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# rScoop Today 

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YOUR FREE HOMETOWN NEWSPAPER
WEDNESDAY，MAY 10， 2023


## Ag in the Classroom

Students in River Ridge FFA Chapter completed their Ag in the Classroom program．Here Bear Wiley and Aiden Miller learn all about dairy cows．

## Hornets yeared for postseason after winning three in a row

By Trenten Scheidegger CORRESPONDENT

All season long the Scales Mound－River Ridge Hornets have been hoping to play their best softball when it matters most．After their recent string of play，it appears the Hornets may be doing just that．With the regular season nearing its end the Hornets managed to pick up three consecutive victories over the Pecatonica Indians and the West Carroll Thunder．
On Monday，May 1 the Hornets began their late sea－ son run with a win over Peca－ tonica．It was just the way
the Hornets needed to start fense went on to put up runs the mound，striking out nine the new month as they en－ tered May with a record of 3－15．The Indians came into the matchup struggling them－ selves with a record of 2－16．

It was a slow start offen－ sively for both sides．Peca－ tonica jumped out to the early lead with a run in the bottom of the second．That was the only run through the first three innings，however．SM－ RR managed to tie the game in the top of the fourth when Alyssa Wentz singled to drive in Sarah Winter．

That was just the spark the Hornets needed as their of－
in each of the next three in－in seven complete innings of nings．SM－RR grabbed their first lead of the day with a pair of runs in the top of the fifth． After Millie Boden scored on an error，Emily Wurster took advantage of a wild pitch，put－ ting the Hornets up 3－1．

The lead would last un－ til the end for the Hornets as they picked up a 9－5 victory． Wurster led the way offen－ sively going three for five． Amie Richmond went two for three with one run batted in． Wentz finished two for three with one RBI as well．Garrett Pickel picked up the win on


Two days after that，the Hornets picked up their third consecutive win when they swept the Thunder with a 5－4 victory．SM－RR had to fend off a comeback effort by the Thunder．West Carroll made things interesting with a pair of runs in the bottom of the seventh．It wasn＇t enough， however，as Pickel got a pop－ out to end the game．

This time around Laiken Haas led the way，going two

See HORNETS，Page 10

## McCombie＇s

 prescription drop－ off events draw great turn outHouse Minority Leader Tony McCombie hosted a successful series of prescrip－ tion drop off－events in three counties．The events were held in partnership with local Sheriffs，and in line with Na－ tional Prescription Take Back Day，a movement backed by the federal Drug Enforcement Agency to help prevent medi－ cation misuse and opioid ad－ diction．

McCombie＇s events helped ensure that unused，unwant－ ed，or expired prescriptions were properly disposed of． The events did just that，and safely collected dozens of pounds of prescription drugs and medications in Stephen－ son（15 pounds），Carroll（19．5 pounds），and Jo Daviess（20．1 pounds）Counties．There was a little friendly competition amongst the counties，includ－ ing Freeport，which collected 12 pounds at their own pre－ scription drop off event，held on the same day．

Representative McCom－ bie was joined by State Representative John Cabel－ lo（R－Machesney Park）in Stephenson County as well as Stephenson County Sher－ iff Steve Stovall；in Car－ roll County by Sheriff Ryan Kloepping and in Jo Daviess County by Sheriff Kevin Turner．＂I want to thank the law enforcement officers See EVENTS，Page 20

## II Best Wishes to all Area Graduates

Apple River，IL • Scales Mound，IL • Warren，IL • Elizabeth，IL • Hanover，IL • Hazel Green，WI
Galena，IL－First Community Bank

## Obituaries

NINA M. SHEETZ
Nina M. Sheetz, 98, of Freeport, IL died peacefully on Friday, Dec. 30, 2022, at Oakley Courts Assisted Living surrounded by family. She was born on Oct. 9, 1924, to Winfield and Lucille (Hermann) Hall of Stockton. Nina and Bill Sheetz were married on Sept. 9, 1944, and farmed in Stockton until their retireNina was a long-time member of the Unitarian Universalist Church in Stockton where she was a church organist for 60 plus years and accompanied Bill's singing for numerous funerals and weddings throughout their 64-year marriage. Nina was also a member of Eastern Star. She was an avid reader and loved jigsaw and word puzzles, quilting and other needle work, and above all, spending time with her family.
Nina is survived by her three children; Mary Lynn (Gary) Groezinger of Stockton, Milt (Debbie) Sheetz of Yucaipa, CA., and Ellen Sheetz (Bev Miller) of South Dennis, MA., four grandchil-

## DUANE KOEHN

Duane Koehn, originally from Lena, passed away on April 28, 2023, at the age of 69 . He was born May 26, 1953, to Arlene (Hodgson) and Harold Koehn.

dren; Marci (Kevin) Schubert of
Stockton, Becki (Stewart) Baker of Freeport, Christopher Sheetz of Yucaipa, CA and Brianna (Jordan) Hazel of Sacramento, CA.; three great grandchildren; Sydni Schubert (fiancé Dylan Pulvermacher) of Stockton, Lauryn Schubert of Rock Island, and Annalise Sheetz of Yucaipa; and two great-great grandchildren, Cecelia and Violet of Stockton.

Memorial funds have been established for Oakley Courts Assisted Living, FHN Hospice, or a charity of your choice. A Celebration of Life will be held at the Unitarian Universalist Church, 219 N. Pearl St., Stockton, IL on May 20, 2023. Visitation will begin at 10 a.m. followed by a service at 11 a.m. with a luncheon in the church basement following. A private family burial will take place at a later date.

He is preceded in death by his parents. He is survived by his brother, Rich (Connie) Koehn and nieces, Macey and Shelley Koehn. Per Duane's wishes, no funeral or memorial service will be held.


## The Scoop Today Shopper's Guide

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## Illinois wheat conditions

 'slipped a bit' following storms
## by daniel grant

## FARMWEEK

The active weather so far this year created two key challenges for wheat growers and their winter crop in Illinois.
Muddy field conditions hindered applications of spring fertilizer and herbicides in many areas while a lack of sunlight potentially slowed crop growth.
A handful of fields were also battered by recent hailstorms, particularly in the northern half of the state, although that situation did not appear to be widespread as of April 6.
"I think the wheat crop has slipped a little bit," Mark Krausz, president of the Il-

## News briefs

## Blackhawk Unit of Home Extension

The May meeting of the Blackhawk Unit of Home Extension will be held May 18, 2023, at 1 p.m. at the Pearl City Library. Roll call will be "What Gives You Spring Fever?". Janet Ferguson will present the lesson on Fuel to Fight Cancer. Ruth Keltner and Anita Costello will bring raffle items. All are welcome to join.

## Carroll County Help Center Thrift Shop

Carroll County Help Center Thrift Shop is having a $\$ 2$ bag sale on infant and children's clothes through size 14 every Friday and Saturday in May.
Customers can choose a free toy with each purchase while supply lasts.
linois Wheat Association (IWA), told FarmWeek. "I think it still has potential to be a really good crop. But it could have been excellent.'
About half the Illinois wheat crop (56 percent) was ranked good to excellent as of April 3, up slightly from the same time last year, with 35 percent fair and 9 percent in poor to very poor condition, according to the National Agricultural Statistics Service (NASS) Illinois field office.
"We've got pretty good tillers and stands, but the crop is not getting any warmth and sunlight. Those are two things really holding back the wheat crop," Krausz said April 20 after his farm re-
"We should have a stretch (of better weather) coming up."

Once field conditions improve, farmers must decide what to do agronomically with each field. The IWA president noted some fields have ruts from spring fertilizer applications
"Our situation here in southern Illinois is we're all barely getting by getting fertilizer on," Krausz said. "I'd say two-thirds to three-quarters of the second shot of nitrogen is on. It's been a real struggle.
"And I don't think hardly anybody has Harmony or other herbicides on," he noted. "Weeds are growing through the wheat" in some

Elsewhere, drought mains an issue in wheat-producing areas of the Mississippi River. About 48 percent of the crops are in areas experiencing drought, according to USDA. Meanwhile, planting spring wheat probably seems like a distant wish for farmers to the north after another blizzard blanketed the Dako tas the first week of April.

Overall, just 28 percent of the U.S. wheat crop was rated good to excellent as of April 3 , which is the second lowest to begin the spring rankings since the NASS data series started in 1986, according to Rich Nelson of Allendale Inc in McHenry.

## Daws Mimorials Monicmine Smes <br> Bruce <br> 815-369-4246 or 815-238-6307 <br> Weekends, Evening \& Holiday appointments welcome! <br> 207 Leet Street • Lena, IL 61048

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gion that passed away, please email jamcps54@yahoo.com and include the time of their service.

## Bake and rummage sale

A Bake and Rummage Sale Fundraiser will be sponsored by Holy Ghost Court \#228 of the 1891 Financial Life (National Catholic Society of Foresters) in the Holy Ghost
church basement.
The sale will take place on Memorial Day weekend Friday through Monday, May 26 through May 29.

Funds raised up to $\$ 1500$ will be matched through the "Hearts and Hands" program. Proceeds will go toward replacing Father Wernerus' grave cover.

Contact Karen Reese for any questions at 608-5683124 or dkreese @tds.net.

## Apple River Fort to host an evening with Clifford Krainik

On August 27, 1832, Black Hawk and his remaining allies surrendered at Prairie du Chien, bringing the brief but bloody Black Hawk War to a close. Only a few years later, Black Hawk's name and likeness began appearing on drink bottles, cigars, boats, schools, sports teams, and more. So how did America's Most Wanted turn into America's Advertising Darling?

Join the Apple River Fort as they host an evening with Clifford Krainik, author and historian, to explore Black Hawk's dramatic media transformation. The presentation will also feature a showcase of original Black Hawk memorabilia from Krainik's extensive personal collection. Afterwards, items from Krainik's collection will be on display in the Apple River Fort's Interpretive Center for the 2023 summer season.

This event will be held in the Elizabeth Community Building on Friday, May 12. Doors open at 6:30 p.m. with the presentation beginning at 7 p.m.

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The Thrift Shop is located at 126 South 4th St. Savan-

## American Legion to update Memorial Day roll call

After a few years not holding the roll call of deceased veterans at the Lena Memorial Day service, The American Legion has reinstated this as part of their service.
To be sure that all local veterans are honored, the Legion is asking for assistance in collecting names of any veteran who has passed away since May 2022.

If you know a veteran that lived in Lena or was a member of the Lena American Le-

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Opinion

## slices of life

## The extended losses of grief <br> One of the toughest aspec

 of ongoing, persistent and long-term grief is the loss of human life.Not the life of the person who died, but other losses you never would have foreseen-but then again dic you foresee that first loss? I didn't think so.
Grief begets loss. Over and over. It's eye-opening, really. It brings about an intense sense of clarity. Life, relationships-everythingis fleeting. It is transient. It is sometimes no more than a mirage: something you thought was real, wasn't ever even there in the first place. People you thought were your people turn away, dissolve or simply disappear into the background. They may reach out once or twice but eventually they go silent. And that's okay.
The number of people who have exited my life in the last two years is, honestly, astounding. I blame it on me. I blame it on them. I blame it on grief. I blame it on human nature.
They say public speaking is everyone's number one fear. I beg to differ
I've come to believe it is grief. Loss. The unexpected upending of the solid and predictable universe as we once knew and trusted it. Being around someone in the throes of it can be difficult. Unbearable, even.
So unbearable that people tend to flee. Or at the very least avoid. Make excuses. Justify their flight. "It's just too hard to be around. Too depressing."
If the grief of another person makes you uncomfortable, imagine for a moment what that other person might be feeling, experiencing every day, every hour, every minute, every breath.
People around me are able to escape this reality because it isn't theirs. Unfortunately, I don't have that option.
I've watched person
after person leave the party. Leave the scene of the crime Without explanation or excuse. They are just gone. Take it from me. I get it. I understand.
I used to be one of those people. Grief was overwhelming-even when it was the grief of someone other than me. I didn't want to have anything to do with


So I absconded. I left the party.

Until I couldn't leave because I didn't have that choice. I was forced to watch the aftermath. To live out the algorithm. To experience the fallout. To see the fear in others.
To them I might be a third wheel. I might be a threat. I might be a reminder of what could be coming.
Either way, it isn't pleasant. I get that. I so get that.

My reason for writing this isn't to make people feel bad or guilty. I don't want my grief to do any more damage than it already has - and that has been substantial.

My purpose is to shine a tiny beam of light on the topic. Light a candle, if you will, to open the door to honesty in emotions that are uncomfortable and intimidating.

It's okay to be afraid of grief. I am. I don't think that will ever change. But if you are afraid, and if my grief causes that, please be honest. Let me know. It's okay. I will understand that so much more than your silence. I will understand because I do understand. More than you could ever know.

My grief makes you uncomfortable? Imagine how it makes me feel.

Yeah. Not good.
Let's talk. It's never too late, until it is.

And none of us wants it to get to that.

Jill Pertler is an awardwinning syndicated columnist, published playwright and author. Don't miss a slice; follow the Slices of Life page on Facebook.



## 

## Weekly connection

## God is alive and well

About ten years ago I was asked by our local paper at the time if I would be willing to write a little article each week about some of my experiences from a pastor's perspective. I decided to accept the request because I figured I had enough stories from my childhood on the farm that would keep me writing articles for a long time. I was right. I realized the other day that I have written roughly five hundred articles since that time that have gone in to one newspaper or another. I started out just writing for one paper for the first five years or so and today my article goes out to about five or six small local newspapers around the Southern


Wisconsin and Northern Illinois area. I know this to be true because I get emails, letters, text messages and I've had many live conversations with people who tell me they are reading my articles. We have had several people come to visit our church too after reading these articles in the paper. So, all in all it has been a great experience and I hope to continue writing for as long as my articles are wanted. The first five years
of articles were put into four different book forms that I think might help people with insomnia to get to sleep at night. Most of those articles are about growing up on the farm with seven brothers and one sister and a lot of cows. You can order them at lulu.com if you need some help sleeping. The titles are Weekly Connection, Some Things Never Change, and Some Things Never Change Volumes 2 and 3. Each book can be ordered by going to lulu.com and typing in Scott Cernek in the search bar. Each book cost about twelve or thirteen bucks. You can also pick up a copy at church for ten bucks if you come visit some Sunday.
We've been experiencing
a powerful movement of God at our church in the past couple years as we have been really concentrating on loving and learning the word of God together. We have several Bible Studies going on each week and at every study we spend time praying together too. In fact, many of us used to be afraid to pray out loud and now we aren't afraid anymore. I believe the Lord really honors good old-fashioned study of the word and prayer. We don't spend a lot of time studying books written about the Bible, instead we just study the Bible, and the Holy Spirit shows up to help us learn what it means just like Jesus

See GOD, Page 9

## Come to Lena This Weekend

Don't Miss the Town Wide Garage Sales Friday, May 12 \& Saturday, May 13

## Map and Listings in this Issue



## Denver Baughman hired by Ark Encounter Drama Team

Denver Baughman, a senior pursuing a Actor at Ark Encounter Drama Team in WilBachelors degree in Theatre from Bob Jones liamstown, Kentucky. Baughman is a current resident of Stockton.

## ANTIOUE AUCTION <br> SCOTT \& NANCY LARSON <br> SATURDAY, MAY 20 • 10 A.M. (RAIN DATE: SUNDAY, MAY 21) 705 N. Van Buren Rd., Freeport, IL

LOCATION: North of Freeport, IL on Rt. 26 to Van Buren Rd.,east to Auction. Next to Gill's Disposal. PRIMITIVE ANTIOUES-COLLECTIBLES-TAXIDERMY ITEMS-MISC: Purina Chick Feeder; Cheese Box; Ice Tongs; 3-1920 Water Pumps; Chain Binders; Old State Theater Seat; Lots Old Door Hardware, Hinges, etc; Pulleys; Deming Co. Water Piston Pump; Hardware Scale; Corn Sheller; Lots old Tools; Porcelain Stove; 3 old 1920's Heating Stoves; Ideal Water Pump; Brass Fire Extinguisher; Old Adver. Boxes; 5 Claw Foot Bath Tubs; Block Planer; Assort. Shovels, Forks, Picks, Rakes, etc; 20+ Cast Iron Skillets; Assort. Old Lamps; Fishing Poles \& Tackle; Saws; Schmitt Beer Can Collection; Old Milk Bottles; Old Shotgun Shells; CVA Muzzle Loader; Knight Muzzle Loader; Decorative Iron Fence; Keystone Toy Truck; Stucto \& Buddy L; Picture Frames; Fence Posts; 2 old Horse Ties Posts; 3 old Farm Roof Ventilators; Sm. 6' Flat Bed Trailer; 6' Rear 3 pt. Blade; Dual wheel 6'x16' Flat Bed Trailer; 40' Steel Semi Trailer/Storage unit, very good cond!; New Gutters; Assort. Old Doors \& Windows; Old Wood House Trim; 2-100 gal. Fil-rite Fuel Tanks, nice! Slate, Concrete \& Clay Tiles Roofing; New T-Lock Shingles-green; 2 Sign Stands; Metal Bolt Bins; Duck House; Barn Boards; Porch Posts. SPECIAL-OIL \& PETROLEUM ITEMS: 30+ OLD OIL CANS (quarts \& gallons) incl: Amoco, Standard, DX, Diamond, Gulf, Atlas; Auto Lite Stand; 3 old DX
Cardboard Adver. Signs. TAXIDERMY ITEMS: Body Mounts; Horns; Skulls; Driftwood; Deer Cardboard Adver. Signs. TAXIDERMY ITEMS: Body Mounts; Horns; Skulls; Driftwood; Deer Antlers; 25+ Boxes of other Taxidermy items. NOTE: Many unusual antiques and collectibles. Lots of architectural salvage items, difficult to find. Owner has collected for 40 years! 3-4 wagons full, plus more. 3-4 hr. auction. LUNCH STAND: Lunch Box. TERMS: Cash or check with picture ID.

Check website for many pictures: proauctionsllc.com RICK GARNHART, AUCTIONEER • IL Lic: 440000901 WI Lic. \#2844-52 • German Valley, IL • 815-238-3044

## PUBLIC AUCTION

50W345 Rt. 64, Maple Park, IL 60151

## Sunday, May 21 - 9 A.M. • Lunch Available

DIRECTIONS: North of Maple Park on County Line Rd 5 miles to Rt. 64 , then east $1 / 2$ mile to sale site. Watch for signs.
*** Online internet bidding beginning at noon on larger equipment *** TRUCK - FORKLIFT - TRAILERS - JET SKIS: 2002 IH Durastar 4400, DT 466 diesel engine, Eaton Fuller 6 sp., 11R-22.5 tires, 69,633 miles, with Warren $16^{\prime}$ landscape dump body, with flip down sides; Yale GLC050VX Veracitor Forklift, $4800 \mathrm{lbs} ., 3$ stage mast, propane, side-shift, cushion tires, $48^{\prime \prime}$ forks; 2004 Winston $71^{1 / 2^{\prime}} \times 22^{\prime}$ with $5{ }^{1 / 2^{\prime}}$ dove tail, Flatbed Trailer, ramps, LT225/75R-16 tires; Cargo Express $8^{\prime} \times 20^{\prime}$ enclosed trailer; $8^{\prime} \times 20^{\prime}$ enclosed trailer; (2) 1998 Kawasaki 1100 ZXi Jet Skis with Shoreland'r PWC trailer.
EQUIPMENT- PLUMBING \& SHOP EQUIPMENT - PLUMBING SUPPLIES: Quick-Shot 4" and 6" unit, Quick-Lining System; Furukaw F6FSP Hammer Breaker, hyd.; Miller TrailBlazer 302 portable welder generator, CC/CV, AC/DC welder, 11,000 watt generator, 92 hrs., with cables; Skyjack SJ111 3200 Scissor Lift, electric, upper control box; Wanco DS-A1-50 Arrow Board Sign; Core Cut CC1800XL push concrete saw; Swisher Predator 24" self-propelled gas lawn mower; JD 190c automatic lawn mower, 54" deck; Wacker Newson BS50-21 Vibratory Rammer; Dewalt D25980 pavement breaker; Milwaukee heavy duty breaker hammer; Rigid Kollman KJ-3100 water jetter, 16hp with hose reel; Rigid RP 241 cordless press tool kit; Rigid ProPress XL-C ring kit, 2-1/2" to $4^{\prime \prime}$, V2 ring actuator with case; Rigid press snap soil pipe cutter; Rigid Mega Press fitting system; Rigid HC-300, 3" hole cutting tool; Rigid 122XL copper cutting, prep machine; General Hot-Shot 400 pipe thawing machine; Conac-Couplox Port-A-Groover; Rigid model 300 pipe threading machine; Rigid 918 roll groover; Wacker WP 1550 Compactor; Rigid K-400 drain cleaning snake auger; (2) pallet jacks; Metrotech 9860 XT utility line locator; MSA Orion mulit gas detector; Spectra Precision LL300 laser; Bosch Professional GRL 240 laser; (2) Rigid RP 330 press fitting system; Rigid Seek Tech SR-20, pipe, cable and sonde locator; Bluche electric pipe cutter; (2) Rigid Kollman seesnake camera reels with color; Rigid HC-300, 3" hole cutting tool; McElroy 2LC and Pitbull 14 fusion machine; Rigid Kollan K-1500B drain cleaning machine; Rigid 300-T2 pipe threader; (2) Stihl TS 420 cement saws; Milwaukee heavy duty $1.5^{\prime \prime}$ rotary hammer with bits; Milwaukee AVS hammer drill; Generac IQ 2000 generator; Rigid K-400 drum machine; Rigid CM 14500 table saw; Dewalt DW 705 miter saw with Rigid stand.
POWER TOOLS: Rigid, Dewalt, Milwaukee, Bosch. Dewalt DW 705 miter saw with Rigid MS-UV portable stand; Misc. shoring jacks and boards; Westword 12sp., 20" drill press; Lincoln AC 225 arc welder; propane heater; Werner ladders; Fimco 25 gal. sprayer; torch cart; no lead brass fittings, various sizes; Blucher stainless steel drainpipe fittings; misc. water main fittings; fire suppression fittings; tapping saddles, various sizes; couplings for water mains, various sizes; stainless steel water main repair bands; Fernco non shear couplings; large selection of PVC fittings; copper tubing and fittings; misc. T bolts; hand tools and pipe benders.

- Liz Esposito •Owner -

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## Church news

## St. John's <br> Lutheran Church

St. John's Lutheran Church, Pearl City, will celebrate the Sixth Sunday of Easter and Mother's Day on May 14. A Worship Service with Holy Communion will begin at 9 a.m. with Pastor Michelle Knight presiding. The last Sunday School Class until fall will be held during the service.

The weekly ministry of Healthy Wolves Backpack will be wrapping up the school year on May 18 with the last distribution being on Monday, May 22. The program has served 30 to 41 students each week throughout the 20222023 school year with backpacks filed with food for the weekend. Personal hygiene items are also sent home once per month. We would like to thank our generous donors for financial gifts and food items that sustain our ongoing effort to fight food insecurity in Pearl City. And a huge thank you goes out to our faithful volunteers who meet each week to sort, pack, shop for food items, and keep track of inventory and supplies. The Healthy Wolves backpack Program will restart in August. A volunteer planning meeting will be scheduled prior. If you would like to help fund this weekly project through giving, visit the St. John's Lutheran Church, Pearl City, website.

The second night of Vacation Bible School (VBS) for the summer's Community VBS Family Nights will take place on June 4. A meal will be served from 5 to 5:20 p.m. for families to enjoy. The children will rotate through stations of Bible study, crafts, and music. Confirmation students will be helping. VBS will continue this summer on July 2 and August 6 . There will be no charge for participating.

Pearl City High School Bac-
calaureate will be held May 14
at 3 p.m. at Zion Community Church. Women's Gathering Bible Study will be held May 16 at Rte. 20 Bar and Grill at 10 a.m. Those attending need to sign up by Sunday, May 14.

The Grace Meal will be served on Sunday, May 21. The menu is barbecue, Lutheran potatoes, carrots, applesauce, and a cookie. Reservations are due to the church office by 5 p.m. on Thursday, May 18.

St. John's Lutheran Church of Pearl City is located at 229 S. First St., in Pearl City. To contact the church, call 815-443-2215 for information.

## Good Shepherd Lutheran Church

All are invited to worship at Good Shepherd Lutheran Church, 118 E. Mason St. Lena, IL on Sunday, May 7 for Sunday Worship Service. Holy Communion will be celebrated in this service. The reading will be from John 14:1-14.
On Wednesday, May 10 Peace Corps Quilting group will meet from 8 a.m. to 11:30 a.m. No quilting experience necessary. Come and tie the quilts and make difference in the world.
On Thursday, May 11, Friendship Club will meet at Good Shepherd. The Potluck and meeting will begin at 12:30 p.m. Entertainment by Tyger Johnson will start at 1 p.m. No dues are required to attend however, a free will offering would be appreciated. All services will be recorded and available on the church's Facebook page and website. Please visit http:// goodshepherdlena.org/ or and Facebook https://www.facebook.com/GSLCLenaIL for more information.

Please contact the church office at 815-369-5552 with any questions.

## Salem United

 Church of ChristAll are welcome to join for a service led by Pastor Christopher Ham at Salem United Church of Christ, 8491 West Salem Road, Lena, Illinois, this Sunday, May 14, 2023 at 10 a.m. The Adult Sunday School will be hosted prior to service, starting at 9 a.m. on the lower level of the church. Children's Sunday School is held during church service at 10 a.m.

The Wednesday Breakfast Bunch will meet Wednesday, May 17 at $8 \mathrm{a} . \mathrm{m}$. at the Beltline Café, 325 West South Street, Freeport, Illinois. Everyone is welcome to join. Sunday, May 21 will b the annual White Elephant and Bake Goods Auction. This will take place immediately after service around 11 a.m. on the lower level of the church.

Would you like to get more involved and enjoy the company of the congregation? Join for one of the monthly gatherings. Men's Night is held at 6:30 p.m. on the first Wednesday of each month. During this time the men spend time visiting, playing games, and getting to know each other better. Bible Study is offered $6: 30 \mathrm{p}$.m. on the second and fourth Wednesdays of each month. Crafternoon is held from 3:30 p.m. to $7: 30$ p.m. on the third Wednesday of each month. During this time there are snacks, a brief devotional thought, and plenty of time to work on crafts individually or together. All of the above-mentioned are hosted on the lower level of Salem United Church Christ, and all are welcome to join.

For more information on any of these gatherings, you can contact salemwingsofjoy@yahoo.com.

## Tou aught to be in picturest

THIS IS AN OPEN CALL FOR SUBMITTED PHOTOS
TO BE USED IN YOUR COMMUNITY NEWSPAPER

- Community events, car washes, festivals, lemonade stands, school projects - people at work and at play We are interested!
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## Congrats River Ridge 2023 Graduates



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Maddox Knauer

Jamie
Schnitzler


Heaven Brotherton


Sam Grzeslo


Landis Longmore


Nicholas Schnitzler


Sophie Buck


Edgar Guerrero-Leon


Traighton McGovern


Bodhi Schulze


Wondale Collier


Sydney Hamilton


Arianna Pedrin


Emma Smallwood


Dylan Diehl


Cameron Harris


Kelsey Randall


Celia Turner


Cora Dittmar


Jordan Havens


LeBron Ransom


Luna Vivaracho


Sadie
Fry


Jackson
Ketelsen


Samuel Ries


Emma Walters

Emma Goldsmith


Lauren Kloss


Izak Sample


Emily Wurster

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Taylor Robinson


Simon Edler


Camdyn Huttenlocher


Jada Loomis


Olivia Parker


Rowen Schulz


Henry
Engel
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Hailey Smith


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Food bank feeding neighbors for 40 years
} <br> \title{
Food bank feeding neighbors for 40 years
}

One woman's vision now helps 13 Illinois counties

By Jane Charmelo STAFF REPORTER
When Rosemarie Burian saw people going hungry in her own community, the Wheaton Franciscan nun made it her mission to make sure they had access to food; what started out as the Bethlehem Center has evolved to become the Northern Illinois Food Bank (NIFB).
When Sister Rosemarie be gan looking for ways to feed her neighbors experiencing food insecurity, she was told, "We don't need a food pantry here; there is no hunger in DuPage County," the NIFB website relates.
However, in the first month of the Bethlehem Center's operation, the food bank delivered 7,000 pounds of food. The Bethlehem Center
started out in a small warehouse in Carol Stream (1983). The NIFB now has a roughly 150,000-square-foot distribution center in Geneva (2011), with three smaller "satellite" centers in Lake Forest (2001), Rockford (2005) and Joliet (2018).

## Where the food is

## distributed

Today, the NIFB-affiliated with the national Feeding America network-works with more than 900 food pantries, soup kitchens and feeding programs, providing 78 million meals a year to neighbors who reside in the 13 counties served by the food bank, according to NIFB figures from fiscal year 2022 (July 1, 2021, through June 30, 2022).

Maeven Sipes, NIFB chief philanthropy officer, said there are about 400 pantries, shelters and soup kitchens, and 500 program partners that utilize the food bank, such as after-school and in-school programs, senior sites, mobile markets (food trucks) and health care partners. Sipes described that the food bank looks to areas where there are not affordable food-purchasing options/grocery stores, and "we fill in those gaps."

## Where the food

 comes from"We get a little over 60 percent [of our food] donated from retailers, manufacturers and farmers," Sipes explained, and the food is distributed through the four NIFB locations.

NIFB figures show that the food bank purchases about 25 percent of the food it distributes, and about 10 percent comes from the government through the United States Department of Agriculture (USDA).

How the food bank gets funding

Over 70 percent of the food bank's revenue comes from 35,000 individuals, corporations, foundations and organizations, and Sipes emphasized that for every dollar donated, the food bank can purchase $\$ 8$ worth of food. However, costs have increased over pre-pandemic prices: Increased food costs and supply chain issues have
See FOOD BANK, Page 18



Sister Rosemarie Burian (1936-2019) was instrumental in starting a food bank, then called the Bethlehem Center. She is shown here in 1983.


PHOTO COURTESY OF NIFB Rock Valley Publishing
Sister Rosemarie Burian, the founder of the foodbank, sits with Julie Yurko, president and CEO of the Northern Illinois Food Bank, which grew out of the sister's vision to feed hungry neighbors. "We are so grateful to our founder, Sister Rosemarie, past and present board members, our donors, volunteers and community partners," Yurko stated in a press release.

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## Submitting a letter to the editor

Rock Valley Publishing encourages readers to reach out to the community by writing a letter to the editor.

Letters are limited to 500 words. Authors must include their first and last name, the city or village in which they reside, and a phone number and email address where they can be reached in case of questions.

Send letters to: scoopshopper@rvpublishing.com
Letter-writers will be limited to one letter per month except for locally elected officials, or individuals specifically associated with local village governments or entities such as school districts, park districts or library districts.

No letters directed to a third party will be accepted for publication.

We reserve the right to edit a letter for reasons of clarity, space restrictions and libel.

## -God

(Continued from page 3)
said He would. The Bible is God's word given to men who wrote it down for us. It's an incredible book in so many ways, but here are a few of the mind-boggling truths about the Bible. It was written over a fifteen-hundred-year time period by some forty different human writers, and miraculously it agrees with itself perfectly. The first part of the Bible is the Old Testament, and it talks about a coming Savior. The New Testament
talks about the life, death and resurrection of that Savior, our Lord Jesus Christ and how He sends the Holy Spirit to indwell every true believer the moment one believes. The Spirit helps us navigate this sinful world and make our life count for the Lord. Anyway, we love the word of God and would love for you to love it too. It's living and powerful and sharper than a double edge sword. Hebrews 4:12.
Here are some things
going on at our church this summer to mark your calendars for. It's a beautiful little drive to Browntown and the countryside is absolutely breath taking during the summertime. We would love to have you come for a visit any Sunday morning. Our worship service is at 10 a.m. but you could also come take in some of our special outreach events such as.

Sunday eve May 21 - 5 pm supper and 6 pm hymn sing

Saturday eve June 24th Koinonia Teen Singers from Milton Wisconsin are coming to perform a musical with supper at 5 and the musical performance at 6 p.m.

We also are having the Paul Singers come for the third time. They are a gospel bluegrass band coming in July and the Assemblymen will be here in August for a concert. Keep looking up everyone our Lord is coming. Until next week, God bless.

## 



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## Mother"s Day Menu 2023 WOODBINE BEND

## Appetizers

SHRIMP COCKTALL
6 jumbo shrimp with cocktail savce.
BRUSCHETTA FLATBREAD... $\qquad$ Fresh tomato, basil, red onion, and garlic on toasted naan bread. Topped with mozzarella and balsamic.
Stuffed Portobellos $\qquad$ .. .510 .95 2 large Portobellos stuffed with sausage and mozzarella. Served with marinara.

## Breakfast

EgGS benedict
. $\$ 15.95$
Poached egg and Black Forest ham on an English muffin topped with hollandaise sauce.
mIXED BERRY FRENCH TOAST. $\qquad$ . $\$ 14.95$
Three thick-cut pieces of toast topped with strawberry, blueberry, and raspobery.
denver omelette.. $\$ 14.95$
Black Forest ham, bell peppers, onion, cheddar cheese, and egg. BISCUITS and GRavy. $\qquad$ $\$ 14.95$
Flaky buttermilk biscuilts smothered in peppered sausage grary.
Breaktast served with cheesy hash hrown casserole and fruit salad

## Lunch

Served with garlic mashed potatoes and honey glazed carrots PRIME RIB... $\qquad$ ...332.95/\$36.95 Slow-cooked Angus prime ib. Available in 12 oz or 16 oz. SEARED SALMON...
Crisp seared salmon on a bed of spinach and tooped with cream
lemon caper sauce.

## Lunch (cont.)

Served with garlic mashed potatoes and honey glazed carrots PINEAPPLE HONEY PORK CHOP... $\qquad$ $\$ 24.95$ Pork chop topped with sweet pineapple and honey glaze. CHICKEN CAPRESE PASTA.. $\qquad$ Grilled chicken, cherry tomato, and fresh mozzarella in garic oil with howtie pasta. Toppoed with hasil and balsamic, served with garlic bread.
Herb crusted rack of lamb... $\qquad$
60. French cut rack of lamb rubbed with a savory herb breading

SPINACH and ARTICHOKE CHICKEN... $\qquad$
8 or grilled chicken breast topped with creamy spinach and artichoke dip on a bed of spinach.

## Soup ~ Salad

Soup
Lobster Bisque: succullent Iobster blended with sweet cream Salad
Spinach and Berries: mixed berries, red onion, pecans, and feta cheese on a bed of spinach served with poppy seed dressing

## Kids' Menu

Breaktast served with cheesy hashbrowns and fruit
Mixed Beryy French Toast:
2 pieces....
Chicken Strips and Fries:
2 pieces served with French fries. $\qquad$
$1 / 2$ Order of Biscuits and Gravy.... .59 .95
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## Warhawks split games with Galena, route Eastland

By Trenten Scheidegger RESPONDENT
The Warren-Stockton Warhawks managed to snap a three-game losing streak when they split games with the Galena Pirates last week. The Warhawks entered the week with a record of 11-4. After getting off to an 11-1 start, the Warhawks were eager to get back in the win column after the three-game skid. It wouldn't come easy, however. The Galena Pirates came into the week at 10-7 and would prove to be a tough opponent for the Warhawks.
On Tuesday, May 2 the Warhawks and Pirates faced off in the first of two regular season meetings. Warren-Stockton, with Lauren Kehl on the mound, brought their A-game in the first matchup. Kehl led the way, tossing a complete game shutout with just three hits allowed. Kehl also struck out nine as she collected the win from the mound.
Offensively, the Warhawks combined for nine hits. Adrianne Baker had a big day, going two for four with two runs batted in. Janel Radaszewski was right there with her, gotwo for three with one run

## - Hornets

for two with two runs scored and two RBI. Boden had a big day, going three for four. Evelyn Walters, Winter, and Dittmar also had RBIs on the day.

Following the string of victories, SM-RR head coach, Kate Bingham, spoke about the team's progress. "We have finally been able to string together some hits to get some momentum offensively," Bingham shared adding, "The girls have done a great
scored and one RBI. Liv and they fell 5-4.

Maizy Fonseca each had an RBI in the game as well.

Thanks to the combination of dominant pitching, clean defense, and quality hitting, the Warhawks managed to shutout the Pirates 7-0. It was a big win for Warren-Stockton, as they tried to keep pace amongst the top half of the NUIC-West.

Unfortunately for the Warhawks, they were unable to produce the same outcome in their second meeting with the Pirates on Wednesday, May 3. Although, it was an exciting battle that came down to the wire.

In the bottom of the sixth, the Warhawks took their first lead of the day. Thanks to some aggressive base running by Baker and Fonseca, the Warhawks managed to go up 4-3. Galena immediately responded with a solo homerun in the top of the seventh, however. That left the game tied at 4-4 as the Warhawks and the Pirates went into extra innings. In the top of the ninth, a wild pitch by Kehl allowed the Pirates to take a one-run lead. That play wound up being the difference as the Warhawks were unable to respond in the bottom half as

Warren-Stockton had just four hits on the day. Baker had half of those, going two for five with one run scored and on RBI. Kehl took the loss on the mound. In nine innings of work, Kehl struck out 12 and allowed 12 hits with three earned runs.

The Warhawks got their opportunity to bounce back on Friday, May 5 in their final game of the week. This time, the Warhawks were on the road as they traveled to face off with the Eastland Cougars. War-ren-Stockton had a huge day on offense as they put up 20 runs, including a 13 -run fifth inning. Elaina Martin led the way with four RBI on the day. Baker had another solid day, going two for four with two RBI. Radaszewski was one for three with two RBI, as well. Kehl got the win on the mound with eight strikeouts and one hit allowed in five innings of work. The Warhawks improved to $13-5$ as the beat Eastland 20-1. Warren-Stockton will wrap up the regular season with a home game on Thursday, May 11. They play host to the Durand Bulldogs that night, starting at $4: 30$ p.m.



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job staying disciplined at the plate recently and it shows."

This is all coming at just the right time for the Hornets. Bingham explained, "My hope is that this confidence at the plate continues and puts us in a good spot to compete as we look forward to the postseason. We do need to focus on limiting free trips to the bases.'

Still, the Hornets and Bingham like where they sit with the postseason nearing. "Get-
ting these wins late in the sea son has given us the morale boost we need to ride into the postseason. The dugout game has been fantastic. This is where we want to be at this point in the season," Bingham said.

On Wednesday, May 10 the Hornets have another big matchup as they host Pecatonica. Their last regular season game is scheduled for May 15 when they travel to face off with East Dubuque.

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## Jace Phillips' signing day

Jace Phillips, a senior at Stockton High School, has officially signed his letter of intent to play football at Monmouth College while majoring in communications. Phillips is pictured here with his parents, Jeff and Rachel Phillips. Congratulations, Jace!


## Jo Daviess County

Women United present donation to the CTE Little Learners

The Jo Daviess County Women United members present a check to the CTE Little Learners Academy for their quarterly meeting in March. Women United Member and CTE Academy staff included (front row) Carol Jordan, Renee Dieschbourg, Stacy Kloss, Nicole Haas, Katrina Larson, Amber Hupperich and Janelle Keeffer. Students in the preschool program included (back row) Indigo Wiley, Carter Bingham, Trevor Bradt, Bella Miller, Zoey Bussan, Blakeli Neuschwander, (front row) Landon Offenheiser, Lovey Ransom, Finley Potter, Ivan Offenheiser, Emily Bradt, Everette Hofetender, and Journey Brown.


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## River Ridge FFA hosts Ag Day

The River Ridge FFA Chap. ter hosted its annual Ag Day for the elementary students on April 28 at the high school. Students in Pre-K through $5^{\text {th }}$ grade were invited to attend the event which promotes and educates the students about different areas of the agriculture industry.


SUBMITTED PHOTO
Rock Valley Publishing Elementary student Owen Offenheiser enjoys Ag in the Classroom Day.


SUBMITTED PHOTO
Arthur Horn and Isaac Rife talk about bees and the work being bee keeping.

There were five different student-led stations this year. FFA members gave short presentations on topics such as horses, beekeeping, fishing, and apple production at one of the stations. Other stations included soil education and planting a flower, relay races, hoppy horse races, ice cream
and a petting zoo. Citizens State Bank sponsored the event by providing cow headbands to every student in addition to helping work at the stations throughout the day. Both the high school FFA members and the elementary students had a fantastic day!

## Laral hensoliline

 rvpnews. com

SONYA WILLIAMSON PHOTO Rock Valley Publishing

## Make a Pit Stop

Michelle Magee brings her talent to Stockton opening The Pit Stop at 642 S Main Street. It is open seven days a week from 8 a . m. to 10 p.m., serving breakfast all day. The menu is extensive, with something for everyone to enjoy.

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 sentation with the elementary students.

## From Lena’s Kitchen



Mother's Day is this coming weekend. This week's column is devoted to Brunch recipes for a Mother's Day celebration. Enjoy cooking.

## Strawberry Butter

This strawberry butter can be used on the pancakes, the quick bread, or a piece of toast. Flavored butters are the in" cooking thing this spring. 6 large fresh strawberries, stems removed and room temperature
1 C. butter, softened
$3 / 4$ C. powdered sugar
Pulse strawberries in a food processor until chopped. Add butter and $1 / 2 \mathrm{C}$. powdered sugar; process until blended. Add enough remaining powdered sugar to reach a spreading consistency and desire level of sweetness. Store in the refrigerator for up to 1 week.

## Breakfast Casserole

## I have a friend who loves

 to serve brunch after church. And there are a lot of us who love it when she does! She has several casserole recipes that use potatoes, bread, biscuits, tater tots, and even more. This recipe is a simple one that can be made the day before. You need good bacon that isn't greasy-A.J.'s Lena Maid Meat is the best. The onion needs to be a sweet one. I can't wait for Vidalia's to arrive. This is an easy casserole that doesn't take a lot of fuss-ing. Enjoy this great egg and cheese, ham, and asparagus. potato dish.

1 lb . sliced bacon, diced
1 medium onion, chopped
6 eggs, lightly beaten
4 C. frozen shredded hash brown potatoes, thawed
2 C. shredded cheddar cheese
$11 / 2 \mathrm{C}$. cottage cheese
$11 / 4$ C. shredded Swiss cheese

Preheat the oven to 350 . In a large skillet, cook bacon and onion over medium heat until bacon is crisp; drain. In a large bowl, combine remaining ingredients; stir in bacon mixture. Transfer to a greased $9 \times 13$ baking dish. Bake, uncovered, until a knife inserted in the center comes out clean, 35 to 40 minutes. Let stand 10 minutes before cutting.

## Asparagus and Ham Strata

This casserole combines eggs, ham, and asparagus. You can buy the ham at the deli counter. Sullivan's usually has a deli ham on sale. Just ask for them to cut you a chunk of it, and you are good to go. The casserole is a smaller one; it is in an 8-inch square pan. If you have a small group, this casserole is perfect.

## 5 eggs

2 C. whole milk
$1 / 2$ C. half-and-half cream
$1 / 2$ t. salt
$1 / 4 \mathrm{t}$. pepper
$1 / 8 \mathrm{t}$. ground nutmeg
4 C. cubed Italian or French bread
$11 / 4$ C. shredded Monterey Jack cheese, divided

1 C. cubed deli ham, $1 / 2$ inch thick
1 C. cut fresh asparagus, 1-inch pieces

In a large bowl, whisk the first six ingredients until blended. Stir in bread, 1 C .

Transfer to a greased 8-inch square baking dish. Refrigerate, covered, several hours or overnight.

Preheat the oven to 325 . Remove strata from refrigerator while oven is preheating. Bake, uncovered, 20 minutes. Sprinkle with remaining cheese; bake 40 to 50 minutes longer or until puffed, golden, and a knife inserted in the center comes out clean. Let stand 5 to 10 minutes before serving.

## Maple Pancakes

Many times, people don't want to have pancakes for brunch because they are too hard to make for a group and have everything ready at the same time. This recipe can be made ahead of time by making the pancakes and keeping them warm in the oven. I know people that make them, refrigerate them overnight, and then microwave them also. These pancakes are thin and almost crêpe like.
2 C . flour
$41 / 2 \mathrm{t}$. baking powder
$11 / 2 \mathrm{t}$. salt
3 eggs
$21 / 4$ C. $2 \%$ milk
$1 / 3$ C. canola oil
3 T. maple syrup
In a large bowl, combine flour, baking powder and salt. In another bowl, whisk eggs, milk, oil and syrup; stir into dry ingredients just until blended. Preheat griddle over medium heat. Lightly grease griddle. Pour batter by $1 / 4$ cupful onto griddle; brown pancakes (they will be thin) until tops begin to pop and bottoms are golden brown. Turn, cook until second side is golden. Serve with maple syrup (warm) butter and fresh
fruit. fruit.

## Ove

French Toast
A lot of brunch tables have French Toast as one of the entrées. This one is an overnight dish also. You can make it along with an egg casserole and have it ready in no time. It is best to use day old bread for the recipe.
$1 / 2$ C. melted butter
1 French bread loaf, sliced $1 / 2$ inch thick

1 C. brown sugar
1 t. cinnamon
$1 / 4$ t. nutmeg
1 t . vanilla
5 eggs
$11 / 2$ C. milk
Maple syrup
Melt butter and pour in bottom of a $9 \times 13$ baking dish. In a small bowl, mix brown sugar, cinnamon, and nutmeg. In a larger bowl, whisk vanilla, eggs and milk. Take sliced French bread and place one layer of bread slices on top of butter on the bottom of the baking dish. Sprinkle with $1 / 2$ of the brown sugar mixture. Place the second layer of bread slices on top. Pour egg mixture evenly over the top layer of bread slices. Sprinkle remaining brown sugar mixture over top.

Cover with foil and refrigerate until morning. To bake, cover with new foil and place in a preheated 350 oven for 30 minutes. Remove foil and bake an additional 10 min utes. Drizzle maple syrup over the top and put back into the oven for 5 minutes. Let casserole sit for 10 minutes before serving.

## Blueberry Almond Quick Bread

Every brunch table must have a quick bread. This one uses blueberries and almonds to flavor it up. Serve it with the strawberry butter, and it will be a hit.
$1 / 2$ C. oil
$1 / 2$ C. plain yogurt
2 eggs
2 t . vanilla
$11 / 2 \mathrm{C}$. plus 1 T . flour
3/4 C. sugar
2/3 C. sliced almonds

2/3 C. old-fashioned oats
2 t. baking powder
2 t. cinnamon
$1 / 2 \mathrm{t}$. salt
$1 / 4 \mathrm{t}$. baking soda
$1 / 4 \mathrm{t}$. ground nutmeg
$11 / 4 \mathrm{C}$. blueberries
Preheat the oven to 350 . Coat a 9 x 5 loaf pan with cooking spray. Whisk the oil, yogurt, eggs, and vanilla in a medium bowl. In a large bowl, whisk $11 / 2$ C. flour, sugar, almonds, oats, baking powder, cinnamon, salt, baking soda, and nutmeg. Fold the wet ingredients into the dry ingredients. Toss the blueberries with the remaining 1 T . of flour and then fold into the batter. Scrape the batter into the loaf pan. Bake the bread until a toothpick inserted into the center comes out clean, 55 to 60 minutes. Let cool 1 hour in the pan, then remove to a rack to cool completely.

## Strawberry Cake

I also think every brunch table has to have a cake on a pedestal that shows off how pretty dessert can be. This recipe is easy to make with the cake mix and the Jell-O. Enjoy this beautiful ending to a perfect brunch!

1 pkg white cake mix
1 pkg. (3 oz.) strawberry Jell-O

3 T. sugar
3 T. flour
1 c. water
$1 / 2$ C. canola oil
2 eggs
2 C. finely chopped straw-
berries

## Frosting

## $1 / 2$ C. butter, softened

$1 / 2$ C. crushed strawberries
$41 / 2$ C. powdered sugar
Fresh strawberries for garnish

Preheat the oven to 350 . Line the bottom of 2 greased 9 inch round baking pans with parchment; grease parchment. In a large bowl, combine cake mix, gelatin, sugar, and flour. Add water, oil and eggs; beat on low speed 30 seconds. Beat on medium 2 minutes. Fold in chopped strawberries.

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Transfer to prepared pans. Bake until a toothpick inserted in the center comes out clean, 25 to 30 minutes. Cool in pans 10 minutes before removing to wire racks; remove paper. Cool completely.

Frosting: in a small bowl, beat butter until creamy. Beat in crushed strawberries. Gradually beat in enough powdered sugar to reach desired consistency Spread frosting between layers and over the top and sides of cake. Garnish with fresh strawberries.

## Final Thoughts

It is time to think about plants. It has been so cold that if you bought any or had any started in the house, you had to keep them covered or inside. This past week the weather has finally gotten warm enough for me to get some spring clothes out. I am not putting all of my winter ones away just in case. Plants and spring clothes make for all of us to have things to look forward


Prom season is over for most schools, track meets, and ball games are finishing up, and graduation looms on the horizon. Time is marching forward even though there have been times in the last two months where we all thought it wasn't moving at all. Fields continue to be planted. I mentioned in a column a couple of weeks ago that we all need to be vigilant about farm vehicles on the road. We need them to be able to move from field to field if we want crops. I like to eat, so we do want crops! Remember that for the most part, any of their machinery is bigger than our vehicles. Be careful and be safe.
Hopefully everyone will have a great Mother's Day celebration. Treasure your mother because there are a lot of us who can't honor our mothers in person. We honor their memory and how lucky we were to have them. Hopefully you can find a recipe to serve that will help celebrate.

It is time to be thinking about strawberry recipes. I mentioned that the rhubarb is beginning to peek out of the ground. We will continue to look for Spring recipes. If you have any rhubarb or spring fruit recipes, we would like to see them.

# Breastfeeding promotes craniofacial and airway development 

As a follow-up to last week's column on the negative effects of mouthbreathing, I would like to share some information that I recently presented at the FHN Second Annual Perinatal Symposium. It is easy to understand while many people think that the sole benefit of breastfeeding lies in the content of the mother's milk. Breast milk is both nutritionally and immunologically superior to infant formula. It has all the right nutrients, in just the right amounts, which are better absorbed than formula. Breast milk is speciesspecific, and a mother's milk provides the best nutrients for her infant's brain, nervous system, and overall development. It is also a rich source of antibodies and probiotics that stimulate and support the immune system. However, many people are not aware of the critical function that breastfeeding serves in the growth and development of orofacial anatomy and the physiology of our respiratory system. Postnatal growth is most rapid during the first year of life. This early development influences orofacial function throughout life. Therefore, we want to do everything in our power to promote positive growth. In order to understand how breastfeeding promotes proper mandibular and maxillary growth and development, proper tongue position, and proper breathing, I would like to begin with a little review of early facial development. The mandible sits below the maxilla (upper jaw) and forms the lower jaw. It is the largest and strongest bone of the facial skeleton. Other than the middle ear, it is the only moveable bone in the skull. One unique feature is that it has two articulated joints, one on the left and one on the right that must work in unison with each other.
In infancy, the mandible is in two parts, a right and left plate, which is connected by fibrocartilage. Of all the facial bones, the mandible undergoes the most growth postnatally, with the fibrocartilage changing to bone (ossifying) and two halves fusing together, as the lower jaw grows downward and forward. Neonatal sucking is an autonomic (unconscious) reflex and your infant's mouth is perfectly designed for breastfeeding. All babies


By
DR.
DR. STEPHEN PETRAS Illinois Licensed General Dentist
are born with a slightly retrognathic (posterior and behind) mandible and an oversized tongue that sits far back in the throat over the epiglottis. This allows the infant to breathe while sucking (but not swallowing) and helps prevent milk from spilling into the trachea when swallowing. An infant's swallow is characterized by tongue thrust (a plunger-like action of the tongue), pursed lips (perioral sphincter action to create a seal around the areola), and a forward thrust of the mandible against the mother's breast. The facial muscles move the mandible up and down in this forward position during sucking and swallowing. This action actively stimulates the growth and development of the posterior portion of the mandible along with the mandibular muscles.

The palate forms the roof of the mouth, separating the cavities of the nose and mouth. In the initial stages of development, the palate is fairly soft and malleable. It hardens with age. Proper palatal development is influenced by the placement of the baby's tongue at rest and especially during breastfeeding. When the nipple is drawn back into the infant's mouth, the tongue undulates, pushing up against the palate. It is this proper tongue movement and position that widens and expands the infant's palate by stimulating bone growth along the palatal suture lines. This helps develop room to accommodate the teeth and form a palatal vault that promotes proper nasal cavity growth. As the teeth erupt, the lateral and anterior borders of the tongue create a light force that guides the teeth in a neutral position between the pressure of the facial muscles and the tongue.

Nasal breathing is integral to craniofacial development. Breastfeeding establishes a nasal breathing pattern that encourages the growth of the nasal airways and proper closed mouth breathing habits. As the baby sucks, the lips remain in complete contact with the breast stimulating the nose to do the
breathing. The nose warms, humidifies, and filters the air in preparation to enter the lungs and bronchi. It is important to note that the body does not get oxygenated during inspiration. The transfer of oxygen and carbon dioxide takes place during expiration. The turbinates in the nose create a resistance when we breathe out. This
resistance compresses the air against the pulmonary vascular bed enabling the optimal absorption and transfer of oxygen and carbon dioxide. Studies show that nose breathing brings eighteen percent more oxygen to the brain and promotes optimal sleep cycles.

As we develop, the relationship of the mandible
to the skull is determined by the occlusion of the teeth, the balance of the intra-oral and extra-oral musculature of the maxilla and the mandible, and the left and right condyles of the mandible. Our orofacial development is perfectly designed by evolution to coincide with breastfeeding. A proper seal around the breast places the mandible
in a protruded position stimulating proper mandibular or lower facial development. The tongue needs to press up against the upper palate to stimulate the proper development of the upper arch or maxilla. A proper seal promotes nasal breathing and mouth closure necessary for proper oral development and tooth alignment.


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2023-5-24-23-08

## Lena Townwide Garage Sales



Friday, May 12
8 a.m. - 5 p.m.

Saturday, May 13 8 a.m. - 3 p.m.

# Lena Townwide Garage Sales 

$\overline{107}$ W TOWNLINE RD Thurs, Fri \& Sat, 9-4 Misc. household, decor, books \& DVD's, clothing teen-adult \& women's plus size, wm shoes size 10 \& 11 .

113 ROLLIN DR. Thur. \& Fri. 8-4, Sat. 8-noon Girl's NB-6, kids shoes, women's M-L, lots of women's jeans 9-11, toys, Halloween \& Christmas decor, home decor, Munchkin diaper organizer, dining rm hutch, reclining chair, washer \& gas dryer.
11885 W. GALENA RD. Fri \& Sat 8-4 Many like-new household decorations and wall hangings, Precious Moments collection, 32 " TV, women's sz XS-S \& sz 6.5 shoes, serving-table-lamps-kitchen items and more
204 E. RAILROAD ST. Fri. \& Sat. 8-2 Kids, women's men's clothes, home \& holiday decor, games, books, toys, jewelry, household, costumes, shoes, plants \& other assorted items.

205 CHESTNUT ST. Fri. \& Sat. 8-? A literal mini Wal-Mart! Furniture, dishes, fishing-hunting-duck decoys-camping items, flower pots \& stands, holiday, McCoy Pottery collection \& salt \& pepper, cargo hauler for receiver hitch \& more!
208 HICKORY DR. Thur. 2-5, Fri. 8-4, Sat. 9-11 Embroidered dresser scarfs, milk glass \& misc. dishes, tupperware, sewing \& office items, jewelry armoire, plants \& pots, books, golf \& camera bags, fishing items and more.
209 WALNUT ST. Fri. 8-5 \& Sat. 8-3 Oak dining table w/6 chairs, tan cloth rocker recliner, women's clothing \& lots of jeans, decor, too much to list. Merging 2 households, need to purge.

213 W RAILROAD ST. Fri. \& Sat. 8-5 Women's S-L clothing, 7 1/2-8 women's shoes, purses, jewelry-belts-accessories, select household items, books, Christmas decor $\&$ lots of misc.
214 E. PROVOST ST. Fri. \& Sat. 8-1 Boys clothes 7/8-10/12 winter/ summer, teen girl clothes, shoes, kitchen table set, microwave, boys toys, booster seats, home items.
228 E. PALM DR. ESTATE SALE Fri. \& Sat. 8-4 Walk thru sale. Some items marked.

302 N. CENTER Fri. \& Sat. 8-5 New kids weight bench set, New 12" Princess bike, a lot of New name brand boy $4-6$, girls 10-14, Yg women M-XL, shoes, coats, Dora Hot Wheels Jeep, microwave, double oven/stove, toys, books, puzzles, kitchenware foot massag er, holiday decor, household.

303 S. FREEDOM ST. by antique water tower Fri. 8-6 \& Sat. 8-4 2 water tower Fri. 8-6 \& Sat. 8-4 ${ }^{\text {desks, }}$ child's table/2 chairs, child's desks, child's table/2 chairs, child's wood cupboard, boys infant-14,
girls $2-14$, women's all sizes, men's girls 2-14, women's all sizes, men's
$\mathrm{M}, \mathrm{L}, \mathrm{XL}$, something for everyonepriced to sell.
308 FREMONT ST. Sat. 8-4 ONLY lots of brand new/gently worn clothing up to $4 X$, purses, bed linens, boxes of misc, furniture items \& collectibles. Definitely something for everyone.
316 W. MAIN ST. @ LENA LEGION MULTI-FAMILY SALE Fri. 8-3 \& Sat. 8-noon..Lots of kids clothing - Boys sizes 2T-10/12; Girls sizes 24mos. - 3T, toys, books, games, 24mos. - 3 T , toys, books, games, Men's \& Women's name brand elry, Color Street, Epicure, \& More.
402 N. SCHUYLER Fri. 8-5, Sat. 8 -noon Sony theater amp, NCIS Seasons 3 \& 6, sleeping bags, dog beds, valances, Barbies, Stampin' Up stamps, crystal mugs, games, kids toys, men's pants 38×29, XXL shirts, women's Lg tops, blue Mason jars, glassware, dishes, lots of misc. Come see us.
404 N. FREEDOM Fri. 8:30-5 \& Sat. 8:30-1 CASH ONLY Farm shop tools/etc., vintage-trunkpump organ-Elvis puzzle-sugar bag-washboard-1970 Steph. Cty history-wood train, electric start snow blower, JD 1/16 tractor, household misc.

408 N. FREEDOM ST. Fri. 8:30-4 \& Sat. 8:30-noon Toys-excellent selection \& nice, girl clothes to $6 T$, girls shoes, Iots of household, grillsWeber \& charcoal. Low prices!
409 OAK ST FRI. \& SAT. 8-4 too many items to mention-pet clothes, electronics, collectibles, shoes, sport equipment, tools.
436 N. FREEDOM ST. Fri. \& Sat. 8-5 Tool chests, water pump, boat motors, canoe, log chains, 125 gal . aquarium, men's \& women's clothes, girls 18mo, men's \& wom-
en's shoes, girls shoes-18mo, toddler up to sz 5, car seat, toys, high chair, kitchen items, Christmas, tent, treadmill, row machine
514 W. FAIRWAY DR. Thur. Fri. \& Sat. 8-? Girls clothes infant-10 toys, games, cookbooks, German stoneware collector mugs, Avon 'Cape Cod' collection, Little Tikes kitchen, table, chairs, canning jars, freezer containers, baby equip, New bathroom countertop-30" misc. kitchen \& decor.

518 W. FAIRWAY DR. HELP ME EMPTY THE GARAGE! May 11-
13, $9-$ ? XL tops, girls 10-12, books, $13,9-?$ XL tops, girls 10-12, books,
tea cups, dishes, crockery, bears, tea cups, dishes, crockery, bears, shoes, medicine cabinet, decor, vintage Pyrex Fire King, Blue Ridge pottery, kid activity packs, puzzles, coin purses, greeting cards, XL rings \& much misc.

535 N. FAIRWAY DR. Thur. 1-4 ri. 8-4 \& Sat. 8-noon Lots of men's SM clothes, set of old golf clubs, puzzles, toys, some tools, crafting paper \& a few sets of Stampin' Up. Come see what we have!

546 W. FAIRWAY DR. Thur. 4:306:30, Fri. 8-2 Boy clothes 5-6, girls $6-7$, household decor \& kitchen items.

560 W. FAIRWAY DR. Thur. 8-5, Fri. 8-5, Sat. 8-noon Car seat, suitcases, 42 " TV, traveling bassinet, pots \& pans, house wares, utensils, spices, storage bins, pasta maker, men \& women's clothing L-2XL, printer, linens and more.
600 VIRGINIA AVE MULTI-FAMILY Thur. 3-6, Fri. 7-4 Dog kennels, riding lawn mower, wooden barn highchair, purses, Harley-Davidson coat, holiday decor, men's \& women's clothes, household, books, puzzles, lots of misc.

606 VIRGINIA AVE. Fri. 8-4 \& Sat 8-noon Small appliances, large chair \& ottoman, holiday decor, chair \& Ottoman, holiday decor, Collector Barbie \& Longaberger
items, books, ladies clothing S-M, Minnkota Edge trolling motor, 1984 Minnkota Edge trolling motor, 1984
Mercedes, garden tractor parts \& more!
621 N. QUAIL DR. Fri. \& Sat. 8-? Household decorating items, Long aberger baskets, Jr./womens clothing, furniture, Noritake Silk Garland china setting for 8 .

6318 N. LAKE RD. Fri. 10-5 \& Sat. 9-5 Large household sale...Tools, furniture, clothes, shoes, coats, jewelry, purses, baby shower centerpieces, linens, giftware, NEW gift items for Mother's day, vintage items, holiday decor, artwork, games \& more.

702 VIRGINIA AVE. Fri. 8-2 \& Sat. 8 -noon Kids toys ages 3-7, vintage Star Wars toys, DVD's, wall mounted desk, military gear \& clothes, ed desk, military gear \& clothes, K-lec restaurant grade smoothie
blender $\$ 75$, glassware, many other collectibles.
707 S. LOGAN ST May 12 \& 13, 8-4. Plus size clothes, teen clothes, boys clothes, household and more.
709 LOGAN ST. Multi-Family Thur. 10-4, Fri. 8-6, Sat. 8-4 Home decor, wedding decor, women's \& men's clothes, girl's clothes up to 5 T , baby items, formal dresses, antique doors, sport bags, luggage, toys, child drum set, printers, pitching net and so much more!

717 MAPLE ST. FRIDAY ONLY 8-5 Boys clothes infant-10, girls clothes 4-6, king size bedding, toddler bedding, home decor, soccer cleats \& more.

720 N FREEDOM ST. Fri. May 12, 8-4 \& Sat, 8-noon Clothes for all 8-4 \& Sat, 8-noon Clothes for all
ages, some furniture, lots of misc. ages, some furniture, lots of misc. Donation ONLY. All money collected will be given to Lena Food Pantry and Lifeline Coalition (formerly known as Freeport Pregnancy Center). http://www.lenafreechurch.org

728 S. SCHUYLER ST. Thur 12-6, Fri 8-5, Sat 8-3. LARGE MULTIFAMILY SALE Lots of infant, chil dren \& adult name brand clothing, baby items, shop supplies, house hold goods, decorations, CD's DVD's, jewelry, bedding books toys, antiques, collectibles, Hallmark \& Precious Moments.

8275 W. MOUND RD. Fri. 9-5 \& Sat. 9-3 Black walnut for baking, Wanda's homemade cookies, enamelware, antique kerosene lamps, elware, antique kerosene lamps,
kitchen stuff, vacuum cleaner, craft kitchen stuff, vacuum cleaner, craft items for gift giving!
8539 W. MCCONNELL RD. WINSLOW Fri. \& Sat. 9-5...Tools, antiques, fixture, lamps, furniture, Shop Vac, vintage clothes 10-12, dishes, glass cookware, yarn, fabrics, misc.
8707 W. DAMEIER RD. Fri. 10-7 ONLY. Working front load washer \& dryer, lots of animal cages \& many misc.
9752 W. RANGE RD. Sat. 10-4 ONLY Girls clothes 4T-10/12, Boys clothes NB-24mo, womens SMXL, mens S-2X, home decor, toys, shoes, books.
STATELINE SOLAR 310 W. MAIN ST. Multiple people selling a variety of items. Baby \& toddler clothes \& toys, home goods, adult clothing, tools \& more!


## Garage Sale Shoppers Are On The Move

# Saturday, May 13 8 a.m. - 3 p.m. 

## LEGAL NOTICES

PUBLIC NOTICE We, Brent and Colleen Myers are bringing forth our Land Patent for the following parcel located at 4606 Lily Creek Road Freeport, Illinois [61032]. Any party interested in viewing or challenging this claim can view the associated documents here __https://www.statena-tionalhelp.com/brent-col-leen-myers
(Published in
The Shopper's Guide March 22, 29,
April 5, 12, 19, 26,
May 3, 10, 17 \& 24, 2023)
434572

## PUBLIC NOTICE

We, Brian and Carla Myers are bringing forth our Land Patent for the following parcel located at 4480 Illinois Route 26 North, Freeport, IL [61032]. Any party interested in viewing or challenging this claim can view the associated documents here https:// www.statenationalhelp.
m/brian-carla-myers (Published in
The Shopper's Guide March 22, 29,
April 5, 12, 19, 26 , May $3,10,17 \& 24,2023)$

IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY, ILLINOIS U.S. BANK NATIONAL ASSOCIATION,
PLAINTIFF,
VS.
MICAH WILSON;
COURTNEY WILSON; MICAH WILSON;
UNKNOWN OWNERS AND NON-RECORD CLAIMANTS;
COURTNEY WILSON; UNKNOWN OWNERS AND NON-RECORD CLAIMANTS,
DEFENDANTS.
NO. 22 FC 18
1264 WEST STAVER

## STREET

FREEPORT, IL 61032
NOTICE OF SALE
PURSUANT TO
JUDGMENT OF
FORECLOSURE
UNDER ILLINOIS MORTGAGE FORECLOSURE ACT PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale en-
tered by the Court in the above entitled cause on March 9, 2023, Sheriff of

Stephenson County will on $6 / 20 / 2023$, in Stephenson County Courthouse 15 N. Galena Ave (West Door), Freeport, IL 61032, at 9:30am, sell at public auction and sale to the highest bidder for cash, all and singular, the following described real estate mentioned in said Judgment, situated in the County of Stephenson, State of Illinois, or so much thereof as shall be sufficient to satisfy said Judgment:
CITY OF FREEPORT LOT 51 OF CRESTWOOD ADDITION TO THE CITY OF FREEPORT, ACCORDING TO THE PLAT THEREOF RECORDED IN BOOK "F" OF PLATS, AT PAGE 29, STEPHENSON COUNTY, ILLINOIS.
TAX NO. 18-13-36-128008
COMMONLY KNOWN AS:
1264 West Staver Street Freeport, IL 61032
Description of Improvements: The property is a single family. The property has a one car garage. The garage is attached. The exterior is vinyl siding. The color is white. The property does not have a fence The property is occupied
The Judgment amount was $\$ 92,918.41$.
Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit $10 \%$ down by certified funds; balance, by certified funds, within 24 hours. NO REFUNDS.
The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate, water bills, etc., and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court.
Upon payment in full of the bid amount, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after confirmation of the sale.
The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information.
The successful purchaser has the sole responsibility/expense of evicting any
tenants or other individuals presently in possession of the subject premises.
If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g)(4).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.
For Information: Visit our website at http://ilforeclosuresales.mrpllc.com.
Between 3 p.m. and 5 p.m. only - McCalla Raymer Leibert Pierce, LLC, Plaintiff's Attorneys, 1 N . Dearborn St., Suite 1200, Chicago, IL 60602. Tel. No. (312) 346-9088. Please refer to file\# 22-08936IL
PURSUANT TO THE FAIR DEBT COLLECTION PRACTICES ACT, THE PLAINTIFF'S ATTORNEY IS DEEMED TO BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WILL BE USED FOR THAT PURPOSE.

## Plaintiff's attorney is not

 required to provide additional information other than that set forth in this notice of sale.I3215826
(Published in
The Shopper's Guide
April 26, May 3 \& 10, 2023)
436530

## IN THE CIRCUIT

 COURT FOR THE 15 TH JUDICIAL CIRCUIT STEPHENSON COUNTY 15 North Galena Avenue, FREEPORT, ILLINOIS ESTATE OF Duane E. Williams,
## DECEASED.

23 PR 22
Notice is given to creditors of the death of the above named decedent. Letters of office were issued to Carla Williams, 331 Valley View Drive, Lena, Illinois 61048, as Independent Executor, whose attorney of record is SJ Chapman, Bielski Chapman, Ltd, 123 North

Wacker Drive, Suite 2300, Chicago, Illinois 60606.
The estate will be administered without court supervision, unless under section 5/28-4 of the Probate Act Ill. Compiled Stat. 1992, Ch. 755, par. 5/28 4) any interested person terminates independent administration at any time by mailing or delivering a petition to terminate to the clerk.
Claims against the estate may be filed with the clerk or with the representative, or both, on or before November 3, 2023, or, if mailing or delivery of a notice from the representative is required by section $5 / 18-3$ of the Probate Act, the date stated in that notice. Any claim not filed on or before that date is barred. Copies of a claim filed with the clerk must be mailed or delivered by the claimant to the representative and to the attorney within 10 days after it has been filed.
E-filing is now mandatory for documents in civil cases with limited exemptions. To e-file, you must first create an account with an e-filing service provider. Visit http://efile.illinois-courts.gov/service-providers.htm to learn more and to select a service provider. If you need additional help or have trouble e-filing, visit http://www.illinoiscourts.gov/FAQ/gethelp

## asp.

SJ Chapman
Bielski Chapman, Ltd (6312516)

123 North Wacker Drive, Suite 2300
Chicago, Illinois 60606
(312)583-9430

I3218914
(Published in
The Shopper's Guide May 3, 10 \& 17, 2023)

## NOTICE OF PUBLIC HEARING <br> KENT/ERIN MULTI

 TOWNSHIP BUDGETNotice is hereby given that a tentative budget and appropriation ordinance for the Town of Kent/Erin Multi in the County of Stephenson, State of Illinois, for the fiscal year beginning 1 April, 2023, and ending 31 March, 2024, will be on file and conveniently available to public inspection at 8100 W. Dublin Rd., Pearl City from and after 9 o'clock A.M., 5th day, May, 2023.
Notice is further given hereby that a public hearing on said budget and appropriation ordinance will be held at 6:30 o' clock P.M., 5th day, June, 2023, at 2699 N. Unity Rd., Lena in this Town and that final action on this ordinance will be taken by the Board of Town Trustees at the meeting to be held at 6:30 o'clock P.M., on the 5th day of June, 2023.
Dated this 1st day of May, 2023.

Marcia Hammer,
Supervisor
Ryan Pickard, Clerk (Published in
The Shopper's Guide May 10, 2023)

437283

## NOTICE OF PUBLIC HEARING <br> ON THE ROAD DISTRICT BUDGET

Notice is hereby given that a tentative budget and appropriation ordinance for road purposes of the Erin Township in the County of Stephenson, State of Illinois, for the fiscal year beginning 1 April, 2023, and ending 31 March, 2024, will be on file and conveniently available to public inspection at 8100 W. Dublin Rd., Pearl City, from and after 9 o'clock A.M.,

5th day, May, 2023.
Notice is further hereby given that a public hearing on said budget and appropriation ordinance will be held at 7 o'clock P.M., 5th day, June, 2023, at 2699 N. Unity Rd., Lena in this Township and that final hearing and action on this ordinance will be taken at a meeting to be held at 2699 N. Unity Rd., Lena, IL at 7 o'clock P.M., 5th day, June, 2023

## Ryan A. Pickard, Clerk

 (Published inThe Shopper's Guide
May 10, 2023)


## NOTICE OF PUBLIC HEARING

 <br> \title{R Rock Valley Publishing <br> \title{
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## for rent

## Other For Rent

Single office space for rent 308 E. Lena St. Building $\$ 200.00 /$ month includes utilities. Call Dan at the Uecker Agency 815-369-4569

## real estate

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, disability, familiar/ status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-900-669-9777. The toll-free tele phone number for the hearing impaired is 1-800-927-9275. EQUAL HOUSING OPPORTUNITY

> To place an ad in our Help Wanted Section...

> Call (815) 369-4112

## transportation

## Automobiles

2007 TOYOTA 4RUNNER SR5 for sale. 230,500 miles. 4WD Remote start. Clean. \$9,000.00 FIRM. 262-203-6552.
2008 CONVERTIBLE HARD TOP Chrysler Sebring. Mint cond, one owner, $50,000 \mathrm{mi}$. \$9,000 815-494-0938.

## Boats

14 FT. FISHING BOAT Trailer, small engine, 3 seats. $\$ 500$ OBO 414-940-4624

1973 25' CHRISCRAFT CABIN CRUISER V8, old tandem trailer. \$800 OBO 847-497-3692

1989 BAYLINER With Cuddy Cabin, nice interior, 125hp Force, newer tires on trailer, not running. Make an offer. 773-213-4834.

## Motorcycles

2002 Honda VTX1800R 1 owner, well maintained, Candy Apple red, \$5k. 815-369-4295
2005 SUZUKI BERGMAN 400 Very good condition, $38,000 \mathrm{mi}$, \$2.500 262-379-0548.

2006 HARLEY CLASSIC FLHTCl 11k miles, Red-black, X-tras, \$10,000. Call 262-475-2075.
2010 HARLEY DAVIDSON Heritage softail classic, 32 k , metallic flake merlot color, \$9500 firm. 815-947-2895.
2015 HARLEY DAVIDSON STREET Guide Special. Too many extras to list. Full size OEM color matched King TourPak, charcoal Pearl color. LED headlight, CFR exhaust SlipOn's. additional chrome, removable driver's backrest. Mint cond, 8400 mi , New battery. Always covered \& stored in heated garage. \$16,500. 815-979-6049
92 HONDA 750 NIGHTHAWK 52,000 MILES. \$1500. (414) 688-4008

## Trucks \& Trailers

2005 FORD F150 STX 2 WD 140,000 mi., 6 1/2' bed, runs great, good tires, new exhaust. great, good
$\$ 5,000$. Call $815-985-7202$.

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## Call

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DEADLINE IS
4PM ON FRIDAY

# "SCOOp Today 

Shoppers Guilile

## for sale

## Announcements

CLASSIFIED IN-COLUMN ADS
cannot be credited or refunded after the ad has been placed. Ads canceled before deadline will be removed from the paper as a service to our customers, but no credit or refund will be issued to your account.
DISCLAIMER NOTICE This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

## FIND BARGAINS IN <br> THE CLASSIFIEDS

## Furniture

BEAUTY SALON chair with hair 947-3443

## Recreation

15' SAILBOAT, 20' SAIL \& MAST 2 people, Chrysler, red \& white. \$1000. 608-365-6936

## Sporting Goods

GUN SHOW at the Slice Arena 1632 4th Ave. West, Monroe, W May 12 \& 13, Fri. 3 pm - 8 pm, Sat. $8 \mathrm{am}-4 \mathrm{pm}$. For info call 608-426-0113.

## The Wheel Deal

Place your car, truck, motorcycle, boat or RV for one price and it runs for up to 16 weeks.

## $\$ 19^{95}$

$1^{\text {st }}$ three lines
Extra lines are $\$ 1.95$ each 17 Papers
Starts for 4 weeks and if not sold you call us and we will renew at no additional charge! (Maximum run 16 weeks total)

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## been contributing factors,

 the NIFB states. "Because we get so much donated food, we can still stretch the dollars," Sipes added optimistically.Continued from page 8)
The food bank also raises money through its "A Cup of Hope" afternoon tea in March, the "Fight Hunger $5 \mathrm{~K} / 10 \mathrm{~K}$ Run/Walk" in April, "A Taste that Mat-


## REAL ESTATTE NOTICES

IN THE CIRCUIT COURT OF THE 15TH JUDICIAL CIRCUIT STEPHENSON COUNTY, ILLINOIS
U.S. BANK NATIONAL

ASSOCIATION,
PLAINTIFF,
VS.
MICAH WILSON; COURTNEY WILSON; MICAH WILSON; UNKNOWN OWNERS AND NON-RECORD CLAIMANTS; COURTNEY WILSON; UNKNOWN OWNERS AND NON-RECORD CLAIMANTS, DEFENDANTS.

NO. 22 FC 18
1264 WEST STAVER STREET FREEPORT, IL 61032
NOTICE OF SALE PURSUANT TO JUDGMENT OF FORECLOSURE UNDER ILLINOIS MORTGAGE FORECLOSURE ACT PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered by the Court in the above entitled cause on March 9, 2023, Sheriff of Stephenson County will on 6/20/2023, in Stephenson County Courthouse 15 N . Galena Ave (West Door), Freeport, IL 61032, at 9:30am, sell at public auction and sale to the highest bidder for cash, all and singular, the following described real estate mentioned in said Judgment, situated in the County of Stephenson, State of Illinois, or so much thereof as shall be sufficient to satisfy said Judgment: TAX NO. 18-13-36-128-008 COMMONLY KNOWN AS: 1264 West Staver Street Freeport, IL 61032 Description of Improvements: The property is a single family. The property has a one car garage. The garage is attached. The exterior is vinyl siding. The color is white. The property does not have a fence. The property is occupied.
The Judgment amount was \$92,918.41.
Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit 10\% down by certified funds; balance, by certified funds, within 24 hours. NO REFUNDS.
The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate,
water bills, etc., and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court.
Upon payment in full of the bid amount, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after confirmation of the sale.
The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information. The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.
If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/9(g)(1) and (g) (4).

IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DAYS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS MORTGAGE FORECLOSURE LAW.
For Information: Visit our website at http://ilforeclosuresales. mrpllc.com.
Between 3 p.m. and 5 p.m. only - McCalla Raymer Leibert Pierce, LLC, Plaintiff's Attorneys, 1 N. Dearborn St., Suite 1200, Chicago, IL 60602. Tel. No. (312) 346-9088. Please refer to file\# 2208936IL

PURSUANT TO THE FAIR DEBT COLLECTION PRACTICES ACT, THE PLAINTIFF'S ATTORNEY IS DEEMED TO BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WILL BE USED FOR THAT PURPOSE.
Plaintiff's attorney is not required to provide additional information other than that set forth in this notice of sale.
I3215826
(Published in The Shopper's
Guide
April 26, May 3 \& 10, 2023)
436531
ters" in June and the "Hunger Scramble" golf outing in August. Ninety-seven percent of the NIFB resources "go directly to the programs that feed our neighbors," according to Katie Heraty, NIFB media relations director.

How the food gets where it needs to go
"We rely on nearly 1,000 volunteers every week at our four centers and programs," Sipes narrated. Fortunately, she continued, "We have amazing support. We get a great response." "We're working hard," she added.

## How to find assistance

Sipes observed that even though the COVID-19 pandemic has eased, now, post-COVID-19, more neighbors are shopping at food banks or receiving other food program services. She outlined that with emergency SNAP (Supplemental Nutrition Assistance Program) benefit allotments having ended in

March, unemployment, and increasing costs for food and other necessities, "The need is still high."
"There are over 50 percent more neighbors than pre-pandemic" utilizing the food bank's resources and programs, Sipes added.

She was emphatic in saying there is "nothing to be ashamed of at the time that you need them [a food pantry]." "We encourage people to utilize the food pantries," Sipes summed up.

For detailed information on the Northern Illinois Food Bank, including locating food banks and programs, visit SolveHungerToday.org. To access the online "My Pantry Express," visit mypantryexpress.org.

## How you can help

To make a donation or to volunteer, you can find information at SolveHungerToday.org. "We're always encouraging community support," Sipes noted.


The Northern Illino photos Courtesy of NifB Rock Valley Pubides 78 million meals a year throughout the 13 counties it serves (Boone, DeKalb, DuPage, Grundy, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Stephenson, Will, Winnebago), and distributes perishable and non-perishable food to 450,000 neighbors each month.

who have sent a donation to help underwrite the Scoop Today/Shopper's Guide. For those of you who haven't done so in the past year, but enjoy this newspaper and would like to help us pay for its operation, please send a donation in any amount to:

## ascoop Today /slopperers fuilice

## 240 W. Main Street, Suite B • Lena, IL • 61048

 IF YOU THINK YOUR NEWSPAPER IS WORTH $50 \$$ an issue, it would be ${ }^{\$} 26.00 ; 75 \$$ an issue - $\$ 39.00$ or ${ }^{\$ 1}$ an issue - ${ }^{\$} 52.00$You won't get a Scoop/Shopper's Guide tote bag, an Apple gift card, or a discount on an extended car warranty. But you will get the satisfaction of knowing that you have helped support your favorite newspaper.


> Please keep my
> paper coming:

## Gill's

 Freeport Disposal to change collection routesGill's Freeport Disposal, the City of Freeport's sole residential garbage hauler, has announced that Freeport residential garbage collection routes will be changing on Monday, June 5, 2023. As Gill's continues to integrate the Moring portion of the City's residential contract, route changes are necessary to ensure quality, timely service.

Residents are encouraged to visit https://cityoffreeport. org/galleries/garbage-recy-cling-collection-map/ to see if their service day has been changed. Residents will be able to insert their address into the search bar located on the interactive map to view
their garbage collection day. their garbage collection day. For residents that do not have internet access or have trou-
ble viewing the online map ble viewing the online map, please contact Gill's Freeport Disposal's customer service team at 815-233-5644.

## your source for on-line news:

 RVPNEWS. COM


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Elizabeth • 815-858-3333

## Davis Lumber Company 224 S. Railroad Scales Mound, IL 815-845-2262

## Winter Plumbing

Scales Mound 815-845-2212


1013 16th Ave. • Monroe • 608-325-4464
Stagecoach ©rail Storage bary e Cilleen Schreiner Lena - 8/5-369-4994

## RADERS INSURANCE

Lena $815-369-4295$ radesinssurance.com

## Wartzells

Harren - 815-745-3311

# Goin these businesses in celebrating GYother's Day 

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## LEVGPLTII 815-868-2937 Sales fr Service [st. 19S7-McEannell. 11

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##  Lena • 815-369-4527



## Coach's <br> Ooll

(20)

Lena
815-369-2022
He will be open all day


## This week's Little Blackhawks

## Congratulations to these Stockton Elementary and Middle School students who were recognized for following the Blackhawk Way.

SUBMITTED PHOTOS Rock Valley Publishing


# Stockton Township Library book donation 

Stockton Township Library Director, Claire Smunt, received a new children's book. Lu Douglas donated the third in a series of books from author Linda Sprangrud, titled "Miss Ella and the Turtle People Celebrate Mardi Gras". Sprangrud's previous books, "Miss Ella and the Turtle People" and "Miss Sandra and the Turtle People" can also be found in the library. These books explain the importance of caring for turtles and other creatures while caring for our environment.

Sprangrud was involved in education for over 34 years in Illinois before moving to Gulf Shores, AL. She is involved in the preservation of turtle nests, the hatching process, and directing the babies to the water. Check out these books which are educational as well as entertaining from the Stockton Township Library.


Author Linda Sprangrud generously donates her latest children's book titled "Miss Ella and the Turtle People Celebrate Mardi Gras" to the Stockton Township Library Learn all about turtle conservation in this entertaining story and following along with other adventures written by Sprangrud, all which can be checked out by library members.

## Apple River American Legion Memorial Day news

Apple River American Legion Post \#298 apologizes that the Post will be unable to conduct its annual Memorial Day Ceremony this year.


## Goin these businesses in celebrating GYother's Day



815-369-4901 • www.lenastatebank.com


# (4) Citizens State Bank 

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## COUNTRY <br> FINANCIAL

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Marvin Uecker Agency
308 E. Lena St., Lena
815-369-4569 PEK

## Bowen Oil Company

 andBowen Mini Marts

## Dr. Stephen Petras

Stockton • 815-947-3700

The Post has fallen prey to the ravages of old age and health issues. There are not enough healthy personnel to present the Memorial Day service this year. The Post asks area
veterans to get involved so we can continue our service activities in the future. If interested, please call Mike Toepfer at 815-858-0612 or Rick Smith at 815-291-6579.

## - Events

(Continued from front page)
including our Sheriffs that worked with us on this event and work hard every day to keep our communities safe," said Rep. McCombie. "We had a great turn out at these three events-a clear sign that residents are ready to work toward making our neighborhoods safer and keeping harmful drugs off our streets."

While the event served as an opportunity for residents to clean out their medicine cabinets and safely dispose of old medications, some harder substances were collected, including fentanyl, which has been a rising source of overdoses across the state and nation.
"I was impressed by the event's turnout in Stephenson and we collected nearly 15 pounds of prescription medications," said Stephenson County Sheriff Steve Stovall. "There will always be a need for a safe way to dispose of old prescriptions and this event was a great step for our community to come together and do that."
"This event was about do
ing our part, to help fight the rising national trend of overdoses," said Carroll County by Sheriff Ryan Kloepping. "Each resident that stopped by the event helped do their part to protect public safety in our area and for that I'm grateful."
Rep. McCombie has taken a leading stand to combat the rise of fentanyl in the General Assembly. Legislation the Representative has backed would allow pharmacists and retail stores to sell potentially life-saving fentanyl test strips over the counter. Currently, test strips are classified as drug paraphernalia, which has made it impossible to make progress on identifying fentanyl in other drugs. The test strips will be able to identify if fentanyl is present in any drug, which is essential considering only a small dose (only 2 milligrams) of fentanyl can have fatal consequences. After passing unanimously in the Illinois House, McCombie's legislation is now awaiting further consideration in the Senate.

