

The SHOPPER

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Volume 17 Issue 2

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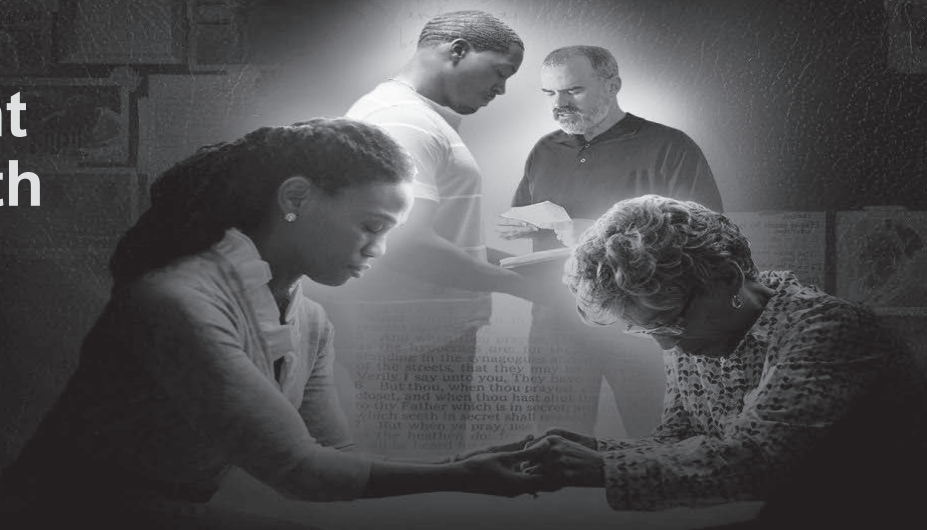
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MACHESNEY PARK POLICE BEAT

MACHESNEY PARK — The following arrests are on file at the Machesney Park Police Station. Readers are reminded that suspects are considered innocent until proven guilty in a court of law.

Dec. 15

6616 N. Second St. – Trisha M. Branning, 35, of Rockford, Outstanding Warrant

650 W. State St., Rockford – Andrew T. Hamilton, 26, of Machesney Park, Outstanding Warrant

1120 Minns Dr. – Chad M. Boettcher, 29, of Machesney Park, Outstanding Warrant

6900 N. Second St. – Trisha M. Branning, 35, of Rockford, charged with Driving With a Suspended/Revoked Driver's License, Operating an Uninsured Vehicle and Registration Violation

735 Drexel Blvd. – Dale A. Houser, 54, of Machesney Park, charged with Disorderly Conduct and Resisting/Obstructing Police

Dec. 16

13 Marquette Road – Matthew A. Moore, 29, of Loves Park, charged with Burglary from a Vehicle, Reckless Driving, Improper Lane Usage, Traffic Accident, Operating an Uninsured Vehicle, Possession of Stolen Property, Seatbelt Violation, Illegal Transport of

Alcohol, and DUI

900 Roosevelt Road – Charles E. Tyrcha, 48, of Machesney Park, charged with Violating an Order of Protection

I-90/West Lane Road – Matthew A. Scott, 29, of Loves Park, charged with DUI, DUI With a BAC Over .08, and Improper Lane Usage

Dec. 17

7820 N. Second St. – Edwin A. Rodriguez, 20, of Rockford, charged with Solicitation of a Sexual Act

7820 N. Second St. – Chad W. Mashinter, 36, of Rockford, charged with Solicitation of a Sexual Act, Possession of Drug Equipment, and Possession of Cannabis – Less Than 30 Grams

7820 N. Second St. – Timothy J. Lukstein, 42, of Marengo, charged with Solicitation of a Sexual Act

Dec. 18

N. Second St./West Lane Road – Jacob S. Johnson, 37, of Roscoe, charged with Failure to Reduce Speed/Too Fast for Conditions

7820 N. Second St. – Julio Pettit, 29, of Rockford, charged with of Rockford, charged with Solicitation of a Sexual Act, Possession of Drug Equipment, and Possession of Cannabis – Less Than 30 Grams

Dec. 19

Dorothea/Brentwood – Randy

A. Slocum, 54, of Mukwanago, charged with Unlawful Use of a Weapon, DUI, Resisting/Obstructing Police, and Parking Complaint

1770 West Lane Road – Jamie A. Taylor, 31, of Rockford, charged with Driving With a Suspended/Revoked Driver's License

1770 West Lane Road – Brittney N. Paschel, 20, of Rockford, charged with Retail Theft and Delivery of Cannabis – Less Than 30 Grams

N. Alpine Road/Burden Road – Shyda N. Williams, 29, of Rockford, charged with Hit and Run, Operating an Uninsured Vehicle, No Registration, and

Driving With a Suspended/Revoked Driver's License

6635 N. Alpine Road – Randy McMillian, 53, of Machesney Park, charged with Domestic Battery

1600 West Lane Road – Dennis M. Day, 53, of Rockford, charged with Retail Theft and Aggravated Battery




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Leaf River:
208 W. Railroad St.,
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Rochelle:
Atwood Park, 10th Ave.
& 20th St.

Monroe Center:
Lichty's Landscaping,
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VIEWPOINT

A mom's talents run deep

My talents never cease to amaze me. Multi-talents, actually; I am multi-talented and living in a household where my elaborate skills are acknowledged and revered. Well, maybe not revered, but they are used on a daily basis.

There are certain things – many things – at which I excel. I am so good at so many things that virtually no one but me is able to do them.

Lots of them have to do with the fact that I have super X-ray vision. I can see practically invisible items that no one else can. My acute sense of eyesight enables me to see crumpled paper, crayons, Hot Wheels and Legos from five feet away, which is the approximate distance from my eyes to the floor. The non-adults in my family can't see across this vast expanse, even though most of them have eyes that are much less than five feet from the floor.

My finely tuned eyesight can also make out dog hair on the carpet, food splatter in the microwave and (ahem) droplets on the toilet. My world is a full-



Jill Pertler

SLICES OF LIFE

er, more colorful place because of my tremendous eyes. I wonder what the world looks like to normal people?

I've also been blessed with supersonic hearing. My ears are nearly bionic. They can detect sounds – like a running toilet, dripping faucet, breaking glass or wrestling in the living room – that are lost to average human ears. The kids living with me (my offspring) were apparently born with normal ears, because they couldn't recognize a running toilet if they were seated atop it.

Sophisticated spatial talents – I've got those, too. They come in quite handy. I feel great sympathy for the people who weren't born with groovy spatial talents like mine. These poor souls aren't able to load and unload the dishwasher, fold

clothes or even line up the 18 pairs of shoes and boots scattered by the back door. These tasks are far beyond the capabilities of people with everyday skills. It takes someone with a fair amount of genius to load the dishwasher.

As incredible as this all may seem, my list goes on. I was born with the empty gene. I possess the amazing and astounding ability to discern whether something is full, or empty.

Take a box of cookies. Most of the young people in my house know how to open the box and eat the cookies, but they are unable to determine when the box is empty. They simply take the last cookie, and leave the box on the shelf in the pantry. It takes years of practice to be able to lift an empty cookie box and know, without a doubt, that all the cookies are gone and it is time to toss said box in the garbage. I am lucky my kids have allowed me the opportunity for so much practice.

As far as talents go, mine run deeper than the pile of Legos on my living room floor. For instance, I possess instantaneous

laundry finesse; this enables me to assess a discarded item of clothing and immediately know whether it belongs in the closet or laundry pile (but never, ever on the floor). I can exchange an empty roll of toilet paper for a full one with just two hands. Pairing mittens – not to mention socks -- is practically my forte, and not only I am able to identify when a toilet needs flushing, but I can complete the task with one flick of the wrist.

You might find it hard to believe that I possess skills that surpass the dreams of regular people, like my kids. Bless them. They take my talents in stride and treat me like my gifts are completely normal. Even a super-human, super-mom wants to feel normal a couple of times a week. I am lucky -- they are so good to me. What more could I possibly want?

Jill Pertler is an award-winning syndicated columnist, published playwright and author. Don't miss a slice; follow the Slices of Life page on Facebook. This is a rerun of a column originally published in 2008.

New year resolutions are so last century

We made 'em, broke 'em and forgot 'em in less than a month. Ditch the "lose ten pounds" or "save more money" or "marry George Clooney" statements. George is off the market. Losing weight or saving money or finding love are steppingstones to a greater goal. What is it that you really want?

You want to feel fit, healthy, confident and secure in your body or in your finances or in your relationships. What you truly want deep down is peace, love, contentment, happiness, joy, confidence, security.

What will get you there? Making the right choices.

Choose a word that resonates with you and what you want. If you are focusing on your weight and health, choose a word like FIT or ACTIVE or HEALTHY or VIBRANT or LIGHT or ALIVE or whatever rings your bell. That word is your guidepost for making decisions throughout the year.

When faced with the buffet, don't berate yourself by saying "I promised myself I would lose ten pounds this year, but dang I want that molten lava cake. Oh

well, maybe next year."

Hang on to a word like VIBRANT. As you pile items on your plate, you let that word bounce around your head. *Does this choice make me feel more vibrant?*

As you select your menu every day, you can ask yourself if three donuts and a large Dr. Pepper make you feel vibrant. If so, fine, partake and enjoy. No guilt. If you feel donuts today don't feel like a good choice, choose something else that feels like it is part of a vibrant lifestyle. It's not about a static plan of losing ten pounds, it's a grander plan of having a life that is vibrant. It's always about how you want to feel.

Each day tell yourself, "I will make choices today that support my vibrant life." Your word is to be used as a course corrector, not a stick to beat yourself with. No shame, no judgment. This is your word, you pick it, you own it! It's a word that feels good and helps you on your path to what you want deep down.

I have used various words since I started doing this new way of doing resolutions. I've used JOY and TRUST more



Kelly Simmons

COLUMNIST

than once. With every choice, I asked: Does this bring me joy? For Trust, I held on to that word as I grew deeper and deeper being able to trust myself, and my decisions. I trust that I know what is best for me and I trust that if I act accordingly, it will work out for my greater good.

My hubby has used words like PLAY and AWARENESS. This year he chose GLEEFULLY. I chose LOVE. In all things, my guide is to just be love. Easier said than done. But the more I dwell in the energy of love, the more energy it generates in crazy ways.

I love my new vacuum cleaner. Seriously. I love our home. No secret there. I love my gray hair (a year ago letting it go natural was a big choice and I TRUSTED.) I love my work and my clients and every

project. I love what we have planned for 2016 and I love the open spaces on the calendar for serendipities. Oh that's another good word! To be on the lookout for serendipities always creates more. Maybe I'll have two words this year!

You get the idea. The word is a focus tool to help you stay on the path of achieving what it is you really want. If you want more money, pick a word like RICH or WEALTHY or ABUNDANT or SAVVY. With every choice, ask if this is what a savvy spender would do. If not, wallet stays firmly closed. You will save more money because you choose to live like a rich, wealthy, abundant, savvy person.

Hop on over to my blog at kellyepperson.com and share what your word is or write me at info@kellyepperson.com. I would LOVE to hear from you!

(Kelly Epperson Simmons is now sending a daily motivational email. If you want a one-liner of inspiration each day, sign up at kellyepperson.com. Write/Invite/Share PO Box 2324, Loves Park, IL 61131.)

DEATH NOTICES

WINNEBAGO COUNTY—The Winnebago Coroner's Office released the following death notices having occurred in the county from Dec. 14-21.

Dec. 14

Billy Jones 84, Judith Carney 58, Rebecca Parham 37, Uriah Rux 29, Lulla – Belle Wright 79, Michael Leigh 70, Lyndon Kundert 72, Robert Grindle 91, Marques Woods 36 Donna McCauley 88, Mildred Guidi 86, Nancy Viederis 71, Antoinette Cassioppi 86, Mark Rudy 56

Dec. 15

Penny Worrall 58, Marilyn Bawinkel 82, Margaret Morig 93, William Whitt 79, Vida Blade 91, Cordell Cannon 71, James Otts 73, Leon Castleberry 37, Thomas Dagnon 69, Donna Haffey 51, Joanne Strand 85

Dec. 16

Drexel McCollum 73, Judith Handt 74, Obadiah Black 78, Donald Remrey 79, Michael McCall 73, Reginald Safford 17, Warren Baxter 86, Wilma Phelps 85, Alice Blue 88, Mary Ken-

nedy 63, Harold Ray 71, John Kasper 95

Dec. 17

Marsha Dubrock 72, Cynthia Perkins 48, Irene Linnabary 92, Felix Morales 80, Vera Hansen 96, William Ilders 78

Dec. 18

Cartavalance Curry 19, Stanley Meyers 89, Winona Himstedt 83, Mary Cromwell 97, Virgil Cortez 81, Adam Swanson 23, Silas Fiesen 70, Dolores Cooper 98, Donald Crews 81, Mary Swartz 91, Wallace Timm 55, William

Robinson 96, William Johnson 59, Ronald Kliven 81, Mary Stilwell 87

Dec. 19

Timothy Robackouski 66, Jack Harris 79, Marcette Becker 95, Carolyn Batzlaff 72, Gloria Roberts 85

Dec. 20

Rodney Rhodes 78, Frances Pierson 95, Neva Stockdale 81, Ryan Trudo 39, Elva Colcord 93

Dec. 21

Tim Mooney 56, Dorothy Hultgren 97, Winifred Rorheim 97

For information on
advertising
information call:

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815-369-4112
The Scoop/
Shopper's Guide

Illinois state officials remind motorists to obey the Move Over Law

SPRINGFIELD — The Illinois State Police (ISP) is urging motorists to respect the Move Over Law and to use caution when approaching stationary authorized emergency vehicles displaying flashing lights or any other emergency equipment on the interstates and roads.

The Move Over Law (Scott's Law) was enacted in 2002 in memory of Lieutenant Scott Gillen of the Chicago Fire Dept. who was struck and killed on Dec. 23, 2000, by an intoxicated driver on the Dan Ryan Expressway, while assisting at a crash scene. The law requires

motorists to yield to emergency vehicles, including highway maintenance vehicles displaying oscillating, rotating, or flashing lights.

Governor Rauner acknowledged the Move Over Law in a Proclamation signed on Dec. 21, 2015. The Proclamation coupled with HB 246 initiated by State Representative Brian Stewart underscores the importance of the Mover Over Law.

"Illinois emergency and highway workers are continuously exposed to the dangers of being hit by motorists," said Governor Bruce Rauner.

"The Move Over Law is critical to the preservation of the lives of our public servants and the safety of all motorists.

"It is my hope that through education and enforcement, motorists will use caution, slow down and move over when approaching stationary emergency vehicles."

Most recently, a commercial motor vehicle (CMV) driver failed to move over and caused a fiery crash on I-88 near Aurora killing 39-year-old Tollway worker Vincent Petrella and severely injuring ISP District 15 Trooper Douglas Balder.

This crash has become part of an alarming series of incidents involving CMVs striking ISP, Illinois Dept. of Transportation and other emergency vehicles. In recent years ISP Troopers James Sauter and Kyle Deatherage were also killed by CMV drivers violating the Move Over Law.

"Illinois State Police troopers will aggressively enforce the Move Over Law to protect first responders and highway workers on Illinois roadways," said ISP Director Leo Schmitz. "The Move Over Law is designed to protect motorists and emer-

gency workers by reducing the likelihood of a preventable tragedy from occurring."

The Move Over Law requires drivers to change lanes (if safe to do so) or reduce speed and proceed with caution when approaching a stationary emergency vehicle displaying flashing warning lights. Violators of Illinois' Move Over Law can be fined not less than \$100 or more than \$10,000 and have their driver's license suspended for up to two years if the violation involves injury to another.

Hononegah High School athletic dome collapses

By Jean Seegers
Reporter

ROCKTON — It's been 13 years since Hononegah High School's iconic "marshmallow" was erected. The 59,400 square foot air-filled domed field-house has been home to hundreds of special events, physical education classes, athletic games and tournaments.

All that changed Tuesday evening, Dec. 29. Over a three and a half to five hour time-span, the dome slowly deflated and fell to the ground.

Heavy snow and sleet may have contributed to the dome's deflation, Hononegah School District President Dave Kurlinkus said.

"The cause of the collapse has not yet been determined. The dome is designed so that rain, snow and sleet will slide off."

He emphasized that the structure did not fall spontaneously.

Professional engineers from Air Structures American Technologies Inc. (ASATI) and insurance adjusters are assessing the damage. According to Kurlinkus, there are security cameras on at all times in the dome.

"There is no evidence that it was a mechanical problem," he said. "The blowers are fine."

He speculated that a tear or hole in the Teflon surface could have caused the collapse. He emphasized that the structure deflated gradually and would not have been a danger had there been anyone inside.

Superintendent Lynn Gibson said building administrators are working on a plan to ensure all students in physical education classes and team sports will be accommodated.

Kurlinkus said they are hopeful that students will be able to stay on campus while work is being done on the dome.

"We have had a lot of offers from area schools. People have been really nice in helping us get through this."

Ro-Ro Expo, a major event held at the Hononegah Dome is scheduled for March of this year. The annual show is sponsored by Stateline Chamber of Commerce. "At this point, we are weighing our options," Chamber Vice President Ryan Rydell said.

According to Assistant Superintendent Kim Seudbeck, future plans will depend on what the



Jean Seegers photos

The big white air dome that has housed athletics and special events at Hononegah High School in Rockton for the past 13 years collapsed on Dec. 29. Damages are being assessed at this time.

insurance adjustors and professionals at ASATI have to say.

"Our options are to repair it, replace the dome entirely or build a brick and mortar structure. It all depends on what they find."

"We should have more infor-

mation when the board meets Wednesday, Jan 20," Kurlinkus said.

Superintendent Gibson can be reached by email: lgibso@hononegah.org, or by phone: (815) 624-5062.

LOVES PARK FIRE CALLS

LOVES PARK — The Loves Park Fire Dept. responded to the following calls on Dec. 14-20.

Dec. 14

11:36 a.m. — 4509 Cross Country Dr., Carbon Monoxide Investigation

Dec. 15

11:34 p.m. — 4928 N. Second St., Carbon Monoxide Investigation

Dec. 17

2:42 p.m. — 7750 Beverage

Boulevard, False Alarm

5:39 p.m. — 5876 Gables Dr.,

Carbon Monoxide Investigation

Dec. 18

7:41 p.m. — 4313 N. Bell

School Road, False Alarm

8:31 a.m. — 1810 Harlem

Road — False Alarm

11:31 a.m. — 4361 Blackberry

Knoll, Cooking Fire

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- Complain of leg, knee, hip, shoulder, and elbow or wrist pain?
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Wednesday, January 20th, 2:00-4:00 p.m.

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SWAP SALT FOR

Herbs and Spices

IN 2016

FAMILY FEATURES

Making a New Year’s resolution? Don’t forget salt. Most Americans consume about a 1,000 milligrams of sodium over the amount recommended by nutrition and health experts. New research shows cooking with spices and herbs could help you ditch the salt shaker and meet sodium recommendations.

Keeping a resolution to cut salt from your diet is easy. Use simple spice swaps to create tasty, low-sodium meals. From seasoning eggs with basil instead of salt to adding spices and herbs to no-salt tomato sauce, the McCormick Kitchens offer these easy tips and recipes to make low-sodium meals full of flavor:

- Beat 1/8 teaspoon herb instead of salt into 2 eggs before scrambling.
- Add oregano, garlic powder and red pepper to no-salt added tomato sauce for a tasty, low-sodium pasta dinner.
- Try making Citrus Herbed Chicken with Asparagus, Fiesta Citrus Salmon or Tuscan Pasta. These dishes don’t call for any salt. Instead, they swap in basil, garlic powder and oregano.

For more low-sodium tips and recipes – such as shaved vegetable salad with Italian herb vinaigrette – visit McCormick.com/recipes/low-sodium to keep your New Year’s resolutions on track. To see the full Anderson study, which examined the effects of a behavioral intervention that emphasized spice and herbs, and how it impacts sodium intake, visit McCormickScienceInstitute.com.



Fiesta Citrus Salmon

Prep time: 5 minutes
Cook time: 15 minutes
Serves: 4

- 1/4 cup orange juice
- 2 tablespoons olive oil
- 2 tablespoons McCormick Perfect Pinch Salt-Free Fiesta Citrus Seasoning, divided
- 2 tablespoons packed brown sugar, divided
- 1 pound salmon fillets

In small bowl, mix juice, oil and 1 tablespoon each seasoning and sugar. Place salmon in large re-sealable plastic bag or glass dish. Add marinade; turn to coat well. Refrigerate 30 minutes, or longer for extra flavor.
In another small bowl, mix remaining seasoning and sugar. Remove salmon from marinade. Discard any remaining marinade. Rub salmon evenly with seasoning mixture.

Tuscan Pasta

Prep time: 15 minutes
Cook time: 25 minutes
Serves: 6

- 1 can (28 ounces) diced tomatoes, undrained
- 1 can (8 ounces) no-salt added tomato sauce
- 1 tablespoon sugar (optional)
- 2 tablespoons packed brown sugar, divided
- 2 teaspoons McCormick Garlic Powder
- 2 teaspoons McCormick Perfect Pinch Italian Seasoning
- 1/2 teaspoon McCormick Black Pepper, ground
- 1 tablespoon olive oil
- 1 pound zucchini, sliced

- 1 package (8 ounces) sliced mushrooms
- 1 small onion, chopped
- 6 ounces pasta, such as spaghetti or linguine

In medium saucepan, mix tomatoes, tomato sauce, sugar and seasonings. Bring to boil on medium heat. Reduce heat to low; cover and simmer 20 minutes.
In large skillet, heat oil on medium-high heat. Add zucchini, mushrooms and onion; cook and stir 4 minutes or until vegetables are tender-crisp. Stir tomato sauce into vegetables.
Meanwhile, cook pasta as directed on package. Drain well. Place pasta in serving bowl. Add vegetable mixture; toss well.

Citrus Herbed Chicken with Asparagus

Prep time: 10 minutes
Cook time: 20 minutes
Serves: 4

- 1/4 cup flour
- 2 tablespoons grated Parmesan cheese
- 1/2 teaspoon McCormick Garlic Powder
- 1/4 teaspoon McCormick Black Pepper, coarse ground
- 1 pound thin-sliced boneless skinless chicken breasts
- 1 tablespoon oil
- 1 1/2 cups chicken stock
- 1 teaspoon McCormick Basil Leaves
- 1 teaspoon McCormick Oregano Leaves
- 1 pound asparagus, trimmed and cut into 1-inch pieces
- 2 tablespoons lemon juice

In shallow dish, mix flour, Parmesan cheese, garlic powder and pepper. Reserve 2 tablespoons. Moisten chicken lightly with water. Coat evenly with remaining flour mixture.
In large nonstick skillet, heat oil on medium heat. Add 1/2 of the chicken pieces; cook 3 minutes per side, or until golden brown. Repeat with remaining chicken, adding additional oil, if necessary. Remove chicken from skillet; keep warm.
In medium bowl, mix stock, basil, oregano and reserved flour mixture until well blended. Add to skillet along with asparagus. Bring to boil. Reduce heat to low; simmer 3-5 minutes, or until sauce is slightly thickened, stirring frequently. Stir in lemon juice. Return chicken to skillet; cook 2 minutes, or until heated through.



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Form #5SPDA.10.1.2014

TAX-DEFERRED FIXED INTEREST RATE ANNUITY

LOVES PARK POLICE BEAT

LOVES PARK — The following arrests are on file at the Loves Park Police Dept. Readers are reminded that suspects are considered innocent until proven guilty in a court of law.

Dec. 15

Loves Park Dr./N. Second St. — Martin K. Orozco-Reyes, 22, charged with Delivery of Cannabis — Over 30 Grams, Obstructing Justice and an Outstanding City of Rockford War-

rant

Loves Park Dr./N. Second St. — Christopher J. Ross, 22, of Rockford, charged with DUI, Aggravated DUI, Reckless Driving, Delivery of Cannabis — Over 30 Grams, Other Criminal Offenses, Resisting/Obstructing Police, Improper Lane Usage, Speeding and Hit and Run

7223 West Lane Road — Brandon M. Gordon, 30, and Javon D. Jackson, 32, both of Ft. Lau-

derdale, Fla., both charged with Possession of Burglary Tools

Dec. 16

Harlem Road/N. Perryville Road — Kelsey E. Bowers, 20, of Rockford, charged with Driving With a Suspended/Revoked Driver's License and Registration Violation

308 Coronado Blvd. — Trevor S. Hargraves, 20, of Loves Park, charged with Possession of Drug Equipment and an Out-

standing Warrant

Dec. 17

Walker Ave./Clifford Ave. — David A. Green, 54, of Rockford, charged with DUI and DUI With a BAC Over .08

308 Coronado Blvd. — Frank J. Triplett, 21, of Rockford, charged with Possession of Drug Equipment

E. Riverside Blvd./N. Perryville Road — Tylor J. Hooker, 23, of Roscoe, charged with

Driving With a Suspended/Revoked Driver's License and Operating an Uninsured Vehicle

Dec. 18

300 E. Riverside Blvd. — Vianey Vega, 36, of Rockford, charged with Driving With a Suspended/Revoked Driver's License and Speeding

N. Second St./E. Riverside Blvd. — Michael J. McBryde, 27, of Chicago, charged with Driving With a Suspended/Revoked Driver's License and Speeding

Dec. 20

E. Riverside Blvd./Walker — Nicholas D. Jansen, 26, of Rockford, charged with DUI, Operating an Uninsured Vehicle, and Other Driver's License Offenses

100 E. Riverside Blvd. — Kevin T. Burrell, 22, of Rockford, charged with Driving With a Suspended/Revoked Driver's License, Delivery of Cannabis — Less Than 30 Grams, and No Registration

E. Riverside Blvd./Wilson — Deonta J. Scott, 21, of Rockford, charged with Possession of Drug Equipment and Illegal Transport of Alcohol

E. Riverside Blvd./Wilson — Gerry D. Ford Jr., 22, of Rockford, charged with Operating an Uninsured Vehicle, No Driver's License and an Outstanding City of Rockford Warrant

3600 N. Main St. — Mikieon D. Tyler-Jones, 19, of Rockford, charged with Failure to Signal and an Outstanding City of Rockford Warrant

Dec. 21

Grand/N. Second St. — Tiana Balas, 28, of Loves Park, charged with Driving With a Suspended/Revoked Driver's License

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Form #5SPDA.10.1.2014

TAX-DEFERRED FIXED INTEREST RATE ANNUITY

Rockford pastor commissions as Captain in Chaplain Corps

SPRINGFIELD — Jake Crowley, the senior pastor at the Rockford First Church of the Nazarene, was sworn in as a captain during a commissioning ceremony held Dec. 23 in Springfield, Ill. Capt. Jake Crowley, a native of Auburn, Ill., will begin his career in the Army's Chaplain Corps with the Chicago-based 108th Sustainment Brigade.

Crowley said his commissioning has been five years in the making. Crowley joined the Army Chaplain Candidate Program which gave him a chance to work with Soldiers and learn from already commissioned chaplains while he finished his degree at Olivet Nazarene University.

Crowley said his decision to

join the Chaplain Corps was the best of both worlds.

"I was called into the ministry and I also felt a responsibility to serve my country," Crowley said. "This seemed like the perfect opportunity to do both."

As a chaplain, Crowley will provide spiritual and religious support for Soldiers in the Illinois National Guard. Chaplains are among the support groups available to Soldiers and family looking for advice, counseling and guidance.

The U.S. Army Chaplain Corps is one of the oldest and smallest branches of the Army. The Chaplain Corps dates back to July 29, 1775, when the Continental Army was authorized one chaplain per regiment.

Right: U.S. Army photo by 1st Lt. Aaron Ritter, Illinois National Guard Public Affairs Office

Jake Crowley (right), a native of Auburn, Ill., is sworn into the Chaplain Corps as a captain by Illinois Army National Guard Deputy Command Chaplain Lt. Col. Steve Foster during commissioning ceremony held Dec. 23 at Camp Lincoln in Springfield, Ill.



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The challenge kicks off on January 10, with baseline screens beginning on January 6. Cost is \$25 per person, and teams must include four people. So gear up for plenty of fruits and veggies in 2016 – get your team together and register online at getfit.fhn.org. For more information call us at 1-877-6000-FHN ext. 901, and ring in the new with a commitment to renewed health!



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NOTICE OF EXAMINATION FOR THE POSITION OF
POLICE OFFICER IN THE CITY OF LOVES PARK

Pursuant to the Provisions of the IL Revised Statutes, Chapter 24, Section I 0-2-11, notice is hereby given that the Loves Park Civil Service Commission is taking applications for the position of Police Officer for the Police Department in the City of Loves Park, IL. Applications are available online at www.applytoserve.com. Applications and requested documentation must be submitted online by Monday, February 1, 2016. Applicants must be a citizen of the United States of America, be a minimum of 21 years and under 35 years, vision corrected 20/20, education-high school diploma or its equivalent, and be of good health and good moral character. The following documents must be submitted with the application: Birth Certificate, Social Security card, valid Driver's License, High School Diploma/high school equivalency/GED, and Military DD214 for any applicant with military service. A written examination will take place on Saturday, February 20, 2016, at 8:00 a.m. at Harlem Middle School, 735 Windsor Rd., Loves Park, IL 61111. Successful completion and passing of the written exam will allow participants to take the POWER test on Saturday, March 5, 2016, at 8:00 a.m. at Harlem Middle School. An oral test will be given at a later date also. Successful candidates will be subject to a thorough background investigation. Any questions regarding this examination process should be directed to Deputy Police Chief Mike McCammond at 815-654-5015, or at 540 Loves Park Dr., Loves Park, IL 61111. EOE

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25 DRIVER TRAINEES NEEDED! Become a driver for Stevens Transport! NO EXPERIENCE NEEDED! New drivers earn \$800+ per week! PAID CDL TRAINING! Stevens covers all costs! 1-888-734-6714 drive4stevens.com

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MEDICAL BILLING TRAINEES NEEDED! Train at home to process Medical Billing & Insurance! NO EXPERIENCE NEEDED! Online training at Bryan University! HS Diploma/GED & Computer/Internet needed. 1-888-734-6711

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TOP PRICES PAID
For your lame & injured cattle
Call Collect 815-871-2697

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FIND BARGAINS IN THE CLASSIFIEDS

For details on placing an ad in our Employment Section

Call Mary Jane 815-654-4850 ext. 22

or e-mail mjane@rvpublishing.com

Business & Service

DISH NETWORK - GET MORE FOR LESS! Starting at \$19.99/month (for 12 months) PLUS Bundle & SAVE (Fast Internet for \$15 more/month). CALL Now 1-800-390-3140 (MCN)

OUR HUNTERS WILL PAY top \$\$\$ to hunt your land. Call for a Free Base Camp Leasing info packet & Quote. 1-866-309-1507 www.BaseCampLeasing.com (MCN)

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AFFORDABLE WATER Softener Service

Service Call Special \$14.95

We Service Forest City & all other brands

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AM & PM Service

32 years of service

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Real Estate

Other Real Estate

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FIND YOUR NEXT HOME IN THE CLASSIFEDS

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Place your car, truck, motorcycle, boat or RV for one price and it runs until it sells.

\$19⁹⁵

1st three lines

Extra lines are \$1.95 each

28 papers

Starts for 4 weeks and if not sold you call us and we will renew at no additional charge!
(Maximum run 24 weeks total)

PRIVATE PARTY ONLY.

Ad must be prepaid. Deadline Friday at 4 p.m.

Call 608-897-2193

Real Estate

Other for Rent



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51 Clayton Ct.

Winnebago, IL 61088

1-815-335-7421 • 1-815-590-7761

Immediate Openings for 1 & 2 BR Townhomes!

Income Limits Apply (Max)

Amenities: W/D hook-ups, Range, Refrigerator, A/C Units,

On-site Laundry. Off Street Parking.

No Lawn to Mow or Walks to Shovel!

COME SEE YOUR NEW HOME TODAY!



Clayton Court is Professionally
Managed PPM L.L.C.
An Equal Opportunity Provider and Employer



For Sale

Announcements

CHILD CARE DISCLAIMER
No individual, unless licensed or holding a permit as a child care facility, may cause to be published any advertisement soliciting a child care service. A child care facility that is licensed or operating under a permit issued by the Illinois Department of Children and Family Services may publish advertisements of the services for which it is specifically licensed or issued a permit. Rock Valley Publishing strongly urges any parent or guardian to verify the validity of the license of any facility before placing a child in its care.

CHILDREN'S BOOK- Looking for some wholesome reading material for your young reader? Check out Richard the Donkey and his LOUD, LOUD Voice at www.RichardTheDonkey.com

DISCLAIMER NOTICE This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

DISCLAIMER NOTICE This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

HOTELS FOR HEROS - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org.

Misc. For Sale

PARKA: COLD WEATHER PARKA, Field and Stream, 4X Large, brown, \$35, like new, Call 815-568-8743.

Music/ Instrumental

FREE! UPRIGHT PLAYER piano, needs some TLC, Call 815-544-9664.

Notice

CLASSIFIED IN-COLUMN ADS cannot be credited or refunded after the ad has been placed. Ads canceled before deadline will be removed from the paper as a service to our customers, but no credit or refund will be issued to your account.

Personals

MEET SINGLES RIGHT NOW!
No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 800-357-4970 (MCN)

Sporting Goods

AMERICAN CLASSIC CUSTOM MADE POOL TABLE with accessories. Worth \$2000. Asking \$1250 OBO. Moving Must Sell. Can text photos. 815-291-5523

Automobiles

1987 OLDSMOBILE TORONADO V6 FWD. Car show beauty. New factory wheels, new tires. \$2300. 847-395-2669

1988 CADILLAC SEDAN Deville. Great Cond., all original, \$2,800 OBO 262-539-2233.

1996 CADILLAC DEVILLE 4 door, red w/white top, 45k, \$4,000 OBO Call 847-946-7660.

1997 CHRYSLER LHS Clean, runs great!. Sunroof. Must sell! \$1500 815-873-1622

1997 OLDS BRAVADA V6, 4-wheel drive, full power, 127,133 miles, asking \$2,200, see at 4625 Comet Drive in Machesney Park, 815-654-7683.

1999 GRAND AM GT 2 dr., red, auto, very clean inside & out, 137k, \$2,800 OBO Call 262-206-9688.

2000 CHEVY MALIBU runs good, good condition, \$900 OBO Call 262-496-8807.

2001 OLDS INTRIGUE, 135k, no rust, leather seats, below Blue-book at \$2,200. (262) 716-3657.

AUCTION SCHEDULE

Sunday, Jan. 17 -- 10 a.m. Woody's Auction House, 415 E. Pleasant St., Belvidere, IL. Coins, jewelry, Coca Cola collection, and much more. For complete list and photos, log on to AuctionZip.com. Woody's Auction Service, 415 E. Pleasant St., Belvidere, IL 815-544-0249. www.wooden-it-be-nice.net

For Sale

Campers and RVs

2002 FORD FOCUS runs great, \$550, Call Rick 414-416-9280.

2003 CHEVY MONTE CARLO SS black, moon roof, 177k, 6 cycl., runs & looks good, \$2,750 OBO Call 262-930-9109.

2003 MERCEDES BENZ C320 AWD, 160k, new tires & brakes, \$3,550 OBO Call 773-835-3800.

2007 Audi Q7 3.6 Quattro, 2nd owner, Condor grey metallic, panoramic roof, 3rd row seat, 90,000 miles. Must sell! \$15,900. Call 815-520-0997 Rockford IL.

Automobiles Wanted

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960

DONATE YOUR CAR TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 1-800-283-0205 (MCN)

Boats

18-22' BOAT WANTED: Cash? Trade: great rust-free 1987 Oldsmobile Toronado. V6 FWD, AIR, New webbed wheels, tires, headliner, loaded. 847-395-2669.

CHEVY BUS 60 PASSENGER used as camper, 3 double bunks, roof AC, electric converter box, refrigerator, \$2,500 OBO Call 262-206-3435.

SNOWBIRDS/CAMPERS! Showroom-condition 2015 43' Forest River Sierra 5th wheel. Model #370RDOK. Four slides, outdoor kitchen w/grill, King-size bed, rear living room w/sliding doors. Self-leveling system, \$74,000. 952-290-0755 (can email pictures) (MCN)

Farm Machinery

1960'S ALIS-CHALMERS WD runs & restorable, cycle mower, \$1,000 OBO Call 262-206-2302; after 5 pm Call 815-482-9011.

Motorcycles

2006 SOFTTAIL STANDARD, 600 miles. New Bars, Bags, Pipes, Mirrors, Tank Panel. Security System. 200 rear tire. \$11,500/OBO. Call after 5:30PM. 262-767-1904

Sports/Classic Cars

1994 Z28 CAMARO 6-speed aluminum heads, t-top, \$3,800 OBO Call 262-206-3435.

FIND YOUR NEXT AUTO IN THE CLASSIFEDS

AUCTIONS

Hack's

SUNDAY, JANUARY 10th – 11:00 A.M.

1288 Marigold Circle, Rockford, IL

Floyd & Reba West Trust Auction

High Quality Household Furnishings! Marble Top Bar Set, Oak King Size Bedroom Suite, Country Oak Dining Set, Leather Sectionals, Other Great New & Like-New Contemporary Furniture; Fine China & Glassware; Antiques & Collectibles; Artwork; Jewelry; Leaded Glass Windows; Decorative; Banks; Toys; Primitives; Clocks; Fishing; Office Items; Small Refrigerator; Small Appliances; Lawn & Garden; Tools & Equipment; Yard Machines 8 h.p. Snowblower; Home Smart Drive Mower; Much More!

NOTE: Mostly held indoors, come prepared.

Please log-on for Complete Listing & Color Photos! hacksauction.com

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BRAKE INSPECTION
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No other discounts apply.
See store for details. 1/13/16

\$19⁹⁹
**OIL CHANGE &
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TIRE ROTATION**
Our standard oil & filter change. Includes
visual inspection and up to 5 qts of oil. Most
cars Add \$3.00 for disposal fee. Not valid
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See store for details. 1/13/16

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TIRES
CALL
ANDY**

**BRAKES • ALIGNMENT • AIR CONDITIONING
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INTAKE GASKETS • AND MORE**

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