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YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, OCT. 16, 2019

## Roby's big day leads Panthers

By Trent Scheidegger  
SPORTS WRITER

The LeWin Panthers faced off with the Forreton Cardinals last Friday night. The Cardinals came in projected to be the Panthers' toughest competition to date, as Forreton was 6-0 and the number two team in the state for Class 1A play. The LeWin Panthers were just ahead of them, however, as they held the number one spot with their 6-0 record.

As always you can expect the Panthers to pound the run game as they have averaged nearly 350 rushing yards per game this season, but Friday night would be a true test for the offense as the Forreton defense had allowed just 125 rushing yards per game coming in.

The Panthers are notorious for getting off to a hot start, and they did just that on Friday. After beginning with the ball and finding themselves in a tough fourth and five situation, coach Ric Arand called timeout and sent in the perfect play as Luke Benson connected with Marey Roby for a slant pass that went 45 yards to the endzone for the first score of the night. The two point conversion gave them a quick 8-0 lead with nine minutes still remaining in the first quarter.

The Forreton Cardinals did not get off to a hot start themselves, fumbling on one of their first plays from scrimmage, Isaiah Bruce recovered and gave his team the ball back. The Panther offense was unable to take advantage, however, and were forced to punt. Sean Ormiston had one of his best plays of the night on his punt as he managed to pin the Cardinal offense inside their own five, around the two yard line. The Panther defense then proved strong and forced the Cardinals to punt from their own endzone, setting LeWin up with great field position once again.

See PANTHERS, Page 2



COURTESY PHOTO Shopper's Guide

## Le-Win Band Uniforms get new life in Texas

Universal Academy in Irving, Texas, is expanding their junior high-focused marching band program to include high school. Meanwhile, for years Lena-Winslow's old uniforms were collecting dust in the band room. The Le-Win Marching Band and Music Boosters decided to offer the uniforms to a band that could put them to good use. Universal Academy paid only shipping costs and now has a "fitting solution" for students who outgrew their middle school uniforms but want to continue with the program.

## Breakfast benefit scheduled for Lena firefighter

On Sept. 12, 2019 Volunteer Lena Firefighter Andy Larson was severely injured in a farming accident in rural Jo Daviess County. His injuries were extensive and it will be several months before Andy is able to return to active employment. A breakfast benefit will be held at the Lena Fire Station located at 405 West Railroad Street in Lena on Oct. 19. Breakfast items will include scrambled eggs, pancakes, sausage, potatoes, donuts

and rolls, milk, juice, and coffee. Donations never mind breakfast will be served from 7 to 10 a.m.; the breakfast is free of charge, however, donations will be graciously accepted. A bake sale will also be held at

the same time and, if anyone would care to donate baked goods, the fire station will be open Friday, Oct. 18 between 4 and 7 p.m. to accept your donation. All proceeds from the breakfast and the bake sale will

be donated to Lena firefighter Andy Larson and his family.

Larson and his wife Elaine live in Lena and Andy has been an outstanding member of the Lena Volunteer Fire Department for 18 years.

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# Invasive Species Workshop

Join Illinois Extension Energy and Environmental Stewardship Educator Jay Solomon on Thursday, Nov. 14 at the Jo Daviess County Extension Office, 204 Vine St. Elizabeth, IL, for a Fall Invasive Species workshop. The program will be held from 2 to 4 p.m. There is no fee to attend the program, but pre-registration is requested by Nov. 12. To register or for more information please visit us online at [go.illinois.edu/jsw](http://go.illinois.edu/jsw) or call us at 815-858-2273.

Fall is an excellent time to identify and work on controlling many of the invasive plants in our timber and prairie areas. Woody invasive plants such as autumn olive, buckthorn, bush honeysuckle, and multiflora rose are easier to identify and manage this time of year.

Why should we be concerned? "These plants are classified as exotic invasive species because they are not natives of the area and have distributive growth habits. They establish easily and displace native plants in our landscape without providing the same benefits to nature," comments Jay Solomon, Energy and Environmental Stewardship Educator. "For example bush honeysuckle can take over the understory of a forest area. Preventing tree seedlings from establishing, reducing safe and suitable nesting locations for song birds, and the berries provide a lower nutrition level for these birds. There are no winners except the bush honeysuckle."

Why right now? "Woody invasive plants tend to be the last to go dormant in the winter," Solomon continues. "Leaving the green plants in otherwise dormant landscape, easy to locate. They are building up nutrient stores in the roots, which make them more vulnerable to control measures." Mechanical (cutting or pulling), chemical control, and combinations of methods will be discussed.

The Jo Daviess Conservation Foundation Strike Team will be assisting in the presentation and weather permitting the group will travel to a local forest preserve to do on site observations after the classroom portion so please dress accordingly.

# •Panthers (Continued from front page)

The Panthers took advantage this time. After Benson ran for a key first down, it set up another big run by Roby, which led to a quarterback sneak touchdown for Benson. It was just Benson's seventh carry of the season, but his third score as he currently scores on an impressive 43% of his carry's.

Trailing LeWin by sixteen, Forreston began to find a rhythm and took advantage of some Panther penalties as they drove all the way down near the LeWin two yard-line. Just when it looked like they would score, the brick wall we call the "Panther defense" proved strong once again, forcing a turnover on downs and giving their offense the ball back. No one seen what was coming next as in the blink of an eye Roby took the ball up the middle for 95 yards as he scampered for his second touchdown of the night. This score extended the Panther lead to 24-0 as Bruce converted the two point conversion with five minutes left in the half.

Roby wasn't finished yet, however. The Panther defense forced another Cardinal punt, and Roby had a huge return to set his team up in great position. After a big, thirty

yard run by Ronnie Valentine, Roby found the edge again for his third score in the first half alone. The hat trick by Roby gave his team a 32-0 lead.

The LeWin defense was absolutely dominant as they quickly forced another Forreston punt which gave the offense the ball again. A screen pass to Chrisman took the ball to the Cardinal five, and set up a bull dozing run by Ormiston who broke three tackles on his way into the endzone. They would go for the two point conversion to attempt to get the running clock, but would fail which sent them into halftime with a 38-0 lead.

Forreston would eventually get on the scoreboard late in the third but a missed two point conversion left them trailing 38-6. The Panthers were able to get the running clock going in the fourth quarter when Setterstrom took it into the endzone to put his team up by forty, at 46-6.

The Cardinals managed to get one final score on the board after both team's swapped fumbles, and their quarterback ran it into the endzone to bring it to 46-12. The score would remain that way until the clock hit zero.

Forreston had just set their school record with their sixteenth straight win the week prior. Their previous record came in 2015 which was set at fifteen games and came to an end by none other than the Lena-Winslow Panthers. The Panthers looked to bring their streak to an end once again, and they did so in dominating fashion. They were led by the highly impressive game of Mar-ey Roby, who went off for over 150 total yards and three touchdowns as he was the player of the game.

Now sitting at 7-0, the Panthers will look to remain perfect when they face off with the 1-6 Galena Pirates at home this Friday.

## University of Illinois Extension to offer Certified Food Protection Manager Class

The University of Illinois Extension will offer the Certified Food Protection Manager Course, formally known as the Food Service Sanitation Manager Course (FSSMC). This two-part class is an American National Standards Institute (ANSI) accredited course, which meets the requirements of the Illinois Department of Public Health's Food Service Sanitation Code.

During this two-day class, participants will gain knowledge about principles and recommendations of the FDA Food Code focused on food safety and contamination, employee health and hygiene, safe food handling practices, cleaning and sanitizing, and HACCP.

The class will take place on Tuesday, Dec. 3, from 9 a.m. - 3 p.m. AND Friday, Dec. 6, from 9 a.m. - 2:30 p.m. at the Stephenson County Farm Bureau, 210 W Spring St, Freeport, IL.

Participants should bring a valid photo ID and arrive 15 minutes early to register, as class will begin promptly at 9 a.m. Participants must attend the full two-day training to be eligible to take the exam.

There is a \$100 registration fee.

This fee is for the purchase of the book, educational materials, examination, and lunch. Preregistration is required. To register, call the University of Illinois Extension at 815-235-4125 or visit us online at [go.illinois.edu/jsw](http://go.illinois.edu/jsw).

If you need a reasonable accommodation to participate in this program, please contact the Extension Office at 815-235-4125. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

## C-SPAN'S 16th Annual StudentCam video competition

Mediacom and C-SPAN announce the start of this year's annual student documentary competition and encourage middle school and high school students to participate in the video documentary competition known as "StudentCam." Students are asked to create a short video documentary, five to six minutes in length, and submit it online between Nov. 1, 2019 and Jan. 20, 2020.

This year marks the 16th Annual StudentCam competition, and the new topic for 2020 submissions is "What's Your Vision in 2020?" Entries will explore an issue that they most want presidential candidates to address during the campaign and, also analyze the current or historical significance of their chosen issue and include differing points of view.

Cash prizes of up to \$100,000 in total will be awarded to winning documentaries. Winners will be announced in March 2020 and the top-rated videos will be televised on C-SPAN in April 2020. Complete competition details and entry forms are available on the C-SPAN StudentCam website <http://www.studentcam.org>.

## GCGS members to learn to use FamilySearch Wiki

Green County Genealogical Society member Sharon Mitchell will show how to use the FamilySearch Wiki to research elusive English ancestors - and others with help from the FamilySearch wiki at their Nov. 2

meeting. The Green County Genealogical Society meeting will be held in the second floor meeting room of the Monroe Public Library at 10 a.m. Saturday, Nov. 2. Refreshments are

available for 15 minutes before the meeting. Visitors are always welcome and there is no cost to attend. You may call Donna Kjendlie (608-921-1537) or Sharon Mitchell (815-868-2416) if you have questions. Please leave a message if we are unable to answer.

The GCGS Research Center (located in lower level of the Monroe Public Library) is available to the public for research. Normal Research Center hours are: Tuesdays and third Saturday 10 a.m. to 3 p.m. and first Saturday after the meeting from 1 to 3 p.m. or by appointment by calling 608-921-1537. Main holdings are on Green County. Both Rock and Lafayette Counties are well represented as well as several other counties, states, countries, and ethnic groups. A large clipping collection of births, marriages and obituaries is available. Volunteers are on staff to help with research.

*From the Pearl City Historical Group:*

We want to thank Everyone who bought things from our stand at Loran Fest and the many people who told us to keep the change.

*Thanks to you all*

358252

## THE SHOPPER'S GUIDE

"Committed to the communities we serve"

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The Lena Lions Club would like to thank area residents who supported the Lena Lions Candy Day!

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Sincerely,  
The Lena Lions Club

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# Capitol Recap: Sterigenics to 'exit' Willowbrook

BY CAPITOL NEWS ILLINOIS

Sterigenics, a medical supply sterilization company linked to increased cancer risk in the DuPage County area, said Monday, Sept. 30, it plans to "exit its ethylene oxide sterilization operations in Willowbrook."

According to the U.S. Department of Labor, chronic exposure to ethylene oxide, used in some medical supply sterilization and manufacturing processes, can cause increased cancer risks, negative reproductive effects and other major medical problems.

Since February, Sterigenics was prohibited from using the gas by a seal order from the Illinois Environmental Protection Agency, which effectively forced its closure. A consent agreement between the state, DuPage County and Sterigenics approved earlier this month gave the company clearance to install the necessary equipment for its facility to reopen, however.

Sterigenics said in a news release Monday it could "not reach an agreement to renew the lease on its Quincy Street facility in Willowbrook in the present environment," and blamed the "unstable legislative and regulatory landscape in Illinois" for its decision not to reopen.

There are two bills — House Bill 3885 and House Bill 3888 — currently moving through the Legislature that would, respectively, give home rule municipalities greater authority to ban emissions of the gas and phase out its use over a period of years. They are expected to be on the table for discussion when the General Assembly returns for fall veto session on Oct. 28.

Both measures would build upon Senate Bills 1852 and 1854, which were signed into law earlier this year creating what both sides agreed were the strictest regulations on ethylene oxide in the nation.

State Sen. John Curran, a Downers Grove Republican who was among the first public officials to speak out against the company, was the Senate sponsor of one of those regulatory bills. He also opposed any avenue for Sterigenics to reopen.

"This is tremendous news for the people of Willowbrook and the surrounding communities," Curran said in a statement. "The risks involved with this facility reopening were simply too great to the public health.

This announcement from Sterigenics is the direct result of the tireless advocacy of Stop Sterigenics and other community organizations who have proven once again that when we all work together, we will not be stopped. Now it is our job to remain vigilant in continuing to protect the health of those we serve."

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## COURTS SYSTEM AGENDA:

A panel of Illinois judiciary members and stakeholders developed a three-year plan, announced Wednesday, Oct. 2, during an event in Chicago, designed to "improve the delivery of justice and better serve the public."

In what Supreme Court Chief Justice Lloyd Karmeier called the "most significant step forward" his branch of government has undergone since the amendment creating a unified court system in the state, the guide outlines a mission statement, vision edict and five core values meant to be its "blueprint for the future."

"If the courts are to continue to make good on the promise of equal justice under law in this new and challenging environment, we must be proactive. Waiting for problems to develop and then responding will no longer do," Karmeier wrote in the document. "Rather, it is critical that we anticipate the difficulties ahead and prepare for them in a reasoned and coordinated way, drawing on the insights and experience of every part, every level and every region of the Judicial Branch."

Issues affecting the judiciary include the appropriation and use of "limited resources," changing technology and data collection, Marcia Meis, director of the courts' administrative office, said.

The Judicial Conference crafted the Strategic Agenda's five goals to address those difficulties, holding in mind the vision statement it created as well: "To be trusted and open to all by being fair, innovative, diverse, and responsive to changing needs."

The panel of 29 conference members — 15 judges from varying levels and geographic areas and 14 non-judicial members — "did not reinvent the wheel," retired judge S. Gene Schwarm said. Instead, they focused on five states similar to Illinois that have a comparable plan in place.

Goals include "accessible justice and equal protection under the law;" "procedural fairness, timeliness, and

operational efficiency;" "professionalism and accountability throughout the judicial branch;" "understanding of and confidence in the judicial branch;" and "sufficient funding and effective use of judicial branch resources."

"Having identified those goals, it falls to us to see them through," Karmeier said.

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**SANDOVAL UPDATE:** Democratic Gov. J.B. Pritzker on Wednesday, Oct. 2, called on Sen. Martin Sandoval (D-Chicago) to step down as chairman of the powerful Senate Transportation Committee in the wake of an FBI investigation into possible corruption and bribery involving public contracts.

"While Senator Sandoval is under investigation, it's in the best interests of our state that he no longer serve as chairman of the Transportation Committee," Pritzker told reporters shortly after an unrelated event in Oak Lawn. "If he doesn't step aside, he should be removed."

A spokesman for Senate President John Cullerton, however, said the Senate president was not yet ready to make any moves.

Those comments came a day after Cullerton's office, responding to open records requests, released heavily-redacted copies of the search warrant that was issued Monday, Sept. 23, for Sandoval's Statehouse office.

That warrant was executed the following day when federal agents were seen carrying out computers, boxes and brown paper bags marked "EVIDENCE."

Although the names of specific individuals and companies were blacked out, the documents indicate

agents were looking for information and communication related to several businesses, at least two lobbyists, one or more municipalities, five Illinois Department of Transportation officials and items "related to any official action taken in exchange for a benefit."

Sandoval, a Democrat, was instrumental in pushing through a \$45 billion capital infrastructure bill this year that will fund repairs and improvements to state highways, bridges, university campuses and other public facilities.

Sandoval has not been charged with wrongdoing. He has not issued any statements regarding the searches.

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**EDUCATION FUNDING:** Education officials in Illinois say the state is making solid progress under its new evidence-based funding program in narrowing the wealth-based disparities among school districts, but an analysis of the first year of that program shows just how far the state still has to go.

During the 2017-2018 academic year, new data from the Illinois State Board of Education shows, school districts with large amounts of property wealth were better funded than their property-poor counterparts, enabling them to spend more money per-pupil. That in turn translated into higher student test scores in math and English language arts.

Meanwhile, residents of property-poor school districts generally paid higher property tax rates than people in wealthy districts, while their school districts continued to be underfunded and fewer students in those districts were able to meet state

expectations on standardized tests.

Those are the conclusions of an analysis by Capitol News Illinois that examined financial information from 850 public school districts, combined with school performance data from the Illinois Report Card during the 2017-2018 academic year, the most recent year for which all data is available.

"None of that surprises me," said Sen. Andy Manar, D-Bunker Hill, said in an interview. "None of what the state board released is shocking to me because the compromise at the end was an incremental step." He is the chief architect of the evidence-based funding system.

The evidence-based funding system went into effect in the 2017-2018 school year, and final numbers for that year from the Illinois State Board of Education were just released in August.

Those numbers show that total funding for 850 school districts — including local, state and federal funds — ranged from 47 percent of adequacy in the J.S. Morton High School District in Cook County to 288 percent of adequacy in the Roundout School District, an elementary district in Lake County.

All told, 652 districts received less than 90 percent of their adequacy target, including 144 that received less than 60 percent of their adequacy. The average across all districts was 79.5 percent of adequacy.

Property wealth was the single biggest determinant of how adequately funded a district is.

Taxable property value during the

See RECAP, Page 4

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# TRICK OR TREAT!!!

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# Recap (Continued from page 3)

2017-2018 year ranged from a low of \$19,332.45 per-pupil in the DePue district to a high of more than \$2.5 million per-pupil in the Round-out district. The average among the 850 districts was \$252,070.55.

According to ISBE data, there was a clear correlation between property wealth and funding adequacy: Poorer districts tended to be the least adequately funded, while wealthier districts enjoyed the greatest funding.

The data also shows a clear relationship between funding levels and student performance on standardized tests. Students in the best-funded school districts routinely scored higher on tests of English language arts and math.

**COLLEGIATE ATHLETES:** An Illinois lawmaker is sponsoring a bill to allow college student athletes to sign endorsement deals, hire agents and benefit financially from the use of their likeness after California became the first state in the nation to pass such a law earlier this week.

"First and foremost, it's about fairness and equity, and athletes being able to profit off their own names and their own likeness," said Democratic Rep. Emanuel "Chris" Welch, of Hillside.

Welch said universities make millions off student athletes each year, and the NCAA — the governing body that oversees college athletics — generates tens of billions of dollars each year. The association's rules, however, prohibit endorse-

ment deals and prevent student athletes from cashing in on the popularity of collegiate sports which they helped create, he said.

Welch's measure, House Bill 3904, duplicates the California law and states any association, including the NCAA, "may not prevent a student athlete ... from earning compensation as a result of the use of the student's name, image, or likeness." The bill also prohibits the NCAA from barring a university from competition if its athletes are compensated in such a manner, and prohibits universities from upholding any rules that ban endorsements. The bill would apply to both public and private universities.

While it allows student athletes to hire agents, it does not pave the way for them to seek salaries or payment, outside of scholarships, from their college or university, Welch said.

"The salary issue is completely separate and apart from an athlete being able to sign an endorsement deal to profit from their own name and their own likeness," Welch said. "I have no concerns about this threatening the purity of the sport and amateur sports. ... This is a very tightly-written bill that I think takes that concern into consideration and eliminates it."

Welch said the bill does prohibit a student athlete from receiving an endorsement from a direct competitor to a partner organization of their university.

"For instance, if the university has a contract with Under Armour,

players can't sign a deal with Nike," he said.

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**ISBE BUDGET HEARINGS:** The Illinois State Board of Education has scheduled four hearings in different parts of the state to gather input in the coming weeks for its budget request that will be sent to the governor and General Assembly in January.

In a news release announcing the hearings, Illinois Education Superintendent Carmen Ayala touted the state's evidence-based funding formula, which was passed in August 2017.

"Illinois has made historic investments in Evidence-Based Funding and early childhood education that have transformed entire communities," Ayala said in a statement. "The voices of educators and community partners must be front and center as we advocate for the adequate and equitable resources our

students need to continue to grow."

That formula separates school districts into four tiers based on how far they are from adequate funding. Each district receives an adequacy target determined by a number of factors impacting student performance, such as class size, number of low-income students, English language learners and students with special education needs.

The upcoming hearings will be facilitated by ISBE Finance and Audit Committee Chair Jane Quinlan.

The hearings will take place: Immediately following the board's regular meeting on Wednesday, Oct. 16, at East St. Louis Public Schools Administration Building, 1005 State St., East St. Louis

From 3:30 to 5:30 p.m. Wednesday, Oct. 23, at the Bloomington High School Senior Cafeteria, 1202 E. Locust St., Bloomington

From 3:30 to 5:30 p.m. Wednesday, Nov. 6, at the Dr. Nick Osborne

Primary Center CORE Classroom, 401 N. 30th St., Mount Vernon

From 1 to 4 p.m. Thursday, Nov. 21, at the James R. Thompson Center Room 16-503, 100 W. Randolph St., Chicago

## Lena Volunteer Fire Department 2019 Raffle

Raffle ticket sales have been extended!

Drawing will be held on Oct. 28.

Tickets are available at All Lena Bank locations OR from ANY Lena Fireman

Matt Strong 275-4516, Ryan Thomas 990-2715, Brad Strong 275-5933, Shane Gerber 297-4368, Eric Thomasson 821-5265, Adam Leverton 238-7695, Brian Eilders 238-8205, Ian Blair 541-5583, or Lena Fire Station 369-2715

The cost of the ticket is \$10 each or three for \$20.

Five cash prizes will be given away!

Ticket stubs and money may be returned to Lena Volunteer Fire Department

P.O. Box 46 Lena, IL 61048 or given to any Lena fireman.

Your support of the Lena Fire Department is greatly appreciated!

"Lending A Hand To Those In Need"

## NARFE Palisades Chapter 604 schedule October meeting

The 12 Noon lunch meeting of the National Association of Active and Retired Federal Employees (NARFE) Palisades Chapter 604 will be on Thursday, Oct. 17 at Manny's in Savanna. Ken Thompson from Blue Cross Blue Shield will be the speaker. Contact President Jorene Willis Lieb at 815-541-4105 to RSVP if you are not on the permanent list.

## College news

### UW-La Crosse announces Summer 2019 graduates

The following area students completed degree requirements at the University of Wisconsin-La Crosse in August.

Pearl City, IL - Dani Lee, Bachelor of Science, Exercise and Sport Science Major: Sport Management, Honors

UW-La Crosse, founded in 1909, is one of the 13 four-year institutions in the University of Wisconsin System. UWL has more than 10,500 full and part-time students enrolled in 101 undergraduate, 28 graduate and two doctoral academic programs.

## Reducing damages caused by severe weather

The Jo Daviess County All Hazard Mitigation Planning Committee will hold its first update meeting on Tuesday, Oct. 29, at 1 p.m. at the Crossroads Community Church, 900 Galena Square Drive, in Galena. This Committee, comprised of County and municipal representatives as well as technical partners and stakeholders, will meet over the next several months to update the County's All Hazards Mitigation Plan to reduce the damages caused by natural hazards and man-made hazards such as floods, thunderstorms, snow and ice storms and tornadoes, among others. Interested residents are invited to attend and can ask questions at these meetings.

"The goal of this Plan is to identify projects and activities that reduce the harm to people and property before severe weather strikes", said Charles Pedersen, Jo Daviess County Emergency Management Agency Emergency Manager. This Plan must be updated every five years and the process to update it will be funded through a grant from the Illinois Emergency Management Agency. "This plan is different from the County's emergency response plan because it focuses on ways to reduce and prevent damages before they occur", added Pedersen.

The process to update this Plan as well as the frequency and damages caused by severe storms and other natural disasters in Jo Daviess County will be discussed at this first meeting. "The purpose of this meeting is to identify how often severe weather events occur within the County and what kinds of damages have resulted. Based on this information we will begin to develop and update each participant's list of activities and projects," said Pedersen.

After a draft of the Plan update is prepared, a public forum will be held to present the Plan for review and comment. The Plan will be revised based on comments from the public and the state and federal government agencies. Following these revisions, the Plan will be presented for adoption at public meetings held by the County and at each of the participating municipalities.

## Northwestern Illinois Community Action Agency (NICAA) Senior Citizens Services Golden Meals Program

NICAA Golden Meals Program serves senior citizens in Stephenson, JoDaviess, Carroll, and Whiteside Counties.

NICAA Golden Meals delivers hot mid-day meals to persons 60 years of age and older who are homebound and are unable to make their own meals or are unable to attend a congregate site. Hot meals are delivered Monday through Thursday with a cold tray for Friday and frozen meals for the weekend.

The Golden Meals menus provide one-third of the USDA recommended daily allowances for senior citizens and are approved by a registered dietitian. Each meal included 3 ounces of protein, two ½ cup servings of fruits or vegetables, bread, and milk.

Congregate meal sites are located at:

- 524 West Stephenson St. in Freeport,
- Mest Manor at 525 3rd St. in Savanna,
- Dew Drop Inn at 104 Main St. in Rock City.

Meals are served from 11:00 a.m. to 12:45 p.m. Monday through Friday.

A confidential donation of \$3.00 per meal is requested. No one will be denied service due to their inability to donate.

For more information or to begin home-delivered meal service, call the NICAA Golden Meals office at 815-232-8896.

The Northwestern Illinois Community Action Agency Senior Citizens' Services Golden Meals Program is funded in part with Title III-C Older Americans Act funds received through the Illinois Department on Aging and the Northwestern Illinois Area Agency on Aging.

NICAA golden Meals does not discriminate in admission to programs or treatment of employment in programs in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act and Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions.

### Portrait of the Month



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# ON THE RECORD



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## James & Diane Burris celebrate 50th Anniversary

James & Diane (Pieper) Burris were married on Oct. 11, 1969 at the Wesley United Methodist Church in Stockton and are current residents of Stockton.

They have three children, Lori (Michael) Olmstead, Lisa (Darrin) Glass, Steve (Tara) Burris. They have 10 Grandchildren, Tyler, Madison, Joshua, Logan, Hailee, Mauricio, Isaha, Huntlee, Noah, and Romeo.

You are invited to an open house to wish this couple a Happy Anniversary on Oct. 19, from 2-6 p.m. at the Stockton Park House.

## Obituary

### JEFF J. KLEVER

Jeff J. Klever went to be with the Lord on Tuesday, Oct. 8, 2019, at the FHN Memorial Hospital in Freeport, IL. Jeff was born on March 12, 1976 in Freeport, IL to Steve Klever and Lynn Kohler Hoff. He married Lu Ann Sellman on May 28, 2016 in Freeport, IL. Jeff had a very outgoing personality, was a farmer growing up, an avid John Deere collector, he enjoyed going to tractor pulls and most of all loved his family. He was a member of the Faith Center Church of Freeport, IL and a member of the Stephenson County Farm Bureau.



Jeff is survived by his wife Lu Ann of Lena; father Steve (Jan) Klever of Freeport and mother Lynn (Mike) Hoff of Freeport; siblings- Joe (Holy) Klever of Freeport, Jon (Megan) of Bryan, Ohio, and Jenny (Shane Kraft) Klever of Cedarville, IL; grandmother Nancy Klever of Freeport; step-children- Tyler (Megan) Sellman of Madison, WI, Joseph (Alicia Atwell) Sellman of Fitchburg, WI, and Amy (Lucas Dias) Sellman of Fitchburg, WI, and numerous nieces and nephews.

He was preceded in death by his

grandparents.

Funeral service and visitation were Saturday, Oct. 12, 2019 at the Faith Center in Freeport, IL.

Pastor Michael Sowell will officiate the service.

Burial is at Chapel Hill Memorial Gardens in Freeport, IL

A Luncheon followed the burial at the Faith Center Church, Freeport, IL.

A memorial has been established in his name.

Condolences may be sent to the family at [www.leamonfh.com](http://www.leamonfh.com).

## Warren Women's Club update

We would like to thank our guest Sharon & Brian Lieb for their music, it was great. We would like to have them come back sometime in the future. "Thank You" again. Our first meeting was something different, but good.

The meeting was brought to order and the committee reports were given and approved. The next order of business is the removal of two Constitutional Amendments on page 32 in the Current program book. To delete Section #7 and Section #8 of Article Eight. The vote will be taken at the Oct. 22, 2019 meeting. The Proposed Constitutional Amendment sheet was passed at the September meeting. If you did not attend the September meeting, call some of the members that did attend.

We would like to "Thank" the Social Committee for an interesting lunch: Joan Holm, Jan Barker, Shirley Miller, and Mary Vincent.

We will have our next meeting on Oct. 22, at 12 Noon. The program will be Erin Kayser of Jo Daviess Local Foods. Hope to see more of you attend the meetings.

## Northwestern Illinois Community Action Agency PY20 LIHEAP, PIPP and Weatherization Assistance Programs

Northwestern Illinois Community Action Agency has funding from the Department of Commerce & Economic Opportunity (DCEO) to assist residents of Jo Daviess and Stephenson Counties with home heating utility costs (gas, propane, electric) through the Home Energy Assistance Program (LIHEAP), Percentage of Income Payment Plan (PIPP) and Weatherization Programs.

LIHEAP clients with ComEd and/or Nicor Gas as utility providers may have the option of choosing between the traditional Direct Vendor (DVP) one-time payment or the Percentage of Income Payment Plan (PIPP). The choices will be explained to clients during their application visit. PIPP applications will be taken until Dec. 31, 2019 or until funding is exhausted. LIHEAP applications will be taken until May 31, 2020 or until funding is exhausted.

**Beginning Monday, Oct. 1, 2019**, income eligible seniors (age 60 and older) and people receiving disability benefits may call to schedule an appointment to apply for assistance.

**Starting Nov. 1, 2019**, income eligible households without home energy service (**are disconnected or have a disconnect notice from their primary and/or secondary heating utility**) and families with **children age 5 and under** may also call to schedule an appointment to apply.

**Starting Dec. 2, 2019**, all other income eligible households may call to schedule an appointment to apply.

Eligible households may call 800-883-1111 or 815-232-3141 from 8:00 a.m. to 3:30 p.m. to schedule an appointment to apply for assistance at one of the following locations.

- NICAA Main Office- Freeport • Stockton Banking Center
- Warren Township Library • Hanover Village Hall
- Citizens State Bank of Lena • East Dubuque Library
- Illinois Bank & Trust - Galena Downtown
- German-American State Bank - German Valley

**Income Guidelines:** To qualify, a household must have a 30 day gross income at or below the level shown below for 30 days prior to and including the application date.

1 person household - \$1,561      2 person household - \$2,114

3 person household - \$2,666      4 person household - \$3,219

Add \$553 for each additional person in the household

**\*\* The following documents will be required to apply for assistance. \*\***

- Social Security Cards for all members of the household. **No other document can be accepted as proof of social security number.**
- Proof of all gross income for all household members for 30 days including the application date including pay check stubs, SSA/SSI/SSD current benefit letters, pension/retirement statements, child support, unemployment reports, TANF/AABD/Township GA assistance notices, self employment reports, and proof of zero income
- Complete current heat and electric bills **and** disconnect notices you may have received.
- Medical Card from Illinois Department of Human Services
- Copy of current lease or rent receipt
- Proof of Homeownership (Title for Mobile Homes) and tax bill are required for weatherization assistance.

Northwestern Illinois Community Action Agency  
27 S. State Ave., Suite 102, Freeport, IL 61032  
Phone: 815-232-3141 or 800-883-1111 • [www.niccaa.org](http://www.niccaa.org)

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# CHURCH NEWS

## Donate blood to help those fighting cancer

During Breast Cancer Awareness Month this October, the American Red Cross urges eligible donors to give blood to provide hope and healing to patients fighting cancer.

Breast cancer is the second most common cancer in women, and more than 268,000 women are expected to be diagnosed with breast cancer this year.

In August 2016, Myel Bowers-Smith went to the doctor for what she thought was a breast infection for a mosquito bite after a vacation in Cancun. Instead, she received the devastating diagnosis – she had stage 4 inflammatory breast cancer, a very rare and aggressive breast carcinoma. Bowers-Smith, a U.S. Army veteran, committed to fighting for her life. “Once I began fighting, I knew I had to remain strong,” she said. Her aggressive care plan included five different chemotherapy treatments and steroids.

Like many patients with cancer, Bower-Smith needed multiple blood product transfusions. Cancer patients undergoing surgery and chemotherapy may require red blood cell or platelet

transfusions. In fact, more than half of all platelets collected by the Red Cross are used by patients with cancer.

After months of grueling treatments, in August 2017, Bowers-Smith celebrated the news that her cancer was in remission. Today, she enjoys sharing her story and encouraging others to be a blessing by donating blood or platelets. “Eligible donors, you have something good – which is your blood. A pint of blood can help save lives.”

Donors of all blood types and those with type O blood are needed to ensure a stable supply for cancer patients and others this fall. Appointments can be made by downloading the free Red Cross Blood Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

As a thank-you, those who come to give blood during the month of October will automatically be entered for a chance to win one of five \$500 gift cards redeemable at hundreds of merchants, courtesy of Tango Card. Terms apply; see [rcblood.org/game](http://rcblood.org/game).

### Upcoming blood donation opportunities Oct. 16-31:

East Dubuque  
10/25/2019: 11 a.m. - 3 p.m., East Dubuque, 100 School Rd.  
Elizabeth  
10/31/2019: 10:30 a.m. - 3:30 p.m., Jo Carroll Energy, 793 US Route 20 West  
Scales Mound  
11/6/2019: 2:30 p.m. - 6:30 p.m., Scales Mound High School, 210 Main St

### How to donate blood

Simply download the American Red Cross Blood Donor App, visit [RedCrossBlood.org](http://RedCrossBlood.org), call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) or use the Blood Donor App.

### 'Gone Fishin' will be at Gospel Night at First Presbyterian

On Sunday Oct. 13, “Gone Fishin” will be the featured musicians at the First Presbyterian Church of Apple River, IL 7-8:30 p.m. for Gospel Night.

Following the featured group, an open mic jam session will be held for the remainder of the evening. Everyone is invited to come and enjoy jamming with friends.

For more information, please contact Pastor Kathy Linn 815-858-5410

### Good Shepherd Lutheran Church

All are invited on Oct. 20, to Good Shepherd, 118 E. Mason St. Lena, IL for worship service with Holy Communion at 9:30 a.m. Men's choir and chimes will play at the service. Fellowship time with juice, coffee and treats will follow after worship service. All children will gather for Sunday school for the opening at 10:45 a.m. with songs, prayers, and learning. Confirmation class will meet at 11 a.m. Choir rehearsal will be at 11 a.m. and Chimes/hand bell practice at 5 p.m.

On Wednesday Oct. 23, at 8 a.m. the Piece Corps Quilters will work together to craft quilts for Lutheran World Relief. They are always looking for more people to help tie quilts and sew. No previous quilting experience is necessary. Come join the fun and make a difference in the world!

On Saturday Oct. 26, Good Shepherd will volunteer at Le-Win Food Pantry.

September and Oct. are food pantry months. We will collect donations for the local food pantry. Personal hygiene products are always appreciated. Just bring your donations to the church.

If you have any questions, please call the church at 815-369-5552.

### Morseville Church to hold

Mark your calendar: Morseville Church will hold their Fall service on Oct. 27, at 2 p.m. at the Church. Gospel music will be provided by “Trinity Men's Quartet”. Everyone is welcome to come and enjoy the music. Fingerfood and fellowship to follow in the church basement. Morseville Church is located at 12231 E. Morseville Rd. Stockton IL.

### Salem United Church of Christ (Lena)

The sermon for the worship service Sunday, Oct. 20 at Salem United Church of Christ, 8491 W. Salem Road, Lena, is titled “Blackboards, Smartboards and Your Heart” and is based on scripture from Jeremiah 31:27-34. Sunday School for adults and children begins at 9:30 a.m. and worship is at 10:30 a.m. A pot luck dinner follows immediately after worship and at 1:00 p.m. the congregation will convene for its annual business meeting in the sanctuary. The agenda will include financial and activity reports from the past year, election of officers, and approval of the budget for the coming year.

The Wednesday Morning Breakfast Group will meet for breakfast at 8 a.m. on Wednesday, Oct. 23, at Big Apple Restaurant at 1427 W. Galena Avenue in Freeport.

### St. John's Lutheran Church (Lena)

On Sunday, Oct. 27, St. John's, Lena will hold “Friendship Sunday.” This theme was chosen to encourage everyone in the community who is looking for a church home to visit St. John's and experience our worship service and friendly congregation. Services are at 8 and 10:30 a.m. on Sundays (5:30 Sat evenings). On Friendship Sunday light snacks and beverages will be served between services, so you can attend either time.

There are many young children at St. John's, so bring your whole family and the children can check out our unique Sunday School. The typical Sunday School is anything but typical at St. John's! We invite your children to an interesting and exciting way to learn the Bible through our program called BLAST! (Bible Learning Activity Stations). Activities include movies, music, computers, art and crafts. BLAST! begins with children at age 3 and continues through sixth grade. All are welcome; we would love to have your children in BLAST!

Teens are active, too! Classes are held in the Youth Room located in the church's new addition. Not only are the Bible topics of special interest to their age, but also the room has all the comforts that teens enjoy. Come join us!

Our members are encouraged to invite a friend or acquaintance, so you may receive a personal invitation. In any event, please visit one of our worship services and get to know our friendly St. John's family.

Everyone in the community is invited to join us for worship any Saturday, 5:30 p.m. and Sunday, 8 & 10:30 a.m. Sunday School and Bible Classes are 9:15-10:15.

*14th Annual* **Fall Luncheon**

**Wesley United Methodist Church**  
**Stockton, IL**  
**Sunday, Oct. 20 at 11:30 a.m.**  
**Fellowship Hall**

Featuring: Chicken & dressing, BBQ, beef sandwiches & hot dogs. Chili, potato & chicken noodle soups. Potato salad, cinnamon applesauce, lime-pineapple jello, assorted pies, cakes and bars!

Carryout food items available.

Serving through the  
**Big White Church Auction.**  
Auction start time 12 p.m.



Lena United Methodist Women's Annual

**BREAKFAST BUFFET**

**Crafts & Sweet Shop**

**Saturday, Oct. 19**  
**8 a.m. - 11 a.m.**

**Adults \$7 • Children under 10 \$4**



*Buffet menu includes:  
Scrambled eggs, biscuits & gravy, baked French Toast,  
sausage, ham, fruit bowl, cinnamon rolls and beverages.*

**Our Raffle Prizes this year are:**

**1st - Quilt made by Pastor Keri Rainsberger**

**2nd - Basket of goodies from Mill Furnishings & Design**

**3rd - \$25 gift certificate from AJ's Lena Maid Meats**

*You do not need to be present to win.*

*United Methodist women have tickets for sale now.*

Lena United Methodist Church • 118W. Mason St. • Lena, IL

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**Dr. Jim Erb, Senior Pastor**  
**Rev. Scott Wilson**  
Assoc. Pastor of Youth

**Sunday Worship 10:00 a.m.**  
**Sunday School/ABF 8:45 a.m.**  
AWANA-Wednesdays 5:30 p.m.  
**Youth Group Wednesdays**  
Jr. High - 5:30 - 7:00 p.m.  
Sr. High - 7:00 - 8:30 p.m.

*Listen to pastor's weekly sermon  
at [www.lenafreechurch.org](http://www.lenafreechurch.org)*

## Fall Festival at Pearl City UMC

Pearl City UMC announces its Annual Fall Festival on Wednesday, Oct. 23, from 4-7 p.m. Come one, come all for a lot of fun and fellowship. We will have fun fall games (bobbing for apples, pumpkin race, candy corn bowling, apple launcher, etc.) with new prizes, a hot dog dinner, and crafts. We will also have a bouncy house and a pinata! Come on out and have some fun! Pearl City UMC is located at 411 S. Main Street, Pearl City. For more information, you can call the church office at 443-2177 or email at [pearlcityumc@gmail.com](mailto:pearlcityumc@gmail.com).

# Highland Foundation Legacy Gala extends ticket opportunity

The Highland Community College inaugural Legacy Gala is on Saturday, Nov. 2 at the Wagner House in Freeport, with the presentation of the first-ever HCC Legacy Lifetime Achievement award.

At the Legacy Gala, the HCC Foundation will recognize individuals and corporate partners that demonstrate a shared responsibility in transforming the lives of the students through an accessible, affordable, and rigorous learning experience. The fundraising event continues with the traditional dinner, entertainment, silent auction as well as the \$5,000 in five minutes for the H.O.P.E. student emergency fund.

The evening highlights the first presentation of the HCC Legacy Lifetime Achievement Award. The award honors an individual who has made a lasting impact on Highland Community College and its success. The 2019 inaugural recipient is Del Scheider, one of the "founding fathers" of HCC, and a lifetime member of the HCC Foundation Board of Directors.

The venue will seat 330 guests and early registration is encouraged. There will be a seated dinner on the third floor, followed by a formal program. A silent auction and live entertainment will be featured on the second floor of the Wagner House. Funds raised from the Legacy Gala will be directed to the highest and greatest needs of the College.

For more information go to [bidpal.net/hccgala](http://bidpal.net/hccgala) or call 815-599-3413.

# Cole & The Gang are ready to rock Freeport

The horn-driven power sounds of the Sixties and Seventies will be back at the Masonic Event Center this Oct. 19. But the show isn't all about the past, according to one artist. "We see this concert as being about the present as well as the past, and also about a high level of musical quality," said Clyde Cole.

Cole will be one of the lead performers in Cole & The Gang, the headliners in a concert presented by Downtown Freeport Events. They'll be joined by numerous artists from the region.

The core of Cole & The Gang is the four Cole brothers—Steve, Carl, Clyde, and Michael—who are well known in the local musical scene. Steve is known as a talented performer and was instrumental in creating (and sang lead in) the Juke Box Rock & Roll event. He was also the frontman of bands such as Zebra, Hard Core Blues Band, and Soular Eclipse. Keyboardist Carl is known for his Sounds of Good News and other music ministry efforts, and Clyde has added his talents to a number of bands and worship teams. And of course, Michael has joined them and performed as The Cole Brothers.

Other musicians performing as part of Cole & The Gang or as featured acts include:

The Hotel Horns, part of the award-winning Rockford ensemble Groove Hotel

Groove Hotel frontman Johnse Holt and founding member Phil Pilcher

Gary Downing, formerly of The Classics, The Nomads, and Jukebox Rock & Roll

The Jazz Alliance, a band of talented local artists

The Main Street Exiles blues band, led by Dean Wright

C. J. Howling, a rising artist who specializes in "Raunchy Classic Outlaw Country Rockabilly."

"Each of these musicians has their own popularity, specialty, and experience, but together we can synthesize

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# Sanders named champion of oral health

Mike Sanders, Fowler Dental Clinic (FDC) Board President and Monroe Clinic President & CEO, has been honored with the Wisconsin Oral Health Coalition (WOHC)'s 2019 Warren LeMay Oral Health Champion Award. The annual award is given to an individual or organization that exemplifies WOHC's mission to create meaningful change, to improve oral health and access to care in Wisconsin.

FDC provides free dental services to children in low-income families in Green and Lafayette Counties. Since opening in 2009, FDC has served over 700 children providing over \$640,000 in dental services.

FDC's growth and community impact reflects Sanders' steadfast leadership and guidance as the FDC Board President. With his years of dedicated service on the board, Sanders helped Fowler Dental Clinic overcome many challenges. This includes facilitating the move to a new location on the Monroe Clinic campus, access to Monroe Clinic's surgical suites and active pursuit of dental professionals to support the Fowler Dental Clinic and its mission.

"I am honored to be receiving the Warren LeMay Oral Health Champion Award," stated Sanders. "I believe this award is not a personal achievement, but really the recognition of what can be accomplished when a community rallies around a need, and works together, to make

things happen."  
 If you qualify for free dental services, are a dental professional looking for a rewarding and flexible

practice opportunity, or would like to donate to a worthy organization, contact Fowler Dental Clinic at 608-328-9404.



COURTESY PHOTO Shopper's Guide  
 Mike Sanders, Monroe Clinic President & CEO, receiving the Warren LeMay Oral Health Champion Award from Dr. Tina Sopiwnik at the 2019 Wisconsin Oral Health Conference held on Sept. 24, in Marshfield, WI.

# 50th anniversary CROP Walk event

The 2019 Freeport Area Crop Walk will take place Saturday Oct. 19. Opening ceremony and step-off will be at 9 a.m. Registration will begin at 8 a.m. at Debate Square (Between the Freeport Public Library and Union Dairy, on Douglas St.) Freeport has held a Walk for over 30 years. Walkers will be able to choose one, two, or six mile routes in the city-center area and will collect donations to support development, emergency needs, and fight hunger and poverty locally and around the world. 75% of the funds will go to Church World Service who will distribute the money to major hunger and relief organizations that donors have the opportunity to designate. 25% will go to local food pantries. \$12,610 was raised in 2018 by local participants. This year's goal is \$15,000.

**Wednesday, Oct. 23** 4-7 pm

🍁 GAMES      🍁 PRIZES  
🍁 FOOD  
🍁 BOUNCY HOUSE

**411 S. Main St.**

[www.pearlcityumc.org/fall-festival](http://www.pearlcityumc.org/fall-festival)  
[www.facebook.com/pcumcil](http://www.facebook.com/pcumcil)

358671

**McCONNELL'S FAMILY HAYRIDE & BONFIRE NIGHT**

**Saturday, October 26 5 pm**

**SPOOKTACULAR!**

HALLOWEEN COSTUME CONTEST

food, fun, and more!

McConnell UMC 211 N. Hulbert Rd.

McConnell UMC is not responsible for any loss or injury during this event  
 Questions??? Call 815-275-8388

358403

# FROM LENA'S KITCHEN



The not so skinny cook

We finally got some cooler weather and sunshine early last week; of course we had to have some rain this weekend. At least the cooler weather makes it seem more like fall. If we want to have some colored leaves, I think we need some sunshine and dry weather. One of the sure things in life is that we really can't do anything about the weather! Enjoy some of this fall's recipes this week.

If you have a few cucumbers left, this easy cucumber salad will help you get rid of them. The recipe calls for using a salad spinner. If you don't have one of these, they are worth the investment. They really do get rid of the moisture on lettuce, cucumbers, carrots, and other vegetables. It is easier than trying to pat them dry. It is also cheaper after the initial investment because you aren't using all those paper towels. The dill makes these extra tasty.

## Creamy Cucumber Salad

- 2 large cucumbers, peeled and thinly sliced (6 Cups)
- 1 sweet onion, thinly sliced
- 2 t. sea salt
- 1 C. mayonnaise
- 2 T. cider vinegar
- 1 T. sugar

1 T. snipped fresh dill or 1 t. dried dill

- 1 t. garlic powder
- 1 t. black pepper

Stir together cucumbers, sweet onion, and sea salt in a large bowl. Cover with plastic wrap; let stand 30 minutes more. Transfer cucumber mixture to a salad spinner or a colander set in the sink; let drain, stirring occasionally, until most of the liquid has drained, about 30 minutes more. Spin or pat dry with paper towels. Transfer to a large bowl.

Whisk together mayonnaise, vinegar, sugar, dill, garlic powder, and pepper in a small bowl. Pour over cucumber mixture; stir to coat. Chill, covered 2 to 24 hours.

We may get a frost in the next few weeks, and some people still have green tomatoes on the vine. This is an old fashioned recipe to use these ups. I know they used to have them as an appetizer at Fried Green Tomatoes Restaurant in Galena. You can make them at home for a lot less money. The coating of bread crumbs and cornmeal makes them extra good.

## Fried Green Tomatoes

- 4 large green tomatoes
- 2 eggs
- ¼ C. milk
- ½ C. flour
- ½ C. cornmeal
- ½ C. dried bread crumbs
- 1 t. kosher salt
- ¼ t. pepper
- 2 C. oil for frying

Core and slice tomatoes ½ inch thick. Discard ends or reserve for another use. Whisk together eggs and milk in a shallow dish. Put flour in another shallow dish. Mix together cornmeal, bread crumbs, salt and

pepper in a third dish. Dip tomatoes in flour to coat, followed by milk and egg mixture. Dredge in bread crumb mixture to coat completely.

Heat oil in a large skillet over medium heat to 350. Working in batches of 4 to 5 slices and making sure they do not touch, fry tomatoes until golden, 1½ to 2 minutes on each side. Drain on paper towels. Sprinkle with additional salt and pepper. Keep warm in a 300 oven while cooking remaining slices.

All the cooking shows are in love with Brussels Sprouts. I think I have mentioned before that this vegetable has sort of pushed out cauliflower and kale. This recipe features the "little cabbages" in an apple flavoring. The Brussels sprouts are sliced on a mandolin to make them very thin. The apple juice or cider along with the apple cider vinegar gives them a different taste other than the usual boiling or roasting with oil.

## Brussels Sprouts and Ham

- ¼ C. extra-virgin olive oil
- 4 oz. cooked ham, finely chopped
- 1 green onion, minced
- 4 garlic cloves, minced
- 1½ lb. Brussels sprouts, ends trimmed and sprouts shaved ¼-inch thick crosswise on a mandolin
- ½ C. apple cider or apple juice
- 1 T. apple cider vinegar
- 4 T. unsalted butter
- Salt and pepper to taste

Heat the oil in a large skillet over medium heat. Add the ham and cook, stirring frequently until the ham just starts to brown, about 2 minutes. Add the onion and garlic and cook, stirring until softened and fragrant, about 1 minute. Add the Brussels sprouts and cook stirring, until wilted and almost shiny, 4 to 6 minutes.

Add the apple cider and vinegar, bring to a simmer, and cook until the liquid has reduced to about ¼ cup, 3 to 5 minutes. Stir in butter, season to taste with salt and pepper, and remove from the heat. Continue to stir until the butter has completely melted and formed a creamy sauce.

We have so many recipes that feature chicken breasts; it isn't often that the chicken thigh is brought to the front. Thighs have more flavor because they are fatter than the breast. This easy recipe is for two, but you could double it to feed four. It is tasty and easy to fix.

## Lemon-Thyme Chicken

- 2 T. fresh lemon juice
- 1 T. fresh garlic, chopped
- 1 T. chopped cilantro
- 1 T. chopped thyme
- ½ t. kosher salt
- ¼ t. red pepper flakes
- 4 bone-in, skin on chicken thighs

Preheat the oven to 425. Line a baking sheet with foil and place a rack over foil; coat rack with cooking spray. Combine lemon juice, garlic, cilantro, and thyme, along with salt and pepper flakes. Loosen skin on chicken thighs and insert about 1 T. lemon mixture under skin of each. Place chicken, skin side up, on prepared rack. Pour any remaining lemon mixture over chicken. Add a little water to the baking sheet. Roast chicken until skin is golden brown and crisp and a thermometer inserted into the thickest part, but not touching the bone registers 165, about 15 to 20 minutes. Remove chicken from oven and let rest 5 minutes before serving.

October is pork month, and this unique way to make pork chops is a good way to start out some of our

pork recipes. Our family usually had cabbage with pork. We never had pears in anything; however, if you think that fruit is not to be paired with meat, one of my favorites at the Lena Mercantile is the turkey/ham/broccoli and cheese open faced sandwich with peaches and cinnamon on it. Try this unique combination of pork and pears.

## Pork Chops with Cabbage and Pears

- 4 boneless pork chops
- 2 t. kosher salt, divided
- 1 t. pepper, divided
- 2 T. olive oil
- 1 C. thinly sliced red onion
- 5 C. thinly sliced red cabbage
- 1 small Bartlett pear, peeled, cored, and sliced ½ inch thick
- 3 T. sherry vinegar
- 2 T. sugar

Preheat the oven to 425. Sprinkle pork chops with 1 t. salt and ½ t. pepper. In a large ovenproof skillet, heat oil over medium-high heat. Add pork; cook, turning once, until browned, about 3 minutes per side. Remove from skillet. Add onion to skillet; cook, stirring occasionally, until tender, about 3 minutes. Add cabbage, pear, vinegar, sugar, remaining teaspoon of salt, and remaining ½ t. pepper; cook, stirring occasionally, until cabbage begins to wilt, about 5 minutes. Return pork to skillet. Bake until cabbage is tender and an instant-read thermometer inserted in the thickest portion of pork registers 145, 10 to 15 minutes. Garnish with parsley.

In keeping with using the fruits and vegetables of the season, this

See KITCHEN, Page 14

## Percy Bonfish

Captain Percy Darville has lived on Great Harbour for most of the last 42 yrs, & for quite a long time he has been building up a reputation as a master sailor & fisherman. He has guided many celebrities & dignitaries on fishing adventures, & never let anyone down. You could be the next person to find out how he does it & makes it look so easy.

If you have trouble reaching me please keep trying due to severe weather conditions.

Capt. Percy Darville won the 2007 The Bahamas: "Cacique Award" for Sports & Leisure. He can provide you with the best bonefishing, bottom fishing & deep-sea fishing experience that any Guide can offer, in addition to snorkeling & tours.

Contact Percy Darville: 242-464-4149

242-367-8119 or 561-594-7929

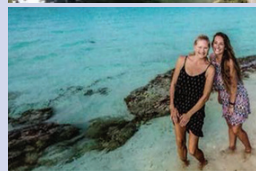
(Call Before 7am or After 7pm Only)

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(Make all Payments Payable to Percy Darville)

fivehearts2@hotmail.com



RIDE IF YOU DARE  
ON THE



It's ALL ABOARD!! as the train leaves the station for uncharted suspense! On certain nights in October ghosts and ghouls can be found haunting our rails. As the train rolls along, you never know what or who might step out of the darkness to greet you. Will the train return?? Check your fear at the door and come find out for yourself.

OCTOBER 19th and 26th, 2019

6 p.m. - 9 p.m. \$8 PER PERSON

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# Orangeville vs. Stockton

(Left) Garret Rodebaugh heads for open field after receiving the hand off from quarterback Jake Doyle.

(Right Top) Carter Kleckler busts through the Blackhawks defense for the first down and more.

(Right Bottom) Zach Baker lunges for more yards while pulling the defender.

MANDY FIELDS PHOTOS  
Shopper's Guide



Chase Jordan hurdles the defender avoiding the tackle.

(Left) Panthers' defense beats the throw down field breaking up the potential Blackhawks completion.



## Lena American Legion Auxiliary to recognize veterans

Once again, the Lena American Legion Auxiliary will be posting pictures of veterans and current servicemen and servicewomen for the month of November. These pictures will be on display in the Northwestern Illinois Farmer window. If you sent us a picture last year, no need to send one this year. However, we would like anyone who did not participate last year to send one to PO Box 21, Lena, IL 61048 or email one to jamcps54@yahoo.com. Your pictures will not be returned and we will need them by Oct. 25.

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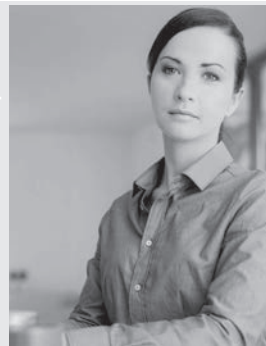


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# Northwest Illinois Daily Drawing September winners

The Daily Drawing is a drawing for 365 daily cash prizes from Oct. 1, 2018 – Sept. 30, 2019 to those donating for a ticket. Cash prizes vary between \$50 and \$250. A ticket may win multiple times as each ticket remains in the drawing each day for the entire year, no matter how often it may be drawn.

Eighteen organizations from Jo Daviess, Carroll & Stephenson County sponsor the Northwest Illinois Daily Drawing, a cooperative fundraiser.

Sponsoring organizations include: Caring Community of Elizabeth, East Dubuque Music Boosters, Freeport Dance Team, Galena Music Boosters, Hanover Alumni Association, Lena-Winslow Education Foundation, Pearl City Athletic Boosters, River Ridge Education Association, Stewards of the Upper Mississippi River Refuge, Stockton Strong, Warren Athletic Boosters and West Carroll Sports Boosters. Sub-contracting organizations include: Elizabeth Food Basket, Elizabeth Historical Society, Galena Elks Scholarship Committee, Hanover Chamber of Commerce, Scales Mound Travelers and Volunteer Visitors of Northwest Illinois.

Winners for September are:  
 1st. Sunday. \$50 – Kalie Becker, Winslow  
 2nd. Monday. \$150 – Terry Wingert, Kent  
 3rd. Tuesday. \$50 – Craig Robeison, Lena  
 4th. Wednesday. \$50 – Vickie Scharpf, Galena  
 5th. Thursday. \$50 – Erin Murphy, Hanover

6th. Friday. \$50 – Diane Petta, Freeport  
 7th. Saturday. \$50 – Verlin Yeager, Freeport  
 8th. Sunday. \$50 – Michael Murphy, Galena  
 9th. Monday. \$50 – Mary West, Galena  
 10th. Tuesday. \$50 – Jacob Zeal, Galena  
 11th. Wednesday. \$150 – Alexa Saunders, Warren  
 12th. Thursday. \$50 – Dan Bergman, Stockton  
 13th. Friday. \$50 – Ruth Keltner, Pearl City  
 14th. Saturday. \$50 – Iron Horse, Lena  
 15th. Sunday. \$50 – Johnny & Sue Eversoll, Elizabeth  
 16th. Monday. \$50 – Tom Rice, Lena  
 17th. Tuesday. \$50 – Lisa Walters, Elizabeth  
 18th. Wednesday. \$50 – Jarod Kempel, Pearl City  
 19th. Thursday. \$50 – Robert Shuster, Antioch  
 20th. Friday. \$50 – Ryan Keltner, Pearl City  
 21st. Saturday. \$50 – Eric Offenheiser, Stockton  
 22nd. Sunday. \$50 – Mark Klippert, Hanover  
 23rd. Monday. \$50 – Maggie Richardson, Galena  
 24th. Tuesday. \$50 – Ann Bausman, Elizabeth  
 25th. Wednesday. \$50 – Ryker Paisley, Stockton  
 26th. Thursday. \$50 – April Glazier, Thomson  
 27th. Friday. \$50 – Pauline Craig, Mt Carroll  
 28th. Saturday. \$50 – Brent Asay, Mt Carroll  
 29th. Sunday. \$50 – Maggie Stadel, Scales Mound  
 30th. Monday. \$50 – Greg Jones, Scales Mound

# Ten easy ways homeowners can cut energy costs

1. Install a programmable thermostat to keep temperatures from getting too hot or cold when you're not at home. It may be tempting to crank up the heat as the days get cooler, but the lower the temperature is inside a house, the slower the heat loss.
2. Turn off the lights when you leave a room. It's one of the easiest ways to save money! It costs almost \$20 a year to leave one light on for eight hours a day. (energystar.gov) While you're at it, unplug appliances when they're not in use... keeping them plugged in drains energy!
3. Open your drapes for warmth, especially on southern-facing windows. Let your home soak up some natural sunlight instead of turning up the heat.
4. Plant trees outside your windows so the shade can help cut air conditioning costs in the summer. Fall is an ideal time to start digging!
5. Replace your air filters at least every three months. A dirty air filter slows down airflow and makes your system work harder.
6. Look for the ENERGY STAR® label when buying new windows — it means the windows meet strict energy efficiency guidelines set by the U.S. Environmental Protection Agency.
7. Consider installing double- or triple-pane windows that have high-performance glass. The air, or in some cases gas, in between the windowpanes acts as extra insulation. Trained Window World professionals can help homeowners decide what types of windows work best in their climates, and they can install them according to local building codes and specifications.
8. Check for air leaks around windows, doors and pipes. Many of these areas can be filled with caulk or special coverings. Additionally, ensure weather stripping around windows and doors is in good condition and isn't frayed or worn down. You can tell if there's an air leak around your windows by holding your hand close to the edges and determining if there's a draft, holding up incense to see if the smoke wavers, or if you see light coming through the edges.
9. Turn down the temperature of your water heater to the warm setting to prevent surges in your bill.
10. Set up a professional energy audit to get a thorough assessment of your home's energy use. You can find information on how to do it yourself or where to find a professional on the U.S. Department of Energy's website.



## LENA LIONS CLUB ANNUAL CHILDREN'S HALLOWEEN PARTY

Judging begins at 7:00 p.m. in the following order

- Pre-School Boys
  - Pre-School Girls
  - Kindergarten
  - 1st Grade
  - 2nd Grade
  - 3rd Grade
  - 4th Grade
  - 5th Grade
  - Best Group
  - Best Homemade Costume
  - FAMILY GROUP - Children with Adults
- Try to have your children there 15 minutes prior to the judging

Refreshments will follow each judging.

# HALLOWEEN



Thursday, Oct. 31st

Starting at 6:45 p.m.

**Location:**  
**Lena Community Center**  
**497 Lions Drive**  
**Lena, IL**

**Prizes will be awarded for the Best Costumes**

# PARTY

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Each child who attends the party will register for SPECIAL PRIZES which will be offered by the WISHING WITCH. To qualify, the child must be at his or her home 1/2 hour after the official closing of the party. By wishing hard, they may receive a prize from the Wishing Witch who will make phone calls to those children whose names are drawn at the close of the party. Fill out and bring this coupon to the party, or you can register as you come.

Prizes will be awarded for the best costumes.

## Monroe Clinic Flu Immunization Schedule

Each year, hundreds of community members take advantage of Monroe Clinic's seasonal flu clinics. In order to maximize your ability to stay healthy, everyone six months and older should receive a flu shot. The flu vaccination can reduce flu illnesses, visits to the doctor, and missed work or school due to the flu. Monroe Clinic offers flu clinics starting October 9 and ending in December.

The high-dose influenza vaccine, Fluzone High-Dose, designed specifically for people 65 years and older, is also available. Studies have shown the high-dose vaccine offers older adults a better immune response, and better protection against the flu.

Flu vaccine is \$25. For those who qualify, the high-dose influenza vaccine is available for \$60. The pneumonia vaccine is available upon request. Cash, check or credit card will be accepted for payment. For convenience, patient's insurance company may be billed. Individuals are encouraged to wear a shirt with sleeves that easily roll up or short sleeves when receiving their vaccine.

Monroe Clinic flu clinics are available throughout the area – including our local branch clinics. Wisconsin locations include Albany, Brodhead,

New Glarus, Monroe and Monroe FastCare. Illinois locations include Durand, Lena, and Freeport Clinic, with convenient weekday and weekend hours. Flu vaccinations are also available at the Monroe Clinic Pharmacy location during regular hours on a walk-in basis. For specific times and dates, visit [www.monroeclinic.org/fluclinic](http://www.monroeclinic.org/fluclinic).

MONROE CLINIC- Main Campus, 515 22nd Ave., Monroe, Wis. Call 608-324-2600 for appointment.

Monroe Clinic-Albany, 700 Carolan Dr., Albany, Wis. Call 608-862-1616 for appointment.

Monroe Clinic-Brodhead, 1904 1st Center Ave., Brodhead, Wis. Call 608-897-2191 for appointment.

Monroe Clinic-Durand, 400 N. Center St., Durand, Ill. Call 815-248-3443 for appointment.

Monroe Clinic-Freeport, 1301 S. Kiwanis Dr. Freeport, Ill. Call 815-235-1406 for appointment.

Monroe Clinic-Lena, 214 N. Schuyler St., Lena, Ill. Call 815-369-4541 for appointment.

Monroe Clinic-New Glarus, 1800 Second St., New Glarus, Wis. Call 608-527-5296 for appointment.

Monroe Clinic FastCare-Monroe, 100 W 8th St., Monroe, Wisc. Call 608-234-1940 for appointment.

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# Mental Health Summit planned at Sinsinawa Mound

The impact of mental health and addiction issues on the lives of families and our communities is significant. Suicidal behavior is on the rise among youth and adults; the loneliness and hopelessness felt in today's society have profound effects on health; and access to care and support may be difficult to find. It can feel overwhelming and like we are powerless to change this. But working together, we can! You are invited to attend the upcoming FREE Mental Health Summit to learn about the many positive initiatives that are currently going on in this area to create solutions and bring valuable resources to our communities. Find out how YOU can get connected to assist with

these or help start a new effort. This event will be held Thursday Oct. 24, 9 a.m.-3:30 p.m. at the Sinsinawa Mound Center 585 Co Rd Z, Sinsinawa, WI. Information about registering and transportation for this event is at the end of this article. The keynote speaker will be Dave Gustafson, Professor Emeritus, UW School of Engineering. He will share a fresh perspective, speaking on Community Systems and Hand-offs: What we can learn from track coaches and pit crews.

A variety of topics will be presented in morning Break-out sessions: Client information-sharing during mental health crises; Trauma-informed communities and resilience

outreach; improving community connections and reducing isolation with associational mapping; Growing NAMI presence and programs in Southwestern Wisconsin; and, a farmer resilience panel discussion.

Midday there will be a preview performance of a segment of the play "Returning Home" about veterans. We will hear from a group of law enforcement, mental health, and emergency room professionals about their efforts to change how to handle mental health crises. And, an exciting new resource navigation tool for mental health and addiction will be unveiled.

Afternoon breakouts include sessions on reducing stigma in communities, workplace mental health,

navigating mental health resources in communities, and the NIATx systems improvement process for community wide systems of care, i.e. reducing "wrong doors" and "falling through the cracks."

"This event is for everyone who cares about this issue, not just professionals," said Bridget Mouchon-Humphrey, event coordinator. "We encourage people who have lived experiences with mental health and addiction struggles to join us in learning

about working on solutions."

Lunch and morning snacks will be provided; call LIFT (608) 930-2191 if you need a ride in Grant, Green, Iowa, Lafayette, or Richland Counties, and mention "Mental Health Summit" - volunteer driver availability cannot be guaranteed, so please call ahead. Register for this important and free event here: [https:// tinyurl. com/SWBHsummit](https://tinyurl.com/SWBHsummit) or contact Bridget at [b.mouchon-humphrey@swcap.org](mailto:b.mouchon-humphrey@swcap.org) or 608-341-6608.

## Timber Lake Playhouse announces fall and winter lineup

Due to recent remodeling and winterization of the theatre, Timber Lake Playhouse, the premier professional summer theatre of northwest Illinois,

### Monroe Clinic presents 'Just For Her' event

Grab your girlfriends for an evening "Just for Her," living your best life in your 20s, 30s and 40s! This special event provides tips and strategies that allow women to take control of their health and well-being.

The event will take place on Wednesday, Oct. 23, in the Monroe Clinic St. Clare Conference Center, lobby level, Clinic entrance. Registration begins at 5 p.m. with vendor booths featuring healthy snacks & recipes, weight loss program information, and healthy habit demonstrations.

Presentations will highlight healthy nutrition now to benefit you later, what is Osteopathic Manipulative Therapy (OMT) and exploring why your brain wants you to exercise. Panel members include Child-birth & Family Medicine Physician Dr. Michele Roelli, Family Medicine Resident Physician Dr. Joy Ryland and Behavioral Health Psychologist Dr. Lori Phelps.

An open Q&A panel discussion will follow the presentations. Refreshments and grand prize drawing of a yoga party for six at The Infinity Studio are all part of the evening of fun and information. Registration is requested. Register online at [monroeclinic.org](http://monroeclinic.org) or call 1-877-865-1462.

will extend programming into the Christmas Season for the first time at the playhouse.

During the month of October, Timber Lake Terror, The Haunted Experience at Timber Lake will run Saturday nights from 7 to 10. The Experience includes a full haunted attraction including the Trail of Terror, Fun House, and a Haunted House. The Escape Room will run Friday and Saturday nights in October. Solve puzzles and clues to open locks and doors to escape the TLP Barn. TLP will close out October on the 26th with their annual offering of The Rocky Horror Picture Show.

Nov. 16, brings The Blooze Brothers Revue to TLP. With a combination of two high-energy frontmen, a dynamic female lead singer, some of Chicago's top musicians, and their 1974 Dodge Monaco Bloozemobile replica, the Blooze Brothers provide a musical experience that can't be beat!

On Nov. 23, TLP brings a Rock n' Roll Tribute from Elvis to The Beatles featuring The Neverly Brothers. The Neverly Brothers' concerts are a tribute to one of the most exciting chapters in music history: the birth, near death and resurrection of rock n' roll. With their one-of-a-kind, high-energy stage performance, you'll be led on a guided tour of rock history - complete with vintage wardrobe changes and stories behind their chronological song sequence - as they perform hits by Elvis Presley, Jerry Lee Lewis, Chuck Berry, Buddy Holly, The Beatles, Rolling Stones and many more. Fasten your seat belts for an exciting Magical History Tour!

TLP's Christmas Kaleidoscope

will open the Christmas Season with enchanting holiday performances on Dec. 5. This Christmas special brings the warm, wonderful, and fun spirit of Christmas to life with music, comedy and dance. TLP combines seasonal music with time-honored tradition to create a family experience that you won't want to miss. The show runs December 5 - 8 and 12 - 15.

Tickets for all Timber Lake events are available online at [www.timberlakeplayhouse.org](http://www.timberlakeplayhouse.org) or by calling the Box Office at 815-244-2035. Box Office hours are Tuesday through Friday from 10 - 3.

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### NEW LISTING



**LENA - GREAT INVESTMENT OPPORTUNITY!** Very well maintained 10 unit apartment complex located in downtown Lena. 9 units are currently rented and the 10th will be completed by the end of October 2019. Once completed this unit will host 8-1 bedroom apts. & 2-2 bedroom apts. Currently all 9 units completed are rented. Laundry is in the basement and this complex offers off street parking.  
 Priced at .....\$349,900

### OTHER PROPERTIES



**LENA - COME CHECK OUT THIS STUNNING PROPERTY!** Do you want move-in ready? This is the property for you! Beautiful kitchen with eat-in area. The living room is equipped with a gas fireplace. Master bedroom and bathroom on main floor. Back deck and pool area are out of a magazine! Updates galore! All in the last three months the home has been professionally painted, all new light fixtures, all new door knobs and hinges, new concrete countertops, painted cabinets with new hardware, brought laundry to main floor, new service door in garage, new security system, painted and finished deck and railing, and new landscaping! Prior to closing, there will be a new roof and new trim in the basement. Schedule a showing today!  
 Priced at .....\$234,900



**LENA - Looking for a country property with stunning panoramic views?** This cute 1.5 story home sits on 2+ acres and is located in the Le-Win School District! Boasting 3 bedrooms (2 on the main and 1 upper), 1.5 baths, large kitchen with an eat-in dining area and main floor laundry. Outside you will find a 2 stall detached garage, hobby barn and plenty of room for entertaining!  
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**LENA - DUPLEX - RARE FIND! REDUCED \$5,100 -** This is an upper/lower duplex with each unit boasting 3 bedrooms. Unit one is on the main floor and has 3 bedrooms 1 bath. 3 enclosed porches, electric baseboard heat, separate utilities and use of a full basement with laundry hook ups. Unit 2 has 2 bedrooms and a third nonconforming bedroom. Newer windows, laundry hookups, and a covered deck. The building has a 5 yr. old roof and a 2 stall garage. Separate utilities, generous room sizes, and PRICED FAR BELOW ASSESSED VALUE!  
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# October is National Estate Planning Month

Estate planning is one of the most overlooked areas of personal financial management. By some estimates 70% of Americans do not have an estate plan and many mistakenly believe that this process is for the wealthy or the retired.

Estate planning is an important process that can help protect you, your family and your assets. Proper planning saves you and your loved one's money, passes your assets in the way you desire, provides direction during incapacitation, determines care for your (minor) children and ultimately provides peace of mind.

There is no better time than the present to make sure your affairs are in order. In the event of sickness, an accident, or untimely death are you comfortable leaving things to chance? Many agree that four estate planning documents are essential to provide a solid framework for your plan:

- WILL - Directs the disposition of solely-owned assets after your death
- DURABLE POWER OF ATTORNEY FOR HEALTH CARE - Designates who makes medical decisions for you when you are disabled and can't speak for yourself

• DURABLE POWER OF ATTORNEY FOR PROPERTY - Allows the person you designate to make financial decisions for you when you're unable to do so

• LIVING WILL DECLARATION - Provides direction regarding healthcare in certain circumstances

Contact Ronald Paja today to schedule an appointment to get started on your estate plan.

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The Scoop Today & Shopper's Guide

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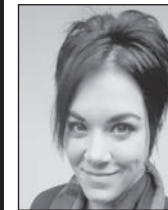
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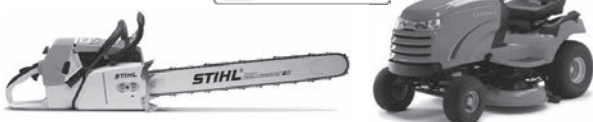
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**Qualification:**

- HS diploma or equivalent.
- Knowledge of carpentry and construction, plumbing, general electrical work, boilers, uni-vents, and all heating systems.
- Organizational skills, management skills, and computer skills required.

**Terms:** 12-month contract, benefits include health, dental, vision, and retirement. The Le-Win School Board establishes annual wage schedule & work year.

Resumes and references to be submitted to Le-Win Schools, Tom Chiles, Superintendent, 401 Fremont St, Lena IL 61048. Applications accepted until October 25, 2019.

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1102 Ann Street, Delavan, Wis.

340706

Lena-Winslow School District currently has an opening for a Cook in the Elementary/JH kitchen. The position is 7hrs/day at \$9.42/hr. Please send letter of interest and credentials to Andy Lobdell, Principal, Lena Winslow Junior High School, 517 Fremont St., Lena, IL 61048. Applications accepted until position is filled. Lena-Winslow CUSD #202 is an Equal Opportunity Employer.

To place an ad in our Help Wanted Section  
Call Laurie at (815) 369-4112

### Sales/Marketing

### ADVERTISING SALES EXECUTIVE

Rock Valley Publishing, your hometown newspapers serving the stateline has an opening for an experienced Media Sales Representative to call on current and new accounts in a protected sales territory.

Growing area with many new businesses, this is a great opportunity for the right applicant.

We publish newspapers, shoppers and niche publications throughout the stateline. You have the opportunity to sell into all Rock Valley Publishing. L.L.C. publications, making your paycheck much larger!

For immediate consideration send resume/job history to:  
Vicki Vanderwerff, Director of Advertising  
Email: vicki@southernlakesnewspapers.com  
Fax: (262) 725-6844

316524

## FOR RENT

### Apartments

2 Bedroom 1st floor, \$500/mo. Washer/dryer hook-ups, all new flooring, newer appliances. Available mid November. Call Bruce 815-238-6307

### FOR RENT:

Spacious 1 bedroom 2nd floor apt. in Stockton; Freshly painted; new carpet, appliances, light fixtures & window treatments; washer/dryer; A/C; \$475/mo. w/1 year lease. References & \$425 security dep. required; no pets; no smoking. CALL 815-947-3396 now and ask how to receive a months rent free. 358743

## FOR SALE

### Announcements

**DISCLAIMER NOTICE** This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

### Free

**CLASSIFIED IN-COLUMN ADS cannot be credited or refunded after the ad has been placed. Ads canceled before deadline will be removed from the paper as a service to our customers, but no credit or refund will be issued to your account.**

### COST ACCOUNTANT: ENERGY SERVICES

Jo-Carroll Energy is seeking a Cost Accountant: Energy Services in our Finance Department. This position reports to our Vice President and CFO. The Cost Accountant will assist the manager of energy services in the design of optimal energy rates and rate classes through completion and analysis of periodic cost of service studies; verify accuracy of power invoices; work with the manager of energy services, key accounts and member services to assist with member rate issues; and collaborate on energy audits.

Applicants must have a minimum bachelor's degree in accounting or equivalent experience (master's degree preferred) and five years of directly related work experience. Knowledge of electric and/or natural gas utility distribution, member/customer service or accounting preferred.

Applications and job description may be obtained at [jocarroll.com](http://jocarroll.com), by calling 800-858-5522.

Applications accepted through end of business Monday, October 28, 2019.



Jo-Carroll Energy

Your Touchstone Energy® Cooperative

PO Box 390, 793 US Route 20 West, Elizabeth, IL 61028

Jo-Carroll Energy, Inc (NFP) is an Equal Opportunity Employer.

358690

### Help Wanted

The Stockton Ambulance is looking for a full time Paramedic/PHRN EMS Coordinator

**Job Requirement:**

- Possession of a current and valid Paramedic/PHRN license in the State of Illinois
- Possession of a valid driver's license

If interested please send resume with qualifications to Stockton Ambulance Service at 113 E. Queen Ave., Stockton, IL 61085. Email: stocktonems@frontier.com Fax # 815-947-9102. If questions call 815-947-3500 (leave message).

357325

### CLAYTON COURT APARTMENTS

51 Clayton Ct. • Winnebago, IL 61088

Call today to request an application!

1-815-339-2140

Immediate Openings for 1 & 2 BR apartments. Rent includes water, sewer & trash. Amenities are: range/refrigerator, A/C, off street parking, W/D hook-ups as well as on-site laundry.

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340214

# Classifieds

Continued from previous page

## AUTOMOTIVE

### Automobiles

**1930 MODEL A FORD COUPE**  
Fair condition. \$10,000 OBO 847-838-0674

**2000 BUICK LeSABRE** Runs great, 150K miles, 1 owner. \$1500 OBO (262) 758-9027

**2005 BUICK LA SABRE LIMITED** V6, leather, cruise, auto A/C, very clean. Runs great, 55K. \$3,300. 262-767-7401. Leave message.

**2010 NISSAN ALTIMA** 4 dr. Excellent condition, 180,000 highway miles., non smoker. \$4,500. Delavan. 262-903-2276.

**2014 CHEVY EQUINOX AWD,** 39K , one owner, garage kept, asking \$15,100. 262-353-6029

### Automobiles Wanted

**GET UP TO \$500** for your unwanted junk truck, running or not, will haul away 7 days a week. 262-758-1807.

### Boats

**1985 23 FT. SEARAY** with trailer. \$2,500 OBO. Linn Pier area. Call 224-210-9731.

**2001 16.5 FT. LUND LAKER** Shore Lander roller trailer, two 2014 Merc. 4 stroke motors, 50 & 3 hp., Downriggers & too many extras to list. \$4,500 262-895-6005

**LUND BOAT & TRAILER** Too much to list, \$3,100 OBO, 224-518-6491.

### Campers and RVs

**1993 JAYCO 1208 POP UP CAMPER** \$1,400 Call or text (262-758-2089)

**2006 30FT. DURANGO** 5th Wheel. 2 slides, sleeps 6. A-1 shape. \$7,400. 815-335-2094.

### Farm Machinery

**MYERS 4516 FORAGE** wagon. Bought new 4 years ago. On a tandem gear. 815-275-0012

### Motorcycles

**2000 SUZUKI INTRUDER 1500** Excel. cond. Cobra pipes, Mustang seat, new tires & windshield. \$1,950 OBO. 262-909-5656.

**2007 HARLEY DAVIDSON** Soft-tail. New Vincent Hines exhaust, excellent shape. \$7,000 OBO 608-934-5562 or 608-558-7612.

**2008 GOLDWING MOTOR-TRIKE** 11,200 miles, & extras. \$16,000 OBO. 262-378-0355.

### Sports/Classic Cars

**1971 PONTIAC CATILINA CONVERTIBLE** Gold w/black top. \$6,000. 262-332-1987.

**1990 CHRYSLER IMPERIAL** Bright white w/red leather. Beautiful cond. \$7,995. 262-325-3541.

**'67 MUSTANG DISASSEMBLED** Many new parts, too much to list. \$6,000 OBO. Dennis 262-914-1091.

### Sport Utilities

**2009 FORD ESCAPE** Great shape, garage kept. \$4,000 OBO. 815-248-4638.

### Trucks & Trailers

**1993 PICKUP** rare, S10HD, V6, manual, floor. Decent body. Offer ? \$444 847-987-7669.

**2006 MENARDS UTILITY TRAILER** 4 x 8 deck, folding for stand up storage, 1,180 LB capacity. \$300. 630-209-9415.

**ENCLOSED TRAILER** Very good condition. 16ft. \$2,900. 847-219-4380.

### Vans, Mini Vans

**2006 DODGE GRAND CARAVAN SXT** 150k, runs & drives good, 7 pass., \$1250. 847-209-9145

### FIND BARGAINS IN THE CLASSIFIEDS

## •Kitchen (Continued from page 8)

next recipe combines zucchini and apples. It is a great bread for the holidays. You can use up some of that zucchini, and the bread freezes well. The recipe was shown using a seasonal towel as the wrapping for the bread when it is given as a homemade gift.

### Zucchini Apple Bread

- 4 C. flour
- 3 t. baking soda
- 1 1/2 t. cinnamon
- 1/2 t. nutmeg
- 1/4 t. salt
- 5 eggs, room temperature
- 1 1/2 C. oil
- 2 C. sugar
- 1 C. packed brown sugar
- 1 t. vanilla
- 2 C. shredded zucchini
- 1 1/2 C. chopped pecans
- 1 C. grated peeled apples

In a large bowl, combine the flour, baking soda, cinnamon, nutmeg and salt. In a large bowl, beat the eggs until frothy. Add the oil, sugars and vanilla; beat until blended. Stir into the dry ingredients just until moistened. Fold in the zucchini, pecans and apples. Transfer to 3 greased 8 x 4-inch loaf pans. Bake at 350 until a toothpick inserted in the center comes out clean, 55 to 60 minutes. Cool loaves for 10 minutes before removing from pans to wire racks to cool completely.

These good chocolate chip cookies use browned butter and chocolate

chunks instead of chocolate chips. The glaze turns an ordinary chocolate chip cookie into a really pretty one.

### Coffee Chocolate Chunk Cookies

- Cookies:
- 2 sticks salted butter, at room temperature
- 1 C. packed brown sugar
- 1/2 C. granulated sugar
- 2 eggs
- 1 T. vanilla
- 2 C plus 2 T. flour
- 2 heaping t. instant coffee
- 1 t. baking soda
- 1 t. salt
- 8 oz. semisweet chocolate chopped into chunks
- 1/2 C. finely chopped pecans,
- Glaze:
- 12 oz. bag white chocolate chips
- 3 T. canola oil
- 1/2 t. vanilla

Melt 1 stick of butter in a medium skillet over medium heat. Let it bubble up for 3 to 4 minutes, swirling the pan to keep the butter moving around. When the butter is a medium golden brown, remove the pan from the heat (the butter will continue to brown in pan the next 30 seconds or so). Pour the butter and any solids in the bottom of the pan into a heatproof bowl and allow to cool completely, about 30 minutes.

Beat remaining stick of butter, the brown sugar and sugar in a large mix-

er bowl with the mixer on medium-high speed until fluffy, 3 to 4 minutes. Reduce the speed to low and beat in the eggs and vanilla until smooth, scrapping down the bowl if necessary to make sure everything is incorporated. With the mixer on medium-low speed, slowly drizzle in the cooked browned butter and mix until combined, about 1 minute.

In a separate bowl, whisk the flour, instant coffee, baking soda and salt. With the mixer on low speed, slowly add the flour mixture to the dough and beat until totally incorporated, about 2 minutes. Stir in the chocolate chunks and pecans with a wooden spoon. Preheat the oven to 375 and line 2 baking sheets with parchment paper. Scoop heaping tablespoonfuls of dough onto the prepared pans, about 2 inches apart. Refrigerate until firm, about 15 minutes. Bake the cookies until golden brown, 9 to 10 minutes. Let cool 5 minutes on the baking sheets, then remove to a rack to cool completely.

Glaze: combine the white chocolate chips and oil in a microwave safe bowl and microwave in 30 second intervals stirring, until melted. Stir in vanilla. Pour the white chocolate into a resealable plastic bag and snip off a corner. Drizzle over the cookies. Let set 15 minutes.

Homecoming was a success this year, and everyone I talked to had a great time. If you had a chance to see the game, before the game started, they introduced the court and then had a ceremony honoring the project that Orangeville had to raise money to send a veteran to Washington, D.C. Memorial money came from many places including Lena/McConnell veteran Duane Rakowska. The colors were presented by both the Lena and Orangeville American Legion Posts as well as Lena's Sons of the American Legion. The alumni chorus sang the National Anthem, and it was a beautiful site to see all of the flags whipping in the wind. The moment was touching as well as beautiful. We continue to look for some recipes that feature some of the last vegetables from the garden, pork, and peaches, pumpkin, and apples.

If you have any recipes you would like to share, send them our way. You can contact us in person, by mail at From Lena's Kitchens, *Shopper's Guide* at 213 S. Center St. or email us at scoopshopper@rvpublishing.com.

## Four scholarships available for Le-Win music students

A Le-Win Music Alumnus wishes to offer a helping hand to Le-Win Music students, grades 8 & over, who would like to join the 2020 Le-Win Music Trip to Atlanta on June 8-11!

"Many of my greatest memories were of the band trip during my junior high and high school years," said the donor, who prefers to keep his name private. "I realize some students may miss out on this opportunity because of financial concerns, as every family is different."

Due to his generous sponsorship, the Music Boosters are offering 4 scholarships (1-\$400, 1-\$300, 2-\$150) to alleviate the financial burden of the trip cost for students who may not be able to otherwise attend. By applying for these scholarships, students are not only opening themselves up to the enrichment of this wonderful experience but helping ensure their classmates can go as planned by reaching the participant quota needed to offset the cost of the charter bus.

Additionally, all students will receive assistance from the Music Boosters as fundraising continues through out the year. Music students will be knocking on doors with cheesecake and fresh greenery offerings throughout October in order to raise money for the upcoming music trip and other music program needs.

Scholarship applications are available on the school website, Le-Win.net, and in the music classrooms. Applications must be turned in to the music teachers by Fri, Oct. 18.

### NITE EQUIPMENT CONSIGNMENT AUCTION

*Farm & Construction Equipment • Trucks • Trailers*  
**Saturday October 26, 2019 • 9 a.m.**  
**2388 N. Conger Rd., Pecatonica, IL 61063**  
*(8 miles west of Rockford on Hwy 20 • North on Conger Rd)*  
 Office (815) 239-9096 or Jerry (815) 703-2066 • Fax: (815) 239-9032  
 WEBSITE: [www.niteequip.com](http://www.niteequip.com) • E-MAIL: [sales@niteequip.com](mailto:sales@niteequip.com)  
 COMPLETE SALE LISTING: [www.niteequip.com](http://www.niteequip.com) (No sale bill will be mailed)  
**Listings/photos updated daily!!**  
 CONSIGNMENTS ACCEPTED THROUGH 5 P.M. THURSDAY, OCT. 24  
 Consignment Rates: 25% for items \$250 and under, 10% for items \$251-\$3000, 8% for items \$3001 and up. \$25 minimum / \$750 maximum. \$100 no sale fee per item. ALL TITLED ITEMS \$25 FEE.  
 (Title MUST be presented and IN CONSIGNOR'S NAME at time of consignment)  
 Auctioneers: Lenny Bryson 440000158 • Cal Kaufman 440000363

### LAND & PERSONAL PROPERTY AUCTION

**SAT., NOV. 2 10:00 AM (STARTING W/REAL ESTATE)**  
 RAY LEE BROSHOUS ESTATE  
 13480 E. KRISE RD., STOCKTON, IL  
 120 A. (M.O.L.) w/buildings  
 From Stockton: E. on Rt. 20, S. 5mi. on S. Willow Rd., E. Krise Rd. to 1st place.  
 120A. M.O.L. in Wards Grove Twp., Section 32, 76.72A. tillable.  
 Improvements:  
 Home: 3 bedroom, 1 1/2 bath, ranch style home. Full basement w/2-stall garage. 1120 sq.ft. Built in 1968. New septic system.  
 Pole Building: 40x90 w/dbl. doors on both ends. Metal w/dirt floor.  
 Dairy Barn: 32x50 w/loft.  
 Machine Shed: 24x70  
 Other out buildings  
**TERMS:** Nonrefundable 10% down day of auction. Balance due at closing, approx. 45 days. Taxes prorated at closing. Seller has the right to accept or reject bids. Property sells "AS IS."  
 For viewing call Jim Calhoun, Auctioneer 815-244-9660 IL Lic.440000333  
 FOR PICTURES [www.calhounauction.com](http://www.calhounauction.com)  
 Nancy McIntyre, Executor

Call **815-369-4112** to place your classified ads DEADLINE IS 4PM ON FRIDAY



*Serving the communities in St. Charles County*  
**the Scoop Today**  
*Serving the communities in St. Louis County*  
**Shopper's Guide**

# FHN Fall into Winter Craft Show

FHN's popular Ole Time craft show lets holiday shoppers get an early start on their lists with solutions for gift giving and home décor. This year's craft show will be Oct. 17 and 18.

## Lena American Legion Auxiliary to host Open House

The Lena American Legion Auxiliary will be having an Open House on Saturday, Nov. 10, at the Lena American Legion Home. Junior members will be present showing some of the things they do. If you have a young daughter, granddaughter, or great-granddaughter who likes to do things, why not bring them to this Open House to see if they are eligible to belong and how they can be involved doing service projects and FUN projects. They meet every month, the second Saturday of the month, at the Lena American Legion Home at 10. The meeting lasts 1 to 1-1/2 hours.

The Junior members also have the opportunity to earn patches for their activities.

For more information, please call 815-369-4684 and leave a message.

## Pearl City FFA used eye glass collection

Used eyeglasses and hearing aids will be collected Oct. 14 to 25, and shared with Lions Club International to be distributed worldwide to help people with hearing and vision issues.

Please call the Pearl City high school office at 443-2715 if you would like an FFA member to pick them up.

Craft Show, held in the lower level of FHN Memorial Hospital, 1045 W. Stephenson Street in Freeport, features quality handmade craft items from a number of area vendors.

The show will be open from 7 a.m. to 6 p.m. Thursday, Oct. 17 and from 7 a.m. to 4 p.m. Friday, Oct. 18.

The suggested entry donation is \$2; there's no fee for children under 12. Proceeds of the show benefit the 2019 United Way campaign. Each purchase serves as an entry into a drawing for one of a variety of items donated by show vendors. (Several winners will be chosen.)

Purchases may be made with cash, checks or payroll deductions for FHN employees. Credit cards cannot be accepted at this event, but a fee-free ATM is located near the hospital's Emergency Department.

## Broge named member of the Monmouth College Chorale

Kenneth Broge, a student from Lena, is part of the Monmouth College Chorale. The Chorale coordinates various performances both on and off campus, giving students wholesome musical experiences founded on high expectations for performance and competency. It is the most highly selective music ensemble on Monmouth's campus.

Founded in 1853, Monmouth College is a nationally ranked liberal arts college. Affiliated with the Presbyterian Church (U.S.A.) and the birthplace of the women's fraternity movement, the college offers 38 majors, 42 minors, 17 pre-professional tracks, and two innovative Triads in Global Food Security and Global Public Health.

# Stephenson County Fair needs your support

For the past 65+ years, the Stephenson County Fair Association has called the 57-acre site that was dedicated to be the fairgrounds, its "home". The Fair Association is a non-profit organization that relies on support from area businesses and volunteers to manage and keep the fair going year after year. The Fair Association is led by a group of dedicated volunteers who want to offer an entertaining and educational experience for families of all ages for many generations to come. The Fair Association is not a government agency and they receive no funding from the county or Real Estate Tax bills.

Did you know, in 2019 alone, the fair paid invoices totaling well over \$200,000 for security, entertainment, show judges and grounds maintenance? That amount does not include utilities, print/radio/TV advertising, giveaways, staff, etc. As you can see, it is very expensive to put on a fair, and as much as the Fair Association hates to say it, the fair was mediocre this year.

With community support, changes can be made to bring great things to families in Stephenson and surrounding counties.

Stephenson County Fair Committees are hard at work getting ready for the 2020 fair. The community spoke and here are just a few things already in the works: later fair dates; fun games; fantastic food options; improved horticulture displays; same great livestock shows; a well-run carnival providing 18+ rides for all ages; new and different entertainment line-up; and long-term relationships with a quality carnival and vendors. Supporters can visit [www.stephensoncountyfair.org](http://www.stephensoncountyfair.org) to learn how to join a committee and get involved.

The Stephenson County Fair Association is excited to announce the fair dates for 2020 will be July 21 - 25. If you are interested in becoming a commercial vendor or sponsor, please contact the Stephenson County Fair Office at 815-235-2918 to find out all the varying opportunities.

## LEGALS

### ASSUMED NAME PUBLICATION

Public Notice is hereby given that on **September 27, 2019** a certificate was filed in the Office of the County Clerk of Stephenson County, Illinois, setting forth the names and post-office addresses of all persons owning, conducting and transacting the business known as: **Wild Roots Salon** located: **222 W. Exchange St. Suite #7, Freeport, IL. 61032.**

VICIR. OTTE

Stephenson County Clerk by **FLORENCE VANMATRE** Deputy

(Published in The Shopper's Guide Oct. 9, 16 & 23, 2019)

357621

STATE OF ILLINOIS IN THE CIRCUIT COURT OF THE FIFTEENTH JUDICIAL CIRCUIT COUNTY OF STEPHENSON TOTAL PLUMBING & HEATING, LTD., an Illinois corporation, Plaintiff,

vs CORTNEY J. CHADWICK, BARCLAY CONSTRUCTION, INC. an Illinois corporation, FIFTH THIRD MORTGAGE COMPANY, ILLINOIS HOUSING DEVELOPMENT AUTHORITY, JESSIE M. CHADWICK, and UNKNOWN OWNERS, and NON-RECORD CLAIMANTS Defendants,

CASE NO. 2019 CH 12 NOTICE OF SALE

PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on June 3, 2019, the Stephenson County Sheriff will at 9:30

p.m. on November 8, 2019, at the Stephenson County Courthouse, 15 N. Galena Avenue, Freeport, Illinois, 61032, sell at a public sale to the highest bidder, as set forth below, the following described real estate:

Commonly known as 3840 East Winneshiek, Freeport, Illinois, 61032 and legally described, to wit:

Beginning at the Southeast corner of the Southeast Quarter (1/4) of said Section 11, Township and Range aforesaid; thence West along the south line of said Southeast Quarter (1/4) 150 feet to a point; thence North 183 feet to a point; thence East 150 feet to the East line of said Southeast Quarter (1/4); thence South on the East line of said Southeast Quarter (1/4) 183 feet to the place of beginning; EXCEPTING that part thereof dedicated for highway purposes; situated in the Town of Lancaster, County of Stephenson and the State of Illinois.

Property Tax Identification Number (P.I.N.): 07-14-11-400-002

Sale terms: 25% down of the highest bid by certified funds at the close of the sale payable to The Judicial Sales Corporation. No third party checks will be accepted. The balance, including the Judicial Sale fee for the Residential Property Municipality Relief Fund, which is calculated on residential real estate at the rate of \$1 for each \$1,000 or fraction thereof of the amount paid by the purchaser not to exceed \$300, in certified funds/ or wire transfer, is due within twenty-four (24) hours. No fee shall be paid by the mortgagee acquiring the residential real estate pursuant to its credit bid at the sale or by any mortgagee, judgment creditor, or other lien-

or acquiring the residential real estate whose rights in and to the residential real estate arose prior to the sale. The subject property is subject to general real estate taxes, special assessments, or special taxes levied against said real estate and is offered for sale without any representation as to quality or quantity of title and without recourse to Plaintiff and in "AS IS" condition. The sale is further subject to confirmation by the court.

Upon payment in full of the amount bid, the purchaser will receive a Certificate of sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale.

The property will NOT be open for inspection and plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the court file to verify all information.

IF YOU ARE THE HOMEOWNER, YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE 735 ILCS 5/15-1701(c).

Attorney Thomas G. Ruud Thomas G. Ruud & Associates Attorney for Plaintiff 318 North 1st Street Rockford, Illinois 61107 (815) 961-9100

NOTE: Pursuant to the Fair Debt Collection Practices Act, you are advised that Plaintiff's tempting to collect a debt and any information obtained will be used for that purpose.

(Published in The Shopper's Guide Oct. 16, 23 & 30, 2019)

35878

**GEORGE REALTY & AUCTION**

**380 +/- ACRE FARM W/BUILDINGS**

Real Estate Auction · Friday, November 1st, 2019 · 11AM

15540 Laube Rd, Durand IL 61024

Location: 4 Miles North of Durand via Center Rd, West on Laube Rd OR 9 miles South of Brodhead via County T, East on Laube Rd.

*This farm has been in the same family since the 1800's. 380 +/- Acres will be sold in 6 parcels. This is a fantastic opportunity to own this once in a lifetime property.*

*Features: Long private drive, 2 Nice Homes, 2 Beautiful Barns, 2 Machine sheds w/concrete floors, 1 Horse barn and 2 grain bins. Productive farm ground and superb hunting land.*

**OPEN HOUSE DATES:**

SUN	OCT 6	1-3PM	SUN	OCT 20	1-3PM
SAT	OCT 12	1-3PM	SAT	OCT 26	1-3PM
		TUES	OCT 29	4-6PM	

TERMS AND CONDITIONS: 4.5% Buyers' Fee added to purchase price. \$20,000 per parcel earnest money due day of auction. Buyer to sign contingency free offer and close within 45 days. Property sold AS-IS. Full terms can be found on website.

Ryan Paul George · IL R.E. Managing Broker #471020394 · IL Reg. Auctioneer #441001447

**For Photos, Video and more information go to:**

**GeorgeRealtyAndAuction.com**

**GEORGE REALTY & AUCTION**

**RYAN GEORGE AUCTIONEER & REALTOR**

11717 N DUNPHY RD | BROOKLYN, WI 53521

**608-289-7592**

357978



COURTESY PHOTO Shopper's Guide

**Congratulations to the 1993 Boys' Track Team on being inducted into the Northwest Illinois Sports Hall of Fame on Oct. 12, 2019. Pictured are the athletes and coaches who brought home the Class A State second place trophy from the State Final in Charleston. Lena-Winslow High School is honored by their accomplishment!**

**From left to right- Coach Tom Rutter, Jeremy Daughenbaugh, Jayson Leitzen, Kurt Kramer, Jeremy Spencer, Jeff Scheider, Jake Bonnet, Jeff Weston, Brandon Scheider, Kory Gerbick, Jaime Jones, Coach Gary Denhart, and kneeling Head Coach Pete Brown.**

## 1993 Lena-Winslow High School Boys' Track Team inducted in Hall of Fame

The 1993 LeWin Boys' Track Team team had six major accomplishments in 1993, placing second in the Byron Relays, second at the Oregon Hawk Classic, second in the Forrester Relays, first at the Newmar Relays, first in the NWIC Meet; and second at the IHSA State Meet.

At the state meet, Lena-Winslow was state champion in the 4x100 Meter Relay, 2nd in the 4x400 Meter Relay, 7th in the 4x200 Meter Relay and 2nd in the 400 Meter Dash.

Any time a team can bring home a state trophy (especially in a two-class system), they are a special team. The group had the right blend of senior

leadership, an outstanding work ethic and a mindset that separated them for their opponents. They had the proper blend of speed, depth and desire.

Varsity Team Members (The nucleus of the team that went to the state meet):

Jayson Leitzen (State Champion 4x100 Meter Relay Team, 2nd Place 400 Meter Dash, 2nd 4x400 Meter Relay Team, and 7th 4x200 Meter Relay Team), Jeremy Daughenbaugh (State Champion 4x100 Meter Relay Team, 2nd 4x400 Meter Relay Team, and 7th 4x200 Meter Relay Team), Kurt Kramer (State Champion 4x100 Meter Relay Team, and 7th 4x200

Meter Relay Team), Jeremy Spencer (State Champion 4x100 Meter Relay Team), Jamie Jones (7th 4x200 Meter Relay Team), Kory Gerbick (2nd 4x400 Meter Relay Team), Jeff Scheider (2nd 4x400 Meter Relay Team), Chad Baker (Alternate, ran for Jeremy Spencer at Sectional Meet), Lyle Rich (Shot put, state qualifier), Brandon Scheider (Alternate), Jeff Weston (Alternate), Jacob Bonnet (Alternate), Josh Daughenbaugh (Alternate), Cynda Jacobs (Manager/Timer), Tara Peight (Manager/Timer), Tom Rutter (Assistant Coach), Gary Denhart (Assistant Coach), Pete Brown (Head Coach).

## FHN debuts Virtual Provider visits with FHNNow

FHN is pleased to offer 24/7 care, 365 days a year virtual healthcare provider (telemedicine) visits at \$59 a visit through a new app, FHNNow.

FHNNow is designed to be a convenient way to consult a healthcare provider when offices are closed or when patients aren't able to schedule an appointment in person. It is not a replacement for in-person visits with your primary healthcare provider.

FHNNow is available to anyone – you don't need to be an FHN patient to see a board-certified physician via smartphone, tablet or desktop computer. FHN patients can have the notes from their e-visits forwarded to their FHN primary care provider.

It is appropriate for non-emergency illnesses and injuries such as sinus and ear infections, colds, flu, sore throats, upper respiratory infections, ear problems, and pinkeye as well as dermatologic conditions like rashes, eczema, warts and cold sores.

Appointments are available immediately or can be scheduled in advance, and FHNNow physicians can send prescriptions to area phar-

macies. Lab work, x-rays and other services requiring in-person care are not available through FHNNow, and children under 36 months with a fever must be referred for in-person care. Support for multiple languages is available through FHNNow.

Virtual visits are \$59, payable by credit or debit card. No insurance can be processed through the FHNNow service; check with your insurance provider to see if the fee is reimbursable. The fee may qualify for reimbursement from HSA or FSA funds; check with your HSA/FSA provider for details.

Sign up for FHNNow using one of the following methods:

Download the FHNNow app from the Apple App Store or Google Play and follow the signup instructions.

Visit MDLive.com/FHNNow and click "Get Started" at the top of the page.

Call toll-free 1-800-400-MDLIVE (6354) and choose option No. 1.

Text FHNDCTOR to 635483 and let Sophie, your personal health assistant, get you signed up.

## Friends of the Pecatonica River Foundation schedule October meeting

The Friends of the Pecatonica River Foundation will be meeting Thursday, Oct. 17, at 6:30 p.m. at The Rafter's Restaurant & Catering, 9426 W. Wagner Road, Lena, Illinois 61048. The meeting will be held in the Cafe' Dining Room with our President, Joe Ginger presiding. Great atmosphere, great food and POPCORN too!

The Friends of the Pecatonica River Foundation is a 501[c]3 Not-for-Profit organization that is dedicated to improving all 58 miles of your Pecatonica River experience. This includes access, education, wildlife habitat, log jam extrication and river clean-up for the human communities in Stephenson County.

Would you like to learn more? The FPRF is available to attend your organizations meeting too!

Be sure to pick-up the all new Second Edition of the Pecatonica River post card book, which is available at our meeting for \$12. Another collector book created by Joe Ginger with autographs available at our meeting. We will be discussing our Log Jam Removal, the proposed Wes Block Landing, Atten's Landing development, seeding and more. Come check us out.

The fun & fishing are great on your 10,000 year old river and the Wildlife viewing is even better. Our organization is a fun "hands on" group that is making great things happen. We encourage you to attend our meeting and consider becoming a member. Everyone is welcome.

## Bustos announces federal funding for Highland Community College

Congresswoman Cheri Bustos (IL-17) – a member of the powerful House Appropriations Committee – announced that Highland Community College will receive \$30,000 in federal funding. These federal dollars were awarded through the Department of Education's Child Care Access Means Parents in School Program (CCAMPIS), which helps provide campus-based child care services to parents seeking postsecondary education.

Congresswoman Bustos is a member of the Appropriations Subcommittee that oversees the

Department of Education. "Access to affordable, dependable child care is crucial to parenting students' ability to continue their education," Congresswoman Bustos said. "This

federal investment will help provide more opportunity to those in the Freeport region and meet the needs of non-traditional students. I'll continue to work to secure the resources needed to overcome barriers like this and make our region a great place to live, work and raise a family."

"Now Highland students will have access to reliable, part-time and variably-scheduled child care," said Tim Hood, President of Highland Community College. "This CCampus grant is exactly the resource we need to provide increased access to this important support. We are looking forward to working with campus partners to put this into action. I cannot thank Congresswoman Bustos enough for this opportunity for our community."

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