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VOL. 86 • NO. 46

YOUR FREE HOMETOWN NEWSPAPER

WEDNESDAY, NOV. 6, 2024



SUBMITTED PHOTO Rock Valley Publishing

On Saturday, Oct. 26 Dennis Bussian, Iron Horse proprietor Darryl Cannon, Matt Huber, Sons of the American Legion (SAL) Squadron Leader Scott Stich, and SAL treasurer John Costello celebrate Huber's win of the Lena SAL Legion Queen of

Hearts Raffle. Huber correctly guessed that the Queen was hiding under card number six, winning \$22,338.

Huber wins Queen of Hearts Raffle

On Saturday Oct. 26, the Queen of Hearts made another appearance in the Lena Sons of The American Legion's Queen of Hearts raffle at the Iron Horse Tap. Matt Huber had his ticket drawn and correctly guessed that the Queen was hiding under card

number six. While Matt was not present for the drawing, he still won 60% of the prize pool or \$22,338.00. Federal and state taxes were deducted and then SAL treasurer John Costello presented Matt a check for his winnings.

A new pot was started on

Saturday, Nov. 2 with weekly drawings held on Saturdays at 5:30 p.m. at the Iron Horse Tap in downtown Lena. The starting prize pool is \$6,000 thanks to a generous donation from Matt of \$1000.00 and another anonymous donation of \$1,000 and will

continue until the Queen of Hearts is revealed again.

Tickets are six for \$5 and can be purchased at the Iron Horse Tap during regular business hours or at the Lena

American Legion on Saturday mornings from 10 a.m. until 12 p.m. Proceeds from the raffle are used to benefit local and regional Veterans programs. Updated infor-

mation can be found on the Lena Sons of The American Legion Post 577 Lena, IL and Iron Horse Tap Facebook pages or by e-mailing sal-post577@gmail.com.

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Obituaries

LEONA MARIE ELIZABETH TROST

Leona Marie Elizabeth Trost, Age 90, a long time Elizabeth, IL resident, died on Thursday, Oct. 24, 2024, at SSM Monroe Hospice. Leona was born on April 5, 1934, in Woodbine, IL, the daughter of John and Marie (Ege) Krohmer. She graduated from Stockton High School in 1952 and was united in marriage to the love of her life Wayne Trost on Jan. 11, 1953, at St. Paul Lutheran Church in Elizabeth.

Leona was a longtime and loyal member of St. Paul Lutheran Church. For many years she worked at the Elizabeth Weekly News. Among her many interests, she enjoyed keeping genealogical records for the Brudi/Knauer/Krohmer families and helping the Elizabeth Historical Society with their obituary collections. She was so proud of her heritage from Dettingen, Germany and grew up speaking German with her parents and siblings. Her family's visits to her Dettingen cousins were some of her favorite memories. Another favorite memory for Leona is a hot-air balloon ride over to Jo Daviess County that she took with son Bruce in 2016.

Leona had many hobbies that she pursued with a passion, including playing euchre and hand-and-foot, doing counted cross-stitch, putting together jigsaw puzzles, making beautiful sewing crafts, adding to her many collections, and having large family gatherings, and following the Chicago Cubs. Most of all, she loved being a wife, mother, grandmother, and great-grandmother. Faith and family were most important to her.

Extra special to Leona



were all her godchildren, Sonja, Chris, Betty, Maxine, Mary, Lisa, and Kristin. She will be dearly missed by her three children, Steven (Wendy) Trost of Monroe, Bruce (Brenda) Trost of Mt. Pleasant, S.C., Patricia Klein of Mt. Carroll, IL; seven grandchildren, Susan (Eric) Brashaw, Freeport, Carson (Ileana) Barnett, Murray, KY, Brian (Erin) Trost, Verona, Jeffrey (Julia) Trost, Mill Valley, CA, Lori (Dan Aeling) Barnett, Freeport, Scott (Julie) Trost, Charleston, SC, Craig (Megan) Trost, Madison; eight great grandchildren, Brodie and Leela Barnett, Jake and Maggie Trost, Walker and Grey Trost, Clark and Marie Trost; and her dear sister and friend, Connie Mueller of Monroe.

Leona was preceded in death by "a peach of a man" (her words) her husband of 62 years, Wayne, on April 20, 2015; brothers, Wayne (Joyce) Krohmer, Ted (Velda) Krohmer; and brothers-in-law, Gus Mueller, Bob (Thelma) Trost, and Derryl (Maribell) Trost.

Memorial services will be held on Saturday, Nov. 23, 2024, with visitation from 9 a.m. to 11 a.m. and memorial service at 11 a.m., at St. Paul Lutheran Church, Elizabeth, with Pastor Mike Nesbit officiating. Inurnment will be at a later date in Woodbine Cemetery, Woodbine, IL. The Newcomer Funeral Home, Monroe, is assisting the family. Condolences may be shared at www.newcomerfuneralhome.net.

RICHARD E. MCNETT

Richard E. McNett, age 76 of Lena, IL, passed away on Tuesday, Oct. 22, 2024, at Swedish American Hospital in Rockford, IL. He was born on July 10, 1948, in Dodgeville, WI; the son of the late Delvin and Doris (Disrud) McNett. He married Kathy Hammond, the love of his life, in 1983, celebrating 49 years of marriage. Together they had a son, Justin. From a previous marriage Rich had a daughter, Tammy and a son, Tom.

Rich served in the United State Army. He worked at Kelly Springfield/Titan Tire. He also owned and operated Rich's Road House in Freeport, IL as well as The Old Ship (JR's) in McConnell, IL.

He was an avid fisherman, fishing various tournaments. He was on a bowling and a pool league. He enjoyed boating and coaching and watching his son Justin play baseball. He also enjoyed playing euchre and cribbage. Most of all, Rich loved spending time with family and friends.

He is survived by his wife, Kathy McNett of Lena; children, Tammy (Scott) Riddell of Freeport; Tom (Lindsey) McNett of Fulton, WI; and Justin McNett of Lena, IL; 3



grandchildren; 5 great grandchildren; sisters, Joyce (Jack) Becke of Freeport, Janice (John) Bauch of Freeport, IL; Jeanne (Ralph) Stietz of Gratiot, WI, and Joleen (Butch) Thommen of Warren, IL; brothers, Ronald McNett of Freeport and James McNett of Shellsburg, WI; and several nieces and nephews.

He was preceded in death by his parents, Delvin and Doris; sisters, Jackie Hermann and Jewell McNett; brothers, Roger, Rodney "Pete," and Jerry; nephew, Chase McAuliffe; and niece, Melissa Grimes.

A celebration of life will be held on Dec. 7, 2024, starting at 3 p.m. at the Wayside (Old Rich's Roadhouse) in Freeport, IL. Please come enjoy food, memories, and music in honor of Rich. Interment will take place at Chapel Hill Memorial Gardens in Freeport. A memorial fund has been established in his name. Condolences may be shared with his family at www.walkermortuary.com.

LEOWEN L. RACKOW

LeOwen L. Rackow, age 96 of Lena, IL, passed away on Friday Nov. 1, 2024, at the Lena Living Center. He was born on Aug. 13, 1928, in Stephenson County IL to Lester and Edna (Kortman) Rackow. He married Joyce Reed on Sept. 12, 1948, in Freeport, IL at Joyce's parents' home.

He was a dairy farmer in rural McConnell, IL until 1959. He then worked as a custodian at the Orangeville Grade School until his retirement in 1990. In retirement he delivered parts for his son at Bocker Automotive. He was a member of St. John's Lutheran Church in Lena, IL.

He is survived by his wife Joyce of 76 years, children; Marsha Delis of Covington, LA, Dennis (Denise) Rackow of Freeport, IL and Susan (Mike) Shaffer of Leesburg, FL, six grandchildren and 14 great grandchildren, and a



sister; Violet Witt.

He was preceded in death by his parents, infant son, sons-in-law William Delis and Duane Kelher, brothers; Leo, Eldon and Melvin Rackow.

Funeral services will be at 11 a.m. on Saturday, Nov. 9, 2024, at St. John's Lutheran Church in Lena, IL. A visitation will be from 10 a.m. until 11 a.m. on Saturday, Nov. 9, 2024, at St. John's Lutheran Church in Lena, IL. Pastor Jason Shaw will officiate the services. Burial will take place at Richland Salem Lutheran Cemetery in McConnell, IL. A memorial has been established in his memory. Condolences may be sent to the family at www.leadonfh.com.

ROBERTA F. STOCKS

Roberta F. Stocks, age 88, of Apple River, IL passed away peacefully on Oct. 31, 2024, at Midwest Medical Center in Galena, IL. She was born on Aug. 9, 1936, in Clyde, Wisconsin to Robert and Anna (Biser) Sturdevant. She was a 1954 graduate of Lone Rock High School. Roberta married Albert Stocks on May 18, 1956, and they moved to Apple River in 1961. She owned and operated the Dew Drop Inn in Apple River, IL. In 1999, after 30 + years of service, Roberta retired from Honeywell in Warren. She also worked at Stockholders in Apple River after her retirement, serving the coffee clutch crew.

She was a devoted member of St. Joseph Catholic Church in Apple River, and a past member of the Apple River Legion Auxiliary. Roberta enjoyed dancing, baking and cooking, shopping, and spending time with her grandchildren and great-grandchildren.

Roberta is survived by her children; Father Ryan Stocks, Greg (Val) Stocks, Tracy (Ernie Hess) Stocks, Grant (Amanda) Stocks, and Tara Stocks-Kaderly, grandchildren; Stephanie (Wes) Coccagne, Geoff (Dr. Liz) Stocks,



Bridgette Stocks, Cole (Heather) Stocks, Erica Stocks, Mitchell (Stephanie) Stocks, Anna Stocks-Hess, Riley Stocks, Alison Kaderly, Jamie (Belle Jordan) Stocks, and Olivia Kaderly, ten great-grandchildren, and numerous nieces and nephews.

She was preceded in death by her parents, her husband Albert, great-grandson Brooks Stocks, sister Anna Marie Ramsden, and her brother-in-law Homer Ramsden Jr.

Memorial Mass will be held at 11 a.m. on Friday, Nov. 8, 2024, at St. Joseph Catholic Church in Apple River, IL. A visitation will be from 10 a.m. until 11 a.m. on Friday, Nov. 8, 2024, at St. Joseph Catholic Church in Apple River, IL. Father Morrissey will officiate the services. Burial will take place at St. Joseph Catholic Cemetery in Apple River, IL. Cremation rites have been accorded. A memorial has been established in her memory. Condolences may be sent to the family at www.leadonfh.com.

JDCF and NW IL Audubon to host guided migrating waterfowl field trip

The Jo Daviess Conservation Foundation (JDCF) and Northwest IL Audubon Society (NIAS) invite you to attend a free field trip to observe migrating waterfowl along the Mississippi Saturday, Nov. 16 from 1:30 p.m. 4 p.m. The field trip will start at Spring Lake Wildlife Area two miles south of Savanna, IL.


There will be several more stops along the river including at the Ingersoll Wetlands Learning Center which has a paved lookout over Sloan Marsh, an excellent spot to watch waterfowl during fall migration. The last stop will be Lock and Dam #13 just north of Fulton, IL.

Mary Blackmore from NIAS is leading the field trip and is an excellent birder who has led many birding field trips

for Audubon and other organizations. Please dress for the weather, bring binoculars and water. Members of NIAS and JDCF will bring scopes which can be shared to see birds that are at a distance from the shore. Please also bring a scope if possible.

Since the field trip is weather dependent, please email JDCF at info@jdcf.org to let them know if planning to attend. If cancelled, you will receive an email from JDCF member Pam Johnson the morning of the field trip, Nov. 16. Please check your email after 10 a.m. that morning. This field trip involves viewing from automobiles and shorelines with some walking on level ground. Attendees are welcome to exit the field trip at any point along the route.





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Will Be Hosting Our Annual

VETERAN'S DAY CELEBRATION

Monday, November 11, 2024

Breakfast will start at 8:30 a.m.
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with a presentation to follow in the
High School gymnasium at 9:30 a.m.

*Please make plans to join us,
and celebrate our veterans.*

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NLI closed on the Townsend Glade, sale to the IDNR on Oct. 30 for \$660,000. Townsend Glade is a 144-acre tract of mostly forested land with several hill prairies.

NLI conveys Townsend Glade to IDNR

Natural Land Institute (NLI) announces the sale of Townsend Glade, a preserve owned by NLI in Jo Daviess County, to the Illinois Department of Natural Resources (IDNR) for expansion of Apple River Canyon State Park.

NLI closed on the Townsend Glade sale to the IDNR on Oct. 30 for \$660,000. Proceeds of the sale of this land will be used to purchase and protect additional conservation lands in Illinois.

Townsend Glade is a 144-acre tract of mostly forested land with several hill prairies, and the rare cliff community unique to the Apple River. The cliffs contain several Illinois endangered and threatened (listed) plant species, the river contains two state listed freshwater mussels, and the federally threatened Northern Long-eared Bat utilizes the habitat.

Townsend Glade was purchased from Jim and Kitty Rhodes in May 2018 by NLI. The land lies in the Apple River Canyon corridor as designated by the Jo Daviess County Comprehensive Plan and the Jo Daviess County

Greenways and Trails Plan.

NLI purchased the property with grant funding from the Illinois Clean Energy Community Foundation, The Conservation Fund, the Grand Victoria Foundation and private gifts from its members. The plan was to protect and hold the land until the IDNR was able to purchase it.

Townsend Glade is adjacent to the Wiley Unit of the Apple River Canyon State Park and NLI secured its designation as a Land and Water Reserve – one of the highest land protection designations administered by the Illinois Nature Preserves Commission. The Land and Water Reserve protections transfer as a deed restriction with the sale to the IDNR.

One of the strategic roles NLI has played in its 66-year history is to hold and protect land until another conservation agency or organization is ready to receive it. Since 1958, NLI has protected 18,000 acres of land primarily in Illinois with some in southern Wisconsin. NLI currently owns 3,263 acres (24 preserves) of protected land and holds 51 conservation easements (voluntary legal agreements) on 4,554 acres of land owned by individuals and other conservation organizations.

The Natural Land Institute, an accredited conservation land trust, is a 501(c)3, non-profit organization based in Rockford. The current ser-

vice area covers twelve counties in northern Illinois. NLI's mission is to create an enduring legacy of natural land in northern Illinois for people, plants and animals.

For more information and to donate visit NaturalLand.org

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For more information and to donate visit NaturalLand.org

News briefs

McConnell American Legion Auxiliary

The McConnell American Legion Auxiliary is preparing for the 5th annual troop care package project and is seeking addresses of active military personnel stateside or deployed. These addresses can be emailed to mcconnellauxiliary@gmail.com or call Pat at 815-266-1165 or Terri at 815-541-6792. Addresses must be received no later than Nov. 8, 2024. All addresses are kept confidential.

Lena American Legion Auxiliary meeting

The November meeting of the American Legion Auxiliary will meet on Wednesday, Nov. 13 at the Lena American Legion Home at 6 p.m. We will be making tray favors for the hospitalized veterans. We are also collecting clean in good repair coats, gloves, hats that you would like to donate to the veterans. Please bring them to this meeting or call 815-369-4684. Dues will be collected. New members are always welcome. Karen Sirgany will be in charge of the social hour.

Stockton Heritage Museum to host 'Stockton Civic Organizations from 1890 to 2024'

Stockton Heritage Museum will host a talk by local Historian, Warren Dixon, detailing the history of Stockton's civic organizations from the 1890s to the present day. The presentation, "Stockton Civic Organizations from 1890 to 2024," will take place on Sunday, Nov. 10, 2024, at the Stockton Heritage Museum, 107 West Front Street, Stockton, IL. The Stockton Heritage Museum's Annual Meeting will take place the same day, beginning at 1:30 p.m., and the presentation will follow immediately after.

Warren is a veteran, having served in the US Army stationed in Germany from 1970 to 1972. He was assigned to the accounting headquarters of MATCOM (Material Command-Europe), where he utilized his

accounting and computer background. Warren is the Secretary and Historian for the Stockton Veterans Memorial committee. He was instrumental in coordinating the collection, organization and ongoing maintenance of database information recorded for over 1,700 Veterans from the Greater Stockton Area. All of these names appear on the Stockton Veterans Memorial located along Highway 20 in Stockton.

The event is free and open to all audiences. For more information, please visit our website at www.stocktonheritagemuseum.org, visit us on Facebook: Stockton-Heritage-Museum-309324911534, email us at info@stocktonheritagemuseum.org, or leave a message at 815-947-2220.

The Gift of Grain program

The Salvation Army is hosting their Kernels for Kettles, Gifts of Grain program again this year. Support the Salvation Army by donating grain (corn, soybeans, etc.) or livestock rather than donating the cash after the sale. Farmers may benefit from the transfer of legal ownership of grain to The Salvation Army before it is sold and avoid taxable income from the sale.

To learn more, contact the local Salvation Army at 106 W. Exchange St., Freeport, IL, 61032, 915-235-7639 or April Gould, Senior Director of Gift & Estate Planning, at April.gould@usc.salvationarmy.org, 309-657-9507.

THE SCOOP TODAY

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OPINION

Slices of life

Wanting more



By **JILL PERTLER**
Columnist

Life is pretty good for me right now, but I wake most mornings yearning for more. Not more in things, but more in purpose. More in positive change for my world. More in feeling I am doing something substantial during my time on this planet.

It got me to wondering. Is this normal? Is it the human condition?

I experienced a great loss four years ago, and for much of the time after, I've wished I could go back to the way it was. I wished for the before, because the before felt like more.

But back then, I probably didn't see it as more. I probably saw it as the everyday, and I may have taken it for granted. I may have even longed for more.

Then I lost what I had and saw it as the more.

I think we all yearn for more, in one way or another.

But, maybe what we already have is more. Maybe it is the more we will look back at longingly in the future.

I had that thought this morning, as I woke up wondering about all the whats and whys of life.

What does this mean? Where is that going? Why me? What if? Why not me?

What could be better? And then it dawned on me. Maybe I was asking the wrong questions.

What is good right now? How close is peace? What freedoms do I appreciate? Did I smile yesterday? Did I laugh?

Do I need more? Am I already living it?

The word "appreciation" is a bit overused right now, but it's importance can't be undervalued or over-rated.

Appreciating what we have, in each day, in each moment is monumental to mental health. There are always things that could be going better; always things that are going wrong; always things that could go wrong in the future. Always things to worry about.

Living with hope, in the moment, choosing joy, is a choice. Sometimes it is a difficult choice, because the default is literally pounding on our door. But it is a choice nonetheless.

I've found that sometimes, during the most difficult times of life, we can be sad, or bored, or scared or overwhelmed.

I've found that sometimes, during the best times of life, we can be sad, or bored, or scared or overwhelmed.

If this is true, the same must be so for joy and hope and peace and purposefulness.

You see where I'm going here?

We choose: sadness or joy, angst or peace, bored or purposeful.

But then, wherein comes the more?

Why do I still want more? Is that wrong?

In a word, no. I don't think so. It's never wrong to aspire to more. To dive deeper. To surge further. To take it up one more step, or even two.

Even in bliss and peace and joy we can want more. We can reach for more. We can yearn for more.

That isn't wrong. It is making the most of this life.

And that, my friends, is precisely what we all are supposed to do.

Never stop reaching. Never stop searching.

As for me? I wish you more - in whatever scenario that means to you—in the truest sense of the word.

Jill Pertler is an award-winning syndicated columnist, published playwright and author. Don't miss a slice; follow the Slices of Life page on Facebook.

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Weekly connection

The Orphan Lamb

A couple years ago my daughter and son-in-law gave us four ewe sheep and one ram because they didn't have a very good set up for them at their farmette. We decided that we would give them a try on our place even though I had never raised sheep before. Well, just a couple years have passed, and we now have fifteen ewes and four baby ewe lambs, two rams and three baby rams. It's safe to say that sheep know how to reproduce. I guess the thing that helps their numbers grow so quickly is the fact that they almost always have twins and once they get past a couple days of life, the babies are pretty hardy animals.

This fall four of my ewes decided to lamb for the



By **SCOTT CERNEK**
Columnist

second time this year and just like last year one of them would not accept one of her babies. For some reason once in a while a ewe decides to not allow one of her lambs to nurse and so an orphaned lamb is the result. I try to give the mom plenty of time to accept both of her babies, but after a couple days of bleating and crying from the little orphan, I rescue the lamb bring it into the barn, and begin to bottle feed it. Because a human is giving it milk, the lamb

quickly decides that the human is its mother. You've probably no doubt sang the nursery rhyme about Mary and her little lamb. It is so true. Everywhere that Mary went the lamb is sure to go. Whenever I let my little girl out of her pen, she follows me all over the farm with no regard for her own kind in the nearby pasture. In fact, I have put her in the pasture with the flock and she makes a mad dash back to the fence and pushes her way out through the panel squares to get back to my side. The other sheep just stare at her like she's lost her mind, and she probably has. I'm sure she would sleep in my bed with me if I let her. Last year I had another little orphan lamb that I gave to my daughter's mother-in-law and that little lamb became their house pet. They even put a diaper on it and let it live indoors for a few months.

Most of my lambs are white, but I have a couple who are black or have black faces. A few days ago, another little ewe lamb was born, and it is almost all black except for a white triangle on her forehead and her hind legs and rear end are white. She looks like she

is wearing pants on her back legs. Her feet are black, so it looks like she has boots on her back feet. I have never seen anything like it. It's sure fun to watch these baby lambs run and jump and play together out in the pasture. Each day they get bigger and stronger as they drink their mother's rich milk. I suppose I'm going to have to haul some of them off to the sale barn one of these days or I'll end up with a hundred.

The Bible talks a great deal about humans as sheep and Jesus as the Good Shepherd who gives His all to care for the sheep. Sheep can do some pretty stupid things I've noticed like running as fast as they can into a fence or over a ledge into the creek when they are scared by something. When we don't listen to the shepherd, we humans can do some pretty stupid things too. Jesus says my sheep hear my voice and they listen. They come to me and are kept safe. When we receive and put our trust in the Lord, we are His forever. We are in His good hands of care and protection. The Bible says that no one can ever snatch us out of His hand.

Until next week, God bless.

FREELANCE REPORTERS AND PHOTOGRAPHERS NEEDED

Rock Valley Publishing is seeking freelance reporters and photographers to produce local news and photos for your hometown newspaper. Weekly stories and photos needed for Jo Daviess and Stephenson Counties. Writing and reporting experience a plus. Work from home as an independent contractor with no in-office requirement.

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4.00+ Samuel Cobine, Brogan Grube, Sophia Martinez, Christian Morhardt, Lily Engle, Matthew Butcher, Brigson Grube, Layna Kretschmer, Dixi Palas Emmett Patterson

3.50 - 3.999 Violet Golden Natalie Haas, Luke Holcomb, Frances Howard, Brock Turner, Lucas Wurster, Chloe Cross, Aniah Havens-Hudson, Averie Karberg, Skye McLane, Brogan Peugh, Mesa Whitmer, Megan Bradt, Anna Dittmar, Julia Gerlich, Piper Havens, Lila Ritchie, Landen Sether

3.00 - 3.499 Lyla Rae Brotherton, Frida Carriaga, Mackenzie Greenwald, Morgan Kloss, Emmy Tiedt, Lemma Bird, Abigail Derham, Summer Goebel, Ava Huett, Justice Murray, Alaina Parisi, Noah Rogers, Dallas Wilbanks, Leighton Wurster, Jazmine Zito, Ayden Chambers, Jay Fitzgerald, Rylee Hendrickson

High School

4.00+ Kathryn Cobine, Aizlynn Griffiths, Nathan Haas, Lucius Mendenhall, Elaina Doms, Sawyer Fry, Ava Ketsels, Berkeley Mensendike, Jaime Miller, Harmony Packard, Kaci Patterson, Samuel Rife, Gracie Schnitzler, Sarah Winter, Nicholas Cobine, Evalynn Doms, Lane Groezinger, Elizabeth Rife

3.50 - 3.999 Kayla Diehl, Brynn Fry, Laiken Haas, Isabella Haring, Mason Smith, Graci Vanderheyden, Wendy Weimerskirch, Leah Spahn, Hamish Boden, Piper Golden, Jackson Goldsmith, Genevieve Kidwell, Faith Morhardt, Isabella Wasmund, Ella Dittmar, Carson Dodd, Bronx Gonzalez, Wesley Haas, Wyatt Ritchie, Amber Schlarman, Ashlynn Wasmund

3.00 - 3.499 Kelly Chapman, Camden Flack, Iisa Malmerg, Joseph Winter, Loran Ahmed, Brook Bradbury, Joseph DuBord, Matthew Ransom, Ian Spangler, Kaden Bauer, Sully Bower, Madilynn Clarkson, Natalie Keleher, Kenley Patterson, Angelina Cruz, Clara Gerlich, Russell Howard, Jason Lucas, Breck Roche



SUBMITTED PHOTO Rock Valley Publishing

Little Blackhawks

Pictured are Stockton Elementary's Little Blackhawks for the week. These students are recognized for following the Blackhawk Way. Keep up the good work!

Warren Elementary School celebrates Exemplary Designation on the 2024 Illinois Report Card

Warren Elementary School celebrates as their school was given an Exemplary Designation on the 2024 Illinois School Report Card. Illinois Assessment of Readiness (IAR) scores for both proficiency rates and student growth rates have increased over the past several years at the elementary school. In the past, the school has held a Commendable Summative Designation. All schools have received a summative designation on the Illinois Report Card since 2018. Earning an Exemplary Designation means that the overall performance of Warren Elementary School is in the top 10 percent of all schools in Illinois.

The Illinois School Report Card analyzes several factors to determine the overall score of each school. They examine IAR Data, Illinois Science Assessment data, chronic absenteeism rates,

and the climate survey, called the 5Essentials Survey, which collects feedback from parents, staff, and students. The annual summative designation is one component of the School Report Card. Illinois is required by federal accountability law to assign each school a descriptor of how well it is meeting the needs of its students.

In addition to its impressive achievements in the past year, Warren Elementary is committed to continuous school improvement. They have an established Social Emotional Learning (SEL) time set aside each day for their students. Teachers and paraprofessionals lead small groups in discussions and promote tools to help children self-regulate. Warren Elementary is in its third year of using new reading and math curriculum. The teachers selected curriculum that aligns

to the state standards and has differentiated curriculum within it. The staff also offers an after-school program that meets Tuesdays and Thursdays for an hour after school to give continued support to students in need of additional

help. A summer school program is offered for five weeks in the summer.

The Illinois Report Card provides the school community with an opportunity to reflect on last year's strengths and discuss areas for contin-

uous improvement. Warren CUSD #205 believes every single student can meet high expectations and that parents/caregivers along with community members are critical partners in each child's education.

Accepting Consignments Now!

We start accepting consignments
October 28 - December 18

Monday - Friday: 8:00 am - 4:00 pm

No Late Consignments will be accepted.

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Stateline Office: 608-439-5761

Mike Powers: 608-214-5761 • Dan Powers SR: 608-214-3765

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POWERS AUCTION MULTI-PARTY ESTATE AUCTION

Gary Schreiner - Robert C Lehmann - Gerald Zweifel - Virgil Swanson
SATURDAY, NOV. 23 • 9 A.M.

110 E. MURRAY ST., BROWNTOWN, WI 53522

Multi-party estate auction offering tractors, household, vehicles, toys and more!
Gary Schreiner Estate: collectible tractors, Corvette, farm implements & more; Robert C. Lehmann Estate: cars, lawn mower, personal belongings; Gerald Zweifel Estate: approx. 150 toy tractors (complete line of tractors to be sold in December); Virgil Swanson Estate; approx. 100 die cast toy tractors. Visit powersauction.com for more information!

Office - 608-439-5761 • Dan - 608-214-3765 • Mike - 608-214-5761

Powers Auction Service • 110 E. Murray St., Browntown, WI 53522 • powersauction.com

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SUBMITTED PHOTO Rock Valley Publishing

1st Quarter Stockton Elementary Incentive Awards

Two students from each Stockton Elementary classroom were recognized for 1st Quarter Incentive Awards. These students were selected by their classroom teachers for always following the Blackhawk Way and being good role models for their peers.

Students were given a full-sized candy bar and will have front row seating when they go to HCC to see the play "Charlotte's Web" next week. Congratulations!

Church news

Good Shepherd Lutheran Church

All are invited to worship at Good Shepherd Lutheran Church, 118 E. Mason St. Lena, IL on Sunday, Nov. 10 for Sunday Worship Service at 9:30 a.m. This week's gospel reading is from the Gospel Mark 12:38-44.

On Wednesday, Nov. 13 the Peace Corps Quilting group will meet from 8 a.m. to 11:30 a.m.

All the services will be recorded and be available on church's Facebook page and website. Please visit our website and (<http://goodshepherdlena.org/>) and Facebook (<https://www.facebook.com/GSLCLenaIL>) for information. Please contact the church office at 815-369-5552 with any questions.

St. John's Lutheran Church

St. John's Lutheran Church, Pearl City, will celebrate Reformation Sunday on Sunday, Nov. 10 at 9 a.m. The

No Worries Band will provide special music during worship. Join on Facebook if you can't make it in person.

Everyone is welcome to come to St. John's to play cards and dominoes on Thursday, Dec. 19 at 1 p.m. (there is no November date set).

The November Grace Meal will be on Sunday, Nov. 17. It will include turkey, mashed potatoes with gravy, corn casserole, cranberries, and a pumpkin dessert. Meals can be picked up between 11 a.m. and 12 p.m. on Nov. 17. Reservations are due in the church office by Thursday, Nov. 14. The meal is funded through the generosity of a grant from the Pearl City Lions Club and donations. If you are interested in donating to this ministry, reach out to the church office for more information.

The next Men's Breakfast will be on Wednesday, Nov. 6 at 7:30 a.m. at the Beltline Restaurant in Freeport.

The Healthy Wolves group will be packing backpacks on

Thursday, Nov. 7 at 3:15 p.m. If you are interested in donating to this ministry, reach out to the church office for more information.

St. John's Lutheran Church of Pearl City is an ELCA parish and is located at 229 First St. in Pearl City. We are handicapped accessible. If you need to contact the pastor or church, you may call 815-443-2215 for information.

Calvary Church of Stockton

Calvary Church of Stockton will hold a Bazaar on Saturday, Nov. 9. The ladies of Calvary have tickets available for the quilt raffle. Lunch will begin at 11 a.m. and the quilt raffle will be at 1 p.m. There will be the usual tables of baked goods, candy including caramel corn, crafts and Christmas items.

Calvary is holding its first ever Turkey Sandwich Dinner on Tuesday, Nov. 19. Please buy your tickets from Calvary people. The cost is \$10 for a one sandwich dinner, \$12 for a two-sandwich dinner. The proceeds will go toward the cost of tuckpointing the church brickwork.

Calvary holds Sunday School every Sunday morning at 8:45 a.m. followed by Worship Service led by Pastor Scott Hess at 10 a.m.

Harvest Bazaar

The Harvest Bazaar, sponsored by the Methodist Women, will be held on Saturday, Nov. 9 from 10 a.m. until 2 p.m. at Orangeville Methodist Church. There will be a luncheon from 11 a.m. to 1 p.m., a bake sale, and many other items for purchase.



SUBMITTED PHOTO Rock Valley Publishing

Stockton students inducted into National Honor Society

Stockton students (left to right) Oliver McPeck, Jake Marek, Eli Larson, Haley Weipert, Sadie Vanderheyden are the newest members to be inducted into the National Honor Society at Stockton High School. They join current members Kyla Arnold, Masyn Cahill, Elijah Haas, Kyle Haas, Jacob Harbach, Madalyn Mammoser, Kendra Robledo, Ethan Steien, and Landon Warner.

JDCF and NW IL Audubon to host guided migrating waterfowl field trip

The Jo Daviess Conservation Foundation (JDCF) and Northwest IL Audubon Society (NIAS) invite you to attend a free field trip to observe migrating waterfowl along the Mississippi Saturday, Nov. 16 from 1:30 p.m. 4 p.m. The field trip will start at Spring Lake Wildlife Area two miles south of Savanna, IL.

There will be several more stops along the river including at the Ingersoll Wetlands Learning Center which has a paved lookout over Sloan Marsh, an excellent spot to

watch waterfowl during fall migration. The last stop will be Lock and Dam #13 just north of Fulton, IL.

Mary Blackmore from NIAS is leading the field trip and is an excellent birder who has led many birding field trips for Audubon and other organizations. Please dress for the weather, bring binoculars and water. Members of NIAS and JDCF will bring scopes which can be shared to see birds that are at a distance from the shore. Please also bring a scope if possible.

Since the field trip is weather dependent, please email JDCF at info@jdcf.org to let them know if planning to attend. If cancelled, you will receive an email from JDCF member Pam Johnson the morning of the field trip, Nov. 16. Please check your email after 10 a.m. that morning. This field trip involves viewing from automobiles and shorelines with some walking on level ground. Attendees are welcome to exit the field trip at any point along the route.

CALVARY CRAFT BAZAAR

Saturday, Nov. 9
9:00 a.m. - 2:00 p.m.

Crafts of all kinds

Come see what is new this year!

Quilt Drawing at 1 p.m.

*Lunch available
beginning at 11 a.m.*

315 W. Maple, Stockton, IL

Our Area Churches Welcome You

APPLE RIVER UMC

102 E. Baldwin St., P.O. Box 188,
Apple River, IL 61001
Pastor Libby Rutherford (815) 990-1428
Church (815) 594-2223
• **Sunday Worship – 9 a.m.**
• Bible Study - Every Monday 9 a.m.
Friendly Folks - Casual Attire - Join Us!

CALVARY CHURCH OF STOCKTON

315 W. Maple St., Stockton, IL 61085
815-947-2414
Pastor Scott Hess
E-Mail: calvarychurchofstockton@yahoo.com
• **Sunday Worship – 10:00 a.m.**
• **Sunday School – 8:45 a.m.**
• Communion and Potluck every 1st Sunday (except no potlucks during summer)
• Monday Group Prayer - 6 p.m.
• Wednesday Night Bible Study - 6:30 p.m.
• Every other Sat. Youth Group - 6 - 8 p.m.
You may find our facebook page and weekly messages by searching for “Calvary Church of Stockton on facebook.com
You are welcome! Please visit us!

CHRIST LUTHERAN CHURCH ELCA STOCKTON

600 N. Main St., Stockton
Pastor Chrissy Salser (815) 988-9450
E-Mail: cle600@mediacombb.net
Find us on Facebook at [ChristOnMainSt](https://www.facebook.com/ChristOnMainSt)
• **Worship times: Saturday, 5:30 p.m.**
Sunday, 10 a.m.
• **Sunday School: Sunday, 9 a.m.**

EBENEZER – SALEM UNITED CHURCH OF CHRIST

P.O. Box 102, Pearl City, IL 61062
Pastor Randy Nicholas
See Facebook or call 815-291-1965
• **Sunday Worship: Currently 8:30 a.m.**
• **Nov. 10 Worship** is at Salem UCC Church.
At the corner of Loran & Kent Roads
• **Nov. 17, 24 & Dec. Worship** is at Ebenezer-UCC Church. 5421 S. Stone Church Road

EVANGELICAL FREE CHURCH OF LENA

720 N. Freedom Street, Lena, IL 61048
815-369-5591
Pastor Casey Dwyer, Pastor
• Adult bible study and Children's Sunday School - 8:45 a.m.
• **Sunday Morning Worship Service and Children's Church/Nursery – 10:00 a.m.**
• Awana Wednesdays at 6 p.m. (Sept. - April)
• Pastor's weekly sermons at www.lenafreechurch.org

FIRST UNITED METHODIST CHURCH

309 S. Main Street, Elizabeth, IL 61028
email: firstumcofelizabeth@gmail.com
Pastor Donna Hoffman 608-293-0163
email: dhoffman8@gmail.com
• **Sunday Worship - 8:30 a.m.**
• Women's Faith Group - 1st Tuesday monthly - 9:30 a.m.
We are handicapped accessible
Find us on Facebook at
www.facebook.com/fumcelizabeth

GOOD SHEPHERD LUTHERAN CHURCH

118 East Mason Street, Lena, IL 61048
Pastor Thomas Mosbo (815) 369-5552
• **Sunday Worship – 9:30 a.m.**
• **Sunday School – 10:45 a.m. (Sept. - May)**
• Piece Corps Quilters – Wednesdays at 8:00 a.m. – 11:30 a.m.

GRACE BIBLE CHURCH OF WOODBINE

1904 S. Vel Tera Road, Elizabeth, IL 61028
Pastor Michael Burdett (815) 858-3843
• **Sunday Worship – 10:30 a.m. & 6:00 p.m.**
• **Sunday School – 9:30 a.m.**
• Prayer meeting – Wednesdays at 7:00 p.m.
Sunday services broadcasted at 11:30 a.m. on Radio WCCI 100.3 FM

HOLY CROSS CATHOLIC CHURCH

223 E. Front Avenue, Stockton, IL 61085
Father Mike Morrissey (815) 947-2545
• **Saturday Evening Mass – 4:30 p.m.**
• **Sunday Mass – 8:00 a.m., 10:00 a.m. and 5:00 p.m.**
• Reconciliation Saturday – 3:30 - 4:15 p.m.
• Parish Hall for Rent – Seats 200

LENA UNITED METHODIST CHURCH

118 West Mason Street, Lena, IL 61048
Pastor Melwyn Alagodi (815) 369-5291
• **Sunday Worship – 9:00 a.m.**
• **Sunday School – 10:30 a.m.**
• **Daily Dial-A-Devotion 815-369-4411**

MARTINTOWN COMMUNITY CHURCH

W8996 Lena St., Martintown, WI 53522
(1 mile north of Winslow, IL)
Pastor Kevin Cernek • 608-558-0974
• **Sunday Worship – 8 & 10:30 a.m.**
Worship inside or watch from the parking lot on the jumbotron
• **Sunday School for all ages – 9:30 a.m.**
• **Sunday Youth - 6 p.m.**
• **Tuesday Bible Study - 10:30 a.m.**
• **Thursday Prayer & Bible Study - 6 p.m.**

McCONNELL COMMUNITY CHURCH

211 Hulbert Rd. P.O. Box 97,
McConnell, IL 61050
815-868-2324
Email: mcconnellcmtychurch@yahoo.com
Pastor Jordan Cernek
• **Sunday Worship – 9:00 a.m.**
Fellowship hour after every service
Find us on Facebook
www.facebook.com/mcconnellcommunitychurch.com
* *We are handicapped accessible*

NEW VINE COMMUNITY CHURCH

621 W. Lena St., Lena, IL 61048
(Coach's Gymnasium)
Pastor Doug Carroll 815-541-4112
• **Sunday Worship – 9:00 a.m.**
with fellowship following
• **Communion first Sunday of each month**
Bible Study Groups available
newvineleena.com
Facebook: New Vine Community Church of Lena, IL
* *We are handicapped accessible*

PROVIDENCE PRIMITIVE BAPTIST CHURCH

15010 W. Howardsville Road
Lena, IL 61048
217-357-3723
Pastors Robert Webb & Rob Webb
• **Sunday Worship**
- each 3rd Sunday - 10:30 a.m.
Potluck lunch following service

SALEM UNITED CHURCH OF CHRIST

8491 West Salem Road, Lena, IL 61048
(Turn on Salem Road at Eleroy Rest Stop)
Pastor Christopher Ham (815) 369-4511
• **Sunday Worship – 10:00 a.m.**
• **Adult Sunday School - 9 a.m. (before service)**
• **Children's Sunday School - 10 a.m. (during service)**
* *We are handicapped accessible*
Watch our services or see our upcoming events on Facebook at: <https://www.facebook.com/OldStoneChurchWithTheLightedCross/>

SCHAPVILLE ZION PRESBYTERIAN CHURCH

635 East Schapville Road,
Elizabeth, IL 61028
Pastor Dottie Morizzo (815) 845-2272
Cell (815) 238-0670
www.schapvillezion.org
• **Sunday Worship Service – 10:00 a.m.**
• **Sunday School – 10:00 a.m.**
• Bible Study Classes Available

SHEPHERD OF THE HILLS LUTHERAN CHURCH

536 E. Schapville Road,
Scales Mound, IL 61054
Church number (815) 845-2061
Rev. James Mehlretter
Website: www.shepherdofhill.com
• **Sunday Worship – 8:00 a.m. & 10:00 a.m.**
• **Sunday School (Sept. – May) – 8:45 a.m.**
• Holy Communion is celebrated weekly.

ST. ANN CATHOLIC CHURCH

608 East Railroad, Warren, IL 61087
Father Andrew Hernandez (815) 745-2312
• **Sunday Mass – 8:00 a.m.**
• Reconciliation Sunday – 7:30 - 7:50 a.m.

ST. JOHN'S LUTHERAN CHURCH

The Lutheran Church Missouri Synod
625 Country Lane Drive, Lena, IL 61048
Rev. Jason Shaw (815) 369-4035
• **Saturday Evening Worship – 5:30 p.m.**
• **Sunday Worship – 8:00 a.m. & 10:30 a.m.**
• Blast Program at 9:00 a.m.
• High School & Adult Sunday School at 9:15 a.m.

ST. JOHN'S LUTHERAN CHURCH Evangelical Lutheran Church of America

229 S. First St., Pearl City, IL 61062
www.stjohnspearlcity.org
815-443-2215
• **Sunday Morning Worship – 9:00 a.m.**
• Christian Education for all Ages - 10:15 a.m.
Handicapped Accessible

ST. JOHN EVANGELICAL LUTHERAN CHURCH

8315 S. Massbach Road, Elizabeth, IL 61028
Pastor David Russell
Church: 815-589-3367
• **Sunday Worship – 10:00 a.m.**
“Celebrating 165 Years of Faith”

ST. JOSEPH CATHOLIC CHURCH

105 West Webster, Apple River, IL 61001
Father Andrew Hernandez (815) 745-2312
• **Saturday Mass – 6:00 p.m.**
• Reconciliation Saturday – 5:30 – 5:50 p.m.

ST. JOSEPH CATHOLIC CHURCH

410 West Lena Street, Lena, IL 61048
Father Andrew Hernandez (815) 369-2810
• **Saturday Mass – 4:00 p.m.**
• **Sunday Mass – 10:00 a.m.**
• Reconciliation Saturday – 3:30 – 3:50 p.m.

ST. PAUL'S EV. LUTHERAN CHURCH (Lutheran Church-Missouri Synod)

411 W. Catlin St., P.O. Box 506
Elizabeth, IL 61028
Pastor Mike Nesbit - Cell: 815-858-5621
Church: 815-858-3334
www.stpauelizabeth.org
All services are available to watch online@
Facebook: St. Paul Lutheran Church, Elizabeth, IL
YouTube channel: Pastor Mike Nesbit
• **Sunday Worship – 9:00 a.m.**
• **Adult Bible Study - Sunday 10:30 a.m.**
Super Sunday on the first Sunday of the month, with Sunday School from 10 - 11:30 a.m.
Worship services will be held outside during the summer. Please bring a lawn chair.
ALL ARE WELCOME.

ST. PAUL'S LUTHERAN CHURCH - KENT

The Little Church with a Big Heart
1334 Sunnyside Road, Kent, IL 61044
1/2 mile north on Kent Road
• **Sunday Worship – 9:30 a.m.**
• **Holy Communion every Sunday**
• Women Meet at 9 a.m. on the 2nd Sunday
• Chair Lift to Sanctuary

WESLEY UNITED METHODIST CHURCH

Corner of Hudson & Benton St.,
Stockton, IL 61085
Pastor Melwyn Alagodi (815) 947-2541
• **Sunday Worship – 11 a.m.**
• Adult Bible Studies Available
• Communion Every 1st Sunday
Find us on website StocktonWUMC.org
or Facebook-Stockton Wesley United Methodist Church
* *Handicapped Accessible*

WINSLOW GRACE BIBLE CHURCH

197 Carver Street, Winslow, IL 61089
Pastor Robert Patin (815) 230-1862
608-669-5770
• **Sunday Worship – 10:45 a.m.**
• **Sunday School – 9:45 a.m.**

ZION COMMUNITY CHURCH

10100 W. Sabin Church Rd.,
Pearl City, IL 61062
Pastor Wayne Fischer • 815-266-6260
Pastor Chip Sohl • 815-541-1425
• **Sunday Worship Service – 9:00 a.m.**
• **Children's Church - during church service**
• **Prayer Shawl Knitting Tuesday at 6:30 p.m.**
• **Bible Study Wednesdays at 6:30 p.m.**



Come worship with us!

Big second half leads Stockton into round two

By Trenten Scheidegger
CORRESPONDENT

The Stockton Blackhawks came out on top of a shootout in round one of the Illinois 1A High School Football Playoffs. A repeat postseason matchup with the Princeville Princes showed that history does, in fact, repeat itself.

The first half was far from comfortable for the Blackhawks. Princeville, at home, provided a tough match for Stockton, at least early on. At the break, Stockton held just a two-point advantage with a 16-14 lead. It was Mark Detweiler who had a nose for the endzone in the second half. On the first drive of the third quarter, Detweiler punched it in from just a yard out. That gave the Blackhawks a two-possession lead, and Princeville collapsed under pressure.

On the ensuing drive, the Princes missed a key pass protection pickup. Eli Larson came free off the left side before

hitting the Princeville quarterback for a strip sack. Morgan Haas recovered the fumble and before the Princes knew it, they were trailing 30-14.

Turnovers proved crucial in round one as another Princeville fumble had the ball back in Stockton's possession. Detweiler was off and running for a 35-yard touchdown run that put the finishing touches on what would be a 60-30 victory for the Blackhawks.

After punching the ticket to round two, the Blackhawks end up with one of the most anticipated matchups of the 1A playoffs. They will take on the undefeated dynasty that is the Lena-Winslow Panthers. When these teams faced off back in September, Stockton found themselves within reach of the Panthers at the break. Le-Win held a small 16-14 lead over the Blackhawks at halftime. Much like Stockton did in round one of the playoffs, Le-Win dominated the second half on their way

to a 30-14 victory.

The Blackhawks gave the Panthers a taste of what they could be on that day. The first half was likely the toughest half the Panthers had to play in the 2024 regular season. They also had the privilege of being on their home field. This time, with the season on the line, they will have to come into Stockton territory to finish the job.

The Blackhawks are an even better team this time around. Le-Win racked up 60 points in round one of the playoffs, but so did the Blackhawks. Stockton is also riding a five-game winning streak as they prepare for this round two matchup.

The Blackhawks have made a quick turnaround under second year head coach, Sean Downey. This Saturday, Nov. 9, Downey's Blackhawks face the biggest game of his young tenure. Gates will open at John O'Boyle field at 12:45 p.m. Kickoff is set for 2 p.m.

Lena-Winslow rolls through round one of football playoffs

By Trenten Scheidegger
CORRESPONDENT

The Lena-Winslow Panthers, despite going undefeated throughout the 2024 regular season, found a way to take things up a notch in the playoffs. After dropping 50 points in the first half of the final regular season game, the Panthers put up 60 in the first half of the playoffs.

The 5-4 Clifton Central Comets had hopes of knocking off the Panthers on their home field. Le-Win quickly diminished those hopes. Less than two minutes into the game, Alec Schlichting was off and running. A 43-yard scamper led to the first points of the game with 10 minutes and 15 seconds still remaining in the first quarter.

A quick three-and-out had the ball back in the Panthers' possession just 20 seconds later. This time, the offense wouldn't have to come out as Jaylen Rakowksa caught and returned a punt 39 yards for a touchdown. Less than three minutes into the game, Le-Win held a 16-0 advantage.

Clifton Central struck gold midway through the first when a 40-yard touchdown pass brought them within 10. That wasn't a sign of things to come. Special teams continued to be dreadful for the Comets as Cobryn Lynch took the ensuing kickoff 75 yards to the house. It was a 10-point game for all of two plays, as Le-Win quickly regained a 24-6 lead.

That was as close as the Comets would get as the Panthers would dominate the rest of the first half. Schlichting continued providing big play abilities as a 64-yard touchdown brought his second score of the day. Jimmy Goebel put

the Panthers up 40-6 with a 30-yard touchdown run of his own. That 40-6 advantage would hold until the end of the first quarter.

The Panthers would start the second quarter the same way they ended the first, with a Goebel touchdown. This time, Goebel punched it in from six yards out. A successful two-point conversion put the Panthers up 48-8.

Eventually, Clifton Central's passing game found some success with the Panthers holding a comfortable lead. The Comets put up 26 points after that point, but it hardly put a dent in Le-Win's advantage. In the end, Le-Win went home with a 70-32 victory.

It was a massive day on the ground as the Panthers combined for more than 400 rushing yards. Seven touchdowns also came by way of the rushing attack. Schlichting led the way with 187 yards and a hat trick of scores. Aiden Wild nearly reached triple digits with 93 yards and a score. Goebel had a career day with three scores and 76 yards in the win.

After beating Clifton Central, the Panthers now prepare for perhaps the most anticipated 1A Illinois football game of the year. For round two, the Panthers travel to face off with the Stockton Blackhawks. Stockton proved to be one of Le-Win's tougher opponents in the regular season, with the Panthers beating them 30-14. Stockton has only improved since then. They put up 60 points in their own round one playoff victory over Princeville.

Stockton will play host to the Panthers on Saturday, Nov. 9, with a 2 p.m. kickoff. Gates will open at 12:45 p.m. at John O'Boyle Field.

Around the Northern Hills

Would you like to keep up to date on the happenings at the JDCFB? Sign up for our

newsletter. I promise we won't fill up your email inbox with too many emails. We only send

a few a year with information about upcoming programs, member benefits and such. If you would like to sign up, email your email address to jdcfbmgr@gmail.com so we have it in our system.



By ANNETTE EGGERS
Jo Daviess County Farm Bureau

Jo Daviess County Farm Bureau offering \$250 towards ROPS purchase

The Jo Daviess County Farm Bureau would like to offer funds to reimburse farmers for purchasing Rollover Protection Structure (ROPS). Fifty-five percent of farm tractors in Illinois do not have a cab or ROPS. Only one in five victims will survive a tractor rollover accident. The

leading cause of farm related deaths in Illinois is tractor rollover accidents. They account for more than 30% of farm related deaths. ROPS help protect farmers and family members from being crushed in the event of a tractor turnover or rollover.

Jo Daviess County Farm Bureau members who purchase a ROPS could receive a reimbursement of \$250 towards the purchase of a ROPS (there are six rebates are available). To receive the \$250, members need to bring in their paid invoice to the Farm Bureau office in Elizabeth. Customers are responsible for the cost, freight, and installation which are available through the dealer. If you have been thinking about putting a ROPS on one of your tractors, now is the time! For more information about this program, or to become a member of our organization, contact the Jo Daviess County Farm Bureau office at 815-858-2235 or email jdcfbmgr@gmail.com.

Family Farm Signs

As we are getting closer to the Christmas season, I have got a great gift idea for that farmer on your list. "This is a Family Farm" signs are the perfect way to show pride in a farm. The signs are 17.5" x 23" and cost \$30. Stop by our office and pick one up.

Farm Fun Fact

A 15-pound turkey usually has about 70 percent white meat and 30 percent dark meat.

For
Our Nation

To all who have served
Or have given their life.
We honor and thank you
For your great sacrifice.



Our thoughts are with you on this Veteran's Day

Leamon Funeral Homes
Lena Orangeville Warren
815-369-4512

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Crushed or Uncrushed
Prices subject to change

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MONDAYS AND THURSDAYS
3 to 5
SATURDAYS 9 to 12

4906 N. Crossroads Rd., Lena
2 miles W. of Rt. 73 on Rt. 20;
then 1 mile North

CALL 815-369-4731



SUBMITTED PHOTO Rock Valley Publishing

DAR meeting

On Saturday, Oct. 19, Carroll Jo Daviess Chapter, the National Society Daughters of the American Revolution (DAR) held their October meeting at the Davis Center in Mt. Carroll. The guest speaker was District II Director Cathy Carlton speaking about what DAR has meant to her. Pictured (left to right) are Linda Mencin Regent for Carroll Jo Daviess Chapter, District II Director Cathy Carlton, Connie Foster 1st Vice Regent.

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Stephenson County Farm Bureau news

By Victoria Hansen

Friday, Oct. 25 was a big day around northwest Illinois. First, the excitement kicked off with Lisa Corp being announced the 2025 IAITC Teacher of the Year. Mrs. Corp is a second grade teacher at Open Bible Learning Center, Freeport, Stephenson County. Not only does Mrs. Corp shine in the classroom integrating agriculture, she also is an avid learner attending multiple professional development workshops at the local, state and national level. She is also an integral part of the Stephenson County Ag In The Classroom advisory committee helping showcase agriculture across the county.

The next exciting announcement that also took place on Friday, Oct. 25 was the announcement of the Teacher of the Year Runner Up, Tammy Greene, Kings School, Ogle County. Ms. Greene is a participant in the Ogle Carroll

Agriculture Partners Ag in the Classroom program. Congratulations, Lisa and Tammy!

Christmas tree barn quilt class

Stephenson County Farm Bureau and Hammer and Stain are hosting a Christmas Tree Barn Quilt Class. Participants will choose from eight patterns, then you will customize your project by choosing the stain and paint colors. The tree measures approximately 18 inches. All supplies included. Deadline to register is Nov. 7. The cost is \$48 for Farm Bureau members and \$55 for non-Farm Bureau members. To register or with questions call 815-232-3186.

Carroll County office now open four days a week

Starting Monday, Nov. 6 the Carroll County Farm Bureau will be open Monday through Thursday from 9 a.m. to 1 p.m. This is made possible by the addition of Lisa Paulsen to our team. If these hours do not work for you, we are happy to set up an appointment.

Recent farm accidents alert safety experts

Already this harvest season, grain entrapments, utility task vehicle (UTV) crashes and other farm accidents have been reported across the state. With this in mind, the RFD Radio Network talked to a farm safety specialist to get relevant safety tips.

UTV vehicles: "We are seeing more and more UTV accidents," said Amy Rademaker, farm safety specialist with Rademaker Agricultural Safety and Health Services. "There are seatbelts in those for a reason." UTVs are being used at times as a substitute for cars and trucks, but they don't provide the same protection for drivers and passengers, including airbags. UTVs are not designed for "joyrides" but for practical purposes getting back and forth to the field and carrying tools, she said. For both UTV and recreational all-terrain vehicles (ATV), she encourages only "age-appropriate" drivers operate the machines.

Grain entrapments: This time of year, flowing grain is particularly dangerous. It's important not to be in a grain bin or vehicle when it is being loaded or unloaded, the safety specialist said. "It only takes a second to get into a situation where you need to call for help," she noted. Rademaker reminds farmers to use a life-line, harness, a spotter and delay system when working in bins and not to enter a bin when grain is moving. She also cautioned against letting children play in grain like in a sandbox. It can send a mixed message. They might not be able to differentiate between when it is safe to play in grain. "We never want them to be in a wagon and bins," she said.

Electrical safety: Electricity is something a person can't see, smell or hear, so one can become complacent, she said. In the fields, farmers need to be cautious around overhead power lines, especially when loading and unloading with augers. Rademaker said a farmer's job is also to think of the safety of people working with them. "Make sure there are no augers anywhere near 10 feet of those power lines." Look for the safest place to unload semis and wagons. When transporting equipment, make sure the augers are lowered. If a person spots someone suffering from electrocution, she cautions not to approach them because the onlooker could become another path to the ground. "You become another victim," Rademaker said. It's crucial in that circumstance to shut off the power and call the electrical company and emergency services.

Mental health: After an accident, there may be ongoing stress, so it is important to pay attention to people around us and notice signs of stress and isolation. When such situations arise, Rademaker refers people to the Farm Family Resource Initiative, led by Southern Illinois University and the North Central Farm and Ranch Stress Assistance Center, at the University of Illinois. These services are designed to help with issues including substance abuse, depression and anxiety. In an emergency, people can call 911 and get help right away, she said. For the suicide and crisis lifeline, dial 988.



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Book donations

The Lena American Legion Auxiliary recently presented two books to Lena Elementary School. The book is entitled *The Vision*. Pictured is fourth grade teacher Mrs. Lazzara and Lena American Legion member Dawn Spinhirne.

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Panthers fall to Bulldogs in Forreston Regional

By Trenten Scheidegger
CORRESPONDENT

The Lena-Winslow Panthers fell short of a regional title for 2024. After capturing an NUIC conference championship and going undefeated in league play, the Panthers appeared primed for a deep postseason run. Everything changes in the postseason, and the Panthers would find it tough beating the same team for the fourth time in a year.

The Panthers finished their regular season with an overall record of 27-8. They were riding a four-game winning streak as they entered postseason play. Competing in the Forreston Regional, the Panthers would take on the home team Cardinals to begin the playoffs.

When Forreston and Le-Win faced off in the regular season, the Panthers came away with comfortable victories. Both meetings ended

with 2-0 sweeps for Le-Win, who won by scores of 25-16, 25-14, 25-17, and 25-23. The postseason featured more of the same as the Panthers picked up yet another 2-0 sweep. Winning by scores of 24-14 and 25-18, the Panthers proved the regular season victories were no fluke.

It was Rachael Setterstrom who gave the Forreston defenders so many fits. Setterstrom led the team with nine kills, hitting at a 64 percent rate. Mia Diffenderfer was next up with five kills, and Eden Dietz added four of her

own. Alyssa Daughenbaugh set them up with plenty of opportunities as she finished with 19 assists in the win.

The Panthers would take on another familiar team in the Durand Bulldogs for the Regional Semifinals. It was the fourth time the Bulldogs and Panthers would face off in 2024. The Panthers won all three of their regular season matchups. Durand struggled with injury problems in each of their first three meetings. Come postseason, the Bulldogs were eager to get another crack at the Panthers with a

healthy lineup.

The first set was everything that is NUIC volleyball. Two of the top 1A teams in Northwest Illinois went back-and-forth in a battle that came down to the wire. The Panthers had no answer for Durand's big hitters, Lola Robertson and Emily Quine. The duo helped Durand take the opening set by a score of 27-25.

Durand rode the momentum into the second set. Le-Win was unable to keep pace as the Bulldogs eventually ran away with a 25-17 victory to

secure their spot in the Regional Championship. The Bulldogs would go on to fall to Stockton in the title round.

Diffenderfer was one of the bright spots for Le-Win in the loss. The junior led the team with eight kills on a 47 percent hit rate. Dietz was right there with her with seven kills. The Durand defense made a concerted effort to stop Setterstrom, however. Setterstrom had more than double the kill

attempts than anyone else on the team with 38. She finished the day with just four kills, hitting at just a 10 percent rate.

Le-Win finished the year with an overall record of 28 wins and nine losses. The Panthers lose five crucial seniors in Setterstrom, Dietz, Daughenbaugh, Maddy Childes, and Shayleigh Albright. They will return a deep class of soon-to-be seniors led by Diffenderfer next season.



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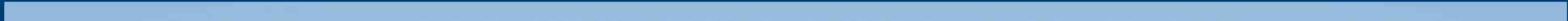


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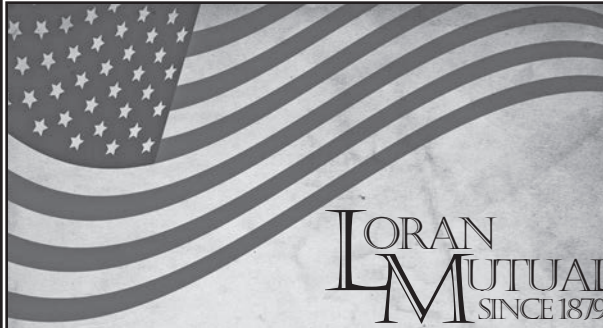
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Lena-Winslow High School to present Generation Pan

Ever wonder what happened in Neverland after the Darlings left? Lena-Winslow students will answer that question on the Panther Den stage on Friday, Nov. 8 at 7 p.m. and Sunday, Nov. 10 at 2 p.m. when they present the fall play, *Generation Pan*. Reese Austen (Cienna Kerr) is the newest arrival to Neverland, and she discovers that the Lost Cubs are running low on both hope and fairy dust. Meanwhile, the dastardly Captain Patch (Josiah Randecker) is hoarding fairy dust and dark secrets about Peter Pan (Madi Schierloh). *Generation Pan*, written by Jessie Atkin, features a colorful cast of 31 student actors and crew members, and is directed by Darcy Schierloh, Amy Schulz, Nealion Smith and Tillie Coomber. Doors will open at the Panther Den entrance 30 minutes before play time, and tickets are \$10/adults and \$5/students.

Application open for fall CFNIL scholarship cycle

The Community Foundation of Northern Illinois (CFNIL) fall scholarship application is open as of Nov. 1. CFNIL is the region's largest private scholarship provider, with over 125 unique scholarships totaling over \$500,000 to be awarded this year. There are three application cycles (fall, winter/main, and spring), each with its own application and timeline. Each cycle's application is accessed via CFNIL's online application portal.

The fall cycle application is open from Nov. 1 through Jan. 1, 2025. This cycle includes three scholarships:

- **Fehr Graham Scholarship:** To provide educational resources to students pursuing careers in engineering, landscape architecture, land surveying, geology, hydrogeology, assessment and remediation, and environmental health and safety in communities in and near where Fehr Graham offices are located.

- **Gary S. Wilmer/Ramirez Music Scholarship:** Supporting students who are involved in the local music scene.

- **Howard D. Colman Scholarship:** Supporting students from Boone and Winnebago County who are pursuing a degree in engineering, computer science, applied science, or a comparable technology field.

All applications must be submitted through CFNIL's online application portal. Students answer questions about their academics, background, and extracurricular activities. From these answers, applicants will be automatically matched to the scholarships for which they are eligible. Details about every scholarship and the application process may be found at cfnil.org/scholarships.

Each of CFNIL's scholarships was established by individuals or organizations

See CFNIL, Page 16

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SSM Health makes diaper donation to local organizations

SSM Health Monroe Hospital and SSM Health Monroe Clinic Medical Group recently collected over 3,000 diapers to benefit community members served by Care Net Pregnancy Center in Monroe and Madonna Renewal Center in Freeport. Both organizations provide pregnancy support services, family support services, development of child nurturing skills, self-sufficiency life skills and more.

This donation is the result of a Community Diaper Drive led by SSM Health Monroe Hospital's Marketing & Communications, Clinic Pharmacy and Mission Action Teams.

According to Pampers, an infant uses an average of 10 diapers per day. As diaper costs have risen, this can be a major source of stress for families in need.

"It is our hope that these diapers can help reduce even a little of the stress for parents who are worried about not having supplies to keep their baby clean and dry," shared Rebecca Bordner, Marketing & Communications Consultant at SSM Health Monroe Hospital. "We are so thankful to such wonderful team and community members here who took time out of their busy days to make a difference for these families."



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SSM Health team members with the over 3,000 collected diapers before delivering them to community partners.



SUBMITTED PHOTO Rock Valley Publishing

Industrial Manufacturing Instructor Aaron Sargent displays a \$15,000 check from the Gene Haas Foundation in Highland Community College's newly expanded CNC lab.

Highland receives grant to offer CNC scholarships

The Industrial Manufacturing program at Highland Community College has received a \$15,000 Gene Haas Foundation grant to support students enrolled in Computer Numeric Controlled (CNC) classes. Scholarships will be available for \$500 to \$2,000, depending on the course the student signs up to study. The student must be enrolled in the CNC program or one of the following classes to qualify:

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- Advanced CNC Machining

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Inc., the Gene Haas Foundation promotes the pursuit of career and technical education — which results in advancing students' education and a globally competitive workforce. Highland students pursuing manufacturing will benefit from refurbished and expanded labs for both CNC and welding. Additionally, the college's portion of a federal Strengthening Community Colleges Training Grant awarded this spring will infuse more than \$1 million into

trades-focused programs.

CNC technology guides the cutting tool on machines such as lathes, mills, grinders, waterjets and laser cutters. In general, machinists produce precision parts from a wide variety of materials utilizing these machine tools. Those with the right skills are ready for immediate, in-demand employment.

Instructors are fluent in CNC machine setup and processes, as well as computer-assisted design (CAD).

Skills in combination with entry-level knowledge of welding, electronics and automation will prepare students with knowledge for employment in manufacturing facilities utilizing CNC machining or CAD-related work.

For more information on the scholarship, visit highland.edu/scholarships or email Aaron Sargent at aaron.sargent@highland.edu. To learn more about Highland or schedule a tour, visit highland.edu.

• CFNIL (Continued from page 15)

that recognize the importance of helping students achieve their educational goals, now and in perpetuity. The donors selected the criteria for each scholarship, based on their interests and the community's need.

Applications are read and scored by committees of volunteers who use a "blind" review process and make award

recommendations to CFNIL's Board of Trustees. Scholarship recipients are announced in late April. Awards are sent directly to the school the recipient will be attending. Scholarship seekers should visit cfnil.org/scholarships to learn more and apply.

About CFNIL

The Community Foun-

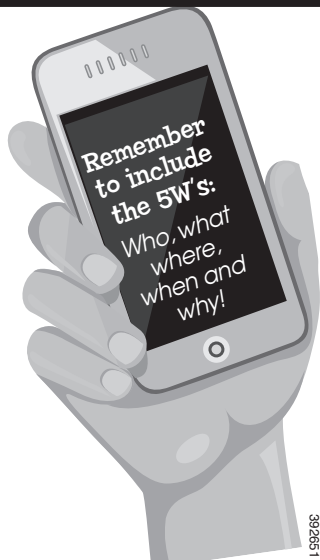
ation of Northern Illinois has been a regional leader in philanthropy since 1953 and works to inspire endowment and promote philanthropy for the current and future needs of the people of Northern Illinois. Since its founding, CFNIL has granted more than \$85 million for charitable purposes. Learn more at cfnil.org.

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FROM LENA'S KITCHEN



The not so skinny cook

We got a little more rain and are predicted to get even more at the beginning of this week. Fall weather has arrived again, but who knows when the heat will return. We have some fall recipes this week. Apples and pork are still featured. Have a great week cooking.

Harvest Salad with Lime Dressing

This makes a big salad to feed a large group. It has great flavor in the creamy dressing. You can make the dressing in a Mason jar and shake it up rather than a bowl. The apple and the raisins give a great punch of flavor for a plain green salad, and the pecans give a crunch.

- 1/2 C. plain yogurt
- 1/2 C. mayonnaise
- 2 T. lime juice
- 2 T. honey
- 1 1/2 t. grated lime zest
- 1 1/2 t. curry powder
- 15 C. romaine lettuce, torn
- 12 C. red leaf lettuce, torn
- 2 celery ribs, diagonally sliced

- 1 large apple, cut into 1/2 inch pieces
- 3/4 C. raisins
- 1/2 C. chopped toasted pecans

In a small bowl, whisk the first six ingredients until blended. Refrigerate, covered at least an hour to allow flavors to blend. In a large bowl, combine the lettuce, celery, apple, raisins and pecans. Pour dressing and toss the salad to coat. Serve immediately.

Stuffed Acorn Squash

I have had stuffed acorn squash recipes with sausage before, but I have never had one with ground beef. If you have trouble cutting the squash, try microwaving it for several minutes. You will be able to cut into it easier. This dish is really the whole meal—you have the meat and vegetable, as well as a starch. Enjoy yet another stuffed squash recipe.

- 2 acorn squash, halved and seeded
- 1/2 C. water
- 1/2 lb. ground beef
- 2 T. chopped onion
- 2 T. chopped celery
- 2 T. flour
- 1/2 t. salt
- 1/2 t. sage

- 3/4 C. milk
- 1/2 C. cooked rice
- 1/4 C. shredded cheddar cheese

Preheat the oven to 375. Invert squash in an 11x7 baking dish. Add water and cover with foil. Bake until tender, 50 to 60 minutes. While squash is baking, cook beef, onion and celery over medium heat until beef is no longer pink, drain. Stir in the flour, salt, and sage until blended. Add milk. Bring to a boil. Cook and stir for 2 minutes until mixture has thickened and bubbly. Stir in rice. Transfer squash to a baking sheet. Fill cavity with meat mixture. Bake at 350 for 30 minutes. Remove from oven and sprinkle with cheese; bake 3 to 5 minutes longer or until cheese is melted.

Sweet and Sour Pork

This recipe is as good as your favorite Chinese Take Out without the deep fat frying. It has the traditional ingredients. Be sure you have everything prepped before you start cooking. You can serve it over chow mien noodles instead of rice if you prefer.

- 2/3 C. packed brown sugar
- 2/3 C. cider vinegar
- 2/3 C. ketchup
- 2 t. soy sauce
- 1 lb. boneless pork loin, cut into 1-inch cubes
- 1 T. canola oil
- 1 medium onion, chopped
- 2 medium carrots, sliced
- 1 medium green pepper, cut into 1-inch pieced
- 1/2 t. minced garlic
- 1/4 t. ground ginger
- 1 can (8 oz.) pineapple chunks, drained
- Hot cooked rice
- Sliced green onions and sesame seeds for garnish

In a small bowl, combine the brown sugar, vinegar, ketchup and soy sauce. Pour half of the mixture in a large resealable plastic bag; add pork. Seal bag and turn to coat; refrigerate for at least 30 minutes. Set remaining marinade aside.

Drain and discard marinade from pork. In a large skillet, cook pork in oil for 3 minutes. Add the onions, carrots, green pepper, garlic, and ginger; sautee until pork is tender. Add reserved marinade. Bring to a boil; cook for 1 minute. Stir in the pineapple. Serve with rice. Garnish with sliced green onions and sesame seeds.

Hamburger Potato Casserole

This casserole uses potatoes as the crust of a cottage-style pie. You have the meat, potatoes, and vegetable in one dish. You can use

cream of mushroom soup if you so desire. Serve with some crusty bread, and your meal is complete.

- 4 C. thinly sliced peeled potatoes
- 2 T. butter, melted
- 1/2 t. salt
- 1 lb. ground beef
- 1 pkg. (10 oz) frozen corn
- 1 can cream of celery soup
- 1/3 C. 2% milk
- 1/4 t. garlic powder
- 1/8 t. pepper
- 1 T. chopped onion
- 1 C. shredded cheddar cheese, divided
- Fresh parsley, minced, for garnish

Preheat the oven to 400. In a large bowl, toss potatoes with butter and salt. Arrange the slices of potato on the bottom and up the sides of a greased 9x13 baking dish. Bake uncovered for 25 to 30 minutes. While the potatoes are baking, in a large skillet, cook beef over medium heat until no longer pink; drain. Sprinkle the beef and corn over the potatoes. In another bowl, combine the soup, milk, garlic powder, pepper, and onions. Add 1/2 C. cheese and stir; pour over the beef mixture. Bake, uncovered, at 400 for 20 minutes or until vegetables are tender. Sprinkle remaining cheese over the casserole. Bake 2 to 3 minutes longer or until cheese is melted. Sprinkle with parsley.

Cool Whip Cookies

This Cool Whip Cookie recipe uses a chocolate cake mix and has only four ingredients. It is an easy way to make cookies and a way to get kid participation.

- 1 pkg. (15 1/4 oz.) chocolate cake mix
- 1 carton (8 oz.) Cool Whip
- 1 egg, room temperature
- 1/2 C. powdered sugar

In a large bowl, beat cake mix, whipped topping and egg at medium speed until incorporated. Cover and chill for 30 minutes. Preheat oven to 350. Place powdered sugar in a shallow dish. Shape even tablespoons of dough into balls; roll each in powdered sugar until completely coated. Place 2 inches apart on parchment paper lined baking sheets. Bake until edges are just set, 11 to 15 minutes; cool on pans for 5 minutes. Remove to wire racks to cool completely.

Apple Snickerdoodle Dump Cake

Since I have been having dump cake recipes, I inherited another one. The snickerdoodle cookie mix is available from Betty Crocker, and you can get it at Cub or Wal-Mart. Krusteuz also makes a snick-

erdoodle mix. You can serve it with whipped cream, ice cream, and caramel sauce. Another suggestion is cinnamon ice cream!

- 6 C. sliced, peeled tart apples (about 8 medium)
- 1/2 C. packed brown sugar
- 1/4 C. sugar
- 1/4 C. orange juice
- 1 T. lemon juice
- 1 pkg. (17.9 oz.) snickerdoodle cookie mix
- 1/2 C. butter melted
- 1 C. chopped pecans

Whipped cream or vanilla ice cream with caramel sauce
Preheat oven to 350. Toss apples with sugar and fruit juices. Spread into a greased 11x7x1 inch baking dish that has been sprayed with cooking spray. Place cookie mix in a bowl; stir in contents of cinnamon sugar packet. Sprinkle over apples. Drizzle with butter. Top with pecans. Bake until golden brown and apples are tender. Serve warm with whipped cream or vanilla ice cream and drizzled with caramel sauce.

Final Thoughts

Another Halloween has been put to bed. I had over 400 treaters. We didn't think we would have as many because everything was blowing everywhere. Again, thank you to the Village of Lena for closing Mason and Oak Streets. It was really good this year with the high winds because a lot of parents and kids used the street. I guess I better start saving my money for candy next year! I loved all their wonderful costumes and how polite they all were. We even had dogs. I should have had dog treats, but somehow, I always forget.

Veteran's Day is fast approaching, and I know there are many programs in our area. Most schools use this day to have programs instead of getting the day off. I think that education is always more important than vacation in this instance.

Another November tradition is that craft fairs have replaced Farmer's Markets for

the most part. Check around the area for local craft fairs; vendors go to a lot of work to provide unique items. Football playoffs have begun. Hopefully we will see our area teams do well. We are supposed to be getting more rain. Whatever we get will be greatly appreciated. I am glad the election is over because the ads are mostly all the same, and I am tired of hearing them. I hope you all voted. I also hope you enjoyed beef and noodles on that day. Have a great week enjoying fall weather.

We continue to look for some good squash and apple recipes, so send some favorites our way. We also will be looking for some pork recipes as well as some soup recipes. If you find some recipes to share, you can contact us by email at scoopshopper@rv-publishing.com or by mail at From Lena's Kitchens, *The Shopper's Guide* at Rock Valley Publishing, 1102 Ann St., Delavan, WI 53115.

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Sensitive teeth



By **DR. STEPHEN PETRAS**
Illinois Licensed
General Dentist

Many people experience sharp, temporary pain in their teeth when they eat or drink cold or hot foods and beverages. This may also occur when consuming acidic, spicy, or sweet foods and beverages, when they breathe in frosty winter air or when they brush their teeth. There are many reasons why teeth can become hypersensitive. As with any health issue, healing requires diagnosis and treatment of the cause, rather than just the symptoms.

Some of the many causes of tooth sensitivity include worn or damaged enamel, decay, fractured or chipped teeth, damaged fillings, loose crowns, unhealthy habits (grinding your teeth, chewing on ice or your nails, using your teeth as tools) or diet, and exposed roots and periodontal disease. Underneath the outer protective layer of the crown of your tooth (enamel) and the outer protective layer of the root (cementum) is a porous layer called the dentine. When the enamel and/or cementum is worn away or damaged, the tiny pores in the now exposed dentin transport heat, cold, changes in air pressure and other negative stimuli to the nerves, causing sudden and acute pain.

Some of the ways enamel and cementum can be worn away is by regular consumption of sugary and/or acidic beverages and foods, grinding and clenching your teeth, not flossing, and brushing regularly, bleaching your teeth, eating disorders, GERD and having exposed roots from untreated periodontal disease.

While brushing your teeth is a prerequisite for oral health, it may surprise you to know that overly aggressive brushing is a common cause of teeth hypersensitivity. Many people mistakenly believe that you have to brush extremely hard to remove plaque, and only a hard-bristled brush will do it effectively. Plaque is soft. It only becomes hard when it is not removed regularly and mixes with minerals to form calculus.

Brushing too hard can actually wear away your enamel. The formula for thorough plaque removal is proper technique plus time (two minutes, twice a day). Use a soft-bristled brush, place it at a 45-degree angle to the gumline, and use soft, short strokes, applying just enough pressure to feel the bristles against the gums. If you are using enough pressure to squish the bristles and/or aggressively sawing them back and forth, you are going to damage your enamel and/or gums. Your dentist and hygienist can assist you by evaluating your brushing and flossing techniques.

Do not use a toothbrush with worn or splayed bristles, as these can damage your oral tissues. Do not brush immediately after eating and drinking as some foods and beverages, especially carbonated/acidic beverages can weaken your enamel. Instead, rinse well with fluoridated tap water and wait at least twenty minutes before you brush, so your saliva can help neutralize these acids. Always floss and brush twice a day with fluoridated toothpaste. The second time should be right

before you go to bed. This is crucial, as you make less saliva at night. If brushing with cold water hurts, use warm water, but do not stop brushing your teeth because they are sensitive. Without that protective layer of enamel and/or cementum, decay will spread aggressively.

Depending on the diagnosis/cause, location, and extent of damage, you may require a desensitizing toothpaste, fluoride treatments, dietary counseling, a mouthguard, sealants, bonding or other restorations, periodontal therapy, gum tissue grafts, or root canal therapy. In short, prevention and early intervention can help you to avoid a lot of pain. As always, report any and all medications and supplements that you are taking, as well as any allergies that you have, as this information will play a crucial role in which prescribed or over the counter desensitizing agents and fluoride treatments will be safe and effective for you.

Freeport Police residential burglary arrest

On Oct. 31, 2024, at 2:27 a.m., Officers with the Freeport Police Department were dispatched to a residence in the 800 block of S. Float Avenue regarding an uninvited individual who was inside of the residence.

Freeport Police Officers quickly arrived on scene and observed a broken first floor window. Officers also saw an individual walking around the residence. Officers made entry into the home and were able to apprehend Anthony Sutton, a 50-year-old resident of Freeport. During a search of Sutton incident to arrest, Officers recovered latex gloves that he was wearing during the commission of the offense. The homeowner was located unharmed inside of the residence.

Felony charges of Residential Burglary, Possession of Burglary Tools, and Criminal Trespass to a Residence were approved for Anthony Sutton by the Stephenson County State's Attorney. Sutton was arrested and transported to the Stephenson County Jail where he was processed. Sutton was then released into the custody of the Stephenson County Sheriff's Office and is currently being held at the Stephenson County Jail pending the outcome of a detention hearing.

The public is reminded that the defendant is presumed innocent and is entitled to a fair trial, at which the government has the burden of proving guilt beyond a reasonable doubt.

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LEGAL NOTICES

LIEN SALES

The following self-storage Cube contents containing household and other goods will be sold for cash by CubeSmart Asset Management, LLL as Agent for Owner #4409, 555 W. South Street, Freeport, Illinois 61032 to satisfy a lien on November 21, 2024 at approx. 1:00 PM at www.storage-treasures.com Cube 1001 Christopher McDonnell; Cube 1045 Juanice Watkins; Cube 1076 Latrice Allen; Cube 1078 Cami McElroy; Cube 1096 Anna Spraggins; Cube 1151 Leana Beebe; Cube 1265 Callandria Mitchell

(Published in The Shopper's Guide Nov. 6 & 13, 2024)

463497

Transform container gardens this winter with the 'Evergreen Porch Pots' class

The University of Illinois Extension will host a "Evergreen Porch Pots" class on Tuesday, Dec. 3, at 6:30 p.m. at the Lena Community Cen-

ter, 497 Lions Drive, Lena, IL. In this engaging class, participants will learn valuable tips and tricks to transform their container gardens into stunning winter decorations that brighten up any porch. Attendees will also be able to create their own decorative porch pot to take home, with all supplies provided. Registration is required to attend. Secure a spot by visiting go.illinois.edu/jsw or by calling the University of Illinois Extension at 815-235-4125. Registration fee is \$30. University of Illinois Extension provides equal opportunities in programs and employment. If in need of reasonable accommodations to participate in this program, please call 815-235-4125.

NOTICE FOR LEGAL DEADLINE CHANGE

The legal notice deadline for this paper will be changing to **FRIDAYS at 3:30 p.m.** beginning November 8, 2024 for the following week's paper

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Applications can be picked up at
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Local Girl Scouts receive \$10,000 grant from Carl R. Hendrickson Family Foundation

Girl Scouts of Northern Illinois (GSNI) recently received a generous \$10,000 grant from the Carl R. Hendrickson Family Foundation, Bank of American, N.A. Trustee. Funds from this grant will be used to support Hispanic engagement throughout northern Illinois, in all the areas GSNI serves. The grant will assist with translation of materials in Spanish, allow for bilingual instructors in training sessions, and ensure current, potential, and future Girl Scouts and volunteers will be able to participate in the Girl Scout Leadership Experience in culturally appropriate ways.

GSNI would like to thank Carl R. Hendrickson Family Foundation, Bank of Ameri-

ca, N.A. Trustee for joining in the Girl Scout Mission where our future community leaders have a space all their own, where their interests, their experience, and their leadership – today and tomorrow – is the top priority.

Girl Scouts of Northern Illinois

Girl Scouts bring their dreams to life and work together to build a better world. Through programs from coast to coast, Girl Scouts of all backgrounds and abilities can be unapologetically themselves as they discover their strengths and rise to meet new challenges – whether they want to climb to the top of a tree or the top

of their class, lace up their boots for a hike or advocate for climate justice, or make their first best friends. Backed by trusted adult volunteers, mentors, and millions of alumni, Girl Scouts lead the way as they find their voices and make changes that affect the issues most important to them.

They serve 16 counties including parts or all of Boone, Carroll, Cook, DeKalb, DuPage, Jo Daviess, Kane, Kendall, Lake, LaSalle, Lee, McHenry, Ogle, Stephenson, Whiteside, and Winnebago.

To volunteer, reconnect, donate, or join, visit www.girlscoutsni.org or call 844-GSNI-4-ME (844-476-4463).

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Certified Angus Beef® brand
BONELESS ARM POT ROAST
4.88/lb

Certified Angus Beef® brand
BONELESS BEEF STEW MEAT
5.99/lb

SATURDAY ONEDAY SALE NOVEMBER 9 2024

USDA Choice **BONELESS BEEF WHOLE EYE OF ROUND ROAST** 3.99/lb

Park Avenue **CAKE FOR TWO** Select Varieties 12 oz 1.89

Choice of Sauce **Deli Made CHICKEN WINGS** 12 ct \$6

US Govt Insp In The Bag **BONELESS COUNTRY STYLE PORK RIBS** 1.88/lb

AVOCADOS 4/\$3

Best Choice **BUTTER** Salted or Unsalted 16 oz 3/\$9.99

CELERY Bunch 1.49

GRAPE TOMATOES 10 oz 1.99

GALA OR GRANNY SMITH APPLES 1.49/lb

CINNAMON TWIRLS 2.79

Mrs. Gerry's PARMESAN PEPPERCORN PASTA 4.79/lb

FLORIDA'S NATURAL 100% JUICE Select Varieties 52 oz 2/\$7

Dean's ICE CREAM Select Varieties 48 oz 2/\$6

Campbell's CHICKEN NOODLE OR TOMATO SOUP 10.75 oz 4/\$5

The Little Potato Company POTATOES Select Varieties 24 oz 2/\$5

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SULLIVAN'S FOODS

Order Your Thanksgiving Holiday Meal

HOLIDAY TURKEY DINNER SERVES 12-14 \$179.99

WHITE MEAT TURKEY DINNER SERVES 12-14 \$199.99

HOLIDAY TURKEY BREAST DINNER SERVES 4 \$89.99

GLAZED HAM FEAST SERVES 4 \$69.99

Call your store to order by November 23, 2024!
Available for pick-up only on Tuesday, November 26 or Wednesday, November 27, during store business hours.
All Meals Require Refrigeration.