


Serving the communities in Stephenson County

Shopper's Guide



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YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, DEC. 25, 2019

Isaiah Bruce takes next step by signing with Iowa

By Trenten Scheidegger
SPORTSWRITER

For the last four years, the Lena-Winslow community and surrounding areas have watched and enamored at the sight of Isaiah Bruce playing football in the Panthers' uniform. Prior to his senior season, Coach Ric Arand discussed the fact that everyone knew the ride was coming to an end in 2019. "It feels like Brucey has been here for about seven or eight years, and it would be nice if we could have him for a couple more years. He's a smart kid

and a very good athlete. He's very coachable and you need those types of kids on your team." Arand said. All along, the goal was to have Bruce and his fellow seniors go out with a bang, but who could have imagined it going so perfectly?

Standing over six feet, two inches tall and over two hundred and sixty pounds, Bruce stood out no matter what he was doing on the field. Whether he was lined up on the defensive line, playing tight end, or even in the backfield, he always seemed to have an impact on every

single play. His senior year showed that as he ran for over one-thousand yards, eclipsed an impressive twelve yards per carry, and racked up sixteen touchdowns. On the other side of the ball, "Brucey" finished with sixty-three tackles and fifteen tackles for loss.

He was a major contributor to both of the state championships the Lena-Winslow Panthers won during his high school career, and his hard work is finally paying off. Last week,

Bruce made his next move official when he signed his letter of intent to play for the Iowa Hawkeyes in the Big Ten. There, he will play on the interior of the defensive line, where they hope to add to his size and build Bruce into the next NFL prospect.

It is an easy transition for the big man, as he will be wearing those same black and yellow colors, while playing for a coaching staff that he enjoys. "Those coaches preach the same things that coach A does, so

I think it will be an easy switch." Bruce said prior to winning the state championship this season.

For a young man that has brought smiles and celebrations to the Lena-Winslow community for years, we would like to congratulate Isaiah on taking his next big step. We wish him all the luck in the world as he takes his dominant play to the Big Ten, and extend a heart felt thank you for all the good times his hard work brought to the community.



Lena-Winslow Head Coach Ric Arand proudly looks on as Isaiah Bruce becomes the first Panther to sign on with a Big 10 Division 1 college program.



MANDY FIELDS PHOTOS Shopper's Guide

Signatures are in place for Lena-Winslow's Isaiah Bruce as he and his mom receive support from family members, fellow teammates, and the Lena-Winslow and University of Iowa coaching staffs.

Congresswoman Bustos statement on EPA's Rule to undercut Renewable Fuel Standard

Congresswoman Cheri Bustos (IL-17) – a member of the House Agriculture Committee – released the following statement on the U.S. Environmental Protection Agency's (EPA) new rule that would undercut the Renewable Fuel Standard:

"The finalization of this EPA rule demonstrates this Administration's complete failure to meet the needs of our family farmers and biofuel producers. Throughout the rule-making process, the Administration said

they would seek to fully restore lost gallons, provide more long-term certainty in the waiver process and offer a clear path to implementation. Instead, the Administration

See BUSTOS, Page 7

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TONY CARTON PHOTOS The Scoop Today/Shopper's Guide

Fun in the winter sun

Many River Ridge pre-school chorus members not only sang, but also danced through their merry segment of the evening's entertainment.



Members of the River Ridge kindergarten classes use props to bring their Christmas songs to life.



The River Ridge fifth grade band opens the school's winter recital with "Good King Wenceslas."

(Right) The River Ridge first grade charms the standing room only crowd with their rendition of "Jolly Old St. Nicholas."



Thank You

Thank you Lena Lions Club and Lena Area Church Cooperative for the plate of cookies and fruit we received. This brightened our day.
Judith Otte & Arlene Loewe

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Gianna Willson says:
"Happy Christmas/ New Year!"

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Special thanks to our local Lena Lions for the fruit baskets. Also to the local church women who furnish the cookies for the platter. All was enjoyed by the residents at Doll Apartments.



TONY CARTON PHOTOS *The Scoop Today/Shopper's Guide*

Fun in the winter sun

Members of the River Ridge second grade brought down the house with a rousing version of "Rocking Around the Christmas Tree."



The River Ridge third grade proves their futures to be so bright they had to wear shades!



The River Ridge fourth grade reminds us the Grinch is a mean one.



The River Ridge fifth grade closes the evening with the reminder, "Here comes Santa Claus."

Serving Stephenson County for 134 years

The Salvation Army is most noticeably the longest serving non-profit organization in Stephenson County, changing several times to meet the current economic and human needs. Each year the organization hosts a necessary fund raiser known as the Red Kettle Campaign. This year the need was made clear and again they changed the delivery of their services to best fit the community, sometimes isn't easy however it is often necessary to elevate duplication of services and over spending. The local unit has made several changes this year to continue to serve well into the future and needs the increase to help launch many new self-sustaining programs.

"We are at a critical junction of this year's campaign" Captain Jim Brickson, "Dec. 24th is the last day the red kettles will be out for collections".

The Freeport Salvation Army hosts 10 Red Kettle locations in Stephenson County, one in Jo Daviess County and two in Ogle County and represents a total of just over 2,500 hours; 264 hours aren't yet spoken

for. It has been very noticeable that an unmanned kettle location bears little to no financial contributions. Monies collected in their respected counties helps to fund ongoing needs in that county.

"We are asking our community members to volunteer or make financial contributions to support your local Salvation Army's Christmas campaign. You can be part of providing for many programs and services" Cal Wescott, Advisory Board Chair

Currently the Freeport Salvation Army is running short about \$50,000 necessary to meet the budgeted amount necessary to operate the local unit. Financial support can be as easy as signing up on RegisterToRing.

See *SERVING*, Page 4



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The Shopper's Guide & Scoop Today office will be closed for the holidays on December 24, 25, 31, and January 1. As always you may reach us via email at scoopshopper@rvpublishing.com or by voicemail at 815-369-7112 or Fax 815-369-9063.

Happy Holidays!

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Obituary

WALTER SCHAEFER

Walter Christian Schaefer, 90 years old, passed away peacefully on the early morning of Dec. 17, 2019.

He was born on Oct. 30, 1929 to German immigrants

Christian and Marie Katherine (Randecker) Schaefer in Lennox, Iowa. He graduated from Stockton High School in the spring of 1947. He was a long time member of Christ Lutheran Church in Stockton, Illinois. He also enjoyed attending church at St. John's Lutheran in Pearl City, Illinois where he made many friends.

He married Barbara Guy on July 23, 1953 at Christ Lutheran Church and they started their family. He was employed at National Lock as a Die maker from 1947 to 1950 until he



was called home to help with the family farm due to the death of his father. Walter started his agricultural business in 1956 and continued in the agricultural business until 1985. During this time he was employed at Atwood Automotive for three decades. After this he ventured into the carwash and storage shed business with his friend James Hass and S & H Enterprises was formed. This business continued until he sold out in 2014.

Walter enjoyed giving of himself to his family and to the community. He was an EMT for the Stockton community for several years. He was involved with Mission America thru Christ Lutheran Church which assisted with the rebuild of the Gulf coast after hurricane Katrina. Walter also worked with the Red Cross of Northwestern Illinois for several years.

Walter is survived by his Son in Law Don Blomberg of Freeport, Illinois, daughters Susan (Steven) Heller of Stockton, Illinois, Sandra Schaefer of Pecatonica, Illinois and Laura (Harley) Melbye of Oconomowoc, Wisconsin. He is survived by 20 grandchildren, 12 great grandchildren, and 1 great great grandchild. He was preceded in death by his parents, two sisters, one brother, his wife Barbara and his daughter Kathleen.

Services were held at Christ Lutheran Church on Saturday Dec. 21, 2019 with a graveside service at Ladies Union Cemetery in Stockton, Illinois to immediately follow the service.

A memorial fund has been established. Condolences can be shared with Walter's family at www.hermannfuneralhome.com.

Births

Owen Redmond Heck

Josephine & Daniel Heck of Pearl City, IL are pleased to announce the birth of their son Owen Redmond Heck born on Dec. 18, 2019 at FHN Memorial Hospital in Freeport, IL. Grandparents are Midge Hernandez, Rick Hernandez both of Freeport, IL, Susan Bielefeld of Hixton, WI and Harelde Heck of Neillsville, WI. Great Grandparents are Wayne Oldham of Neillsville, WI and Harold Heck of Greenwood, WI. Owen joins a sister Bridget and brothers Ryan & Aiden at home.

Eryah Faithe Webb

Grace Brinkmeier & Jerold Webb are pleased to announce the birth of their daughter Eryah Faithe Webb born on Dec. 15, 2019 at FHN Memorial Hospital in Freeport, IL. Grandparents are Tina Taylor of Freeport, IL, Jeffery Brinkmeier of Stockton, IL, Brandy Webb of Boscobel, WI, and John Webb of Orangeville, IL. Great Grandparents are Virginia Brinkmeier of Chadwick, IL and Betty Taylor of Freeport, IL.

• Serving

(Continued from page 3)

com sending a check to 106 W Exchange St Freeport or using iPay or Google Pay at all Red Kettle Stands. The Salvation Army is asking that the local residents consider even giving just two hours to ring the bell at any of the available locations. Just two volunteer hours can allow the Salvation Army to provide meals for a family for an entire week.

Dispensary do's and don'ts

By Matthew Mongelia
POTGUIDE-COLORADO COLUMNIST

Next week, countless people will step into an Illinois dispensary for the first time. Cannabis tourism is booming, and each election cycle new states are opening up for recreational and medical sales. Purchasing cannabis has never been safer, easier or more convenient. For shoppers old and new alike, we've compiled a simple guide of "Dos and Don'ts" to having an optimal dispensary experience, straight from the other side of the counter.

No matter your experience level with cannabis, everyone should be aware of the proper etiquette for visiting a dispensary. Following the guidelines below will help ensure your experience is nothing but smooth.

Do Come Prepared

Just like a club or a bar, entry has stipulations. If you're shopping recreationally, make sure that you have valid, acceptable ID on hand. Call ahead if you're unsure. If you're shopping medically, make sure your paperwork is up to date and accurate.

If it's your first time shopping at a medical dispensary, there will usually be some onboarding paperwork to be done. Plan extra time accordingly. Also, some (most) dispensaries only take cash, so hit the ATM beforehand if needed.

Do Some Planning

Think a little bit about what you might be looking for, or what you might be open to, before shopping. Most dispensaries have their menu online, and taking some time to familiarize yourself with the products will keep you from feeling overwhelmed, especially for those new to the dispensary experience.

Online Menus

Checking out a dispensary's menu before visiting will save you time and help you find the ideal product for your needs.

If you know what you want and you're not feeling flexible, call ahead and make sure it's in stock. Inventory moves fast, and that great deal on live resin is going to be as exciting to everyone else as it is to you.

Don't be a Potency Snob

Walking in the dispensary and asking for the highest potency is akin to walking into a liquor store and asking for Everclear. You don't look classy. THC content is just one of the many factors that produces the qualities of a high. Feel free to mention if you're seeking something potent, but don't simply assume that numbers are everything. Trust in your budtender. If you're just looking to get deeply stoned, they will provide the best way possible.

Do Ask Questions

Budtenders are there to help. Wheth-

er you've been smoking since the 70's or started lighting up when recreational came along, the weed world changes fast. Whatever you think you might know may have changed, and there's a lot to know, so don't be shy. Feel free to make inquiries, even "stupid" ones. It will really help your budtender help you.

Don't be Rude (or accept rudeness)

The public perception is often that budtenders are dismissive, perma-stoned and half-aware. If that is indeed your dispensary experience, we encourage you to seek another shop. In reality, your budtender should courteously carry in-depth product knowledge on an average of 50 rotating items (sometimes many more) alongside a mountain of laws and regulations. It's a lot to remember, and understanding should be encouraged on both sides. Rudeness can be a quick ticket to bad suggestions and worse service.

Do Make Yourself Comfortable

We turn to Puff Daddy's timeless advice for arriving on the scene, "act like you been here before." It can be unusual and exciting to buy cannabis at a counter, legally, from a vast selection. Still, make some attempt to be cool about it. Look around; tell the budtender a little about what kind of experience you're looking to have or other smoking preferences. The more comfortable and open you are, the better your resulting experience will be.

Don't Go Beyond Your Limits

Budtenders truly want their customers to have an enjoyable experience. If you're cautioned away from something as being too strong, you should probably heed the advice. Cannabis works on its own unique, independent chemical system in the body. Thus, people often base their tolerance assumptions on incorrect factors. Budtenders have experience, and want you to have a good time. Listen to them if you're unsure about dosing!

Don't Talk About Plans for Illicit Activity

While most customers are pleasant, law-abiding people, there's at least a few every single day that walk directly up to a budtender and ask advice on how to circumvent state or federal guidelines, openly, on camera.

No Illegal Talk

Talking about breaking the law in a dispensary is a bad idea, plain and simple!

Every single dispensary in every state is under continual surveillance. It's part of the regulatory guidelines. So, next time you think about nonchalantly asking for help committing a felony, please pause and reconsider before speaking up, and forcing the budtender to intervene. They can and will refuse a sale; it's part of the job.

And it really ruins their day, so just don't.

Do Tip

Seriously, it's standard. A good guide is \$1-\$2 for small purchases, \$5 for bigger buys, and don't be shy to give more if they really went all out. What exactly is good service? In general, it means being attentive, efficient and offering helpful advice when asked.

Tip Jar

Tipping your budtender is always a good idea, especially if they provided good service.

If you looked at six different products and wanted to know the effects of each, you certainly should be tipping. However, a good cannabis purchasing experience is also based on what you want it to be. Want the budtender to be fast and quiet? Communicate that. If they gave the service you wanted, show your appreciation in the tip jar.

Don't Linger

Most dispensaries are not set up in a way to take large volumes of people at once as a security feature. Unfortunately, strict regulation adherence takes priority over customer experience. Budtenders have to be hyper vigilant on the clock, but won't let it show.

If you're done with your purchase, it's a big help to them if you're on your way in a timely manner. Budtenders enjoy shooting the breeze as much as any other person under regular circumstances, but in the dispensary, it can be stressful.

Happy Shopping!

There you have it, some simple guidelines to be aware of the next time you decide to visit a dispensary. Remember, budtenders are there to help so keeping in mind these simple dos and don'ts will help improve both of your experiences. Finally, if you ever have a particularly pleasant dispensary experience and want to commend your budtender, be sure to leave the dispensary a review to show some love!

Al-Anon schedule changes

The Al-Anon meeting at St. John's Lutheran Church, 229 S. First St. Pearl City that regularly meets on Tuesdays at 6:30 p.m. meet at 6 p.m. for their 12/31 meeting. Questions: 815-990-2611 or www.niaf.org

The NA meeting at Trinity Lutheran Church 312 S. High Street, Lanark that regularly meets on Wednesdays at 6:30 will not meet on Dec. 25. The next meeting will be at 6:30 on Jan. 1, 2020.

This is an OPEN MEETING/Enter using west door on Prairie Street. Questions: 815-297-7653 or www.na.org

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FROM LENA'S KITCHEN



The not so skinny cook

We seem to be on a seesaw of weather. The middle of the week it was cold, cold, and more cold. Now we are climbing up to above freezing and may break into the forties. What a warm Christmas. Christmas Eve services will find it nice to come out of the church and not be freezing. This week's recipes are still a little Christmas and some after Christmas ideas too.

The first recipe is for a holiday salsa. The cranberries give it a different salsa flavor. Remember if you want it hot and then more hot, leave the seeds in the pepper. Enjoy this salsa with crackers or tortilla chips.

Holiday Salsa

1 pkg. (12 oz.) fresh or frozen cranberries
 1 C. sugar
 6 green onions, chopped
 1/2 C. fresh cilantro leaves, chopped
 1 jalapeno pepper, seeded and finely chopped
 1 pkg. (8 oz.) cream cheese
 Pulse cranberries and sugar in a food processor until coarsely chopped. Stir together with onions, cilantro and jalapeno. Cover and refrigerate several hours or overnight. To serve, place cream cheese on a serving plate. Drain salsa; spoon over cream cheese. Serve with crackers or tortilla chips.

If you are looking for a different way to make broccoli that is not very difficult, try this crunchy and cheesy broccoli recipe.

Cheesy Crumb Topped Broccoli

1 pkg. (16 oz.) frozen broccoli florets
 1/3 C. toasted panko bread crumbs
 1/3 C. shredded extra sharp cheddar cheese
 1/2 t. salt
 1/8 t. pepper
 1/4 t. garlic powder
 Prepare broccoli according to package directions; drain. In a bowl combine panko bread crumbs, shredded cheddar cheese, salt, pepper, and

garlic powder. Sprinkle over cooked broccoli.

If broccoli isn't your thing, try these great carrots. If you have your own carrots, use them instead of the frozen ones. The rosemary and thyme will help a rather bland vegetable jump up and down.

Rosemary and Thyme Carrots

2 C. frozen sliced carrots
 1/3 C. softened butter
 1/2 t. fresh thyme, minced
 1/2 t. minced fresh rosemary
 1/8 t. salt

Prepare carrots according to pkg. directions. Combine butter, thyme, rosemary and salt. Drain carrots; top with herb butter.

This salad is a pretty addition to any meal. It is light and refreshing, and will go into the New Year really well.

Red and Green Fruit Salad

3 kiwis, peeled, halved and sliced
 1 C. red seedless grapes
 1 C. green seedless grapes
 1 pkg. fresh raspberries (6 oz.)
 1 Bartlett pear, cored, sliced, and chopped.

1 red skinned pear, cored, sliced and chopped

Zest of one lime

Whisk:

2 T. fresh lime juice

1 T. honey

1 T. pomegranate molasses

Combine fruit and zest in a bowl. Whisk together lime juice, honey and pomegranate molasses until combined with fruit

This recipe is an easy way to use any beef leftover from Christmas. It is quick, and will be a great week night meal that just needs a salad and some bread.

Roast Beef Pasta Skillet

1 C. uncooked spiral pasta
 1/2 C. chopped onion
 1 t. olive oil
 1 t. butter

1 C. Cubed cooked roast beef
 1 t. pepper
 1/2 C. chopped tomato
 1/2 C. grated Parmesan cheese

Cook pasta according to package directions. Meanwhile, in a skillet sauté onion in oil and butter until tender. Add roast beef and pepper; heat through. Drain pasta; add to beef. Stir in tomato and cheese.

If you are tired of ham and beef, this easy chicken recipe will be a welcome change. Chicken Divan is not usually in the form of a casserole, but this one would be a good one to try.

Easy Chicken Divan

2 pkg. (10 oz. each frozen broccoli
 2 C. turkey or chicken
 2 cans cream of chicken soup
 1 C. mayonnaise
 1 T. lemon juice
 1/2 t. curry powder
 1/2 C. soft bread crumbs
 1 T. melted butter
 1/2 C. shredded cheddar cheese

Cook broccoli until tender. Place in greased casserole. Put meat on top. Combine soup and mayo, lemon juice, curry powder; pour over chicken. Sprinkle with cheese. Combine crumbs and butter and sprinkle over all. Bake at 350 for 25 to 30 minutes.

If you need a really good bar that is more like a candy, try these. The foil sling is an easy way to get the bars out of the pan. What is better tasting than caramel, pecans, and chocolate?

Turtle Bars

Crust
 1 2/3 C. flour
 1/2 C. sugar
 1/3 C. unsweetened cocoa powder
 1/4 t. salt
 12 T. unsalted butter, melted
 Topping
 1 can caramel ice cream topping
 1 C. packed light brown sugar
 1/2 C. heavy cream
 1/2 C. light corn syrup
 8 T. unsalted butter
 1/2 t. salt

2 C. chopped pecans, toasted, divided

1 C. semisweet chocolate chips
 1/2 t. flake sea salt

Preheat oven 350. Make foil sling for 9 by 13 pan by folding 2 long sheets of aluminum foil; first sheet should be 13 inches wide and second sheet should be 9 inches wide. Lay sheets of foil in perpendicular to each other, with extra foil hanging over edges of pan. Push foil into corners and up sides of pan. Spray foil with cooking spray.

Crust: Combine flour, sugar, cocoa, and salt in bowl. Add melted butter and stir with rubber spatula until evenly moistened. Crumble dough over bottom of prepared pan. Press dough to even thickness using bottom of dry measuring cup. Using fork, poke dough all over, about 20 times. Bake until crust is fragrant and looks dry, 18 to 20 minutes. Transfer pan to wire rack. Crust needn't cool completely before adding topping.

Topping: Combine caramel, sugar, cream, corn syrup, butter, and salt in large heavy-bottomed saucepan.

Bring to boil over medium heat, 7 to 9 minutes, stirring frequently with rubber spatula. Once boiling, continue to cook, stirring frequently to prevent scorching, until mixture registers between 235 and 240 in several places; Cook 9 to 11 minutes longer. Mixture will be thick and bubbling vigorously. Off heat, stir in 1/2 C. pecans. Pour caramel mixture over crust and spread to even thickness. Sprinkle with chocolate chips and let stand until chocolate chips have softened, about 5 minute. Swirl softened chocolate chips through caramel mixture using a butter knife. Sprinkle with remaining 1/2 cup of pecans and flaked sea salt. Let bars sit at room temperature until chocolate is set, at least 3 hours. Using foil overhang, lift bars out of pan (Caramel may stick to the foil. Use paring knife to separate, if necessary.) Cut into 24 pieces (5 cuts by 3 cuts) and serve.

The name of this recipe is decept-

See KITCHEN, Page 10



Season's

Greetings

WE WOULD LIKE TO WISH ALL
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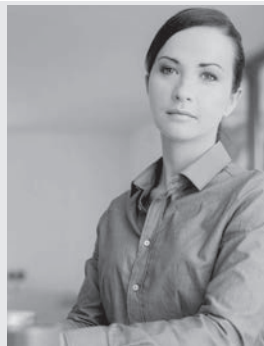


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After Christmas Sales



Monroe Clinic Christmas and New Year's hours

Monroe Clinic locations – and the main clinic in Monroe – will have varied hours on Dec. 25, Dec. 31 and Jan. 1.

Clinic and branch locations are open until 3 p.m. on Dec. 24; closed on Dec. 25; open until 5 p.m. on Dec.

31; and closed Jan. 1.

Monroe Clinic FastCare, located at 100 W 8th Street, Monroe, WI, is open 8 a.m. – 4 p.m. on Dec. 24; closed on Dec. 25; open 8 a.m. – 8 p.m. on Dec. 31; and open 9 a.m. –

5 p.m. on Jan. 1. FastCare does not treat emergency care. View a full list of services at www.monroeclinic.org/fastcare.

Monroe Clinic Urgent Care, located at 1301 S. Kiwanis Dr., Free-

port, IL, is closed on December 25; open 8 a.m. – 8 p.m. on Dec. 31; and open 8 a.m. – 4 p.m. on Jan. 1. Services range from treatment of broken bones to flu symptoms. Learn more at www.monroeclinic.org/urgent-

care.

Please note that Monroe Clinic Hospital and Emergency Department are open 24 hours a day, seven days a week at 515 22nd Avenue, Monroe, WI.



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TONY CARTON PHOTOS Shopper's Guide

Pearl City Library craft night

(Above Left) Chole Jean and Gicela work on their gingerbread projects during a crafts session at the Pearl City Library. (Above Right) Adeline and Lucy color partridges in pear trees at the Pearl City Library.

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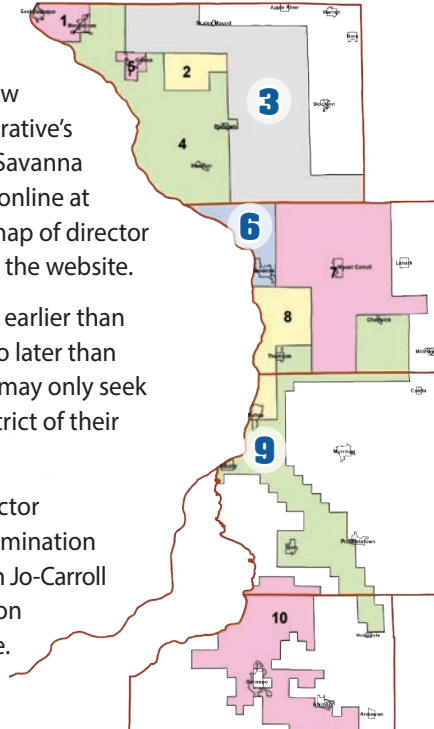
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Jo-Carroll Energy seeks board of director nominations for districts 3, 6 and 9

Nomination petitions for the Jo-Carroll Energy Board of Directors are now available from the cooperative's Elizabeth headquarters, Savanna office, Geneseo office or online at jocarroll.com. A larger map of director districts can be found on the website.

Petitions may be filed no earlier than **January 13, 2020** and no later than **April 9, 2020**. Members may only seek nomination from the district of their primary residence.

Complete details on director qualifications and the nomination procedure can be found in Jo-Carroll Energy's bylaws, posted on the cooperative's website.



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• Bustos (Continued from front page)

has chosen to side with big oil and turn their backs on rural America.”

BACKGROUND
Earlier this month, the Administration announced a new ethanol plan that was set to make up for their own actions to undermine the Renewable Fuel Standard and our agricultural economy. Today, the EPA announced a final rule on how

the administration plans to execute their ethanol plan, but it fails to match the needs of rural America. In August, Congresswoman Bustos slammed the EPA for approving 31 small refinery biofuel waivers, which undermined the Renewable Fuel Standard and rigged the system for big oil. Congresswoman Bustos has also been a longtime

supporter of year-round E15 to grow our agricultural economy. In addition, her plan to combat climate change and spur economic growth – the Rural Green Partnership – expands the use of bio-fuels to reduce Green House Gas emissions by optimizing fuel standards. In recognition of her efforts

to champion the work of ethanol producers, Congresswoman Bustos received the Fueling Growth Award from Growth Energy – the country’s largest ethanol association. Congresswoman Bustos serves on both the House Appropriations and Agriculture Committees.

LEGALS

Public Notice

Zoning Amendments

A Public Hearing will be held by the Village President and Board of Trustees of Lena, IL on Monday, January 13, 2020 at 5:45pm at the Village Hall, 122 E. Main St., Lena, IL 61048 for the purpose of hearing evidence amending Chapter 21 regarding the permitted uses and intensity in the commercial district along with the number of units allowed in multi-family R4 district.

All interested persons will be given the opportunity to be heard at the public hearing. Interested persons may present either written or verbal comment at the public hearing. The Board will be acting on this amendment at the January 13, 2020 Board meeting.

(Published in
The Shopper's Guide
Dec. 25, 2019)

364348



TONY CARTON PHOTO Shopper's Guide

He's making a list

Santa is making a list during his recent visit to the Lena Public Library.

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What do we really know about poverty?

By Craig Chamberlain

U OF I NEWS SOCIAL SCIENCES EDITOR

The holidays are a time we focus on those in need and heap scorn on the Scrooges and Mr. Potters who don't. But how well do we understand poverty otherwise – such as who's poor, where they live, and the help that is or isn't available? Are we operating, in some cases, from old or faulty assumptions? U. of I. sociology professor Brian Dill teaches an introductory course on poverty, in both classroom and online versions, and spoke with News Bureau social sciences editor Craig Chamberlain.

What do you find to be the biggest misconceptions about who is poor?

I hear three misunderstandings from my students. First, they overestimate the number of people around the world in extreme poverty. They often assume that more than one-third of humanity is living below the international poverty line of \$1.90 per day. While this was the case in 1990, it has declined rapidly over the past three decades to just under 10%.

This is still unacceptably high. But it is important to understand that efforts to alleviate poverty are having an impact. Much of the progress can be attributed to the mobilization behind eight Millennium Development Goals that were the focus of the global community from 2000-15. This effort helped to cut the extreme poverty rate in half, increase the number of children attending schools, reduce infant and maternal mortality, and improve access to

clean water.

The second misconception is about where the American poor are located. Poverty in the U.S. has long been associated with large urban centers such as Chicago's South Side or rural communities such as Appalachia, where it historically has been most concentrated. While poverty rates continue to be higher than average in those places, it's the suburbs that have, over the past two decades, become home to the largest number of poor residents.

A third misconception concerns poverty and work. Students often assume that, almost by definition, the poor are unemployed. It's correct that a majority of those below the poverty level do not work. But this includes children, the elderly and the disabled poor. And about 7 million of our fellow citizens – 5% of the active labor force – can be classified as the "working poor."

How do assumptions about welfare in the U.S. meet with the reality? What help is actually available, and for whom?

Recent polls show that the American public is generally sympathetic to the poor and supportive of greater government efforts to fight poverty. Most think that the poor are hard working and their circumstances are due more to forces beyond their control, rather than a lack of effort. Views shift, however, when survey questions refer to "welfare" rather than "poverty." A majority believe the government spends too little on the poor, but half say it's spending

too much on welfare.

"Welfare" can refer to a variety of public assistance programs, and surveys do not provide much clarity about how the public feels about specific programs. I suspect that our views have been shaped by the forceful critiques of the welfare system by Presidents Reagan and Clinton, both of whom emphasized the perceived excesses of cash assistance.

The law Clinton signed in 1996 replaced the previous cash assistance program with Temporary Aid to Needy Families, which added work requirements, caps for how long and how much aid a person could receive, and harsher punishments for recipients who did not comply with the requirements. As a result, the number of recipients of cash assistance shrunk dramatically over the two decades after – from 68% to 23% of families below the poverty line, according to the non-partisan Center on Budget and Policy Priorities.

Broadly speaking, public assistance in the U.S. is oriented toward those who work. Arguably one of the most successful anti-poverty programs is the Earned Income Tax Credit, which supplements the earnings of low- and moderate-income working people. The link between work and public assistance can also be seen in the Trump administration's recent announcement that it intends to tighten work requirements for the federal food stamp program, known by the acronym SNAP.

Overall, childless adults aged 18-49 without disabilities receive limited public assistance. And evidence suggests that low-income workers without children are the only group that is pushed deeper into poverty by the federal tax system, largely because they are eligible for only a very small EITC.

Is there any kind of common understanding about the nature of poverty that bridges partisan divides or suggests approaches we haven't tried?

There is no simple way to explain the existence and persistence of poverty. There are multiple, overlapping causes that vary by context and over time. Those debating the causes of poverty in the U.S. have tended to advocate on behalf of either an individualist or structuralist perspective, and it is important to stress that people's views have often been shaped by their political values rather than

empirical evidence.

Proponents of the individualist perspective explain poverty mainly as resulting from personal weaknesses, failings and inadequacies – such as making bad choices, failing to contain desires or neglecting to plan for the future. Those taking a structuralist perspective argue that poverty is caused by a shortage of decent-paying jobs, inadequate safety nets, discrimination and the distribution of power and resources beyond any individual's control.

One approach that has gained considerable attention over the past two decades is grounded in an understanding of both the structural impediments confronting poor people and their individual capacities to change their circumstances. It involves giving money directly to the poor through cash-transfer programs. Support for transfers stems from the understanding that low and variable income is central to the reproduction of poverty. Providing poor households with modest-but-regular income can help to smooth consumption and sustain spending on food, health care and education when times are tough, and

protects the poor from the need to sell assets and take on debt.

Your students are a diverse mix from both the U.S. and abroad. What are the challenges or insights that result from teaching a course on global poverty?

Although my students come from diverse backgrounds, the vast majority have had little, if any, direct experience with poverty, particularly the extreme poverty that is encountered in developing countries. A key challenge is helping them to move beyond the single story that we often tell about poverty, a story that focuses on the individual and identifies poverty with those who are different from us.

In the U.S., for example, poverty is often viewed as a problem that affects minorities and the so-called underclass. Evidence suggests, however, that more than half of the American population will experience at least one year in their lifetimes below the official poverty line. It is important therefore to understand that poverty is not a quality of a certain type of person but rather a condition that will be experienced by a majority.

Good Shepherd Lutheran Church

Good Shepherd Lutheran Church will gather on Dec. 29, for Blue Christmas worship service at 9:30 a.m. at 118 E. Mason St. Lena, IL. Not all Christmas are cheerful and merry. We have also experienced loss and grief this season. In Blue Christmas worship service we will read the massacre of the infants from Gospel of Matthew. Rene' Johnson will deliver the message. During worship we will bless the First Responders in our community. Everyone is welcome. Following worship, there will be a time for fellowship with coffee and sweets. If you have any questions call the church at 815-369-5552.

Salem United Church of Christ (Lena)

Worship will begin at 10:30 a.m. on Sunday, Dec. 29, at Salem United Church of Christ, 8491 W. Salem Road, Lena. The sermon entitled "In the Public Domain" will be from Hebrews 2:10-18, given by Rev. Randal Nicholas. There will be no Sunday School on Dec. 29. The Wednesday Morning Breakfast Group will not meet on Jan. 1.

St. John's Lutheran Church (Pearl City)

You're welcome to celebrate Christmas at St. John's. Join us for Christmas Eve worship services at 5 or 9 p.m. The Christmas Day worship service will be held at 9 a.m. The Five Gifts of Christmas Worship Service will be at 9 a.m. on Sunday, Dec. 29.

Beth Leid, Freeport, won the \$200 Calendar Raffle drawing on Dec. 15, 2019.

Bible Studies will resume on Jan. 6. All are welcome to play Mexican Train Dominoes on Jan. 7 at 9 a.m. The Men's Breakfast will meet at 7:30 a.m. on Wednesday, Jan. 8 at Brother's Inn, Lanark.

Need a place to hold an event in Pearl City? The main hall at St. John's is available for rent. Call the church for more information and availability.

St. John's Lutheran Church is at 229 S. First Street, Pearl City, Illinois. The office phone number is 815-443-2215 (mornings). All are invited to our weekly worship services and youth to our Sunday School and youth ministries. You may also email at prshadmin@gmail.com.

Willow United Methodist Church

The Willow United Methodist Church will have their Christmas Eve Candle Light Service on Tuesday Dec. 24, at 5 p.m. as we look forward to celebrating the birth of Jesus. And we wish everyone a Very Merry Christmas!

We will also have our Sunday Service on Dec. 29; at 9 a.m. Pastor Chuck Wolbers will be bringing the message. All are invited and welcome to stay for fellowship after the message followed by Sunday School at 10:30. We are concluding an exciting study on Angels by Billy Graham. All are invited and welcome to this time too.

Willow UMC is located seven miles SE of Stockton, IL on Willow RD.

For more information, please call Pastor Chuck at 815-947-2541



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•Kitchen (Continued from page 5)

...ive. You are probably thinking pasta and red food coloring. If you read further, you will see that there is cake involved for the red. There is pistachio pudding involved for the green. You have red and green M & M's to top off the "lasagna."

Red Velvet Dessert Lasagna

1 pkg. red velvet cake mix
 1/3 C. oil
 2 eggs
 2 pkg. (8 oz. each) cream cheese, softened
 1/2 C. sugar
 2 3/4 C. cold milk, divided
 1 tub (12 oz.) Cool Whip, thawed, divided
 2 pkg. (3.4 oz each) Jell-O Pistachio instant pudding
 1 1/2 C. miniature marshmallows
 1/2 C. red and green M & M's chopped
 Preheat oven to 350. Beat first 3 ingredients in a large bowl with mix-

er until blended; press onto bottom of 9 x 13 baking dish sprayed with cooking spray. Bake 12 minutes. Cool completely. Beat cream cheese and sugar in second large bowl with mixer until blended. Add a cup of milk; mix well. Gently stir in 2 cups Cool Whip. Spread evenly over the crust. Whisk dry pudding mixes and remaining milk in medium bowl 2 minutes. Stir in 1 cup of the remaining Cool Whip; spread over cream cheese mixture. Refrigerate for at least 4 hours. Cover with remaining Cool Whip, then top with candies and marshmallows right before serving. Cut into squares.

We will soon be saying goodbye to another year. It is hard to believe how fast we went from Thanksgiving to Christmas. We had a little cold weather and very little snow; maybe that is why no one is really ready for Christmas. (It could be that we had only three weeks between the

two holidays!) I know that I will be cooking right up to the last minute, and I won't finish shopping until the bitter end. I am tired already! I am looking forward to the prime rib dinner on Christmas. I also hope to get my cookies and cards finished. I will give you a report next week. If you have some recipes for the New Year you would like to share, you can send them our way. You can contact us in person, by mail at From Lena's Kitchens, *Shopper's Guide* at 213 S. Center St. or email us at scoopshopper@rvpublishing.com.

In leaving our time together today, I would share with you my traditional Christmas message that I received many years ago from a dear friend. It has certainly been true this year for our family. Remember that—"Every time a hand reaches out to help another...that is Christmas. Every time someone puts anger aside and strives for understanding...that is Christ-

mas. Every time people forget their differences and realize their love for each other...that is Christmas. May this Christmas bring us closer to the spirit of human understanding, closer to the blessing of peace." May

the blessings of Christmas be on all of you as we celebrate the birth of the Christ Child and the promise of eternal life. Merry Christmas from Lena's Kitchen and the not so skinny cook.

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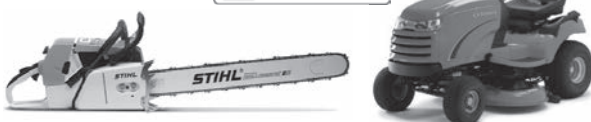
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Rodebaugh presents research at Monmouth College

Miranda Rodebaugh, a psychology major from Orangetown, made a senior research presentation at Monmouth College earlier this month. This year's psychology and biopsychology presentations covered a variety of topics, including how mood is affected by exercise, by animal interaction and by yoga, and how factors such as social isolation and discipline-specific confidence affect

academic success in college students. Founded in 1853, Monmouth College is a nationally ranked liberal arts college. Affiliated with the Presbyterian Church (U.S.A.) and the birthplace of the women's fraternity movement, the college offers 38 majors, 42 minors, 17 pre-professional tracks, and two innovative Triads in Global Food Security and Global Public Health.



COURTESY PHOTO Shopper's Guide

The Pearl City Elevator location, Baileyville Coop, made a significant impact with their efforts to the 2019 Harvest Blessings Food Drive.

Pearl City Elevator Harvest Blessings 2019 Food Drive

Pearl City Elevator, Inc., with a focus of collaboration and giving, held its inaugural food drive. With 2,297 cans/boxes collected, PCE is making an impact for our local food pantries. Employees from each of our eight (8) locations, generously donated items to help others in need. Pearl

City Elevator, Inc. is an agricultural cooperative serving NW Illinois and Southern Wisconsin. With a strong heritage of 101 years, the PCE employee culture includes making a positive difference for others, and our 2019 Food Drive is just one of those difference makers.

*From our Parkview Family to yours -
Best Wishes for a Joyous Holiday Season and a Happy New Year!*

Parkview's continuum of care provides all levels of care from independent living to 24 hour nursing care.

Do you have a loved one that would benefit from 24 hour nursing care?
Is your loved one getting the care they need and deserve?

We currently have openings in 24 hour nursing care and memory care.

Call 815-232-8612 to schedule a tour and see and feel the difference yourself!

Parkview Retirement Community
1711 W. Church St., Freeport, IL
www.parkviewhome.org

"like" us on facebook

364350

Sandwiches

- All Sandwiches include fries
- Italian sausage w/marinated sauce 5.99
- Combo beef and sausage 6.99
- Italian beef with cheese 5.99
- Pork tenderloin 5.99
- Patty melt with grilled onions 5.99
- Tuna melt with american cheese 5.99
- Grilled ham and cheese 5.99
- Meatball sandwich with red sauce and mozzarella 5.99
- Croissant sandwich 5.49
- Grilled cheese 4.99
- Crispy chicken 5.99
- Grilled chicken 5.99
- Cajun chicken breast 4.99
- add bacon and cheese 1.00
- Chicken club (grilled or crispy) 5.99

Fajitas

- Chicken fajita (pita or tortilla) 5.29
- Steak fajita (pita or tortilla) 6.29

Burgers

- All burgers include fries
- 1/2 lb. burger 4.99
- 1/2 lb. cheeseburger 5.99
- Double burger 6.99
- Double cheeseburger 6.99
- 1/2 lb. bacon cheeseburger 5.99
- 1/2 lb. mushroom swiss burger 5.99
- Double bacon cheeseburger 7.99
- Avocado burger 7.99

Ribs

- Ribs include fries, coleslaw & garlic bread
- 1/2 slab ribs 10.99
- Full slab ribs 17.99
- Fried chicken w/fries & coleslaw 7.99

Tacos

- All tacos 2.00 each
- Asada (steak), Al Pastor (pork), Ilegales (pork and steak), Carne (beef), Lengua (tongue), Pescado (fish)

Taco Dinner

- All taco dinners include 3 tacos, rice and beans 7.29 each
- Asada, Al Pastor, Ilegales, Carne (beef), Lengua (tongue), Pescado (fish)

Quesadilla

- All quesadillas include grilled onions & peppers 5.50 each
- Asada (steak), Al Pastor (pork), Ilegales (pork & steak), Chorizo, Carne (beef)

Burritos

- All burritos include cheese, beans, avocado, lettuce, tomatoes and sour cream
- Asada (steak) 6.50
- Al Pastor (pork) 6.50
- Chorizo 6.50
- Carne (beef) 6.50
- Lengua (tongue) 8.50

Pizza

	Sm 10"	Md 12"	Lg 14"	Xlg 16"
Cheese	7.00	8.00	9.00	10.00
Meat Lover	9.00	11.00	12.00	14.00
Veggie Lover	8.25	9.50	10.75	12.00
Hawaiian	8.50	10.00	11.50	13.00
Chicken Bacon Ranch	8.50	10.00	11.50	13.00
Everything Sp.	9.00	11.00	12.00	14.00
Add extra for Small & Medium	1.00			
Large & Extra Large	2.00			

Starters

- Garlic bread & cheese 2.99
- Bread sticks (5) 3.99

Appetizers

- Mozzarella sticks (6) 4.99
- Cheese curds (18) 5.99
- Boneless wings (8) 5.99
- French fries 2.19
- Chicken strips (4) 4.99
- Traditional wings, BBQ or spicy
- 10 pcs 9.25
- 15 pcs 13.50
- 20 pcs 17.25

Daily Dish

- Different food dishes each day.
- Call and ask us!
- Dish 7.49

JOSELYN
PIZZA AND MEXICAN CUISIN

435 W. Lena St. • Lena
815-369-9777