGAL NOTICES

### Legal Notice Invitation For Bid

**Stockton School District  
CUSD # 206  
Stockton School District  
#206 – Construction of a  
New Middle School**

The Board of Education for the Stockton School District #206 is seeking bids for the 2022 construction project at the Stockton Schools. The following list contains the different scopes of work to bid on this project. Located at 540 N. Rush Street Stockton, Illinois 61085.

- Site Work
- Concrete work
- Masonry
- Structural steel
- Acoustic Ceilings
- Doors and Hardware
- General contracting items
- Painting
- Flooring
- Casework
- Lockers

Interested bidders may obtain drawings, specifications and bid forms by contacting CTS Group. Sumit Ray [rsray@ctsgroup.com](mailto:rsray@ctsgroup.com) or Brendan Kinzler [bkinzler@ctsgroup.com](mailto:bkinzler@ctsgroup.com)

Sealed bids will be received up to 11 AM on 12/17/21 at the Stockton High School Main Office located at 450 N. Rush Street Stockton, Illinois 61085. Bids must be in a sealed envelope and clearly marked with the bidder's name and division of work that is being bid. A bid bond must accompany the bid in the sealed envelope.

Any bids received past the bid date will not be opened.

A pre-bid meeting will be held at 11AM on 12/7/21 at Stockton High School CUSD 206, 540 N. Rush Street Stockton, IL 61085.

All questions can be submitted by e-mail to CTS. Sumit Ray [rsray@ctsgroup.com](mailto:rsray@ctsgroup.com), Brendan Kinzler [bkinzler@ctsgroup.com](mailto:bkinzler@ctsgroup.com), or Dave Ortmann [dortmann@ctsgroup.com](mailto:dortmann@ctsgroup.com). All questions/RFIs must be submitted by Noon on

12/10/21.

The Stockton School District #206 reserves the right to accept or reject any or all bids. The Stockton School District actively promotes continuing economic development in compliance with the Business Enterprise for Minorities, Females and Persons with Disabilities Act (30 ILCS 575). Successful prospective vendors shall have the sole responsibility of complying with all aspects.

(Published in  
The Scoop Today  
Dec. 1 & 8, 2021)  
408846

IN THE CIRCUIT  
COURT OF THE  
FIFTEENTH JUDICIAL  
CIRCUIT  
STEPHENSON  
COUNTY, ILLINOIS  
NEWREZ LLC  
D/B/A SHELLPOINT  
MORTGAGE  
SERVICING,  
PLAINTIFF,  
VS.  
ERIC R DITTMAR  
A/K/A ERIC DITTMAR;  
KATHLEEN DITTMAR;  
UNKNOWN OWNERS  
AND NON-RECORD  
CLAIMANTS,  
DEFENDANTS.

21 CH 11  
812 SOUTH LOCUST  
AVENUE  
FREEPORT, IL 61032

NOTICE OF SALE  
PURSUANT TO  
JUDGMENT OF  
FORECLOSURE  
UNDER ILLINOIS  
MORTGAGE  
FORECLOSURE ACT

PUBLIC NOTICE IS  
HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered by the Court in the above entitled cause on October 21, 2021, Sheriff of Stephenson County will on 01/04/2022, in Stephenson County Courthouse 15 N. Galena Ave (West Door), Freeport, IL 61032, at 09:30 AM, sell at public auction and sale to the highest bidder for cash, all

and singular, the following described real estate mentioned in said Judgment, situated in the County of Stephenson, State of Illinois, or so much thereof as shall be sufficient to satisfy said Judgment:

THE NORTH HALF OF LOTS 19 AND 20, AND THE EAST 10 FEET OF THE NORTH HALF OF LOT 18 IN BLOCK 6 OF KNOWLTON'S SECOND ADDITION TO THE TOWN (NOW CITY) OF FREEPORT, SITUATED IN THE CITY OF FREEPORT, STEPHENSON COUNTY, ILLINOIS, ACCORDING TO THE PLAT THEREOF RECORDED JUNE 4, 1850 IN BOOK I OF DEEDS, PAGE 122 AS DOCUMENT NO. 2976.

TAX NO. 18-14-31-309-020

COMMONLY KNOWN AS: 812 South Locust Avenue

Freeport, IL 61032  
Description of Improvements: The property is a single family. The property has a two car garage. The garage is detached. The exterior is brick. The color is brown. The gas is on. The water is on. The property does not have a fence. The property is vacant.

The Judgment amount was \$62,252.86.

Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit 10% down by certified funds; balance, by certified funds, within 24 hours. NO REFUNDS.

The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate, water bills, etc., and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court.

Upon payment in full of the bid amount, the purchaser shall receive a Cer-

tificate of Sale, which will entitle the purchaser to a Deed to the real estate after confirmation of the sale.

The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information.

The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

For Information: Visit our website at <http://ilforeclosuresales.mrpllc.com>.

Between 3 p.m. and 5 p.m. only - McCalla Raymer Leibert Pierce, LLC, Plaintiff's Attorneys, 1 N. Dearborn St., Suite 1200, Chicago, IL 60602. Tel. No. (312) 346-9088. Please refer to file# 21-07037IL

PURSUANT TO THE FAIR DEBT COLLECTION PRACTICES ACT, THE PLAINTIFF'S ATTORNEY IS DEEMED TO BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WILL BE USED FOR THAT PURPOSE.

Plaintiff's attorney is not required to provide additional information other than that set forth in this notice of sale.

I3180483

(Published in  
The Shopper's Guide  
Nov. 24, Dec. 1 & 8, 2021)  
407325

IN THE CIRCUIT  
COURT OF THE 15<sup>TH</sup>  
JUDICIAL DISTRICT  
STEPHENSON  
COUNTY, ILLINOIS,

In Probate  
IN THE ESTATE OF:  
NANCY C. O'LEARY,  
deceased

Case No. 21 P 100  
CLAIM NOTICE  
TO: CREDITORS AND  
CLAIMANTS

1. Notice is hereby given of the death of NANCY C. O'LEARY who died on July 25, 2021, a resident of Freeport, Illinois.

2. Letters of Testamentary were issued on August 31, 2021 to the Executor for the estate, KEVIN O'LEARY.

3. The attorney for the estate is Paul J. Huber, 226 Lake Summerset Rd., Davis, IL 61019

4. Claims against the estate may be filed with the Office of the Clerk of the Circuit Court at 15 N. Galena, Freeport, IL 61032 or with the Executors, or both, on or before May 25, 2022, which date is not less than 6 months from the date of the first publication of this notice and any claim not filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the Representative and to the attorney with 10 days after it has been filed.

Paul J. Huber,  
attorney for the  
Executor

Paul J. Huber,  
No. 6192970  
Attorney for the  
Executors  
226 Lake Summerset Rd.  
Davis, IL 61019  
(815) 248-4000

(Published in  
The Shopper's Guide  
Nov. 24, Dec. 1 & 8, 2021)  
408101

# Local extension office honored at state convention

'Extending Knowledge, Changing Lives.' That's what the staff at the University of Illinois Extension office in Jo Daviess, Stephenson and Winnebago counties focuses on. Whether you're a family or an individual, a business or an organization, a youth or a senior, you can trust Illinois Extension to provide unbiased, research-based solutions to the challenges you face in your life and your community. Extension concentrates on energy and environmental stewardship; food safety and security; economic development and workforce preparedness; family health, financial security and wellness; and youth development.

"Recently, members of our Extension staff have been recognized at the state and national level for their involvement in providing relevant educational programming and their commitment to their work," states Margaret Larson, county extension director serving Jo Daviess, Stephenson and Winnebago counties. "We are thankful for their dedication to helping our local communities and more."

University of Illinois Extension Team Excellence Award, National Extension Association for Family and Consumer Sciences (NEAFCS) First Place Nationally, and First Place Central Region - Marketing Package Award

Diane Reinhold, nutrition and wellness educator, along with Extension Nutrition and Wellness team members across the state, were recognized nationally and statewide in November for their recent work on creating *The Fill Your Pantry: Home Food Preservation* webinar series and *31 Days of Food*

*Preservation* social media campaign. The University of Illinois Extension Team Excellence Award was given to the Extension Nutrition and Wellness Team for addressing critical focus areas around food access and safety during uncertain times. The team incorporated new strategies to engage consumers with Extension programming and safe home food preservation information.

The NEAFCS Marketing Package Award recognizes members of the National Extension Association for Family and Consumer Sciences for their outstanding marketing efforts addressing the concerns and needs of children, families or communities. It is presented for the development of an outstanding marketing package, promoting a class, program, or

pertinent Family and Consumer Sciences issues.

"Our team did an amazing job putting together this series," says Diane. "The resources provided practical, researched-based information related to home food preservation."

"At a time of uncertainty for so many, Diane and her team recognized the need for updated information on home food preservation. They created a way to share their knowledge along with scientifically proven safe recipes during the pandemic's influx of new backyard gardeners" comments Margaret. "Diane's collaboration with the Extension Nutrition and Wellness Team to create timely educational programming is the very reason for the existence of Extension. She is a great asset to our Extension team."

# FHN announces new hospital visitor restrictions

In light of the recent increase in COVID-19 cases in the area, FHN has announced additional visitor restrictions for FHN Memorial Hospital. The changes go into effect Monday, Dec. 6.

COVID-19-positive patients may have one designated visitor for the entire length of their stay. Non COVID-19-positive patients may have one visitor per day, and a different person can visit each day. No visitors under the age of 18 will be allowed in any area of the hospital.

Emergency Department patients may have one visitor per day. Pediatric patients anywhere in the hospital are allowed two visitors; one should be a parent or guardian.

Visiting hours for all departments except the Emergency Department and the Family Birthing Center are from 1 - 6:30 p.m.

Per Illinois Department of Public Health rules, face coverings must be worn while in any FHN facility, including during patient visits. Visitors must check in each day with admitting to receive a screening, including a temperature check, and receive a dated visitor's badge. Exceptions in end-of-life situations may be

See **RESTRICTIONS**, Page 11

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# •Agriculture

(Continued from page 2)

If realized, higher interest rates could pressure farmland values, but likely not to the point of a major decline.

"We've seen a surge in farmland values," Henderson said. "Farmland is expensive, but priced reasonably given where interest rates are."

U.S. farmers generally benefitted from the low interest rate environment and initially from the wave of inflation, which pushed commodity prices higher.

"Initially it's good for farmers, until input costs go up," the economist noted. "And, this is what we're seeing today. Input costs are surging."

Ag producer sentiment in the Purdue/CME Group ag economy barometer subsequently weakened in October for the third month in a row as farmers deal with the prospect of tighter margins ahead.

"I think in 2022 there'll be some profit opportunities, but it might not be as bountiful as 2021," said Henderson, who looks for commodity prices to remain fairly strong.

Looking ahead, agriculture has the opportunity and

challenge of serving two different markets—bulk commodities and growing demand for value-added, specialty foods.

"We've got to figure out how to meet consumers' needs of the future," he said. "We've got to think about diversifying our markets. We've been talking about it a long time."

Henderson said ag bankers should work with farmer customers to determine their market focus of the future and incorporate new technology into their businesses while managing risk in a potential rising interest rate environment.

*This story was distributed through a cooperative project between Illinois Farm Bureau and the Illinois Press Association. For more food and farming news, visit FarmWeekNow.com.*

# •Kitchen

(Continued from page 5)

## Caramel Heavenlies

This next recipe is another easy one. It uses graham crackers as its base. If you cut it in the triangles, it makes a great cookie for the Christmas plate. Be sure you watch the butter and sugar on the stove so that it doesn't burn. Also keep an eye on the marshmallows as they bake. These are ooey, gooey, good.

- 12 whole graham crackers
- 2 C. miniature marshmallows

- 3/4 C. butter, cubed
- 3/4 C. packed brown sugar
- 1 t. cinnamon
- 1 t. vanilla

- 1 C. sweetened shredded coconut

Preheat the oven to 350. Line a jelly roll baking pan with foil, letting the foil extend over the sides by at least 1 inch. Lightly coat foil with cooking spray. Arrange graham crackers in prepared pan and sprinkle with marshmal-

lows. In a small saucepan, combine butter, brown sugar and cinnamon and cook and stir over medium heat until butter is melted, and sugar is dissolved. Remove from heat and stir in vanilla.

Spoon butter mixture over marshmallows. Sprinkle with almonds and coconut. Bake until browned, 14 to 16 minutes. Cool completely in pan on a wire rack. Using the foil, lift cookies out of pan. Cut into triangle and discard foil. Keep in an airtight container.

## Final Thoughts

Congratulations to the Le-Win Panther Football team on their impressive championship win in DeKalb. I read somewhere that we were the smallest school (enrollment wise) in the state quarter finals, semifinals, and finals. That is pretty good for this dedicated group of young men. I know a few of them

personally, and I taught a lot of their parents. It has been an exciting ride. They proved that hard work, dedication, good coaching, and a positive attitude combined with a lot of character does win out. Thanks, guys for all the good times.

It is also time for me to remind you to shop local. We have many places that offer unique and economical Christmas gifts. There are apparel shops, gift shops, food places, a toy shop, candy places, and wine. You don't have to go very far (you save a lot of gas!) to get wonderful gifts for just about everyone on your list. Remember that

if we don't support our local stores, we won't have them. Look around at other small towns to see what happens when you don't support your neighbor. Enough of my public service announcement...

We are in the market for recipes that use cranberries, apples or pumpkins. We are also in the market for some seasonal side dishes and some soup recipes. And last but not least, we would love your cookie recipes! If you would like to share, contact us in person, by mail at From Lena's Kitchens, *Shopper's Guide* at 240 W. Main St. or email us at scoopshopper@rvpublishing.com.

# REAL ESTATE LEGAL NOTICES

IN THE CIRCUIT COURT OF THE FIFTEENTH JUDICIAL CIRCUIT STEPHENSON COUNTY, ILLINOIS NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING, PLAINTIFF, VS. ERIC R DITTMAR A/K/A ERIC DITTMAR; KATHLEEN DITTMAR; UNKNOWN OWNERS AND NON-RECORD CLAIMANTS, DEFENDANTS.

21 CH 11 812 SOUTH LOCUST AVENUE FREEPORT, IL 61032 NOTICE OF SALE PURSUANT TO JUDGMENT OF FORECLOSURE UNDER ILLINOIS MORTGAGE FORECLOSURE ACT PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered by the Court in the above entitled cause on October 21, 2021, Sheriff of Stephenson County will on 01/04/2022, in Stephenson County Courthouse 15 N. Galena Ave (West Door), Freeport, IL 61032, at 09:30 AM, sell at public auction and sale to the highest bidder for cash, all and singular, the following described real estate mentioned in said Judgment, situated in the County of Stephenson, State of Illinois, or so much thereof as shall be sufficient to satisfy said Judgment: TAX NO. 18-14-31-309-020 COMMONLY KNOWN AS: 812 South Locust Avenue Freeport, IL 61032 Description of Improvements: The property is a single family. The property has a two car garage. The garage is detached. The exterior is brick. The color is brown. The gas is on. The water is on. The property does not have a fence. The property is vacant. The Judgment amount was \$62,252.86. Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit 10% down by certified funds; balance, by certified funds, within 24 hours. NO REFUNDS. The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate,

water bills, etc., and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court.

Upon payment in full of the bid amount, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after confirmation of the sale.

The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information.

The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.

For Information: Visit our website at <http://ilforeclosuresales.mrpllc.com>.

Between 3 p.m. and 5 p.m. only - McCalla Raymer Leibert Pierce, LLC, Plaintiff's Attorneys, 1 N. Dearborn St., Suite 1200, Chicago, IL 60602. Tel. No. (312) 346-9088. Please refer to file# 21-070371L

PURSUANT TO THE FAIR DEBT COLLECTION PRACTICES ACT, THE PLAINTIFF'S ATTORNEY IS DEEMED TO BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WILL BE USED FOR THAT PURPOSE.

Plaintiff's attorney is not required to provide additional information other than that set forth in this notice of sale. I3180483

(Published in The Shopper's Guide Nov. 24, Dec. 1 & 8, 2021) 407326

# •Issues

(Continued from page 8)

of the spleen, infertility, miscarriage, cancer, nervous system disease and several serious autoimmune diseases. It can lead to poor oral health, which in turn can exasperate your overall health. There is no medicine that can cure it. Eating a gluten-free diet is the only way to stay healthy. Following a gluten-free diet can help the intestines to heal and regain the ability to absorb nutrients, which will make you or your child feel better. It is critical that you and/or your child are aware that the symptoms and damage will reoccur if gluten is reintroduced into your diet. For more information about food and non-food sources of gluten, including a list of gluten-free dental products, check out the "Beyond Celiac" website.

# •Restrictions

(Continued from page 9)

coordinated with FHN nursing staff. Visit [www.fhn.org/coronavirus](http://www.fhn.org/coronavirus) for the latest visitor restrictions for each hospital department and the FHN Family Healthcare Centers and Specialty Care Centers.

Please visit the main registration desk during business hours if you have questions, or the check-in desk in the ED after hours or for ED questions.

# A BIG "THANK YOU"

**to those readers who have sent a donation to help underwrite The Scoop Today and Shopper's Guide. For those of you who haven't done so in the past year, but enjoy this newspaper and would like to help us pay for its operation, please send a donation in any amount to:**

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JESSICA TESSENDORF Rock Valley Publishing

## Celebrating Lena's Hometown Christmas

The Downtown Lena Business and Professional Association held the annual Christmas Parade on Friday, Dec. 3. The event brightened the downtown complete with a visit from Santa and Mrs. Claus. A community tree lighting was held at the end of the parade.



SUBMITTED PHOTO Rock Valley Publishing

## High school students on the job

Students enrolled in the Pearl City High School career explorations class are currently completing half-day or full-day job shadows at businesses in northwest Illinois. The job shadows for over 20 students were coordinated by class teacher, Mr. Joel Zink. Pictured is PCHS junior, Jon Dinderman, who completed his job shadow at Torkelson Cheese Company in rural Lena. Thank you to Torkelson Cheese Company with their help to provide an amazing experience.



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## • News (Continued from page 6)

office door at any time during the day.

St. John's will have a poinsettia garden during the Christmas Eve worship services. All requests to purchase poinsettias must be completed and paid for by Dec. 12.

The Women's Gathering will hold their Christmas dinner at their church on Tuesday, Dec. 14 at 6 p.m. All are encouraged to sign-up in the Narthex to bring a dish for the

potluck meal.

The December Grace Meal will be held on Sunday, Dec. 19 at 11:30 a.m. until 12:15 p.m. with all meals at curbside pick-up. The menu will be ham, cheesy potatoes, green bean casserole, rolls and cherry cheesecake dessert. All reservations must be made to the church office by 5 p.m. on Friday, Dec. 17 by phone at 815-443-2215. Leave a voice-mail reservation or email pr-

shadmin@gmail.com. The meal is supported by a grant from the Freeport Community Foundation.

Christmas Eve worship service will be at 5 p.m. and 9 p.m.

St. John's Lutheran Church is located at 229 S First St., Pearl City. Worship Services are currently in-person and livestreamed on Facebook Live by visiting our website at www.StJohnsPearlCity.org

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