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Published by ROCK VALLEY PUBLISHING LLC

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VOL. 26 • ISSUE 5

FREE

THURSDAY, JAN. 16, 2025



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Beds • Futons and More

35-70% OFF
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TABLES, BEAN BAGS,
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Additional Discount on
Blue Tag Items

Over 50 different
ones in stock

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CURIOUS & DESK
starting at \$239.95
ALL MARKED DOWN WITH
EVEN MORE SAVINGS!

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AVAILABLE!

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REMOVAL ON
SELECT OLD
FURNITURE,
MATTRESSES,
AND
APPLIANCES

Look for Our Red Tag Final Markdowns
SAVE 25% - 70% OFF!!
Additional Discount on Blue Tag Items

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3 pc. Dining Room Set
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Many one-of-a-kind Chairs,
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Dining Room Sets!
Over 50 styles to Select From.

ALL APPLIANCES ON SALE

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All Recliners, Swivel Rockers,
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and types of Chairs

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1 lb bag
79¢

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Select Varieties
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2/\$7

Fresh Express SWEET BUTTER

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Certified Angus Beef® brand
BONELESS ARM POT ROAST
4.88 lb

Sullivan's Signature **LEAN FRESH GROUND BEEF**
3 lbs or More
3.88 lb

US Grade A Family Pack **BONELESS CHICKEN BREAST**
2.49 lb

USDA Choice **T-BONE STEAKS**
8.99 lb

U.S. Govt Insp **BONELESS PORK SIRLOIN ROAST**
1.88 lb

U.S. Govt Insp Family Pack **BONE-IN COUNTRY STYLE PORK RIBS**
1.88 lb

Sullivan's Signature **TAILGATE PORK BRAT BURGERS**
Bacon, Cheddar & Onion
2.99 lb

Prices Effective: Wednesday, January 15 thru Tuesday, January 21, 2025

FOOTBALL WILDCARD 2 DAY SALE!

FRIDAY, SATURDAY
JANUARY
17TH & 18TH, 2025

US Govt Insp PORK BUTT ROAST
Twin Pack
1.59 lb

Barn to Butcher MARINATED CHICKEN WINGS
Select Varieties
3.99 lb

US Govt Insp PORK STEAK
Family Pack
1.89 lb

Deli CHEESE CUBE & SALAMI TRAY
5.99 lb

Bakery HAWAIIAN DINNER ROLLS
12 ct
2.99

Tombstone or DiGiorno PIZZA
Select Varieties
12 inch
2/\$7

NAVEL ORANGES
3 lb Bag
2.99

IDAHO POTATOES
5 lb bag
2.49

Campbell's CHUNKY SOUP OR BOWLS
Select Varieties
15.25-19 oz
2/\$4

Niagara PURIFIED WATER
24 pt./8 or 16.9 oz bottles
2/\$6

Creamette PASTA
Select Varieties
12-16 oz
5/\$5

Minute Maid ORANGE JUICE
Select Varieties
59 oz
2/\$7

DELI

Kretschmar Brand TAVERN HAM
Sliced to Order
7.59 lb

Kretschmar Brand COLBY JACK CHEESE
Sliced to Order
7.59 lb

Deli Made LOADED BAKED POTATO SALAD
3.99 lb

Deli Fresh OLD FASHIONED BANANA PUDDING
2.99 lb

Deli Fresh 8 PIECE FRIED CHICKEN
Two Each: Breast, Wings, Thighs & Legs
12.99

BAKERY

Cake of the Week
GERMAN CHOCOLATE LAYER CAKE
8 inch Round
7.99

Bakery Fresh FRUIT FILLED MINI TURNOVERS
Select Varieties
4 ct
2.59

Fresh Baked JUMBO KAISER ROLLS
6 ct
2.59

Bakery Fresh ICED MINI CINNAMON ROLL
8 ct
3.59

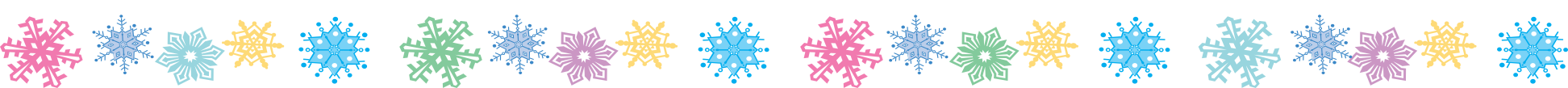
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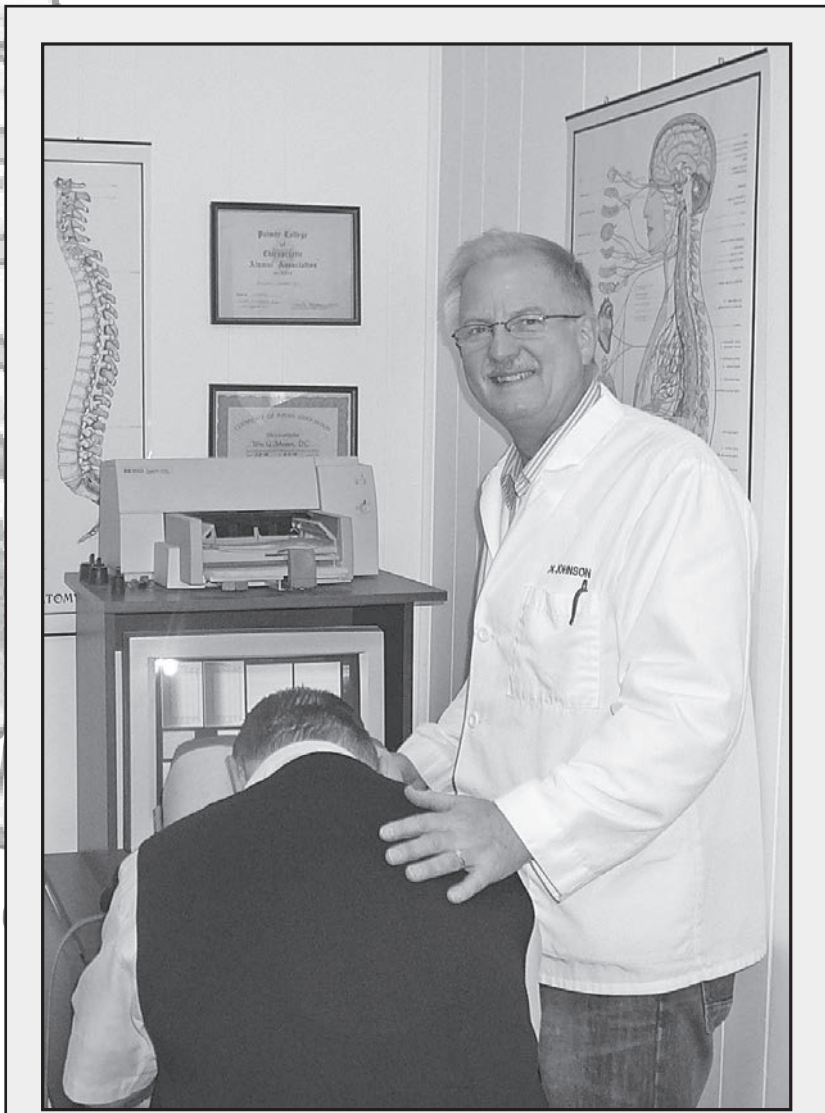
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Sullivan's Foods | 703 N Elida St, Winnebago | 815.335.1501
OPEN 6AM TO 9PM 7 DAYS A WEEK



Breakthrough Treatment Available In Winnebago

Winnebago, IL - Imagine forty years ago if you were told that lasers would replace scalpels in surgery or that robotic instruments would build cars; you may not have believed it. By the same token, would you believe that chiropractic treatments could be performed using a special hand-held instrument developed by NASA scientists; all while you were sitting in an upright position without any turning or twisting movements?



According to Dr. William Johnson, "This new form of computerized treatment is so gentle and effective, that it amazes even the most skeptical patients. It's called the Sigma Instrument and is the latest, state-of-the-art technology in existence today, and the only one in the Winnebago area."

The Sigma Instrument can safely and gently analyze and treat the spine and other joints to remove the nerve impingement that is often the cause of pains in the low back, neck, shoulder and elsewhere in the body. It also works on a variety of muscular conditions to loosen tight muscles with ease and comfort. Many patients say that it's like getting a mini-massage. Even patients with knee, hip and foot problems such as plantar fasciitis are being helped. It is also covered by most insurance companies including medicare.

Dr. Johnson says that, "The secret to the Sigma Instrument lies in its ability to deliver an extremely precise adjustment." He says that, "Even though traditional forms of adjusting also work, people are drawn to this new technique because of how gentle it is and does not involve any twisting, especially in the neck.

Many people love getting adjusted with traditional manual techniques, all of which are safe and effective. But there are a large number of people who never get to experience the amazing benefits of chiropractic because they are scared to have their spine adjusted in that way," says Dr. Johnson. Now, there is no longer a reason to be weary.

Dr. Johnson uses the Sigma Instrument to analyze a patient's spine and pin-point areas of Nerve Impingement Syndrome.

The Sigma Instrument is perfect for anyone who has been thinking about going to a chiropractor, but hasn't yet made that decision. Dr. Johnson wants everyone to be able to experience these same benefits and if you have any of the following conditions, the Sigma Instrument may be the answer you've been looking for...

- Low back pain
- Headaches
- Scoliosis
- Planter Fasciitis
- Sciatic pain
- Carpal Tunnel Syndrome
- TMJ
- Knee or hip pain
- Neck & Shoulder pain
- Arthritis
- Fibromyalgia
- Sports Injuries

Treatment with the Sigma Instrument is consistent, measurable and extremely gentle. Call our office today and mention this article to receive a **FREE Sigma Instrument analysis to pin-point your problem areas and to see how the Sigma Instrument can help.** Call 815-335-2820 today to reserve your free Sigma Instrument Analysis Scan. This technological marvel can help you return to a healthier lifestyle. You may no longer have to live with a persistent, painful condition. Call us today.

Dr. William Johnson • 502 N. Elida Street • Winnebago, IL • 815-335-2820

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815.877.4044
to place your ad

Classifieds

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Friday
at 4 p.m.

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DISCLAIMER NOTICE This publication does not knowingly accept fraudulent or deceptive advertising. Readers are cautioned to thoroughly investigate all ads, especially those asking for money in advance.

Burial Needs

7 CEMETERY PLOTS Willing to sell as a group or individually. Located at Roselawn Memory Gardens 3045 WI-67, Lake Geneva, WI 53147. This is a private sale. Contact Randy, the seller at randy@slpublishers.com.

Agriculture

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Pets

AKC LAB Puppies-\$900. 608-445-4107 Facebook: Two Rivers Retrievers Kennel. Amazing hunting and house dogs with strong pedigrees.

Wanted to Buy

I BUY OLD STEREO EQUIPMENT Vacuum Tubes & Testers, Large & Small Speakers, Records. Rick 815-871-2538.

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NEW LISTING - 507.34 a., level, 472.11 tillable, 124.1 PI, many recent improvements. On Hwy. 30 west of Morrison, IL.

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DOUGLAS YEGGE - 563-320-9900 IA LIC B14481000

700 6th Ave., DeWitt, IA 52742

Peoplescompany.com

466424

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FREELANCE REPORTERS AND PHOTOGRAPHERS NEEDED

Rock Valley Publishing is seeking freelance reporters and photographers to produce local news and photos for your hometown newspaper. Weekly stories and photos needed for Machesney Park, Loves Park, Rockton, Roscoe, Pecatonica, Winnebago, Stillman Valley and Byron. Writing and reporting experience a plus. Work from home as an independent contractor with no in-office requirement.

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mbradley@rvpublishing.com



The Journal, Gazette, Herald and Tempo

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466423

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For details on placing your Help Wanted ad in our Classified Section Call 815-877-4044

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SINCE 1973

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50th ANNIVERSARY SPECIALS:

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\$50 OFF

ALL BRANDS ALL PASSENGER TIRES

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May not be combined with any coupon or offer. Must be presented at time of purchase. Good at all F&F Tire locations through Jan. 23, 2025

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FULL SYNTHETIC OIL CHANGE

\$19.99

STANDARD OIL CHANGE

• Most vehicles • Install new oil filter • Refill up to 5 quarts motor oil (Additional quarts extra) • Lubricate chassis (if applicable) • \$3.00 disposal fee
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finance

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CREDIT
NEEDED

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FOR
100 DAYS

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\$3,000!

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RIGHT NEXT TO WATER TOWER
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5257 SWANSON ROAD, ROSCOE
2 MILES S. OF HONONEGAH ELEVATOR ON RT. 251
M-F 8:00-5:30; SAT. 8:00-3:00
815-637-4055

520 LOGAN AVENUE, BELVIDERE
3 BLOCKS EAST OF BELVIDERE PARK
M-F 8:00-5:30; SAT. 8:00-3:00
815-544-4452

1610 ALPINE ROAD, ROCKFORD
1 BLOCK SOUTH OF COLONIAL VILLAGE
M-F 8:00-5:30; SAT. 8:00-3:00
815-398-7867

5302 N. 2ND, LOVES PARK
ACROSS FROM POPEYE'S
M-F 8:00-5:30; SAT. 8:00-3:00
815-282-1177

TIRE DEPOT
4734 N. SECOND STREET, LOVES PARK
M-F 8:00-5:00; SAT. 8:00-NOON
815-633-8307

